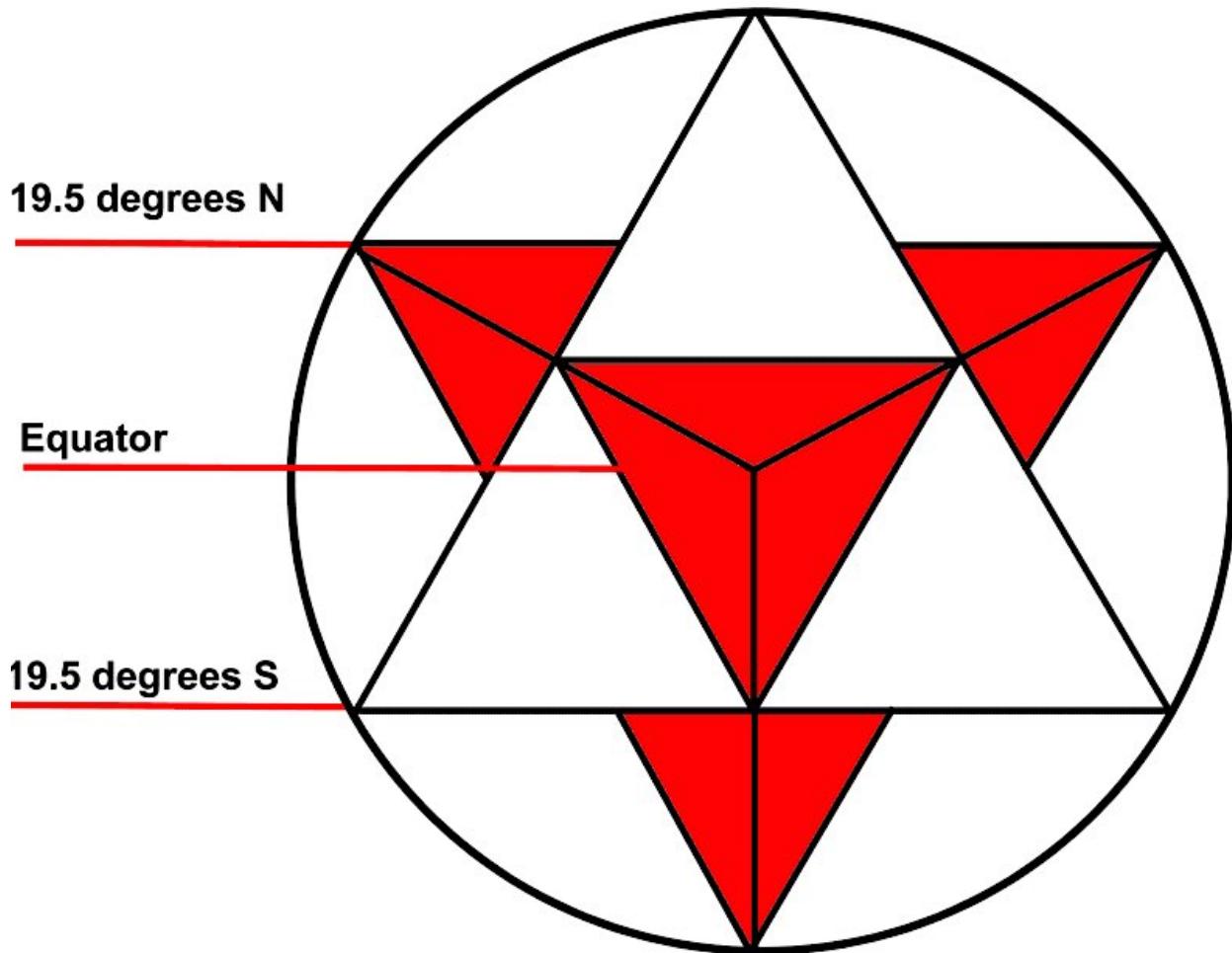


# White Sphere [Rev. 20180726]

By J — Latest revision: [http://allis.foundation/White\\_Sphere.pdf](http://allis.foundation/White_Sphere.pdf)



ABOVE: A SPHERE FORMED BY TWO OPPOSING VORTEXES UNITED IN EQUILIBRIUM, CREATES 19.47° LATITUDE “ERUPTIONS OF LIGHT.” \*1

The latitude where a tetrahedron intersects a sphere if the tetrahedron fits perfectly inside the sphere is 19.47 degrees north or south depending on the orientation of the tetrahedron. At this latitude one finds lines of increased activity on the surface of the sphere. For example, the Big Island of Hawaii is both the largest active volcano and the largest mountain on Earth (taller than Mt. Everest when measured from the sea floor to summit) and sits exactly at 19.47 degrees north. Dolphins and whales go to the bays on either side of the Big I. to give birth exactly at 19.47 degrees. There is increased sun spot activity on the Sun at 19.47 degrees, the Big Red Spot vorticular storm has stayed at 19.47 degrees on Jupiter ever since humans first observed it over 350 years ago and as well, anomalies occur in triangular areas on Earth at 19.47 degrees north and south. Most people are familiar with the The Bermuda Triangle, however there are many other areas where unexplained phenomenon have been occurring for decades including the somewhat known Devil's Triangle south of Japan. Notice where the triangle is off the western coast of Australia.... \*2

## **God is Light**

HE who was from the beginning, the one whom we have heard and seen with our eyes, looked upon and handled with our hands, we declare to you that he is the word of life. For the life was manifested, and we have seen it, and bear witness to it, and preach to you eternal life, which was with the Father, and was revealed to us; It is that which we have seen and heard that we declare to you, so that you also may have fellowship with us: and truly our fellowship is with the Father and with his Son Jesus Christ. And these things we write to you, that our joy in you may be complete.

This then is the good news which we have heard from him, and declare to you, that God is light, and in him is no darkness at all. If we say that we have fellowship with him and yet live in darkness, we lie, and do not follow the truth: But if we live in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.

If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar and his word is not in us. <sup>\*3</sup>

God is in reality, and exists in substance.

God is thinking Mind.

The substance, or body, of God is light.

The One universal substance, which is God, is a tangible substance, a thinking substance, comprehensible and describable and possessed of principles which are familiar to man through man's observation of the One universal substance in "created" things...

Mind is expressed in light.

Light is the storehouse of the energy of thinking Mind.

The energy of the universe is the energy of thinking Mind.

The universe is a universe of energy.

Energy is expressed in light.

Mind is the universe.

Mind substance is "spiritual" substance.

Spirit is light.

Spirit is the ultimate, the eternal, though finite substance. <sup>\*4</sup>

## **Uncovering the True Nature**

**Humanity is at the crossroads now.** On the one hand ignorance keep humanity oblivious of the fundamental matters of life, and, on the other hand commercial enterprises, with the help of science and technology, keep them engaged (busy) by creating more and more needs and then supplying products to fulfill them. The situation further got complicated by the commercialization of almost every important social institution, be it political or religious, on earth now. Majority of the people are lead to believe that despite minor inconveniences everything is alright and with some more money things will be better in future.

S R I found '**Ignorance' as the root cause of every problem**' that we face in the world at this particular period in time. Ignorance is the undeveloped and/or conditioned state of mind that make people think they are just a physical being, born to experience the present material world only. Ignorant person considers temporary things (effect) as permanent and permanent things (cause) as non-existent. Ignorance causes a sense of emptiness and separation and makes the person fearful and restless. The results are all the evils that we see in our world - endless craving for transient things (money, possessions, sensual pleasure, power, fame, etc), cheating, theft, rape, murder, war etc. Ignorance, with the help of religious superstition and science and technology, has progressed to such a level that survival of humanity on planet earth is at stake now. Ignorance and scientific knowledge are a perfect mix for disaster (examples are weapons of mass destruction, harmful chemicals in air/water/food, global warming etc.).

One of the great masters known to humanity said '**You will know the truth and the truth shall set you free**'. Knowing truth of something is seeing it 'as it is' (seeing the reality of it). When you understand the truth about yourself (the spiritual, mental and physical natures and the purpose of life) you will understand other selves and also the oneness of all creation. All of us are on the evolutionary journey to the destination called self realization (this is the purpose of life) which happens in numerous stages/cycles. This journey happens unconsciously and hence very slowly till the time the being is awakened. Once awakened, we can see how our mental body is conditioned (limited view point - narrow mindedness) and how we are reacting to protect this conditioning. We will also know that until these conditionings are removed we could not make any meaningful progress in our present stage of evolutionary journey.

Have the courage to see the truth of your being. If you merely accept that which confirms your conditioning or close up when your opinions/beliefs are contradicted, you cannot become free. **The more you know, the more will be your capacity to know deeper things.** Everything in and around us will makes sense only to the extent of our progress made in this journey. As the person learn the fundamental truths of life and move up in the scale of life (mature), to that extent his/her ignorance go away and he/she become free and experience real peace and happiness in ascending degrees.

**An individual who has awakened to his/her true nature only can live in harmony with the physical, mental, emotional, and spiritual aspects of the being.** He/she can live naturally following the messages of nature, both internal and external. Only an awakened person can see the unity of All Life and accept humanity as one brotherhood. **Only such individuals manifest true love and bother about helping themselves and fellow beings by taking care of the society and environment** (with practices like value based education, natural farming, naturopathy, natural and affordable architecture, renewable energy sources, reducing the need for polluting and energy intensive processes by creating innovative products and services, and everything that support sustainable development).

**Understanding 'who we are' and then consciously living is the only sustainable solution personally and universally, locally and globally.** S R I call this 'Natural Living' because it is about helping the individual to become conscious and naturally evolve to higher levels of consciousness. Natural living is Sustainable - it is harmonious and will bring a balance in all areas of our being—a healthy body, calm and steady mind, developed intellect and a loving heart. As each person is at a certain stage of the evolutionary journey, we cannot expect all of them to be awakened at this point of time. It, therefore, become the responsibility of the awakened individuals to take the lead and join hands with other such individuals to create awareness and support the masses to come up in life. Lesser forms of ideas may be attempted, but ultimately it will be discovered that 'Natural Living' is the only sustainable solution that can bring peace and harmony, and ensure continuity of life on planet earth.

**The need of the hour is awakened individuals** who could not only save humanity from present sufferings and imminent catastrophe but also guide to abundant life on planet earth and hereafter. We need awakened entrepreneurs who are motivated by sustainability of life rather than making money at any cost. We need awakened leaders at every levels of our society to change/sanitize the corrupt political, religious and economic systems that enable few wealthy and powerful individuals to become more wealthy and powerful and keep the majority of fellow human beings in poverty and suffering. Inclusive growth can happen only when people realize the unity of all life and love one another.

**The Ultimate Reality of the universe is Spirit, the Creator. We are nothing but an individualized expression of this Spirit**—presently experiencing life as human beings. Spiritual Laws (primarily the 'Law of Cause & Effect' or 'the Law of Karma', as far as our present stage is concerned) govern everything throughout the cosmos both visible and invisible world. It operates to restore the balance in all things, everywhere. Every Cause has an Effect; every Effect has a Cause. The choices and actions we make returns to us like the swing of a pendulum (whosoever man sows that shall he also reap). Thoughts and actions by any of us, in any manner, will affect all of us, irrespective of whether one realizes it or not. There are no accidents, everything has a reason and purpose and happen according to this Law.

... Based on this theory we will help individuals to realize their 'True Nature' and become masters of their life so that they can live an 'abundant life' on planet earth and hereafter. The task at hand is huge and become increasingly difficult when majority of our fellow travelers are not awake. However, we cannot be mute spectators when our fellow beings are suffering and our planet being destroyed. Those few who are awake have to not only take care of their individual life but have to take the additional responsibility of helping and empowering the rest.

**Our research has revealed that barring the cultural and time differences there were actually no difference in the fundamental teachings of all the Great Masters** (it is another matter that majority of 'believers' do not understand what these Masters really taught). Hence there is no valid spiritual reason or need for any religious divisions. We are all ONE—manifestation of the same Spirit, the Creator, now sharing a small planet called Earth, a minuscule particle in this endless universe. Though our individual existence can be compared to that of a drop of water in the ocean, we are an integral part of this universe and have a definite role to play.

... there can be no real understanding if we listen only to those things that gratify or confirm our existing beliefs and ideas. Therefore, we advise the seeker to be patient; take only what is making sense now and try to embody them which will then lead to higher truths and ultimately to the realization of our true inner nature. The key idea is to learn, grow and achieve harmony, in ascending degrees.

**Together we can make the world a better place. <sup>\*5</sup>**

## Third Eye

In the physical body the eye views objects upside down.

It sends the image of what it observes to the brain which interprets the image and makes it appear right side-up to us. But the human body has another physical eye whose function has long been recognized by humanity.

It is called the 'Third Eye' which in reality is the Pineal Gland. It is long thought to have mystical powers.

Many consider it the *Spiritual Third Eye*, our Inner Vision.

It is located in the geometric center of the brain. This correlates to the location of the Great Pyramid in the center of the physical planet.

The Pineal Gland is about the size of a pea, and is in the center of the brain in a tiny cave behind and above the pituitary gland which lies a little behind the root of the nose. It is located directly behind the eyes, attached to the third ventricle.

The true function of this mysterious gland has long been contemplated by philosophers and Spiritual Adepts. Ancient Greeks believed the pineal gland to be our connection to the *Realms of Thought*. Descartes called it the *Seat of the Soul*. This gland is activated by Light, and it controls the various biorhythms of the body. It works in harmony with the hypothalamus gland which directs the body's thirst, hunger, sexual desire and the biological clock that determines our aging process.

When the pineal gland awakens one feels a pressure at the base of the brain. This pressure will often be experienced when connecting to higher frequency. A head injury can also activate the *Third Eye—Pineal Gland*.

While the physiological function of the pineal gland has been unknown until recent times, mystical traditions and esoteric schools have long known this area in the middle of the brain to be the connecting link between the physical and spiritual worlds. Considered the most powerful and highest source of ethereal energy available to humans, the pineal gland has always been important in initiating supernatural powers.

*Development of psychic talents* has been closely associated with this organ of higher vision...

The pineal gland secretes melanin during times of relaxation and visualization. As we are created by electromagnetic energy—and react to EM energy stimuli around us—so does the pineal gland.

When activated, the pineal gland becomes the line of communication with the higher planes. The crown chakra reaches down until its vortex touches the pineal gland. *Prana*, or pure energy, is received through this energy center in the head. With Practice the vibration level of the astral body is raised, allowing it to separate from the physical.

To activate the 'third eye' and perceive higher dimensions, the pineal gland and the pituitary body must vibrate in unison, which is achieved through meditation and/or relaxation. When a correct relationship is established between personality, operating through the pituitary body, and the soul, operating through the pineal gland, a magnetic field is created.

The negative and positive forces interact and become strong enough to create the '*light in the head*'. With this 'light in the head' activated, astral projectors can withdraw themselves from the body, carrying the light with them.

Astral travel, and other *occult abilities*, are closely associated with the development of the '*light in the head*'. After physical relaxation, concentration upon the pineal gland is achieved by staring at a point in the middle of the forehead. Without straining the muscles of the eye, this will activate the pineal gland and the 'third eye'..

Many native traditions and mystical practices refer to the ability of 'seeing' or being aware of energy fields at higher levels. This abstract awareness is much more subjective and does not involve the normal level of mundane consciousness, which is mostly concerned with self-identity. This 'seeing' refers to the sight of the 'third eye'.

Consciousness is raised from an emotional nature into an illumined awareness when the pineal gland is lifted from dormancy. If the pineal gland is not yet fully developed, it will be in the course of evolution.

When our sense of ego and personality are set aside and we keep our mental energy intact, we can become conscious of the non-physical, our inner self, the subconscious, through different practices to activate the '*light in the head*'.<sup>6</sup>

## Unity

"GO THOU THEREFORE TO TEN MEN WHO WILL BELIEVE ON THEE AND MULTIPLY THOU THEM BY TEN AND YET AGAIN TEN UNTIL AN ARMY SHALL BE AS A WALL OF GRANITE BENEATH THY FEET."

These words hold a sacred command to all who read them with inner Eyes for the time has come when man must work to bring UNITY into the world or perish by his own hand.

Our world is toppling through unbalanced conditions in every element of human relations. That balance MUST be restored lest we again destroy ourselves.

Fear, hate, discontent and disunity must go out of our human relations and love must come in.

TAKING unequally by force must be replaced by GIVING equally with love.

This deeply suffering world has long been saying that a "miracle" must happen to save us.

There is no magic wand which wishful thinking can use to perform the miracle now needed by man. That miracle which can happen to save the world lies within you and your neighbor.

First there must come the great awakening of the world to its danger by those who comprehend that danger. That awakening should come like a great siren reaching out into the comprehension of the whole country by a campaign of education instituted by Industry to gather all men together in an organized movement for working with a greater SINGLENESS OF PURPOSE than the world has ever known.

That one single purpose is to bring the Universal Brotherhood of man into world-consciousness and thus unite all men as one.<sup>7</sup>

# Beings of Light

*Increasingly science agrees with the poetry of direct human experience: we are more than the atoms and molecules that make up our bodies, but beings of light as well. Biophotons are emitted by the human body, can be released through mental intention, and may modulate fundamental processes within cell-to-cell communication and DNA.*

Nothing is more amazing than the highly improbable fact that we exist. We often ignore this fact, oblivious to the reality that instead of something there *could* be nothing at all, i.e. why is there a universe (poignantly aware of itself through us) and not some void completely unconscious of itself?

Consider that from light, air, water, basic minerals within the crust of the earth, and the at least 3 billion year old information contained within the nucleus of one diploid zygote cell, the human body is formed, and within that body a soul capable of at least trying to comprehend its bodily and spiritual origins.

Given the sheer insanity of our existential condition, and bodily incarnation as a whole, and considering that our earthly existence is partially formed from sunlight and requires the continual consumption of condensed sunlight in the form of food, it may not sound so farfetched **that our body emits light**.

Indeed, the human body emits biophotons, also known as ultraweak photon emissions (UPE), with a visibility 1,000 times lower than the sensitivity of our naked eye. While not visible to us, these particles of light (or waves, depending on how you are measuring them) are part of the visible electromagnetic spectrum (380-780 nm) and are detectable via sophisticated modern instrumentation.

## The Physical and “Mental” Eye Emits Light

The eye itself, which is continually exposed to ambient powerful photons that pass through various ocular tissues, emit spontaneous and visible light-induced ultraweak photon emissions. It has even been hypothesized that visible light induces delayed bioluminescence within the exposed eye tissue, providing an explanation for the origin of the negative afterimage.

These light emissions have also been correlated with cerebral energy metabolism and oxidative stress within the mammalian brain. And yet, biophoton emissions are not necessarily epiphenomenal. Bókkon's hypothesis suggests that photons released from chemical processes within the brain produce biophysical pictures during visual imagery, and a recent study found that when subjects actively imagined light in a very dark environment *their intention* produced significant increases in ultraweak photo emissions. This is consistent with an emerging view that biophotons are not solely cellular metabolic by-products, but rather, because biophoton intensity can be considerably higher inside cells than outside, it is possible for the mind to access this energy gradient to create intrinsic biophysical pictures during visual perception and imagery.

## Our Cells and DNA Use Biophotons To Store and Communicate Information

Apparently biophotons are used by the cells of many living organisms to communicate, which facilitates energy/information transfer that is several orders of magnitude faster than chemical diffusion. According to a 2010 study, “Cell to cell communication by biophotons have been demonstrated in plants, bacteria, animal neutrophil granulocytes and kidney cells.” Researchers were able to demonstrate that “...different spectral light stimulation

(infrared, red, yellow, blue, green and white) at one end of the spinal sensory or motor nerve roots resulted in a significant increase in the biophotonic activity at the other end." Researchers interpreted their finding to suggest that "...light stimulation can generate biophotons that conduct along the neural fibers, probably as neural communication signals."

Even when we go down to the molecular level of our genome, DNA can be identified to be a source of biophoton emissions as well. One author proposes that DNA is so biophoton dependent that it has excimer laser-like properties, enabling it to exist in a stable state far from thermal equilibrium at threshold.

Technically speaking a biophoton is an elementary particle or quantum of light of non-thermal origin in the visible and ultraviolet spectrum emitted from a biological system. They are generally believed to be produced as a result of energy metabolism within our cells, or more formally as a "...by-product of biochemical reactions in which excited molecules are produced from bioenergetic processes that involves active oxygen species."

### **The Body's Circadian Biophoton Output**

Because the metabolism of the body changes in a circadian fashion, biophoton emissions also variate along the axis of diurnal time. Research has mapped out distinct anatomical locations within the body where biophoton emissions are stronger and weaker, depending on the time of the day:

Generally, the fluctuation in photon counts over the body was lower in the morning than in the afternoon. The thorax-abdomen region emitted lowest and most constantly. The upper extremities and the head region emitted most and increasingly over the day. Spectral analysis of low, intermediate and high emission from the superior frontal part of the right leg, the forehead and the palms in the sensitivity range of the photomultiplier showed the major spontaneous emission at 470-570 nm. The central palm area of hand emission showed a larger contribution of the 420-470 nm range in the spectrum of spontaneous emission from the hand in autumn/winter. The spectrum of delayed luminescence from the hand showed major emission in the same range as spontaneous emission.

The researchers concluded that "The spectral data suggest that measurements might well provide quantitative data on the individual pattern of peroxidative and anti-oxidative processes in vivo."

### **Meditation and Herbs Affect Biophoton Output**

Research has found an oxidative stress-mediated difference in biophoton emission among mediators versus non-meditators. Those who meditate regularly tend to have lower ultra-weak photon emission (UPE, biophoton emission), which is believed to result from the lower level of free radical reactions occurring in their bodies. In one clinical study involving practitioners of transcendental meditation (TM) researchers found:

The lowest UPE intensities were observed in two subjects who regularly meditate. Spectral analysis of human UPE has suggested that ultra-weak emission is probably, at least in part, a reflection of free radical reactions in a living system. It has been documented that various physiologic and biochemical shifts follow the long-term practice of meditation and it is inferred that meditation may impact free radical activity.

Interestingly, an herb well-known for its use in stress reduction (including inducing measurable declines in cortisol), and associated heightened oxidative stress, has been tested clinically in reducing the level of biophotons emitted in human subjects. Known as rhodiola, a study published in 2009 in the journal *Phytotherapeutic Research* found that

those who took the herb for 1 week has a significant decrease in photon emission in comparison with the placebo group.

### **Human Skin May Capture Energy and Information from Sunlight**

Perhaps most extraordinary of all is the possibility that our bodily surface contains cells capable of efficiently trapping the energy and information from ultraviolet radiation. A study published in the *Journal of Photochemistry and Photobiology* in 1993, titled, "Artificial sunlight irradiation induces ultraweak photon emission in human skin fibroblasts," discovered that when light from an artificial sunlight source was applied to fibroblasts from either normal subjects or with the condition xeroderma pigmentosum, characterized by deficient DNA repair mechanisms, it induced far higher emissions of ultraweak photons (10-20 times) in the xeroderma pigmentosum group. The researchers concluded from this experiment that "These data suggest that xeroderma pigmentosum cells tend to lose the capacity of efficient storage of ultraweak photons, **indicating the existence of an efficient intracellular photon trapping system within human cells.**" More recent research has also identified measurable differences in biophoton emission between normal and melanoma cells.

In a previous article, Does Skin Pigment Act Like A Natural Solar-Panel, we explored the role of melanin in converting ultraviolet light into metabolic energy:

Melanin is capable of transforming ultraviolet light energy into heat in a process known as "ultrafast internal conversion"; more than 99.9% of the absorbed UV radiation is transformed from potentially genotoxic (DNA-damaging) ultraviolet light into harmless heat.

If melanin can convert light into heat, could it not also transform UV radiation into other biologically/metabolically useful forms of energy? This may not seem so farfetched when one considers that even gamma radiation, which is highly toxic to most forms of life, is a source of sustenance for certain types of fungi and bacteria...

Gerald Pollack, PhD, who wrote The 4th Phase of Water has identified water molecules, which constitute 99% of the molecules in our body by number, as capable of storing the energy of sunlight like batteries and driving the majority of processes within our body as a primary, non-ATP-based source of energy...

### **The Body's Biophoton Outputs Are Governed by Solar and Lunar Forces**

It appears that modern science is only now coming to recognize the ability of the human body to receive and emit energy and information directly from the light given off from the Sun.

There is also a growing realization that the Sun and Moon affect biophoton emissions through gravitational influences. Recently, biophoton emissions from wheat seedlings in Germany and Brazil were found to be synchronized transcontinentally according to rhythms associated with the lunisolar tide. In fact, the lunisolar tidal force, to which the Sun contributes 30 % and the Moon 60 % of the combined gravitational acceleration, has been found to regulate a number of features of plant growth upon Earth.

### **Intention Is a Living Force of Physiology**

Even human intention itself, the so-called ghost in the machine, may have an empirical basis in biophotons.

A recent commentary published in the journal *Investigacion clinica* titled “Evidence about the power of intention” addressed this connection:

Intention is defined as a directed thought to perform a determined action. Thoughts targeted to an end can affect inanimate objects and practically all living things from unicellular organisms to human beings. The emission of light particles (biophotons) seems to be the mechanism through which an intention produces its effects. All living organisms emit a constant current of photons as a mean to direct instantaneous nonlocal signals from one part of the body to another and to the outside world. Biophotons are stored in the intracellular DNA. When the organism is sick changes in biophotons emissions are produced. Direct intention manifests itself as an electric and magnetic energy producing an ordered flux of photons. Our intentions seem to operate as highly coherent frequencies capable of changing the molecular structure of matter. For the intention to be effective it is necessary to choose the appropriate time. In fact, living beings are mutually synchronized and to the earth and its constant changes of magnetic energy. It has been shown that the energy of thought can also alter the environment. Hypnosis, stigmata phenomena and the placebo effect can also be considered as types of intention, as instructions to the brain during a particular state of consciousness. Cases of spontaneous cures or of remote healing of extremely ill patients represent instances of an exceedingly great intention to control diseases menacing our lives. The intention to heal as well as the beliefs of the sick person on the efficacy of the healing influences promote his healing. In conclusion, studies on thought and consciousness are emerging as fundamental aspects and not as mere epiphenomena that are rapidly leading to a profound change in the paradigms of Biology and Medicine.

So there you have it. Science increasingly agrees with direct human experience: we are more than the atoms and molecules of which we are composed, but beings that emit, communicate with, and are formed from light. <sup>\*8</sup>

## The Eternal Question

“Who am I?”

...

“What is my relation to the universe, to man, and to God?”

...

“What is Truth? How am I to know Truth?”

...

“How am I to find Balance?”

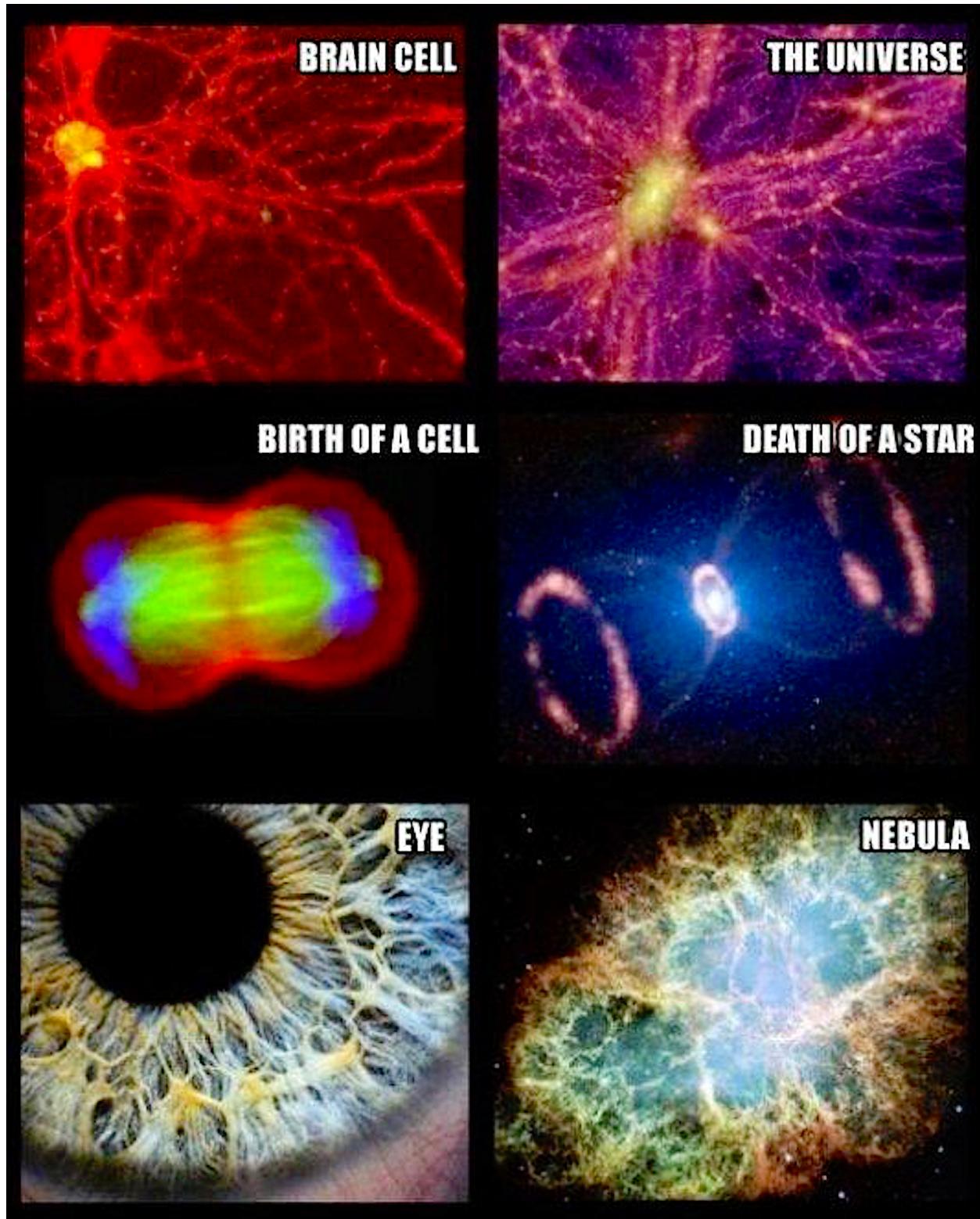
...

Truth is simple. Balance is simple...

In this one fundamental Universal Law lies the balanced continuity of all creative expression in God’s electric wave universe of two conditioned lights in seeming motion which record God’s One Whole Idea of Creation into countless seemingly separate parts of that Whole Idea.

### The Voice Within

The great unanswered question of man has a simple answer. The Silent Voice within every man is ceaselessly whispering it to his awakening consciousness. Every desire written upon the heart of man is carried to the Source, and its answer will come, but few there are who ask comprehensively and fewer still who hear... <sup>\*9</sup>



ABOVE: "AS ABOVE, SO BELOW" — WHILE THESE VISUALIZED IMPRESSIONS ARE NOT EXACTLY ACCURATE FOR TECHNICAL COMPARISONS, BY AN ILLUSTRATIVE PURPOSE, SUFFICE TO INTRODUCE AWARENESS THAT ALL PROCESSES IN THE UNIVERSE ARE BASED ON LIGHT. \*10

"Evolution is a cosmic process that is going somewhere in and through time." —Andrew Cohen

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## **Acknowledgments**

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Thank you.

### **God**

The *All* that *IS*.

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