

# Student Voice Template

Capture the learner experience before review meetings.

## My strengths and interests

Students can write, draw or dictate answers. Adults should record the wording exactly as it is shared.

- ☐ Subjects or activities I enjoy or feel confident in.
- ☐ Things that help me learn new information.
- ☐ People in school who help me feel safe.

## When school feels tricky

- ☐ Moments in the day that feel too noisy, confusing or tiring.
- ☐ Tasks that are hard to start or finish and why.
- ☐ What happens in my body or brain before I lose control.

## Supports that help

- ☐ Movement or sensory tools that make a difference.
- ☐ Words or reminders from adults that feel kind and useful.
- ☐ Break spaces or buddies I can go to when I need a reset.

## Goals and hopes

This term I want to: \_\_\_\_\_

One thing adults can do to help: \_\_\_\_\_

Something I want my classmates to know: \_\_\_\_\_