

Triangles of Understanding [Rev. 20180628]

By J — Latest revision: http://allis.foundation/Triangles_of_Understanding.pdf

Negative consequences of socially engineered urban density living, go beyond simply demoralizing the human spirit, rather, are direct result of attempting to gain material and biological supremacy of man through denial of all that which he finds natural, healthy, and empowering, and replacing it with all that which isn't, as a means of testing and pushing him as far as possible to determine his limits and reach beyond them, with the goal of ultimately being capable of separating himself from all that is considered a true source and light of spiritual soul and God, in order to claim and become a god imbedded in man, powerful and indestructible, ever-lasting in his body.

This is most clearly manifested in replacing all that is consumed whole and healthy, with chemical alternatives by advertised deceptions, which lead to ever more depraved consequences for a living human being, as its inner strength is replaced with outer dependency, the spirit shrivels by giving in to 'new' but profane seductions, the mind's will becoming reinforced by an inverted victimized mentality, and body gains physical power as a reaction to protecting itself from force—which it is unable to identify and build a natural rapport with—that seeks to dominate, control, and conquer, to pacify feelings of inadequacy, desperation, anxiety, fear, depression, uncertainty, and intimacy without love in an environment promoting logical linear reasoning by the suppression of context.

Witness

Nobody in this world knows what it means to be a witness for God. Most of God's people don't even know!

Being a witness for God is not easy, but with it comes a mind-splitting reward...

The end of John's Gospel reads, "This is the disciple which testifieth of these things, and wrote these things: and we know that his testimony is true" (John 21:24). The Apostle John gave *true testimony*.

The word *testimony* is translated from the Greek *marturia*, which comes from *martus*, meaning *martyr*. Sometimes the Christian's life really is about dying for a cause. It is *always* about *giving* your life—about being a living sacrifice—for this cause. But being martyred is merely the end of a *physical* life. What follows is **eternal life**.

The word *testifieth* also means to *witness*, and is similar to the word *testimony*. John was a good *witness*. He was willing to be subjected to any trial—even death—in his testimony for Christ. This is the kind of *witness* Christ wants from all of us.

The words *testify* and *witness* **reveal the depth of our commitment and love for Christ**. The word *witness* is **much stronger than the way it is commonly used today!** We must understand what Christ means when He says "follow me," or when we say we're 100 percent behind God's Work.

Do we bear a righteous testimony in the way we live or die?

... To *bear witness* to the truth means to *live* according to God's truth, even if it gets you killed! *1

Differences

What's the difference between a 'boss' and a 'leader'? A boss shouts 'Go!' and a leader shouts 'Let's go!' *2

Not all black people listen to or support rap music, but that doesn't change the fact that "rap music" is a product of Black Culture. Likewise, not all Mexicans like tejano music but it nonetheless is a product of Mexican Culture and that it is in fact OK to refer to rap music as "black music" or tejano music as "Mexican music. To self-censor for political correctness or to avoid being called a name is to deny reality. *3

Two rules of success in life: 1. Don't tell people everything you know. *4

The mistake a lot of people make when dealing with thugs is showing restraint. I spent a lot of time running in circles with less than quality people in my life and one thing I learned about most thugs (not all) is if you stand your ground and show no sign of doubt they will normally back down. Like a dog thugs can smell fear and if you hint to being unsettled just slightly they pounce.

The objective, when dealing with thugs, is to approach them like you are some crazy jackass who is one insult from going on a murder spree. *5

The rain beats down on a small Irish town. The streets are deserted. Times are tough. Everyone is in debt and living on credit. A rich German arrives at the local hotel, asks to view its rooms, and puts on the desk a €100 note. The owner gives him a bunch of keys and he goes off for an inspection.

As soon as he has gone upstairs, the hotelier grabs the note and runs next door to pay his debt to the butcher. The butcher hurries down the street to pay what he owes to his feed merchant. The merchant heads for the pub and uses the note to pay his bar bill. The publican slips the note to the local hooker who's been offering her services on credit. She rushes to the hotel to pay what she owes for room hire. As she puts the €100 note on the counter, the German appears, says the rooms are unsuitable, picks up his €100 note and leaves town.

No one did any work. No one earned anything. Everyone is out of debt. Everyone is feeling better.

... "And that is how banking works." *6

The connection between people living a shitty, purposeless, demoralized life who turn to Islam: They seek a way out of their unfulfilling, subverted, and perverted existence which Islam "claims" to offer them, giving them a purpose, a real mission for themselves. Whereas "changing" or "growing up" (in a spiritual sense) as the west expects of its men, is not the same thing, and is unlikely without being in the environment which would nurture such a life to begin with. When learned behaviors are conditioned through the environment, the only real option towards change, is to first leave that environment for a new one, whether physically or emotionally. Replacing God with Xbox, parties, and irresponsibility has left an indelible effect on all men today. *7

Northern Germans overcame winter cold by developing heating to survive and live comfortably. Southern Americans overcame summer heat by developing A/C to "survive" and live comfortably.

Spielberg's character Indiana Jones tells his archaeology class, "If you're here looking for truth, you're in the wrong room. That's philosophy and religion, down the hall. I deal in facts."

Electric Motion

The electric current is a *movement of space* through matter, a motion that is equivalent, in all but direction, to movement of matter through space. This is a concept that many individuals will find hard to accept. But it should be realized that the moving entities are not quantities of the space with which we are familiar, extension space, we may call it. There are physical quantities that are *dimensionally equivalent* to this space of our ordinary experience, and play the same role in physical activity. One of them, capacitance, has already been mentioned in the preceding discussion. The moving entities are quantities of this kind, not quantities of extension space.

Here, then, is the explanation of the fact that the basic quantities and relations of the electric current phenomena are identical with those of the mechanical system. The movement of space through matter is essentially equivalent to the movement of matter through space, and is described by the same mathematical expressions. Additionally, the identification of the electric charge as a motion explains the association between charges and certain current phenomena that has been accepted as evidence in favor of the “moving charge” theory of the electric current. One observation that has had considerable influence on scientific thought is that an electron moving in open space has the same magnetic properties as an electric current. But we can now see that the observed electron is not merely a charge. It is a particle with an added motion that constitutes the charge. The carrier of the electric current is the same particle *without the charge*. A charge that is stationary in the reference system has *electrostatic* properties. An uncharged electron in motion within a conductor has *magnetic* properties. A charged electron moving in a conductor or in a gravitational field has *both* magnetic and electrostatic properties. It is the motion of physical entities with the dimensions of space that produces the magnetic effect. Whether or not these entities—electrons or their equivalent—are charged is irrelevant from this standpoint.

Another observed phenomenon that has contributed to the acceptance of the “moving charge” theory is the emission of charged electrons from current-carrying conductors under certain conditions. The argument in this instance is that if charged electrons come *out of* a conductor there must have been charged electrons *in* the conductor. The answer to this is that the kind of motion which constitutes the charge is easily imparted to a particle or atom (as anyone who handles one of the modern synthetic fabrics can testify), and this motion is imparted to the electrons in the process of ejection from the conductor. Since the uncharged particle cannot move through space, the acquisition of a charge is one of the requirements for escape.

In addition to providing these alternative explanations for aspects of the electric current phenomena that are consistent with the “moving charge” theory, the new theory of the current that emerges from the scalar motion study also accounts for a number of features of the current flow that are difficult to reconcile with the conventional theory. But the validity of the new theory does not rest on a summation of its accomplishments. The conclusive point is that the identification of the electric current as a motion of space through matter is confirmed by agreement with the dimensions of the participating entities, dimensions that are verified by every physical relation in which the electric current is involved.

The proof of validity can be carried even farther. It is possible to put the whole development of thought in this and the preceding article to a conclusive test. We have found that mass is a three-dimensional scalar motion, and that electric current is a one-dimensional scalar motion through a mass by entities that have the dimensions of space. We have further found that magnetism is a two-dimensional analog of electricity. If these findings are valid, certain consequences necessarily follow that are extremely difficult, perhaps impossible, to explain in any other way. The one-dimensional, oppositely directed flow of the current through the three-dimensional scalar motion of matter neutralizes a portion of the motion in one of the three dimensions, and should leave an observable two-dimensional

(magnetic) residue. Similarly, movement of a two-dimensional (magnetic) entity through a mass, or the equivalent of such a motion, should leave a one-dimensional (electric) residue. Inasmuch as these are direct and specific requirements of the theory outlined in the foregoing paragraphs, and are not called for by any other physical theory, their presence or absence is a definitive test of the validity of the theory.

The observations give us an unequivocal answer. The current flow produces a magnetic effect, and this effect is perpendicular to the direction of the current, just as it must be if it is the residue of a three-dimensional motion that remains after motion in the one dimension of the current flow is neutralized. This perpendicular direction of the magnetic effect of the current is a total mystery to present-day physical science, which has no explanation for either the origin of the effect or its direction. But both the origin and the direction are obvious and necessary consequences of our findings with respect to the nature of mass and the electric current.

There is no independent magnetic particle similar to the carrier of the electric current, and no two-dimensional motion of space through matter analogous to the one-dimensional motion of the current is possible, but the same effect can be produced by mechanical movement of mass through a magnetic field, or an equivalent process. As the theory requires, the one-dimensional residue of such motion is observed to be an electric current. This process is *electromagnetic induction*. The magnetic effect of the current is *electromagnetism*.

On first consideration it might seem that the magnitude of the electromagnetic effect is far out of proportion to the amount of gravitational motion that is neutralized by the current. However, this is a result of the large numerical constant, 3×10^{10} in cgs units (represented by the symbol c), that applies to the space-time ratio s/t where conversion from an n -dimensional quantity to an m -dimensional quantity takes place. An example that, by this time is familiar to all, $E=mc^2$, is the conversion of mass (t^3/s^3) to energy (t/s). In that process, where the relation is between a three-dimensional quantity and a one-dimensional quantity, the numerical factor is c^2 . In the relation between the three-dimensional mass and the two-dimensional magnetic residue the numerical factor is c , less than c^2 but still a very large number.

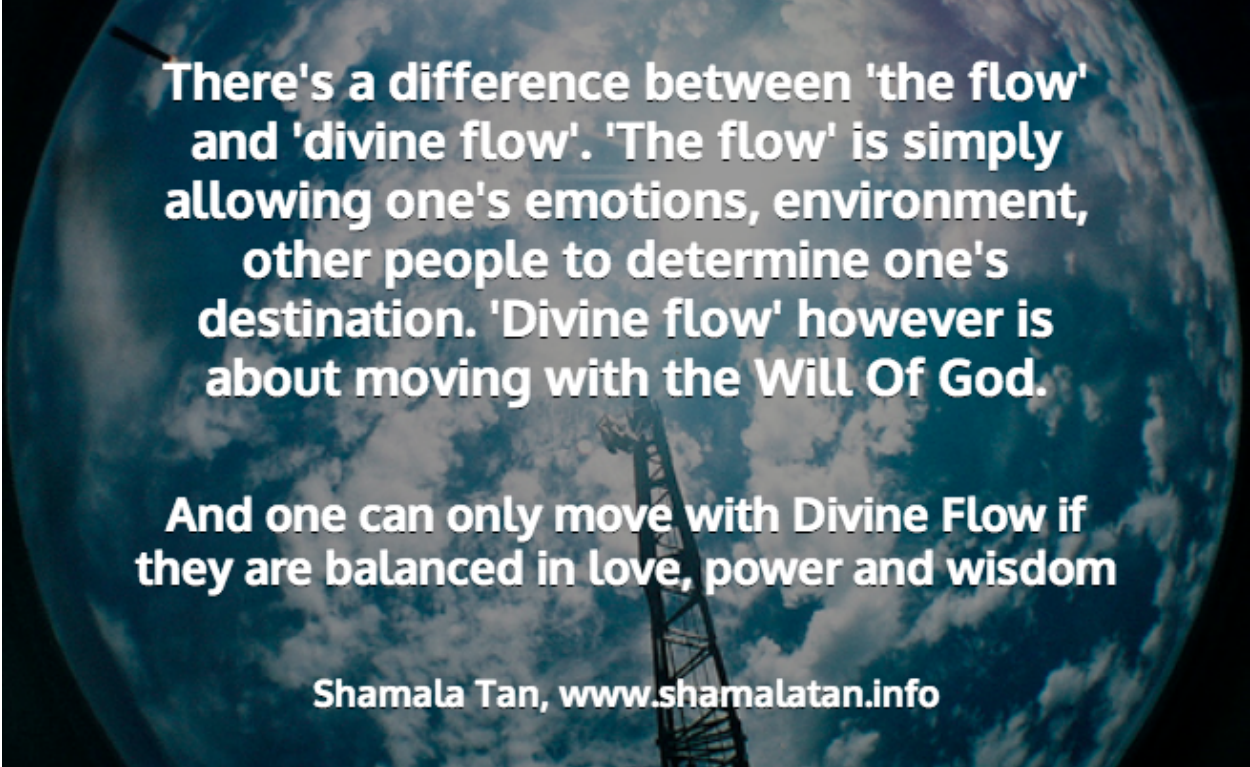
Thus, the theory of the electric current developed in the foregoing discussion passes the test of validity in a definite and positive manner. The results that it requires are in full agreement with two observed physical phenomena of a significant nature *that are wholly unexplained* in present-day physical thought. Together with the positively established validity of the corresponding system of space-time dimensions, this test provides a verification of the entire theoretical development described in this article, a proof that meets the most rigid scientific standard. ^{*8}

Life is a series of experiences lived in the dark of ignorance while seeking the Light of all-knowing.

When your little successes become failures from lack of knowledge of God's law which controls all structure,—a mouse trap which you are making, a monument or a mighty five span bridge,—you recover quickly and try it again. If you rise to great heights without knowledge and application of Nature's Law of Balance, and fall to equally great depths as a consequence, you may not recover for many years of tragic suffering.

The Empire State Building, the Pyramids of Giza, or the Washington Monument will endure. They were erected with knowledge of the Law of Balance which equalizes all stresses, strains and tensions so that none of these exist. The Law of Balance voids them, because there is not one ounce of weight on one side of their equators which is not equally balanced on the other side.

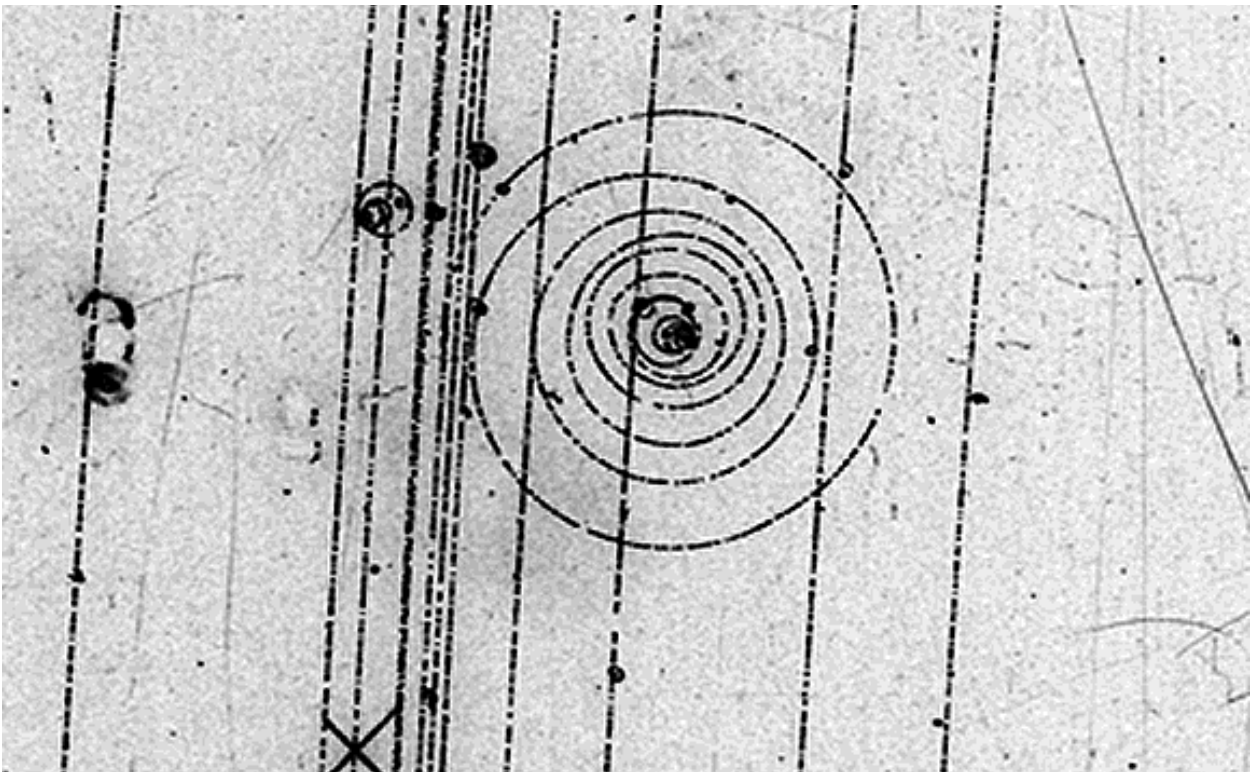
The leaning Tower of Pisa cannot endure. It violates the Law of Balance... ^{*9}



**There's a difference between 'the flow'
and 'divine flow'. 'The flow' is simply
allowing one's emotions, environment,
other people to determine one's
destination. 'Divine flow' however is
about moving with the Will Of God.**

**And one can only move with Divine Flow if
they are balanced in love, power and wisdom**

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ABOVE: PICTURE FROM CERN 2-METRE HYDROGEN BUBBLE CHAMBER "...PARALLEL LINES ARE TRAILS OF BUBBLES – INITIATED BY THE IONIZATION OF HYDROGEN BY THE BEAM PARTICLES, WHICH ENTER AT THE BOTTOM OF THE PICTURE. OCCASIONALLY, BY CHANCE, A PARTICLE CAN GIVE AN ELECTRON MORE ENERGY THAN USUAL. IN THIS CASE, INSTEAD OF CONTRIBUTING TO THE NORMAL STRING OF BUBBLES, THE MORE ENERGETIC ELECTRON CAN ITSELF TRAVEL AND PRODUCES ITS OWN TRAIL OF BUBBLES. ELECTRONS (AND ALSO ANTI-ELECTRONS, OR POSITRONS) ARE INSTANTLY RECOGNIZABLE IN THE BUBBLE CHAMBER BECAUSE THEIR TRACKS SPIRAL." *10

Blue Beam

This paper is a discussion of *Project Blue Beam*, a plan that was created some 50 years ago by the folks bringing you a “new world order” at the onset of the hippie/New Age movement, to address the developing spirituality in *homo sapiens*—and what could be done as a long-term solution to control and/or eliminate it, along with the sense of freedom and individuality that the spirit complex tends to bring out.

My original understanding of *Blue Beam* was that it was a holographic technology that was bought out by the military-industrial complex from some New England inventors back in the mid-1970s. I was in High School at the time and recall a short news report on it, then never heard anything about it again. It was only recently that I ran across Serge Monast's exposé on *Project Blue Beam*, and when I put 1+1 together and got 10, I realized that I had seen a lot of the early tech that was destined for this project. So I did some checking on recent developments and was quite astounded at the technological developments that I found... got to tip my hat to those NWO scientists, as it is some brilliant work and they have really taken it a long way down a difficult path. It's just a shame that all that effort is going in to destroy the human spirit, rather than to encourage it. ^{*11}

The infamous NASA [National Aeronautics and Space Administration] Blue Beam Project has four different steps in order to implement the new age religion with the Antichrist at its head. We must remember that the new age religion is the very foundation for the new world government, without which religion the dictatorship of the new world order is completely impossible. I'll repeat that: Without a universal belief in the new age religion, the success of the new world order will be impossible! That is why the Blue Beam Project is so important to them, but has been so well hidden until now. ^{*12}

“The first thing to be degraded in any nation is the state of Man, himself. Nations which have high ethical tone are difficult to conquer. Their loyalties are hard to shake, their allegiance to their leaders is fanatical, and what they usually call their spiritual integrity cannot be violated by duress. It is not efficient to attack a nation in such a frame of mind. It is the basic purpose of [mind-control] to reduce that state of mind to a point where it can be ordered and enslaved. Thus, the first target is Man, himself. He must be degraded from a spiritual being to an animalistic reaction pattern. He must think of himself as an animal, capable only of animalistic reactions. He must no longer think of himself, or of his fellows, as capable of ‘spiritual endurance,’ or nobility...”

“As it seems in foreign nations that the church is the most ennobling influence, each and every branch and activity of each and every church, must, one way, or another, be discredited. Religion must become unfashionable by demonstrating broadly, through psychopolitical indoctrination, that the soul is non-existent, and that Man is an animal...”

One spiritual principle is that if you can get a person angry at God, you can get that person to commit any sin.

Great effort is taken, via staged events to make the victim being programmed certain that God has rejected them. For instance, some victims had someone play God and walk away from them when they needed help in a life & death situation. The 1980 Hollywood movie *Altered States*, which is about a university professor in the 1960s who experiments with mind-altering drugs and sensory deprivation tanks, shows some scenes where God turns into a goat. Some of the religious scenes in this movie, match some of the anti-God/religious programming of some Monarch slaves.

The Monarch slaves are repeatedly warned that God is cruel and judgmental, and that He wants to destroy them for the wicked things they have done. Bible verses that tell of the wrath of God & God's anger are read to the victim. An example of how the slave is programmed to hate God will now be given. A hypnotic drug will be given the victim when they are about 6 years of age. This will relax the person and allow the programmers to take the child into the deepest trance, so that the programming will be sure to enter into the very fiber of the child's being...

The programmers make sure that the slave is implicated in many gross sins, such as the murder of innocent children, in order to insure that the person is sure that God hates them. Then the victim is told that God is a consuming wrath who hates them. The injustice of God creating a world of suffering is also taught to the slave. All this is to insure that the victim hates God. That hatred toward God will express itself in the victim's system's willingness to do any sin, without conscience...

Demons are attracted by the "scent" of people. We are made in the image of God, and we are attractive prey to those who hate God Almighty. Cities are magnets for demons. When demons target a person or people, a common tactic is to make trouble for the person. When a person's problems reach a crescendo, they will be in a state of mind to grab any solution that is passing by. People then make pacts with demonic forces. They sell their souls hoping for relief from their problems. All this is clear as a bell to the spiritually enlightened, but the demonic forces are able to dull the senses of their victims to the point they no longer have the slightest realization that they have sold their souls.

People make a choice to accept the falsehood offered by the demons for their relief, rather than stick with the truth which seems to hurt. The demonic lies may be that colds and flues are caused by evil spirits—when in reality they are caused by viruses and bacteria. Or the opposite type of lie may be given—that demonic forces have no influence over disease, that only viruses and bacteria exist. In Africa, modern medicine is often viewed as White Man's magic, because they fight disease with incantations which the demons have taught them to use to cure their problems. Authority to demons is transferred to them by festivals, ceremonies and pilgrimages.

Strong demonic manifestations usually occur around festivals, ceremonies, rituals and pilgrimages which are being done everyday around the world. These ceremonies and rituals are welcome mats for demonic forces giving them the right to rule. Every area of the world has them. And often demonic signs and wonders occur at these rituals and ceremonies. The power of a lie has to be preserved and fueled by tradition, which is manifested via rituals. Without tradition the power of the lie would die out. If the tradition is being rejected by a people, the demons often augment it with "new" deceptions. The first lie doesn't stand a chance. The pre-existing bondage then is strengthened by new deceptions that seem more appropriate.

If you were asked now, "HOW DOES SATAN ENSLAVE PEOPLE?" you should know the answer because it was just given it to you. The answer is Satan's control is trauma-based. A trauma is applied to the lives of people. They reach out for some type of answer to the trauma, and the demons offer some type of answer—so many Hail Marys, or so many sacrificed cats, or pray to some idol which is a disguised demon. The lies are turned into myths which the people believe. The myths are a blurring of reality which the people on one level may know are false, but their minds can't break loose of the power of the lie. The power of the myths are fueled by tradition and demonic manifestations and demonic attacks. Anyone who steps outside of the demonic lie is attacked.

The people feel they are being personally attacked when their traditions are ignored. Because a people has willingly sacrificed the truth for the falsehood in their need for relief from their trauma, they have chosen to be deceived. This choice to be deceived has a great deal of spiritual power to it. They are no longer truth-lovers. It is not enough to come to these people with the truth. They have rejected the truth. They must at some point will to seek the truth

again. These people can have all the proof shown to them about the truth, and they will continue to reject it. Their demonic bondage needs to be broken somehow.

This bondage can be broken in a number of ways. Pointing out the inadequacies of the lies is sometimes sufficient to break the demonic spell over people. But after the lies are broken, they need to be followed by the truth—and the love of truth. The Monarch Mind Control programming is simply the sophisticated application of what has been done to humanity on a large scale being scaled down and applied to a single human body. Trauma and lies are used in the same way. The different alters sell their souls to the lies in return for their safety. A basic ingredient to the programming of a group of people (or a group of alters) is the same—trauma and fear. The Land of Oz was ruled by a shadow-leader, the Wizard of Oz. Most countries are ruled by unseen people and unseen powers. The Wizard of Oz story is so representative of how life is for Satan's world.

No wonder it is the programming base for so many Monarch mind-controlled slaves. The solution to Satan's control, was that the disciples of Christ would be so united in love that the world would see the solution. "That they all may be one... that the world may believe." For the Monarch slaves, the therapists have wanted integration. For the world, Christ wanted integration. But there are formidable spiritual strongholds which divide us. These spiritual strongholds are far stronger than most Christians can imagine. The heartbeat of the Body of Christ is to bring all humanity to their Creator God. This can be done by breaking down all the lies and programming that separate the parts of the Body of Christ so that those of Christ are so well integrated in love and spirit that the world believes on the power of Christ. Each of the programming acts has a spiritual, mental, and physical side to it.

The slave has his or her will stripped from them so it becomes unnecessary to think in terms of their guilt—they are slaves who no longer have the freedom of choice. If they kill, or steal, or tell an untruth (lie), they have not done it intentionally. Still the Programmers know that there are spirits involved to spiritually prepare the slave to do these acts. For instance, they implant Spirits of Greed and lust into the victim. An Illuminati value system is drilled into the victim. Any person who is not taught to dedicate personal rights and possessions to God, will end up with all types of surface forces such as insecurity, worry, anger, envy, jealousy and tension. This goes for multiples or non-multiples. These surface forces will in turn cause all types of surface weaknesses such as lying, stealing, cheating, and arguing. If these surface weaknesses are displayed by anyone, they are evidence that a deeper spiritual problem exists.

To escape the satanic bondage loop of self-preservation built on fear, we must reach out for the love of God. Self-justification is not normally seen by people as a bondage loop, but it often is. Only the sureness that Almighty God loves us gives us the strength not to get caught in the self-preservation tactic of self-justification. There is a place for defending the truth, but it must be done in love. Christ and his disciples taught that we are justified by faith in God—not by self-justification. Self-justification can easily be related to the self-preservation bondage loop. We simply have to have an inner knowing that we are made in the image of God, and that He is working in each of our lives. Since we are His work, He will justify us. All of the Monarch slaves, are a work of God. The cult has simply refashioned what God created. The slave needs to recapture the loving view God has of what He created. God doesn't make mistakes. He has placed lots of beauty and value in each person. Each person is His handiwork, isn't the human body fearfully and wonderfully made?

After someone has been made to participate in crimes against humanity, the Programmers intuitively have created a situation where the person may fall into self-justification, for example, "They deserved to die." This is a subtle, but dangerous tool of bondage. Much of the trauma-based mind-control is based on simple fundamental spiritual life-spiritual death issues. The Spirit of the Lord does not give fear. It comes from the enemy. Abductees, who claim to have met aliens, claim that the aliens feed off of human fear. Fear brings spiritual death. To show this dynamic in

another way, let's describe a common thought for alters of Monarch slaves. This thought is "If I stay with the programming I'm safe." This is the same thought that society in general is taught via fear of self-preservation. "If I stay with the crowd, if I stay with the system, then I will be safe."

This is why peer pressure, which seems safe, can lead many young people into death. All this fear of self-preservation by remaining in the programming (whether individual or societal) will be transferred to loyalty of the AntiChrist—that is the plan. The Truth shall set you free. Anytime we reject the truth for safety and peace because of our fear for self-preservation, we accept a lie. If the truth sets a person free, then by definition, slavery means to "not to have truth..."

The mind-control victim, who actually gets his automatic writing and his information from deep in his system, is led to believe that he has gotten it from the Akashic record. The spiritual dynamics of the Programmer setting himself up as God are far reaching. The spiritual world mirrors the physical world. In the physical world, in biology, researchers have found that chemicals that resemble other natural body chemicals can be substituted in for those original chemicals with far reaching effects. For instance, anti-histamines do not destroy histamine, they resemble histamine enough that they steal the places that histamine molecules attach themselves to cells. Because the histamine molecules have had their attachment places stolen, they can't interact with the cells. Within the spiritual realm the very same thing happens.

The Anti-Christ is less of a Christ destroyer as he is a Christ replacement. True spiritual power is replaced within the world by the religious spirit.

Within Christendom, the religious spirit has replaced much of the positions that should have gone to true faith. Therefore the power of true faith is destroyed by simply being replaced and its position usurped. The foundation for the religious spirit are fear and pride, which are also foundational pillars for the Monarch programming...

One of the outgrowths of SRA upon the Monarch victim is that they will generally exhibit black and white thinking. Black and white thinking is actually an element of the religious spirit, which in spiritual terms pervades the Monarch victim. The Monarch victim's system is set up to usurp true faith. Something has to replace true faith, and the religious spirit is a good substitute. Perfectionism or unloving idealism is part of the religious spirit. This perfectionism will demand that if a person can not be perfect, they should give up.

The holy Spirit of God gives hope. The religious spirit destroys hope by demanding more than people can give. As long as people are travelling the journey of seeking God, they don't need to have arrived to perfection. Idealism wants people to be at the destination at once or not start the journey. This religious spirit has stopped many victims of Monarch programming from moving forward to real freedom. It is a very powerful type of spirit. Many people are waiting until they are perfect to help minister to others. Sadly this is an outgrowth of the religious spirit. We do not need to be perfect to help others.

The following is an actual account: a Christian man who didn't understand mechanics very well stopped to see what he could do to help an elderly couple stranded on the road. The car miraculously started for the Christian and he was able to have the couple follow him to a repair station at the next town. But the attitude of the Christian was to make himself available to God—not that he was going to fix someone else's problem. The couple was sure they had been visited by an angel. What is being discussed is how setting oneself up as "a God" or "God" is part of the religious spirit that attracts itself to so many of us. One of the attributes of the religious spirit is that it will notice what is wrong in a person rather than discerning what is right. Unless discernment is based upon love, discernment will be warped. ^{*13}

Healing Myths

Real Alchemy is to heal, transform and bring new system in to being by generating healthy tissues, new ideas and progressive attitude in the same body. Otherwise the same orthodox idea, same disease passes over to new body born in a distant new place creating similar circumstances to deal with same old issues in the name of hereditary and genetic defects, faulty planetary and numerological calculations or psychic attack, spirit possessions and black magic.

Myth—Only rigid rituals, difficult postures of yoga, living austere life like renunciation and brahmacharya are prerequisites for Kundilini awakening or spiritual evolution. Its one of the means to prepare the basic foundation of the disciple to clear his energy bodies to make them strong. These are not an end in itself , there are other, softer, more harmonious ways .

Myth—Magical power or psychic capability in a person is a result of awakened Kundilini and he is evolved spiritually.

Fact—Psychic capability is just a single reward (sidhi) for his dedicated effort (Sadhna) to one of many extrasensory perceptions. It does not mean he is spiritually much evolved or enlightened. There has to be balanced growth in overall spheres of life. Otherwise this capability may not prove to be beneficial in the long run and some time may spell even doom in his life.

Myth—Any Guru can awaken one's Kundilini making one spiritually awakened and powerful to control things and people.

Fact—Without proper knowledge on the part of Guru and preparation of the disciple, it is always considered full of danger and warned to be careful of such novice and greedy people. Who want self gain at the cost of others or trying to control others.

Fact—Kundilini awakening is an automatic response to cleansing away of energy channels and with some means to generate sufficient energy in an individual.

Fact—Without cleansing energy channels and proper spiritual growth trying to awaken Kundilini would be disastrous like causing short circuit blowing away the fuse. Our body is a vessel, a channel. It has to be prepared gradually to encompass and contain the high voltage Godly energy required to cause rise Kundilini in full stream. There may be other ways but what better way than healing, where one can kill two birds with one stone. Making healing a faster way to grow spiritually, doing great service to humanity and God Himself.

Myth—There is a risk of for healer to contract client's disease .

Fact—Healer may face some similar problem of his client at the time of his healing, because while becoming channel for healing his client, his similar channel is getting touched and cleared away. There may be some of his unresolved issues of which he isn't aware of. Since he is touching his client's that issue, his own memory of alike problem is also touched and resolving his problem, giving signal that it was there, but without really affecting him that deeply as it would have, had it not been healed along with his client .

Myth—There is a risk of more harm coming for client due to healing , his condition may deteriorate to worse.

Fact—The deterioration in condition may be due to already existing deep rooted grave problem coming to the surface as a result of healing as healing clears the problem from the root. The deeper the root of the problem the more time and more symptom may appear while continuing healing. Making ignorant people skeptic and fearful of healing doing some harm to them and force them to discontinue healing.

Myth—Disease or suffering is karma, destiny, lords verdict thus can not be cured and need to be endure. Meddling with karma will endure wrath on healer as well as client.

Fact—Suffering is a consequence of karma; it is a self verdict to experience the emotion or the pain of the other person whom we may have harmed knowingly or unknowingly in the past. It is not a punishment or abandonment from God. It is platform for learning some virtues which may be lacking in the victim .

Healing is like extra coaching given to some one failed in the subject to understand the weak subject and save him from succumbing to the failure again by blaming others or developing guilt or feelings of worthlessness. *14

Power & Matrix

Resistance of pain creates “power,” like resisting the “burn” of a chili pepper creates endurance and tolerance, power of mind over sensation and matter.

That’s basically what my experience in [socialized countries] was about.

The ‘nastier’ someone was, and the more I “accepted” it, the more “power” was gained.

In other words, by letting them “get to me”, was becoming more like them.

Truth of love, faith, and spirit is quite the opposite... It’s fragile, yet strength in itself.

Whereas the emotional power relies on imposition to convince, empowering it by its will as force, reaction obfuscating rational discernment through overwhelming impressions of false belief.

Once “hooked,” it becomes very difficult, if not impossible, to free one’s self.

I freed myself by leaving these countries, and working my way “internally” through all the hooks and forks which had been lodged into me, meant to deceive heartfelt truths.

By finding these hooks and releasing them, became free of their power over me.

And thus, so long as I don't “engage” with these types of people again, will remain free.

The main difficulty, is the fact that people who are hooked cannot “understand” what it is they’re “missing” to unlock this basic truth. For example, a fish caught by a hook on a line, doesn't know “freedom” until it is once again “released.”

When a society does this to its citizens, such fishing can be truly called a matrix.

Stress

Natasha Reid was desperate to treat her crippling panic attacks without drugs. But neither hypnotherapy nor cognitive behavioural therapy did any good. Finally, she stumbled upon the Grinberg method ...

My first appointment with a Grinberg method practitioner was a revelation: I had barely got my shoes and socks off before Rivka Halbershtat started reading my feet and promptly recounted my entire physical and emotional history.

I was looking for a way to handle crippling panic attacks without taking anti-depressants, and found a remedy that seemed both baffling and commonsense. I had tried hypnotherapy, which was farcical—the hypnotherapist tried to link all my problems to potty training—and cognitive behavioural therapy, which helped me to analyse my fears and see them as irrational, but the breathing exercises to prevent hyperventilation were impossible in social situations. How could I inhale and exhale for counts of four throughout, say, a job interview?

A friend suggested the Grinberg method, calling it “a kind of a physical therapy for psychological problems.” It is quietly gaining ground in complementary therapy circles, and in Berlin—where I live, and where alternative health practices are taken very seriously indeed—it is a rising trend. Most “qualified” practitioners are concentrated in Israel and continental Europe, although next year a new school will open in Los Angeles, and presumably decimate the pedicure industry (sanded down soles of feet make them hard to read).

A wave of Britons are training at European schools this year, while Victoria Oldham already runs a booked-out clinic in London's Triyoga Studios. People will travel great distances to see a particular practitioner—coming to Berlin from as far afield as Israel, Spain and Denmark. The method was developed by the Israeli reflexologist Avi Grinberg in the 1980s. Working as a paramedic and later as a nurse, Grinberg was frustrated by the care provided for patients with chronic health problems, and spent years exploring alternatives from Feldenkrais—which teaches “awareness through movement”—to martial arts and trying techniques such as deep tissue massage and acupuncture. The method evolved, and continues to evolve, from this mishmash of references.

What I found startling about Halbershtat's foot diagnosis was how swiftly she got to the point, articulating things that I couldn't. The idea is that, if you stand on your feet all day, your emotional and physical history will show up as scars and marks on your feet.

Her questions invariably hit the mark, and I found myself in tears when she nailed the age I'd been when my family moved countries and I first started to experience anxiety. At this point, my inner sceptic was in revolt—wasn't this like “cold reading” when a fake psychic asks leading questions to extract information? I sent a friend, who is an even greater sceptic than I, off for a foot reading and he also ended up completely bowled over and a little shaken. Halbershtat was also able to map which parts of my body suffered pain or tension: the shoulders, chest and neck mainly, but also my lower back. I was mystified, and asked how she could tell. “Well, you have a lot of thick skin on the balls of your feet,” she said, “which corresponds to your chest area. That indicates a feeling of heaviness and pressure which shouldn't be there.”

The next stage was “body work.” Halbershtat went straight to two painful points on my shoulders and pressed deep into them, then told me to tense and exaggerate what I was doing. A clenched muscle in my shoulder connected to one in my neck, tightening my throat while another pulled up my diaphragm and my lower belly and so on, all the way to my toes, which started twitching.

My breathing became shallow, and I panicked and felt sick. I'd thrown my entire posture out of sync, constricted my lungs and my throat. So it hadn't been just psychosomatic after all—rather a mixture of physical and emotional reactions. The treatment also helped me see how every single bodily ache and pain I'd whinged about for years knitted together—all self-inflicted it seemed.

Halbershtat told me I had to recognise exactly what I was doing and then stop myself: I had to learn this physically, not mentally. Trying to suppress the panic was making it worse. She worked on my neck and shoulders then left me to lie quietly for 10 minutes. After, I got up and walked home, feeling strangely normal for the first time in months.

The “body work” seems intuitive to me, although Vered Manasse, a teacher at Berlin's Grinberg Method School, calls it “systematic ... we spend a minimum of three years learning many different techniques, and we can draw on all of them as the situation demands.” The word “touch” is preferred to “massage,” because, as Manasse points out, “Massage has a very specific intention—it's about relaxing the muscles—and we have many other intentions.” Through “touch,” practitioners are also encouraging clients to focus on a body part, and understand that they are not using a certain muscle, or have knotted it up. After treatment you can end up feeling almost bruised—it can be excruciating—but that means that you remain aware of that precise part of your body.

Since I began my “process” my sessions have followed the same format. Halbershtat has found spots on my body—like my forehead or mid back—which are so tense that a particularly deep “touch” will leave me writhing in agony. Most clients present physical complaints. Oldham says: “We usually see people with symptoms which they don't recognise as stress: back pain, IBS, migraines.”

Serious physical and mental illnesses are beyond the method, although practitioners often work with patients who are in recovery. Grinberg practitioners also recommend the method for those who are caught in a pattern of behaviour that exasperates them—it seems you can do Grinberg for pretty much anything that ails you: writer's block, poor concentration, relationship problems. Just don't call it a cure. “We aren't healers,” says Manasse. “This is not a substitute for conventional medicine. We teach—you learn how to pay attention to your body, and to let it tell you what is best. Your body knows how to create a panic attack, and a practitioner helps you to understand how it does that, and therefore to stop it.”

That's the crux of the Grinberg method: the responsibility lies with the client, not the practitioner, to make a change. One process—which could take anything from 10 appointments to two years, depending on how much the client wants to explore—is supposed to set you up for life.

After only a few sessions I was able to go to the cinema without bolting out in a surge of claustrophobia, because I had learned that if I don't constrict my diaphragm I won't feel like I am about to faint or vomit. I know exactly how to stop myself doing it, too, and how to breathe easily.

Progress is a mixture of “Eureka!” moments and a slow, concentrated effort to break down habits that have built up over years, like calluses, but after six months of weekly sessions, the attacks have definitely become less severe. ^{*15}

In hindsight it now appears so very clear to me, what had to be done to free my self...

“No one will really understand politics until they understand that politicians are not trying to solve our problems. They are trying to solve their own problems—of which getting elected and re-elected are number one and number two. Whatever is number three is far behind.” ^{*16}



ABOVE: AURA PHOTOGRAPHS REPRODUCE A PERSON'S ELECTROMAGNETIC FIELD, HERE CLOSELY CONNECTED TO ANGELIC BEINGS. *16

Gentle Man

Of great strength, I perceive thee,
in projecting power you deceive me.
Walk away furious without purpose alone,
where are you going now?

Fell under your charm, please release me,
your love conditioned, on agreeing me.
Flying high without notice alone,
just where are you going now?

In the beginning, it seemed easy,
shared a romance, and got married.
The dream of love carried this on,
but just where are you going now?

Hey gentle man, go easy on me.
Hey gentle man, don't overwhelm me.
Hey gentle man (gentle man). Oh gentle man,
You have the power, can't you see?

Hey gentle man, it's in you all along.
Hey gentle man, show me how to be strong.
Hey gentle man (gentle man). Stay strong.
Yes' gentle man, be a gentle man.

The Land That Calls Me Back

REPETITION IS SOOTHING. Leaving can become habit. Breaking down your life, building it back up again, rearranging all of your pieces and parts. It's an exclamation point in the middle of a sentence, starting over in the middle of everything. There is poetry in putting punctuation where it doesn't belong.

There has never been anyone who could make me stay. I keep searching, but in my heart there is only blue sky. There is only the rust-colored belly of a robin hopping through the greyest winter, dragging spring at the edge of its wings.

The West makes my heart sing a song I have always longed to hear. My thirst for love is bottomless; my soul is a tide turning on itself. There will never be a person strong enough to hold me. But the continuity of countless generations is buried into this soil; the back bowls of these mountains are deep enough to carry me.

I am cautious and the land is constant. It changes too slowly for my senses to notice. My eyes find relief in following the same silhouettes of my youth. The same folding of the yellow hills along the Bay, the same spiked leaves of the Joshua tree, the same Horsetail Fall spilling over El Capitan.

I've already forgotten half of what I own, dog-eared boxes of belongings scattered across the globe. It has become so easy to let people go.

I went to a different school every year until the age of 11. When I was 16, we moved again. My parents were prepared to wait, but I had already become addicted to the possibility of place, to the idea that moving can change everything. I am unruffled by solitude, undaunted at being a stranger. I tried to feel homesick, to miss the people I left behind, but I felt only a gentle tug, only a vague dissatisfaction at the thought of standing still.

It was Jerusalem that pushed me home. The cracks and canyons of the Negev reminded me of the place I had left. My eyes rested into a familiar squint and all at once, I missed the hard blue horizon, the red dust, the buzzing, crooning, chirping of a hundred creatures I had grown accustomed to.

I moved back. I always thought it would be a person to call me back, someone whose eyes would catch mine and I would freeze in my tracks. But it was the song of the red-winged blackbird that brought me home.

I reach back and try to find someone to miss, someone to long for, someone to regret. But my heart is a blank slate. No one has left a permanent mark. There is only the wind, the mountains, the changing seasons, the way the land yields to the sun and the moon. I will never belong to anyone the way I belong to place. There will never be anything I love more than this.

"It is here that the romance of my life began," wrote Teddy Roosevelt, referring to the rugged, windswept Dakota plains, to the land where he recovered his heart and shaped it again.

I have gotten over the color green, mourned the trickling Colorado River cutting its way limply across this hard and heavy land. I have found something I am afraid to lose.

It is the land and the land alone that knows how to love me back. The sight of the mountains softens my heart. The wind shaking the leaves puts my insecurities to rest. The sound of the dirt underfoot is enough.

I watch this land like a lover, memorizing all of its subtle changes, the way it shifts and sighs. The love of my life is this crumbling dirt, this wide open sky. I've lived by the rote repetition of packing and unpacking, of waiting for someone else to decide.

And now all I want is to stay, to watch every cloud, every blade of grass, to memorize the song this land sings, to examine the love story between people and place.

Because it is the land to which I surrender, it is the land that shapes the way I move, it is the land that calls me back.

*18

Emotional "truth" is subjective. Factual truth is objective. Since the Left wants total control in all areas, emotion is their chosen form of "truth" because it is subject to manipulation and control. Facts are unyielding and uncooperative as a means to an emotion driven end. Revolutions are more about emotion than facts. Lies are effective at mass manipulation of emotions. Truth and rationality destroy lies, but the Left knows that most people are more emotional than rational. Emotional narratives crafted from lies are effective at inciting the masses, especially the uneducated ones.

The Left's narrative has no choice but to feed off lies. Truth is kryptonite to the narrative. The problem is that the Left never stops lying, but conservatives and people of faith think that speaking the truth once is enough. *19



ABOVE: THIS HUBBLE SPACE TELESCOPE IMAGE OF THE STAR V838 MONOCEROTIS REVEALS DRAMATIC CHANGES IN THE ILLUMINATION OF SURROUNDING DUSTY CLOUD STRUCTURES. THE EFFECT, CALLED A LIGHT ECHO... IS LIGHT FROM A STELLAR EXPLOSION ECHOING OFF DUST SURROUNDING THE STAR THAT PRODUCES ENOUGH ENERGY IN A BRIEF FLASH TO ILLUMINATE SURROUNDING DUST. *20

Matthew 19:24

Some scholars of the Peshitta and the Greek New Testament claim that in Matthew 19:24 as the Aramaic word for 'camel' is written identically to the word for 'rope.' An error occurred due to the translator's limitations when the original scrolls were being transferred into Greek. This would mean Matthew 19:24 commonly translated as, 'It is easier for a camel to go through the eye of a needle than for a rich man to enter into the Kingdom of God.' Would read 'rope' instead of 'camel'. To support this they claim that rope, is much more in keeping with the imagery of a needle, and that it is probably what Jesus said, and what was originally recorded. *21

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God

The *All* that *IS*.

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