

# THE CHRISTIAN MIND

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## INTRODUCTION

Our mind affects our relationship to God: Psalm **139**:1-2. We cannot exempt our thoughts from what righteousness measures.

1. God knows our hearts: Luke **16**:15; Proverbs **21**:1; Romans **8**:27; 1 Samuel **16**:7; Acts **1**:24-25.
2. What we think is what we end up doing.

## I. WHAT WE MEAN BY “MIND”

We are dealing with “mind” functionally, not as a faculty.  
So, we are not dealing with

- A. the relationship of mind and brain,
- B. outstanding mental brilliance like photographic memory or a high I.Q.

We are interested in mind as part of what enables us to operate interpersonally and live life abundantly.

## II. WHAT MIND ENABLES US TO DO

ideas      project our viewpoint of consciousness to another time or place  
              imagine what is not (creativity) or is not perceivable  
              reorganize the visible environment

- A. Receiving word revelation                      (RATIONAL)

Mind gives (1) awareness of ideas and (2) the possibility of communication. Mind is a point of contact for divine revelation (1 Peter **1**:8: “*not having seen, we love*”).

- B. Living by values                                      (MORAL)

We can live by values that do not arise from experience (Proverbs **23**:7: “*As people think so are they.*”)

1. Values vs. instincts (inborn stimulus-response actions)

We may have to bring these alive by experience, but they are genetically there already.

vs. drives

vs. habits (the ability to put things on automatic pilot)

## 2. Self-transcendence

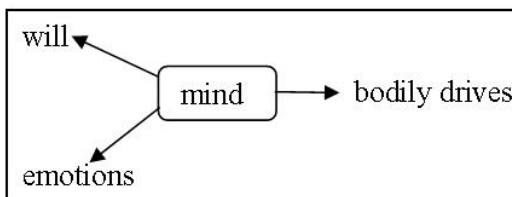
Transcendent lifestyle/objectiveness/getting out of ourselves/conscious living/authentic existence

- a. New birth: John 3:3-8; cp. 1 Corinthians 15:50; Romans 12:2
- b. Crucified lifestyle: Galatians 6:14; 2:20
- c. Resurrected lifestyle: Romans 6:2b-13; 8:11 (cp. 1 Corinthians 15:33-34)
- d. Ascended lifestyle: Colossians 3:1-5 (cp. Philippians 3:17-21)
- e. Heavenly in origin: John 3:3; 1 Corinthians 15:45-49

## 3. Frame of reference for other aspects of ourselves

- a. Awareness of ideas
- b. Possibility of communication
- c. Ability to get outside ourselves
- d. Orientation to the emotions
- e. Boundaries to bodily drives
- f. Direction to the will
- g. Guidelines for the conscience
- h. Capacity to get behind the eyes of someone else
- i. Possibility of a sense of humor

organizing center



## C. Relating socially (SOCIAL)

Mind enables us to project consciousness over behind the eyes of someone else and to see things through that camera.

## D. Coping with circumstances (PSYCHOLOGICAL)

We can reorganize reality, so we live by the world that is inside our minds, which gives us psychological strength.

1. We can stress what we want out of what there is. (value)
2. We can select from what there is. (quality)  
We can concentrate on strengths, successes, and virtues.

The result is patience, endurance, perseverance: Hebrews **11:27**.

The goal is to get our mind into primary position rather than to have flesh, emotions, or want be primary.

The aim is to attune the mind to God's guidance more than society's expectancies.

### III. HOW TO IMPROVE THE MIND

We are concerned here with what we think about (content) as well as how well we think (efficiency).

#### A. Beginning with a correct world view (correctness)

1. Correct view of God and people: Romans **1:21-28**; cp. Psalm **53:1**

Perverting the understanding of God (philosophical atheism)  
Not keeping a conscious awareness of God (practical atheism)

2. Consequences of a false view of God

self-centeredness		perverted understanding: sin
“serve the creature”		( <b>1:22-23</b> + <b>24-25</b> )
	sin	
pleasure		refused awareness: sin
“reprobate mind”		( <b>1:28</b> + <b>29</b> )

#### B. Providing the mind with wholesome subject matter. (goodness)

1. What we feed our minds is what it dwells on.

books we read	cannot practice avoidance entirely
TV programs watched	(1 Corinthians <b>5:10</b> )
company we keep	cannot say not to think about this;
job we take	we are thinking about it by saying not to.
movies we go to	

- a. Not seeking compromising situations and sensual experiences.
- b. Doing positive things:
  - (1) Staying around good people
  - (2) Reading inspirational reading
  - (3) Memorizing scripture
  - (4) Meditating on positive things: Philippians 4:8

2. What our minds dwell on is what we do.

- a. when strong temptation comes or restraints and peers are removed.
- b. Philippians 4:9: *“the God of peace will be with you”*

C. Sharpening the mind by using it.

- 1. Clearer understanding: Hebrews 5:11-14
- 2. Better evaluation (application of revelation to living situations). The more we use our senses correctly the better they work.
- 3. Greater appreciation: Psalm 1:2
- 4. The mind is dulled by . . .
  - a. inactivity/passiveness/seeking authorities to do our thinking for us
  - b. rationalization