

# Electrical Stimulation with Pt Electrodes: II—Estimation of Maximum Surface Redox (Theoretical Non-Gassing) Limits

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**Abstract**—The maximum, biphasically applied charge which can be injected without electrolyzing water has been determined for Pt electrodes in simulated cerebral spinal fluid at 37°C. Electrolysis of water would lead to gas bubble formation, which is thought to be harmful. The experimental method involved the use of electrical transients. With lead (anodic first) electrodes, the theoretical non-gassing limit is  $300 \pm 20 \mu\text{C}/\text{real cm}^2$ , independent of current density in the range of  $\pm 50$  to  $\pm 450 \text{ mA}/\text{cm}^2$ . For lag (cathodic first) electrodes, the theoretical non-gassing limit is  $350 \pm 50 \mu\text{C}/\text{real cm}^2$  over the same current density range. In both cases, only part of the additional charge beyond these limits results in water electrolysis. Microscopic observations of bubble formation indicate that these limits are conservative. These limits are sufficiently large for most purposes; they do not restrict the use of Pt electrodes in stimulation.

## INTRODUCTION

THE purpose of the present series of papers is to determine the safe limits for the use of Pt electrodes for neurological stimulation. In previous papers (1, 2), we indicated that there are three electrochemically safe processes for injecting charge from a noble metal into tissue: These are surface processes. They involve modification of the electrical double layer at the interface or coupling via either of two symmetrical surface-layer oxidation-reduction processes. A key issue to be resolved is how much charge may be injected in a pulse without electrolyzing the electrolyte and evolving gas. We suspect that gas bubbles should be avoided, mostly because they would be expected to be physically disturbing for the tissue. Thus, we should attempt to inject charge via the electrode surface processes described above. If this were so, then the chemical processes at the electrode solution interface would be exactly reversed when the current is reversed during biphasic pulsing. This means that other than minor local, and strictly reversible, pH changes, no electrolytic products would go into solution to cause neurological damage.

It is the purpose of this paper to explore the safe pulse widths we refer to as the "theoretical non-gassing limits" for use of the electrodes. These should not be exceeded, to ensure that we only inject charge via surface processes, and to avoid  $\text{H}_2\text{O}$  electrolysis. Subsequent microchemical analysis is necessary to show whether, even within these non-gassing limits, there are minor reactions, e.g., from  $\text{Cl}^-$  oxidation and

metal dissolution, which are harmful. These studies will be reported in subsequent publications.

## EXPERIMENTAL

Experimental details of the electrodes, the electronic equipment, and the solutions are described in the previous paper (3). As before, experiments were carried out at 37°C using freshly flamed Pt electrodes sealed in glass and biphasically pulsed at 33 Hz. Studies were made in simulated CSF solutions containing added organic matter. Data are expressed in terms of "real area," as measured in  $\text{HClO}_4$  solution. A method for determining this area in saline and in vivo is described in our previous paper (3).

As before, we distinguish between the "lead" and the "lag" modes of stimulation. In the lead mode, the electrode is first an anode and then a cathode. In the lag mode, the polarities are reversed.

## RESULTS AND DISCUSSION

The point where gassing becomes predominant could, in principle, be estimated from the potentials corresponding to the different inflections on these transients (1, 2). It can also be determined from an analysis of the charge relationships between the different processes observed to be occurring during the transient waveforms. Both of these procedures have been investigated.

### Potential Transients

Figs. 1-3 show transients for  $\pm 50$ ,  $\pm 150$ , and  $\pm 450 \text{ mA}/\text{real cm}^2$  pulses. The arrows were intended to indicate the points where, based on the observed potentials, we might suppose  $\text{H}_2$  evolution from  $\text{H}_2\text{O}$  electrolysis is commencing. Such arrows have been positioned at an inflection point just negative of the reversible hydrogen electrode (RHE) potential. On closer examination, we conclude that this does not correspond to the onset of  $\text{H}_2$  evolution. This is for two reasons:

(1) The very negative values of the maximum cathodic potential excursions during pulsing indicate that  $\text{H}_2$  evolution, which normally has little overpotential on Pt (4), is extremely inhibited under these conditions, (\*) (e.g., with  $\pm 480 \mu\text{C}/\text{real cm}^2$  at  $\pm 450 \text{ mA}/\text{real cm}^2$ , it is  $-0.70 \text{ V}$ ). Hence, we cannot infer that  $\text{H}_2$ -evolution is occurring just from the potentials of the inflections.

(\*) This is even after allowance for potential shifts because of local pH excursions ( $\sim 12$ ) during the pulse.

Manuscript received July 22, 1975; revised April 19, 1976. This work was supported by the National Institute of Neurological Diseases and Stroke, National Institutes of Health, Bethesda, MD, under Contract N01-NS-3-2313.

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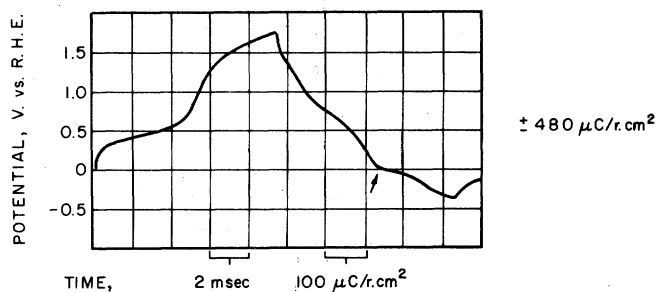


Fig. 1. Potential excursions observed on Pt lead electrode at  $\pm 50$  mA/r · cm<sup>2</sup>.

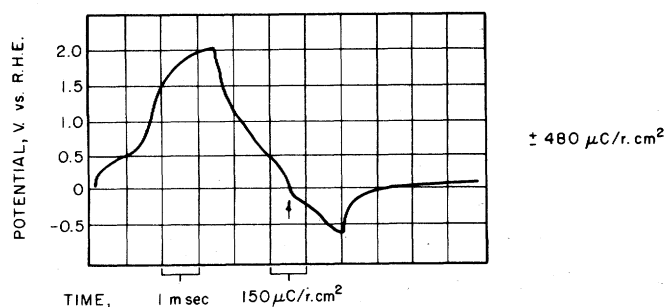


Fig. 2. Potential excursions on a Pt lead electrode at  $\pm 150$  mA/r · cm<sup>2</sup>.

(2) The voltage-time trace is not flat beyond the inflection, as would be expected for steady H<sub>2</sub> evolution (2).

The difficulty is that the cathodic limbs are not long enough for us to identify H<sub>2</sub> evolution positively. If the charge density during the cathodic pulse is sufficiently increased, there is always eventually a flattening of the cathodal extremity of the potential-time transient when we do reach H<sub>2</sub> evolution. Because of this flattening, we can then tell where H<sub>2</sub> evolution began. Such a complete reduction of the surface, combined with coulometry of the various surface processes, was the focus of our further efforts to determine where water electrolysis begins.

#### Coulometry of Pulses

For orientation, we refer to Fig. 4. This represents  $\pm 1200$  μC/real cm<sup>2</sup> at  $\pm 50$  mA/real cm<sup>2</sup> pulses for an inorganic pH 7.31 solution where the Cl<sup>-</sup> was substituted with ClO<sub>4</sub><sup>-</sup>. The anodic branch of the transient is reminiscent of the classical charging curve for Pt in acid solutions (1, 2). The similarity implying that the main difference of saline from 1M HClO<sub>4</sub> results from adsorption of Cl<sup>-</sup> and not from the difference in pH. The regions marked on the figure are:

- HO: Hydride Oxidation (plus double layer)
- DL: Double Layer
- OF: Oxide Formation (plus double layer)
- OE: Oxygen Evolution
- O<sub>2</sub>R: Oxygen (and oxide) Reduction
- OR: Oxide (and oxygen) Reduction
- HF: Hydride Formation (plus double layer)
- HE: Hydrogen Evolution.

The descriptions of these regions are intended to convey the main processes which they represent. In this particular case,

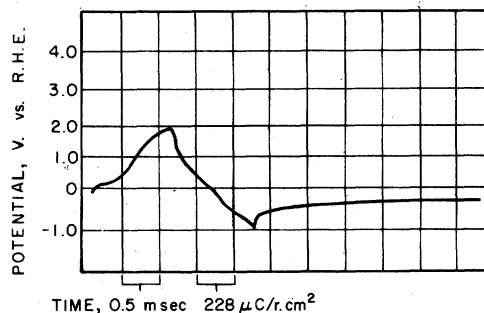


Fig. 3. Potential excursions observed on Pt lead electrode pulsing with  $\pm 480$  μC/r · cm<sup>2</sup> at  $\pm 450$  mA/r · cm<sup>2</sup>.

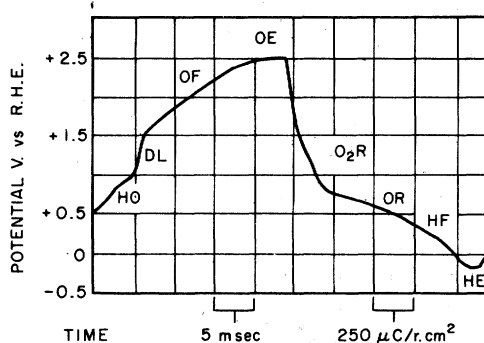


Fig. 4. Potential excursion on a Pt lead electrode pulsing with  $\pm 1200$  μC/r · cm<sup>2</sup> at  $\pm 50$  mA/r · cm<sup>2</sup> (in 3B where the Cl<sup>-</sup> was substituted by ClO<sub>4</sub><sup>-</sup>).

"OR" and "HF" certainly overlap because of the slow kinetics for the reduction of the surface oxide film.

A procedure for estimating the point where water electrolysis begins can be based on the dependence of the charge  $Q_{(OR+HF)}$  on  $Q_a$ , the anodic pulse charge. The principle is that as long as  $Q_{(OR+HF)}$  exceeds  $Q_a$ , we will not exhaust the maximum charge which the surface can admit cathodically with a pulse sequence  $\pm Q_a$ . Hence, we could not reach HE, which always follows completion of HF (4). We should say that any O<sub>2</sub> evolved during  $Q_a$  will be partially reduced (up to 50%) (5) during the measurement of  $Q_{(OR+HF)}$ . If the charge for oxygen evolution,  $Q_{OE}$ , were 4% of  $Q_a$ , O<sub>2</sub> reduction,  $Q_{O_2R}$ , could contribute up to 2% of  $Q_{(OR+HF)}$ , which is the limit of precision for the measurement. Thus, there must be a 4% uncertainty in knowing the safe limit of  $Q_a$ .

The key equivalence to be sought, then, is the point where  $Q_a$  just exceeds  $Q_{(OR+HF)}$  at each pulsing current density. Correspondingly, we investigated this condition. For this purpose, we interrupted the 33 Hz pulsing sequence at a current reversal point and completely reduced the surface. This involves passing as much cathodic charge as is required to reach H<sub>2</sub> evolution, rather than an amount equal to  $Q_a$ .

Representative complete surface reductions after interruptions of lead electrode pulses are shown in Fig. 5(a-c). With the complete reduction current applied, we can clearly pick out the point where H<sub>2</sub> evolution is occurring. We may note that there is frequently a fairly long sloping transient before final flattening. This is undoubtedly due to local pH changes as the pulse progresses. The method of estimating the onset of HE is indicated by the dotted lines in the figures. In all cases, we can pick out the point where HE commences and, especially

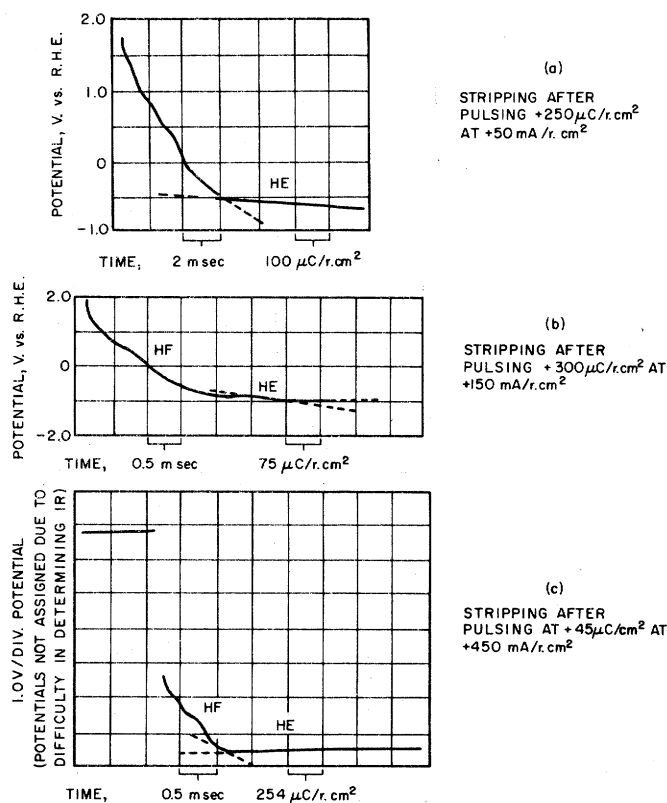


Fig. 5. Potential excursions on a Pt lead electrode.

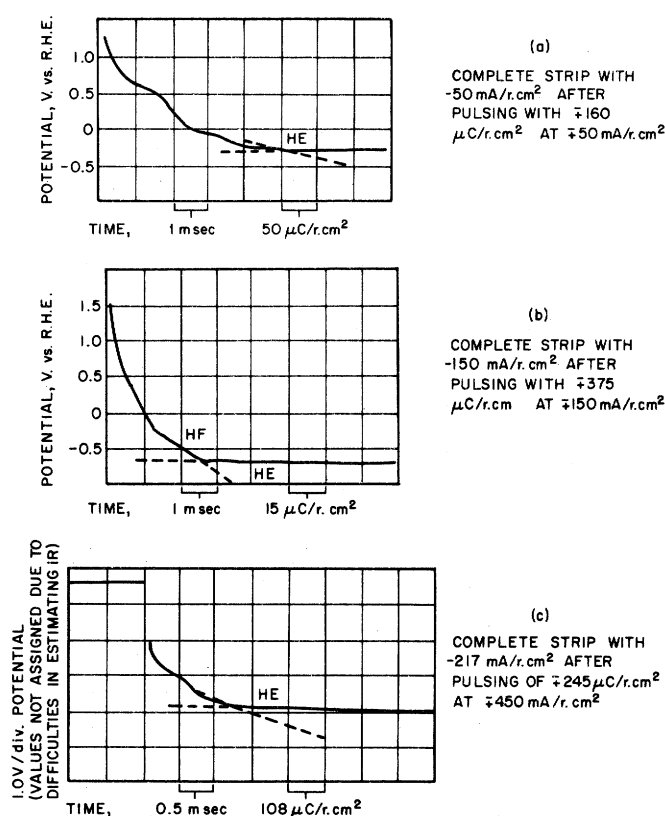


Fig. 6. Potential excursions on a Pt lag electrode.

for lag electrodes, we can pick out HF quite clearly (Fig. 6(a-c)).

The results from this type of experiment are summarized in Figs. 7 and 8. We see that for lead electrodes the theoretical non-gassing limit is  $300 \pm 20 \mu\text{C/real cm}^2$  independent of current density. For lag electrodes, the limit is  $350 \pm 50 \mu\text{C/real cm}^2$  independent of current density.

Exceeding these limits is by no means disastrous, as not all of the excess charge appears to pass into water electrolysis.(\*\*) Under DC conditions, gas evolution is observed under the microscope (100X) at  $10 \mu\text{A/real cm}^2$ . Under biphasic pulsing conditions ( $\pm$  or  $\mp 50 \text{ mA/cm}^2$  for lead and lag electrodes, respectively), initiation of bubbling (i.e., not vigorous bubbling) occurs with pulses of  $\pm 400 \mu\text{C/real cm}^2$  and  $\mp 420 \mu\text{C/real cm}^2$ . We estimate from Fig. 7 that under the first of these conditions  $20 \mu\text{C/real cm}^2$  of  $\text{H}_2$  is evolved. With 33 Hz pulses, this is equivalent to an  $\text{H}_2$  evolution rate of  $0.66 \text{ mA/real cm}^2$ . Since this greatly exceeds the limits of observability of bubbling by DC currents, the great majority of this  $\text{H}_2$  must not have evolved as gas, but must have been oxidized during the anodic pulses of the sequence. We emphasize from this result that the above limits, which we stress are the theoretical limits below which gassing *cannot occur*, are considerably lower than the practical limits.

So far we have only discussed evidence for when  $\text{H}_2$  is evolved. Fortunately, we can say on theoretical grounds that if a pulse is wide enough to produce  $\text{H}_2$  in solution, it will also be wide enough to produce  $\text{O}_2$  on the reverse cycle. The

(\*\*) This is because there is more electrode surface oxidation with wider pulses.

argument is as follows: If  $\text{H}_2$  is evolved cathodically, some of it will escape into solution and not be re-oxidized on the next anodic cycle. This would be true even if the pulsing were continuous, rather than anodic-cathodic-rest, etc. It is clear that with our actual sequence for lag electrodes of anodic-cathodic-long rest, almost all the  $\text{H}_2$  which is evolved will actually escape into the solution (dissolved or as bubbles). Since some  $\text{H}_2$  is lost from the vicinity of the electrode, the electrode will have to move more positively on the next anodic cycle to find an alternative process to  $\text{H}_2$  re-oxidation. If no  $\text{O}_2$  is evolved in this more anodic half cycle, less  $\text{H}_2$  will be evolved on the next cathodic half cycle.

Eventually,  $\text{H}_2$  evolution will cease. If, however,  $\text{O}_2$  is evolved anodically, some of it will not be subsequently reduced. We can say then that the absence of other substantial irreversible charge carrying processes, such as saline oxidation or metal dissolution, which we have found is the case, the electrode will shuttle between  $\text{H}_2$  and  $\text{O}_2$  evolution, if the applied charges are large enough to exceed the maximum capacity of the processes  $\text{OR} + \text{HF}$ . The water electrolysis question then resolves itself to deciding whether *either*  $\text{H}_2$  or  $\text{O}_2$  is evolved.

Typical stimulation parameters can involve admitting charges of as much as  $150 \mu\text{C/geomeric cm}^2$  (6). Clearly, then, the present non-gassing limits as such do not restrict the use of Pt electrodes.

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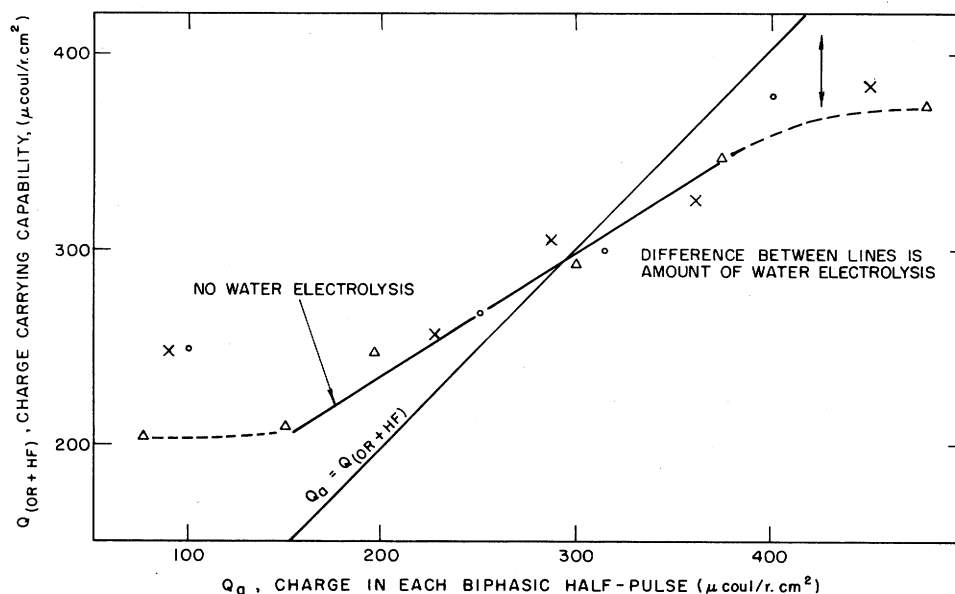


Fig. 7. Analysis for nongassing limits on a Pt lead electrode as a function of pulsing current density (o,  $\pm 50 \text{ mA/r} \cdot \text{cm}^2$ ;  $\Delta$ ,  $\pm 150 \text{ mA/r} \cdot \text{cm}^2$ ; X,  $\pm 450 \text{ mA/r} \cdot \text{cm}^2$ ).

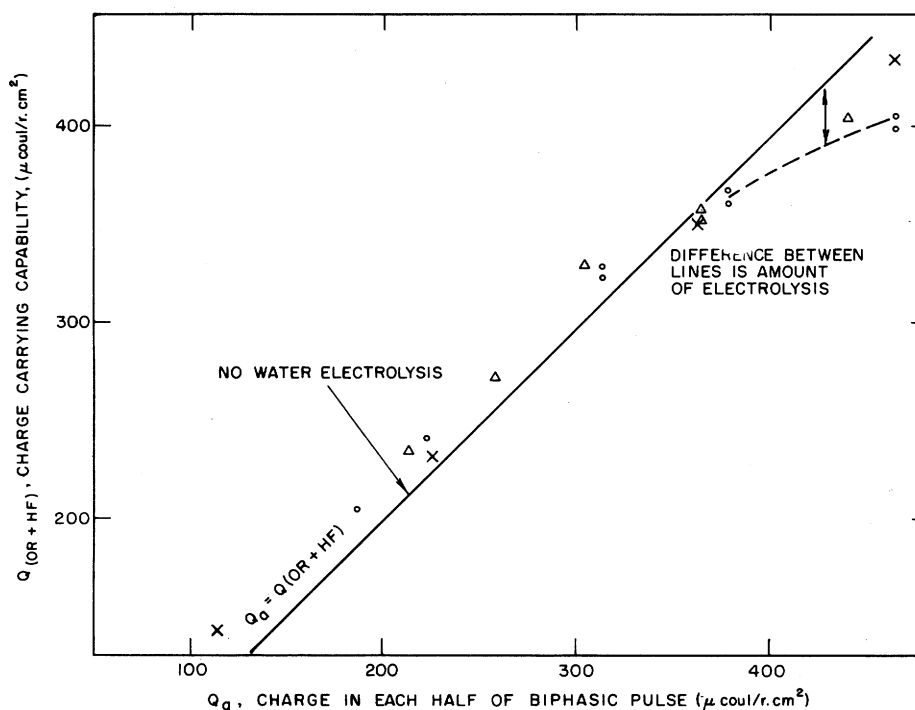


Fig. 8. Analysis for nongassing limits on a Pt lag electrode as a function of pulsing current density (o,  $\pm 50 \text{ mA/r} \cdot \text{cm}^2$ ;  $\Delta$ ,  $\pm 150 \text{ mA/r} \cdot \text{cm}^2$ ; X,  $\pm 450 \text{ mA/r} \cdot \text{cm}^2$ ).

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