

Anything [Rev. 20180825]

By J — Latest revision: <http://allis.foundation/Anything.pdf>

Q: What if how we generally interpret heaven and hell is correct, but misapplied in context?

Elaborated, what if instead of heaven or hell being a place you reach after death, it's actually the place you live in throughout your life? And you can choose whether to live “within” hell, or heaven, by choosing *how* to live your life, rather than being a place you reach when you biologically die?

For a simple example, take ‘Susie’, who's afraid of spiders. In fact, her greatest fear, is of facing these “creepy monsters” as she calls them. The fear being so great, that even though she ‘towers’ over them, she jumps away from and shrieks at the mere thought of sighting one. If Susie will live like this her entire life, isn't her living in constant fear of facing spiders her own form of hell?

If we equate this fear with the concept of shadows, as in, a person's inner shadow—a darkness or ‘demon’ within themselves which thrives on fear, manifesting itself through compulsive behaviors, and even attracting situations to encourage encounters with that which continues to feed on the fear from its host—‘it’ becomes easier to relate with in the living world as something *causing* fear.

If Susie gives into fear, giving it more power than it has, wouldn't one consider her to be living in a constant, permanent hell? Wouldn't she be constantly afraid, at least subconsciously or “in the back of her mind,” of running into a spider in every potential corner of any location she enters? Wouldn't it suggest, that Susie is living by the rules of her shadow, and not by her own true self?

So how would Susie break out of her personal hell?

The only way, would be to confront this fear head on, and to develop her inner faith in herself, to be willing to believe that no matter whether she encounters a spider or not, she will be safe, and can face confronting these by herself alone. IOW, for her to “make peace” with her fear of spiders.

If she can't do it alone, then perhaps someone can help to guide her, learn to develop a tolerance for being in the proximity of these spiders, maybe even letting one crawl on her hand, whatever it takes to build her faith and overcome her fear and perception of ‘mostly harmless’ creatures.

Susie will never be ‘whole’, until she faces her fear of spiders, or the *cause* of it. She will never be able to experience heaven, without developing faith in herself to overcome her reactions to these.

“Human thoughts, the very large majority of human thoughts, are opposed to universal law and order. Man's desires are mostly lawless, frivolous or vicious, and he gives rein to them when he thinks he can. Most people would, if they could, restrain others and be unrestrained themselves.” —*Harold W. Percival*

“To know about himself, and to get acquainted with himself, he must think. He does not see any progress when he tries to think what he really is. Then time is terrible and he fears to look through the fortress of his illusions until he is alone with his timeless Self.” —*Harold W. Percival*

“The most important human endeavor is the striving for morality in our actions. Our inner balance, and even our very existence depends on it. Only morality in our actions can give beauty and dignity to our lives.” —*Albert Einstein*



ABOVE: LIGHT PAINTING IMAGE BY JANNE PARVIAINEN — 'ILLUSTRATES THE *STAIRWAY TO HELL* OF FACING ONE'S BIGGEST FEAR' *1

"Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter." —*Isaiah 5:20*

You Are a Prophet

Your imagination is the single most important asset you possess.

Your imagination is your power to create mental pictures of things that don't exist yet and that you want to bring into being.

Your imagination is what you use to shape your future.

And so in your own way, you are a prophet. You generate countless predictions every day. Your imagination is the source, tirelessly churning out mental pictures of what you'll be doing in the future.

The featured prophecy of the moment may be as simple as a psychic impression of yourself devouring a fudge brownie at lunch or as monumental as a daydream of some year building your dream home on a mountainside in Hawaii.

Your imagination is a treasure when it spins out scenarios that are aligned with your deepest desires. Indeed, it is an indispensable tool in creating the life you want; it's what you use to form images of the conditions you'd like to inhabit and the objects you hope to wield. Nothing manifests on the material plane unless it first exists as a mental picture.

But for most of us, the imagination is as much a curse as a blessing. We're often just as likely to use it to conjure up premonitions that are at odds with our conscious values—that's the result of having absorbed toxic programming from the media and from our parents at an early age and from other influential people in our past.

Fearful fantasies regularly pop up into our awareness, many disguising themselves as rational thoughts and genuine intuitions. Those fearful fantasies may hijack our psychic energy, directing it to exhaust itself in dead-end meditations.

Every time we entertain a vision of being rejected or hurt or frustrated, every time we rouse and dwell on a memory of a painful experience, we're basically blasting ourselves with a hex.

Meanwhile, ill-suited longings are also lurking in our unconscious mind, impelling us to want things that aren't good for us and that we don't really need. Anytime we surrender to the allure of these false and trivial and counterproductive desires, our imagination is practicing a form of black magic.

This is the unsavory aspect of the imagination that the Zen Buddhists deride as the "monkey mind." The monkey mind is the part of our mental apparatus that's filled with pictures that endlessly zip around with the energy of an agitated monkey. If we can stop locating our sense of self in the endless surge of the monkey mind's slapdash fantasies, only then might we be able to be here now and want what we actually have.

But whether our imagination is in service to our noble desires or in the thrall of compulsive fears and inappropriate yearnings, there is one constant: The prophecies of our imagination can be pretty accurate. Many of our visions of the future do come to pass. The situations we expect to occur and the experiences we rehearse and dwell on are at least sometimes reflected back to us as events that confirm our expectations.

Does that mean that our mental projections create the future? Let's consider that possibility. What if it's at least partially true that what we expect will happen does tend to materialize?

Well, here's the logical conclusion: It's downright stupid and self-destructive to keep infecting our imaginations with pictures of loss and failure, doom and gloom, fear and loathing. The far more sensible approach is to expect blessings and joy and peace and fulfillment and understanding and meaningfulness.

And that's the reason why I'm so reverent in composing my messages for you. If I'm to be one of the influences you invite into the intimate sanctuary where you nurse your self-fulfilling prophecies, I really want to be gentle with you. It's why I avoid invoking worry and doubt, and instead nudge you in the direction of passion, integrity, happiness, and generosity.

And that's exactly the approach I'd like you to take. I want you to pay ultimate respect to yourself. Understand your power as a potent prophet of your own life. Flush away the images running around your imagination that are not in harmony with your life goals. Create images that encourage you to be your best. Cultivate feelings and ideas and imaginations that are in alignment with your highest ideals and deepest desires. ^{*2}

"The intellectual life is a function of the moral life of the thinker. In order to apprehend truth, which is the goal of the intellectual life, one must live a moral life. One can produce intellectual product, but to the extent that one prescind from living the moral life, that product will be more a function of internal desire—wish fulfillment, if you will—than external reality... In the intellectual life, one either conforms desire to truth or truth to desire." —*Michael E Jones*.

Some people put their faith in religion or science or political ideologies. English novelist J.G. Ballard placed his faith elsewhere: in the imagination. "I believe in the power of the imagination to remake the world," he wrote, "to release the truth within us, to hold back the night, to transcend death, to charm motorways, to ingratiate ourselves with birds, to enlist the confidences of madmen." How do you use the power of imagination to remake the world? ^{*3}

"We do not know whether Hitler is going to found a new Islam. He is already on the way; he is like Muhammad. The emotion in Germany is Islamic; warlike and Islamic. They are all drunk with a wild god." —*Carl Gustav Jung*

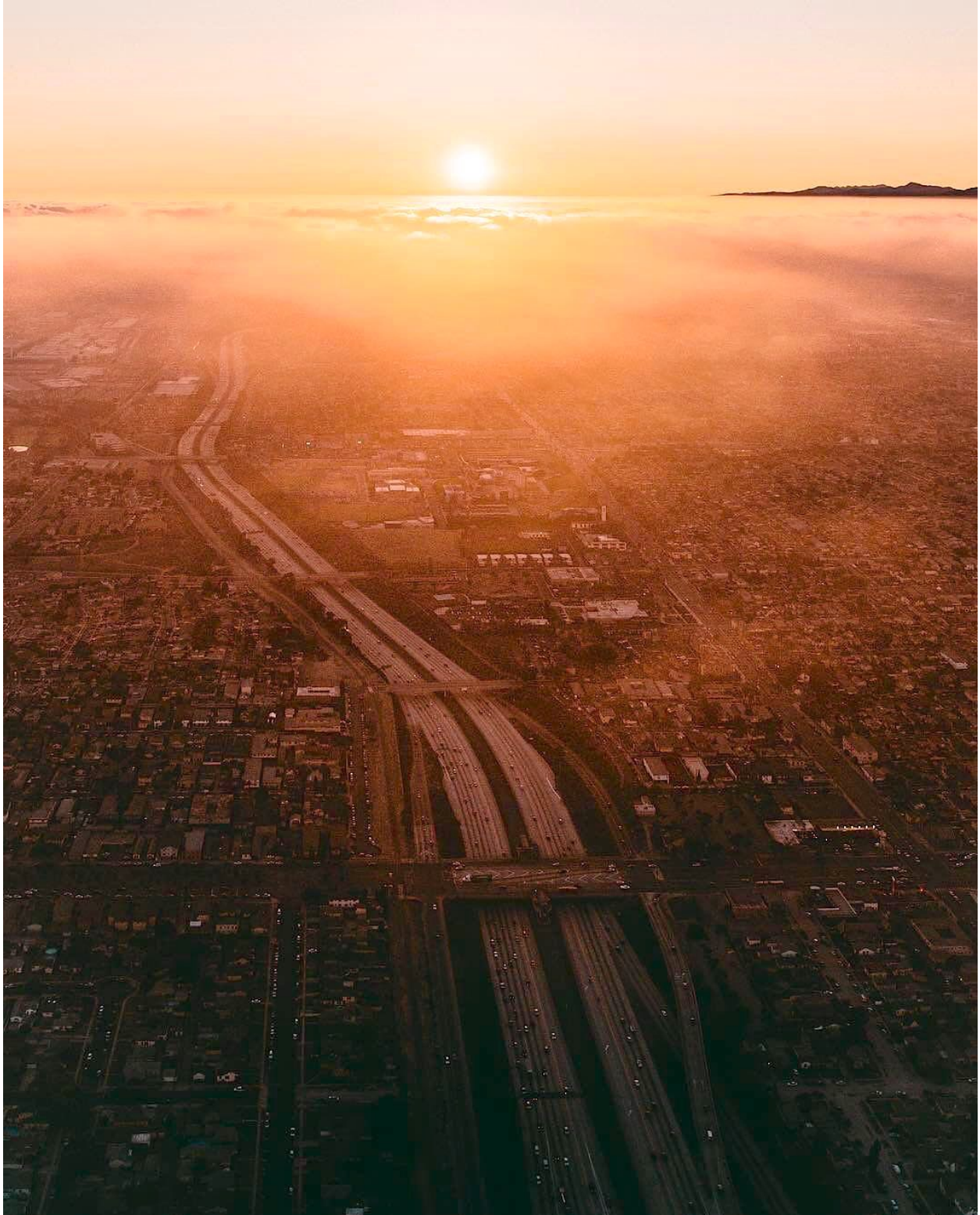
Metanoia

I went to sleep last night thinking about Metanoia and had this dream.

I was in a far northern country and it was a bleak midwinter. I stood in the back yard of a house and commented to the local inhabitant on how totally dark and black it was. He reassured me that in a moment it would all change. We went inside and walked through a passageway to the front of the house. I opened the front door and we stepped outside into full brilliant glorious sunshine.

That is Metanoia, it can be as quick as that. The preparation may take a long time, the act is instantaneous.

I used to have the privilege of studying with two highly gifted spiritual healers. Many, many times I watched them work with a woman partially crippled with polio, and one day I saw the woman walking—a very obvious great improvement. How long did it take to make the change, I asked them? They replied that it took only a second—but eighteen months of preparation. ^{*4}



ABOVE: INSTAGRAM PHOTO, LOS ANGELES, CA — 'TO SEE THE LIGHT, TURN WITHIN BEYOND REACH OF MODERN WORLD DISTRACTION' *5

"We shall not grow wiser before we learn that much that we have done was very foolish." —*F. A. Hayek*

Sources

- *1 = <https://digital-photography.wonderhowto.com/news/extreme-light-painting-artist-uses-just-one-led-trace-entire-rooms-with-light-waves-0138739/>
- *2 = <https://www.freewillastrology.com/beauty/beauty.main162.shtml>
- *3 = <https://www.freewillastrology.com/horoscopes/20180308p.html>
- *4 = <https://drjohndiamond.com/a-selection-of-papers/metanoia/>
- *5 = https://scontent-atl3-1.cdninstagram.com/t51.2885-15/e35/14676570_1557960060886822_8926394504538226688_n.jpg

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God

The *All* that *IS*.

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