

# PSALMS

## Conversational Version

### BOOK 1

#### Psalm 1

<sup>1</sup>People are blessed that don't  
     take advice from the wicked  
     or stand among sinners  
     or sit with scoffers,  
<sup>2</sup>but delight in the Law of the LORD  
     and meditate on it day and night.  
<sup>3</sup>They're like trees planted beside a river  
     that bear fruit in season,  
     whose leaves don't wither.  
 They're successful at what they do.

<sup>4</sup>Sinners aren't like that:  
     they're like chaff that wind blows away;  
<sup>5</sup>they won't withstand judgment  
     or stand among the godly.  
<sup>6</sup>The LORD watches over the godly,  
     but the wicked perish.

Ps 1:1-6

#### Psalm 2

<sup>1</sup>Why do the nations get together  
     to plot pointless schemes?  
<sup>2</sup>Kings take their stand  
     and rulers hold counsel  
     against the LORD and his Anointed One [*Messiah*]:  
<sup>3</sup>*"Let's break their bonds  
     and throw them away."*  
<sup>4</sup>The One that's in heaven laughs;

the LORD scoffs at them.

<sup>5</sup>He'll speak to them in his anger  
and terrify them with his fury:

<sup>6</sup>*"I've installed my King on Zion, my holy mountain."* **Ps 2:1-6**

<sup>7</sup>*"I'll tell the LORD's decree:*

*'You're my Son;*

*I've inaugurated you today.*

<sup>8</sup>*Just ask me, and I'll give you the nations to inherit,  
the most distant lands to possess.*

<sup>9</sup>*You'll rule them with an iron scepter  
and shatter them like clay pots.'"*

<sup>10</sup>So, kings, be wise;  
rulers, be warned.

<sup>11</sup>Serve the LORD with reverence;  
celebrate with trembling.

<sup>12</sup>Kiss the Son so he won't be angry  
and you perish along the way;  
his anger is easily sparked.

They're so fortunate who take refuge in him! **Ps 2:7-12**

### **Psalm 3**

A Psalm of David When He Fled from His Son Absalom

<sup>1</sup>LORD, I have so many enemies;  
so many are working against me;

<sup>2</sup>so many are saying,  
*"God's not going to help him."* **Ps 3:1-2**

<sup>3</sup>But you're my shield, LORD, my glory,  
the One that holds my head up.

<sup>4</sup>When I call out to you,  
you answer from your holy mountain.

<sup>5</sup>I lie down to sleep and wake up again  
because you sustain me.

<sup>6</sup>I won't be afraid if 10,000 oppose me.

<sup>7</sup>Arise, LORD; rescue me.

Slap my enemies;  
knock out their teeth.

<sup>8</sup>Victory comes from you;  
bless your people!

**Ps 3:3-8**

### **Psalm 4**

For the Choir Director. A Psalm of David  
with Stringed Instruments

<sup>1</sup>Righteous God, answer when I call!

Take time for me in my distress;  
listen graciously to my prayer.

<sup>2</sup>People, how long will you try to ruin my reputation?

How long will you love unfounded accusations and outright lies?

<sup>3</sup>Just remember that the LORD sets good people apart for himself;  
he'll listen when I call out to him.

**Ps 4:1-3**

<sup>4</sup>If you're angry, don't sin;

*just* think it to yourself in bed; don't act it out.

<sup>5</sup>Offer sacrifices with the right attitude  
and trust in the LORD.

<sup>6</sup>Many say, "*Who will show us something good?*"  
Smile on us, LORD.

<sup>7</sup>You make me happier  
than those who have big crops and new wine.

<sup>8</sup>I lie down to sleep in peace  
because you make me able to live safely.

**Ps 4:4-8**

### **Psalm 5**

For the Choir Director. A Psalm of David  
with Flute Accompaniment

<sup>1</sup>Listen to me, LORD;

Pay attention to my groaning.

<sup>2</sup>Hear my call for help, my God and King,

because I pray *only* to you.  
<sup>3</sup>You hear me in the mornings,  
 when I offer my prayers and wait.  
<sup>4</sup>You're not amused by sinfulness  
*because* there's nothing bad about you.  
<sup>5</sup>Braggards can't stand in your presence  
*because* you send away everyone that sins.  
<sup>6</sup>You destroy liars  
 and abhor bloodthirsty people.  
<sup>7</sup>But I'll go into your house under your enduring love  
 and bow in reverence in your holy Temple. Ps 5:1-7

<sup>8</sup>Because I have enemies, LORD,  
 lead me in your goodness;  
 make your way clear to me.  
<sup>9</sup>You can't believe a word they say;  
 they set their heart on destruction;  
 their throat's an open grave;  
 they flatter with their tongues.  
<sup>10</sup>Hold them guilty, God;  
 make their own schemes trip them up!  
 Cast them out because of their many sins  
 because they're rebelling against you.  
<sup>11</sup>Let everybody be happy that takes refuge in you;  
 let them always sing for joy.  
 Defend them  
 so those who love you can be happy in you.  
<sup>12</sup>You bless good people  
 and cover them with your favor like a shield. Ps 5:8-12

### Psalm 6

For the Choir Director. A Psalm of David  
 with Stringed Instruments;  
 Set to *The Sheminith [To the Eight-String Lyre]*

<sup>1</sup>Don't lash out at me, LORD,  
 or take me to task in your anger.

<sup>2</sup>Be gracious to me because I'm weak;  
 heal me because I'm troubled deep inside.

<sup>3</sup>I'm really scared;  
 how long, LORD, before you save me?

<sup>4</sup>Come back and rescue me;  
 because of your enduring love, save *me*;  
<sup>5</sup>because nobody talks about you when they're dead;  
 who gives you gratitude in Sheol?

**Ps 6:1-5**

<sup>6</sup>I'm worn out from moaning;  
 I flood my bed with tears every night  
 and drench my couch with weeping.

<sup>7</sup>My eyes melt from grief,  
 worn out over my adversaries.

<sup>8</sup>Go away, all you sinners,  
 because the LORD has heard me call.

<sup>9</sup>He's heard my plea  
 and accepts my prayer.

<sup>10</sup>*He'll* disgrace my enemies and greatly distress them;  
 they'll suddenly retreat, humiliated.

**Ps 6:6-10**

### **Psalm 7**

A Shiggaion of David that He Sang  
 to the LORD About Cush, a Benjamite

<sup>1</sup> LORD my God, I've taken refuge in you;  
 protect me from persecutors

<sup>2</sup>so they won't tear me apart like a lion does  
 and drag me away with no one to rescue me.

<sup>3</sup> LORD my God, if I've done wrong,  
 if there's any injustice in me,

<sup>4</sup>if I've betrayed a friend  
 or plundered an adversary for no reason,

<sup>5</sup>chase me down and slay me;  
trample me on the ground;  
lay my honor in the dust.

**Ps 7:1-5**

<sup>6</sup>Rise up in anger, LORD,  
against my angry enemies;  
wake up and decree justice on my behalf.

<sup>7</sup>Gather the nations around you  
and rule them from on high.

<sup>8</sup>You that judge all people,  
judge me by my goodness and integrity.

<sup>9</sup>Put an end to people's sinfulness;  
establish goodness  
because *our* good God tests hearts and minds.

<sup>10</sup>You're my shield who saves the godly in heart,

<sup>11</sup>a just judge that's angry with sinners every day.

**Ps 7:6-11**

<sup>12</sup>For someone that doesn't repent,  
*God* sharpens his sword,  
bends his bow, and strings it;

<sup>13</sup>he has his deadly weapons ready  
and makes arrows with flaming shafts.

<sup>14</sup>Wicked people conceive evil,  
get pregnant with sin,  
and give birth to lies.

<sup>15</sup>They dig a pit and hollow it out,  
and fall into the hole they've dug to trap others.

<sup>16</sup>Their scheming comes back on them;  
their violence crashes down on their own heads.

<sup>17</sup>I'll give the LORD the thanks his goodness calls for  
and sing praise to the LORD Most High.

**Ps 7:12-17**

### **Psalm 8**

For the Choir Director. A Psalm of David  
Set to *The Gittith*

**<sup>1</sup>LORD, our Lord, you're so majestic all over the world!**

You display your splendor higher than the sky!

**<sup>2</sup>Out of the mouth of infants and nursing babies**

you've established a defensive wall

against your adversaries,

to silence enemies that want revenge.

**Ps 8:1-2**

**<sup>3</sup>When I look at the sky, the work of your fingers,**

the moon and stars you've set in place,

**<sup>4</sup>what are we that you give us any thought**

or care about us?

**<sup>5</sup>You've made us a little lower than the angels**

and crowned us with glory and honor!

**<sup>6</sup>You've given us responsibility over what you've made**

and put it under our control:

**<sup>7</sup>sheep and oxen, wild animals in the countryside,**

**<sup>8</sup>birds in the sky, fish in the sea,**

whatever swims through the ocean.

**<sup>9</sup>LORD, our Lord, you're so majestic all over the world!**

**Ps 8:3-9**

### **Psalm 9**

For the Choir Director. A Psalm of David

Set to *the tune of "Death of the Son"*

**<sup>1</sup>I'll thank you, LORD, with all my heart**

and call attention to the amazing things you've done.

**<sup>2</sup>I'll gladly celebrate over you**

and sing your praise, Most High.

**<sup>3</sup>When my enemies retreated,**

they staggered and died in front of you

**<sup>4</sup>because you judged in my favor;**

you sat on your throne and judged justly.

**<sup>5</sup>You've rebuked the nations,**

destroyed the wicked,

and blotted out their names forever.

<sup>6</sup>Your enemies have ended up in permanent ruins;  
 you've uprooted their towns;  
 the very memory of them is gone. **Ps 9:1-6**

<sup>7</sup>But the LORD reigns as king forever,  
 rendering judgment from his throne.

<sup>8</sup>He judges the world justly,  
 delivers verdicts evenhandedly,  
<sup>9</sup>a stronghold for oppressed people,  
 a fortress in troubled times,  
<sup>10</sup>trusted by those who know him  
 because he doesn't abandon the ones who depend on him.

**Ps 9:7-10**

<sup>11</sup>Sing praises to the LORD that lives in Zion;  
 tell what all he's done.

<sup>12</sup>He that avenges murder remembers the helpless;  
 he doesn't forget the cries of those who suffer.

<sup>13</sup>Be gracious to me, LORD;  
 look at how those who hate me treat me.  
 Lift me up from death  
<sup>14</sup>so I can publicly praise you  
 and celebrate in Zion's gates over your deliverance.

<sup>15</sup>The nations fall into the pit they dig  
 and catch their feet in the net they hide.

<sup>16</sup>The LORD makes himself known  
 for carrying out judgment.

Sinners snare themselves in their own traps.

**Ps 9:11-16**

[*Higgaion*]

<sup>17</sup>The sinful go down to Sheol;  
*so does every nation that forgets God.*

<sup>18</sup>Needy people won't be overlooked forever;  
 the hopes of the depressed won't perish.

<sup>19</sup>Don't let people prevail, LORD;  
 judge the nations.

<sup>20</sup>Put them in fear;  
 remind them that they're mere mortals.

**Ps 9:17-20**



## Psalm 10

<sup>1</sup>Why stand so far away, LORD?

Why hide when trouble comes?

<sup>2</sup>Sinners hunt down the poor in arrogance

and get themselves caught in their own schemes.

<sup>3</sup>They brag about their sinful desires;

they bless the greedy and curse the LORD.

<sup>4</sup>In their arrogance, they don't trust in him;

they *just* keep acting like there's no God.

Ps 10:1-4

<sup>5</sup>Yet they always *seem* to prosper;

they don't see your coming judgments from on high;

they sneer at adversaries

<sup>6</sup>and keep telling themselves, "*We're all set;*

*nothing bad is ever going to happen to us.*"

<sup>7</sup>They curse, deceive, and oppress;

scheming and sin are on the tip of their tongue.

<sup>8</sup>They lie in ambush in villages,

kill innocent people in private,

and search for the unfortunate in stealth.

<sup>9</sup>They lurk in hiding places like lions in a den

and sneak around to pounce on helpless people

when they snare them in their nets.

<sup>10</sup>They crouch and slink down;

the unfortunate fall under their power.

<sup>11</sup>They tell themselves, "*God won't remember;*

*he doesn't pay attention to what's going on;*

*he won't even see it.*"

Ps 10:5-11

<sup>12</sup>Raise up your hand, LORD;

remember the helpless.

<sup>13</sup>Why do sinners renounce you?

Why tell themselves you won't call them to account?

<sup>14</sup>You do see trouble and distress;

so you will take care of it.

Poor people commit themselves to you,

and you defend orphans.

<sup>15</sup>Break the arms of bad people;  
search out sinners till there's none left to find.

<sup>16</sup>LORD, you're King forever;  
nations perish at your hand.

<sup>17</sup>You listen to what the humble need  
and increase your mercy toward them.

<sup>18</sup>You vindicate the orphan and the oppressed  
so worldly people can't abuse them anymore.

**Ps 10:12-18**

### **Psalm 11**

For the Choir Director. *A Psalm* of David

<sup>1</sup>I rely on the LORD's protection;  
so why tell me,  
*"Flee like a bird to the mountains*  
<sup>2</sup>*because the ungodly are bending the bow;*  
*they're putting their arrow to the string*  
*to shoot from the shadows at the godly in heart.*  
<sup>3</sup>*If the foundations of society collapse,*  
*what can good people do?"*

<sup>4</sup>The LORD is in his holy Temple;  
he rules from heaven,  
watching everyone,  
examining each one.

<sup>5</sup>He tests the good and the bad  
and hates the ones that love violence.

<sup>6</sup>He'll rain burning coals on sinners;  
he'll punish them with fire, sulfur, and scorching wind  
<sup>7</sup>because he's good and loves goodness.

Good people get to meet him face to face.

**Ps 11:1-7**

### **Psalm 12**

For the Choir Director. *A Psalm* of David  
Set to *The Eight-String Lyre*

- <sup>1</sup>Help, LORD; there aren't any decent people left;  
the faithful are disappearing.
- <sup>2</sup>Neighbors lie to one another  
and speak with flattering lips and deceitful hearts.
- <sup>3</sup>May the LORD cut off their flattering lips  
and bragging tongues <sup>4</sup>that say  
*"We can talk our way out of anything;  
they're our lips; who's going to stop us?"*
- <sup>5</sup>The LORD says, *"Since the oppressed are suffering violence  
and the needy groan,  
I'll come to give them the protection they long for."*      **Ps 12:1-5**
- <sup>6</sup>Your promises are pure, LORD,  
like silver refined in a furnace seven times.
- <sup>7</sup>Keep us; protect us from this generation  
<sup>8</sup>that struts around, displaying its contempt.      **Ps 12:6-8**

### **Psalm 13**

- <sup>1</sup>LORD, are you going to forget about me forever?  
How long will you ignore me?
- <sup>2</sup>How long must I counsel myself in constant sorrow?  
How long will my enemies lord it over me?
- <sup>3</sup>Think about me and respond to me, LORD my God;  
brighten my eyes so they don't grow dull as in death,  
<sup>4</sup>so my enemies won't brag about defeating me  
and celebrate over my downfall.
- <sup>5</sup>I rely on your enduring love;  
I'm happy because you've delivered me.
- <sup>6</sup>I'll sing to you, LORD,  
because you've blessed me wonderfully.      **Ps 13:1-6**

### **Psalm 14**

For the Choir Director. A Psalm of David

- <sup>1</sup>Fools keep telling themselves there's no God,  
corrupt people that do corrupt things;  
none *of them* does what's right.
- <sup>2</sup>The LORD looks down from heaven  
to see if there's anybody that lives wisely,  
if anybody seeks him.
- <sup>3</sup>But they've all veered off course and become corrupted;  
not a one of them does what's right, not a one.
- <sup>4</sup>Don't sinners realize what they're doing  
when they eat up my people like bread  
and refuse to call on me?
- <sup>5</sup>Terror will overwhelm them later  
because I'm taking the good people's side.
- <sup>6</sup>Oppressors try to frustrate the endeavors of the oppressed,  
but I'm their refuge.
- <sup>7</sup>Oh that deliverance for Israel would come out of Zion!  
When the LORD restores his captive people,  
Jacob will celebrate; Israel will be happy.

Ps 14:1-7

### Psalm 15

A Psalm of David

- <sup>1</sup>LORD, who can live in your Tabernacle?  
Who can reside on your holy hill?
- <sup>2</sup>Those who act with integrity,  
who do what's right and tell the truth;
- <sup>3</sup>who don't mistreat their neighbors  
or join in gossiping about their friends;
- <sup>4</sup>who despise reprobates,  
but honor people that respect the LORD,  
who even swear to their own disadvantage  
and carry *it* through,
- <sup>5</sup>that don't charge interest  
or accept bribes against innocent people.

People like that will always be secure.

Ps 15:1-5

### Psalm 16

A Mikhtam of David

<sup>1</sup>Protect me, LORD; you're my refuge.

<sup>2</sup>I say, "*You're my Lord;  
apart from you, I don't have anything good.*"

<sup>3</sup>The godly people on earth are the noble ones I delight in.

<sup>4</sup>Trouble multiplies  
for those who rush off to some other god;  
I won't pour out blood offerings with them  
or *even* say their names.

<sup>5</sup>The LORD is my permanent possession, my cup;  
he holds *in safekeeping* what's allotted to me.

<sup>6</sup>The *boundary lines of my inheritance* fall in good places;  
it's a beautiful land.

Ps 16:1-6

<sup>7</sup>I'll bless the LORD that guides me;  
*even* at night my heart teaches me.

<sup>8</sup>I keep him<sup>Y</sup> continually beside me,  
at my right hand so I don't get unsettled.

<sup>9</sup>So I'm happy and celebrate;  
my body will also rest secure  
<sup>10</sup>because you won't abandon me in Sheol,  
or let your Holy One decay.

<sup>11</sup>You'll show me how to live;  
there's total joy when you're around,  
with eternal delights with you.

Ps 16:7-11

### Psalm 17

A Prayer of David

<sup>1</sup>LORD; listen to my call for justice;  
pay attention to my sincere prayer.

<sup>2</sup>Declare me innocent

because you see that I'm righteous.

<sup>3</sup>You've visited me at night and tested my heart;  
you've put me on trial and found nothing wrong;  
I'm determined not to say anything sinful.

<sup>4</sup>Your word has kept me from following  
the example of cruel people.

<sup>5</sup>My steps have stayed on your path;  
my feet haven't slipped.

**Ps 17:1-5**

<sup>6</sup>I'm calling on you, God,  
because you answer me.

<sup>7</sup>Demonstrate your amazing, enduring love  
for the ones that take refuge in you  
from people that rebel against you.

<sup>8</sup>Keep me as the pupil of *your* eye;  
hide me under your wings  
<sup>9</sup>from sinners who plunder,  
from deadly enemies that surround me,  
<sup>10</sup>that have no mercy in their hearts,  
and brag arrogantly.

<sup>11</sup>They've tracked me down and surrounded me,  
and threaten to knock me to the ground.

<sup>12</sup>They're like lions eager to maul me,  
like young lions lurking in ambush.

**Ps 17:6-12**

<sup>13</sup>Confront them, LORD; knock them down;  
deliver me from sinners with the sword  
<sup>14</sup>that's in your hand,  
from people who've cast their lot in this life,  
whose stomach you fill with your treasure.  
They're satisfied with having children  
and leaving their wealth to their babies.

<sup>15</sup>*But* because I'm righteous,  
I'll be satisfied by seeing you when I wake up.

**Ps 17:13-15**

### **Psalm 18 (2 Samuel 22)**

For the Choir Director. *A Psalm* of David,  
the LORD's servant, who sang this song to him

when he delivered him from his enemies and from Saul  
He said,

<sup>1</sup>“*I love you, LORD, my strength,*

<sup>2</sup>*my fortress, my deliverer,*

*my God, my Rock, my Refuge;*

*my shield, the place that saves me, my stronghold.”*

<sup>3</sup>I called on him who deserves praise,  
and he saved me from my enemies.

<sup>4</sup>The waves of death entangled me;  
the torrents of destruction flooded over me;  
<sup>5</sup>the cords of Sheol tied me down;  
the snares of death had entrapped me.

<sup>6</sup>In my desperation, I cried out to the LORD,  
and he heard me in his Temple.

Ps 18:1-6

<sup>7</sup>Then the earth quaked and the mountains shook  
because he was angry.

<sup>8</sup>Smoke poured out of his nostrils;  
consuming fire flared from his mouth;  
glowing coals erupted from him.

<sup>9</sup>He lowered the sky too  
and came down with dense darkness under his feet.

<sup>10</sup>He rode on a cherub  
and came flying swiftly on the wings of the wind.

<sup>11</sup>He covered himself with darkness like a pavilion,  
with dark rain clouds veiling *his advance*

<sup>12</sup>and hiding the brightness around him,  
while hailstones and lightning bolts broke through his clouds.

<sup>13</sup>The LORD thundered from the sky;  
the Most High raised his voice;  
hailstones and lightning bolts resounded.

<sup>14</sup>He shot his arrows and scattered *my enemies*;  
lightning flashes routed them.

<sup>15</sup>Then the water in the ocean receded;  
the seabed was exposed  
at his rebuke,

at the blast from his nostrils.

**Ps 18:7-15**

<sup>16</sup>He reached down from on high and grabbed me  
and pulled me out of the path of the raging tsunami.

<sup>17</sup>He delivered me from enemies  
that hated me,  
that were too strong for me.

<sup>18</sup>They attacked me at a time of distress,  
but the LORD was my buttress.

<sup>19</sup>He brought me out to a safe place  
and rescued me because he delighted in me.

<sup>20</sup>**The LORD rewarded me for my goodness,  
for my innocence;**

<sup>21</sup>I'd kept his ways  
and hadn't sinned by leaving him;

<sup>22</sup>his ordinances all stayed with me;  
I hadn't shoved any of his statutes away.

<sup>23</sup>I stood blameless in his presence  
because I'd kept myself from sinning.

<sup>24</sup>**So the LORD rewarded me for my goodness,  
for my innocence.**

**Ps 18:16-24**

<sup>25</sup>To the kind you're kind;  
with the blameless you're blameless;

<sup>26</sup>with the pure you're pure;  
with the treacherous you're shrewd.

<sup>27</sup>You rescue the humble  
but bring down the haughty.

<sup>28</sup>You're my lamp, LORD my God,  
and shine light into my darkness.

<sup>29</sup>With your help, I can crush a whole battalion  
I can scale any wall.

**Ps 18:25-29**

<sup>30</sup>God's way is perfect;  
the LORD's promise proves true;  
he's a shield for everyone that depends on his protection.

<sup>31</sup>Who is God except the LORD?



Who is a rock but our God,  
<sup>32</sup>who wraps me in strength  
 and makes my way safe?  
<sup>33</sup>He makes my feet as surefooted as a red deer's hooves  
 and stands me securely on high ground.  
<sup>34</sup>He trains my hands for battle  
 and strengthens my arms to draw a bronze bow.  
<sup>35</sup>He's given me his deliverance as a shield;  
 his help has made me great.  
<sup>36</sup>He's widened the path where I step  
 so my feet don't slip.

**Ps 18:30-36**

<sup>37</sup>I chased my enemies and overtook them;  
 I didn't turn back till I'd eliminated them.  
<sup>38</sup>I thrust them through so they couldn't get up again;  
 they fell under my feet  
<sup>39</sup>because you wrapped me in strength for battle  
 and subdued my assailants.  
<sup>40</sup>You've made my enemies retreat;  
 I destroyed the ones that hated me.  
<sup>41</sup>They looked around for help, but there wasn't any;  
 they even cried out to the LORD, but he didn't answer.  
<sup>42</sup>I pulverized them like dust in the wind,  
 emptied them out like dirt on the street.  
<sup>43</sup>You delivered me from conflict with the people  
 and placed me at the head of nations;  
 people I didn't know now serve me.  
<sup>44</sup>Foreigners submit as soon as they hear me;  
<sup>45</sup>they lose heart and come cringing out of their fortresses.

**Ps 18:37-45**

<sup>46</sup>The LORD lives; praise be to my Rock;  
 exalted be God that delivers me,  
<sup>47</sup>that avenges me,  
 that subdues nations under me.  
<sup>48</sup>that rescues me from my enemies,  
 lifts me above my attackers,  
 and delivers me from violent people.

- <sup>49</sup>So I'll thank you among the nations, LORD,  
and sing your praises.
- <sup>50</sup>You give victory for your king  
and show enduring love to your anointed one,  
to me [David] and my descendants forever.

Ps 18:46-50

### Psalm 19

For the Choir Director. A Psalm of David.

- <sup>1</sup>The heavens show God's glory;  
the sky displays his workmanship.
- <sup>2</sup>Day in and day out *they* speak;  
night after night they display intelligence.
- <sup>3</sup>There's no speech or words;  
there's nothing to hear.
- <sup>4</sup>Their testimony goes out to the whole world,  
their message to the ends of the earth;  
in them he's pitched a tent for the sun.
- <sup>5</sup>It's like a groom coming out of his room,  
excited like a man in shape to run a race.
- <sup>6</sup>It rises at one side of the sky  
and makes its circuit to the other;  
nothing escapes its warmth.
- <sup>7</sup>The Law of the LORD is perfect for reviving the soul;  
his Testimony is reliable for making simple people wise.
- <sup>8</sup>The precepts of the LORD are right, bringing happiness;  
his commandments are clear, enlightening the mind.
- <sup>9</sup>Respect for the LORD is pure, lasting forever;  
his judgments are true and altogether just.
- <sup>10</sup>They're worth more than lots of fine gold;  
they're sweeter than honey that drips from the honeycomb.
- <sup>11</sup>They warn me  
and reward me when I keep them.
- <sup>12</sup>Who can see their own mistakes?  
*So* declare me innocent of my unseen faults.
- <sup>13</sup>Restrain me from presumptuous sins;

Ps 19:1-6

don't let them gain control of me.  
 Then I'll be blameless and relieved for not sinning.  
<sup>14</sup>May what I think and say  
 be acceptable to you, LORD, my Rock, my Redeemer. Ps 19:7-14

### Psalm 20

For the Choir Director. A Psalm of David

<sup>1</sup>When trouble comes, may the LORD answer you!  
 May Jacob's God set you safely on high!  
<sup>2</sup>May he send help from the sanctuary  
 and support you from Zion!  
<sup>3</sup>May he remember your many meal offerings  
 and find your burnt offerings acceptable.  
<sup>4</sup>May he grant you your heart's desire  
 and make your plans successful.  
<sup>5</sup>You'll sing for joy over his deliverance  
 and hoist your banners in his name.  
 May the LORD give you your petitions. Ps 20:1-5

<sup>6</sup>We know the LORD saves his anointed ones;  
 he answers them from his holy heaven  
 with the saving strength of his right hand.  
<sup>7</sup>Some *nations* boast about chariots and horses,  
 but we'll boast about the LORD our God.  
<sup>8</sup>Those nations will collapse and fall,  
 but we'll rise up and stand tall.  
<sup>9</sup>Give *us* victory, LORD, when we call. Ps 20:6-9

### Psalm 21

For the Choir Director. A Psalm of David

<sup>1</sup>LORD, the king delights in your strength;  
 he's happy because you've helped him.  
<sup>2</sup>You've given him his heart's desire;  
 you didn't withhold his request.  
<sup>3</sup>You met him with blessings

and crowned him with fine gold.

<sup>4</sup>He asked you for life,  
and you gave him life everlasting.

<sup>5</sup>He has great honor because you delivered him  
and endowed him with splendor and majesty.

<sup>6</sup>You make him blessed forever  
and happy because you're with him.

**Ps 21:1-6**

<sup>7</sup>The king trusts in the LORD;  
because of the enduring love of the Most High,  
he won't be deposed.

<sup>8</sup>You'll discover all your enemies;  
you'll find out who hates you.

<sup>9</sup>You'll throw them into a blazing furnace in your anger;  
you'll burn them up in your wrath  
<sup>10</sup>and destroy their offspring.

<sup>11</sup>Though they've devised a coup to harm you,  
they won't succeed.

<sup>12</sup>You'll put them to flight  
when you snap your bowstring at their faces.

<sup>13</sup>Be honored in your strength, LORD;  
we'll sing praises about your power.

**Ps 21:7-13**

### **Psalm 22 (2 Samuel 22)**

For the Choir Director. A Psalm of David  
Set to *The Hind of the Dawn*

<sup>1</sup>My God, my God, why have you forsaken me?  
Why are you so far from helping me,  
so far from my groaning?

<sup>2</sup>I call out in the daytime, but you don't answer;  
I don't get any relief at night.

<sup>3</sup>Yet you're holy,  
enthroned on Israel's praises.

<sup>4</sup>Our ancestors trusted in you, and you delivered them.

<sup>5</sup>They called out to you, and you saved them;  
they relied on you, and you didn't disappoint them.

**Ps 22:1-5**

- <sup>6</sup>But I'm a worm, not a man;  
people scorn me and despise me.
- <sup>7</sup>Everybody that sees me makes fun of me;  
they make faces at me and shake their heads at me *and say*,
- <sup>8</sup>*"Entrust yourself to the LORD; let him deliver you;  
let him rescue you because he delights in you!"*
- <sup>9</sup>Yet you're the One that delivered me from the womb  
and made me trust when I was on my mother's breasts.
- <sup>10</sup>I've depended on you from birth;  
you've been my God from my mother's womb. **Ps 22:6-10**
- <sup>11</sup>Don't be distant because trouble's near;  
there's nobody else to help me.
- <sup>12</sup>Many bulls have surrounded me;  
fierce bulls from Bashan have gathered around me.
- <sup>13</sup>They bellow at me  
like ravening, roaring lions.
- <sup>14</sup>I'm being poured out like water;  
all my bones are out of joint;  
my heart's melting like wax.
- <sup>15</sup>My strength has dried up like a potsherd,  
my tongue is sticking to my jaws,  
and you've laid me down dead in the dust.
- <sup>16</sup>Dogs have surrounded me;  
an crowd has ganged up on me;  
they've pierced my hands and feet.
- <sup>17</sup>I can count all my bones;  
*people* are staring at me;
- <sup>18</sup>they're dividing up my clothes  
and gambling for my garments. **Ps 22:11-18**
- <sup>19</sup>Don't be distant, LORD;  
you're my only help; hurry and help me.
- <sup>20</sup>Deliver me from the sword;  
rescue me from the dog's paws;
- <sup>21</sup>save me from the lion's mouth

and the wild ox's horns.

**Ps 22:19-21**

<sup>22</sup>I'll tell my brothers about you

and praise you when your people gather.

<sup>23</sup>You that respect the LORD, praise him;

stand in awe of him, descendants of Israel,

<sup>24</sup>because he hasn't looked down on the oppressed

or ignored them;

when they've appealed to him for help, he's listened. **Ps 22:22-24**

<sup>25</sup>The theme of my praise in the great assembly comes from you;

I'll fulfill my vows in front of people that respect you.

<sup>26</sup>The poverty-stricken will eat and be satisfied;

those who rely on the LORD will praise him.

May their hearts live forever!

**Ps 22:25-26**

<sup>27</sup>The most distant places will remember and turn to the LORD;

all the families in the nations will worship him

<sup>28</sup>because the kingdom belongs to him;

he rules the nations.

<sup>29</sup>Prosperous people will eat and worship;

everyone that goes down to dust will bow to him,

all those who can't keep themselves alive.

<sup>30</sup>Posterity will serve him;

one generation will tell the next one about him.

<sup>31</sup>To people not yet born,

they'll come to declare his goodness,

that he's the One that's done all of this.

**Ps 22:27-31**

### **Psalm 23**

A Psalm of David

<sup>1</sup>The LORD is my shepherd;

I'll have everything I need.

<sup>2</sup>He beds me down in green pasture

and leads me beside still water.

<sup>3</sup>He refreshes me

and guides me along good paths for his honor.

<sup>4</sup>Even though I walk through the darkest valley,  
I won't be afraid, because he's with me;  
his rod and staff reassure me.

<sup>5</sup>You set a table for me in front of my enemies;  
you anoint my head with oil;  
my cup runs over.

<sup>6</sup>Goodness and mercy will follow me all my life,  
and I'll live in the LORD's house forever.

**Ps 23:1-6**

### **Psalm 24**

A Psalm of David

<sup>1</sup>The earth and everything in it belongs to the LORD,  
the world and those who live here.

<sup>2</sup>He positioned land higher than seas,  
more elevated than ocean currents.

<sup>3</sup>Who can climb his mountain  
and stand in his holy place?

<sup>4</sup>People with clean hands and pure hearts,  
who don't offer themselves up to idols  
or lie under oath.

<sup>5</sup>They'll receive a blessing from the LORD,  
goodness from the God who keeps them safe.

<sup>6</sup>That's the way it is for those who seek him out  
and worship him—*even the House of Jacob*.

**Ps 24:1-6**

<sup>7</sup>**Open up, gates;**  
**open up, everlasting doors,**  
**so the glorious King can enter!**

<sup>8</sup>**Who is the glorious King?**  
**The LORD** strong and powerful,  
the LORD mighty in battle.

<sup>9</sup>**Open up, gates;**  
**open up, everlasting doors,**  
**so the glorious King can enter!**

<sup>10</sup>**Who is the glorious King?**

**The LORD** of Hosts,  
he is the glorious King.

**Ps 24:7-10**

### **Psalm 25**

*A Psalm of David*

<sup>1</sup>I hold my life up to you, LORD;

<sup>2</sup>I trust you;

don't let me down

or let my enemies celebrate over my defeat.

<sup>3</sup>Nobody that waits for you will be discredited;

people who deal treacherously

are the ones that will be discredited.

**Ps 25:1-3**

<sup>4</sup>LORD, let me know your ways;

teach me your paths;

<sup>5</sup>lead me in your truth

because you keep me safe;

I'll always depend on you.

<sup>6</sup>Remember your mercy and enduring love

that have existed from ages past.

<sup>7</sup>Don't keep in mind the sins I committed when I was young;

remember me in the light of your enduring love.

**Ps 25:4-7**

<sup>8</sup>The LORD is good and just,

so he instructs sinners in his way

<sup>9</sup>and leads the humble in what's right.

<sup>10</sup>Everything he does comes from truth and enduring love

for those who keep his covenant and testimonies.

<sup>11</sup>For your own honor,

pardon my sin because it's great.

**Ps 25:8-11**

<sup>12</sup>Who of you respect the LORD?

He'll instruct you in what to choose

<sup>13</sup>so you'll keep succeeding

and your offspring will inherit the land.



- <sup>14</sup>People that respect the LORD are his friends;  
he'll make his covenant known to them.
- <sup>15</sup>I keep looking to him  
because he untangles my feet from my enemies' net. **Ps 25:12-15**
- <sup>16</sup>Turn to me and be gracious  
because I'm lonely and downcast.
- <sup>17</sup>Relieve me of my pain and anguish,  
and lift me out of my doldrums.
- <sup>18</sup>Look at my troubles  
and forgive my sin. **Ps 25:16-18**
- <sup>19</sup>Look at all the enemies I have  
that hate me so much!
- <sup>20</sup>Guard my life and rescue me;  
don't let me regret taking refuge in you.
- <sup>21</sup>Oh that integrity and godliness would protect me  
because I depend on you.
- <sup>22</sup>Redeem Israel, God, from all its troubles. **Ps 25:19-22**

### **Psalm 26**

*A Psalm of David*

- <sup>1</sup>Declare me innocent, LORD,  
because I've conducted myself with integrity  
and trusted in you without wavering.
- <sup>2</sup>Examine me, put me on trial,  
test my motives and attitude.
- <sup>3</sup>I keep my eye on your unfailing love  
and follow you faithfully.
- <sup>4</sup>I don't sit with deceitful people  
or run around with pretenders.
- <sup>5</sup>I detest the company of unreliable people  
and refuse to join in with sinners.
- <sup>6</sup>I'll wash my hands to express my innocence  
and frequent your altar, LORD,  
<sup>7</sup>singing my gratitude

and telling about the wonderful things you've done. **Ps 26:1-7**

<sup>8</sup>LORD, I love the Temple where you live,  
the place where your glory lies.

<sup>9</sup>Don't carry off my soul with sinners,  
or my life with bloodthirsty people  
<sup>10</sup>that devise sinful schemes  
and hand out bribes left and right.

<sup>11</sup>But I maintain my integrity;  
redeem me with your grace.

<sup>12</sup>My foot stands on solid ground;  
I'll bless you publicly.

**Ps 26:8-12**

### **Psalm 27**

*A Psalm of David*

<sup>1</sup>The LORD is my light and salvation;  
who am I going to be afraid of?  
He defends me;  
who am I going to dread?

<sup>2</sup>When bad people come to devour me,  
they stumble and fall.

<sup>3</sup>Though an army attacks me, it won't frighten me;  
though war breaks out against me, I'll stay confident. **Ps 27:1-3**

<sup>4</sup>I ask the LORD for one thing—what I look for most:  
to live in his house my whole life,  
to see his beauty and meditate in his Temple.

<sup>5</sup>When trouble comes, he'll shelter conceal me;  
he'll hide me in a secret place  
and station me on a *high* rock.

<sup>6</sup>I'll hold up my head above my enemies;  
in his Tabernacle I'll offer sacrifices with shouts of joy  
and sing praises to the LORD.

**Ps 27:4-6**

<sup>7</sup>Listen when I call out, LORD;  
be gracious and answer me.

<sup>8</sup>You said, “*Seek me,*”  
my heart and soul responded, “*I’ll seek you.*”

<sup>9</sup>Don’t ignore me  
or turn away angry.  
You’ve been my help;  
don’t abandon me, God my Savior.

<sup>10</sup>Even if my parents exposed me *I as an infant to die,*  
you would pick me up.

**Ps 27:7-10**

<sup>11</sup>Teach me your way, LORD;  
lead me on a level path away from my enemies.

<sup>12</sup>Don’t turn me over to them,  
because lying witnesses have taken the stand against me,  
the kind that threatens violence with every breath.

<sup>13</sup>I’d have despaired if I hadn’t believed  
I’d see the LORD’s goodness while I was alive.

<sup>14</sup>So wait for him;  
be strong and courageous.  
Yes, wait for him.

**Ps 27:11-14**

## **Psalm 28**

*A Psalm of David*

<sup>1</sup>I’m calling out to you, LORD;  
don’t turn a deaf ear, my Rock;  
otherwise, I’ll be like someone going down to the Pit.

<sup>2</sup>Help me when I plead for help,  
when I lift up my hands toward your holy sanctuary.

<sup>3</sup>Don’t drag me away with the wicked,  
with those who sin,  
who offer their neighbors peace  
while selfish motives lurk in their hearts.

<sup>4</sup>Pay them back according to their deeds,  
in proportion to the sin they practice.

<sup>5</sup>Since they don’t appreciate  
what you’ve made and done,

tear them down and don't rebuild them.

**Ps 28:1-5**

<sup>6</sup>Bless the LORD for listening to my petition.

<sup>7</sup>He's my strength and shield;

I trust him and he helps me;

so I celebrate and thank him with songs.

<sup>8</sup>He's his people's strength,

the saving defense for his anointed ones.

<sup>9</sup>Save your people and bless your inheritance;

be their shepherd and carry them forever.

**Ps 28:6-9**

### **Psalm 29**

A Psalm of David

<sup>1</sup>Children of the mighty,

attribute to the LORD honor and strength.

<sup>2</sup>Honor him like he deserves;

worship him in his holy splendor.

**Ps 29:1-2**

<sup>3</sup>The sound from the LORD carries out over the water;

our glorious God thunders across the ocean expanse.

<sup>4</sup>His voice is loud and majestic

<sup>5</sup>and blows down cedars in Lebanon.

<sup>6</sup>He makes Lebanon skip like a calf

and Sirion [*Mt. Hermon*] jump around like a young wild ox.

<sup>7</sup>The sound from the LORD flashes out lightning bolts

<sup>8</sup>and shakes the Wilderness of Kadesh;

<sup>9</sup>it makes deer go into labor

and strips the trees bare.

In his Temple everyone shouts, "*Glory!*"

<sup>10</sup>The LORD sits like a king above the flood,

enthroned forever.

<sup>11</sup>He gives his people courage

and blesses them with peace.

**Ps 29:3-11**

### Psalm 30

*A Psalm of David*

A Song at the Dedication of the Temple

<sup>1</sup>I'll praise you, LORD, because you've rescued me;  
you haven't let my enemies celebrate victory over me.

<sup>2</sup>I appealed to you for help, my God,  
and you restored my health;

<sup>3</sup>you brought me up from Sheol;  
you kept me from going down to the Pit.

<sup>4</sup>Sing praise to the LORD, his holy people;  
thank him, <sup>5</sup>because his anger is only for a little while,  
but his blessing lasts a lifetime.

Weeping may go on all night,  
but rejoicing comes in the morning.

Ps 30:1-5

<sup>6</sup>In my good fortune, I said, "*I'll never be shaken.*"

<sup>7</sup>Your blessing, LORD, made me feel as stable as a mountain;  
*but then* you hid *from me*, and I was shattered.

<sup>8</sup>I called out to you in a petition:

<sup>9</sup>*"What does my death accomplish if you let me go down to the Pit?  
Will dust praise you and tell about your faithfulness?*

<sup>10</sup>*"Hear me, LORD; be gracious and help me."*

<sup>11</sup>You turned my mourning into dancing;  
you removed my burlap *of mourning*  
and dressed me in happiness.

<sup>12</sup>Now I can sing praise to you unrestrained;  
I can be eternally grateful to you.

Ps 30:6-12

### Psalm 31

For the Choir Director. A Psalm of David

<sup>1</sup>I take refuge in you, LORD;  
never let me be disgraced;  
in your goodness protect me.

<sup>2</sup>Listen to me, rescue me quickly;  
     be a rock for me,  
     a strong fortress to save me.

<sup>3</sup>You're my rock and fortress;  
     for your honor, lead me and guide me.

<sup>4</sup>Free me out of the trap people secretly laid for me  
     because you're my protection.

<sup>5</sup>I'm entrusting my spirit to you;  
     rescue me, LORD, true God.

**Ps 31:1-5**

<sup>6</sup>I detest those who respect worthless idols;  
     I trust in you, LORD.

<sup>7</sup>I'll be happy in your enduring love,  
     because you see my difficulties  
     and know the trouble I'm in,

<sup>8</sup>because you haven't handed me over to my enemies;  
     you've set me on a spacious place.

**Ps 31:6-8**

<sup>9</sup>Be gracious to me in my distress, LORD;  
     my eyes are melting away with grief,  
     my soul and body are getting weak as well

<sup>10</sup>because I live in constant sorrow;  
     I spend my years in sighing.

My strength is failing because of sin;  
     my body is wasting away.

<sup>11</sup>Because I have so many enemies,  
     my neighbors despise me,  
     my acquaintances abhor me,  
     and people shun me in the streets.

<sup>12</sup>I'm forgotten like someone *long* dead,  
     out of mind like a broken pot.

<sup>13</sup>I hear people's slander;  
     there's terror on every side;  
     my enemies conspire against me  
     and lay plots to kill me.

**Ps 31:9-13**

<sup>14</sup>But I trust you, LORD;  
     I swear, "*You're my God.*"

- <sup>15</sup>My future's in your hands;  
rescue me from my enemies,  
from those who persecute me.
- <sup>16</sup>Smile at me;  
save me with your enduring love.
- <sup>17</sup>Don't let my enemies disgrace me, LORD,  
because I'm calling on you.  
Put sinners to disgrace;  
let them be silent in Sheol.
- <sup>18</sup>Make lying lips be mute  
that insult the good with pride and contempt. **Ps 31:14-18**
- <sup>19</sup>How great your goodness is  
that you've stored up for those who respect you,  
that you've shown to people that take refuge in you  
so others can see.
- <sup>20</sup>You secretly hide them with you away from people's plots,  
and shelter them from the conflict that tongues can cause.
- <sup>21</sup>Bless the LORD  
because he showed me his enduring love  
when I was surrounded like a city under siege.
- <sup>22</sup>I despaired in my alarm, "*I can't see you!*"  
but you heard my appeal. **Ps 31:19-22**
- <sup>23</sup>Love the LORD, all you holy people!  
He preserves the faithful  
and repays those who act arrogantly.
- <sup>24</sup>Be strong and courageous,  
you that rest your hopes in him! **Ps 31:23-24**

## Psalm 32

A Maskil. *A Psalm* of David

- <sup>1</sup>How blessed they are whose sin God forgives,  
whose transgression he covers;  
<sup>2</sup>whose disobedience the LORD doesn't hold against them,  
whose spirit doesn't harbor deceit!

<sup>3</sup>When I didn't acknowledge my sin,  
     my body wasted away,  
     I moaned all day,  
<sup>4</sup>your hand weighed on me day and night,  
     my strength drained away in the summer heat.  
<sup>5</sup>When I acknowledged it and said, "*I'll confess my sin to the LORD,*"  
     you forgave me.

<sup>6</sup>So everyone that's godly needs to pray to you  
     while there's time;  
     so when distress floods in,  
     it won't overwhelm them.  
<sup>7</sup>You're our hiding place  
     for protecting us from trouble  
     and surrounding us with songs about deliverance. **Ps 32:1-7**

<sup>8</sup>I'll teach you the way to go;  
     I'll focus my attention on you and advise you.  
<sup>9</sup>Don't be like a senseless horse or mule  
     that needs a bit and bridle to make it obey.

<sup>10</sup>Sinful people incur lots of sorrow,  
     but enduring love surrounds those who trust the LORD.  
<sup>11</sup>Be happy and celebrate in him;  
     shout for joy, all of you with godly hearts. **Ps 32:8-11**

### **Psalm 33**

<sup>1</sup>Sing for joy to the LORD, good people;  
     praise is fitting for the godly.  
<sup>2</sup>Give him thanks with a lyre;  
     sing praises to him with a ten-string harp.  
<sup>3</sup>Sing a new song to him;  
     play skillfully and shout for joy.  
<sup>4</sup>You can believe what he says  
     and rely on what he does.



<sup>5</sup>He loves goodness and justice,  
and fills the world with his enduring love. **Ps 33:1-5**

<sup>6</sup>The LORD made the sky with a word,  
all its host with the breath from his mouth.

<sup>7</sup>He gathered the water in the ocean  
and stored up the depths in reservoirs.

<sup>8</sup>The whole world must respect him  
and stand in awe of him.

<sup>9</sup>He spoke and it happened;  
he commanded and it occurred.

<sup>10</sup>The LORD overrides the counsel of nations  
and frustrates the peoples' plans.

<sup>11</sup>His counsel stands forever;  
his plans *endure* across the generations. **Ps 33:6-11**

<sup>12</sup>The nation is blessed whose God is the LORD,  
the people he's chosen for his inheritance.

<sup>13</sup>The LORD looks down from heaven at everyone;  
<sup>14</sup>from where he sits, he sees the whole human race.

<sup>15</sup>He made their hearts;  
so he understands what they do.

<sup>16</sup>A king doesn't prevail by his *large* army;  
a soldier doesn't save himself by his great strength.

<sup>17</sup>A warhorse gives false hope for victory;  
it doesn't deliver anyone by its power. **Ps 33:12-17**

<sup>18</sup>The LORD watches over those who respect him,  
who place their hope in his enduring love

<sup>19</sup>to deliver them from death  
and keep them alive at famine time.

<sup>20</sup>We wait for him, our help and shield,  
<sup>21</sup>and celebrate in him because we trust in him.

<sup>22</sup>Send down your enduring love to us, LORD,  
because we've put our hope in you. **Ps 33:18-22**

**Psalm 34**

*A Psalm of David When He Faked Insanity  
in front of Abimelech, Who Drove Him Away*

- <sup>1</sup>I'll bless the LORD at all times  
and praise him constantly.
- <sup>2</sup>I'll make my boast about him;  
the helpless will hear it and take heart.
- <sup>3</sup>Let's tell how great the LORD is;  
let's honor him together.
- <sup>4</sup>I looked to the LORD; he answered me  
and freed me from my fears.
- <sup>5</sup>People that look to him are radiant;  
they never look subdued.
- <sup>6</sup>I cried out in my suffering, and he listened  
and saved me from my troubles.
- <sup>7</sup>An angel of the LORD camps around people that respect him,  
and he rescues them. **Ps 34:1-7**
- <sup>8</sup>Taste and find out how good the LORD is,  
how blessed everyone is that takes refuge in him!
- <sup>9</sup>Respect him, his holy people;  
those who do, have everything they need.
- <sup>10</sup>Young lions get hungry,  
but anyone that looks to the LORD has everything good.
- <sup>11</sup>Come, children, listen to me;  
I'll teach you to respect the LORD.
- <sup>12</sup>Who wants to live  
a long time and prosper?
- <sup>13</sup>Keep your tongue from sinning  
and your lips from lying.
- <sup>14</sup>Quit doing bad and do good;  
look for peace and pursue it. **Ps 34:8-14**
- <sup>15</sup>The LORD watches over good people

and hears them cry out to him.

<sup>16</sup>He turns against those who practice sin,  
and erases the memory of them.

<sup>17</sup>When good people call for help; he listens  
and rescues them from their troubles.

<sup>18</sup>He's close to the brokenhearted  
and saves those whose spirit is crushed.

<sup>19</sup>Good people face lots of trouble,  
but the LORD delivers them.

<sup>20</sup>They keep all their bones;  
not a one of them will be broken.

<sup>21</sup>Sin slays the sinful;  
God punishes those who hate the righteous.

<sup>22</sup>He redeems his servants;  
he doesn't condemn anyone that takes refuge in him. **Ps 34:15-22**

### **Psalm 35**

*A Psalm of David*

<sup>1</sup>LORD, oppose the ones that oppose me;  
fight those who fight me.

<sup>2</sup>Put on buckler and shield,  
and come to my aid.

<sup>3</sup>Draw spear and javelin against my pursuers;  
tell me you'll save me.

<sup>4</sup>Dishonor the ones that want to kill me;  
drive back and humiliate those who scheme against me.

<sup>5</sup>Make them like chaff in the wind,  
with the angel of the LORD blowing them.

<sup>6</sup>Make their path dark and slippery,  
with the angel of the LORD chasing them;

<sup>7</sup>for no reason they hid a net to catch me  
and dug a pit to trap me.

<sup>8</sup>Bring destruction on them unawares;  
have the net they hide catch them;  
have them fall into that very destruction.

**Ps 35:1-8**

- <sup>9</sup>I'll be happy in the LORD  
and celebrate over his salvation.
- <sup>10</sup>My very bones say, "*LORD, who is like you  
that delivers the oppressed from people too strong for them  
and saves the needy from the one that robs them?*"
- <sup>11</sup>Malicious witnesses testify against me  
and accuse me of things I didn't do
- <sup>12</sup>They repay me bad for good; I'm heartbroken.
- <sup>13</sup>But when they were sick, I wore burlap;  
I humbled myself with fasting  
and prayed with my chin on my chest.
- <sup>14</sup>I went about as if it was my friend or brother;  
I bent over mourning as if it was my mother.
- <sup>15</sup>But when I stumbled, they celebrated and ganged up on me;  
strikers that I didn't even know gathered against me  
and slandered me for no reason.
- <sup>16</sup>Like godless jesters at a feast,  
they gnashed their teeth at me. Ps 35:9-16
- <sup>17</sup>Lord, how long will you *just* watch?  
Rescue me from their ravages;  
*save* me from those lions.
- <sup>18</sup>I'll thank you in the great community  
and praise you in the mighty throng.
- <sup>19</sup>Don't let my enemies celebrate over me  
or wink maliciously who hate me.
- <sup>20</sup>They don't talk about peace;  
they scheme against those who are peaceful in the land.
- <sup>21</sup>They open their mouth wide against me,  
"*Aha, aha, we saw him do it!*" Ps 35:17-21
- <sup>22</sup>You can see what they're doing, LORD;  
don't stand back and not say anything.
- <sup>23</sup>Stir yourself up, awake for my justice,  
for my cause, my Lord and my God.
- <sup>24</sup>Judge me, LORD, according to your goodness;  
don't let *my enemies* celebrate over me.

<sup>25</sup>Don't let them say to themselves, "*Just what we'd hoped!*"

Don't let them say, "*Let's eat him alive!*"

<sup>26</sup>Humiliate them who celebrate over my distress;

dress them in shame and dishonor

who vaunt themselves up over me.

**Ps 35:22-26**

<sup>27</sup>Shout for joy you that are in favor of my vindication;

say again and again, "*The LORD is great;*

*he delights in his servant's prosperity.*"

<sup>28</sup>I'll declare your goodness and praise all day long.

**Ps 35:27-28**

### **Psalm 36**

For the Choir Director

*A Psalm* of David, the LORD's Servant

<sup>1</sup>Sin speaks to sinful people's hearts;

they don't respect God at all.

<sup>2</sup>They flatter themselves

that he can't discover their sin.

<sup>3</sup>Their words deceive;

they've stopped being wise and doing good.

<sup>4</sup>They devise schemes in bed

and carry them out *in the morning* with no qualms

**Ps 36:1-4**

<sup>5</sup>LORD, your enduring love reaches the stars;

your faithfulness is as high as the sky;

<sup>6</sup>your goodness as mighty as the mountains;

your justice as deep as the ocean;

your provision sufficient for everything that breathes.

<sup>7</sup>How precious that enduring love is!

All humanity finds protection under your wings.

<sup>8</sup>They drink their fill from the abundance in your house,

from your river of delights.

<sup>9</sup>You're their fountain of life;

in your light they see light.

<sup>10</sup>Maintain your enduring love to all who know you,

your goodness to the godly in heart.

**Ps 36:5-10**

- <sup>11</sup>Don't let the proud tramp on me  
or the sinful shove me away.  
<sup>12</sup>Let sinners fall where they sin,  
thrown down so they can't get up.

Ps 36:10-12

**Psalm 37**  
*A Psalm of David*

- <sup>1</sup>Don't worry about bad people  
or envy those who do wrong;  
<sup>2</sup>they'll wither like grass  
and fade like flowers.  
<sup>3</sup>Trust in the LORD and do good  
so you can live in the land and enjoy security.  
<sup>4</sup>Delight in the LORD,  
and he'll give you what your heart desires.  
<sup>5</sup>Commit your way to him and trust him,  
and he'll act *on your behalf*.  
<sup>6</sup>He'll bring forth your goodness like the dawn  
and your vindication like the midday sun.

Ps 37:1-6

- <sup>7</sup>Rest in the LORD and wait patiently for him;  
don't worry about people that prosper  
by carrying out dishonest schemes.  
<sup>8</sup>Stop being mad *at them*; set anger aside;  
don't concern yourself with them;  
that only leads to your own sinning.  
<sup>9</sup>They'll be destroyed,  
but those who depend on the LORD will inherit the land.  
<sup>10</sup>Sinners will soon be gone;  
you can look all over for them,  
but they won't be there.  
<sup>11</sup>*It's* the humble that inherit the land  
and delight in abundant prosperity.

Ps 37:7-11

- <sup>12</sup>Bad people plot against the good

and gnash their teeth at them.

<sup>13</sup>But the LORD laughs at them  
because he sees what's going to happen to them.

<sup>14</sup>Sinners draw the sword and bend the bow  
to bring down the poor and needy  
and slay the godly;

<sup>15</sup>but their sword will pierce their own heart,  
and their bow will break.

**Ps 37:12-15**

<sup>16</sup>The little that good people have is better  
than the abundance sinners possess,  
<sup>17</sup>because the LORD will break the arms of sinners  
and sustain the good.

<sup>18</sup>He knows the time of the blameless;  
their inheritance lasts forever.

<sup>19</sup>They aren't discouraged in hard times  
and have plenty during famine.

<sup>20</sup>But the sinful perish;  
the LORD's enemies are like flowers in a pasture;  
they dissipate like smoke.

<sup>21</sup>The wicked borrow and don't repay,  
but the good are generous and give.

<sup>22</sup>Those he blesses will inherit the land;  
the ones he curses will die.

**Ps 37:16-22**

<sup>23</sup>The LORD guides the steps of the godly  
and delights in their lives.

<sup>24</sup>If they fall, they won't fall headlong  
because the LORD will hold their hand.

<sup>25</sup>I was young once; now I'm old;  
yet I've not seen good people abandoned  
or their children beg for bread.

<sup>26</sup>They're gracious and generous;  
their descendants are a blessing.

<sup>27</sup>Quit doing bad things and do good  
so you'll live forever.

**Ps 37:23-27**

<sup>28</sup>The LORD loves justice  
     and doesn't abandon his holy people;  
     he keeps them forever,  
     but cuts off the descendants of the wicked.

<sup>29</sup>The godly will inherit the land  
     and live there permanently.

<sup>30</sup>The godly utter wisdom and speak justice.

<sup>31</sup>The Law of their God is in their heart;  
     their feet don't slip.

<sup>32</sup>Sinners spy on them  
     and try to kill them.

<sup>33</sup>The LORD won't abandon the godly to their power  
     or let them be condemned when they're judged.

<sup>34</sup>Wait for the LORD and keep his way,  
     and he'll raise you up to inherit the land;  
     you'll see the wicked destroyed.

**Ps 37:28-34**

<sup>35</sup>I've seen a violent, wicked people spread themselves out  
     like tall trees in their native soil.

<sup>36</sup>Then they passed away and were gone;  
     I looked for them, but they were nowhere to be found.

<sup>37</sup>Take note of blameless, watch the godly  
     because peaceful people prosper;

<sup>38</sup>but sinners will be destroyed  
     along with their future.

<sup>39</sup>The salvation of the godly comes from the LORD,  
     their refuge when trouble comes.

<sup>40</sup>The LORD helps them and delivers them,  
     protects them from sinners and saves them  
     because they take refuge in him.

**Ps 37:35-40**

### **Psalm 38**

A Psalm of David  
     for a Memorial

<sup>1</sup>LORD, don't rebuke me in your wrath  
     or discipline me in your furious anger.



<sup>2</sup>Your arrows have pierced deep into me;  
your hand has come down hard on me.  
<sup>3</sup>Because of your indignation, my body's not sound;  
by my sin I've ruined my health.  
<sup>4</sup>My iniquities have piled up higher than my head  
and weighed me down.  
<sup>5</sup>My wounds have festered and grown foul.  
My foolish choices <sup>6</sup>have doubled me over;  
I grieve all the time;  
<sup>7</sup>I'm burning up with fever;  
my health is broken.  
<sup>8</sup>I'm numb and crushed,  
and groan from inner conflict. **Ps 38:1-8**

<sup>9</sup>Lord, you know what I long for;  
you hear my sighs.  
<sup>10</sup>My heart's pounding, my strength's failing;  
the sparkle in my eyes is gone.  
<sup>11</sup>My friends and loved ones stand back from my sickness;  
my relatives stay well away from me.  
<sup>12</sup>Those who want to kill me lay snares for me;  
the ones that want to injure me threaten destruction,  
constantly plotting treachery. **Ps 38:9-12**

<sup>13</sup>But like someone deaf, I don't hear;  
like a mute I don't speak.  
<sup>14</sup>Yes, I'm like somebody that can't hear,  
someone with no arguments to offer.  
<sup>15</sup>I'm depending on you, LORD;  
you'll have to answer *for me*.  
<sup>16</sup>Don't let them celebrate over me  
or gloat when my foot slips.  
<sup>17</sup>I'm ready to fall;  
my sorrow continually looms in front of me.  
<sup>18</sup>I'm confessing my iniquity;  
I'm anxious about my sin.  
<sup>19</sup>But my enemies are vigorous and strong;

they hate me for no reason  
<sup>20</sup>and repay bad for good  
 because I follow after what's good.

<sup>21</sup>Don't leave me, LORD;  
 stay close by!

<sup>22</sup>Hurry and help me, Lord my savior!

**Ps 38:13-22**

### **Psalm 39**

For the Choir Director. A Psalm of David  
 Set to *Jeduthun*

<sup>1</sup>I said, *"I'll watch what I do  
 so I won't sin with my tongue;  
 I'll put a muzzle on my mouth  
 when sinful people come around."*

<sup>2</sup>But when I kept silent even about what was good,  
 it was of no avail;  
 my agitation grew worse.

<sup>3</sup>The more I thought about it  
 the more the fire burned within me;  
 so I spoke up:

<sup>4</sup>*"LORD, show me my end,  
 how long I'll live;  
 let me realize how fleeting my life is.*

<sup>5</sup>*You've made my days like handbreadths;  
 my lifetime is only a moment to you.  
 We all stand like a mere breath.*

<sup>6</sup>*We walk around like shadows in turmoil for nothing;  
 we accumulate wealth without knowing who will inherit it.*

**Ps 39:1-6**

<sup>7</sup>*"Now Lord, what is it I'm waiting for?  
 You're my only hope.*

<sup>8</sup>*Save me from my sins;  
 don't let fools humiliate me.*

<sup>9</sup>*I can't open my mouth; I'm not able to speak  
 because you're the one that disabled me.*

<sup>10</sup>*Stop striking me;*

*I'm exhausted from your blows.*

<sup>11</sup>*You discipline us for our sins  
and consume like a moth what's precious to us.  
Clearly, we're all nothing more than a breath.* **Ps 39:7-11**

<sup>12</sup>*"Hear my prayer, LORD;  
don't ignore my tears  
because I'm a passing guest,  
a nomad like my ancestors.*  
<sup>13</sup>*Leave me alone so I can be happy again  
before I'm gone and don't exist anymore."* **Ps 39:12-13**

### **Psalm 40**

For the Choir Director. A Psalm of David

<sup>1</sup>I waited patiently for the LORD;  
he listened to my call *for help*.  
<sup>2</sup>He brought me up out of the pit of despair,  
out of the muddy clay,  
set my feet on solid rock,  
and made my footsteps secure.  
<sup>3</sup>He put a new song in me, a song about praising God;  
other people will hear it, see what he's done, and trust in him.  
  
<sup>4</sup>How blessed people are that trust in the LORD  
instead of turning to proud or deceitful people.  
<sup>5</sup>LORD my God, you've done so many amazing things;  
your good intentions for us are too many to tell.  
Nobody compares with you;  
if I tried to tell about *your wonderful acts*,  
I couldn't recount them all. **Ps 40:1-5**  
  
<sup>6</sup>Your don't delight in sacrifices and meal offerings;  
you haven't required burnt offerings and sin offerings;  
you've pierced my ears. [you gave me a body<sup>LXX</sup>.]  
<sup>7</sup>Then I said, "*I'm coming*;  
*it's written about me in the scroll*;  
<sup>8</sup>*I delight in doing your will, my God*;

*I have your Law at heart.”*

<sup>9</sup>In the great assembly

I’ve proclaimed the good news about goodness  
I didn’t hold back

<sup>10</sup>or keep to myself the truth about your goodness;

I spoke openly about your saving power,  
about your enduring love and truth.

**Ps 40:6-10**

<sup>11</sup>LORD, don’t withhold your mercy from me;

let your enduring love and truth keep protecting me.

<sup>12</sup>Troubles beyond number surround me,

and my own sins overtake me  
till I can’t see *any way to escape them*.

<sup>13</sup>LORD, please hurry and help me.

<sup>14</sup>Embarrass and humiliate those who keep trying to destroy me;  
disgrace the ones that delight in hurting me.

<sup>15</sup>Make them appalled at their disgrace  
who say to me, “*Aha, aha!*”

<sup>16</sup>Make them happy who look to you,  
who love your salvation and chant,  
“*The LORD is great.*”

<sup>17</sup>Keep me in your thoughts  
because I’m in misery and need you,  
my helper, my deliverer.

Don’t delay.

**Ps 40:11-17**

### **Psalm 41**

For the Choir Director. A Psalm of David

<sup>1</sup>How blessed people are that have regard for the poor;  
the LORD will deliver them when they have need.

<sup>2</sup>He’ll protect them, keep them alive, and call them blessed;

<sup>3</sup>sustain them when they’re sick and restore them to health.

**Ps 41:1-3**

<sup>4</sup>I said, “*Be gracious to me, LORD;*

*heal my soul because I’ve sinned against you.*”

<sup>5</sup>My enemies say rude things about me:

*“When’s he going to die  
so we can forget about him?”*

<sup>6</sup>When they come to visit me,

they say things they don’t mean;  
they *just come to* gather threads  
they can weave into gossip when they leave.

<sup>7</sup>Everybody that hates me whispers behind my back  
and makes up hurtful things to say about me:

<sup>8</sup>*“He has some deadly disease;  
he’ll never get out of bed again.”*

<sup>9</sup>Even the close friend that I trusted, that I ate with,  
has turned against me.

Ps 41:4-9

<sup>10</sup>But you, LORD, be gracious and restore me  
so I can pay them back.

<sup>11</sup>I know you’re pleased with me;  
you haven’t let my enemies triumph over me.

<sup>12</sup>You’ve upheld me in my integrity  
and brought me into your eternal presence.

<sup>13</sup>Bless the LORD God of Israel  
from everlasting to everlasting.

Amen and Amen.

Ps 41:10-13

## BOOK 2

### Psalm 42

For the Choir Director  
A Maskil of the Sons of Korah

<sup>1</sup>My soul pants for God  
like a deer pants for water.

<sup>2</sup>My soul is thirsty for the living God;  
when will I *ever* see him?

<sup>3</sup>My tears have been my food day and night  
as **people ask me all the time, “Where’s your God?”**

<sup>4</sup>I think about these things as I pour out my soul.  
 I used to go with the throng,  
 leading the procession to the house of God,  
 singing for joy and giving thanks  
 in the great celebration.

<sup>5</sup>**Why despair, my soul?**  
**Why be disturbed?**  
**Put your hope in God because I'll still praise him**  
**for the help his presence brings.**

<sup>6</sup>I'm in despair, God;  
 so I remember you from the land of the Jordan,  
 from the peaks of Hermon—from Mount Mizar.  
<sup>7</sup>The sounds of your crashing waves echo back and forth;  
 your waves and breakers are sweeping over me. **Ps 42:1-7**

<sup>8</sup>The LORD directs his enduring love to me in the daytime;  
 I sing his songs at night, prayers to my living God.

<sup>9</sup>I say to God, my Rock, *"Why have you forgotten me?*  
*Why do I go around in mourning*  
*because my enemies oppress me?"*

<sup>10</sup>Like breaking my bones, they taunt me;  
 people keep asking me, *"Where's your God?"*

<sup>11</sup>**Why despair, my soul?**  
**Why be disturbed?**  
**Put your hope in God because I'll still praise him**  
**for the help his presence brings.** **Ps 42:8-11**

### Psalm 43

<sup>1</sup>Declare me innocent, God;  
 defend me against this ungodly nation;  
 deliver me from liars!

<sup>2</sup>You're the God that I rely on for courage;  
 why reject me?  
**Why do I go around in mourning**

**because my enemies oppress me?**

<sup>3</sup>Send your light and truth to lead me,  
to bring me to the holy hill where you live.

<sup>4</sup>Then I can go to your altar, my greatest *source of joy*,  
and praise you with a harp.

<sup>5</sup>**Why despair, my soul?**

**Why be disturbed?**

**Put your hope in God because I still praise him,**  
my helper and my God.

**Ps 43:1-5**

### **Psalm 44**

For the Choir Director

A Maskil of the Sons of Korah

<sup>1</sup>God, our ancestors have told us  
what you did in their time long ago.

<sup>2</sup>You drove out nations and planted this one;  
you struck them and scattered them abroad.

<sup>3</sup>*Our ancestors* didn't conquer the land with their sword;  
their own arm didn't save them.

Your right hand, your arm,  
the light of your presence *did it*  
when you showed them favor.

**Ps 44:1-3**

<sup>4</sup>You're my King, God;  
ordain victories for Jacob *in our day too*.

<sup>5</sup>By your power we'll push back our adversaries  
and tramp down our attackers.

<sup>6</sup>We don't trust in our bow;  
our sword won't save us.

<sup>7</sup>You are the one that must save us from our enemies  
and disgrace those who hate us.

<sup>8</sup>We take pride in you always  
and give you thanks forever.

**Ps 44:4-8**

- <sup>9</sup>Yet now you've set us aside to dishonor;  
you don't go out with our armies.
- <sup>10</sup>You've made us retreat from our enemies;  
those who hate us have plundered our land.
- <sup>11</sup>You've butchered us like sheep  
and scattered us among the nations.
- <sup>12</sup>You sell us cheap  
and make no profit from doing it.
- <sup>13</sup>You make us a disgrace to our neighbors,  
something to scoff at,  
<sup>14</sup>a byword the world over,  
a laughingstock among the nations. **Ps 44:9-14**
- <sup>15</sup>All day long we're disgraced and humiliated  
<sup>16</sup>because people insult us;  
we have enemies and avengers everywhere.
- <sup>17</sup>That's all come on us though we haven't forgotten you  
or been unfaithful to your covenant.
- <sup>18</sup>Our heart hasn't deserted you;  
we haven't strayed from your way;  
<sup>19</sup>yet you've crushed us in a place filled with jackals  
and covered us with the shadow of death. **Ps 44:15-19**
- <sup>20</sup>If we'd forgotten you  
or raised our hands to a foreign god,  
<sup>21</sup>wouldn't you have found it out?  
You know all our inner secrets.
- <sup>22</sup>But for the sake of your honor, our lives are always in danger;  
we're like sheep headed for slaughter.
- <sup>23</sup>Wake up, LORD; why are you sleeping?  
don't reject us forever.
- <sup>24</sup>Why ignore us  
and forget our suffering and oppression?
- <sup>25</sup>We're struck down to the dirt;  
our bodies stick to the ground.
- <sup>26</sup>Get up and help us;



redeem us like your enduring love suggests.

**Ps 44:20-26**

### **Psalm 45**

For the Choir Director. Set to *Lilies*

A Maskil of the Sons of Korah. A Song About Love

<sup>1</sup>My heart is overflowing with a noble theme  
as I recite my verses to the king;  
my tongue is like the pen of a gifted poet.

<sup>2</sup>You're more handsome than the sons of men;  
gracious words stream from on your lips;  
God has blessed you forever.

<sup>3</sup>Strap your sword to your thigh, Mighty Warrior,  
in your splendor and majesty!

<sup>4</sup>In your majesty, ride on to victory,  
defending truth, humility, and goodness;  
have your right hand display awesome deeds.

<sup>5</sup>Your sharp arrows pierce your enemies' hearts;  
nations fall under you.

**Ps 45:1-5**

<sup>6</sup>Your throne is eternal, God;  
your kingdom's scepter is a godly one.

<sup>7</sup>You love goodness and hate sinfulness;  
so God, your God, has anointed you  
with more happiness than your companions.

<sup>8</sup>Your robes have the fragrance of myrrh, aloes, and cassia;  
stringed instruments entertain you in ivory palaces.

<sup>9</sup>Your<sup>mas</sup> maids of honor include kings' daughters;  
at your<sup>mas</sup> right hand stands the queen in gold from Ophir. **Ps 45:6-9**

<sup>10</sup>Listen, daughter; pay attention;  
forget your people and your father's family

<sup>11</sup>The king delights in your beauty;  
since he's your lord, bow to him.

<sup>12</sup>The people from Tyre will shower you<sup>fem</sup> with gifts;  
wealthy citizens will sue your<sup>fem</sup> favor.

- <sup>13</sup>The princess looks beautiful  
in her gown interwoven with gold.
- <sup>14</sup>She'll be led to the king in embroidered robes  
with bridesmaids in her train.
- <sup>15</sup>With happiness and celebration,  
they'll enter the palace of the king. **Ps 45:10-15**
- <sup>16</sup>Your<sup>mas</sup> sons will take the place of your<sup>mas</sup> fathers;  
you'll<sup>mas</sup> make them rulers over many lands.
- <sup>17</sup>I'll perpetuate your<sup>mas</sup> memory in every generation;  
the nations will be eternally grateful to you<sup>mas</sup>. **Ps 45:16-17**

### **Psalm 46**

For the Choir Director  
A Psalm of the Sons of Korah  
Set to *Alamo*. A Song

- <sup>1</sup>God is our refuge and strength,  
an ever-present help when trouble comes.
- <sup>2</sup>So we won't be afraid  
though the ground tremors,  
though the mountains cascade into the sea,  
<sup>3</sup>though its water roars and foams,  
though the ground quakes at its tsunamis.
- <sup>4</sup>There's a river of joy that flows into the city of God,  
the sacred place where the Most High lives.
- <sup>5</sup>God is there; it's unmovable;  
from the break of day, he protects it.
- <sup>6</sup>When nations rage and kingdoms totter,  
his voice thunders and earth melts away.
- <sup>7</sup>**The LORD of Hosts is with us;  
the God of Jacob is our refuge.** **Ps 46:1-7**
- <sup>8</sup>Come and look at what the LORD does:  
he brings destruction on the earth;  
<sup>9</sup>he stops wars all over the world;

he breaks bows and snaps spears in two;  
he burns chariots.

<sup>10</sup>“*So be still and know that I’m God;  
exalted in every nation,  
honored all over the world.*”

<sup>11</sup>**The LORD of Hosts is with us;  
the God of Jacob is our refuge.**

**Ps 46:8-11**

### **Psalm 47**

For the Choir Director  
A Psalm of the Sons of Korah

<sup>1</sup>Clap your hands, everybody;  
shout to God with joy;  
<sup>2</sup>because you are to revere the LORD Most High,  
the great King over the whole world.  
<sup>3</sup>He subdued people groups under us,  
put nations beneath our feet,  
<sup>4</sup>and chose our inheritance for us,  
the pride of Jacob that he loves.

**Ps 47:1-4**

<sup>5</sup>God has ascended with a shout,  
with a trumpet fanfare.  
<sup>6</sup>Sing praises to God, sing praises;  
sing praises to our King, sing praises;  
<sup>7</sup>because God is King over the whole world;  
sing praises with a beautiful psalm.  
<sup>8</sup>He reigns over the nations on his holy throne.  
<sup>9</sup>The rulers of the people have gathered together  
with the people of Abraham’s God;  
because the shields of the earth belong to him;  
he’s highly honored.

**Ps 47:5-9**

### **Psalm 48**

A Song. A Psalm of the Sons of Korah

<sup>1</sup>The LORD is great and deserves great praise  
in the city of our God on his holy mountain.  
<sup>2</sup>Mount Zion, the heights of Zaphon, is high and beautiful—  
the joy of the whole earth, the city of the great King.  
<sup>3</sup>In its towers God reveals himself as a strong defense.

<sup>4</sup>Kings joined forces  
and advanced *against that strong defense*.  
<sup>5</sup>But as soon as it came into view,  
they panicked and fled.  
<sup>6</sup>Panic seized them  
like the anguish of a woman in childbirth.  
<sup>7</sup>The LORD destroyed them  
like ships of Tarshish capsized by an east wind.  
<sup>8</sup>As we've heard, so we've seen  
in the city of the LORD of Hosts, our God;  
he'll make it safe forever.

Ps 48:1-8

<sup>9</sup>In your Temple we think about your enduring love.  
<sup>10</sup>Like your name, God, your praise is everywhere;  
your right hand is filled with goodness.  
<sup>11</sup>Let Mount Zion be happy,  
and the residents of Judah celebrate your goodness.  
<sup>12</sup>Walk around Zion and count its towers;  
<sup>13</sup>inspect its ramparts and tour its fortresses  
so you can tell the next generation;  
<sup>14</sup>because *God* is God forever;  
he'll guide us till we die.

Ps 48:9-14

### Psalm 49

For the Choir Director  
A Psalm of the Sons of Korah

<sup>1</sup>Hear this, every nation;  
listen, everyone on earth,  
<sup>2</sup>low and high, rich and poor alike.  
<sup>3</sup>My words are wise;

my thoughts are full of insight.

<sup>4</sup>I listen to proverbs  
and expound my riddles on a harp.

<sup>5</sup>Why should I be afraid when there's adversity,  
when my enemies' sins are all around me,  
<sup>6</sup>people who trust in their wealth  
and brag about how rich they are?

<sup>7</sup>Nobody can *use wealth* to redeem a brother *from death*  
or pay God a ransom for him—  
<sup>8</sup>redeeming a life is too expensive;  
you may as well forget about  
<sup>9</sup>living on forever and not seeing the Pit.

**Ps 49:1-9**

<sup>10</sup>Even the wise die—  
just like the ignorant and senseless—  
and leave their wealth to others.  
<sup>11</sup>They act like their houses will last forever,  
like where they live will be there for all generations;  
so they name their lands after themselves.  
<sup>12</sup>But in all their pomp, they won't endure;  
they'll perish like animals.

<sup>13</sup>This is the fate of the foolish  
and those who agree with them:  
<sup>14</sup>like sheep they're appointed to Sheol;  
death will be their shepherd.  
The godly will rule them in the morning;  
Sheol will consume their form  
far from their stately homes.

<sup>15</sup>But God will redeem me from its power  
and take me to himself.

**Ps 49:10-15**

<sup>16</sup>Don't be afraid when people get rich,  
when their houses appreciate in value;  
<sup>17</sup>because when they die, they won't take anything with them;  
what they gloried in won't go down with them *to the grave*.  
<sup>18</sup>Though they congratulate themselves while they're alive,

though other people praise them for being successful,  
<sup>19</sup>they'll go to their ancestors  
 and never see the light of day.  
<sup>20</sup>People in all their pomp who don't have intelligence  
 amount to being like animals when they die. **Ps 49:16-20**

### **Psalm 50**

A Psalm of Asaph

<sup>1</sup>God, the Mighty One, the LORD, has spoken  
 and calls to earth from sunrise to sunset.  
<sup>2</sup>He shines forth out of Zion in perfect beauty.  
<sup>3</sup>Our God comes; he doesn't stay quiet;  
 a fire consumes in front of him;  
 a storm rages around him.  
<sup>4</sup>He calls on the sky above and the earth beneath  
 to witness the judgment of his people.  
<sup>5</sup>*"Gather my people to me  
 that I've made a covenant with by sacrifice."*  
<sup>6</sup>The heavens declare his justice  
 because God himself is judge. **Ps 50:1-6**

<sup>7</sup>*"Listen, my people, and I'll speak;  
 Israel, I'll bring my charges against you.  
 I'm God, your God.*  
<sup>8</sup>*I don't have any complaint about your sacrifices  
 or burnt offerings that are always in front of me.*  
<sup>9</sup>*But I don't need any bulls from your barns  
 or male goats from your pens;*  
<sup>10</sup>*every animal in the forest already belongs to me,  
 the livestock on a thousand hills.*  
<sup>11</sup>*I know every bird in the mountains;  
 everything that moves in the field is mine.*  
<sup>12</sup>*If I was hungry, I wouldn't say anything to you about it,  
 because the whole world belongs to me and everything in it.*  
<sup>13</sup>*Will I eat the meat of bulls  
 or drink the blood of male goats?*

- <sup>14</sup>*Offer to me a sacrifice of thanksgiving;  
keep your vows to the Most High.*
- <sup>15</sup>*Call on me when there's trouble;  
then I'll rescue you, and you'll honor me."* **Ps 50:7-15**
- <sup>16</sup>*But God says to the sinful,  
"What reason do you have to recite my statutes  
or discuss my covenant?*
- <sup>17</sup>*You hate discipline  
and disregard what I tell you.*
- <sup>18</sup>*Thieves are your friends;  
you associate with adulterers.*
- <sup>19</sup>*You give your mouth free reign;  
your tongue tells lies.*
- <sup>20</sup>*You sit around and gossip about your brother;  
you slander your mother's son.*
- <sup>21</sup>*I didn't speak up when you did those things,  
so you thought it didn't matter to me;  
but now I'll charge you  
and lay out my case against you.* **Ps 50:16-21**
- <sup>22</sup>*"Consider this, you that forget about me,  
or I'll tear you to pieces,  
and there won't be anyone to save you.*
- <sup>23</sup>*Giving thanks is the sacrifice that honors me;  
I'll show you my deliverance if you keep to my path."* **Ps 50:22-23**

### **Psalm 51**

Psalm for the Choir Director. A Psalm of David,  
When Nathan the Prophet Came to Him,  
After He'd Slept with Bathsheba

- <sup>1</sup>*Be gracious to me, God, in proportion to your enduring love;  
according to your great mercy, blot out my transgressions.*
- <sup>2</sup>*Wash me thoroughly from my sin;  
cleanse me from my iniquity.*
- <sup>3</sup>*I know my failings;*

my sin always weighs on my mind.

<sup>4</sup>I've sinned against you and you only;  
I did what you consider evil;  
so you're justified in what you say to me,  
blameless when you condemn me.

**Ps 51:1-4**

<sup>5</sup>I was born in sin;  
in iniquity my mother conceived me.

<sup>6</sup>You want truth in the inward self;  
you'll make me know wisdom in myself.

<sup>7</sup>Purify me with hyssop, and I'll be clean;  
wash me, and I'll be whiter than snow.

<sup>8</sup>Fill me with joy and happiness again,  
and let the bones you broke mend up.

<sup>9</sup>Don't look at my sins;  
blot out my iniquities.

**Ps 51:5-9**

<sup>10</sup>Create a clean heart in me, God;  
renew a steadfast spirit within me.

<sup>11</sup>Don't banish me from your presence  
or take your Holy Spirit away from me.

<sup>12</sup>Restore to me the joy your salvation brings;  
grant me a willing attitude to obey.

<sup>13</sup>Then I'll teach transgressors your ways;  
sinners will be converted to you.

<sup>14</sup>Deliver me from being guilty of murder  
so I can joyfully sing about your goodness.

<sup>15</sup>LORD, open my lips  
so I can express your praises.

<sup>16</sup>You don't delight in sacrifice; otherwise, I'd give it;  
you're not pleased with burnt offerings.

<sup>17</sup>The sacrifice you want is a broken spirit;  
you appreciate a repentant heart.

<sup>18</sup>In your good favor, do good to Zion;  
build up the walls around Jerusalem.

<sup>19</sup>Then you'll delight in godly sacrifices,  
in burnt offerings and whole burnt offerings;



then young bulls will again be offered on your altar. **Ps 51:10-19**

### **Psalm 52**

For the Choir Director. A Maskil of David,  
When Doeg the Edomite Came and Told Saul,  
*“David has gone to Ahimelech’s house.”*

- <sup>1</sup>God’s enduring love lasts all day;  
so why brag about sinning, great soldier?
- <sup>2</sup>Your tongue cuts like a razor.
- <sup>3</sup>You like evil more than good,  
falsehood more than truth.
- <sup>4</sup>You like words that devour  
*and a lying tongue that deceives.*
- <sup>5</sup>But God will strike you down once and for all;  
he’ll pull you out of your tent  
and uproot you from the land of the living. **Ps 52:1-5**
- <sup>6</sup>Good people will see it and be amazed;  
they’ll laugh at you and say,  
<sup>7</sup>*“Look at the men that wouldn’t take refuge in God,  
but trusted in their great wealth  
and used their strength to destroy.”*
- <sup>8</sup>But I’m like a green olive tree in God’s house;  
I’ll always trust in his enduring love.
- <sup>9</sup>I’ll be eternally grateful for what he’s done,  
and depend on him in front of his holy people  
because that’s good. **Ps 52:6-9**

### **Psalm 53**

For the Choir Director. Set to *Mahalath*  
A Maskil of David

- <sup>1</sup>Fools tell themselves there’s no God.  
They’re corrupt and commit disgusting sins;  
none of them does what’s good.
- <sup>2</sup>God looks down from heaven

to see if anybody understands,  
if anybody looks to him.

<sup>3</sup>Every one of them has turned aside and become corrupt;  
not a one does what's good, not a one. **Ps 53:1-3**

<sup>4</sup>Won't sinners ever learn?  
They eat up my people like bread  
and don't pray to me.

<sup>5</sup>They'll be in a panic like never before,  
because I'll scatter the bones of your attackers;  
you'll put them to shame because I've rejected them.

<sup>6</sup>Oh that deliverance would come out of Zion!  
When I restore the fortunes of my people,  
Jacob will celebrate, Israel will be happy. **Ps 53:4-6**

### **Psalm 54**

For the Choir Director. A Maskil of David,  
When the Ziphites Came and Told Saul,  
*"Isn't David hiding among us?"*  
On Stringed Instruments

<sup>1</sup>Deliver me, God, by your name;  
vindicate me by your power.

<sup>2</sup>Listen to my prayer; hear what I have to say.

<sup>3</sup>Foreigners have attacked me;  
violent people have tried to kill me;  
they don't care about you.

<sup>4</sup>But God helps me; the LORD sustains my life.

<sup>5</sup>He pays back my adversaries  
and destroys them in his faithfulness.

<sup>6</sup>I'll sacrifice to him willingly  
and thank him because he's good.

<sup>7</sup>He's delivered me from all my trouble  
so I could triumph over my enemies. **Ps 54:1-7**

# Psalm 55

For the Choir Director. A Maskil of David  
On Stringed Instruments

<sup>1</sup>Hear my prayer, God;  
don't ignore my plea.

<sup>2</sup>Listen and answer;  
trouble has overwhelmed me; I'm distracted  
<sup>3</sup>by the threats of my enemies,  
by bringing suffering on me  
and bearing angry grudges against me.

Ps 55:1-3

<sup>4</sup>My heart's pounding;  
terror of death has fallen on me.

<sup>5</sup>Fear and trembling have come over me;  
horror has overwhelmed me.

<sup>6</sup>I said, "*I wish I had wings like a dove!*  
*I'd fly off and find peace.*

<sup>7</sup>*I'd flee far away*  
*and lodge out in the countryside.*

<sup>8</sup>*I'd hurry to my shelter*  
*from the howling wind and raging storm."*

Ps 55:4-8

<sup>9</sup>Lord, destroy *their plans*; confuse their languages,  
because all I see is violence and conflict in the city.

<sup>10</sup>Day and night they patrol the walls,  
*but sin and scheming threaten inside it.*

<sup>11</sup>Ruin is rampant within it;  
oppression and cheating never leave the streets.

Ps 55:9-11

<sup>12</sup>It's not an enemy that's disparaging me;  
I could handle that;  
it's not foes that hate me and rise up against me,  
I could hide from them.

<sup>13</sup>But it's you, my equal,  
my companion, my familiar friend.

<sup>14</sup>We used to be close friends  
that walked in God's Temple together.

<sup>15</sup>Let death overtake my enemies;  
 let them go down alive to Sheol,  
 because there's evil where they live. **Ps 55:12-15**

<sup>16</sup>I'll call on the LORD my God to deliver me.  
<sup>17</sup>Morning, noon, and night, he'll hear my groaning  
<sup>18</sup>and deliver my life in peace from my attackers,  
 because lots of people are opposing me.  
<sup>19</sup>The One who sits enthroned from of old  
 will punish the ones that don't change or respect him.

<sup>20</sup>*As for that companion of mine,*  
 he betrays his friends and breaks his promises  
 against those who are at peace with him. **Ps 55:16-20**

<sup>21</sup>His speech is smoother than butter,  
 but there's war in his heart;  
 his words are more soothing than oil,  
 but secretly they're drawn daggers.

<sup>22</sup>Put your burdens on the LORD, and he'll take care of you;  
 he won't let the godly fall.

<sup>23</sup>You, God, will bring the wicked down to the deepest pit;  
 bloodthirsty, devious people won't live half their time,  
 but I'll trust in you. **Ps 55:21-23**

### **Psalm 56**

For the Choir Director. A Mikhtam of David,  
 When the Philistines Seized Him in Gath  
 Set to *The Pigeon in Far-Off Terebinths*

<sup>1</sup>Be gracious, God; people are walking all over me,  
 oppressing me all the time, <sup>2</sup>attacking me.  
<sup>3</sup>When I'm afraid, I put my trust in you.  
<sup>4</sup>In you, whose word I praise, I've put my trust;  
 what can mortals do to me?  
<sup>5</sup>All day long they try to frustrate my purposes;

they think up ways to harm me.

<sup>6</sup>They stir up conflict, they lurk, they watch my every step,  
looking *for a chance* to kill me.

<sup>7</sup>Because they're sinful, throw them out;  
in anger put them down, God!

**Ps 56:1-7**

<sup>8</sup>You've kept track of my wanderings  
and collected my tears in your bottle;  
aren't they recorded in your scroll?

<sup>9</sup>My enemies will retreat when I call *to you for help*;  
I know this one thing: you're with me.

<sup>10</sup>In God, whose word I praise,  
in the LORD, whose word I praise,

<sup>11</sup>I've put my trust so I won't be afraid;  
what can mortals do to me?

<sup>12</sup>I have to perform my vows to you;  
I'll give thank offerings for your help,  
<sup>13</sup>because you've delivered me from death  
and my feet from stumbling  
so I can walk with you in the light of life.

**Ps 56:8-13**

### **Psalm 57**

For the Choir Director. A Mikhtam of David,  
When He Fled from Saul in the Cave  
Set to *Do Not Destroy*

<sup>1</sup>Be gracious to me, God,  
because I depend on you to protect me;  
in the shadow of your wings I take refuge  
till danger passes.

<sup>2</sup>I call out to God Most High,  
who accomplishes everything for me;  
<sup>3</sup>he sends help from heaven to rescue me  
and discredits whoever tries to run over me.

**Ps 57:1-3**

<sup>4</sup>I live among lions;  
I have to lie among those who breathe fire,

people whose teeth are spears and arrows,  
whose tongues are sharp swords.

**<sup>5</sup>Be raised up higher than the sky, God;  
shine your glory on the whole world.**

<sup>6</sup>They've set a trap for me to step in;  
they've dug a pit for me—I'm weary from stress—  
*but* they've fallen into it themselves!

**Ps 57:4-6**

<sup>7</sup>My heart is steadfast, God; it's steadfast;  
I'll sing; yes, I'll sing praises!

<sup>8</sup>Wake up, my glory;  
wake up, harp and lyre;  
I'll wake up the dawn *with my songs*.

<sup>9</sup>I'll give you thanks, God, among the peoples  
and sing praises to you among the nations.

<sup>10</sup>Your enduring love is as high as the sky;  
your truth reaches up to the clouds.

**<sup>11</sup>Be raised up higher than the sky, God;  
shine your glory on the whole world.**

**Ps 57:7-11**

### **Psalm 58**

For the Choir Director. A Mikhtam of David  
Set to *Do Not Destroy*

<sup>1</sup>Leaders, do you decree what's right?  
Do you judge justly?

<sup>2</sup>No, you plot injustice in your hearts  
and spread violence in the land.

<sup>3</sup>The sinful go astray from the womb;  
they lie from the time they're born.

<sup>4</sup>They have venom like vipers,  
and stop up their ears like deaf cobras  
<sup>5</sup>so they don't hear *their* charmers' voices  
or those skilled at casting spells.

**Ps 58:1-5**

<sup>6</sup>Pull out their fangs, God;  
break the teeth out of the young lions.

- <sup>7</sup>Make them disappear like water that drains away;  
make their arrows shafts without points.
- <sup>8</sup>Make *sinners* be like snails that dissolve as they go along,  
like a miscarriage that never sees the sun.
- <sup>9</sup>Before your pots can feel the *heat* of *burning* briars;  
he'll sweep them away with a whirlwind,  
whether green or on fire. Ps 58:6-9

- <sup>10</sup>Good people will celebrate when they see *God* pay them back;  
he'll wash their feet in the sinners' blood.
- <sup>11</sup>People will say, "*There's surely a reward for good people;  
there's certainly a God that judges on earth!*" Ps 58:10-11

### Psalm 59

For the Choir Director. A Mikhtam of David,  
When Saul Sent Men to Watch the House and Kill Him  
Set to *Do Not Destroy*

- <sup>1</sup>Deliver me from my enemies, God;  
set me on high away from my attackers.
- <sup>2</sup>Save me from sinners;  
rescue me from bloodthirsty people.
- <sup>3</sup>They lie in ambush to kill me;  
fierce enemies stir up conflict against me, LORD,  
but not for my transgression.
- <sup>4</sup>For no fault of mine, they run to attack me;  
get up to see and help me! Ps 59:1-4
- <sup>5</sup>LORD God of Hosts, God of Israel,  
wake up and punish the nations;  
don't extend grace to any that are treacherous.
- <sup>6</sup>**They come back in the evening  
and roam the city, howling like dogs.**
- <sup>7</sup>They growl with their mouth;  
they have swords in their lips;  
they say, "*Who's going to hear us?*"
- <sup>8</sup>But you laugh at them, LORD;  
you scoff at the nations. Ps 59:5-8

- <sup>9</sup>I'll watch for you, my Strength, my fortress.
- <sup>10</sup>You'll meet me in your enduring love;  
and let me look down in triumph at my enemies.
- <sup>11</sup>Don't kill them; otherwise, my people will forget;  
scatter them with your power  
and bring them *to their knees*, LORD our shield.
- <sup>12</sup>For the sin of their mouth and the words of their lips,  
catch them in their pride, their curses, and the lies they tell.
- <sup>13</sup>In your anger, destroy them so they'll be out of the way,  
so people will know that you rule in Jacob  
and everywhere.
- <sup>14</sup>**They come back in the evening  
and roam the city, howling like dogs.**
- <sup>15</sup>They wander around looking for food  
and growl if they're not satisfied. Ps 59:9-15
- <sup>16</sup>But I'll sing about your strength,  
every morning about your enduring love.  
You've been my fortress,  
my refuge in trouble.
- <sup>17</sup>I'll sing praise to you, my Strength,  
the God who shows me enduring love. Ps 59:16-17

### Psalm 60

For the Choir Director. A Mikhtam of David,  
to teach when he struggled with Aram-naharaim and Aram-zobah,  
and Joab came back and struck 12,000 Edomites in the Valley of Salt

- <sup>1</sup>You've rejected us, God, and broken us;  
you've been angry, *but* restore us now.
- <sup>2</sup>You've made the land quake; you've split it open;  
*now* repair the faults and stop the tremors.
- <sup>3</sup>You've made your people endure hardship  
and given us wine that makes us stagger.
- <sup>4</sup>You've raised a banner for those who respect you  
as a rallying point for truth.
- <sup>5</sup>Save *us now* with your right hand and answer us,



deliver your beloved.

**Ps 60:1-5**

<sup>6</sup>In his kindness God has answered;

*“I’ll celebrate by dividing up Shechem  
and measuring out the Valley of Succoth.*

<sup>7</sup>*Gilead and Manasseh belong to me;*

*Ephraim is my helmet; Jacob is my scepter.*

<sup>8</sup>*Moab will be my washbasin;*

*I’ll scrape off my shoes on Edom  
and shout in triumph over Philistia!”*

**Ps 60:6-8**

<sup>9</sup>Who will take me to a fortified city?

Who will lead me to Edom?

<sup>10</sup>Have you rejected us, God?

You’re not going out with our armies.

<sup>11</sup>Help us against our enemies;

we have no hope of human deliverance!

<sup>12</sup>Through you we can do valiantly;

you’ll tread down our adversaries.

**Ps 60:9-12**

### **Psalm 61**

For the Choir Director. *A Psalm* of David  
On Stringed Instruments

<sup>1</sup>Listen to my prayer, God; hear my prayer.

<sup>2</sup>With a faint heart I call to you from the end of the earth;  
lead me to the rock that’s higher than me.

<sup>3</sup>You’re my refuge, *my* strong tower against the enemy.

<sup>4</sup>Let me live in your tent forever  
and take shelter under your wings.

<sup>5</sup>You’ve heard my vows, God,  
and given *me* the inheritance that comes to those who respect you.

<sup>6</sup>Lengthen the king’s life;  
make his lifetime like many generations.

<sup>7</sup>Have him sit enthroned in your presence forever;  
appoint enduring love and truth to preserve him.

<sup>8</sup>I'll sing praise to you forever  
as I pay my vows each day.

**Ps 61:1-8**

## **Psalm 62**

For the Choir Director. A Psalm of David  
Set to *Jeduthun*

<sup>1</sup>I wait for God alone  
because my victory comes from him.  
<sup>2</sup>**He alone is my rock, my salvation, my fortress;  
I won't be shaken.**

<sup>3</sup>How long will you<sup>pl</sup> assail me  
so you can murder me,  
like a leaning wall or crumbling fence?  
<sup>4</sup>Your only intention is to knock me down;  
you enjoy lying about me;  
you bless out loud but curse inside.

**Ps 62:1-4**

<sup>5</sup>My soul, wait in silence for God  
because my hope lies only in him.  
<sup>6</sup>**He alone is my rock, my salvation, my fortress;  
I won't be shaken.**

<sup>7</sup>My deliverance and glory rest with him,  
my strong rock and refuge.  
<sup>8</sup>Always trust him, people;  
pour out your heart to him, our refuge.

**Ps 62:5-8**

<sup>9</sup>Common people have no value;  
the powerful aren't what they seem.  
Either one rises higher in the balances;  
they're both lighter than air.  
<sup>10</sup>Don't put confidence in extortion;  
don't place empty hopes in stealing.  
If wealth does increase, don't set your heart on it.

<sup>11</sup>God has spoken once;

I've heard it twice  
 that power belongs to God  
<sup>12</sup>and the LORD has enduring love;  
 he pays people according to their work.

**Ps 62:9-12**

### **Psalm 63**

A Psalm of David,  
 When He Was in the Wilderness of Judah

<sup>1</sup>God, you're my God; I look to you in earnest;  
 my soul thirsts for you;  
 my flesh yearns for you in this dry, weary land.  
<sup>2</sup>So I've looked at you in the sanctuary  
 and seen your power and glory.  
<sup>3</sup>I'll praise you  
 because your enduring love is better than life;  
<sup>4</sup>I'll bless you as long as I live  
 and lift up my hands in your name.  
<sup>5</sup>You satisfy my soul like the finest food;  
 I offer praises gladly.

**Ps 63:1-5**

<sup>6</sup>I remember you when I'm in bed;  
 I think about you during the night.  
<sup>7</sup>You've been my help;  
 I sing for joy in the shadow of your wings.  
<sup>8</sup>My soul clings to you;  
 your right hand upholds me.

<sup>9</sup>But those who are trying to destroy me  
 will end up in the ground.  
<sup>10</sup>The sword will overwhelm them;  
 they'll become prey for foxes.  
<sup>11</sup>But the king will celebrate in God;  
 everybody that swears by him will glory  
*while* liars' mouths will be stopped.

**Ps 63:6-11**

### Psalm 64

For the Choir Director. A Psalm of David

- <sup>1</sup>Listen to my complaint, God;  
keep me from *living in* dread of my enemies.
- <sup>2</sup>Hide me from the secret plots of bad people,  
from the schemes of sinners  
<sup>3</sup>that sharpen their tongue like a sword,  
that aim bitter words like arrows,  
<sup>4</sup>that shoot at innocent people from hiding places,  
and do it suddenly without qualms.
- <sup>5</sup>They latch onto sinful purposes  
and talk secretly about setting traps;  
they say, "*Who will notice?*"
- <sup>6</sup>They look for ways to be unjust,  
"*We're ready with a well-conceived plot,*"  
because the human mind and heart are cunning. **Ps 64:1-6**
- <sup>7</sup>But God will wound them with an arrow  
<sup>8</sup>and make them trip over their tongues!  
Everybody that sees them will shake their heads.
- <sup>9</sup>Then everybody will be respectful  
and talk about what God's done  
and ponder what he's made.
- <sup>10</sup>Good people will be happy in the LORD  
and take refuge in him;  
the godly in heart will honor him. **Ps 64:7-10**

### Psalm 65

For the Choir Director. A Psalm of David  
A Song

- <sup>5</sup>You answer us with awesome deeds, God who keeps us safe,  
who is trusted in every land and the farthest sea.
- <sup>6</sup>You established the mountains by your power  
and dressed yourself with strength,

- <sup>7</sup>you that still the roaring seas  
and the disturbances among the nations.
- <sup>8</sup>They who live at the ends of the earth  
stand in awe at your wonders;  
you make the dawn and sunset shout for joy. **Ps 65:5-8**
- <sup>9</sup>You take care of the earth and water it;  
you greatly enrich the ground and provide the water  
to grow the grain;  
that's how you've ordained things to work.
- <sup>10</sup>You water the plowed ground abundantly and level its ridges;  
you soften its clods with showers and bless its growth.
- <sup>11</sup>You crown the year with abundant harvests;  
paths get overgrown with lush vegetation.
- <sup>12</sup>The pastures in the countryside drip with dew;  
the hills blossom with rejoicing.
- <sup>13</sup>The meadows are clothed with flocks;  
the valleys are covered with grain;  
they shout and sing for joy. **Ps 65:9-13**

### **Psalm 66**

For the Choir Director. A Psalm. A Song

- <sup>1</sup>Make a joyful sound to God, all the earth.
- <sup>2</sup>Sing about his honor;  
make his praise glorious.
- <sup>3</sup>Say to him, *"What you do is so awesome!  
Your enemies feign obedience to you  
out of fear for your power.*
- <sup>4</sup>*All the earth worships you and praises you;  
they sing praises to you."* **Ps 66:1-4**
- <sup>5</sup>Come and see what God has done;  
it's awesome what he's done for people.
- <sup>6</sup>He turned the *Red* Sea into dry ground;  
the people crossed through the *Jordan* on foot;  
they celebrated over him there.

<sup>7</sup>He rules by his power forever;  
     he keeps watch over the nations;  
     the rebellious don't make an uprising.

**Ps 66:5-7**

<sup>8</sup>Bless our God, you nations;  
     sound his praise abroad.

<sup>9</sup>He keeps us alive  
     and doesn't let our feet slip.

<sup>10</sup>You've tried us, God,  
     and refined us like silver.

<sup>11</sup>You caught us in your net  
     and laid a heavy load in our lap.

<sup>12</sup>You put a ruler over us  
     and passed us through fire and water;  
     yet you brought us out into a large place.

<sup>13</sup>I'll come to your Temple with burnt offerings  
     and keep the vows <sup>14</sup>I made when I was in trouble.

<sup>15</sup>I'll offer you burnt offerings of healthy animals  
     with the smoke of rams;  
     I'll offer bulls and male goats.

**Ps 66:8-15**

<sup>16</sup>Come and listen, you that respect God,  
     and I'll tell you what he's done for me.

<sup>17</sup>I appealed to him with my mouth  
     and extolled him with my tongue.

<sup>18</sup>If I cherish sinfulness in my heart,  
     the LORD won't hear me.

<sup>19</sup>But he's certainly heard me;  
     he's listened to my prayer.

<sup>20</sup>Bless God,  
     who hasn't ignored my prayer  
     or *withdrawn his* enduring love.

**Ps 66:16-20**

### **Psalm 67**

For the Choir Director. A Psalm. A Song  
 With Stringed Instruments

<sup>1</sup>God, be gracious and bless us;  
smile at us

<sup>2</sup>so every nation can know your way  
and your saving power.

<sup>3</sup>**May the nations praise you;  
may they all praise you.**

<sup>4</sup>May they be happy and sing  
because you judge them justly  
and guide them.

<sup>5</sup>**May the nations praise you, God;  
may they all praise you.**

<sup>6</sup>The earth has yielded its produce;  
God, our God, has blessed us

<sup>7</sup>so everyone everywhere will respect him.

**Ps 67:1-7**

### **Psalm 68**

For the Choir Director. A Psalm of David  
A Song

<sup>1</sup>Arise, God, scatter your enemies;  
chase off those who hate you!

<sup>2</sup>Blow them away like smoke;  
melt them like wax near fire;  
make sinners perish in your presence.

<sup>3</sup>But may good people be happy,  
delight in your presence,  
celebrate and be glad.

<sup>4</sup>So sing to God, sing praises to him;  
lay out a highway for the One that rides through deserts,  
whose name is Yah,  
and celebrate with him.

**Ps 68:1-4**

<sup>5</sup>God in his holy Temple  
is a father for the fatherless and a judge for widows;

<sup>6</sup>he makes a home for the lonely  
and leads prisoners out to prosperity;  
only the rebellious live in a parched land.

<sup>7</sup>God of Israel, when you went out ahead of your people  
and marched through the desert,

<sup>8</sup>the ground shook,  
the sky poured down rain,  
Sinai itself quaked in front of you.

<sup>9</sup>You sent widespread, abundant rain, God,  
and refreshed your inheritance when it was parched.

<sup>10</sup>The animals settled in it;  
in your goodness you provided for the poor. **Ps 68:5-10**

<sup>11</sup>The Lord gives the command,  
and a host of women sing the good news:

<sup>12</sup>*“Kings and their armies flee  
the women that stayed home divide the spoil!”*

<sup>13</sup>Even those who stayed among the flocks *found treasure*  
like the wings of a dove covered with silver  
and pinions *covered* with glistening gold.

<sup>14</sup>The Almighty scattered the enemy kings there  
like blowing snow in Zalmon.

<sup>15</sup>The mountain in Bashan is majestic,  
a mountain range with many peaks.

<sup>16</sup>Mountain with many peaks, why do you look with envy  
at the mountain God wanted for his home?  
He’ll certainly live there forever.

<sup>17</sup>God had twice ten thousand chariots, thousands upon thousands;  
Yahveh came with them from Sinai to the holy place.

<sup>18</sup>When you ascended on high and led captivity<sup>LXX</sup> captive,  
and received gifts among people, even rebellious people—  
so Yahveh God might live there.

**Ps 68:11-18**

<sup>19</sup>Bless Yahveh, who carries our burdens every day,  
who keeps us safe <sup>20</sup>and rescues us;  
deliverance from death comes from Yahveh the Lord.

<sup>21</sup>He’ll bash in the heads of his enemies,  
the hairy crowns of those who keep doing their guilty deeds.

<sup>22</sup>The Lord said, *“I’ll bring them down from Bashan*



*and bring them up from the ocean depths*  
<sup>23</sup>*so you can wash your feet in their blood*  
*and your dogs can have their share of your enemies.” Ps 68:19-23*

<sup>24</sup>They’ve seen your solemn procession, God,  
 the procession of God, my King, into the sanctuary—  
<sup>25</sup>singers first, then musicians,  
 with young women playing tambourines.

<sup>26</sup>Bless God as a community,  
 Yahveh, the fountain of Israel.

<sup>27</sup>There’s Benjamin, the youngest, leading them,  
 the officials of Judah in the throng,  
 the officials of Zebulun and Naphtali.

<sup>28</sup>Summon your strength, God;  
 show us your power like you have before.

<sup>29</sup>Kings will bring you gifts  
 because of your Temple in Jerusalem.

<sup>30</sup>Scare off the beast that lives in the reeds,  
 the herd of bulls among the calves of the nations.  
 Trample underfoot its bars of silver;  
 scatter the nations that delight in war.

<sup>31</sup>Let envoys bring gifts out of Egypt;  
 let Nubia quickly submit to God. Ps 68:24-31

<sup>32</sup>Sing to God, kingdoms on earth;  
 sing praises to Yahveh,  
<sup>33</sup>that rides high in the ancient sky,  
 that thunders out his loud voice.

<sup>34</sup>Attribute power to God,  
 whose majesty shines on Israel,  
 whose strength is displayed in the sky.

<sup>35</sup>He’s awesome in his sanctuary;  
 the God of Israel gives strength and power to his people.

Bless God! Ps 68:32-35

## Psalm 69

For the Choir Director. *A Psalm* of David  
Set to *Lilies*

- <sup>1</sup>Save me, God;  
I'm in water up to my neck!
- <sup>2</sup>I've sunk in deep mud, where there's no foothold;  
a flood is sweeping over me.
- <sup>3</sup>I'm worn out from crying; my throat's dry;  
my eyes are red from crying, waiting for my God.
- <sup>4</sup>The people that hate me for no reason  
outnumber the hairs on my head;  
those who want to destroy me are powerful;  
they're trying to make me repay what I didn't steal. **Ps 69:1-4**
- <sup>5</sup>God, you know about my foolish choices;  
I can't hide the things I've done wrong.
- <sup>6</sup>May those who put their hope in you  
not be disgraced because of me;  
may the ones who look to you  
not be dishonored by what I've done;
- <sup>7</sup>because I've endured humiliation for your sake;  
I have shame written all over my face.
- <sup>8</sup>I'm alienated from my brothers;  
my mother's sons treat me like a foreigner.
- <sup>9</sup>I'm consumed with zeal for your Temple;  
the insults of those who insult you have fallen on me.
- <sup>10</sup>When I humble myself with fasting, they mock me;  
<sup>11</sup>when I wear burlap, they make my name a byword.
- <sup>12</sup>Those who sit in the city gate talk about me;  
drunks make up songs about me. **Ps 69:5-12**
- <sup>13</sup>But, I pray to you, LORD;  
at an acceptable time, in your great enduring love,  
answer me with your sure salvation.
- <sup>14</sup>Save me from sinking in the mud;  
deliver me from my enemies and from deep water.
- <sup>15</sup>May the flood not overwhelm me  
or the deep drown me

or the Pit close over me.

**Ps 69:13-15**

<sup>16</sup>Answer me, LORD, because your enduring love is good;  
turn to me according to your great mercy.

<sup>17</sup>Don't abandon me,  
because I'm in distress; answer me quickly.

<sup>18</sup>Come close to my soul and redeem it;  
ransom me from my enemies.

<sup>19</sup>You know my disgrace, shame, and dishonor;  
all my adversaries stand in your presence.

**Ps 69:16-19**

<sup>20</sup>Insults have broken my heart; I'm heartsick.  
I looked for sympathy, but there wasn't any,  
and for comforters, but I couldn't find any.

<sup>21</sup>Instead, they gave me gall to eat and vinegar to drink.

<sup>22</sup>May their table become a snare  
and their peace a trap.

<sup>23</sup>May their eyes go blind  
and their loins tremble feebly.

<sup>24</sup>Pour out indignation on them;  
overwhelm them with furious anger.

<sup>25</sup>Make their camp desolate  
and their tents deserted.

<sup>26</sup>They persecute the one you yourself have struck;  
they strike even more the ones you've *already* wounded.

<sup>27</sup>Pile their sins high;  
don't let them experience your goodness.

<sup>28</sup>Erase them from the Book of Life;  
don't enroll them with the godly.

**Ps 69:20-28**

<sup>29</sup>I'm miserable with pain;  
save me, God; set me safely up high.

<sup>30</sup>I'll praise God with song  
and magnify him with thanksgiving.

<sup>31</sup>That will please the LORD more  
than a young bull with horns and hoofs.

<sup>32</sup>The humble will see it and be happy;  
you that look to God for help will revive your hearts.

<sup>33</sup>The LORD listens to the needy;  
he doesn't look down on his imprisoned people. **Ps 69:29-33**

<sup>34</sup>Let earth and sky praise him,  
the seas and everything that's in them.

<sup>35</sup>God will save Zion and rebuild the towns in Judah  
so the people can settle there and own it.

<sup>36</sup>The descendants of his servants will inherit it;  
those who love him will live there. **Ps 69:34-36**

### **Psalm 70**

For the Choir Director. *A Psalm* of David  
for a Memorial

<sup>1</sup>Hurry and deliver me, LORD;  
come quick to help me.

<sup>2</sup>Discredit those who want to kill me;  
turn them back and  
dishonor the people that delight in harming me.

<sup>3</sup>Because of their disgrace,  
turn them back those who say, "*Aha, Aha.*"

<sup>4</sup>May the ones that depend on you be happy in you;  
may those who love your deliverance repeatedly say,  
"*God is great.*"

<sup>5</sup>But I'm poor and needy, LORD!  
you're my deliverer; don't delay. **Ps 70:1-5**

### **Psalm 71**

<sup>1</sup>I've taken refuge in you, LORD;  
don't let me be discredited.

<sup>2</sup>In your goodness, rescue me;  
listen to me and save me.

<sup>3</sup>Be my rock of refuge that I can always go to;  
give orders to save me

because you're my rock and fortress.

<sup>4</sup>Rescue me from sinners,  
from the grasp of cruel men.

<sup>5</sup>You're my hope, Lord GOD,  
my confidence since I was young.

<sup>6</sup>the One that took me from my mother's womb  
and sustained me since I was born.

**Ps 71:1-6**

<sup>7</sup>Many have marveled over me  
because you've been my strong refuge.

<sup>8</sup>I'm full of your praise  
and glory all the time.

<sup>9</sup>Don't set me aside in my old age  
or leave me as my strength begins to fail.

<sup>10</sup>My enemies speak against me;  
they who want to kill me consult with each other,

<sup>11</sup>*"God has left him.*

*Let's go get him;*

*he doesn't have anybody to defend him."*

**Ps 71:7-11**

<sup>12</sup>God, stay close by to help me.

<sup>13</sup>Consume my adversaries with shame;  
cover their faces with dishonor that try to harm me.

<sup>14</sup>But I'll keep hoping  
and praising you on and on.

<sup>15</sup>I'll tell about your goodness  
and how many times you've saved me,  
though I can't count how often that's happened.

<sup>16</sup>I'll praise the great deeds of the Lord GOD  
and tell about the goodness you alone have.

**Ps 71:12-16**

<sup>17</sup>You've been teaching me since I was young;  
I still talk about your wonderful deeds.

<sup>18</sup>Even when I'm old and grey, don't leave me, LORD,  
till I tell this generation about your strength  
and future people about your power.

<sup>19</sup>Your goodness is as high as the sky,  
you that have done great things.

Who is like you?

<sup>20</sup>You let me face troubles and distresses,  
but you revive me afterwards  
and lift me out of deep despair.

<sup>21</sup>You increase your greatness *toward me*  
and comfort me once again.

<sup>22</sup>I'll praise you with a harp for your faithfulness, my God;  
and sing praises with a lyre, you Holy One of Israel.

<sup>23</sup>I'll shout for joy when I sing to you;  
my soul that you've redeemed will praise you.

<sup>24</sup>I'll talk about your goodness,  
because the ones that were trying to harm me  
have been discredited.

**Ps 71:17-24**

## **Psalm 72**

*A Psalm of Solomon*

<sup>1</sup>Give the king your judgments, God;  
*give* your goodness to his son.

<sup>2</sup>May he judge your people fairly,  
your oppressed ones with justice.

<sup>3</sup>Let the mountains bring prosperity to the people;  
may the hills bring goodness.

<sup>4</sup>May he defend the downtrodden,  
save the children of the needy,  
and crush *their* oppressors.

**Ps 72:1-4**

<sup>5</sup>Let them respect you as long as the sun lasts,  
as long as the moon *endures*—throughout all generations.

<sup>6</sup>May *the king* rule like rain on mown grass,  
like showers that water the ground.

<sup>7</sup>May good people flourish in his time  
and have abundant peace till the moon disappears.

**Ps 72:5-7**

<sup>8</sup>May he rule from sea to sea,  
from the *Euphrates* River to the ends of the earth.

<sup>9</sup>Let desert nomads bow to him,

and his enemies lick dust.

<sup>10</sup>Let the kings of Tarshish and the islands bring presents,  
and the kings of Sheba and Seba offer gifts.

<sup>11</sup>Let all kings bow to him  
and every nation serve him.

<sup>12</sup>He'll deliver the needy when they call for help,  
the oppressed with no one to help them.

<sup>13</sup>He'll have mercy on the poor and needy  
and save their lives.

<sup>14</sup>He'll rescue them from oppression and violence;  
their blood is precious to him;

<sup>15</sup>so may they live long and receive the gold of Sheba;  
let them pray to him continually  
and bless him all day long.

**Ps 72:6-15**

<sup>16</sup>May grain be abundant in the land;  
may it wave on tops of the hills.  
May it produce like Lebanon;  
may its people blossom in the city like grass in the pasture.

<sup>17</sup>May the king's name last forever  
and grow as long as the sun shines.  
Let people bless themselves by him  
and all nations call him blessed.

<sup>18</sup>Bless the LORD, the God of Israel,  
who alone does wonderful things.

<sup>19</sup>Bless his glorious name forever;  
may the whole world be full of his glory.  
Amen and Amen.

<sup>20</sup>The end of the prayers of David son of Jesse

**Ps 72:12-20**

### **BOOK 3**

#### **Psalm 73**

A Psalm of Asaph

<sup>1</sup>God is good to Israel,  
to those whose hearts are pure.  
<sup>2</sup>I'd almost stumbled; my steps almost slipped;  
<sup>3</sup>because I envied the prosperity of the arrogant.  
<sup>4</sup>They don't seem to suffer when they die;  
their bodies are healthy and well.  
<sup>5</sup>They don't have trouble like other people;  
they aren't stricken like everyone else.  
<sup>6</sup>So pride is the *gold* chain around their neck;  
violence is their clothes.  
<sup>7</sup>Their eyes are puffy with fatness;  
they have everything they could want.  
<sup>8</sup>They mock, and talk about oppressing,  
and talk down to the oppressed.  
<sup>9</sup>They brag against the sky itself;  
their words strut across the world.

Ps 73:1-9

<sup>10</sup>So his people turn to them  
and drink in all their claims.  
<sup>11</sup>They say, "*How does God know any of this?*  
*Does the Most High even know what's happening?*"  
<sup>12</sup>They're the sinful,  
always at ease as their wealth grows.  
<sup>13</sup>It seems like I've kept my heart pure for nothing  
and washed my hands in innocence *for no reason*,  
<sup>14</sup>because I'm stricken all day  
and endure grief every morning.

Ps 73:10-14

<sup>15</sup>If I'd talked the way I felt,  
I'd have betrayed your people.  
<sup>16</sup>When I tried to understand why sinners prosper,  
I was troubled by it  
<sup>17</sup>till I went to God's sanctuary;  
then I understood their destiny.  
<sup>18</sup>You put them on slippery places  
and make them slide into ruin.  
<sup>19</sup>They're quickly destroyed,



completely swept away by sudden desolation!

<sup>20</sup>They're like dreamers when they wake up, LORD;  
their phantoms disappear.

**Ps 73:15-20**

<sup>21</sup>When I was bitter and in turmoil inside,

<sup>22</sup>I was senseless and ignorant  
like an animal in your presence.

<sup>23</sup>Nevertheless, I'm continually with you;  
you've taken me by the hand.

<sup>24</sup>You'll guide me with your advice  
and afterward receive me into glory.

<sup>25</sup>Who do I have in heaven but you?

I want you more than anything on earth.

<sup>26</sup>My own flesh and heart may grow weak,  
but you're my strength and portion forever.

<sup>27</sup>Those who are far from you perish;  
you destroy those who are not faithful to you.

<sup>28</sup>Your nearness to me is good for me;  
I've made you my refuge  
so I can tell everybody how you operate.

**Ps 73:21-28**

### **Psalm 74**

A Maskil of Asaph

<sup>1</sup>Why have you thrown us away forever, God?  
Why does your anger smoke at the sheep in your pasture?

<sup>2</sup>Remember your community that you bought so long ago,  
that you redeemed as a tribe for your heritage,  
Mount Zion, where you've lived.

<sup>3</sup>Direct your attention to its continuing ruins;  
the enemy has destroyed everything in the sanctuary.

<sup>4</sup>Your adversaries have roared in your sanctuary  
and set up their own standards for signs.

<sup>5</sup>It's like someone that used an axe in a forest;  
<sup>6</sup>they broke down its carved work with hatchets and hammers.

<sup>7</sup>They burned the sanctuary to the ground

and defiled your home.

<sup>8</sup>They said to themselves, "*We'll completely subdue them*";  
they set fire to your meeting places in the land.

<sup>9</sup>We don't see miraculous signs anymore;  
there aren't any prophets;  
nobody knows how long this will last.

<sup>10</sup>How long will your adversaries scoff, God,  
and mock you? Forever?

<sup>11</sup>Why hold back from doing something?  
Why keep your right hand against your chest?

**Ps 74:1-11**

<sup>12</sup>Yet you're my king from ancient times,  
who provided deliverance on the earth.

<sup>13</sup>You divided the sea by your power  
and bashed the heads of sea monsters in the water.

<sup>14</sup>You crushed Leviathan's heads  
and made it into food for animals in the open country.

<sup>15</sup>You opened springs and torrents,  
and dried up flowing rivers.

<sup>16</sup>Day and night belong to you;  
you put the sun and stars in place.

<sup>17</sup>You established boundaries for the land  
and marked out summer and winter.

**Ps 74:12-17**

<sup>18</sup>Remember, LORD, that your enemies are scorning you;  
foolish people are ridiculing you.

<sup>19</sup>Don't deliver your turtledove to a wild animal;  
don't forget forever the life of your hurting people.

<sup>20</sup>Have regard for your covenant  
because the land is filled with violent places.

<sup>21</sup>Don't let the oppressed return ashamed;  
let the poor and needy praise you.

<sup>22</sup>Stand up for yourself, God;  
remember how foolish people scoff at you all day long.

<sup>23</sup>Don't forget the clamor of your adversaries,  
the constant uproar of those who rebel against you.

**Ps 74:18-23**

### Psalm 75

For the Choir Director. A Psalm of Asaph  
A Song; Set to *Do Not Destroy*

<sup>1</sup>Thank you, God, for being close by;  
people declare your wonderful deeds.

<sup>2</sup>*“When I set a time for judgment;  
I’ll judge even-handedly.*

<sup>3</sup>*The earth and everybody in it melt;  
I’m the One that firmly set its pillars.*

<sup>4</sup>*I said to people that brag, ‘Stop it,’  
and to sinners, ‘Don’t lift up your horns;*

<sup>5</sup>*don’t raise them up high  
or talk with such arrogance.’”*

Ps 75:1-5

<sup>6</sup>Exaltation doesn’t come from the east or west,  
<sup>7</sup>but from God, the judge;  
he puts one person down and raises another up.

<sup>8</sup>There’s a cup of foaming wine in his hand;  
he has mixed it well and pours it out;  
sinners have to drain it and drink its dregs.

<sup>9</sup>I’ll sing praise to Jacob’s God;  
I’ll declare it forever.

<sup>10</sup>He’ll cut off the horns of the wicked,  
but lift up the righteous.

Ps 75:6-10

### Psalm 76

For the Choir Director. A Psalm of Asaph  
A Song. On Stringed Instruments

<sup>1</sup>God is known in Judah;  
his name is great in Israel.

<sup>2</sup>His home is in Salem;  
he lives on Zion.

- <sup>3</sup>He has broken flaming arrows there,  
shields, swords, and weapons of war.
- <sup>4</sup>You're glorious, more majestic  
than mountains *full of* beasts of prey.
- <sup>5</sup>Our stouthearted enemies have been stripped of their spoil;  
they've sunk into deep sleep;  
none of the soldiers could raise a hand against us.
- <sup>6</sup>At your rebuke, God of Jacob,  
horse and rider were thrown down into dead sleep.
- <sup>7</sup>You're to be respected;  
who can withstand you when you're angry? **Ps 76:1-7**
- <sup>8</sup>You rendered judgment from heaven;  
the earth lay silent in fear  
<sup>9</sup>when you arose to measure out judgment,  
to save the oppressed on earth.
- <sup>10</sup>People's wrath only heightens your honor;  
you dress yourself with the ashes of their anger.
- <sup>11</sup>Make your vows to the LORD your God and fulfill them;  
let everyone bring gifts to the One they need to respect.
- <sup>12</sup>He breaks the pride of princes;  
kings on earth respect him. **Ps 76:8-12**

### **Psalm 77**

For the Choir Director. A Psalm of Asaph

Set to *Jeduthun*

- <sup>1</sup>I raise my voice up to God; I call out loud;  
it rises to him so he'll hear me.
- <sup>2</sup>When trouble comes, I turn to the LORD for help.  
All night I reach out to him,  
but I get no reassurance.
- <sup>3</sup>When I think about him, I'm shaken;  
I sigh and feel faint.

<sup>4</sup>He won't let me sleep;  
     I'm in such distress I can't pray.  
<sup>5</sup>I think about days gone by, years ago.  
<sup>6</sup>I remember singing during the night,  
     meditating and pondering in my mind. **Ps 77:1-6**  
<sup>7</sup>Will the LORD reject me forever now?  
     Won't he ever be kind to me again?  
<sup>8</sup>Has his enduring love stopped permanently?  
     Have his promises come to an end?  
<sup>9</sup>Has he forgotten to be gracious?  
     In his anger has he withdrawn his mercy?  
<sup>10</sup>I said, "*It's my destiny*  
     *that the LORD has turned against me.*"

<sup>11</sup>Then I reconsider what all you've done, LORD,  
     and recall your wonders from of old.  
<sup>12</sup>I think about everything you do.  
<sup>13</sup>Your way is holy;  
     What god is as great as you?  
<sup>14</sup>You work wonders  
     and demonstrate your power among the nations.  
<sup>15</sup>You've rescued your people by your strength,  
     descendants of Jacob and Joseph. **Ps 77:7-15**

<sup>16</sup>When the water faced you, God,  
     it tremored to its depths.  
<sup>17</sup>Clouds poured down water;  
     the sky thundered;  
     your arrows flashed.  
<sup>18</sup>You thundered in the whirlwind;  
     lightning flashes lit up the landscape;  
     the ground shook.  
<sup>19</sup>You went through the sea;  
     your path led into deep water,  
     but your footprints didn't show.  
<sup>20</sup>You led your people like a flock  
     by the hand of Moses and Aaron. **Ps 77:16-20**

**Psalm 78**  
Maskil of Asaph

<sup>1</sup>Listen to my instruction, my people;  
pay attention to what I'm saying.  
<sup>2</sup>I'll tell a parable and offer hidden truths from our history,  
<sup>3</sup>things we've heard and known from our ancestors.  
<sup>4</sup>We won't keep them from our children;  
we'll tell the next generation what we praise the LORD for:  
his strength, the amazing things he's done. Ps 78:1-4

<sup>5</sup>He established a Testimony in Jacob  
and appointed a Law in Israel,  
one that he commanded our ancestors  
to teach their children;  
<sup>6</sup>so the coming generation would know—  
children not yet born—  
so they'd grow up and tell their children  
<sup>7</sup>to put their confidence in God,  
not forget what he's done,  
and keep his commands.  
<sup>8</sup>They weren't to be like their ancestors,  
stubborn and rebellious,  
who didn't prepare their heart,  
whose spirit wasn't faithful to God.  
<sup>9</sup>The Ephraimites were archers equipped with bows;  
yet they retreated in battle.  
<sup>10</sup>They didn't keep God's covenant  
or follow his Law. Ps 78:5-10  
<sup>11</sup>They forgot what he'd done,  
the miracles he'd shown them.  
<sup>12</sup>He performed wonders for their ancestors to see  
in Egypt and in the plain of Zoan.  
<sup>13</sup>He divided the sea so they could pass through it  
and made the water stand in a pile.  
<sup>14</sup>He led them with a cloud in the daytime  
and the light of fire at night.

<sup>15</sup>He split rocks open in the desert  
to give them drinking water in abundance.

<sup>16</sup>He brought streams out of rock  
and made water run like a river.

<sup>17</sup>Yet they continued to sin against him,  
to rebel against the Most High in the desert.

<sup>18</sup>In their heart they put him to trial  
by asking for food they'd like better.

<sup>19</sup>They spoke against him  
*"Can God prepare a table in the desert?"*

<sup>20</sup>*He struck the rock, and water gushed out  
and streams overflowed.*

*Can he give us bread too?*

*Can he feed us meat?"*

**Ps 78:11-20**

<sup>21</sup>When the LORD heard it, he was furious;  
his wrath burned like fire against Jacob;  
his anger flared at Israel

<sup>22</sup>because they didn't believe in him  
or trust in him to deliver them.

<sup>23</sup>Yet he commanded the clouds above  
and opened the doors in the sky,

<sup>24</sup>and rained down manna on them  
and gave them bread from the sky to eat.

<sup>25</sup>People ate the bread of angels;  
God sent them food in abundance.

<sup>26</sup>He made the east wind blow  
and directed the south wind by his power.

<sup>27</sup>When he rained meat on them as plentiful as dust—  
winged fowl as abundant as sand by the sea—

<sup>28</sup>he let them fall in the camp around the tents.

**Ps 78:21-28**

<sup>29</sup>So they ate their fill of what they craved.

<sup>30</sup>Before they'd satisfied their desire,  
while their food was in their mouths,

<sup>31</sup>God's anger swelled up against them;  
he killed their strongest  
and cut down Israel's picked men.

<sup>32</sup>In spite of that, they still sinned  
and didn't believe in his wonderful deeds.  
<sup>33</sup>So he brought their days to an end in futility,  
their years in terror.

**Ps 78:29-33**

<sup>34</sup>When he started taking their lives,  
they finally repented and turned to him diligently.  
<sup>35</sup>They remembered that he was their rock,  
that the Most High God *was* their redeemer.  
<sup>36</sup>But they tried to flatter him and lie to him  
<sup>37</sup>because they weren't being honest with him  
or faithful to his covenant.  
<sup>38</sup>But in his mercy, he forgave their sin  
and didn't destroy them;  
he often restrained his anger  
and didn't express all his wrath.  
<sup>39</sup>He remembered that they were mortal,  
wind that blows and doesn't return.  
<sup>40</sup>How often they rebelled against him in the desert  
and grieved him there!  
<sup>41</sup>Again and again they tested him  
and pained the Holy One of Israel.

**Ps 78:34-41**

<sup>42</sup>They didn't keep in mind his power  
or his rescuing them from their foe  
<sup>43</sup>as when he performed his signs in Egypt  
and his miracles in the plain of Zoan:  
<sup>44</sup>he turned their streams to blood  
so they couldn't drink from them;  
<sup>45</sup>he sent swarms of flies that devoured them  
and frogs to devour them;  
<sup>46</sup>he gave their crops to caterpillars  
and the product from their labor to locusts;  
<sup>47</sup>he destroyed their grapevines with hail  
and their sycamore-figs with sleet;  
<sup>48</sup>he exposed their cattle to hailstones  
and their flocks to lightning bolts;  
<sup>49</sup>he let loose his hot anger on them:



fury, indignation, and distress—  
 a band of destroying messengers;  
<sup>50</sup>he directed his anger against them,  
 not sparing them from plague and death;  
<sup>51</sup>he struck Egypt's firstborn,  
 the oldest sons in the tents of Ham.  
<sup>52</sup>Then he led his own people out like sheep  
 and guided them in the desert like a flock.  
<sup>53</sup>He led them safely so they weren't afraid,  
 but the sea drowned their enemies. **Ps 78:42-53**

<sup>54</sup>He brought them to his holy land,  
 to this hill country that he'd won.  
<sup>55</sup>He drove out the nations in front of them,  
 divided up the land for an inheritance,  
 and enabled the tribes of Israel to live in their tents.  
<sup>56</sup>Yet they tested him and rebelled against the Most High God,  
 and didn't observe his testimonies.  
<sup>57</sup>They were as unreliable as a crooked bow.  
<sup>58</sup>They provoked him with their high places  
 and aroused his jealousy with their carved images. **Ps 78:54-58**

<sup>59</sup>When God heard it, he was angry  
 and came to abhor Israel.  
<sup>60</sup>So he abandoned his house in Shiloh,  
 the Tabernacle he'd pitched among them.  
<sup>61</sup>He let his powerful *Ark* be captured  
 and surrendered his honor to the adversary.  
<sup>62</sup>He allowed the sword to destroy his people  
 and vented his anger on his inheritance.  
<sup>63</sup>Fire consumed his young men;  
 virgins had no wedding songs.  
<sup>64</sup>His priests fell by the sword,  
 and widows couldn't weep. **Ps 78:59-64**

<sup>65</sup>Then the LORD woke up as from sleeping,  
 like a soldier aroused from drunkenness.  
<sup>66</sup>He routed his adversaries  
 and put them to eternal shame.

<sup>67</sup>He rejected Joseph's descendants  
and chose not to keep *the tribe of* Ephraim,  
<sup>68</sup>but chose Judah, Mount Zion that he loved.

<sup>69</sup>He built his sanctuary as high as the sky,  
as enduring as the earth.

<sup>70</sup>He chose David his servant,  
took him from the sheepfolds,  
<sup>71</sup>from tending ewes that had young  
to shepherding Jacob his people,  
Israel his inheritance.

<sup>72</sup>He shepherded them with a godly heart  
and led them with skillful hands.

**Ps 78:65-72**

### **Psalm 79**

A Psalm of Asaph

<sup>1</sup>Other nations have invaded your inheritance, God;  
they've defiled your holy Temple  
and laid Jerusalem in ruins.

<sup>2</sup>They've given the buzzards your servants' corpses,  
and the wild animals the flesh of your holy people.

<sup>3</sup>They've poured out their blood like water around Jerusalem;  
there wasn't anybody to bury them.

<sup>4</sup>We've become a disgrace to our neighbors,  
mocked and derided by the people around us.

<sup>5</sup>LORD, will you be angry forever?  
Will your jealousy keep burning like fire?

**Ps 79:1-5**

<sup>6</sup>Pour out your wrath on nations that don't know you,  
that don't call on you;

<sup>7</sup>they've devastated Jacob and laid waste his realm.

<sup>8</sup>Don't hold our ancestors' sins against us;  
bring us mercy quickly because we're in despair.

<sup>9</sup>For your honor, help us, God who delivers;  
forgive our sins for your name's sake.

<sup>10</sup>Why should the nations say, "*Where's their God?*"  
Show those nations your vengeance

for your servants' blood that they shed.

<sup>11</sup>Listen to the moaning prisoner;  
with your great power save those doomed to die.

<sup>12</sup>Repay our neighbors seven times over  
for the taunts they've leveled at you, LORD,

<sup>13</sup>so we, your people, the sheep in your pasture,  
can be eternally grateful to you  
and recount your praise to all generations.

**Ps 79:6-13**

### **Psalm 80**

For the Choir Director. A Psalm of Asaph  
Set to *Lilies*; A Testimony

<sup>1</sup>Listen, Shepherd of Israel,  
you that lead Joseph like a flock;  
show your glory,  
you that are enthroned above the cherubs.

<sup>2</sup>Stir up your power against Ephraim, Benjamin, and Manasseh;  
and come to rescue us.

<sup>3</sup>**Restore us, God;**  
**look at us with favor so we'll be saved.**

**Ps 80:1-3**

<sup>4</sup>**LORD God of Hosts,**  
how long will you be angry with our prayers?

<sup>5</sup>You've fed us tears  
and made us drink them in full measure.

<sup>6</sup>You made us a taunt to our neighbors;  
they laugh at us among themselves.

<sup>7</sup>**God of Hosts, restore us;**  
**look at us with favor so we'll be saved.**

**Ps 80:4-7**

<sup>8</sup>You took a grapevine out of Egypt,  
drove out the *Canaanite* nations,  
and planted it *in their land*.

<sup>9</sup>You cleared the ground for it;  
it took deep root and spread across the whole land.

<sup>10</sup>It covered the mountains with its shadow

and God's cedars with its branches.

<sup>11</sup>It grew its branches all the way out to the Mediterranean Sea,  
its shoots as far as the *Euphrates* River.

<sup>12</sup>Why did you tear down its walls  
so everybody that goes by can pick its fruit?

<sup>13</sup>A boar from the woods roots it up;  
whatever moves in the countryside feeds on it. **Ps 80:8-13**

<sup>14</sup>**God of Hosts**, please come back now;  
look down from heaven and take care of this grapevine,  
<sup>15</sup>the root you planted,  
the son you've raised for your use.

<sup>16</sup>Our enemies have cut it down and burned it;  
may they perish at the rebuke from your angry look.

<sup>17</sup>Encourage the man at your right hand,  
the son you made strong for yourself.

<sup>18</sup>Then we won't turn away from you anymore;  
revive us so we can call on you again.

<sup>19</sup>**LORD God of Hosts, restore us;**  
**look at us with favor so we'll be saved.** **Ps 80:14-19**

### **Psalm 81**

For the Choir Director. *A Psalm* of Asaph  
Set to *The Gittith*

<sup>1</sup>Sing to God your Strength;  
make a joyful sound to Jacob's God.

<sup>2</sup>Sing, beat the tambourine,  
pluck the lyre and harp.

<sup>3</sup>At the new moons blow your ram's horn,  
at the full moon and on your festival days.

<sup>4</sup>It's a statute for Israel,  
an ordinance from Jacob's God.

<sup>5</sup>He established it as a Testimony in Joseph  
when he displayed his power all over Egypt.

I heard a language I didn't know, *saying*. **Ps 81:1-5**

- <sup>6</sup>*“I’ll take the burden off your shoulders  
and free you from heavy labor.*
- <sup>7</sup>*You cried out in trouble, and I rescued you;  
I answered you while I concealed myself in a thundercloud;  
I tested you when you had no water at Meribah.*
- <sup>8</sup>*Listen, my people, when I admonish you;  
Israel, if only you’ll listen!*
- <sup>9</sup>*There’s to be no foreign god among you;  
don’t worship any alien deity.*
- <sup>10</sup>*I’m the LORD your God  
who brought you out of Egypt.  
Open your mouth, and I’ll fill it.”* **Ps 81:6-10**
- <sup>11</sup>*“But my people ignored me;  
Israel wouldn’t obey.*
- <sup>12</sup>*So I let them follow their stubborn heart  
and go after their own devices.*
- <sup>13</sup>*If only they’d listen!*
- If Israel would just follow my ways,*
- <sup>14</sup>*I’d quickly subdue their enemies;  
I’d turn my hand against their foes,*
- <sup>15</sup>*I’d doom forever  
those who hate me while pretending to obey me.*
- <sup>16</sup>*I want to feed you with the finest wheat  
and satisfy you with wild honey from the rocky cliffs.”* **Ps 81:11-16**

## **Psalm 82**

A Psalm of Asaph

- <sup>1</sup>God presides over the divine council  
and judges *you* judges.
- <sup>2</sup>So how long will you<sup>pl</sup> judge unjustly  
by showing<sup>pl</sup> partiality to lawbreakers?
- <sup>3</sup>Render<sup>pl</sup> justice to the weak and fatherless;  
stand<sup>pl</sup> up for the oppressed and destitute.
- <sup>4</sup>Rescue<sup>pl</sup> the weak and needy;  
deliver<sup>pl</sup> them from bad people.
- Ps 82:1-4**

<sup>5</sup>You don't know or understand;  
 You're walking around in the dark;  
 the *very* foundations of your world are unstable.

<sup>6</sup>I say, "*You're gods,*  
*children of the Most High,*  
<sup>7</sup>*but you'll die like other mortals*  
*and fall like anyone else.*"

<sup>8</sup>You judge the world, God!  
 You're the One that owns the nations.

Ps 82:5-8

### Psalm 83

A Song. A Psalm of Asaph

<sup>1</sup>God, don't keep quiet; don't be silent.  
<sup>2</sup>Your enemies are making an uproar;  
 those who hate you are exalting themselves.  
<sup>3</sup>They're plotting against your people,  
 conspiring against them <sup>4</sup>and saying,  
*"Let's wipe out their nation*  
*so no one will remember them anymore."*

<sup>5</sup>Together they're signing a treaty against you:  
<sup>6</sup>Edom and the Ishmaelites, Moab and the Hagrites;  
<sup>7</sup>Gebal, Ammon, and Amalek;  
 Philistia and the people in Tyre;  
<sup>8</sup>Assyria has joined them too;  
 they're allied with Lot's descendants.

Ps 83:1-8

<sup>9</sup>Deal with them like you dealt with Midian,  
 with Sisera and Jabin at the Kishon River,  
<sup>10</sup>that you destroyed at En-dor,  
 that became like manure on the ground.  
<sup>11</sup>Make their nobles like Oreb and Zeeb  
 and their officials like Zebah and Zalmunna,  
<sup>12</sup>who said, "*Let's take over God's pastures.*"

Ps 83:9-12

<sup>13</sup>Make them like whirling dust,

like chaff in the wind.  
<sup>14</sup>Like a wildfire that burns a whole forest,  
 like a flame that sets mountains on fire;  
<sup>15</sup>chase them with your storm;  
 terrify them with your tempest.  
<sup>16</sup>Write shame all over their faces  
 till they submit to you, LORD.  
<sup>17</sup>Frighten them forever;  
 let them die in disgrace  
<sup>18</sup>so they'll know that you  
 are supreme over the whole world. Ps 83:13-18

### Psalm 84

For the Choir Director. A Psalm of the Sons of Korah  
 Set to *The Gittith*

<sup>1</sup>Your Temple is so beautiful, LORD of Hosts!  
<sup>2</sup>I long, yes, even faint with longing for your courts;  
 my body and soul sing for joy to the living God.  
<sup>3</sup>Even a sparrow finds a home for herself,  
 a swallow builds a nest to raise her young  
 near your altars, LORD of Hosts, my God and King.  
<sup>4</sup>How blessed they are who live in your Temple  
 and continually sing your praises.  
<sup>5</sup>How blessed people are whose strength comes from you,  
 who've resolved to make pilgrimages to Zion!  
<sup>6</sup>As they pass through the Valley of Weeping,  
 they turn it into a spring;  
 autumn rains cover it with blessings.  
<sup>7</sup>They grow from strength to more strength  
 till each one appears before God in Zion. Ps 84:1-7  
<sup>8</sup>LORD God of Hosts, listen to my prayer;  
 listen to me, God of Jacob!  
<sup>9</sup>Extend your favor to the shield  
 you anointed over us,

<sup>10</sup>because one day in your courts is better than a thousand *elsewhere*.

I'd rather stand at the threshold of your Temple  
than live *at ease* in the tents of sinners,

<sup>11</sup>because the LORD is sun and shield,

who gives grace and honor

and doesn't withhold anything good from those who do what's right.

<sup>12</sup>LORD of Hosts, how blessed they are who trust in you!      Ps 84:8-12

## Psalm 85

For the Choir Director. A Psalm of the Sons of Korah

<sup>1</sup>LORD, you blessed your land;

you restored the fortunes of Jacob;

<sup>2</sup>you forgave your people's iniquity  
and pardoned their sins;

<sup>3</sup>you withdrew your fury  
and turned away from your hot anger.

<sup>4</sup>Restore us, our Deliverer;  
end your displeasure with us.

**5 Will you be angry with us forever?  
Will you extend your wrath to every generation?**

<sup>6</sup>Won't you revive us  
so we can celebrate over you?

<sup>7</sup>Show us your enduring love, LORD;  
grant us your salvation.

**Ps 85:1-7**

<sup>8</sup>I'll listen to what our God the LORD says,  
because he offers peace to his holy people,  
those who avoid foolish behavior.

<sup>9</sup>His salvation is nearby for those who respect him,  
so there can be honor in our land.

<sup>10</sup>Truth and enduring love combine;  
goodness and peace kiss each other.

<sup>11</sup>Faithfulness grows up from the ground,  
and goodness looks down from the sky.

<sup>12</sup>The LORD gives what's good



so our land can yield its produce.  
<sup>13</sup>Goodness goes ahead of him  
 and makes his footprints into a path.

**Ps 85:8-13**

**Psalm 86**  
 A Prayer of David

<sup>1</sup>Listen, LORD, and answer me  
 because I'm troubled and in need.  
<sup>2</sup>Preserve my life because I'm a godly man;  
 save me because I trust in you.  
<sup>3</sup>Be gracious to me  
 because I call out to you all the time.  
<sup>4</sup>Make me happy  
 because I hold up my life to you.  
<sup>5</sup>You're good, ready to forgive,  
 and abundant in enduring love  
 to everyone that calls on you.  
<sup>6</sup>Hear my prayer, LORD;  
 listen to my petition.  
<sup>7</sup>When I'm in trouble, I call on you  
 because you answer me.  
<sup>8</sup>There's no one like you among the gods,  
 no other deeds like yours.  
<sup>9</sup>All the nations you've made will come  
 to worship you and honor you,  
<sup>10</sup>because you're great and do great things;  
 only you are God.

**Ps 86:1-10**

<sup>11</sup>Teach me your way;  
 I'll follow your truth;  
 make me consistently respect you.  
<sup>12</sup>I'll thank you, LORD my God, with all my heart  
 and honor you forever  
<sup>13</sup>because you show me such enduring love;  
 you've rescued me from the depths of Sheol.

**Ps 86:11-13**

- <sup>14</sup>Arrogant people are attacking me, God;  
a gang of violent men wants to kill me;  
they don't care about you.
- <sup>15</sup>But you're a merciful, gracious God,  
slow to get angry  
and abundant in enduring love and faithfulness.
- <sup>16</sup>Turn to me and be gracious;  
give me your strength;  
save your servant's son.
- <sup>17</sup>Show me a sign of your favor  
so the ones that hate me can see it and be put to shame,  
because you've helped me and reassured me. **Ps 86:14-17**

### **Psalm 87**

A Song. A Psalm of the Sons of Korah

- <sup>1</sup>The city that the LORD founded stands on his holy mountain;  
<sup>2</sup>he loves Zion more than the other places in Jacob.
- <sup>3</sup>Glorious things are said about you, city of God.
- <sup>4</sup>*"I'll count Rahab [Egypt] and Babylon among those who know me,  
Philistia, Tyre, and Nubia too:  
'They've become citizens there,'"* people will say.
- <sup>5</sup>But they will say about Zion,  
*"This one and that one were born here";  
the Most High himself has made it so.*
- <sup>6</sup>When the LORD registers the nations,  
he'll say, *"They've all become citizens here."*
- <sup>7</sup>Then those who sing and those who play flutes will say,  
*"The springs of all our joy are in you."* **Ps 87:1-7**

### **Psalm 88**

For the Choir Director. A Psalm of the Sons of Korah.

A Song. Set to *Mahalath Leannoth*

A Maskil of Herman the Ezrahite

- <sup>1</sup>LORD God who keeps me safe,

I call out to you day and night.  
<sup>2</sup>Let my prayer come to you;  
 listen to my call!  
<sup>3</sup>I've had so much trouble;  
 I'm close to Sheol.  
<sup>4</sup>I'm as good as dead,  
 like someone with no strength left.  
<sup>5</sup>Abandoned among the dead  
 like someone slain in the grave,  
 I'm forgotten and cut off from you.  
<sup>6</sup>You've put me in the Pit,  
 in regions dark and deep.  
<sup>7</sup>Your anger overwhelms me;  
 wave after wave weighs heavily on me.  
<sup>8</sup>You've made my friends avoid me  
 by making me someone they detest;  
 I'm trapped and can't escape.  
<sup>9</sup>My sight is blurry from tears;  
 I call on you every day, LORD,  
 and reach out to you for help.

Ps 88:1-9

<sup>10</sup>Do you perform wonders for the dead?  
 Do departed spirits rise and praise you?  
<sup>11</sup>Do they declare your enduring love in the grave  
 or your faithfulness in the place of destruction?  
<sup>12</sup>Are your wonders known in the dark  
 or your goodness in the land of forgetfulness?

Ps 88:10-12

<sup>13</sup>LORD, I call out to you for help;  
 in the mornings my prayers go up to you.  
<sup>14</sup>Why are you rejecting me?  
 Why are you hiding from me?  
<sup>15</sup>I've been attacked and close to death from my youth up;  
 I suffer from the terrors you bring; I'm overwhelmed.  
<sup>16</sup>Your furious anger has swept over me;  
 your dreaded assaults have destroyed me.  
<sup>17</sup>They surround me like water all the time  
 and engulf me completely.

<sup>18</sup>You've removed lover and friend far from me;  
my companions lie in darkness.

**Ps 88:13-18**

### **Psalm 89**

A Maskil of Ethan the Ezrahite

<sup>1</sup>I'll sing forever about the LORD's enduring love  
and make known his faithfulness to every generation,  
<sup>2</sup>because I've said, "*You build up enduring love;  
in the heavens you establish your faithfulness.*"

<sup>3</sup>The LORD said, "*I've made a covenant with my chosen one;  
I've sworn to David my servant,*  
<sup>4</sup>*I'll make your descendants secure forever  
and build up your throne to all generations.*"

**Ps 89:1-4**

<sup>5</sup>The sky praises your wonders  
and *extols* your faithfulness in the assembly of your holy angels.

<sup>6</sup>Who in the sky can compare with you?  
Who among the heavenly beings is like you,  
<sup>7</sup>a God greatly respected in the council of holy angels  
and awesome above everyone around him?

<sup>8</sup>Lord GOD of Hosts, who is like you?  
You're completely faithful.

<sup>9</sup>You rule the raging sea;  
when its waves rise up, you quiet them.

<sup>10</sup>You've crushed Rahab like one that's slain  
and scattered your enemies with your strong arm. **Ps 89:5-10**

<sup>11</sup>The sky is yours; the earth belongs to you;  
you've founded the world and everything in it.

<sup>12</sup>You've created north and south;  
Tabor and Hermon shout for joy over you.

<sup>13</sup>You have a powerful arm and a strong hand;  
you lift your right hand high.

<sup>14</sup>Goodness and justice make the foundation for your throne;  
enduring love and truth proceed ahead of you.

<sup>15</sup>How blessed people are who know the sound of joy,  
who walk in the light of your presence, LORD.

<sup>16</sup>In your name they celebrate all day;  
your goodness lifts their spirits.

<sup>17</sup>They glory in your strength;  
your blessing honors them.

<sup>18</sup>Their shield belongs to the LORD;  
their king belongs to the Holy One of Israel.

**Ps 89:11-18**

<sup>19</sup>Long ago you said in a vision to your holy people,  
*"I've crowned a great man,  
chosen from the common people.*

<sup>20</sup>*I found my servant David  
and anointed him with my holy oil.*

<sup>21</sup>*My hand will make him secure;  
my arm will give him strength.*

<sup>22</sup>*His enemies won't outsmart him;  
sinful people won't oppress him.*

<sup>23</sup>*I'll crush his adversaries  
and strike down those who hate him.*

<sup>24</sup>*My faithfulness and enduring love will be with him,  
and I'll make him honored.*

**Ps 89:19-24**

<sup>25</sup>*I'll establish his rule as far as the sea  
and set his control over the rivers.*

<sup>26</sup>*He'll call out to me, 'My Father,  
my God, the Rock that keeps me safe.'*

<sup>27</sup>*I'll make him my firstborn,  
the highest among the kings on earth.*

<sup>28</sup>*I'll keep my enduring love for him forever  
and confirm my covenant with him.*

<sup>29</sup>*I'll make his descendants permanently secure,  
his throne as eternal as the sky.*

**Ps 89:25-29**

<sup>30</sup>*"If his descendants leave my Law  
and don't follow my judgments,*

<sup>31</sup>*if they violate my statutes  
and don't keep my commandments,*

<sup>32</sup>*then I'll bring a rod to bear on their sin  
and stripes on their iniquity.*  
<sup>33</sup>*But I won't break off my enduring love from him  
or deal falsely in my faithfulness.*  
<sup>34</sup>*I won't violate my covenant  
or alter what I've said.*  
<sup>35</sup>*Once I've sworn by my holiness,  
I won't lie to David.*  
<sup>36</sup>*His descendants will continue permanently,  
his throne will last like the sun with me.*  
<sup>37</sup>*It'll be secure as permanently as the moon,  
as faithful as its witness in the sky."*

**Ps 89:30-37**

<sup>38</sup>*But, you've thrown him away and rejected him;  
you're angry with your anointed.*  
<sup>39</sup>*You've spurned the covenant with him  
and profaned his crown in the dust.*  
<sup>40</sup>*You've broken down his walls  
and brought his fortresses to ruin.*  
<sup>41</sup>*Everyone that passes by plunders him;  
he's become a disgrace to his neighbors.*  
<sup>42</sup>*You've raised up his adversaries  
and made them celebrate.*  
<sup>43</sup>*You've turned back the edge of his sword  
and haven't made him stand in battle.*  
<sup>44</sup>*You made his splendor cease  
and threw his throne on the ground.*  
<sup>45</sup>*You've shortened his youth  
and covered him with shame.*

**Ps 89:38-45**

<sup>46</sup>*How long, LORD,  
will you conceal yourself,  
will your anger burn like fire?*  
<sup>47</sup>*Remember how long life is.  
What emptiness have you created people for?*  
<sup>48</sup>*Who can live without dying?  
Can anyone avoid Sheol?*

**Ps 89:46-48**

<sup>49</sup>Where's your former enduring love  
that you faithfully swore to David?  
<sup>50</sup>Remember the scorn your servants endure,  
how I carry many people's insults inside me  
<sup>51</sup>that your enemies have used for taunts,  
that they've mocked your anointed one with.

<sup>52</sup>Bless the LORD forever!

Amen and Amen.

Ps 89:49-52

## BOOK 4

### Psalm 90

A Prayer of Moses, the Man of God

<sup>1</sup>LORD, through all generations  
you've been our dwelling place.  
<sup>2</sup>Before the mountains were born  
or you gave birth to the world,  
from one end of time to the other, you've been God. Ps 90:1-2

<sup>3</sup>You turn people back to dust and say,  
"*Return to dust, mortals.*"

<sup>4</sup>A thousand years to you  
are like yesterday,  
like a watch in the night.

<sup>5</sup>You sweep us away like the dreams in our sleep.  
In the morning we sprout like grass <sup>6</sup>and flourish;  
then toward evening we fade *like blossoms*  
and wither away.

<sup>7</sup>Your anger consumes us;  
your wrath scares us.

<sup>8</sup>You place our iniquities in front of you;  
our secret sins are open to you.

<sup>9</sup>All our days pass away in your fury;  
we finish our years with a sigh.

- <sup>10</sup>We live for 70 years or by good health for 80 years;  
yet whatever their length, they're full of labor and pain  
because they're gone so soon, and we fly away.
- <sup>11</sup>Who understands the power of your anger and fury  
in comparison to the respect you deserve?
- <sup>12</sup>So teach us to count our days  
so we can grow in wisdom toward you. **Ps 90:3-12**
- <sup>13</sup>Come back *to us*, LORD; how long will it be?  
Have pity on your servants.
- <sup>14</sup>Satisfy us in the morning with your enduring love  
so we can sing and be happy our whole life.
- <sup>15</sup>Make us happy for as long as you've punished us,  
for the years we've had misfortune.
- <sup>16</sup>Let us see your work  
and our children witness your majesty.
- <sup>17</sup>Bless us, LORD our God;  
make our efforts successful;  
yes, make them succeed! **Ps 90:13-17**

### Psalm 91

- <sup>1</sup>Those who live in the shelter of the Most High  
will find rest in the shadow of the Almighty.
- <sup>2</sup>They'll say about the LORD,  
*"Our refuge and fortress, the God we trust!"* **Ps 91:1-2**
- <sup>3</sup>He delivers *you* from the trapper's snare  
and deadly pestilence.
- <sup>4</sup>He covers you with his pinions;  
you can find refuge under his wings;  
his faithfulness shields and protects you.
- <sup>5</sup>You won't be afraid of terrors at night,  
of arrows that fly by day,  
<sup>6</sup>of pestilence that lurks in the dark,  
or destruction that lays waste at noon.
- <sup>7</sup>A thousand may fall at your side,



ten thousand by your right hand;  
but disaster won't touch you.

<sup>8</sup>You'll stand by and watch his recompense to the wicked,  
<sup>9</sup>because you've made the LORD your refuge,  
the Most High your hiding place.

<sup>10</sup>Misfortune won't fall on you;  
no plague will get near you.

**Ps 91:3-10**

<sup>11</sup>He'll make his angels responsible  
for guarding you whatever you do.

<sup>12</sup>They'll carry you  
so you won't trip over a rock.

<sup>13</sup>You'll step on lions and cobras  
and crush them.

<sup>14</sup>*"I'll rescue them that love me  
and set up high those who know me.*

<sup>15</sup>*They'll call on me, and I'll answer them;  
I'll be with them in trouble,  
rescue and honor them.*

<sup>16</sup>*I'll satisfy them with long life  
and give them salvation."*

**Ps 91:11-16**

## **Psalm 92**

A Psalm

A Song for the Sabbath

<sup>1</sup>It's good to thank you, LORD,  
to sing praises to you, Most High;  
<sup>2</sup>to declare your enduring love in the morning  
and your faithfulness at night  
<sup>3</sup>with a lute and a ten-stringed harp,  
with melody on a lyre.  
<sup>4</sup>Because you've made me happy by what you've done,  
I'll sing for joy over what you do.

**Ps 92:1-4**

<sup>5</sup>Your deeds are so great, LORD,

your thoughts so deep!  
<sup>6</sup>Senseless people don't realize,  
 ignorant mortals don't understand  
<sup>7</sup>that when sinners sprout up like grass  
 and the wicked flourish,  
 it's only that they'll be destroyed forever.  
<sup>8</sup>But you're on high forever.  
<sup>9</sup>Your enemies will perish;  
 everybody that sins will scatter. **Ps 92:5-9**

<sup>10</sup>You've made me as strong as a wild ox  
 and anointed me with fresh oil.  
<sup>11</sup>I've looked in triumph at my enemies  
 and heard about *the defeat of* my attackers.

<sup>12</sup>Good people flourish like palm trees;  
 they grow like cedars in Lebanon.  
<sup>13</sup>Planted in the LORD's Temple,  
 they flourish in the courts of our God.  
<sup>14</sup>They bear fruit even when they're old;  
 they're still green and full of energy.  
<sup>15</sup>They declare that the LORD is good,  
 that he's our rock; there's nothing bad about him. **Ps 92:10-15**

### Psalm 93

<sup>1</sup>The LORD reigns, robed in majesty,  
 dressed in strength.  
 The world stands firm; it won't move.  
<sup>2</sup>Your throne has been secure from of old;  
 you're from eternity past.  
<sup>3</sup>The floods have swelled;  
 the roar of their pounding waves has increased.  
<sup>4</sup>*But* more than the thunder of overwhelming water,  
 more than the mighty ocean breakers *against the shore*,  
 LORD on high, you are powerful.

<sup>5</sup>Your decrees stand firm;  
holiness adorns your Temple forever.

Ps 93:1-5

### Psalm 94

<sup>1</sup>LORD God of vengeance, shine!

<sup>2</sup>Rise up, Judge of the whole world;  
repay the proud.

<sup>3</sup>How long will *you let* sinners celebrate?

<sup>4</sup>How long will they pour out their arrogant words,  
vaunt themselves up

<sup>5</sup>crush your people,  
attack your heritage

<sup>6</sup>murder widows and foreigners and orphans,

<sup>7</sup>and say, "*The LORD's not watching;*

*Jacob's God is not paying attention.*"

Ps 94:1-7

<sup>8</sup>You silly people, you pay attention;  
when will you *ever* understand?

<sup>9</sup>Can't he hear, who created the ear?  
Can't he see, who formed the eye?

<sup>10</sup>Won't he that rebukes nations, discipline you;  
doesn't the Source of knowledge know what you're doing?

<sup>11</sup>The LORD knows that your thoughts  
are nothing but hot air.

<sup>12</sup>The ones you discipline are blessed, LORD,  
*the ones you* teach out of the Law;

<sup>13</sup>so you can grant them relief in adversity,  
till you dig a pit for the wicked.

<sup>14</sup>The LORD won't abandon his people  
or forsake his inheritance.

<sup>15</sup>The administration of justice will be good again,  
and the godly will follow it.

<sup>16</sup>Who *else* will stand up for me against evil people?  
Who *else* will take a stand for me against sinners?

Ps 94:8-16

<sup>17</sup>If the LORD hadn't helped me,  
I would soon have occupied the silent place.

<sup>18</sup>When I cried out, "*I'm slipping,*"  
his enduring love kept me from falling.

<sup>19</sup>When my anxious thoughts multiplied,  
he cheered me up.

<sup>20</sup>Can corrupt rulers be his allies  
and plot schemes with their wicked laws?

<sup>21</sup>Can they gang up on good people  
and condemn the innocent to death?

<sup>22</sup>No, because the LORD is my fortress;  
my God the Rock is my refuge.

<sup>23</sup>He'll bring their sinfulness back on them  
and destroy them with their own evil;  
the LORD our God will wipe them out.

**Ps 94:17-23**

### **Psalm 95**

<sup>1</sup>Come, let's sing to the LORD;  
let's make a joyful sound to the Rock that saves us.

<sup>2</sup>Let's go to him with thanksgiving  
and sing to him with psalms.

<sup>3</sup>The LORD is a great God,  
a great King above all gods.

<sup>4</sup>He controls the deep sea;  
he owns the mountain peaks

<sup>5</sup>and the ocean because he created them;  
he made the dry land.

**Ps 95:1-5**

<sup>6</sup>Come, let's bow in worship;  
let's kneel to the LORD our Maker.

<sup>7</sup>He's our God, and we're sheep in his pasture,  
the flock under his care.

If you hear him today,

<sup>8</sup>don't harden your hearts like they did at Meribah

that day at Massah in the desert.

<sup>9</sup>Your ancestors kept testing me  
though they'd been seeing my work for 40 years.

<sup>10</sup>I detested that generation and said,

*"They err in their hearts;  
they don't know my ways."*

<sup>11</sup>So I swore in my anger,

*"They certainly won't enter my rest."*

**Ps 95:6-11**

### **Psalm 96**

<sup>1</sup>Sing a new song to the LORD;  
sing to him, all the earth.

<sup>2</sup>Bless him in song;  
proclaim every day the good news that he saves.

<sup>3</sup>Tell about his glory the world over,  
his marvelous deeds among the nations.

<sup>4</sup>The LORD is great and deserves great praise;  
he's to be respected more than all gods

<sup>5</sup>because the nations' gods are idols,  
but the LORD created the sky.

<sup>6</sup>Honor and majesty lie in him;  
strength and beauty fill his sanctuary.

**Ps 96:1-6**

<sup>7</sup>Families of the nations,  
attribute to the LORD honor and strength.

<sup>8</sup>Attribute to the LORD the glory he deserves;  
take an offering to his courts.

<sup>9</sup>Worship him in holy attire;  
tremble at him, all the earth.

<sup>10</sup>Say among the nations, *"The LORD reigns;  
yes, the world is firmly set; it won't move;  
he'll judge the nations fairly."*

<sup>11</sup>Let the heavens be happy and the earth rejoice;  
let the ocean roar and everything that's in it;

<sup>12</sup>let the fields celebrate and all that grows there;

then the trees in the forest will sing <sup>13</sup>to the LORD  
because he'll judge the world with justice  
and its people with truth.

**Ps 96:7-13**

### **Psalm 97**

<sup>1</sup>The LORD reigns; let the world rejoice;  
let the distant shores be glad.  
<sup>2</sup>Clouds and dense darkness surround him;  
goodness and justice are the foundation for his throne.  
<sup>3</sup>Fire goes forth ahead of him  
and burns up his adversaries.  
<sup>4</sup>His lightning lights up the world;  
the world sees it and trembles.  
<sup>5</sup>The mountains melt like wax  
at his presence everywhere.  
<sup>6</sup>The sky declares his goodness;  
every nation can see his glory.

**Ps 97:1-6**

<sup>7</sup>Let those who worship carved images be discredited,  
those who take pride in idols;  
bow to him, all you gods.  
<sup>8</sup>Zion hears that and is happy;  
the towns in Judah celebrate  
because of your justice, LORD,  
<sup>9</sup>You're greater than all gods.  
  
<sup>10</sup>Hate evil, you that love the LORD,  
who preserves his holy people  
and delivers them from sinners.  
<sup>11</sup>Light is sown like seed for the godly,  
like happiness for the godly in heart.  
<sup>12</sup>Be happy in him, good people;  
praise him for his holiness.

**Ps 97:7-12**

### **Psalm 98**

## A Psalm

<sup>1</sup>Sing a new song to the LORD  
     because he's done outstanding things;  
     his right hand and holy arm have given him victory.

<sup>2</sup>He has made his salvation known  
     and revealed his goodness to the nations.

<sup>3</sup>He has remembered his enduring love  
     and faithfulness to Israel;  
     people the earth over have seen  
     the deliverance our God gives.

Ps 98:1-3

<sup>4</sup>Make a joyful sound to the LORD, all the earth;  
     break out in joyful song.

<sup>5</sup>Sing praises to him with lyre and melody;  
     <sup>6</sup>make a joyful sound with trumpets and rams' horns  
     to the King, the LORD.

<sup>7</sup>Let the ocean roar and everything in it,  
     the world and those who live here.

<sup>8</sup>Let the rivers clap their hands;  
     let the mountains sing <sup>9</sup>to the LORD  
     because he's coming to judge the world righteously  
     and *its* people fairly.

Ps 98:4-9

## Psalm 99

<sup>1</sup>The LORD reigns;  
     let the people tremble;  
     he sits on his throne above the cherubs;  
     let the earth quake!

<sup>2</sup>The LORD is great in Zion;  
     he's exalted above all nations.

<sup>3</sup>Let them praise his great, awesome name;  
                                     **he is holy.**

<sup>4</sup>The great King who loves justice  
     has established what's fair for all.

<sup>5</sup>Exalt the LORD our God  
and worship at his feet; **he is holy.** **Ps 99:1-5**

<sup>6</sup>Moses and Aaron were among his priests;  
Samuel too was one who called on him;  
they called on the LORD and he answered them.  
<sup>7</sup>He spoke to them in the pillar of cloud;  
they kept the testimonies and statutes he gave them.  
<sup>8</sup>He was a forgiving God;  
yet he disciplined them for their sins.  
<sup>9</sup>Exalt the LORD our God  
and worship on his holy mountain; because  
**he is holy.** **Ps 99:6-9**

### **Psalm 100**

A Psalm for Thanksgiving

<sup>1</sup>Make a joyful sound to the LORD, all the earth.  
<sup>2</sup>Serve him gladly;  
come to him with singing.  
<sup>3</sup>Acknowledge that the LORD is God;  
he made us; we didn't make ourselves.  
We're his people, sheep in his pasture.  
<sup>4</sup>Enter his gates with thanksgiving  
and his courts with praise.  
Thank him and bless him <sup>5</sup>because he's good;  
his enduring love never ends;  
his faithfulness extends to every generation. **Ps 100:1-5**

### **Psalm 101**

A Psalm of David

<sup>1</sup>I'll sing about your enduring love and justice,  
and sing praises to you, LORD.  
<sup>2</sup>I'll pay attention to the way that's blameless;  
when will you come to help me?



In my home I'll walk in integrity.  
<sup>3</sup>I won't set anything base beside me;  
 I'll hate what they do who fall away;  
 I'll stay away from them.  
<sup>4</sup>I'll cast perverse things out of my heart  
 and have nothing to do with evil.  
<sup>5</sup>I'll withdraw from anyone that slanders another;  
 I won't put up with people  
 that have haughty looks or arrogant hearts. **Ps 101:1-5**  
<sup>6</sup>I'll focus my attention on the faithful  
 to be my friends.

Those who follow the blameless way  
 are the ones that will be my servants.  
<sup>7</sup>I won't let deceivers serve in my Temple;  
 liars won't maintain their relationship with me.  
<sup>8</sup>Each morning I'll destroy the wicked in the land  
 and rid the city of the LORD of everyone that sins. **Ps 101:6-8**

## **Psalm 102**

A Prayer by the Oppressed When They're Faint  
 and Pour Out Their Complaint to the LORD

<sup>1</sup>Listen to my prayer, LORD!  
 Let my cry come to you.  
<sup>2</sup>Don't turn away from me in my distress;  
 when I call, answer quickly.  
<sup>3</sup>My days dissipate like smoke;  
 my bones lie scorched on a hearth.  
<sup>4</sup>My heart is weak and withers away like grass;  
 I have no appetite <sup>5</sup>in my loud groaning;  
 I'm skin and bones.  
<sup>6</sup>I'm like a pelican in the desert,  
 like an owl in desolate places;  
<sup>7</sup>I lie awake  
 like a lonely bird on a housetop. **Ps 102:1-7**

<sup>8</sup>My enemies taunt me all day;  
they ridicule me and use my name as a curse.

<sup>9</sup>I eat ashes for food  
and mix my drink with tears  
<sup>10</sup>because of your indignation,  
because you've thrown me away.

<sup>11</sup>My days are like a shadow;  
I wither like the grass.

<sup>12</sup>But you live forever, LORD;  
you endure for all generations.

<sup>13</sup>Have mercy on Zion;  
it's time to be gracious to it;  
the appointed time has come.

<sup>14</sup>Your servants delight in its *very* rocks  
and have regard *even* for its dust.

<sup>15</sup>So the nations will respect the LORD;  
kings *will respect* your honor.

<sup>16</sup>The LORD will build up Zion;  
he'll appear in his glory.

<sup>17</sup>He'll have regard for the destitute;  
he won't disregard their prayer.

**Ps 102:8-17**

<sup>18</sup>Write this for the next generation,  
so people not yet born will praise the LORD:

<sup>19</sup>He looked down from his holy height;  
from heaven he gazed at earth  
<sup>20</sup>to hear the groaning prisoners,  
to free those doomed to die;

<sup>21</sup>so people will celebrate the LORD in Zion  
and praise him in Jerusalem

<sup>22</sup>when the nations gather  
and the kingdoms *assemble* to serve him.

**Ps 102:18-22**

<sup>23</sup>He weakened my strength  
in the course of my life and shortened it.

<sup>24</sup>I say to him,  
*My God, don't take me away in the middle of life;*

*you live throughout all generations.*  
<sup>25</sup>*You founded the earth long ago;*  
*the sky is your handiwork.*  
<sup>26</sup>*Even they will perish, but you'll remain;*  
*they'll wear out like a robe,*  
*and you'll change them like clothes.*  
<sup>27</sup>*But you'll be the same; your years won't end.*  
<sup>28</sup>*Your people's children will continue in security;*  
*their descendants will thrive in your presence."* **Ps 102:23-28**

### **Psalm 103**

*A Psalm of David*

<sup>1</sup>**Bless the LORD, all that I am!**  
 Everything that's in me, bless him.  
<sup>2</sup>**Bless the LORD, all that I am;**  
 May I never forget how he helps me:  
<sup>3</sup>he pardons my sins  
 and heals my diseases;  
<sup>4</sup>he rescues me from the Pit  
 and crowns me with enduring love and mercy;  
<sup>5</sup>he satisfies my years with good things,  
 and renews my youth like an eagle's. **Ps 103:1-5**

<sup>6</sup>The LORD performs good deeds  
 and renders justice for people mistreated.  
<sup>7</sup>He made his ways known to Moses  
 and demonstrated his acts to Israel.  
<sup>8</sup>The LORD is merciful and gracious,  
 slow to anger and abounding in enduring love.  
<sup>9</sup>He won't constantly confront us  
 or always be angry with us.  
<sup>10</sup>He hasn't dealt with us according to our sins  
 or rewarded us in proportion to our iniquities.  
<sup>11</sup>As high as the sky is above the earth,  
 so great is his enduring love toward those who respect him.  
<sup>12</sup>As far as the east is from the west,

that's how far he's removed our sins from us.

<sup>13</sup>Like a father that has mercy on his children,  
the LORD has mercy on those who respect him.

<sup>14</sup>He knows how we're made;  
he's aware that we're only dust.

**Ps 103:6-14**

<sup>15</sup>People are like grass,  
they flourish like flowers in a field.

<sup>16</sup>When the wind blows on them, they're gone  
like they'd never been there.

<sup>17</sup>The LORD's enduring love is  
from eternity past to future for them who respect him;  
his goodness is to children's children

<sup>18</sup>to those who keep his covenant,  
that obey his commandments.

**Ps 103:15-18**

<sup>19</sup>The LORD has secured his throne in the sky;  
he's sovereign everywhere.

<sup>20</sup>**Bless the LORD**, angels, great in power,  
who do what he says and obey him.

<sup>21</sup>**Bless the LORD**, all his hosts  
who serve him and do his will.

<sup>22</sup>**Bless the LORD**, everything he's created  
everywhere he reigns.

**Bless the LORD, everything that I am!**

**Ps 103:19-22**

### **Psalm 104**

<sup>1</sup>**Bless the LORD, everything that I am!**

LORD my God, you're so great;  
you're dressed in splendor and majesty.

<sup>2</sup>You cover yourself with light as with a robe;  
you've stretched out the sky like a tent.

<sup>3</sup>You laid the beams for your rooms on the water;  
you make the clouds your chariot  
and walk on the wind.

<sup>4</sup>You make the winds your messengers

and blazing fire your ministers.

**Ps 104:1-4**

<sup>5</sup>You built the earth on foundations  
so it would never shift.

<sup>6</sup>You covered it with the ocean like a robe  
deeper than the mountains.

<sup>7</sup>At your rebuke it receded;  
at the sound of your thunder, it withdrew.

<sup>8</sup>The mountains rose up; the valleys sank down  
to the level you determined for them to have.

<sup>9</sup>You set a boundary *the water* couldn't cross  
so it wouldn't flow back over the earth again.

**Ps 104:5-9**

<sup>10</sup>You make springs in the valleys  
so creeks flow between the mountains.

<sup>11</sup>They water the animals in the countryside  
and quench the thirst of wild donkeys.

<sup>12</sup>Birds live beside them  
and chirp in the trees.

<sup>13</sup>You water the mountains from your home above;  
your work provides for the earth.

**Ps 104:10-13**

<sup>14</sup>You make grass grow for the livestock  
and crops from people's labor  
so they could produce food from the ground  
<sup>15</sup>and wine to cheer them up,  
so they could make their faces shine with oil  
and grow food to sustain them.

<sup>16</sup>The LORD's trees drink their fill,  
Lebanon's cedars that he planted,  
<sup>17</sup>where birds build their nests  
and storks make roosts in fir trees.

**Ps 104:14-17**

<sup>18</sup>High mountains are for wild goats,  
and rocks provide cover for badgers.

<sup>19</sup>You made the moon to mark the seasons;  
the sun knows where to set.

<sup>20</sup>You send darkness, and it becomes night;

wild animals prowl around in it.

<sup>21</sup>Young lions roar after their prey  
and seek their food from God.

<sup>22</sup>When the sun comes up,  
they go back and lie down in their dens,  
<sup>23</sup>and people go out to work till evening.

**Ps 104:18-23**

<sup>24</sup>LORD, how many things you've done!  
you've done them all with wisdom  
and filled the earth with your creations.

<sup>25</sup>Yonder is the ocean, big and wide;  
it teems with schools of fish without number,  
marine life large and small.

<sup>26</sup>Ships move along on it,  
Leviathan too, which you formed to play in it.

**Ps 104:24-26**

<sup>27</sup>They all depend on you  
to feed them when it's time.

<sup>28</sup>You give them food, and they gather it;  
you open your hand and satisfy them with good.

<sup>29</sup>If you hide, they're scared;  
you take away their breath, and they die.

<sup>30</sup>You send out your breath, and they're created;  
you renew the surface of the ground.

**Ps 104:27-30**

<sup>31</sup>Let the LORD's honor endure forever;  
let him delight in things he's made.

<sup>32</sup>The world trembles at his look;  
the mountains smoke at his touch.

<sup>33</sup>I'll sing to the LORD as long as I live;  
I'll sing praise to my God as long as I'm here.

<sup>34</sup>May my meditations please him;  
I'll be happy in him.

<sup>35</sup>Let sinners vanish from the earth;  
let the wicked cease to exist.

**Bless the LORD, everything that I am!**

**Hallelujah!**

**Ps 104:31-35**

## Psalm 105

<sup>1</sup>**Be grateful to the LORD**; call on him;  
tell the nations what all he's done.

<sup>2</sup>Sing praises to him;  
talk about the amazing acts.

<sup>3</sup>Take pride in his holy name;  
let the people be happy that rely on him.

<sup>4</sup>Rely on the LORD and his strength;  
depend on him always.

<sup>5</sup>Remember his amazing miracles,  
the judgments he's rendered,  
<sup>6</sup>descendants of Abraham his servant,  
children of Jacob, his chosen ones!

<sup>7</sup>He's the LORD our God,  
who renders judgment all over the world.

Ps 105:1-7

<sup>8</sup>He remembers his eternal covenant,  
the message he commanded to a thousand generations,  
<sup>9</sup>*his covenant* with Abraham, his oath to Isaac.

<sup>10</sup>his statute confirmed to Jacob  
as an ongoing covenant.

<sup>11</sup>He swore, *"I'll give you Canaan to inherit."*

<sup>12</sup>When they were just a few,  
temporary residents,

<sup>13</sup>they wandered from nation to nation,  
from kingdom to kingdom.

<sup>14</sup>He didn't let anybody oppress them;  
he reprimanded kings on their behalf:

<sup>15</sup>*"Don't touch my anointed ones;  
don't harm my prophets."*

Ps 105:8-15

<sup>16</sup>He called for a famine in the land  
and cut off their food supply.

<sup>17</sup>He sent a man ahead of them,  
Joseph, sold as a slave.

- <sup>18</sup>They hurt his feet with restraints  
and put an iron collar around his neck  
<sup>19</sup>till *God's* message came to him  
and revealed what kind of man he was.
- <sup>20</sup>The king released him;  
the people's ruler let him go.
- <sup>21</sup>He made him master of his household,  
steward over everything he owned,  
<sup>22</sup>even to imprison his officials if he saw fit  
so he could teach his elders wisdom. Ps 105:16-22
- <sup>23</sup>Then Israel/*Jacob* went down to Egypt  
and lived as a foreigner in the land of Ham.
- <sup>24</sup>*God* multiplied his people  
and made them stronger than their enemies,  
<sup>25</sup>whose hearts he turned against his people  
to mistreat them.
- <sup>26</sup>*Then* he sent Moses his servant  
and Aaron his chosen one  
<sup>27</sup>to perform *his* amazing acts among them,  
miracles in the land of Ham:
- <sup>28</sup>he engulfed their land in **darkness**  
*when* they defied him and his message;
- <sup>29</sup>he turned their **water to blood**  
and killed their fish; Ps 105:23-29
- <sup>30</sup>**frogs** overran the land  
even into the king's bedrooms;
- <sup>31</sup>swarms of **flies** came,  
and **gnats** infested the whole region;
- <sup>32</sup>he gave them **hail** for rain,  
and lightning flashed in the land;
- <sup>33</sup>he struck down their grapevines and fig trees  
and stripped their trees;
- <sup>34</sup>he summoned countless young **locusts** to come  
<sup>35</sup>and eat the vegetation in the country  
and devour the produce from the ground;
- <sup>36</sup>he struck the *Egyptians'* **firstborn**,  
the first issue of their strength. Ps 105:30-36



<sup>37</sup>Then he brought Israel out with silver and gold;  
     nobody among the tribes faltered.  
<sup>38</sup>The Egyptians were glad when they left  
     because they'd come to dread them.  
<sup>39</sup>He spread a cloud over them  
     and sent fire to light up the night.  
<sup>40</sup>They asked, and he brought quail  
     and satisfied them with manna from the sky.  
<sup>41</sup>He opened a rock and water came out  
     and ran into the desert like a stream.  
<sup>42</sup>He remembered his sacred promise  
     to Abraham his servant.  
<sup>43</sup>He brought his people out with joy and celebration.  
<sup>44</sup>He gave them the lands of nations,  
     and they harvested what those nations had grown;  
<sup>45</sup>*he did it* so they would keep his statutes  
     and observe his laws.

**Hallelujah!**

**Ps 105:37-45**

### **Psalm 106**

**<sup>1</sup>Hallelujah!**

**Be grateful to the LORD because he's good;  
 his enduring love lasts forever.**

<sup>2</sup>Who can recount all his mighty deeds?  
     Who can ever praise him enough?  
<sup>3</sup>How blessed they are who maintain justice,  
     who practice goodness all the time!

<sup>4</sup>Remember me, LORD, when you're gracious to your people;  
     come and rescue me  
     <sup>5</sup>so I can share in your holy people's prosperity,  
     celebrate in your nation's happiness,  
     and glory in your heritage.

**Ps 106:1-5**

<sup>6</sup>We and our ancestors have sinned,

committed iniquity, and behaved badly.

<sup>7</sup>Our ancestors in Egypt didn't get the point of the LORD's amazing acts  
or remember his abundant kindness;  
instead, they rebelled against him at the Red Sea.

<sup>8</sup>Nevertheless, he saved them to defend his honor  
and demonstrate his power.

<sup>9</sup>He commanded the Red Sea to dry up,  
and led them through its depths as through a desert.

<sup>10</sup>He saved them from those who hated them;  
he rescued them from their enemy.

<sup>11</sup>The water drowned their adversaries;  
not a one survived.

<sup>12</sup>Then they believed in him and praised him in song. **Ps 106:6-12**

<sup>13</sup>*But* they soon forgot what he'd done  
and didn't wait for his direction,  
<sup>14</sup>but made loud demands  
and put him on trial in the desert.

<sup>15</sup>So he gave them what they asked for,  
but sent a wasting disease among them. **Ps 106:13-15**

<sup>16</sup>When men in the camp got jealous of Moses  
and of Aaron, the LORD's holy priest,  
<sup>17</sup>the ground opened up  
and swallowed Dathan and Abiram's rebels.

<sup>18</sup>Fire broke out among their companions  
and consumed the sinful. **Ps 106:16-18**

<sup>19</sup>They made a calf at Horeb/*Sinai*  
and worshiped a molten image;  
<sup>20</sup>they exchanged their Glorious One  
for an image of a bull that eats grass.

<sup>21</sup>They forgot God, who'd saved them  
and done such great things in Egypt,  
<sup>22</sup>amazing things in Ham,  
awesome things at the Red Sea.

<sup>23</sup>So he said he'd destroy them.  
If Moses, his chosen one, hadn't stood in the gap

to turn away his wrath, he would've done it.

<sup>24</sup>They refused to enter the pleasant land  
and didn't believe what he promised;

<sup>25</sup>they grumbled in their tents  
and didn't listen to the LORD.

<sup>26</sup>So he swore he'd let them die in the desert,  
<sup>27</sup>disperse their descendants among the nations,  
and scatter them in other lands.

**Ps 106:19-27**

<sup>28</sup>They joined in the worship of Baal-peor  
and ate sacrifices to the dead.

<sup>29</sup>What they did provoked him  
to send a plague out among them.

<sup>30</sup>Then Phinehas got up and intervened;  
so the plague stopped.

<sup>31</sup>He's been considered a good man ever since.

**Ps 106:28-31**

<sup>32</sup>They'd already provoked *God* at Meribah  
and got Moses in *serious* trouble <sup>33</sup>for speaking rashly.

<sup>34</sup>Later, they failed to eradicate the nations like the LORD told them to,  
<sup>35</sup>but mixed in with them, learned their practices,

<sup>36</sup>and served their idols, which led to their downfall.

<sup>37</sup>They even sacrificed sons and daughters to the demons

<sup>38</sup>and thereby shed innocent blood,  
the blood of their sons and daughters  
that they sacrificed to the idols of Canaan;  
they polluted the land with blood.

<sup>39</sup>So they defiled themselves with their practices  
and played the prostitute in their deeds.

**Ps 106:32-39**

<sup>40</sup>The LORD's anger so sparked against his people  
that he abhorred his special possession.

<sup>41</sup>So he gave them over to the surrounding nations;  
people that hated them ruled them;

<sup>42</sup>their enemies subdued them  
and oppressed them.

<sup>43</sup>Many times he delivered them,  
but they kept rebelling with their own intentions  
and sank into sin.

Ps 106:40-43

<sup>44</sup>Nevertheless, he felt compassion for them  
when he heard them cry out in distress.

<sup>45</sup>He remembered his covenant  
and relented because of his enduring love.

<sup>46</sup>He even made their captors be kind to them.

<sup>47</sup>Save us, LORD our God;  
retrieve us from the nations  
so we can thank you and glory in praising you.

<sup>48</sup>Bless the LORD God of Israel  
from everlasting to everlasting.  
Everybody say, "*Amen.*"

**Hallelujah!**

Ps 106:44-48

## BOOK 5

### Psalm 107

<sup>1</sup>**Be grateful to the LORD because he's good;  
his love endures forever.**

<sup>2</sup>Let his redeemed say it,  
the ones he rescued from their adversaries  
<sup>3</sup>and gathered from other countries  
east and west, north and south.

Ps 107:1-3

<sup>4</sup>Some wandered in trackless desert  
and couldn't find their way to any inhabited city.

<sup>5</sup>Hungry and thirsty,  
their souls fainted inside them.

<sup>6</sup>**Then they appealed to the LORD in their trouble,  
and he delivered them from it;**

<sup>7</sup>he led them straight to a city they could live in.

<sup>8</sup>**They need to thank him for his enduring love  
and his awesome acts for his people!**

<sup>9</sup>He satisfies the thirsty  
and fills the hungry with good things. **Ps 107:4-9**

<sup>10</sup>Some sat in darkness and death's shadow,  
prisoners suffering in iron shackles,  
<sup>11</sup>because they'd rebelled against what God said  
and spurned the advice of the Most High.

<sup>12</sup>So he humbled them with labor;  
they stumbled and nobody was there to help.

<sup>13</sup>**Then they appealed to the LORD in their trouble,  
and he delivered them from it.**

<sup>14</sup>He brought them out of darkness and death's shadow  
and broke their chains.

<sup>15</sup>**They need to thank him for his enduring love  
and his awesome acts for his people!**

<sup>16</sup>because he shattered bronze gates  
and cut iron bars in two. **Ps 107:10-16**

<sup>17</sup>**Some** were fools  
and suffered because they rebelled and sinned.

<sup>18</sup>The very sight of food was repulsive to them;  
they came close to dying.

<sup>19</sup>**Then they appealed to the LORD in their trouble,  
and he delivered them from distress.**

<sup>20</sup>He sent his message to heal them  
and delivered them from destruction.

<sup>21</sup>**They need to thank him for his enduring love  
and his wonderful acts for his people!**

<sup>22</sup>Let them offer sacrifices of thanksgiving  
and tell about his deeds with joyful singing. **Ps 107:17-22**

<sup>23</sup>**Some** went down to ships by the sea  
and did business on the ocean;

<sup>24</sup>they, too, have seen what the LORD can do,  
his powerful acts on the great deep.

<sup>25</sup>He spoke and a storm arose  
that whipped up the waves,

- <sup>26</sup>waves that swelled up toward the sky  
and crashed down to the depths;  
sailors' courage melted away in their terror.
- <sup>27</sup>They reeled and staggered like drunks;  
they were at their wits' end.
- <sup>28</sup>**Then they appealed to the LORD in their trouble,  
and he delivered them from distress.**
- <sup>29</sup>He stilled the storm and calmed the waves.
- <sup>30</sup>Then they were happy because they had quiet;  
so he guided them to the port they desired.
- <sup>31</sup>**They need to thank him for his enduring love  
and his wonderful acts for his people!**
- <sup>32</sup>Let them extol him in front of the community  
and praise him at the elders' seats. Ps 107:23-32
- <sup>33</sup>He transforms rivers into desert,  
springs into thirsty ground,  
<sup>34</sup>productive land into a salt waste  
because sinful people live there.
- <sup>35</sup>But he transforms a desert into a sea,  
dry land into springs.
- <sup>36</sup>He enables hungry people to live there  
and build a city,  
<sup>37</sup>sow fields, plant vineyards,  
and gather a big harvest. Ps 107:33-37
- <sup>38</sup>He blesses them and they multiply;  
he keeps the *number* of their livestock from decreasing.
- <sup>39</sup>When they're decreased and brought low  
through oppression, misery, and sorrow,  
<sup>40</sup>he pours contempt on their rulers  
and makes them wander in trackless wasteland.
- <sup>41</sup>But he sets the needy safely on high away from adversity  
and makes their families like a flock.
- <sup>42</sup>The godly see it and are happy,  
but bad people don't have anything they can say.
- <sup>43</sup>Who is wise? Pay attention to these things  
and think about the LORD's enduring love. Ps 107:38-43

## Psalm 108

A Song. A Psalm of David

<sup>1</sup>I'm steadfast, God;  
     I'll sing praises in my heart.  
<sup>2</sup>Wake up, harp and lyre;  
     I'll wake up at dawn!  
<sup>3</sup>I'll thank you, LORD, among the nations  
     and sing praises to you everywhere,  
<sup>4</sup>because your enduring love is bigger than the sky;  
     your truth is as high as the heavens.  
<sup>5</sup>Be lifted up, God, above the sky;  
     display your glory the world over.  
<sup>6</sup>Save with your power and answer me  
     so your beloved can be delivered.

Ps 108:1-6

<sup>7</sup>God has spoken in his holiness:  
     *"I'll gladly divide up Shechem.  
<sup>8</sup>Gilead and Manasseh belong to me;  
     Ephraim, my helmet;  
     Judah, my scepter;  
<sup>9</sup>Moab, my washbasin;  
     I'll wipe my feet on Edom  
     and shout in triumph over Philistia."*

Ps 108:7-9

<sup>10</sup>Who will take me to the besieged city?  
     Who will lead me to Edom?  
<sup>11</sup>Are you rejecting us, God?  
     Aren't you going out with our armies?  
<sup>12</sup>Help us against our adversary  
     because human help can't save us.  
<sup>13</sup>Through you, we'll do mightily;  
     you can tramp down our enemies.

Ps 108:10-13

## Psalm 109

## For the Choir Director. A Psalm of David

<sup>1</sup>God that I praise, speak up for me!

<sup>2</sup>Deceitful people speak against me;  
they slander me with lies.

<sup>3</sup>They surround me with hateful words  
and fight me for no reason.

<sup>4</sup>In return for my love, they accuse me  
even when I'm praying for them.

<sup>5</sup>They repay me evil for good,  
hatred for love.

**Ps 109:1-5**

<sup>6</sup>Appoint someone corrupt over them,  
an accuser to stand beside them.

<sup>7</sup>When they're judged, pronounce them guilty;  
count even their prayers as acts of sin.

<sup>8</sup>Shorten their lives  
and give someone else their position of oversight.

<sup>9</sup>Make their children fatherless  
and their wives widows.

<sup>10</sup>Have their children go begging,  
looking for food far from their ruined homes.

<sup>11</sup>Have their creditors seize everything they own  
and foreigners plunder what they'd labored to produce.

<sup>12</sup>May no one extend enduring love to them  
or be gracious to their fatherless children.

<sup>13</sup>Cut off their posterity;  
erase their names from the next generation.

**Ps 109:6-13**

<sup>14</sup>LORD, remember their fathers' sins  
and not blot out their mothers' transgressions;

<sup>15</sup>always keep them in mind;

Have people forget they ever lived,

<sup>16</sup>because they didn't show enduring love;  
they persecuted poor, needy people,  
and murdered the despondent.

<sup>17</sup>They loved to curse; put curses on them!  
they didn't like to bless; don't bless them!



<sup>18</sup>They cover themselves with cursing like clothes;  
 it soaks into their bodies like water,  
 down to the bone like oil!

<sup>19</sup>Put it on them like a robe they have to wear all the time,  
 like a belt they always have on.

<sup>20</sup>Make such things the LORD's reward to accusers  
 that claim bad things about me.

**Ps 109:14-20**

<sup>21</sup>But LORD God, deal graciously with me  
 because your enduring love is good;  
 deliver me <sup>22</sup>because I'm poor and needy  
 and wounded in my heart.

<sup>23</sup>I'm passing on like a lengthening shadow;  
 I'm brushed off like a locust.

<sup>24</sup>My knees are weak from fasting;  
 I'm skin and bones.

<sup>25</sup>I'm someone people scorn;  
 they just shake their heads at the sight of me.

**Ps 109:21-25**

<sup>26</sup>Help me, LORD my God;  
 in your enduring love, save me.

<sup>27</sup>Show them this is your doing.

<sup>28</sup>Let them curse, but you bless;  
 when they attack me, humiliate them,  
 and I'll be happy.

<sup>29</sup>Dress those accusers in dishonor;  
 cover them with their humiliation like a cloak.

**Ps 109:26-29**

<sup>30</sup>I'll praise the LORD repeatedly;  
 I'll praise him in front of everyone,  
<sup>31</sup>because he stands by the needy  
 to save them from those who condemn them to death.

**Ps 109:30-31**

### **Psalm 110**

A Psalm of David

<sup>1</sup>The LORD said to my Lord,

*“Sit at my right hand  
till I make your enemies your footstool.”*

<sup>2</sup>The LORD will extend your mighty scepter from on Zion,  
*and say, “Rule your enemies.”*

<sup>3</sup>Your soldiers will volunteer readily  
when you muster your army in holy array;  
your strength will be renewed  
every morning like the dew.

<sup>4</sup>The LORD has sworn and won’t change his mind,  
*“You’re a priest forever after the order of Melchizedek.”*

<sup>5</sup>The LORD is at your right hand  
to shatter kings when it’s time to display his anger.

<sup>6</sup>He’ll render judgment against the nations by filling them with corpses;  
he’ll shatter leaders worldwide.

<sup>7</sup>He’ll refresh himself from streams along the way  
and raise up his head *in triumph*.

**Ps 110:1-7**

## **Psalm 111**

### **<sup>1</sup>Hallelujah!**

I thank the LORD with all my heart  
in the presence of his godly people.

<sup>2</sup>His works are so outstanding  
no one that delights in them  
can quit thinking about them;

<sup>3</sup>their splendor and majesty  
reflect his eternal goodness;

<sup>4</sup>he makes his amazing acts memorable  
because they show his grace and mercy.

<sup>5</sup>He feeds those who respect him  
and remembers his covenant *with them*;

<sup>6</sup>he demonstrated his power to his people  
by giving them other nations’ land.

**Ps 111:1-6**

<sup>7</sup>His works are just and true;  
so his people can trust his commandments

- <sup>8</sup>to bring eternal security  
when they practice them sincerely.
- <sup>9</sup>He has provided redemption for his people  
and ordained his covenant with them forever;  
he's holy and awesome.
- <sup>10</sup>Respecting the LORD is the most important thing about being wise;  
doing what he commands brings understanding.
- Praise him forever. **Ps 111:7-10**

## Psalm 112

### <sup>1</sup>**Hallelujah!**

- How blessed people are that respect the LORD  
and delight in what he calls on them to do.
- <sup>2</sup>Their descendants will be successful  
and a blessing to their own generation.
- <sup>3</sup>They'll have wealth and riches in their homes,  
and **their goodness will last forever.**
- <sup>4</sup>Godly people have light in the dark;  
they're gracious, merciful, and good.
- <sup>5</sup>Goodness comes to those who graciously lend  
and conduct their affairs with justice.
- <sup>6</sup>Misfortune won't overcome them,  
and people will remember the good they've done. **Ps 112:1-6**
- <sup>7</sup>Bad news doesn't scare people like that  
*because they've committed themselves to the LORD they trust;*
- <sup>8</sup>they're confident and courageous  
and face their adversaries with assurance.
- <sup>9</sup>They give freely to the poor,  
so **their goodness lasts forever**  
in ongoing influence and honor.
- <sup>10</sup>Sinners will see that and get mad;  
they'll grit their teeth—and leave;  
what they wanted won't happen. **Ps 112:7-10**

## Psalm 113

**<sup>1</sup>Hallelujah!**

Servants of the LORD, praise him;

<sup>2</sup>bless him from now on forever;

<sup>3</sup>from sunrise to sunset, praise him.

<sup>4</sup>On high above the nations,

he displays his glory in the sky.

<sup>5</sup>Who is like the LORD our God

that sits on high, <sup>6</sup>*but* humbles himself to watch  
*what's happening* in the sky and on earth?

<sup>7</sup>Then he raises up the poor from the dust

and lifts the needy from the ash pile

<sup>8</sup>to seat them beside the princes of his people.

<sup>9</sup>He gives the barren woman a home

like a happy mother of children.

**Hallelujah!**

**Ps 113:1-9**

**Psalm 114**

<sup>1</sup>When Israel left Egypt—

when the House of Jacob came out

from a nation with a different language—

<sup>2</sup>*the land of* Judah became his sanctuary;

Israel became his kingdom.

<sup>3</sup>The *Red Sea* saw *them coming* and backed away;

the Jordan quit flowing.

<sup>4</sup>The mountains jumped like rams;

the hills *skipped around* like lambs.

<sup>5</sup>What's the matter with you, Sea, that you're backing away,

*or* Jordan, *that* you've quit flowing,

<sup>6</sup>*or* mountains, *that* you jump like rams,

*or* hills, *that* you *skip around* like lambs?

<sup>7</sup>Earth, tremble at the Lord, Jacob's God,

<sup>8</sup>who turned rock into water

and flint into a fountain.

**Ps 114:1-8**

# Psalm 115

<sup>1</sup>Not to us, LORD, not to us,  
but to you be honor  
because of your enduring love and faithfulness.

<sup>2</sup>Why should the nations say,  
“*Where’s their God?*”

<sup>3</sup>Our God is in heaven,  
where he accomplishes what he intends.

<sup>4</sup>Their man-made idols are *just* silver and gold

<sup>5</sup>with mouths that can’t talk,

eyes that can’t see,

<sup>6</sup>ears that can’t hear,

noses that can’t smell,

<sup>7</sup>hands that can’t feel,

feet that can’t walk,

throats that can’t make a sound!

<sup>8</sup>The ones that make them will become like them,  
*likewise* everybody that relies on them.

Ps 115:1-8

<sup>9</sup>Israel, trust in the LORD;  
**he’s your helper and shield.**

<sup>10</sup>House of Aaron, trust in the LORD;  
**he’s your helper and shield.**

<sup>11</sup>All of you that respect the LORD, trust in him;  
**he’s your helper and shield.**

<sup>12</sup>He cares about you; he’ll bless you;  
Israel and Aaron;

<sup>13</sup>he’ll bless everyone that respects him,  
least and greatest.

<sup>14</sup>May he increase you and your children;

<sup>15</sup>may the Maker of earth and sky bless you.

Ps 115:9-15

<sup>16</sup>The sky belongs to him,  
but he’s given us the earth.

<sup>17</sup>The dead don’t praise the LORD;

nobody does that descends into silence;  
<sup>18</sup>but we'll bless him  
 from now on forever.

**Hallelujah!**

**Ps 115:16-18**

### **Psalm 116**

<sup>1</sup>I love the LORD because he listens to my petitions;

<sup>2</sup>so I'll call on him as long as I live.

<sup>3</sup>The snares of death were all around me;  
 the pains of Sheol came on me;  
 I suffered distress and sorrow.

<sup>4</sup>Then I called on the LORD,  
*"Please save me."*

**Ps 116:1-4**

<sup>5</sup>You're gracious and good, merciful God.

<sup>6</sup>You preserve the simple;  
 when I was brought low, you saved me.

<sup>7</sup>I can rest again  
 because you've been good to me;  
<sup>8</sup>you've saved me from death,  
 my eyes from tears,  
 my feet from stumbling.

<sup>9</sup>I'll walk with you in the land of the living.

<sup>10</sup>I kept believing even when I said,  
*"I'm greatly oppressed."*

<sup>11</sup>I said in my anxiety,  
*"Everybody's lying to me!"*

**Ps 116:5-11**

<sup>12</sup>How can I repay you, LORD,  
 for all your benefits?

<sup>13</sup>I'll lift up the cup of salvation  
 and call on you.

<sup>14</sup>**I'll fulfill my vows to you  
 in the presence of your people.**

<sup>15</sup>You care about your holy people when they die.

<sup>16</sup>LORD, I'm your servant,

the son of your maidservant;  
 you've removed my shackles.  
<sup>17</sup>I'll offer you a thanksgiving sacrifice  
 and call on you. Ps 116:12-17  
<sup>18</sup>**I'll fulfill my vows to you**  
**in the presence of your people,**  
<sup>19</sup>in the courts of your Temple in Jerusalem.  
**Hallelujah!** Ps 116:18-19

### Psalm 117

<sup>1</sup>Praise the LORD, every nation;  
 praise him, every people group,  
<sup>2</sup>because he has great enduring love toward us;  
 his<sup>y</sup> faithfulness lasts forever.  
**Hallelujah!** Ps 117:1-2

### Psalm 118

<sup>1</sup>**Be grateful to the LORD because he's good;**  
**his love lasts forever.**  
<sup>2</sup>Let Israel say,  
*"His love lasts forever."*  
<sup>3</sup>Let the house of Aaron say,  
*"His love lasts forever."*  
<sup>4</sup>Let those who respect the LORD say,  
*"His love lasts forever."* Ps 118:1-4  
<sup>5</sup>I called on the LORD in my distress,  
 and he answered me and set me free.  
<sup>6</sup>He's on my side; so I won't be afraid;  
 what can mortals do to me?  
<sup>7</sup>He's beside me to help me;  
 so I look in triumph at those who hate me.  
<sup>8</sup>It's better to take refuge in the LORD than trust in people,  
<sup>9</sup>to take refuge in him than put trust in rulers. Ps 118:5-9

<sup>10</sup>All the nations surrounded me;  
                                   **in the LORD's name I destroyed them.**

<sup>11</sup>They surrounded me on every side;  
                                   **in the LORD's name I destroyed them.**

<sup>12</sup>They swarmed around me like bees;  
       they stung like burning briars;  
                                   **in the LORD's name I destroyed them.**

<sup>13</sup>They shoved me back so hard I started to fall,  
       but the LORD came to my aid.

<sup>14</sup>He's my strength and song;  
       he's my salvation.

**Ps 118:10-14**

<sup>15</sup>Joyful shouting over deliverance  
       goes on in the tents of good people;  
       the LORD's right hand has done valiantly.

<sup>16</sup>He has lifted high his right hand;  
       His right hand has done mighty things.

<sup>17</sup>I'll live to tell what he's done.

<sup>18</sup>He disciplined me severely,  
       but he didn't let me die.

**Ps 118:15-18**

<sup>19</sup>Open the gate to goodness for me  
       so I can go in and thank the LORD.

<sup>20</sup>This is his gate;  
       good people enter through it.

<sup>21</sup>Thank you for answering me;  
       you've become my salvation.

**Ps 118:19-21**

<sup>22</sup>The stone the builders rejected  
       has become the cornerstone.

<sup>23</sup>That's the LORD's doing;  
       it's amazing.

<sup>24</sup>Today is a day the LORD has made;  
       let's celebrate and be happy in it.

<sup>25</sup>LORD, save us  
       and send us prosperity.

<sup>26</sup>Blessed is the one that comes in the LORD's name;



we bless you from his Temple.  
<sup>27</sup>The LORD is God; he gives us light;  
 tie the festival sacrifice to the horns of the altar.  
<sup>28</sup>You're my God; I thank you;  
 you're my God; I praise you.  
<sup>29</sup>Give thanks to the LORD because he's good;  
**his love lasts forever.**

Ps 118:22-29

## Psalm 119

### Aleph א

<sup>1</sup>How blessed they are who follow his way blamelessly,  
 who follow the Law of the LORD,  
<sup>2</sup>who observe his testimonies  
 and look to him with all their heart.  
<sup>3</sup>They do no evil who follow his ways.  
  
<sup>4</sup>You've charged us  
 to keep your commandments diligently.  
<sup>5</sup>Oh that my ways may become secure  
 by reflecting on your statutes!  
<sup>6</sup>I won't be disgraced  
 if I keep my eye on everything you've commanded.  
<sup>7</sup>I'll thank you by living with a godly heart  
 as I learn your good ordinances.  
<sup>8</sup>I'll keep your statutes;  
 don't give up on me!

Ps 119:1-8

### Bet ב

<sup>9</sup>How can the young keep their conduct pure?  
 By guarding it with what you say.  
<sup>10</sup>I've looked to you wholeheartedly;  
 don't let me stray from your commandments.  
<sup>11</sup>I've treasured up your word in my heart  
 so I won't sin against you.

- <sup>12</sup>You're blessed, LORD;  
teach me your statutes.
- <sup>13</sup>I've recited all the ordinances you've given  
<sup>14</sup>and delighted in your testimonies as much as in wealth.
- <sup>15</sup>I'll study your precepts  
and fix my attention on your ways.
- <sup>16</sup>I'll delight in your decrees  
and commit your word to memory. **Ps 119:9-16**

## Gimel ג

- <sup>17</sup>Deal well with me  
so I can live and keep your word.
- <sup>18</sup>Open my eyes so I can see  
the wonderful things in your Law.
- <sup>19</sup>I'm a foreigner in the world;  
so make your commandments clear to me.
- <sup>20</sup>I feel a burden  
to always keep your ordinances.
- <sup>21</sup>You rebuke the insolent, the accursed  
that wander off from your commandments.
- <sup>22</sup>Take their insults and contempt away from me  
because I observe your decrees.
- <sup>23</sup>Even though officials sit around plotting against me,  
I still think about your statutes  
<sup>24</sup>and delight in your decrees;  
they're my counselors. **Ps 119:17-24**

## Dalet ד

- <sup>25</sup>I'm lying in the dust;  
revive me with your message.
- <sup>26</sup>I've told *you* my intentions and you responded;  
now teach me your statutes!
- <sup>27</sup>Make me understand what your commandments mean  
so I can think about your wonderful deeds.
- <sup>28</sup>I melt away with sorrow;

encourage me with your message.  
<sup>29</sup>Put false ways far away from me  
 and graciously teach me your Law.  
<sup>30</sup>I've chosen to be faithful  
 and keep your ordinances at hand.  
<sup>31</sup>I hold onto your testimonies, LORD;  
 don't let me feel humiliated!  
<sup>32</sup>I'll follow your commands  
 because by them you increase my understanding. **Ps 119:25-32**

### He 7

<sup>33</sup>Teach me, LORD, the way your statutes direct,  
 and I'll keep them to the end.  
<sup>34</sup>Help me understand  
 so I can observe your Law properly.  
<sup>35</sup>Lead me the way your commandments dictate  
 because I delight in them.  
<sup>36</sup>Incline my heart to your testimonies  
 rather than to dishonest profit.  
<sup>37</sup>Turn my attention away from pointless things  
 and give me life in your ways.  
<sup>38</sup>Confirm to me your promise  
 to those who respect you.  
<sup>39</sup>Turn away the disgrace I dread,  
 because your ordinances are good.  
<sup>40</sup>I want to obey your commandments;  
 so in your goodness give me life. **Ps 119:33-40**

### Vav 1

<sup>41</sup>Direct your enduring love toward me, LORD,  
 the salvation you offer in your word,  
<sup>42</sup>so I can answer whoever tries to discredit me,  
 because I trust what you say.  
<sup>43</sup>Don't take your message out of my mouth,  
 because I've put my hope in your ordinances

<sup>44</sup>so I can keep your Law ever and always.  
<sup>45</sup>I'm free because I look to your precepts.  
<sup>46</sup>I'll talk to kings about your testimonies  
 without feeling self-conscious.  
<sup>47</sup>I delight in your commandments;  
<sup>48</sup>I lift up my hands to them  
 and study your statutes.

Ps 119:41-48

## Zayin ז

<sup>49</sup>Remember your promise  
 that you made for me to trust in.  
<sup>50</sup>That's my reassurance in adversity;  
 your promise revives me.  
<sup>51</sup>Godless people utterly deride me;  
 yet I won't turn aside from your Law.  
<sup>52</sup>When I remember your ordinances from of old,  
 I find comfort.  
<sup>53</sup>Burning indignation has seized me  
 because of sinners that abandon your Law.  
<sup>54</sup>Your statutes are my songs  
 wherever life leads me.  
<sup>55</sup>I think about you at night,  
 about keeping your instructions.  
<sup>56</sup>This has been my way of life:  
 observing your commandments.

Ps 119:49-56

## Het ח

<sup>57</sup>LORD, you're my portion;  
 I promise to obey what you say.  
<sup>58</sup>I ask for your blessing with all my heart;  
 be gracious to me like you promised.  
<sup>59</sup>When I think about your ways,  
 I turn to your testimonies.  
<sup>60</sup>I hurry to obey your commandments.  
<sup>61</sup>Although sinful people's cords ensnare me,

I won't let them pull me away from your Law.  
<sup>62</sup>At midnight I get up to thank you  
 for your good ordinances.  
<sup>63</sup>I'm a friend to everyone that respects you  
 and keeps your precepts.  
<sup>64</sup>The earth is full of your enduring love, LORD;  
 teach me your regulations.

Ps 119:57-64

Tet ט

<sup>65</sup>You've dealt well with me,  
 LORD, like you promised.  
<sup>66</sup>Give me discernment and insight  
 because I believe in your commandments.  
<sup>67</sup>Before I suffered I went astray,  
 but now I keep your word.  
<sup>68</sup>You're good and do good;  
 teach me your regulations.  
<sup>69</sup>The godless have smeared me with slander;  
 but I'll still observe your precepts with all my heart.  
<sup>70</sup>Their hearts are dull,  
 but I delight in your Law.  
<sup>71</sup>Suffering was good for me  
 because from it I learned to obey your statutes.  
<sup>72</sup>Your Law is more valuable to me  
 than thousands of pieces of silver and gold.

Ps 119:65-72

Yod י

<sup>73</sup>You made me and fashioned me;  
 help me understand so I can appreciate your commandments.  
<sup>74</sup>May the ones that respect you see me and be happy  
 because I wait for your promise.  
<sup>75</sup>LORD, I know your judgments are right  
 and that it was in your faithfulness that you oppressed me.  
<sup>76</sup>Let your enduring love comfort me  
 like you promised.

- <sup>77</sup>Send me your mercy so I can live,  
because I delight in your Law.
- <sup>78</sup>Discredit godless people  
because they're undermining my welfare with deceit;  
meanwhile, I'll stay focused on your precepts.
- <sup>79</sup>May those who respect you return to me,  
the ones that know your testimonies.
- <sup>80</sup>May my heart be blameless in regard to your statutes  
so I won't have any regrets.

Ps 119:73-80

## Kaph כ

- <sup>81</sup>I'm weary waiting for your rescue,  
but I've put my hope in your message.
- <sup>82</sup>My eyes strain to see your promises come true,  
while I say, "*When will you comfort me?*"
- <sup>83</sup>Though I've shriveled up like a wineskin in smoke,  
I don't lose touch with your regulations.
- <sup>84</sup>How long will I live?  
When will you punish my persecutors?
- <sup>85</sup>Godless men have dug pits to capture me,  
men that don't conform to your Law.
- <sup>86</sup>Your commandments are reliable;  
protect me from people that harass me with lies!
- <sup>87</sup>They almost ruined me,  
but I didn't give up on your precepts;
- <sup>88</sup>in your enduring love, spare my life  
so I can keep obeying them.

Ps 119:81-88

## Lamed ל

- <sup>89</sup>LORD, your word is settled forever in heaven.
- <sup>90</sup>Your faithfulness continues through every generation;  
you built the earth to stand.
- <sup>91</sup>Your ordinances stand today  
because everything serves your purposes.
- <sup>92</sup>If the Law hadn't delighted me,

I would've died in my misery.

<sup>93</sup>But I'll never forget your instructions  
because you've given me life by them.

<sup>94</sup>I belong to you; save me  
because I've relied on your precepts.

<sup>95</sup>Bad people lie in ambush to destroy me,  
so I'll diligently keep thinking about your testimonies.

<sup>96</sup>I've seen a limit to perfection in everything else,  
but your commandments don't have any.

**Ps 119:89-96**

### Mem 𐤀

<sup>97</sup>How I love your law!

I think about it all the time.

<sup>98</sup>Your commandments make me wiser than my enemies  
because they're my constant guide.

<sup>99</sup>I have more insight than my teachers  
because your testimonies inform my thinking.

<sup>100</sup>I understand more than my elders  
because I've observed your precepts.

<sup>101</sup>I've stayed off of every errant path  
so I could keep your word.

<sup>102</sup>I haven't turned aside from your ordinances  
because you yourself have taught me.

<sup>103</sup>Your words taste so sweet!  
they're sweeter than honey!

<sup>104</sup>I gain insight from your precepts;  
so I detest every false way of living.

**Ps 119:97-104**

### Nun 𐤁

<sup>105</sup>Your word is a lamp for my feet,  
a light for my path.

<sup>106</sup>I've confirmed the oath I swore  
to keep your good ordinances.

<sup>107</sup>I'm hurting so much, LORD;  
give me life like you promised.

<sup>108</sup>Accept my praise

and teach me your regulations.  
<sup>109</sup>My life is constantly at risk;  
 yet I'm still faithful to your law.  
<sup>110</sup>Sinners have laid a snare for me;  
 yet I won't stray from your precepts.  
<sup>111</sup>I've inherited your testimonies forever;  
 they make me happy.  
<sup>112</sup>I'm determined  
 to keep your commandments to the very end.

Ps 119:105-12

Samek ם

<sup>113</sup>I detest people with divided loyalties,  
 but I love your Law.  
<sup>114</sup>You're my shield and hiding place;  
 I've put my hope in what you say.  
<sup>115</sup>Go away, bad people,  
 so I can observe God's commands.  
<sup>116</sup>Sustain me like you promised;  
 don't let me lose hope.  
<sup>117</sup>Uphold me so I'm safe,  
 so I can always regard your testimonies.  
<sup>118</sup>You reject those who stray from your statutes  
 because there're just fooling themselves.  
<sup>119</sup>Sinners you consider dross,  
 so I love your testimonies.  
<sup>120</sup>My body trembles for fear of you;  
 I stand in awe of your judgments.

Ps 119:113-20

Ayin ן

<sup>121</sup>I've done what's just and true;  
 don't abandon me to my oppressors.  
<sup>122</sup>Be my guarantee for good  
 so godless people won't oppress me.  
<sup>123</sup>My eyes strain to see your deliverance come  
 and your promise come true.



<sup>124</sup>Deal with me according to your enduring love  
and teach me your statutes.

<sup>125</sup>I'm your servant; give me insight  
so I can understand your testimonies.

<sup>126</sup>It's time for you to act  
because they've broken your Law.

<sup>127</sup>I love your commandments  
more than gold, more than fine gold.

<sup>128</sup>I care about your precepts about everything;  
that's why I hate every false way.

**Ps 119:121-28**

Pe 𐤑

<sup>129</sup>Your testimonies are wonderful;  
so I observe them.

<sup>130</sup>Explaining your message gives  
light and understanding to simple people.

<sup>131</sup>I panted with my mouth wide open,  
longing for your commandments.

<sup>132</sup>Turn to me and be gracious  
the way you do with those who love you.

<sup>133</sup>Steady my steps with your word;  
don't let any sin get control of me.

<sup>134</sup>Ransom me from human oppression  
so I can keep your precepts.

<sup>135</sup>Smile on me  
and teach me your statutes.

<sup>136</sup>I shed tears over people  
that don't observe your Law.

**Ps 119:129-36**

Tsade 𐤓

<sup>137</sup>You're good, LORD;  
your judgments are fair.

<sup>138</sup>You've commanded your testimonies  
in goodness and faithfulness.

<sup>139</sup>My zeal has consumed me

because my adversaries have forgotten your words.

<sup>140</sup>Your promise is pure;

that's why I love it.

<sup>141</sup>I'm small and despised;

yet I don't forget your precepts.

<sup>142</sup>Your goodness is everlasting;

your Law is true.

<sup>143</sup>Trouble and anguish have come on me;

yet I still delight in your commandments.

<sup>144</sup>Your testimonies are good forever;

help me understand them so I can live.

**Ps 119:137-44**

### Qoph ק

<sup>145</sup>I pray with all my heart; answer me, LORD!

I'll observe your statutes.

<sup>146</sup>I've appealed to you; deliver me,

and I'll keep your testimonies.

<sup>147</sup>I get up before dawn to call for help;

I hope you'll answer.

<sup>148</sup>I look forward to the night watches

so I can think about what you say.

<sup>149</sup>Listen to me in your enduring love;

in your justice preserve my life.

<sup>150</sup>The ones that persecute me are getting closer;

they're far from your Law.

<sup>151</sup>You're near me,

and your commandments are true.

<sup>152</sup>For a long time I've known

that you've laid down your testimonies to last forever. **Ps 119:145-52**

### Resh ר

<sup>153</sup>Look at my difficulties and deliver me

because I don't forget your Law.

<sup>154</sup>Argue my case and acquit me;

**give me life like you promised.**

<sup>155</sup>Salvation is far from sinners  
 because they don't rely on your statutes.  
<sup>156</sup>Your mercies are great, LORD;  
**give me life like you promised.**  
<sup>157</sup>I have lots of adversaries and persecutors;  
 yet I don't swerve from your testimonies.  
<sup>158</sup>When I look at the faithless, I loathe them  
 because they don't listen to what you say.  
<sup>159</sup>Consider how I love your commandments;  
**give me life like you promised.**  
<sup>160</sup>Everything you say is true;  
 every one of your just ordinances last forever.

Ps 119:153-60

Shin שׁ

<sup>161</sup>Officials harass me for no reason,  
 but I only stand in awe of what you say.  
<sup>162</sup>Your message makes me happy  
 like someone that finds lots of spoil.  
<sup>163</sup>I despise falsehood,  
 but I love your Law.  
<sup>164</sup>I praise you seven times a day  
 because of your good ordinances.  
<sup>165</sup>The ones that love your Law have peace;  
 nothing makes them stumble.  
<sup>166</sup>I look forward to your salvation, LORD,  
 and do your commandments.  
<sup>167</sup>I keep your testimonies;  
 I love them so much.  
<sup>168</sup>I keep your precepts,  
 as you're well aware.

Ps 119:161-68

Tav ת

<sup>169</sup>Let my call come to you, LORD;  
 give me insight like you promised.  
<sup>170</sup>Listen to my petition

and give me the deliverance you promised.  
<sup>171</sup>Let praise flow from my lips  
 so you can teach me your regulations.  
<sup>172</sup>I'll sing about your word  
 because your commandments are right.  
<sup>173</sup>Be ready to help me  
 because I've chosen your precepts.  
<sup>174</sup>I long for your deliverance  
 and delight in your Law.  
<sup>175</sup>Let me live to praise you;  
 let your ordinances help me.  
<sup>176</sup>I've wandered off like a lost sheep; look for me  
 because I haven't forgotten your commands.

Ps 119:169-76

### Psalm 120

A Song of Ascents

<sup>1</sup>In my troubles I appealed to the LORD,  
 and he answered me.  
<sup>2</sup>LORD, rescue me from lying lips  
 and treacherous tongues.  
<sup>3</sup>What will God do to you, treacherous tongues?  
 How will he intensify your punishment?  
<sup>4</sup>*He'll pierce you with a soldier's sharp arrows*  
 and burn you with coals from a broom tree.  
<sup>5</sup>Misfortune awaits me because I'm a foreigner in Meshech,  
 because I live among the tents of Kedar!  
<sup>6</sup>For too long I've lived where people hate peace.  
<sup>7</sup>I'm for peace; but when I speak up, they're for war.

Ps 120:1-7

### Psalm 121

A Song of Ascents

<sup>1</sup>I look up toward the mountains—  
 will my help come from there?

<sup>2</sup>It'll come from the LORD,  
     who made earth and sky.  
<sup>3</sup>He won't let your foot slip.  
 The One that guards you won't slumber;  
     <sup>4</sup>he who watches over Israel never sleeps.

<sup>5</sup>The LORD is your keeper;  
     he's your protection nearby.  
<sup>6</sup>The sun won't harm you during the day  
     or the moon at night.  
<sup>7</sup>The LORD will protect you from harm  
     and keep you alive.  
<sup>8</sup>He'll guard you in everything you do  
     from now on forever.

Ps 121:1-8

### Psalm 122

A Song of Ascents. by David

<sup>1</sup>It made me happy when they said,  
     *"Let's go to the LORD's Temple."*  
<sup>2</sup>We're standing inside your gates, Jerusalem,  
     <sup>3</sup>that's built solid and seamless,  
     <sup>4</sup>where the tribes of the LORD go up as required by the Law  
     to give him thanks;  
     <sup>5</sup>the thrones for judgment stand here,  
     the thrones of David's dynasty.

<sup>6</sup>Pray for peace in Jerusalem:  
     *"May they prosper who love you;  
     <sup>7</sup>may there be peace inside your walls  
     and prosperity in your palaces."*

<sup>8</sup>For the sake of my brothers and friends,  
     I say, *"Peace be in you."*  
<sup>9</sup>For the sake of the Temple of the LORD our God,  
     I'll seek the best for you.

Ps 122:1-9

**Psalm 123**

## A Song of Ascents

<sup>1</sup>I look to you enthroned in heaven!

<sup>2</sup>Like a servant looks to his master  
and a maid looks to her mistress,  
we look to the LORD our God  
to show us mercy.

<sup>3</sup>Be gracious to us, LORD,  
because we've had our fill of contempt.

<sup>4</sup>For too long our lives have been full of  
the scorn of people at ease  
and the contempt of arrogant others.

Ps 123:1-4

**Psalm 124**

## A Song of Ascents. by David

<sup>1</sup>Let Israel acknowledge,

*"If the LORD hadn't taken our side*

<sup>2</sup>*when people attacked us,*

<sup>3</sup>*they would have swallowed us alive in their fury,*

<sup>4</sup>*the water would have overwhelmed us,*

*the river would have rushed over us,*

<sup>5</sup>*the raging water would've drowned us."*

<sup>6</sup>Bless the LORD,  
who didn't let us be torn to pieces in their teeth.

<sup>7</sup>We escaped like a bird from a trapper's snare;  
the snare broke and we got away.

<sup>8</sup>Our help comes from the LORD,  
maker of earth and sky.

Ps 124:1-8

**Psalm 125**

## A Song of Ascents

<sup>1</sup>Those who trust in the LORD are like Mount Zion,  
that can't be moved, that lasts forever.

<sup>2</sup>Like mountains surround Jerusalem,  
the LORD surrounds his people  
from now on forever.

<sup>3</sup>Sinners won't rule  
in the land allotted to good people  
because they'd tempt the good to do wrong.

<sup>4</sup>The LORD does good to those who do good,  
who are godly in heart.

<sup>5</sup>But those who turn aside to their crooked ways,  
he'll lead away with sinners.

Peace to Israel!

**Ps 125:1-5**

### **Psalm 126**

A Song of Ascents

<sup>1</sup>When the LORD brought us exiles back to Zion,  
we were like people dreaming.

<sup>2</sup>Our mouths were laughing,  
our tongues were shouting with joy;  
the other nations were saying of us,  
*"The LORD has done great things for them."*

<sup>3</sup>Yes, the LORD has done great things for us;  
we're happy.

<sup>4</sup>Restore our fortunes, LORD,  
like streams in the Negev.

<sup>5</sup>Those who sow in tears will reap with joy.

<sup>6</sup>Those who go back and forth weeping with their bags of seed,  
will come again with shouts of joy, bringing bundles of grain.

**Ps 126:1-6**

### **Psalm 127**

A Song of Ascents, by Solomon

<sup>1</sup>Unless the LORD builds the house,  
they work for nothing who build it;

unless the LORD guards the city,  
its watchmen stay awake for no reason.

<sup>2</sup>In vain you rise early and work late  
to eat the food you gain by painful labor;  
he gives rest to the ones he loves.

<sup>3</sup>Children are a gift from the LORD;  
what the womb produces is a reward.

<sup>4</sup>Children born to a young man are  
like arrows in a soldier's hand.

<sup>5</sup>How blessed he is that has a quiver full of them;  
he won't be disgraced  
when he confronts his accusers at the city gate. **Ps 127:1-5**

### **Psalm 128**

A Song of Ascents

<sup>1</sup>How blessed you are that respect the LORD  
and follow his ways.

<sup>2</sup>When you eat what you earn,  
you'll be happy, and life will be good.

<sup>3</sup>Your wife will be like a fruitful vine in your house;  
your children will be like olive plants around your table.

<sup>4</sup>That's how you're blessed who respect the LORD.

<sup>5</sup>The LORD bless you from Zion;  
may you see Jerusalem prosper your whole life.

<sup>6</sup>May you live to see your grandchildren.

Peace to Israel!

**Ps 128:1-6**

### **Psalm 129**

A Song of Ascents

<sup>1</sup>Let Israel say,

<sup>2</sup>*"They've persecuted me often since I was young,  
but they haven't defeated me.*



<sup>3</sup>My back looks like *a farmer plowed it*  
*and made long furrows.*”

<sup>4</sup>The LORD is good;  
 he has cut *loose from me* the cords of the wicked.

<sup>5</sup>May everyone that hates Zion  
 be driven away and discredited.

<sup>6</sup>Let them be like grass on a rooftop  
 that withers before it's grown.

<sup>7</sup>The reaper doesn't fill his hand with it,  
 or the bundler fill his arms.

<sup>8</sup>People that go past don't say,  
*“The LORD bless you;*  
*we bless you in his name.”*

**Ps 129:1-8**

### **Psalm 130**

A Song of Ascents

<sup>1</sup>LORD, I've cried out to you from the depths;

<sup>2</sup>be attentive to my petitions.

<sup>3</sup>If you kept track of sins, who could stand?

<sup>4</sup>But you forgive so people can continue to respect you.

<sup>5</sup>I wait for the LORD  
 and put my hope in what he says.

<sup>6</sup>I wait for the Lord  
 more than watchmen hope for morning.

<sup>7</sup>Israel, put your hope in the LORD  
 because there's enduring love  
 and abundant redemption in him.

<sup>8</sup>He'll redeem Israel from its sins.

**Ps 130:1-8**

### **Psalm 131**

A Song of Ascents, by David

<sup>1</sup>LORD, my heart's not proud or my eyes arrogant;

I don't insert myself into things I can't handle.  
<sup>2</sup>I've calmed and quieted myself;  
 like a weaned child resting against its mother,  
 my soul is quiet within me.  
<sup>3</sup>Israel, put your hope in the LORD  
 from now on forever.

Ps 131:1-3

**Psalm 132**  
 A Song of Ascents

<sup>1</sup>LORD, remember David and what he suffered;  
<sup>2</sup>how he swore to the LORD  
 and vowed to the Mighty One of Jacob:  
<sup>3</sup>*"I won't go to my own house  
 or get on my bed <sup>4</sup>and sleep  
<sup>5</sup>till I find a place for the LORD to live,  
 a place for the Mighty One of Jacob."*

Ps 132:1-5

<sup>6</sup>We heard it in Ephrathah  
 and found it in the fields of Jaar,  
<sup>7</sup>*"Let's go to his Temple  
 and worship at his footstool."*  
<sup>8</sup>Come to your resting place, LORD,  
 you and the ark that *represents* your strength.  
<sup>9</sup>May your priests be arrayed in goodness,  
 and your holy people sing for joy.  
<sup>10</sup>For the sake of David your servant,  
 don't turn away from your anointed one.  
<sup>11</sup>You've sworn to him  
 a truth you won't take back:  
*"I'll set a son from your body on your throne."*  
<sup>12</sup>*If your descendants keep my covenant  
 and the Testimony I teach them,  
 their descendants will also sit  
 on your throne permanently."*

Ps 132:6-12

<sup>13</sup>You've chosen Zion;

you wanted to live there:

- <sup>14</sup> *“This is my permanent resting place;  
I’ll live here because I’ve wanted it.*
- <sup>15</sup> *I’ll abundantly bless what it can provide  
and satisfy its needy ones with food.*
- <sup>16</sup> *I’ll dress its priests in deliverance;  
its holy people will sing for joy.*
- <sup>17</sup> *I’ll make a horn from David spring up there  
and light a lamp for my anointed one.*
- <sup>18</sup> *I’ll dress his enemies in humiliation  
but make his crown shine.”*

**Ps 132:13-18**

### **Psalm 133**

A Song of Ascents. by David

- <sup>1</sup>It’s so good and pleasant  
for brothers to live together in peace.
- <sup>2</sup>It’s like precious *anointing* oil  
running down like it did on Aaron’s beard  
and dripped on his robe.
- <sup>3</sup>It’s like the dew from *Mount Hermon*  
that falls on the hills around *Mount Zion*;  
the LORD commanded the blessing there—eternal life. **Ps 133:1-3**

### **Psalm 134**

A Song of Ascents

- <sup>1</sup>Bless the LORD, you servants of the LORD  
that serve him at night in his Temple!
- <sup>2</sup>Raise your hands toward the sanctuary  
and bless him.
- <sup>3</sup>May the One that made earth and sky  
bless you from Zion. **Ps 134:1-3**

### **Psalm 135**

**<sup>1</sup>Hallelujah!**

Praise the LORD;

praise him, his servant,

<sup>2</sup>you that stand in his Temple,

in the courts of our God!

<sup>3</sup>Praise him because he's good;

sing his praises because he's gracious,

<sup>4</sup>because he's chosen Jacob for himself,

Israel for his own possession.

**Ps 135:1-4**

<sup>5</sup>I know the LORD is great,

that he's above all gods.

<sup>6</sup>He does what he wants

in the sky, on earth, in the seas and all *their* depths.

<sup>7</sup>He makes clouds come up from the horizon;

he sends lightning with the rain

and brings the wind out of his storehouses.

**Ps 135:5-7**

<sup>8</sup>He struck Egypt's firstborn,

people and animals.

<sup>9</sup>He performed signs and wonders

on Pharaoh and his people.

<sup>10</sup>He struck many nations

and slew powerful kings:

<sup>11</sup>Sihon, king of the Amorites;

Og, king of Bashan;

as well as the kingdoms in Canaan.

<sup>12</sup>He gave their land as an inheritance

to his people Israel.

<sup>13</sup>His name lasts forever;

his renown *endures* throughout all generations.

<sup>14</sup>The LORD will vindicate his people

and have mercy on his servants.

**Ps 135:8-14**

<sup>15</sup>The hand-crafted idols the nations have are just silver and gold

<sup>16</sup>with mouths that can't talk,

with eyes that can't see,

<sup>17</sup>with ears that can't hear;  
and they can't breathe.  
<sup>18</sup>The ones that make them are just like them,  
everybody that trusts in them too. Ps 135:15-18

<sup>19</sup>House of Israel, **bleſs the LORD**;  
House of Aaron, **bleſs the LORD**;  
<sup>20</sup>House of Levi, **bleſs the LORD**;  
you that reſpect the LORD, **bleſs him**.  
<sup>21</sup>From Zion **bleſs the LORD**,  
who lives in Jeruſalem.  
**Hallelujah!** Ps 135:19-21

### Pſalm 136

<sup>1</sup>Give thanks to the LORD becauſe he's good.  
**His love is everlaſting.**  
<sup>2</sup>Give thanks to the God of gods.  
**His love is everlaſting.**  
<sup>3</sup>Give thanks to the Lord of lords,  
**His love is everlaſting.**  
<sup>4</sup>to him alone that does great things,  
**His love is everlaſting.**  
<sup>5</sup>to him that made the ſky in his wiſdom,  
**His love is everlaſting.**  
<sup>6</sup>to him that ſpread out the dry land higher than the water,  
**His love is everlaſting.**  
<sup>7</sup>to him that made the great lights,  
**His love is everlaſting;**  
<sup>8</sup>the ſun to rule the day,  
**His love is everlaſting;**  
<sup>9</sup>the moon and ſtars to rule the night,  
**His love is everlaſting.** Ps 136:1-9  
  
<sup>10</sup>to him that ſtruck the Egyptians and their firſtborn  
**His love is everlaſting;**  
<sup>11</sup>and brought Iſrael out of there  
**His love is everlaſting,**

<sup>12</sup>with a strong hand and outstretched arm;  
**His love is everlasting,**  
<sup>13</sup>to him that separated the Red Sea  
**His love is everlasting.**  
<sup>14</sup>and passed Israel through it,  
**His love is everlasting;**  
<sup>15</sup>but overthrew Pharaoh and his army in it;  
**His love is everlasting;**

Ps 136:10-15

<sup>16</sup>to him that led his people through the desert,  
**His love is everlasting;**  
<sup>17</sup>to him that struck great kings  
**His love is everlasting;**  
<sup>18</sup>and slew them:  
**His love is everlasting.**  
<sup>19</sup>Sihon, king of the Amorites,  
**His love is everlasting,**  
<sup>20</sup>and Og, king of Bashan;  
**His love is everlasting;**  
<sup>21</sup>and gave their land as an inheritance,  
**His love is everlasting,**  
<sup>22</sup>an inheritance for Israel his servant,  
**His love is everlasting.**

Ps 136:16-22

<sup>23</sup>who remembered us in our low estate  
**His love is everlasting;**  
<sup>24</sup>and rescued us from our enemies,  
**His love is everlasting,**  
<sup>25</sup>who gives good to every person.  
**His love is everlasting.**

<sup>26</sup>Thank God in heaven.

**His love is everlasting.**

Ps 136:23-26

### Psalm 137

<sup>1</sup>We sat by the rivers in Babylon  
 and cried when we remembered Zion.

<sup>2</sup>We hung our harps on its willows.

<sup>3</sup>Our captors required us to sing there;  
our tormentors demanded happy songs,  
“*Sing us a song from Zion.*”

Ps 137:1-3

<sup>4</sup>How can we sing about the LORD in a foreign land?

<sup>5</sup>If I forget you, Jerusalem,  
may my right hand wither.

<sup>6</sup>May my tongue stick to the roof of my mouth  
if I don't remember you,  
if I don't regard Jerusalem  
above my greatest joy.

<sup>7</sup>Remember, LORD, against the Edomites  
the day of Jerusalem, when they said *to the Babylonians*,  
“*Tear it down, tear it down to its foundation.*”

<sup>8</sup>Young woman of Babylon, you devastated one,  
how happy will be the one that repays you  
with what you did to us.

<sup>9</sup>How happy will the one be that grabs your infants  
and dashes them against the rocks!

Ps 137:4-9

### Psalm 138

*A Psalm of David*

<sup>1</sup>I thank you with all my heart  
and sing your praises in front of the mighty.

<sup>2</sup>I bow toward your holy Temple  
and thank you for your enduring love and faithfulness,  
because you've guaranteed your promises  
with the honor your name has.

<sup>3</sup>You answered me when I called out to you  
and made me bold with strength.

Ps 138:1-3

<sup>4</sup>Kings will thank you, LORD,  
when they hear what you say.

<sup>5</sup>They'll sing about your ways  
because your honor is so great.

<sup>6</sup>Though you're high *above us*,  
 you care about the lowly;  
 but you recognize the proud from a long way off.  
<sup>7</sup>Though I'm in trouble, you'll protect me  
 and reach out against my enemies to save me.  
<sup>8</sup>You'll accomplish the purposes you have for me;  
 your love endures forever, LORD.  
 Don't abandon the ones you've created.

Ps 138:4-8

### Psalm 139

For the Choir Director. A Psalm of David

<sup>1</sup>LORD, you've known me and examined me.  
<sup>2</sup>You know when I sit down and when I get up;  
 from a long way off you know what I'm thinking.  
<sup>3</sup>You search out my traveling and my resting;  
 you're well acquainted with my ways.  
<sup>4</sup>Before I speak,  
 you know what I'm going to say.  
<sup>5</sup>You've protected me front and back  
 and laid your hand over me.  
<sup>6</sup>Knowledge like that is too amazing for me;  
 it's beyond me; I can't imagine it.

Ps 139:1-6

<sup>7</sup>Where can I go from your Spirit?  
 Where can I go to get away from you?  
<sup>8</sup>If I go up to the sky, you're there;  
 if I make my bed in Sheol, you're there.  
<sup>9</sup>If I take the wings of morning  
 and live by the most distant part of the ocean,  
<sup>10</sup>even there you'll lead me and support me.  
<sup>11</sup>If I say, "*Let darkness cover me,*  
*and the light around me become night,*"  
<sup>12</sup>the dark's not dark to you;  
 the night's as bright as day.

Ps 139:7-12

<sup>13</sup>You formed my inner parts



and knit me together in my mother's womb.

<sup>14</sup>Thank you; the way you've made me  
is awesome and wonderful.

What you do is marvelous;  
I know that for sure.

<sup>15</sup>My frame wasn't hidden from you  
when I was being made in secret,  
intricately put together deep in the earth.

<sup>16</sup>You saw my unshaped substance;  
you wrote in your scroll  
the length of life you appointed *for me*  
before there was any of it.

Ps 139:13-16

<sup>17</sup>How precious your thoughts are to me!  
How vast their number is!

<sup>18</sup>If I could count them, they'd outnumber the grains of sand.  
When I wake up, I'm still with you.

<sup>19</sup>Oh that you'd slay the sinful, God.  
(Go away from me, you murderers!)

<sup>20</sup>Your enemies say awful things about you;  
they use your name as a byword.

<sup>21</sup>Don't I hate those who hate you?  
Don't I despise the ones that oppose you?

<sup>22</sup>I have total disdain for them;  
they're my enemies.

<sup>23</sup>Examine me, God, and know my heart;  
test me and see how anxious my thoughts are.

<sup>24</sup>See if there's anything offensive in me  
and lead me in the everlasting way.

Ps 139:17-24

### Psalm 140

For the Choir Director. A Psalm of David

<sup>1</sup>**LORD, rescue me from sinful people  
protect me from violent men,**

<sup>2</sup>that plot evil things in their minds,  
and constantly stir up conflict.  
<sup>3</sup>They have pointed tongues like a snake;  
viper's venom lies behind their lips.

<sup>4</sup>**LORD, protect me from sinful people;  
Protect me from violent men,**  
that try to trip me.

<sup>5</sup>The arrogant hide traps for me;  
with cords they spread a net beside the road  
and set snares for me.

**Ps 140:1-5**

<sup>6</sup>I said to the LORD, "*You're my God;  
listen to my petitions.*"

<sup>7</sup>*GOD the Lord, my strong deliverer,  
you've protected my head in battle.*

<sup>8</sup>*Don't let sinful people do whatever they please;  
don't further their evil intentions.*

<sup>9</sup>*"Make the schemes they talk about  
come down on their own heads.*

<sup>10</sup>*Let burning coals fall on them;  
throw them into the fire,  
into deep pits they can't climb out of.*

<sup>11</sup>*Don't let slanderers get a foothold in the earth;  
have misfortune hunt down violent people quickly."*

<sup>12</sup>I know you'll champion the cause of the suffering  
and *render* justice for the poor.

<sup>13</sup>The godly will thank you  
and live in your presence.

**Ps 140:6-13**

### **Psalm 141** A Psalm of David

<sup>1</sup>LORD, I'm calling on you; come quick;  
hear me out.

<sup>2</sup>Consider my prayer as incense  
and the raising of my hands as an evening offering.

<sup>3</sup>Guard my mouth;  
watch over my lips.

<sup>4</sup>Incline my heart away from anything evil,  
from practicing sinful things with sinners.

**Ps 141:1-4**

<sup>5</sup>Let a godly person strike me or rebuke me graciously;  
that would be ointment for my head;  
Don't let me refuse it.

I still pray constantly against the deeds of sinners.

<sup>6</sup>When their leaders are thrown over the cliffs;  
they'll learn that the LORD's word is true.

<sup>7</sup>*"Like someone plowing up rocks,  
our bones have been scattered at the mouth of Sheol."*

<sup>8</sup>I look to you, Lord GOD,  
and take refuge in you; don't leave me with no defense.

<sup>9</sup>Keep me from the jaws of the trap they've set for me,  
from sinners' snares;

<sup>10</sup>may they stumble into their own nets  
while I go on by safely.

**Ps 141:5-10**

### **Psalm 142**

A Maskil of David when he was in the cave  
A Prayer

<sup>1</sup>I cry out to the LORD  
and petition him;

<sup>2</sup>I pour out my complaint to him  
and tell him my troubles.

<sup>3</sup>When I feel overwhelmed,  
he knows the route I should take;  
they've hidden traps for me  
on every path I walk.

<sup>4</sup>I look in every direction,

but nobody notices me.  
 There's no escape for me;  
 nobody cares if I live. Ps 142:1-4

<sup>5</sup>I'm calling out to you, LORD;  
*"You're my refuge,  
 my portion among the living.*

<sup>6</sup>*Listen to my outcry  
 because I'm in desperate need;  
 deliver me from my persecutors;  
 they're just too strong.*

<sup>7</sup>*Bring me out of prison  
 so I can thank you;  
 the godly gather around me  
 because you've been so good to me."* Ps 142:5-7

### Psalm 143

A Psalm of David

<sup>1</sup>Hear my prayer, LORD;  
 listen to my petition;  
 in your faithfulness and goodness, come to my relief.

<sup>2</sup>Don't put me on trial  
 because, compared to you, nobody's good.

<sup>3</sup>My enemy has chased me,  
 crushed me on the ground,  
 and made me sit in the dark like people long dead.

<sup>4</sup>So I feel overwhelmed,  
 and my heart is empty.

<sup>5</sup>I remember the old days;  
 I ponder everything you've done  
 and think about what you've made.

<sup>6</sup>I reach out for you,  
 thirsty for you like parched ground. Ps 143:1-6

<sup>7</sup>Answer me right away, LORD;  
 my spirit is failing; don't hide from me,  
 or I'll get like those destined for the Pit.

<sup>8</sup>Let me hear about your enduring love every morning  
     because I put my trust in you;  
     show me where to walk  
     because I'm lifting myself up to you.

<sup>9</sup>Deliver me from my enemies;  
     you're my refuge.

<sup>10</sup>Teach me how to do your will  
     because you're my God;  
     let your good Spirit lead me on level ground.

<sup>11</sup>In defense of your honor, LORD, protect me;  
     in your goodness, take me away from trouble;

<sup>12</sup>in your enduring love, slay my enemies;  
     destroy the ones that abuse me,  
     because I'm your servant.

**Ps 143:7-12**

### **Psalm 144**

*A Psalm of David*

<sup>1</sup>Bless the LORD, my Rock,  
     who trains my hands for war,  
     my fingers for battle.

<sup>2</sup>He's my enduring love and fortress,  
     my stronghold and deliverer,  
     my shield and refuge,  
     who subdues nations.

<sup>3</sup>LORD, what are we that you give us any thought  
     or care about us?

<sup>4</sup>We're like a breath;  
     our lifetime is like a passing shadow.

**Ps 144:1-4**

<sup>5</sup>Lower the sky, LORD, and come down;  
     touch the mountains and make them smoke.

<sup>6</sup>Throw your lightning bolts and scatter *my enemies*;  
     shoot your arrows and rout them.

<sup>7</sup>Reach down from on high  
     and rescue me from deep water,

**from aliens <sup>8</sup>that lie,  
whose right hand deceives.**

<sup>9</sup>I'll sing you a new song, God;

I'll sing praise to you on a ten-string harp.

<sup>10</sup>You deliver kings

and rescued David from the cruel sword.

<sup>11</sup>Deliver me **from aliens that lie,**

**whose right hand deceives.**

**Ps 144:5-11**

<sup>12</sup>Make our sons in their youth like grown-up plants

and our daughters like corner pillars in a palace.

<sup>13</sup>Fill our granaries with every kind of crop;

have our flocks bear thousands—tens of thousands—in our pastures.

<sup>14</sup>Have our cattle deliver without miscarriage or failure to bear;

make it so there's no danger in our streets.

<sup>15</sup>How happy people are that have such blessings;

how blessed they are that have the LORD as their God! **Ps 144:12-15**

### **Psalm 145**

*A Psalm of Praise.* by David

<sup>1</sup>I'll praise you highly, my God and king,

and bless you forever.

<sup>2</sup>I'll bless you every day

and praise you from now on.

<sup>3</sup>You're great and deserve great praise;

you have a greatness we have no way to measure.

<sup>4</sup>One generation will praise your works to the next

and tell about the powerful things you've done.

<sup>5</sup>They'll think about your majestic glory and splendor

and about your amazing acts.

<sup>6</sup>People will talk about the power evident in your awesome deeds

and tell how great you are.

<sup>7</sup>They'll overflow with the fame of your abundant goodness

and loudly sing about your godliness.

**Ps 145:1-7**

<sup>8</sup>The LORD is gracious and merciful,  
 slow to get angry and great in enduring love.  
<sup>9</sup>He's good to everyone;  
 his mercy spreads out across his whole creation.  
<sup>10</sup>Everything he's made will thank him;  
 his holy people will bless him.  
<sup>11</sup>They'll speak of the honor his kingdom has  
 and talk about his power  
<sup>12</sup>to make known his powerful deeds  
 and the glorious majesty of his kingdom.  
<sup>13</sup>His kingdom lasts forever;  
 his dominion continues across all generations.

Ps 145:8-13

<sup>14</sup>The LORD catches the ones that fall down  
 and straightens up those who are bent over.  
<sup>15</sup>Everyone looks to him for help,  
 and he gives them their food as needed.  
<sup>16</sup>He meets the needs of every living thing.  
<sup>17</sup>The LORD shows his goodness in everything he does,  
 his kindness in every deed.  
<sup>18</sup>He's near to those who call on him,  
 that call on him sincerely.  
<sup>19</sup>He provides for the people who respect him;  
 he hears their call and saves them.  
<sup>20</sup>He protects those who love him,  
 but destroys the sinful.  
<sup>21</sup>I'll speak praise to the LORD;  
 everyone will bless him forever.

Ps 145:14-21

### Psalm 146

<sup>1</sup>Praise the LORD, my soul!  
<sup>2</sup>I'll praise my God as long as I live  
 and sing praises to him as long as I'm here.  
<sup>3</sup>Don't rely on rulers,  
 mortals, who can't help.

<sup>4</sup>They quit breathing and go back into the ground;  
their plans come to an end at the same time.

<sup>5</sup>How blessed they are that have Jacob's God to help them,  
whose hope lies in the LORD

<sup>6</sup>that made earth and sky,  
the ocean and everything in them,  
that's dependable forever,

<sup>7</sup>who renders justice to the oppressed,  
who feeds the hungry  
and sets the prisoners free.

**Ps 146:1-7**

<sup>8</sup>He gives sight to the blind,  
lifts up the burdened,  
and loves the godly.

<sup>9</sup>He protects foreigners  
and supports widows and the fatherless,  
but thwarts the sinful.

<sup>10</sup>The LORD will reign forever,  
your God, Zion, to all generations.

**Hallelujah!**

**Ps 146:8-10**

### **Psalm 147**

**<sup>1</sup>Hallelujah!**

It's good to sing praises to our God;  
praising him is fitting because he's gracious.

<sup>2</sup>The LORD builds up Jerusalem  
and gathers the outcasts in Israel.

<sup>3</sup>He heals the brokenhearted  
and bandages up their wounds.

<sup>4</sup>He counts the stars  
and calls them each by name.

<sup>5</sup>Our Lord is great and has great power,  
and understanding without limit.

<sup>6</sup>He supports the abused  
and takes sinners down to the ground.

**Ps 147:1-6**



- <sup>7</sup>Sing thanksgiving to the LORD;  
sing praise to our God with a lyre.
- <sup>8</sup>He covers the sky with clouds,  
provides rain for the ground,  
and makes grass grow on the hills.
- <sup>9</sup>He gives animals their food  
and *feeds* the young ravens when they caw.
- <sup>10</sup>He doesn't delight in the strength of horses  
or take pleasure in human might.
- <sup>11</sup>The LORD favors those who respect him,  
who place their hopes in his enduring love.

Ps 147:7-11

- <sup>12</sup>Praise the LORD, Jerusalem;  
praise your God, Zion.
- <sup>13</sup>He's reinforced the bars on your gates  
and blessed those who reside in you.
- <sup>14</sup>He brings peace to your borders  
and satisfies you with the finest wheat.
- <sup>15</sup>He issues his command to the world,  
and his message travels swiftly.
- <sup>16</sup>He sends snow like wool  
and scatters frost like ashes.
- <sup>17</sup>He makes it hail;  
who can stand his freezing cold?
- <sup>18</sup>He speaks and it melts;  
he makes wind blow and water flow.
- <sup>19</sup>He declares his message to Jacob,  
his statutes and ordinances to Israel.
- <sup>20</sup>He hasn't dealt this way with any other nation;  
they haven't known his ordinances.

**Hallelujah!**

Ps 147:12-20

**Psalm 148****<sup>1</sup>Hallelujah!**

Praise the LORD from heaven;  
praise him in the sky.

<sup>2</sup>Praise him, all his hosts of angels.

<sup>3</sup>Praise him, sun and moon  
and shining stars.

<sup>4</sup>Praise him, highest heaven,  
and water vapor in the sky.

<sup>5</sup>Let them praise the LORD  
because he commanded and they came to be.

<sup>6</sup>He established them forever  
by a decree that won't expire.

**Ps 148:1-6**

<sup>7</sup>Praise the LORD from earth,  
you sea monsters and all the great deep,

<sup>8</sup>fire and hail, snow and clouds,  
stormy wind fulfilling his command,

<sup>9</sup>mountains and hills,  
fruit trees and cedars,

<sup>10</sup>wild animals and livestock,  
crawling things and flying birds,

<sup>11</sup>kings of the earth and all the nations,  
officials and judges

<sup>12</sup>young men and virgins,  
old men and children.

<sup>13</sup>Praise the LORD  
because he alone is to be esteemed;  
his honor towers higher than earth and sky.

<sup>14</sup>He makes his people strong  
and establishes praise for his holy nation,  
for Israel that's near him.

**Hallelujah!**

**Ps 148:7-14**

## **Psalm 149**

**<sup>1</sup>Hallelujah!**

Sing the LORD a new song;  
praise him in the assembly of his holy people.

<sup>2</sup>Be happy in your Maker, Israel;

celebrate your King, people of Zion.

<sup>3</sup>Praise him with dancing;

sing praises with tambourines and lyres,

<sup>4</sup>because the LORD delights in you

and graces harassed people with deliverance.

**Ps 149:1-4**

<sup>5</sup>Holy people, celebrate in glory;

sing for joy on your couches.

<sup>6</sup>Have the high praises of God in your voices

and two-edged swords in your hands

<sup>7</sup>to carry out vengeance on nations

and punishment on peoples,

<sup>8</sup>to bind kings with chains

and nobles with iron restraints,

<sup>9</sup>to carry out prescribed judgment on them.

That's an honor for all his holy people.

**<sup>10</sup>Hallelujah!**

**Ps 149:5-10**

## **Psalm 150**

**<sup>1</sup>Hallelujah!**

Praise God in his sanctuary;

praise him in his heavenly expanse.

<sup>2</sup>Praise him for his powerful deeds

in proportion to his greatness.

<sup>3</sup>Praise him with trumpet, harp, and lyre.

<sup>4</sup>Praise him with tambourines and dancing,

with stringed instruments and flutes.

<sup>5</sup>Praise him with cymbals,

with loud crashing cymbals.

<sup>6</sup>Everything that breathes, praise the LORD.

**Hallelujah!**

**Ps 150:1-6**