

BE GREAT TODAY! PHYSICAL THERAPIST MENTORING PROGRAM

BE GREAT TODAY AND EVERYDAY MOVING FORWARD

The Alliance Physical Therapy Partners mentoring program is a 16-week program, beginning within your first 30 days of employment. This comprehensive program is designed to accelerate the professional development of recently graduated physical therapists so they can provide a best-in class experience for their patients and build a foundation of success with the Alliance Physical Therapy Partners family.

As a new graduate, you are excited to reach the final step in your journey of becoming a physical therapist. However, there is still a big learning curve once you graduate and become licensed. That learning curve not only entails the rest of your clinical experience, but also the responsibility and accountability of caring for patients, learning how to accommodate productivity goals, maintaining communication with physicians and other providers, supervising and directing staff, and maintaining a healthy work-life balance.



PROGRAM IMPACT

Research highlights that mentorship is a key component of professional development in any career. Mentorship provides a watchful and experienced eye to practice under and helps form a network of peers and colleagues to ease the transition from student to clinician.

Our goal is to elevate the quality of care for our patients and fast-track your ability for total patient management by providing a foundation to build your practice and the support to ensure you succeed. This extensive program focuses on advancing skills and knowledge including educational techniques, research methodology, clinical skills, and administrative practices.

BE GREAT TODAY!

PHYSICAL THERAPIST MENTORING PROGRAM

1:1 CLINICAL MENTORING

Sessions consist of a variety of learning experiences including hands-on lab time, caseload and treatment paradigm discussions, competency check-offs, and real-time feedback as you provide patient-care with a highly trained clinician



HANDS-ON LEARNING



TEN 2-HOUR SESSIONS

ONLINE UNIVERSITY

Evidence-based continuing education courses, live patient demos, and interactive learning assessments from leading experts in a wide variety of clinical areas, powered by MedBridge



***ONLINE CONTINUING
EDUCATION PLATFORM***



16 WEEK PROGRAM



***TRAINING TO BECOME
ADVANCED CLINICIAN***

PROFESSIONAL WEBINARS WITH LIVE Q & A

Focused on providing optimal patient care and experience, with topics including the Alliance care model, professionalism, communication, business development and marketing, and interprofessional and team-based care



FOUR WEBINARS



LIVE QUESTION & ANSWER

INDIVIDUALIZED CONTINUING EDUCATION PLAN

Individualized continuing education course plan meeting your, your clinic, and your practice group's needs, including single course, course series and certification track options



PROFESSIONAL GROWTH



CUSTOM CREATED






DIVERSE COURSES

BE GREAT TODAY!




PHYSICAL THERAPIST MENTORING PROGRAM

PROGRAM SCHEDULE



MODULE 1

-  Introduction: Patient Safety & Clinical Reasoning
-  Medical Screening and Clinical Decision Making
-  Alliance Care Model - Fundamentals of a Patient Visit & Predicting Success

MODULE 2

-  ROM-goniometry
-  Integrative Clinical Reasoning Part 1: Decision-Making Building Blocks
-  Integrative Clinical Reasoning Part 2: Applications in Practice




MODULE 3

-  Strength-MMT
-  Orthopedic Clinical Examination, Diagnosis and Treatment: Becoming an Expert


MODULE 4

-  Special Tests




MODULE 5

-  Manual Therapy: Cervical/Upper Thoracic
-  Manipulation Thrust Techniques: Cervical, Thoracic, and Lumbar Spine
-  Management of Cancellations and No Shows




MODULE 6

-  Manual Therapy: Lower Thoracic/Lumbo-Pelvic



MODULE 7

-  Manual Therapy: Upper Extremities
-  Evidence-Based Examination and Treatment of the Upper Quarter
-  Basic Customer Service Expectations



MODULE 8

-  Manual Therapy: Lower Extremities
-  Evidence-Based Examination and Treatment of the Lower Quarter
-  Meeting the Expectations of Our Referring Physicians

MODULE 9

-  Return to Function: Functional Exercises and More
-  Foundations of Returning the Injured Athlete to Sports: Muscle Physiology, Strength Training and Eccentric Loading

MODULE 10

-  Advanced Topics
-  Teaching People about Pain



1:1 CLINICAL MENTORING



ONLINE UNIVERSITY



PROFESSIONAL WEBINARS



INDIVIDUALIZED CONTINUING EDUCATION PLAN

After completion of the program schedule, an individual professional development discussion will be scheduled to discuss your mentorship experience and determine next steps. Tailored to the needs of you, your clinic, and your practice group, your custom continuing education plan may include a single course, course series, or certification track.