



Chapter 13

PERIODIC MOTION

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Outline

1. Simple Harmonic Motion (SHM)
2. Energy of the Simple Harmonic Oscillator
3. Simple Harmonic Motion vs Circular Motion
4. The Pendulum
5. The Damped Oscillation and Forced Oscillation
6. Resonance

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1. Simple Harmonic Motion (SHM)

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Periodic Motion

- o **Periodic motion** is motion of an object that regularly repeats.
 - The object returns to a given position after a fixed time interval.

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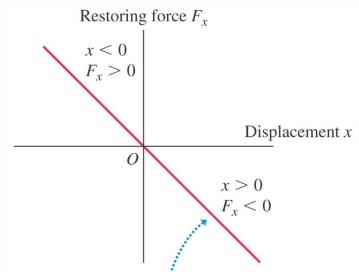
Simple Harmonic Motion

- 0 A special kind of periodic motion occurs in mechanical systems when the force acting on the object is proportional to the position of the object relative to some equilibrium position, i.e.,

$$\vec{F} = -k\vec{x},$$

called **simple harmonic motion**.

⌚ It is a conservative force!

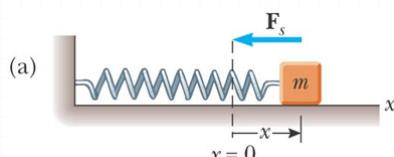


The restoring force exerted by an idealized spring is directly proportional to the displacement (Hooke's law, $F_x = -kx$):
the graph of F_x versus x is a straight line.

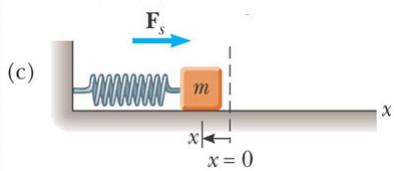
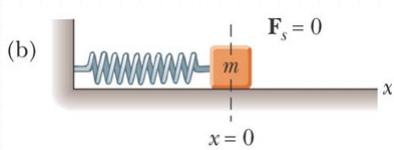
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Motion of a Spring-Mass System

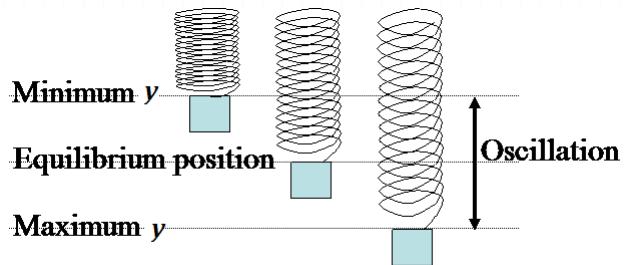
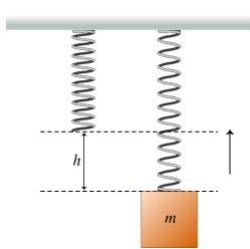


$$\text{Hook's law: } \vec{F}_s = -k\vec{x}$$



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$$\vec{F}_0 = +kh\hat{j} - mg\hat{j} = 0$$

$$\vec{F}_y = +k(h - \Delta y)\hat{j} - mg\hat{j} = -k\Delta y\hat{j}$$

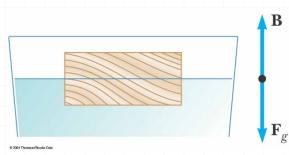
$\Rightarrow \vec{F} = -k\Delta y\hat{j}$, a SHM

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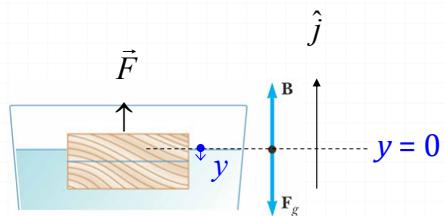
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Ex.

Initially the block is at y away from the equilibrium, not equilibrium.



$$\vec{F}_g + \vec{B} = 0$$



$$\vec{F} = \vec{F}_g + \vec{B}'$$

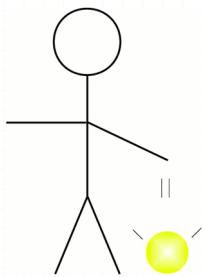
$$m\bar{g} + \rho_{\text{fluid}}gV_0\hat{j} = 0$$

$$\vec{F} = \underbrace{m\bar{g} + \rho_{\text{fluid}}gV_0\hat{j}}_{=0} - \rho_{\text{fluid}}gA\vec{y}$$

$\Rightarrow \vec{F} = -(\rho_{\text{fluid}}gA)\vec{y}$ a SHM

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The bouncing ball \Rightarrow Not a SHM.

⚠️ Not all periodic motions are simple harmonic!

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Kinematics of SHM

$$F = -kx$$

$$\Rightarrow \frac{d^2x}{dt^2} = -\frac{k}{m}x \quad \text{A 2nd-order differential equation}$$

$$\text{Define } \omega^2 = \frac{k}{m}$$

$$\Rightarrow \frac{d^2x}{dt^2} = -\omega^2 x$$

What functions satisfy this equation?

$$e^{-x}, \sin x, \cos x$$

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The solution to the differential equation is

$$x(t) = A \cos(\omega t + \phi)$$

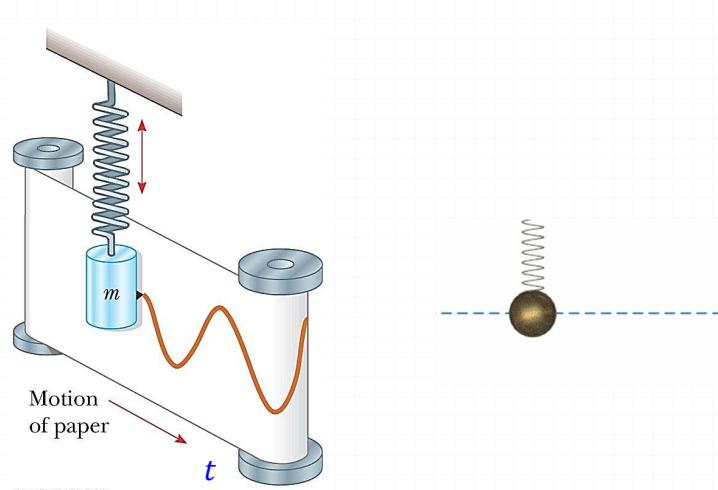
Amplitude Angular frequency Phase constant

(1) $\omega = \sqrt{\frac{k}{m}}$ (rad/s)

(2) $A > 0$ and ϕ , both depend on initial conditions.

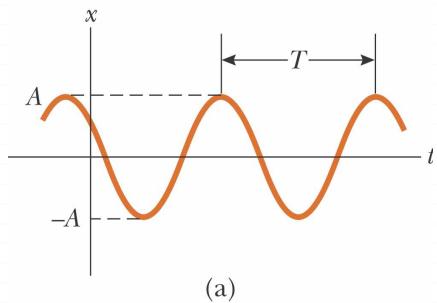
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$$\omega = \frac{2\pi}{T} = \sqrt{\frac{k}{m}} \text{ (rad/s)}$$

$$\text{Period } T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}}$$

$$f = \frac{1}{T} = \frac{\omega}{2\pi} \text{ (Hertz)}$$

The frequency and period do not depend on amplitude.

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The simple harmonic motion

$$x(t) = A \cos(\omega t + \phi)$$

$$v(t) = \frac{dx}{dt} = -\omega A \sin(\omega t + \phi) \quad \Rightarrow \quad v_{\max} = \omega A$$

$$a(t) = \frac{dv}{dt} = -\omega^2 A \cos(\omega t + \phi) \quad \Rightarrow \quad a_{\max} = \omega^2 A$$

Not a uniform acceleration.

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☺ To get the phase constant and amplitude:

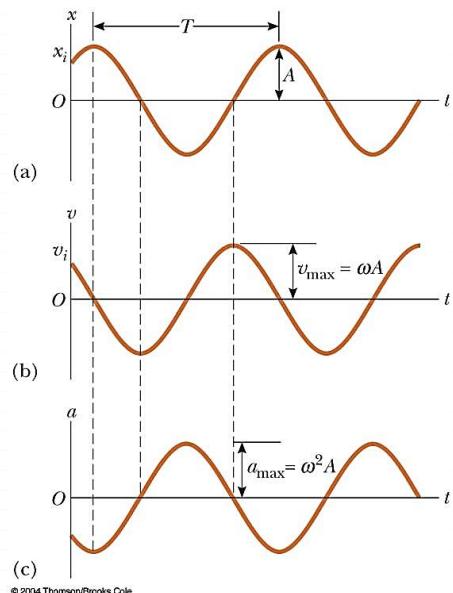
$$\frac{v(0)}{x(0)} = \frac{-\omega A \sin \phi}{A \cos \phi} = -\omega \tan \phi \quad \Rightarrow \quad \phi = \tan^{-1} \left[-\frac{v(0)}{\omega x(0)} \right]$$

$$\begin{aligned} [x(0)]^2 &= A \cos^2 \phi \\ [v(0)]^2 &= \omega^2 A^2 \sin^2 \phi \end{aligned} \quad \Rightarrow \quad A = \sqrt{[x(0)]^2 + \frac{[v(0)]^2}{\omega^2}}$$

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- o The velocity is 90° out of phase with the displacement and the acceleration is 180° out of phase with the displacement.



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$$x(t) = A \cos(\omega t + \phi)$$

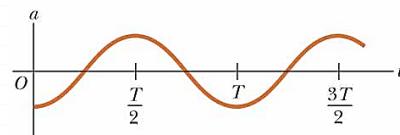
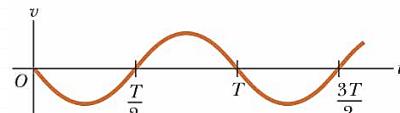
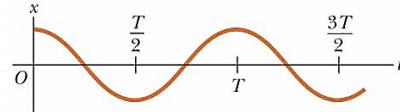
o Initial conditions at $t = 0$
are

$$x(0) = A_0$$

$$v(0) = 0$$

$$\begin{cases} x(0) = A \cos(\omega \cdot 0 + \phi) = A_0 \\ v(0) = -\omega A \sin(\omega \cdot 0 + \phi) = 0 \end{cases}$$

$$\Rightarrow \begin{cases} \phi = 0 \\ A = A_0 \end{cases}$$



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o Initial conditions at
 $t = 0$ are

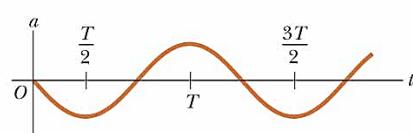
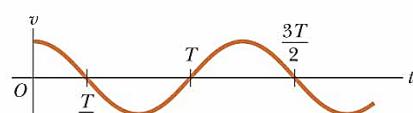
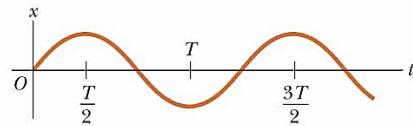
$$x(0) = 0$$

$$v(0) = v_i$$

$$\begin{cases} x(0) = A \cos(\omega \cdot 0 + \phi) = 0 \\ v(0) = -\omega A \sin(\omega \cdot 0 + \phi) = v_i \end{cases}$$

$$\Rightarrow \begin{cases} \phi = (-)\frac{\pi}{2} \\ A = \frac{v_i}{\omega} \end{cases}$$

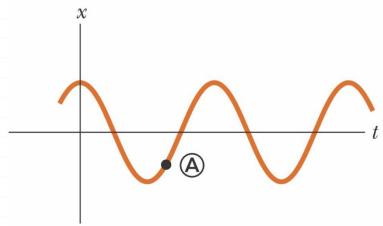
p.s., $\begin{cases} \phi = +\frac{\pi}{2} \\ A = (-)\frac{v_i}{\omega} \end{cases}$ not allowed. \because amplitude must > 0 .



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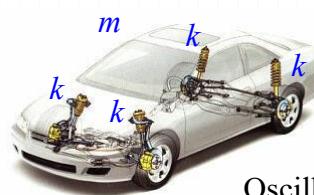
Q: Velocity at A: positive or negative?



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Ex.



Oscillating frequency $f = ?$

$$F_{total} = \sum(-kx) = -\left(\sum k\right)x = -k_{eff}x$$

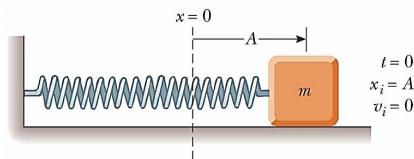
$$k_{eff} = \sum k = 4k$$

$$\Rightarrow f = \frac{1}{2\pi} \sqrt{\frac{k_{eff}}{m}}$$

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Ex. A box-spring system



- a. The period $T = ?$
- b. The max. speed of the block = ?
- c. The max. acceleration of the block = ?
- d. $x(t), v(t), a(t) = ?$

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Ans: (a) $\omega = \sqrt{\frac{k}{m}} \Rightarrow T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{m}{k}}$

(b) $v_{\max} = \omega A$

(c) $a_{\max} = \omega^2 A$

(d) $x(0) = A \cos \phi = A \Rightarrow \phi = 0$

$$x(t) = A \cos \omega t$$

$$v(t) = -\omega A \sin \omega t$$

$$a = -\omega^2 A \cos \omega t$$

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2. Energy of the Simple Harmonic Motion

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Energy of the Simple Harmonic Oscillator

$$K = \frac{1}{2}mv^2 = \frac{1}{2}m\omega^2 A^2 \sin^2(\omega t + \phi)$$

$$U = \frac{1}{2}kx^2 = \frac{1}{2}kA^2 \cos^2(\omega t + \phi)$$

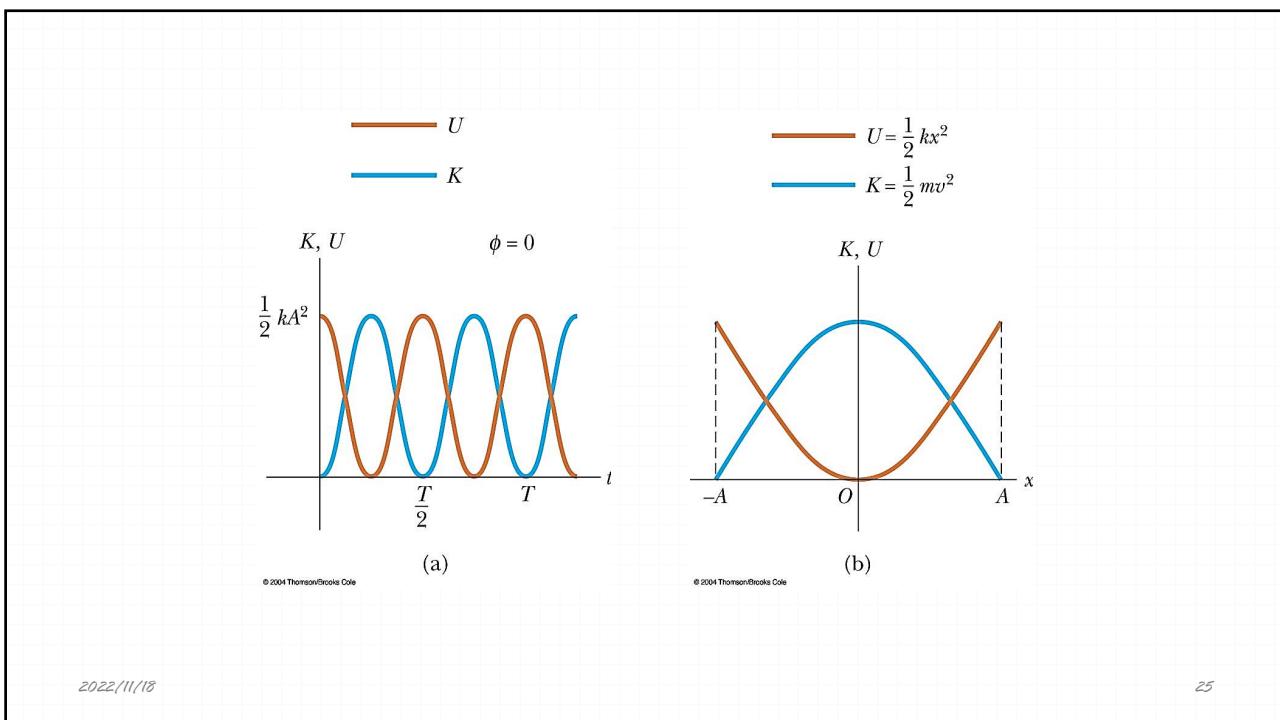
$$\Rightarrow E = K + U = \frac{1}{2}kA^2$$

The total mechanical energy of the SHM is proportional to A^2 .

$$\frac{1}{2}mv^2 + \frac{1}{2}kx^2 = \frac{1}{2}kA^2 \Rightarrow v(x) = \pm \sqrt{\frac{k}{m}(A^2 - x^2)} = \pm \omega \sqrt{A^2 - x^2}$$

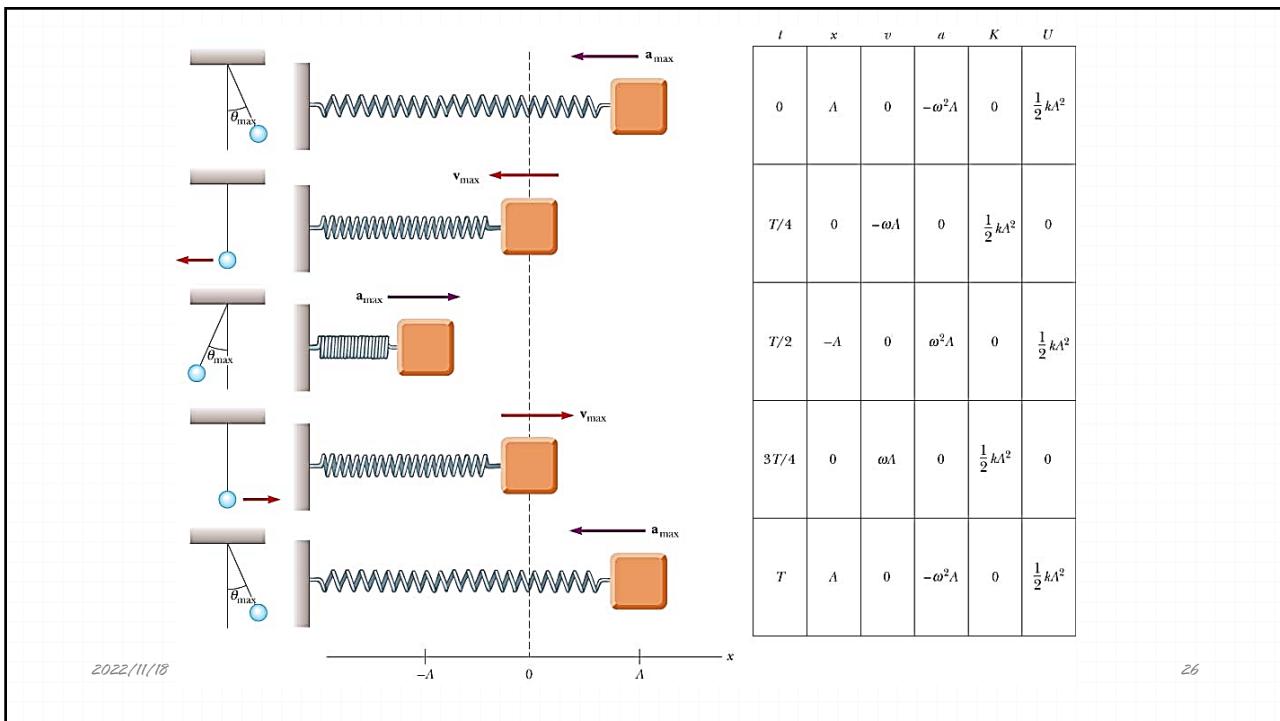
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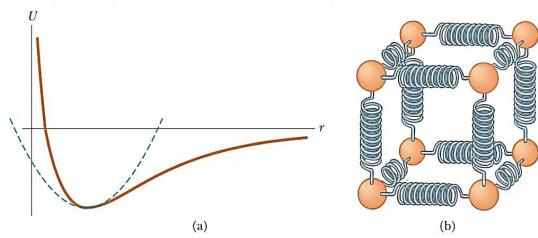
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Molecular Model of SHM

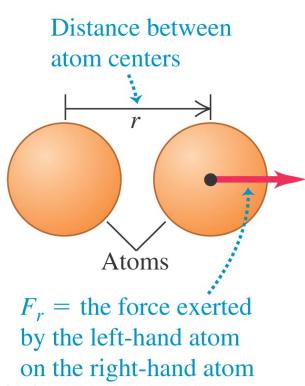
- If the atoms in the molecule do not move too far, the force between them can be modeled as if there were springs between the atoms.
- The potential energy acts similar to that of the SHM oscillator.



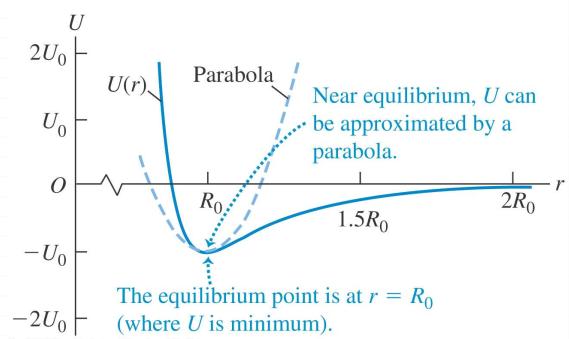
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(a) Two-atom system



(b) Potential energy U of the two-atom system as a function of r



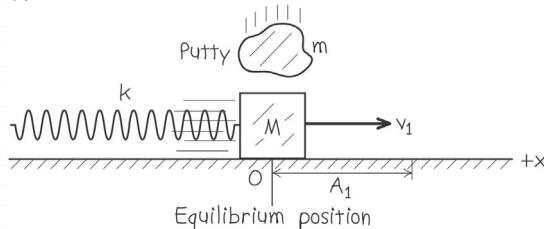
⌚ Why does the volume of solids usually increase as the temperature increases?

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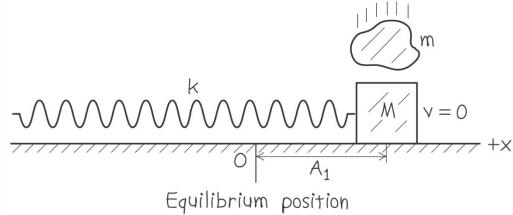
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Ex.

(a)



(b)



Find the new amplitude and period.

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Ans:

(a) Collision \Rightarrow Momentum conservation

At $x = 0$,

$$\frac{1}{2}(M+m)v_{2x}^2 + \frac{1}{2}k\underset{x=0}{\cancel{x}^2} = \frac{1}{2}kA_1^2 \Rightarrow A_2 = \sqrt{\frac{(M+m)}{k}}v_{2x}$$

$$\text{Final: } Mv_{1x} = (M+m)v_{2x} \Rightarrow v_{2x} = \frac{M}{M+m}v_{1x} \Rightarrow A_2 = \sqrt{\frac{M}{M+m}}A_1$$

$$\text{Initial: } \frac{1}{2}Mv_{1x}^2 + \frac{1}{2}k\underset{x=0}{\cancel{x}^2} = \frac{1}{2}kA_1^2 \Rightarrow v_{1x} = \sqrt{\frac{k}{M}}A_1$$

$$T_1 = 2\pi\sqrt{\frac{M}{k}} \Rightarrow T_2 = 2\pi\sqrt{\frac{M+m}{k}}$$

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(b) At $x = A_1$,

$$\frac{1}{2}(M+m)\underbrace{v_{2x}^2}_{=0} + \frac{1}{2}k\underbrace{x^2}_{=A_1} = \frac{1}{2}kA_1^2 \Rightarrow \textcolor{magenta}{A}_2 = \sqrt{A_1^2 + \frac{M+m}{k}v_{2x}^2}$$

$$\text{Final: } Mv_{1x} = (M+m)v_{2x} \Rightarrow v_{2x} = \frac{M}{M+m}v_{1x} \Rightarrow \textcolor{magenta}{A}_2 = A_1$$

$$\text{Initial: } \frac{1}{2}Mv_{1x}^2 + \frac{1}{2}k\underbrace{x^2}_{=A_1} = \frac{1}{2}kA_1^2 \Rightarrow v_{1x} = 0$$

$$T_1 = 2\pi\sqrt{\frac{M}{k}} \Rightarrow T_2 = 2\pi\sqrt{\frac{M+m}{k}}$$

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3. Simple Harmonic Motion vs. Circular Motion

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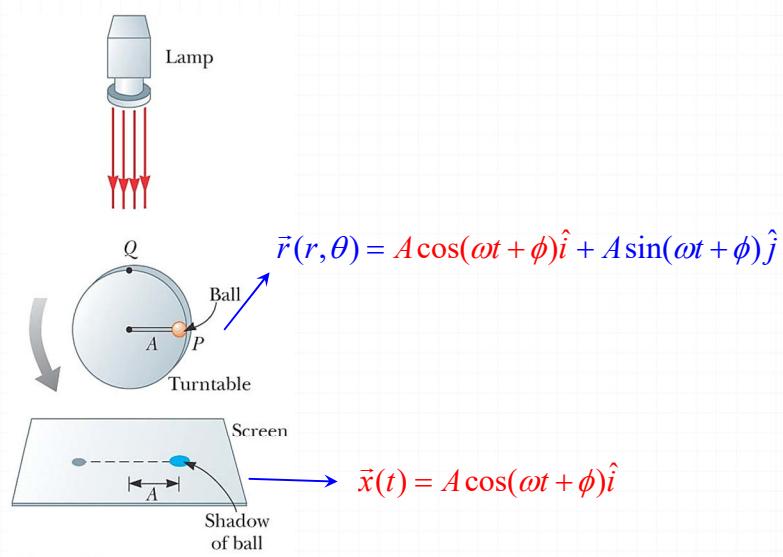
SHM and Circular Motion

- o **Simple Harmonic Motion** along a straight line can be represented by the projection of uniform circular motion along the diameter of a reference circle.
- o **Uniform circular motion** can be considered a combination of two perpendicular simple harmonic motions.

$$\begin{aligned}\vec{r}(r, \theta) &= A \cos(\omega t + \phi) \hat{i} + A \sin(\omega t + \phi) \hat{j} \\ &= A \cos(\omega t + \phi) \hat{i} + A \cos(\omega t + \phi + 90^\circ) \hat{j}\end{aligned}$$

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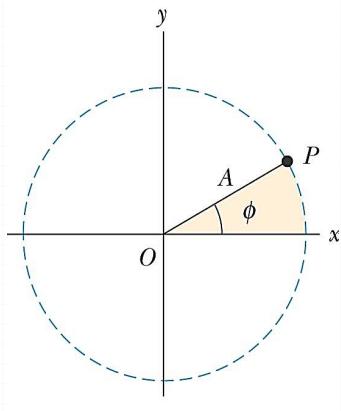
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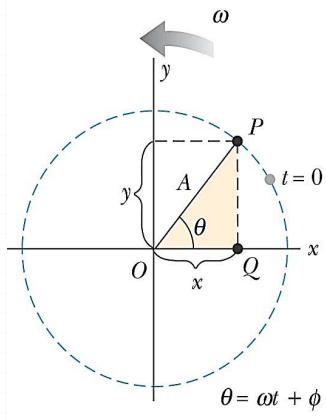
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(a)



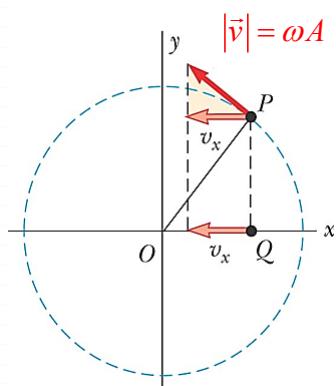
(b)

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$$x(t) = A \cos \theta = A \cos(\omega t + \phi)$$

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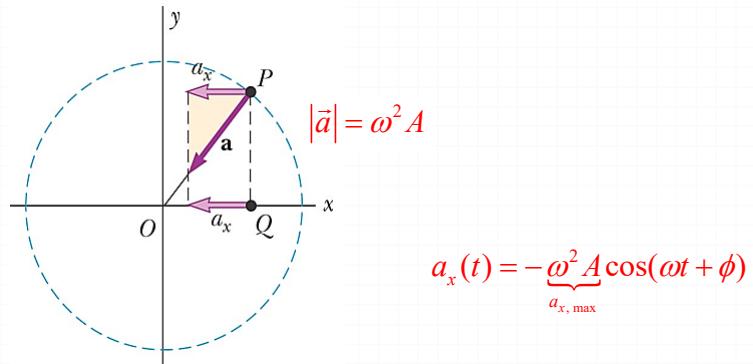
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$$v_x(t) = -\underbrace{\omega A}_{v_{x, \text{ max}}} \sin(\omega t + \phi)$$

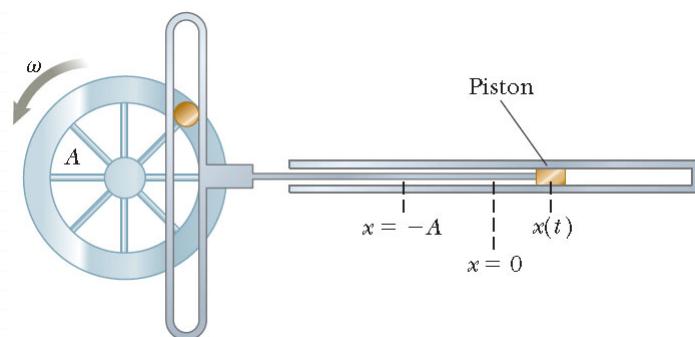
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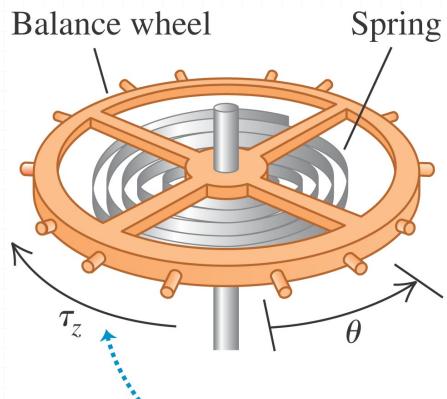
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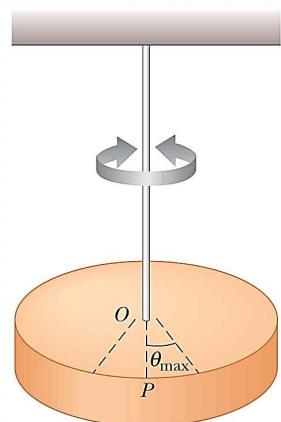
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Torsional Pendulum



The spring torque τ_z opposes the angular displacement θ .

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$$\tau = -\kappa\theta \quad \kappa: \text{torsion constant}$$

$$\Rightarrow -\kappa\theta = I \frac{d^2\theta}{dt^2}$$

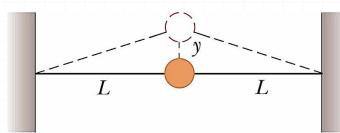
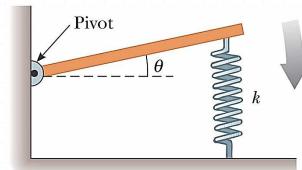
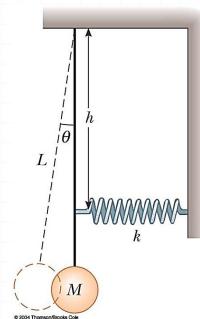
$$\Rightarrow \frac{d^2\theta}{dt^2} = -\frac{\kappa}{I}\theta = -\omega^2\theta$$

$$\omega = \sqrt{\frac{\kappa}{I}}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{I}{\kappa}}$$

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Other SHMs.



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⌚ Whether the motion is SHM or not can be judged by $F = ma$.

If the force is not easy to express, then use the equation of energy conservation and try to express it as $\frac{dx^2}{dt^2} + \omega^2 x = 0$.

The period then is also obtained.

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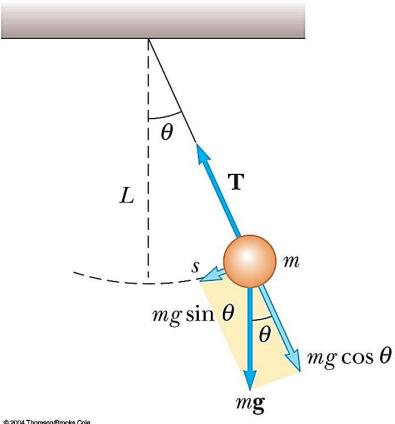
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The Pendulum



$$F_t = -mg \sin \theta = m \frac{d^2 s}{dt^2}$$

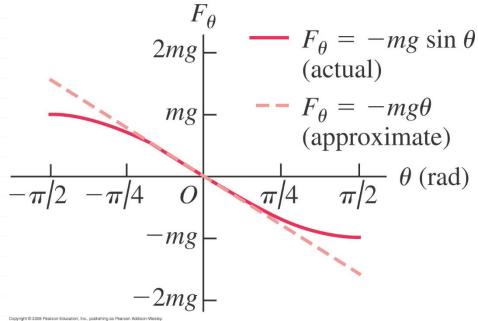
$$s = L\theta$$

$$\Rightarrow \frac{d^2 \theta}{dt^2} = -\frac{g}{L} \sin \theta$$

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For small θ , $\sin \theta \approx \theta$



$$\Rightarrow \frac{d^2\theta}{dt^2} = -\frac{g}{L}\theta = -\omega^2\theta$$

$$\omega = \sqrt{\frac{g}{L}}$$

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{L}{g}}$$

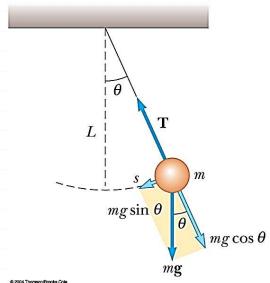
$$\theta(t) = \theta_{\max} \cos(\omega t + \phi)$$

☺ For $L = 1\text{m}$ and $g = 9.8 \text{ m/s}$, the period $T \approx 2 \text{ s}$.

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Pendulum oscillates at a larger angle



$$\frac{d^2\theta}{dt^2} = -\frac{g}{L} \sin \theta$$

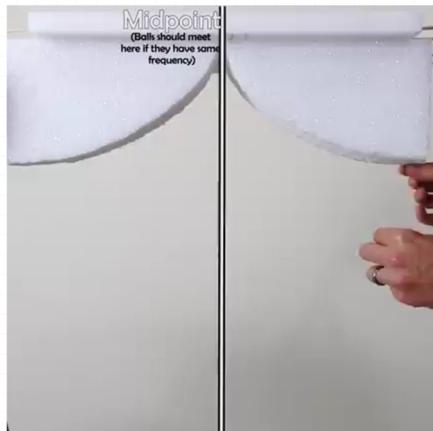
$$T_0 = 2\pi \sqrt{\frac{L}{g}}$$

$$\text{For not small angle } \theta, \quad T = T_0 \left[1 + \frac{1}{2^2} \sin^2 \frac{1}{2} \theta + \frac{1}{2^2} \left(\frac{3}{4} \right)^2 \sin^4 \frac{1}{2} \theta + \dots \right]$$

$$\Rightarrow T > T_0 = 2\pi \sqrt{\frac{L}{g}}, \quad \frac{T - T_0}{T} \leq 0.5\% \quad \text{for } \theta \leq 15^\circ.$$

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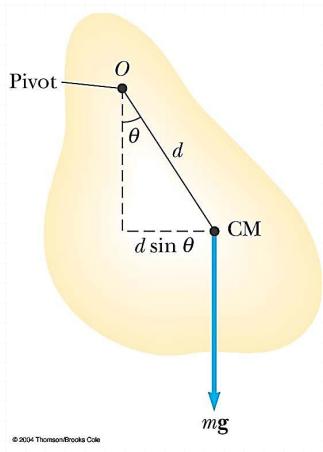


https://www.facebook.com/watch/?v=306222764371599&extid=NS-UNK-UNK-UNK-AN_GK0T-GK1C&ref=sharing

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Physical Pendulum



$$\tau = I\alpha = I \frac{d^2\theta}{dt^2}$$

$$\Rightarrow -mgd \sin \theta = I \frac{d^2\theta}{dt^2}$$

For small θ , $\sin \theta \approx \theta$

$$\Rightarrow \frac{d^2\theta}{dt^2} = -\frac{mgd}{I} \theta = -\omega^2 \theta$$

$$\omega = \sqrt{\frac{mgd}{I}}$$

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$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{I}{mgd}} = 2\pi \sqrt{\frac{I_{CM} + md^2}{mgd}} \geq 2\pi \sqrt{\frac{d}{g}}$$

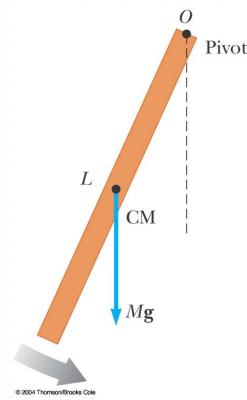
1. It depends on how the mass is distributed!
2. Can be experimentally used to determine the moment of inertia of an object.

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Ex. A uniform rod of mass M and length L is pivoted about one end and oscillated in a vertical plane. Find the period of oscillation if the amplitude of the motion is small.

$$(I = \frac{1}{3}ML^2)$$



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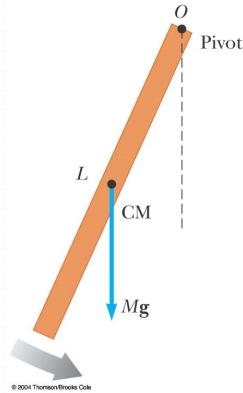
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Ans:

$$T = 2\pi \sqrt{\frac{\frac{1}{3}ML^2}{Mg(L/2)}} = 2\pi \sqrt{\frac{2L}{3g}}$$

Note,

$$T \neq 2\pi \sqrt{\frac{(L/2)}{g}}$$



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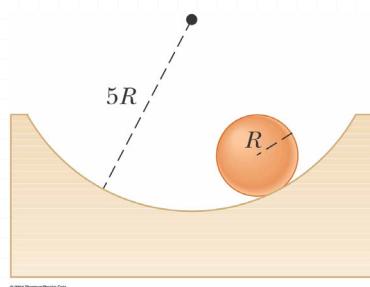
➊ Dividing the rod into tiny pieces, the average T of these pieces does not equal to the true T .

$$\bar{T} = \frac{\int_0^L 2\pi \sqrt{\frac{\ell}{g}} d\ell}{\int_0^L d\ell} = \frac{2\pi \sqrt{\frac{1}{g}} \frac{2}{3} L^{3/2}}{L} = \frac{4\pi}{3} \sqrt{\frac{L}{g}} \neq 2\pi \sqrt{\frac{2L}{3g}}$$

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Q:



$T = ?$

Hint:

Without rotation, the motion is the same as a pendulum.

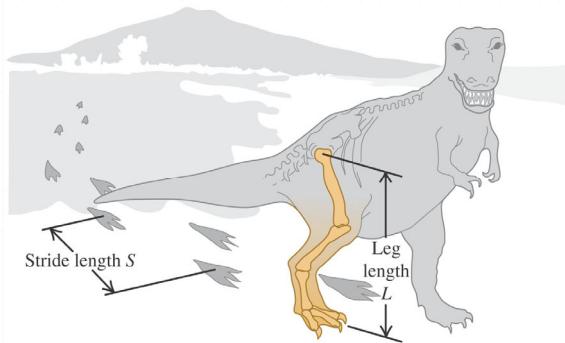
With rotation, the equation of motion can be obtained from energy conservation. Then the period can be obtained.

[Problem 15.56 (Serway, 6th)]

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Ex. Estimate the walking speed of rex.



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Ans:

$$T = 2\pi \sqrt{\frac{2L}{3g}} \Rightarrow v = S / T = \frac{S}{2\pi} \sqrt{\frac{3g}{2L}}$$

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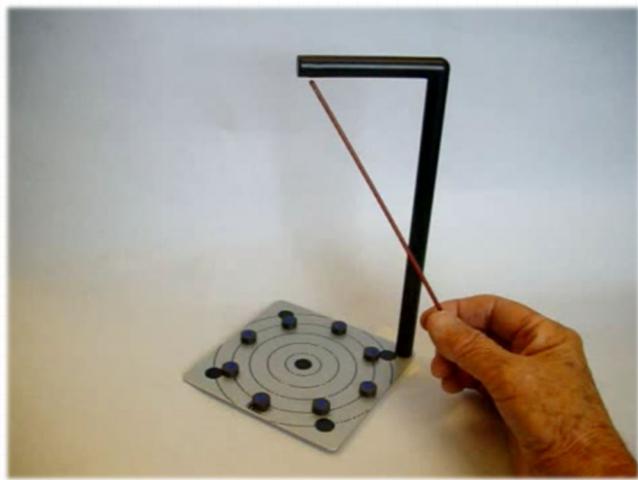
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Non-linear effect: Chaos



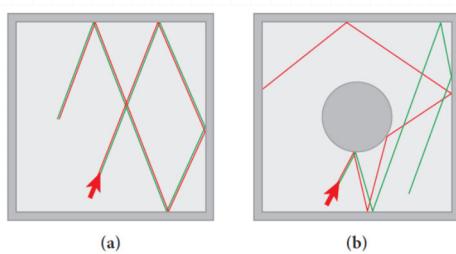
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The solution of nonlinear dynamics or chaotic motion
is sensitive dependent on initial conditions.

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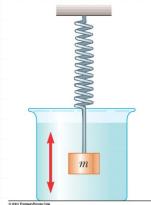
1. Simple Harmonic Motion (SHM)
2. Energy of the Simple Harmonic Oscillator
3. Simple Harmonic Motion vs Circular Motion
4. The Pendulum
5. The Damped Oscillation and Forced Oscillation
6. Resonance

5. The damped oscillation and forced oscillation

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Damped Oscillations



$$\begin{aligned} \sum \vec{F} &= m\vec{a} \\ \Rightarrow -kx - bv &= ma \\ \Rightarrow -kx - b \frac{dx}{dt} &= m \frac{d^2x}{dt^2} \end{aligned}$$

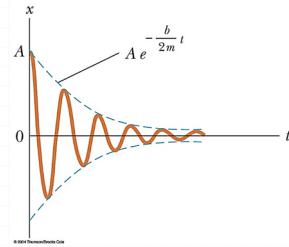
Retarding force: $-bv$
"b" : damping coefficient

When "b" is small, i.e., retarding force \ll restoring force

$$x(t) = Ae^{-\frac{b}{2m}t} \cos(\omega t + \phi)$$

$$\omega = \sqrt{\frac{k}{m} - \left(\frac{b}{2m}\right)^2}$$

Damped oscillation.

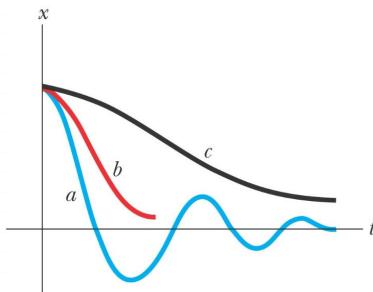


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$$\omega = \sqrt{\frac{k}{m} - \left(\frac{b}{2m}\right)^2} = \sqrt{\omega_0^2 - \left(\frac{b}{2m}\right)^2}$$

$$\omega_0 = \sqrt{\frac{k}{m}}, \text{ nature frequency}$$



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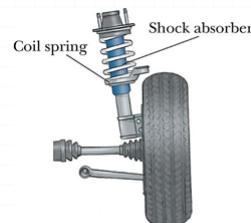
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(a) Underdamped, $\omega_0 > \frac{b}{2m}$

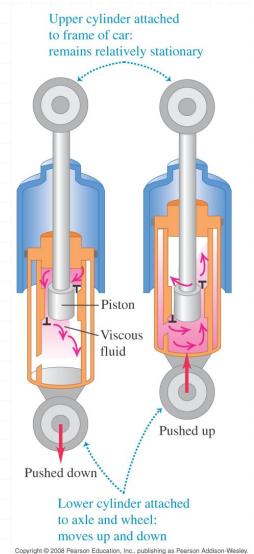
(b) Critically damped, $\omega_0 = \frac{b}{2m}$

(c) Overdamped, $\omega_0 < \frac{b}{2m}$

Q: An automotive suspension system consists of a combination of springs and shock absorbers, as shown in Figure. If you were an automotive engineer, would you design a suspension system that was (a) underdamped (b) critically damped (c) overdamped?

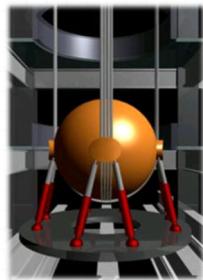


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Taipei 101



從九十二樓懸掛到八十八樓之世界最大被動式風阻尼器能抵銷自然力造成的擺動，確保大樓內人員平穩舒適。

調質阻尼器TMD (Tuned Mass Damper)

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Energy loss in damped oscillation:

$$\begin{cases} \vec{F}_r = -b\vec{v} \\ \text{Power loss} = \vec{F}_r \cdot \vec{v} \end{cases} \Rightarrow \text{Power loss} = -b\vec{v}^2$$

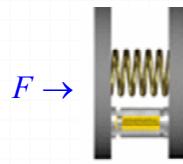
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Forced Oscillations

Apply an external force, $F(t) = F_0 \sin \omega t$

$$\sum \vec{F} = m\vec{a}$$



$$F_0 \sin \omega t - bv - kx = ma$$

$$\Rightarrow F_0 \sin \omega t - b \frac{dx}{dt} - kx = m \frac{d^2x}{dt^2}$$

$$x(t) = A \cos(\omega t + \phi)$$

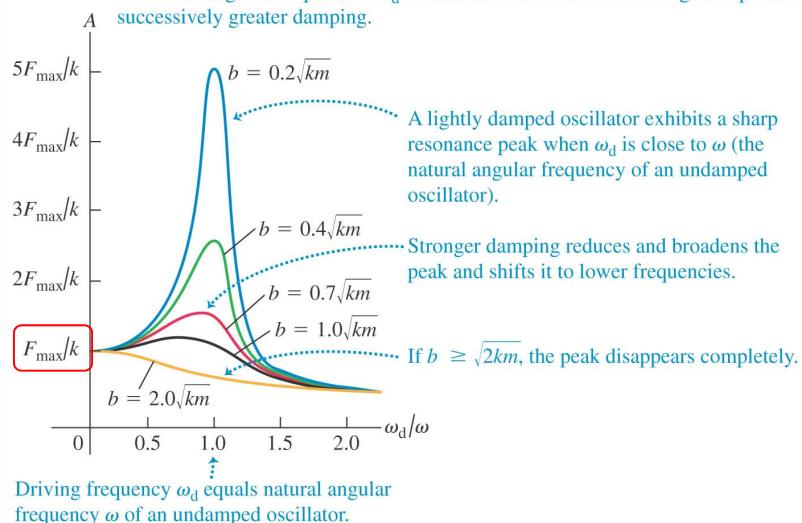
$$A = \frac{F_0 / m}{\sqrt{(\omega^2 - \omega_0^2)^2 + (\frac{b\omega}{m})^2}}$$

$$\omega_0 = \sqrt{\frac{k}{m}}, \text{ resonance frequency}$$

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Each curve shows the amplitude A for an oscillator subjected to a driving force at various angular frequencies ω_d . Successive curves from blue to gold represent successively greater damping.



A lightly damped oscillator exhibits a sharp resonance peak when ω_d is close to ω (the natural angular frequency of an undamped oscillator).

Stronger damping reduces and broadens the peak and shifts it to lower frequencies.

If $b \geq \sqrt{2km}$, the peak disappears completely.

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1. Simple Harmonic Motion (SHM)
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6. Resonance

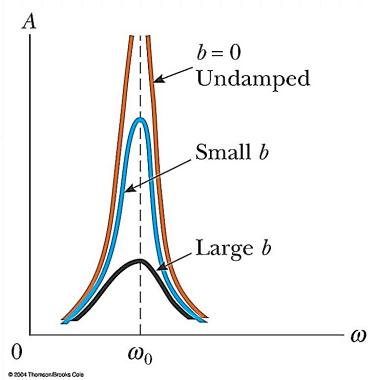
6. Resonance

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Resonance

- o When near the natural frequency, $\omega \approx \omega_0$, an increase in amplitude occurs, called **resonance**.
- o At resonance, the applied force is in phase with the velocity and the power transferred to the oscillator is a maximum.
 - The power delivered is $F \cdot v$
 - This is a maximum **when F and v are in phase**



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$$\omega < \omega_0$$

$F \rightarrow$



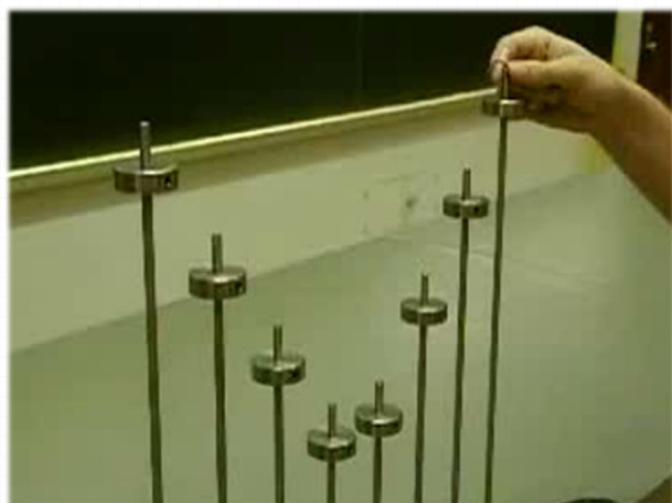
$$\omega \approx \omega_0$$



$$\omega > \omega_0$$

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<https://fb.watch/v/1KsXBMHLq/>

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[<https://www.facebook.com/theactionlabbofficial/videos/354291762265077>]

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メトロノーム同期 (32個)
Synchronization of thirty two metronomes

2012年09月14日, 池口研究室前廊下にて撮影
Filmed at Ikeguchi Laboratory, on September 14, 2012.

Made with
VideoShow

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