

Goniometry Checklist	Competency Check Off
Cervical Flexion	
Cervical Extension	
Cervical Rotation	
Cervical Side-bending	
Lumbar Flexion	
Lumbar Extension	
Lumbar Rotation	
Shoulder Flexion	
Shoulder Extension	
Shoulder IR	
Shoulder ER	
Elbow Flexion	
Elbow Extension	
Wrist Flexion	
Wrist Extension	
Radial Deviation	
Ulnar Deviation	

CMC Flexion	
CMC Extension	
CMC Abduction	
Hip Flexion	
Hip Extension	
Hip Abduction	
Knee Flexion	
Knee Extension	
Ankle Dorsiflexion	
Ankle Plantarflexion	
Ankle Inversion	
Ankle Eversion	
Great Toe Extension	
Great Toe Flexion	
Ankle Figure 8 Girth Measurement	