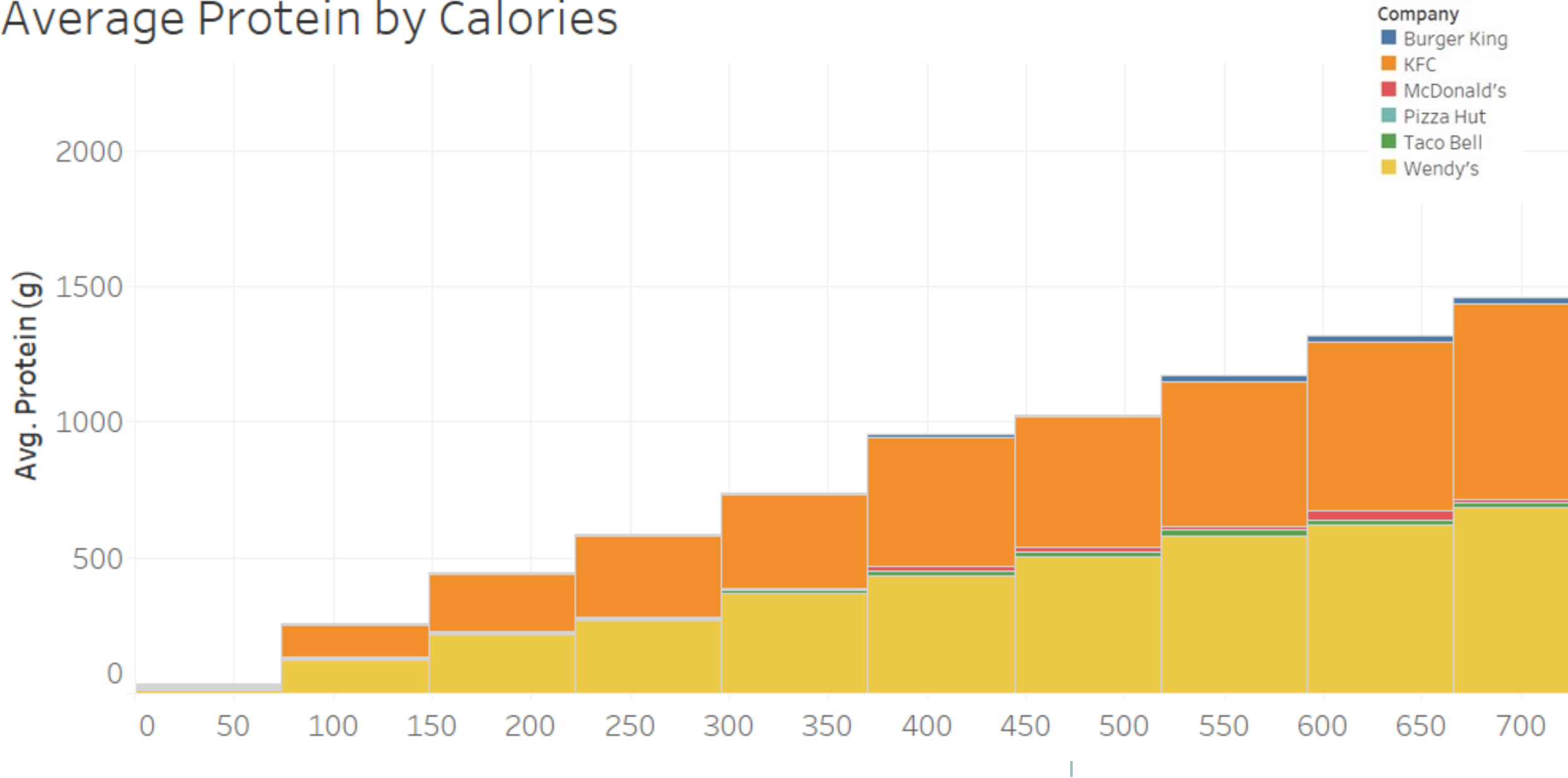


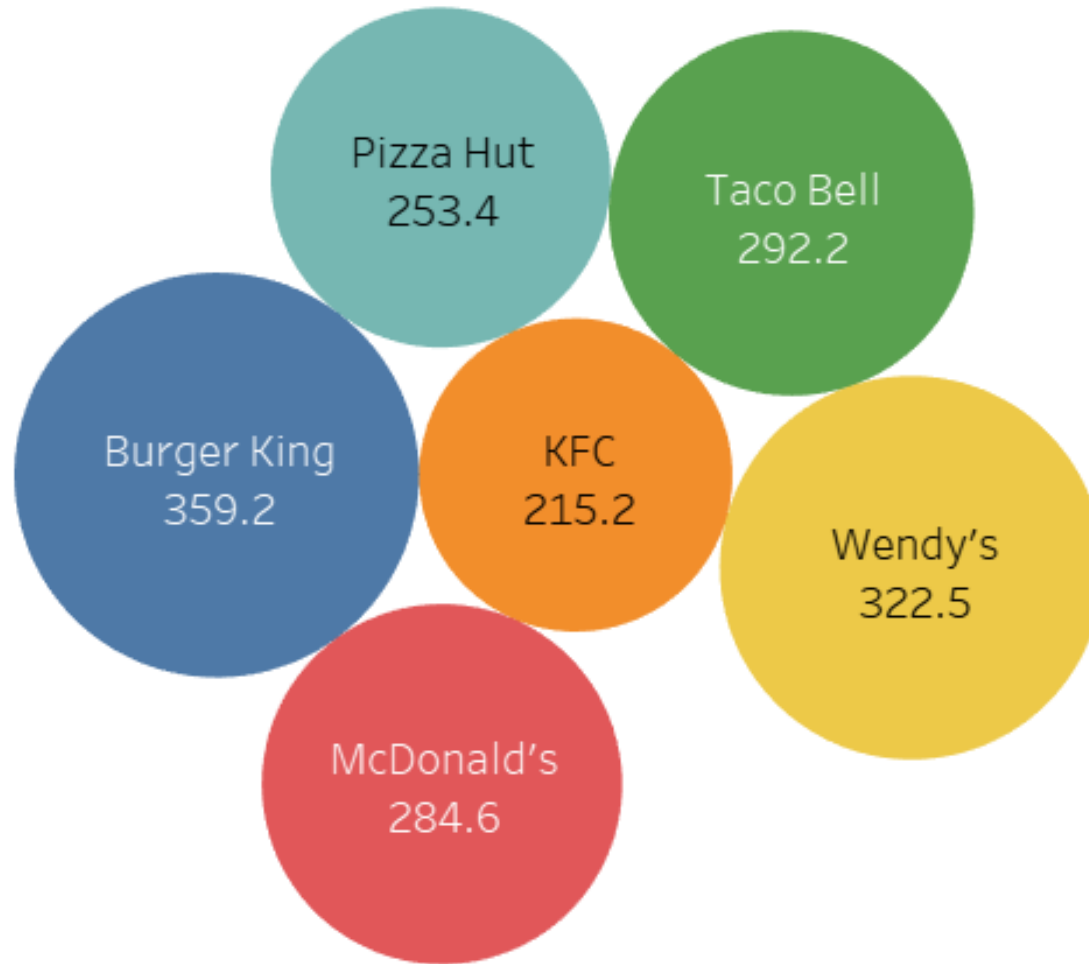
PROJECT

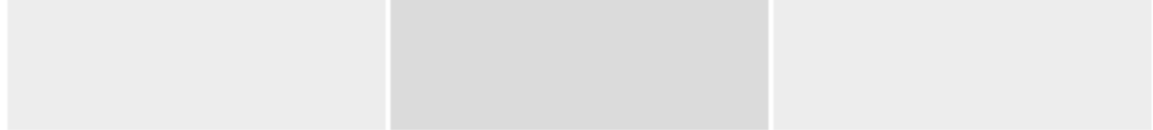
File created on: 8/22/2023
11:11:17 AM

Average Protein by Calories

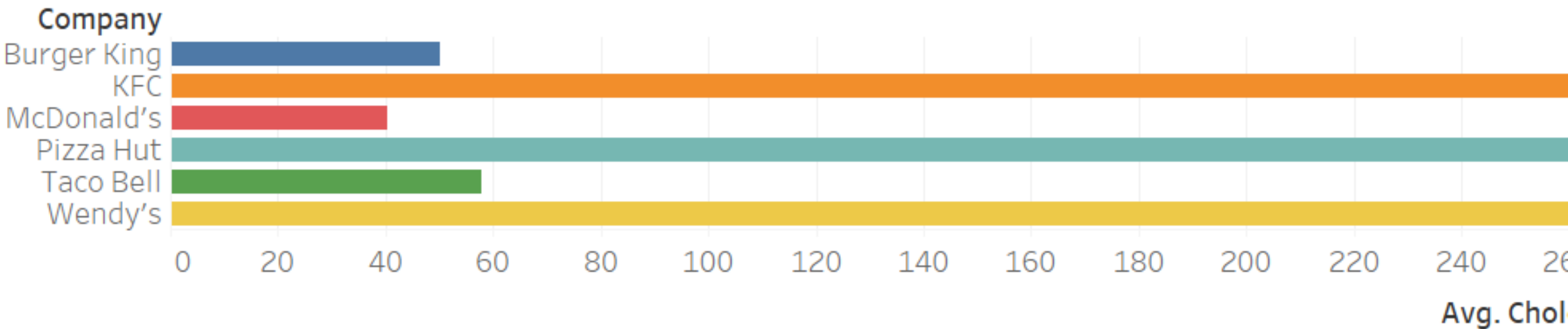


Average Calorie

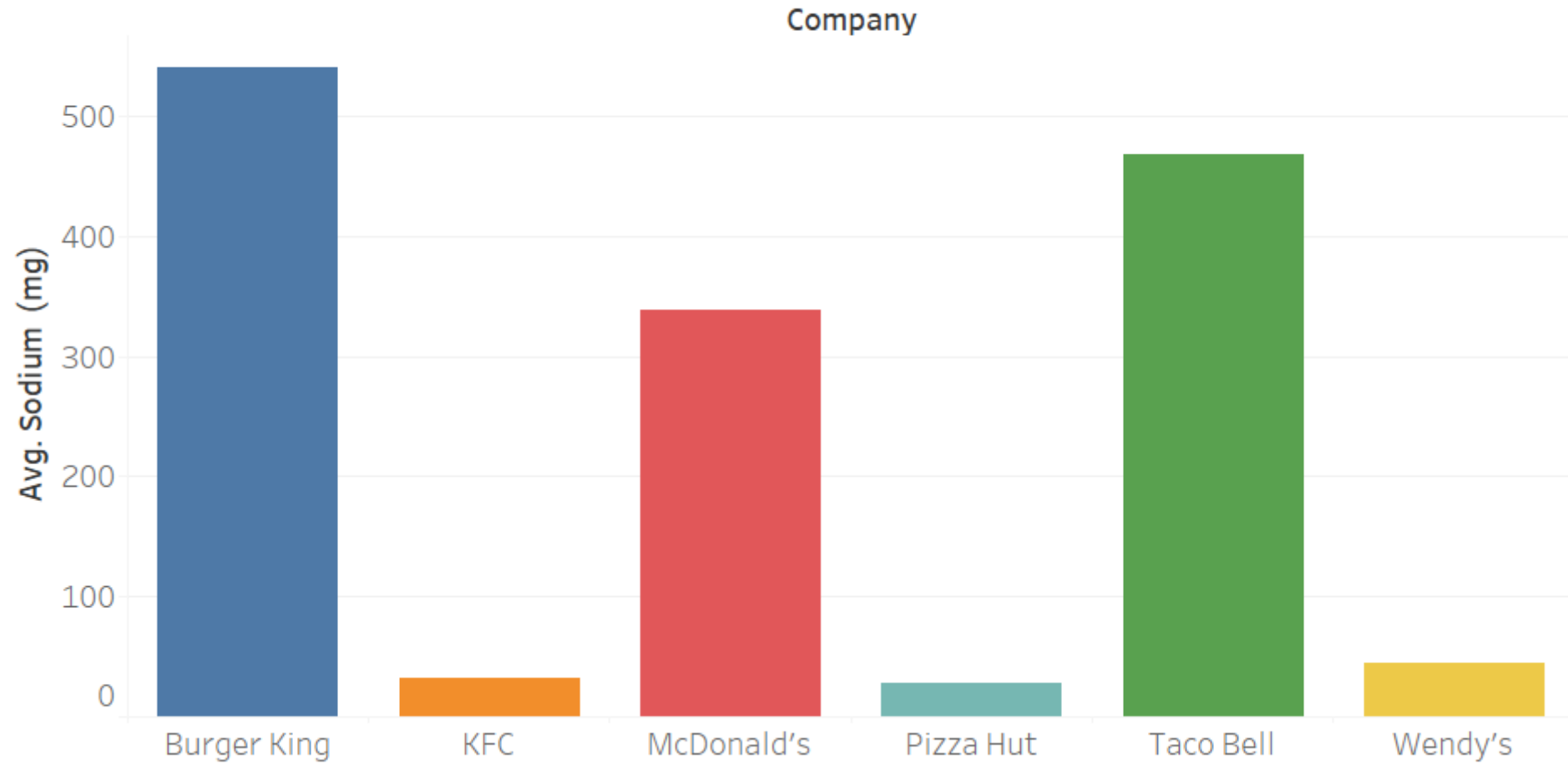




Average Cholesterol



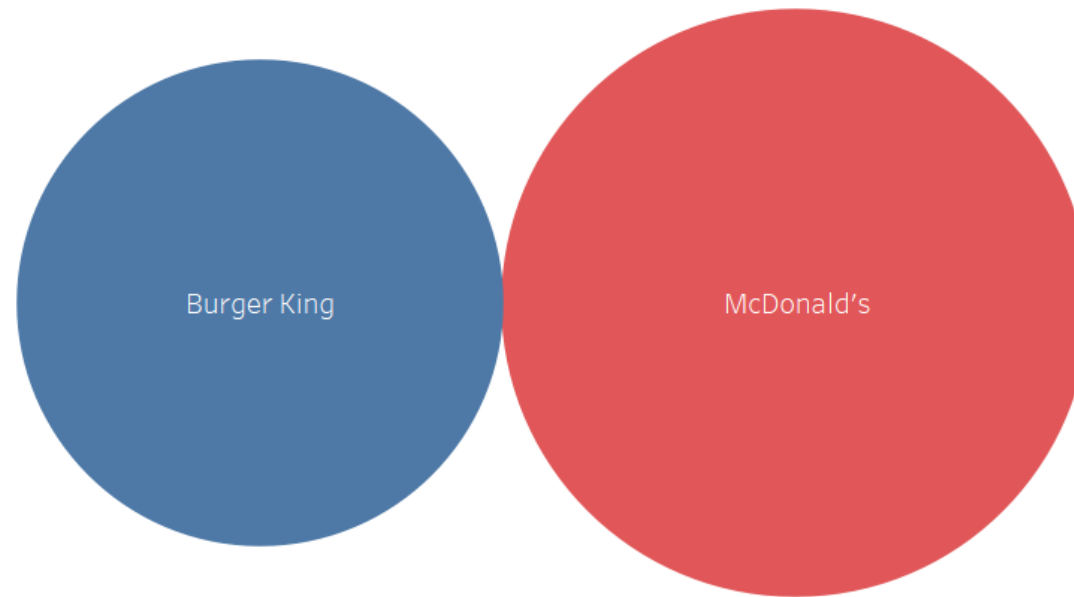
Average sodium per company



Weight watchers partners

Company

- Burger King
- KFC
- McDonald's
- Pizza Hut
- Taco Bell
- Wendy's



OVERALL

I found that Kfc initially looked like the healthiest option, it had the lowest average calorie and sodium. However, Its cholesterol is one of the highest ones. If you are trying to watch your cholesterol McDonalds would be the best option, but it still has a very high-calorie count