



Light in Life™ is AISF's standard for inner self healing designed to be a practical reference for all, enabling anyone willing to measure their karmic progress in relation to God's spiritual perfection.

With the help of a guide, LiL™ effectively combines practical tools for inner guidance to enable a person to heal their Self, and overcome long-standing issues and problems of a spiritual nature.

The LiL™ standard was created following a self-healer's personal recovery experience—reforming a life from the influence of toxic emotions, substance need and self-destruct tendencies to light. *1

Spiritual Symptoms

Does the following describe anyone you know? Someone showing symptoms of a malfunction, any of these, which may be expressed through physical, emotional, and behavioral conditions—who:

- acts inappropriately
- operates deficiently
- carries a lot of baggage
- worries too much
- feels anxious without cause
- has inexplicable illness or pain
- internalized fear
- is attracted to anger
- seeks but never finds
- longs to fill a void
- confuses lust for love
- lingers with uncertainty
- blames others irrationally
- reacts to life emotionally
- nurtures resentment
- rejects God for nothing
- only lives for money
- represses the past
- is controlling the future
- doesn't (want to) forgive
- contemplates revenge
- claims to be a victim
- identifies with a definition
- struggles beyond pride
- wills over consciousness
- accuses without evidence

Perhaps this person's tried almost *everything* to alleviate pain, and continues to struggle within?

The Light in Life™ reference framework, facilitates someone's ability to rediscover the inner Self, by uncovering physical, mental, and emotional symptoms manifest of invisible spiritual causes.

Their success will depend on true willingness to dig deep within and face uncomfortable issues.

Note: Light in Life™ is a complimentary service, not a replacement for psychological and medical treatments.

Light in Life™ Guides

A guide experienced in muscle-testing (kinesiology), working with Light in Life™ may help to:

- Identify and release trapped emotions from the past (lives), causing pain/discomfort today.
- Identify and redirect living focus, from outward to inward compass polarity (yin-yang).
- Identify and equalize flow through all 7 major primary chakras (light energy motor).
- Identify and raise the frequency of the primary operating/dominant emotion (Hz).
- Identify and adjust the physical body's average operating voltage (grounding).
- Identify and resurface unconscious thought form patterns affecting current behavior.
- Identify and heal the astrological shadow (that which someone is most afraid of).
- Interpret dreams and explore various creative forms of psychosomatic expression.
- Create a timeline identifying past decisions that affected positive/negative light changes.
- Discover revealing self-perspectives through answering Q&A forms, light measures, etc.
- Rediscover the omnipresent spiritual connection with God—source of *All* that *IS*.

Are You Ready for Personal Truth?

Engage the potential for muscle-testing to uncover anchors of unconscious motivation. Release your shadow's blockages, preventing light from exposing your unexplored God conscious Self—

Heal your Self, and release hidden light into your life, with the help of a Light in Life™ guide. *2

*1 = Light being hereby defined as “spiritual illumination by divine truth” in the New Oxford American Dictionary.

*2 = New clients require a guide for muscle-testing. Self-healing clients require accurate self-muscle-testing experience.

*For information about this author's healing journey which led to the creation of LiL™, read: **“All IS Found”***

Contact

Email: [**j@allis.foundation**](mailto:j@allis.foundation)

Light in Life™ is a resource for counselors and healers created by [**http://allis.foundation**](http://allis.foundation) (AISF).

All IS Foundation is dedicated to spiritual research to facilitate inner progress within individuals, by providing a home, tools, and guidance for one seeking to reach higher levels of consciousness.

AISF welcomes non-tax deductible donations to continue spiritual research and fund development of a Light in Life™ Online app, to enable guides and users to measure their Self-healing progress.

Donate via PayPal (when AISF/LiL™ helps you) or **Yearly** (contributing to the foundation's future).

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