



# INFORME ANTROPOMETRICO



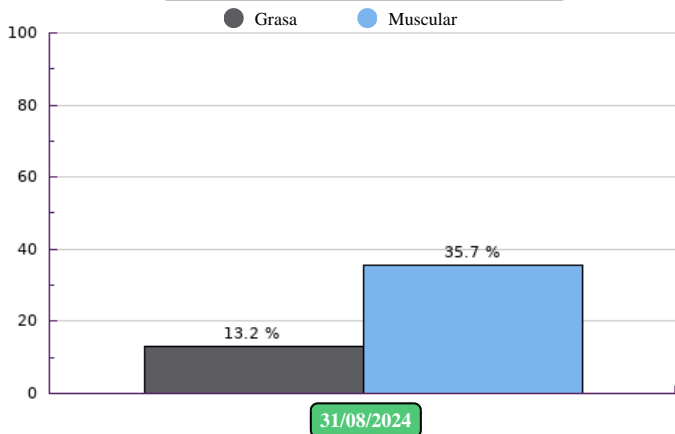
Paciente: ARACELYS PLAZA

Fecha nacimiento: 03/09/2004 (20 años)

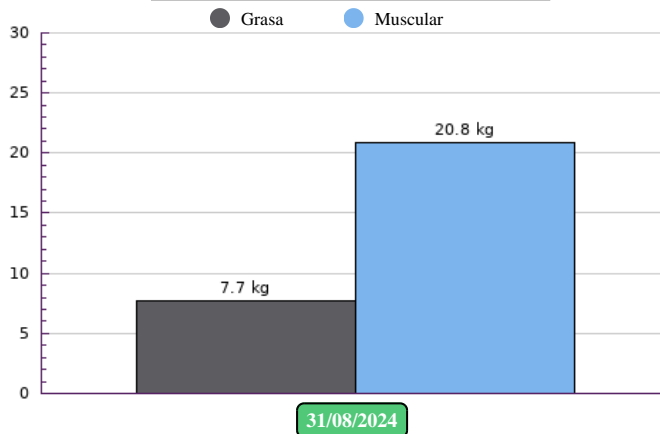
Sexo: Femenino

## TETRACOMPARTIMENTAL

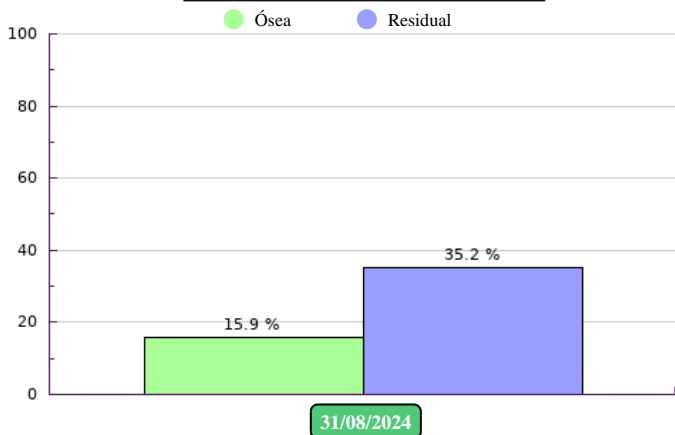
### M. GRASA Y M. MUSCULAR (%)



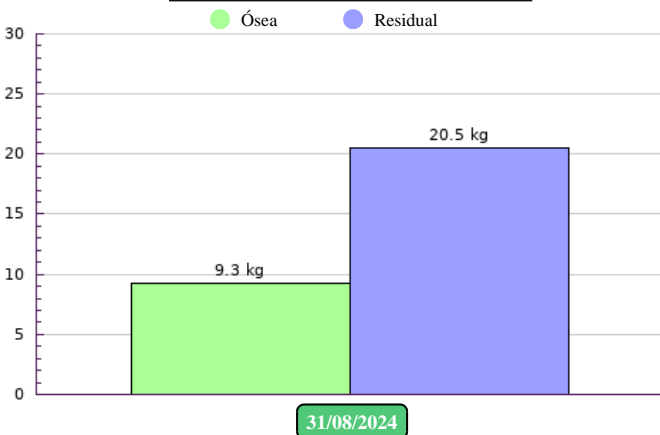
### M. GRASA Y M. MUSCULAR (kg)



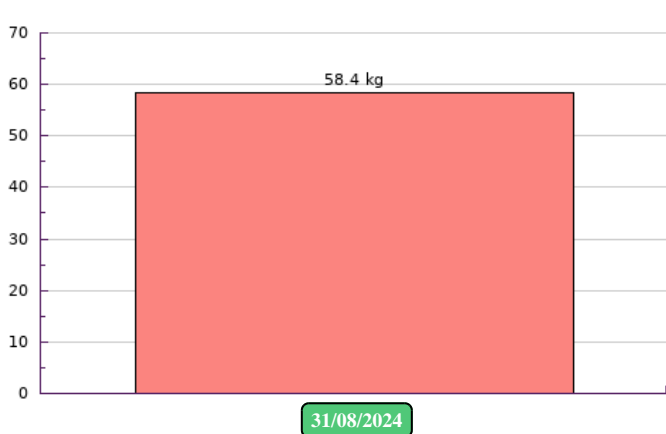
### M. OSEA Y M. RESIDUAL (%)



### M. OSEA Y M. RESIDUAL (kg)

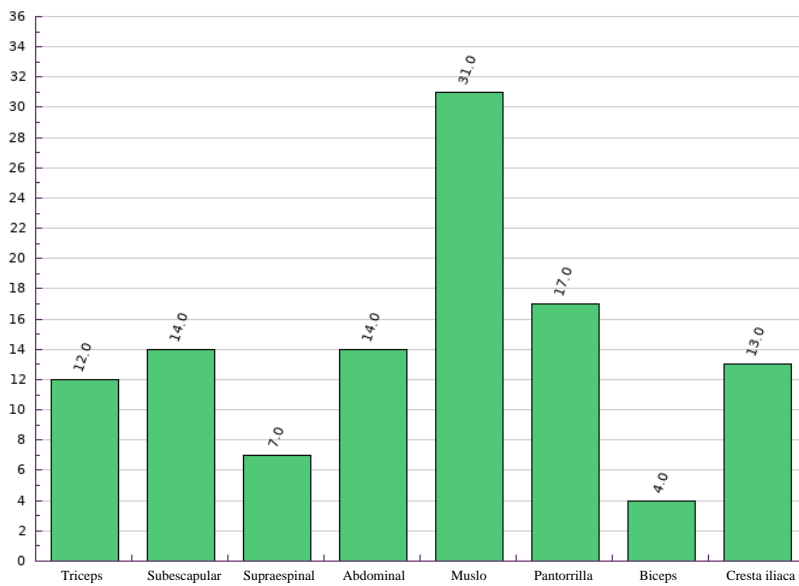


### MASA CORPORAL (kg)

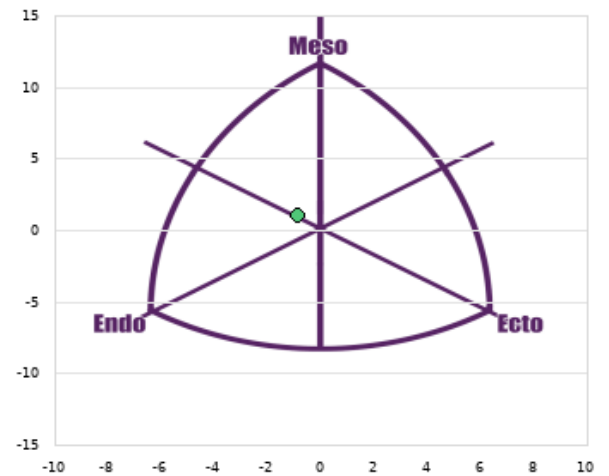


### MEDICIONES

|                               |            |
|-------------------------------|------------|
|                               | 31/08/2024 |
| Edad (años):                  | 20         |
| Peso (kg):                    | 58.4       |
| Estatura (cm):                | 165        |
| Masa grasa (kg):              | 7.7        |
| Masa muscular (kg):           | 20.8       |
| Indice Masa Corporal (kg/m2): | 21.4       |
| Ratio Cintura-Cadera:         | 0.7        |
| Suma 6 pliegues (mm):         | 95         |
| Suma 8 pliegues (mm):         | 112        |

**PERFIL DE PLIEGUES (mm)**

31/08/2024

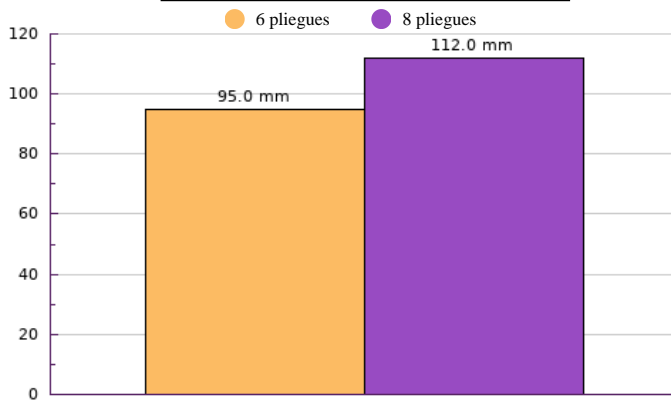
**SOMATOCARTA**

31/08/2024

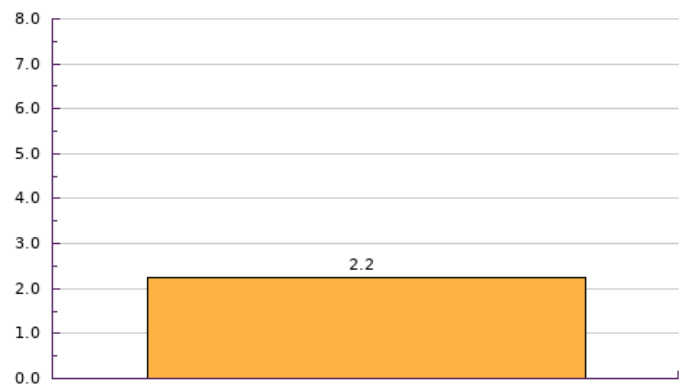
Endo: 3.5

Meso: 3.6

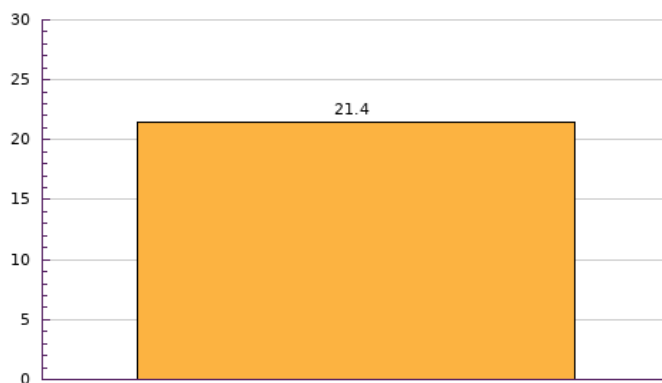
Ecto: 2.6

**SUMATORIA DE PLIEGUES (mm)**

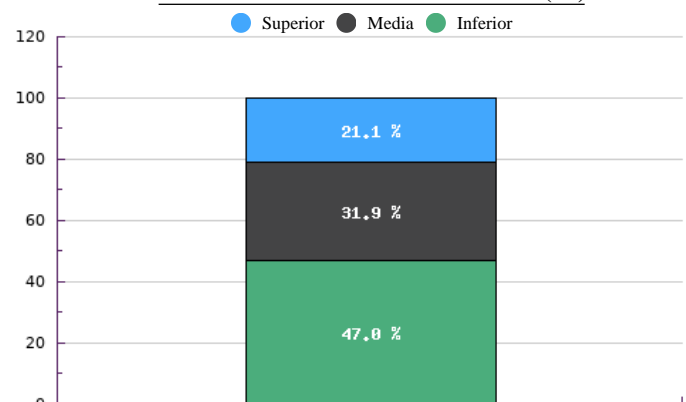
31/08/2024

**INDICE MUSCULAR OSEO**

31/08/2024

**INDICE MASA CORPORAL**

31/08/2024

**MASA MUSCULAR POR ZONA (%)**

31/08/2024