

ADHD Diagnostic Clinician Brief

Concise overview of history, impact and goals for assessment teams.

Person summary

Name: _____ Pronouns: _____

Age / Stage: _____

Referral reason in one sentence: _____

Functional impact snapshot

- Education / Work: _____
- Home life & relationships: _____
- Executive skills (organisation, time, memory): _____
- Co-occurring conditions or differential diagnoses considered: _____

Previous interventions

Note what has been tried (coaching, therapy, medication, school adjustments) and response.
Attach additional reports if available.

Goals for assessment

- Clarify diagnosis and rule out other explanations.
- Access appropriate support (medication, psychoeducation, coaching).
- Secure school/university/workplace adjustments.
- Improve wellbeing and reduce crisis events.