
Women Basketball Player Performance Report

Name: B Gender: W Age: 25 Height: 172 cm Weight: 50 kg

----- SMI / Fat% -----			
Category	Result	Score	

* SMI&Fat%		3 / 10	
- SMI	8 kg/m ²	4 / 10	
- Fat %	31 %	2 / 10	

----- Physical Ability -----			
Category	Result	Score	

* Agility		8 / 10	
- Lane Agility	10.0 s	10 / 10	
- 505	3.3 s	6 / 10	
* Strength		2 / 10	
- Squat	0.7 kg/bw	2 / 10	
- Deadlift	0.14 kg/bw	2 / 10	
- Chest Press	0.04 kg/bw	2 / 10	
* Power	30 cm	2 / 10	
* Speed	3.6 s	6 / 10	
* Endurance	9 reps	2 / 10	
* Anaerobic Abil.	3.8 s	6 / 10	
* Aerobic Abil.	10.0	2 / 10	

----- Skills -----			
Category	Result	Score	

* 5 Spot Shooting	48 s	6 / 10	
* 5 Spot Layup	48 s	10 / 10	

----- Total Score -----
* 47 / 100
