```java
/**
 * Write a description of class PassByReference here.
 *
 * @author (your name)
 * @version (a version number or a date)
 */
public class PassByReference
{
    public static void main(){
        PassByReference imp=new PassByReference();
        ExampleClass exampleClass=new ExampleClass();
        exampleClass.x=10;
        System.out.println("Value of x insde main before change is "+exampleClass.x);
        imp.changeX(exampleClass);
        System.out.println("Value of x insde main after change is "+exampleClass.x);
    }

    public void changeX(ExampleClass ex){
        System.out.println("Value of x insde method before change is "+ex.x);
        ex.x++;
        System.out.println("Value of x insde method after change is "+ex.x);
    }
}
```