

Personal Development Plan (PDP): Forest Explorer & Nature Traveller

1. Self-Assessment

Strengths: Curiosity, courage, adaptability, patience, strong observation skills.

Weaknesses: Limited survival training experience, needs improvement in navigation skills.

Interests: Wildlife exploration, trekking, forest trails, nature documentation.

Values: Sustainability, respect for nature, conservation, personal growth.

2. Goals

Short-term Goal (0–6 months): Learn basics of wildlife behavior, trekking safety, and nature documentation.

Medium-term Goal (6–12 months): Participate in guided treks, forest expeditions, and eco-tourism programs.

Long-term Goal (1–3 years): Become a skilled forest explorer and nature traveller with expertise in survival skills, navigation, and wildlife observation.

3. Strategies & Actions

- Attend training programs on trekking, camping, survival basics, and navigation.
- Practice documenting nature using photography and journaling.
- Join forest walks, eco-tourism groups, and nature clubs.
- Study maps, terrains, and wildlife patterns.
- Follow sustainable travel practices and learn first-aid skills.

4. Resources Needed

- Access to trekking gear, navigation maps, and survival kits.
- Guidance from professional trekkers, forest guides, and wildlife experts.
- Educational content on ecosystems, biodiversity, and conservation.
- Opportunities to join expeditions, nature camps, and trekking events.

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Goal:	To become an explorer in forests and nature traveller