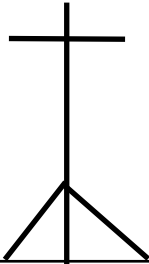


CHEF

USER ID (PK)	FIRST NAME	LAST NAME	COUNTRY	CITY	PAST EXP.	FAV. INGREDIENT
00000	MUSTARD	GREENS	USA	WASHINGTON	- SALAD BAR - MIXT - BLUE CHEESE BAR	CHEESE
00001	COLLARD	GREENS	AUSTRIA	SALZBURG	- ANDROMEDA - ATOM - AUTOMATE	MINT
00002	GREEN	BEANS	FIJI	SUVA	- FIGS AND TWIGS	PEARS



RECIPES

RECIPE ID {PK}	RECIPE NAME	# OF INGREDIENTS	DIFFICULTY	COOK TIME	INGREDIENTS
10000	TOMATO SAUCE	2	1	30 MINUTES	TOMATO, BASIL
10001	GREEN TEA	1	1	2 MINUTES	GREEN TEA LEAVES
10002	NOODLES	1	1	15 MINUTES	WET OR DRY NOODLES