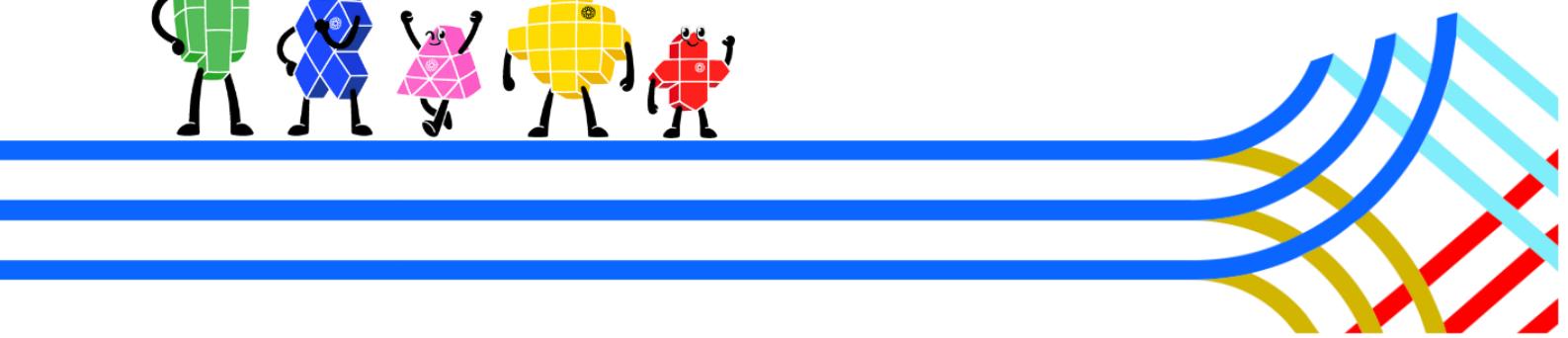
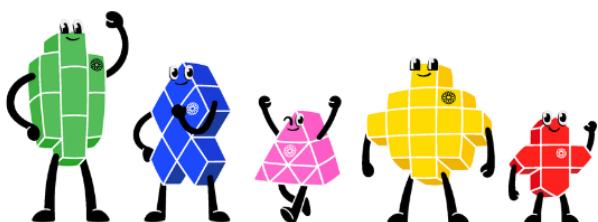
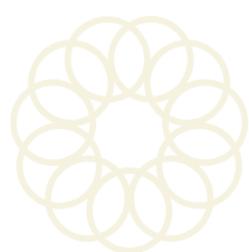


Technical Handbook

The 33rd SEA Games Thailand 2025



General Information

Technical Part



SPORT INFORMATION

1. GENERAL INFORMATION

1.1. World Athletics (WA)

President	Mr.Sebastian Coe	GBR
CEO	Mr.Jon Ridgeon	GBR
Address	6 – 8 Quai Antoine 1er BP359, MC 98007 MONACO CECEX	
	Tel: +377 93 10 88 88 Fax: +377 93 15 95 15	
	Web: https://worldathletics.org	

1.2. Athletics Association (AA)

President	Gen.Dahlan Jaman B.Al – Hamad	QAT
Secretary General	Mr.A Shuggumarran	SGP
Address	Room No.134 Thammasat University Sports Complex, Chiangrak Rd., Koongluang Pathumthani 12121 THA	
	Tel: +66 (0) 20266321	
	Web: https://asianathletics.com	
	E – mail: sec@asianathletics.com	

1.3. International Officials

Organizational Delegate	Mr. A Shuggumarran	SGP
Technical Delegates (TD)	Mr. Kwan Kee	HKG
	Mr. Vadim Nigmatov	TJK
Jury of Appeal	Mr. Nguyen Manh Hung	VIE
	Mr. C K Valson	IND
	Mr. Mahmoud A.H. Abul	KUW
Medical Delegate (MD)	Dr. Ayu Diandra Sari	INA
Anti-Doping Delegate (ADD)		



Chief ITO	Mr. Abdul Hakeem Al-Ameri	QAT
International Technical Officials (ITOs)	Mr. Zhang Lifeng	CHN
	Ms. Sin Ka Yan Claudia	HKG
	Mr. Dwi Priyono	INA
	Mr. Nagappan Padmanathan	MAS
	Mr. Tubog Jesus	PHL
	Mr. Lau Joon Koon Melvin	SGP
	Mr. Sintawacheewe Paphawin	THA
Road Race Course Measurer	Mr. Muregesu Soosaimany	MAS
Chief IRWJ	Mr. Sardjito	INA
International Race-Walking Judges (IRWJ)	Mr. Zhang Su	CHN
	Mr. Chi Wing Fu Jason	HKG
	Mr. George Shinde	IND
	Mr. Hirokazu Kirihara	JPN
	Mr. Chung Younghoon	KOR
	Mr. Alhiniw Hamad Abdullah A	KSA
	Mr. Govindaraju Sinnappan	SGP
	Mr. Wichai Yeemin	THA
International Starter	Ms. Ikuko Motohashi	JPN
International Photo Finish Judge	Ms. Annie Lai Ching Cheung	HKG
Competition Department	Mr. Saridtamed Magsang	THA
	Dr. Sahil	IND
AA Secretariat	Ms. Khwanhathai Phonlakarn	THA

1.4. Athletics Association of Thailand (AAT)

President Pol.Gen.Chakthip Chaijinda

Secretary General Pol.Maj.Gen.Surapong Ariyamongkol

Address Room No. A05 – 06 Thammasat University Sports Complex, Chiangrak Rd., Klongluang, Pathumtani 12121 Thailand

Tel: +66 (0) 2564 3322 Fax: +66 (0) 2564 3555

Web: <http://www.aat.or.th>

E – Mail: sec@aat.or.th

1.5. Competition Organization

Competition Director Pol.Maj.Gen.Surapong Ariyamongkol

Meeting Manager Mr.Narinth Suthisak

Technical Manager Mr.Khao Na Nakhron

Event Presentation Manager Dr.Rome Wongprasert

2. SERVICE INFORMATION

2.1. MEDICAL SERVICE

The LOC will provide medical services on – site at the Team Hotel, main stadium, and warm – up area. Free medical service will be provided by the LOC for all accredited team members at these LOC medical facilities. For any assistance at the Team Hotel, please contact the CID.

When the CID is closed, please contact the Hotel reception. For any assistance at the Stadium or at the warm-up area, please contact the Medical Room/Station in each place. Cases that cannot be dealt with easily will receive medical care at hospitals in the vicinity. Please note any costs caused by further medical care in hospitals other than these on-site medical facilities must be paid by the respective teams. It is the responsibility of each team to have their own medical, travel, and/or any other insurance.

EMERGENCY

Equipped emergency ambulances will be available in competition, warm up, training and team hotel venues staffed with a paramedical team (nurse or paramedic and driver) during the immediate pre and in – competition period.

In case of emergency please contact CID or OC doctor at the hotel or stadium, or emergency medical teams in all venues.

Massage Rooms

LOC Massage Rooms will be prepared for athlete's condition management before and after events at suitable places inside the Warm – up Area. At the Athletes Hotel, there will be no additional Massage Room, and massage beds or other facilities will not be offered either. If necessary, each team will need to bring its own. If your team needs a dedicated massage room for your own, please make a reservation in advance at your own cost by contacting LOC. The availability, however, depends on the Athletes Hotel and is not guaranteed.

Competition Venues	Equipped with 2 ambulance to transfer the patients demanding further treatment to the designated hospital. One ambulance will be parked at the Hotel Twin Tower
	Each (first aid point) is staffed with two medical Personals
	There will be (3 First aid station) in the FOP as shown in the appendices
	Each (first aid point) is equipped with first aid medicine and equipment
	Main medical station is Located close to the finish line with Doctors and nurse to provide emergency treatment. Medical station will be equipped with AED and with other basic treatment factifies.
Training and Warm-up Area	Open one hour prior to competitions start and close one hour after competitions or until the last athlete leaves
	Equipped with medical rooms to provide onsite treatment
	Equipped with an ambulance to transfer the patients demanding further treatment to the designated hospital
	Staffed with a doctor and a nurse
	Equipped with first aid medicine and equipment
	Open half an hour prior to training start and close half an hour after training

2.2. DOPING CONTROL

Doping control tests will be carried out by the latest WA Anti-Doping Rules and Regulations. Athletes appointed for doping control tests will be notified and will be escorted to the doping control room by chaperons.

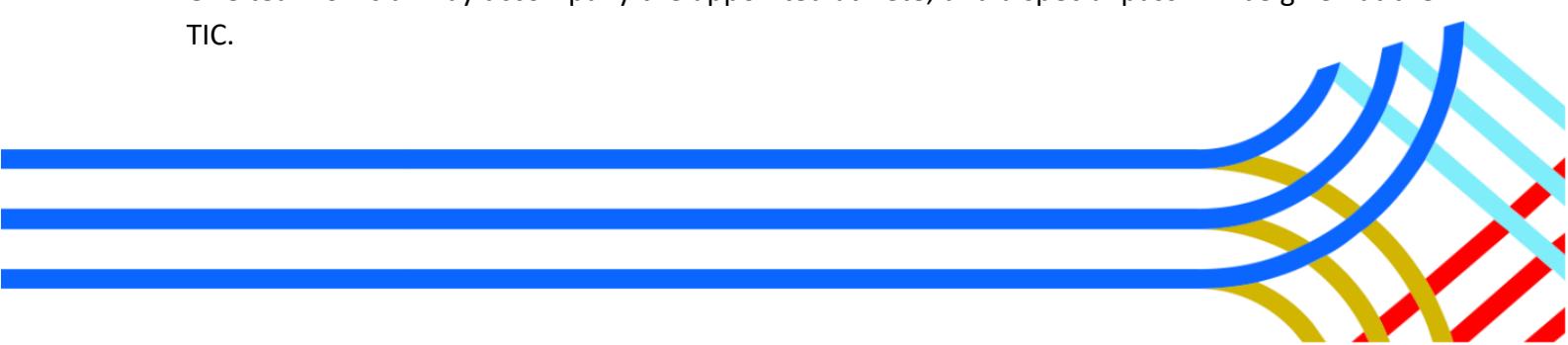
Athletes appointed for doping control tests can ask for a companion (someone from their teams) at the PEA, and then they move to the test room with a companion.

Failure or refusal to report to the doping control room after notification may result in an anti – doping rule violation.

An athlete who sets an Asian/SEA Record will have to report to the TIC for a doping control test. (In this case, the cost will be borne by LOC).

Those who set new national records and need doping control tests for the ratification of the national records will have to apply at TIC immediately after each event. For this, each team must bear the cost which is 300US\$ for urine standard test and 700US\$ for urine standard plus EPO test, and this test fee must be paid in cash to TIC when requesting the doping control test. If the payment is not made, the result of the doping control test will not be notified to the team.

One team official may accompany the appointed athlete, and a special pass will be given at the TIC.



3. ACCOMMODATIONS

3.1. GENERAL INFORMATION

The LOC is the official accommodation service provider for the SEA Games and will manage the accommodation, and meeting room for all teams. It is our aim to provide a safe, clean, stress – free and comfortable accommodation to our delegates to perform their event – time roles effectively.

LOC accommodation team will be responsible for any enquiries you may have during your stay at any of the allocated hotels and will ensure a high – quality service to the delegates.

It is important to know that any damage to any rooms or hotel's fixtures will be the sole responsibility of the occupier / Member Federation and must be paid to the hotel prior to check out, as the LOC will not be responsible for any kind of damage charges. The LOC has made accommodation arrangements for athletes and Team Officials in Twin Tower Hotel Bangkok and Asia Hotel Bangkok. Rooms will be allotted on Twin Sharing basis.

Check-in / Check-out Procedures: **The official check-in time at hotels is 15:00**, the LOC will do it's best to facilitate early check-in when required. **Check-out time is 12:00** at Team Hotels. For a later checkout, Team Leaders can request at Team Hotels CID, with understanding this cannot be guaranteed. Teams must settle any outstanding costs (telephone, laundry, minibar, additional function room, etc.) with the hotel front desk prior to departure

<https://www.thetwintowershotel.com/>



Twin Towers Hotel

BKK airport to Hotel: 32.4km.

DMK airport to Hotel 23.5km.

Hotel to Competition Stadium: 1.6km. by car and 750m. by walk



https://www.asiahotel.co.th/asia_bangkok/th/#index



Asia Hotel Bangkok Hotel

BKK airport to Hotel: 30km.

DMK airport to Hotel 21km.

Hotel to Competition Stadium: 3km. by car and 1.3km. by walk

TEAM HOTEL

3.2. MEAL SERVICES

Team Hotels provides full board catering service which can be taken only with accreditation card. In all hotels approved integrated menus will be served in buffet style. The cuisine provided will cater for special diets and religions and all food will be appropriately Labelled

Twin Tower / Asia Hotel	Breakfast	Lunch	Dinner
10 Dec 2025	06:30 to 10:00	12:00 to 15:00	19:00 to 23:00
11 Dec 2025	06:30 to 10:00	12:00 to 15:00	19:00 to 23:00
12 Dec 2025	06:30 to 10:00	12:00 to 15:00	19:00 to 23:00
13 Dec 2025	06:30 to 10:00	12:00 to 15:00	19:00 to 23:00
14 Dec 2025	05:30 to 10:00	12:00 to 15:00	19:00 to 23:00
15 Dec 2025	06:30 to 10:00	12:00 to 15:00	19:00 to 23:00
16 Dec 2025	06:30 to 10:00	12:00 to 15:00	19:00 to 23:00

3.3. CID-ATHLETES' HOTEL

Operating Dates	9 December to 17 December 2025
Operating Hours	08:00 – 20:00

MAIN FUNCTIONS:

Display on the relevant notice board official communications to the teams including Start Lists and Results, Distribution of information, and answering of queries related to accommodation, meals, transport, and the Competition in general, Delivery of Final Confirmations Participation. Receipt of written questions for the Technical Meeting (deadline: December 9, 18:00)

ADDITIONAL SPACE SERVICE MEETING ROOMS:

A reservation for a meeting room can be arranged at the CID. Availability of the room depends on the Athletes' Hotel and is not always guaranteed. Team leader must settle outstanding costs.

PHYSIOTHERAPY AND MEDICAL ROOMS:

LOC medical and physiotherapy services will be available at team hotel.

INTERNET

Internet access will be available at the Stadium's Team Area, in the Athletes' Hotel, and in all rooms of the headquarters hotel free of charge.

RELIGIOUS SERVICES

There is no religious service room available in the Athletes' Hotel and at the Stadium.

5. COMPETITION INFORMATION AND ELIGIBILITY

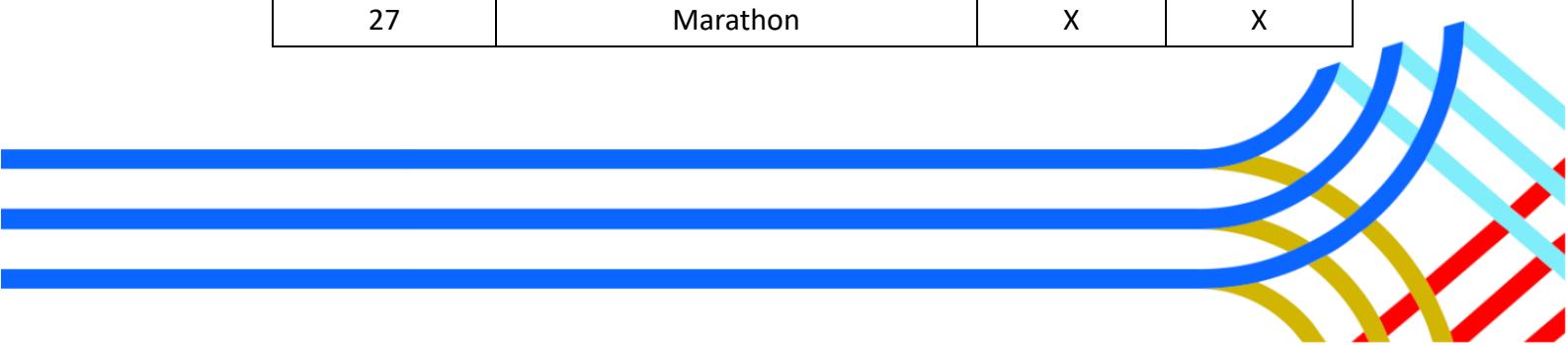
5.1. GENERAL PROGRAMME

TIME	EVENT	LOCATION
9 December 2025		
All day	Team Arrival	Teams' hotel
18.00	Deadline for submitting the questions	Hotel CID
10 December 2025		
09.00	Stadium Tour	Suphachalasai National Stadium
10:00	Technical Meeting	Suphachalasai National Stadium
15.00 – 18.00	Athletes' Training at the Stadium	Suphachalasai National Stadium
16.30 – 18.00	Training with Starters	Suphachalasai National Stadium
11 December 2025		
09.00 – 19.33	Day 1 – Track & Field Competition	Suphachalasai National Stadium
12 December 2025		
09.00 – 19.13	Day 2 – Track & Field Competition	Suphachalasai National Stadium
13 December 2025		
16.30 – 19.58 TBC	Day 3 – Track & Field Competition – Walking Race and Marathon	Suphachalasai National Stadium TBC
14 December 2025		
-	Day 4 – No competition	-
15 December 2025		
09.00 – 19.46	Day 5 – Track & Field Competition	Suphachalasai National Stadium
16 December 2025		
09.00 – 19.32	Day 6 – Track & Field Competition	Suphachalasai National Stadium
17 December 2025		
All day	Teams Departure	Teams' hotel



Events
23 Events for the Men, 23 Events for Women, Two Mixed relay

NO	EVENTS	WOMEN	MEN
1	100m	X	X
2	200m	X	X
3	400m	X	X
4	800m	X	X
5	1500m	X	X
6	5000m	X	X
7	10000m	X	X
8	100mHurdles	X	No
9	110m Hurdles	No	X
10	400mHurdles	X	X
11	3000Steeple Chase	X	X
12	20KM Race Walk	X	X
13	Shot Put	X	X
14	Discus Throw	X	X
15	Hammer Throw	X	X
16	Javelin Throw	X	X
17	Long Jump	X	X
18	Triple Jump	X	X
19	Pole-vault	X	X
20	High Jump	X	X
21	4x100m Relay	X	X
22	4x400m Relay	X	X
23	4x400m Universal	X	
24	4x100m Universal	X	
25	Decathlon	No	X
26	Heptathlon	X	No
27	Marathon	X	X



5.2. ELIGIBILITY

Only competitors whose countries are members of the SEA and comply with the Constitution and Rules of the SEA are entitled to participate.

Age Categories

Athletes under 18 Athletes aged 16 or 17 (born in 2008 or 2009) as of December 31, 2025, may participate in all events except throwing events, mixed events, 10,000m events, and race-walking events.

Athletes Younger than 16

No athlete younger than 16 years of age on 31 December 2025 (born in 2010 or later) may be entered.

5.2.1. Eligibility should Comply with World Athletics Competition Rule, the SEA Games Federation (SEAGF) Charter as well as Rules and By-law of the Olympic Charter (Participation in the Games)

5.2.2. Only nationals of the country of the National Olympic Committee (NOC) shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with the Southeast Asian Games Federation (SEAGF) Charter Rule 41 and By-Law of the Olympic Charter (Nationality of Competitors)

5.3. QUOTAS

Each National Olympic Committee (NOC) can be represented by a maximum of fifty-seven (57) male athletes and fifty-seven (57) female athletes.

5.3.1 SUBMISSION OF ENTRIES

Registration of each National Olympic Committee (NOC) must comply with the regulations of National Olympic Committee of Thailand (NOCT).

5.3.1.1. Entry by Number: Deadline for submission of Entry forms by Number is April 6th 2025, at 24:00 hours' time Bangkok time. (GMT+7).

5.3.1.2. Entry by Name: Deadline for submission of Entry forms by Name is September 26th, at 24:00 hours Bangkok Time (GMT+7)

The completed Entry by Name must be submitted for each athlete with all necessary information, in the original form and must be presented during the Delegation Registration Meeting (DRM)

Approval of Technical Handbook

The 33rd Sea Games Handbook has yet to be approved by Technical Delegate and the Asian Athletics



5.4. ENTRIES AND FINAL CONFIRMATION

5.4.1. Entries: Each National Olympic Committee (NOC) may enter a maximum of two (02) athletes for each individual Event

5.4.2. For an event to be conducted there should be minimum three Athletes for Individual events. For the relay there should be two teams.

5.5. FINAL ENTRY

Final Entry must be submitted by 26th September, 2025. After the final entry deadline, there shall be no additions or changes of events between the athletes already entered.

5.6. FINAL CONFIRMATION OF PARTICIPATION

For events held on the first day, including Relays, Final Confirmation of Entries must be made to TIC before 12:00 (noon) on 10th December and, for all subsequent days, before 09:00 on the day before the event.

5.7. RELAYS DECLARATION FORMS

The composition of each relay team as well as the order of running shall be officially declared to TIC, not later than the published first call time for each relay race.

5.8. FAILURE TO PARTICIPATE

Any athlete who, after the Final Confirmation has been submitted, or after qualifying during a qualifying round or a heat for any event fails to participate in the event without giving a valid reason (e.g. a medical certificate provided by and based on an examination of the athlete by the Medical Delegate appointed under competition Rule 6), shall be excluded from participation in all further events in the competition, including Relays (See WA Rule 4.4).

5.9. WITHDRAWALS

Withdrawals after Final Confirmation must be submitted, on the official Withdrawal Form, through the TIC. If the Athlete is entered in another event at the Competition, the reason for the withdrawal must be specified in detail, its acceptance being the responsibility of the Technical Delegates based on the World Athletics Rules.

6. VENUES AND EQUIPMENT

6.1. COMPETITION STADIUM – SUPACHALASAI NATIONAL STADIUM BANGKOK THAILAND

The National Stadium has facilities to include a 30,000-seat arena with a running track and a pitch used for football.

- 400m oval with (8 lanes)
- Two High Jump sites
- Two Pole Vault sites
- Two Long/Triple Jump sites
- Two Shot Put sites
- One Discus/Hammer Throw site
- Two Javelin Throw sites

6.2. WARM-UP STADIUM

The warm-up stadium, Thephasadin Stadium, is located close to the Supachalasai National Stadium. The Practice venue will be fully open from 10 December 2025 during the following hours

Team arriving earlier for local pre-competition training may train at this venue. However, training facilities must be requested in advance through an official letter to the LOC. During official competition period practice time will be announced separately via the CID and TIC.

Key facilities include

- 4 – lane, 400m Mondo track
- Starting blocks
- Two Horizontal Jumps Pits
- High Jump Beds
- Hurdles
- Team Tent
- Information Desk

6.3. TRAINING VENUE

The main training area will be very close to the Main stadium and warm-up area. The warmup will be accessible for training too, but during the days of the competition training will only be at stadium and access to the warmup venue will be only for those athletes competing on the day.

LOC personnel will be available at the training venue to assist. Athletes are advised to follow the instructions given by the personnel and pay particular attention to the safety rules during the training session. Further instruction regarding the training area will be available at the CID. Implements, equipment's hurdles, starting blocks, and relay batons will be available to athletes and coaches at the official training venue. These can be obtained from the equipment store and athletes/coaches using the equipment will be asked to leave their accreditation card with the LOC personnel in charge.

Once the equipment/implements are returned the ID cards can be retrieved.

Training facilities will be fully open from 08:00 – 12.00 and 14:00 to 19:00 from 10 December 2025. Training will be possible for those planning to arrive earlier and special arrangements can be made with LOC.

Long throws will be possible at the long throw warmup area according to the following Schedule:

Venue of the Throwing Training (Thephasadin Stadium)

Long Throw Training	10 Dec 2025	11 Dec 2025	12 Dec 2025
Shot Put	Full Time	Full Time	Full Time
Discus Throw	09:00 - 11:00	14:00 - 15:30	16:00 - 17:30
Hammer Throw	14:00 - 15:30	16:00 - 17:30	09:00 - 11:00
Javelin Throw	16:00 - 17:30	09:00 - 11:00	14:00- 15:30

Long Throw Training	13 Dec 2025	14 Dec 2025	15 Dec 2025	16 Dec 2025
Shot Put	Full Time	Full Time	Full Time	Full Time
Discus Throw	09:00 - 11:00	14:00 - 15:30	16:00 - 17:30	16:00 - 17:30
Hammer Throw	14:00 - 15:30	16:00 - 17:30	09:00 - 11:00	09:00 - 11:00
Javelin Throw	16:00 - 17:30	09:00 - 11:00	14:00 - 15:30	14:00 - 15:30

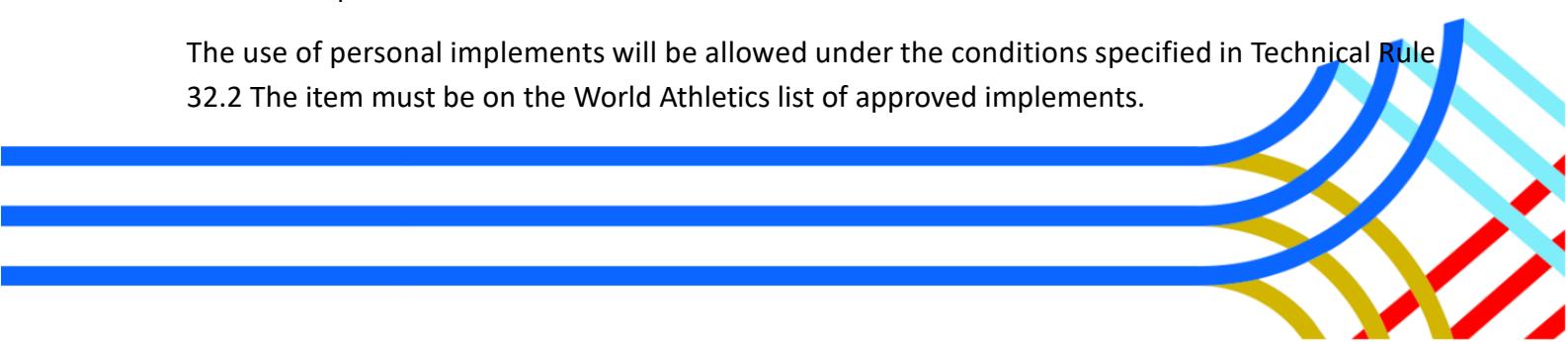
6.4. STARTER'S SESSION

Practice session with the starters will take place on December 10 from 16:30 to 18:00 at the Stadium. Shuttle buses for athletes who want to join the practice session with the starters will be at the entrance of the Athletes' Hotel at 14:30

6.5. IMPLEMENTS

Personal Implements

The use of personal implements will be allowed under the conditions specified in Technical Rule 32.2 The item must be on the World Athletics list of approved implements.



Team Leaders are requested to submit such implements to the Implements Desk at, TIC for the necessary checking by 18:00 on the day before the event. To speed up the checking in of eligible personal implements, come prepared and consult the World Athletics list on the Website in advance to identify the implement noting its World Athletics certification number.

If you do not find your implement in the list but you believe that it is/was certified, please contact the World Athletics office at technicalofficer@worldathletics.org so that its status can be checked and confirmed to you and the LOC in due time. These implements will then be available to all other competitors and will remain in competitive use until the end of the Final. Teams may then collect their implements from the Implements Office at the Main Stadium one hour after the end of the Final of the competition, bringing with them the receipt given when they handed the implement in.

If a personal implement cannot be accepted into the pool due to it not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC and the Implements Desk in TIC, with an explanation, and the implement will be returned.

Implement lists will be enclosed (in the appendices).

6.6. MARKERS (RUNWAYS) TAPE MEASURE

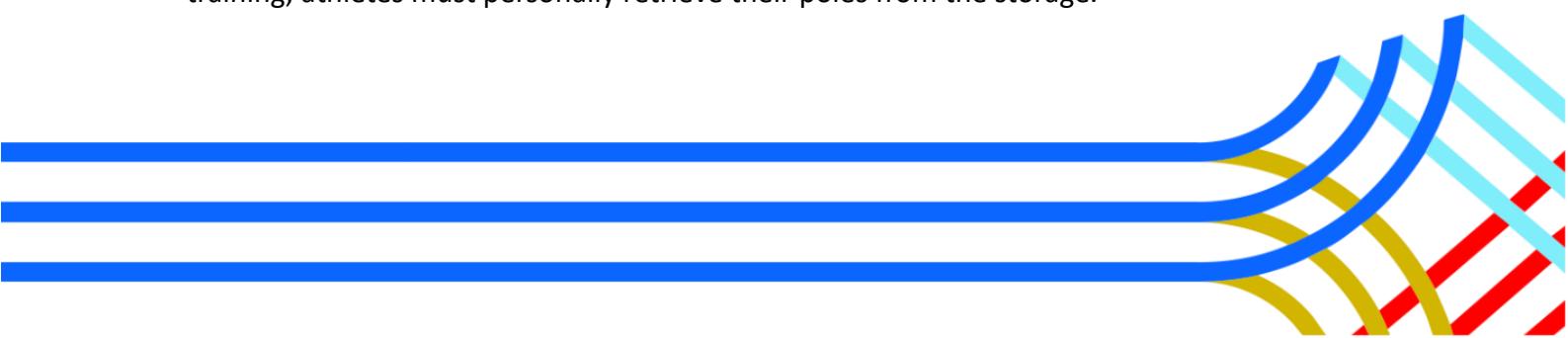
No Athlete will be allowed to use his/her own markers or tape measure during the Competition. The Local Organizing Committee will provide each athlete with two markers for the Long Jump, Triple Jump, Pole Vault, and Javelin Throw. For High Jump, Athletes will be provided with two adhesive tapes. Athletes can use a maximum of one marker in the relay events, as per the World Athletics Rules. These will be distributed in the Call Room. For Shot Put, Discus Throw, and Hammer Throw one marker may be used according to Rule 25.3.2. No chalk powder or pen markers are to be used on any runway. Athletes who wish to use tape measures must use those provided by the LOC. These are available at the event site. The tape measure will be in cm and inches.

6.7. VAULTING POLES

Each athlete will be responsible for organizing the transport of his/her poles until their arrival in Bangkok.

The LOC will transport pole vault poles from the welcome desk at the airport to the competition venue. A tag containing the athlete's name, gender, country, and departure schedule must be affixed to the pole bag.

All labeled pole vault poles will be stored in the equipment storage at the competition venue. For training, athletes must personally retrieve their poles from the storage.



On competition days, poles cannot be used in the warm-up area. The storage staff will transport the poles to the competition venue. After the event, poles will be collected at the equipment storage and delivered to the team hotel.

7. COMPETITION PROCEDURES

7.1. TECHNICAL AND MEDICAL BRIEFINGS

Technical and Medical Briefing will take place on Wednesday, 10th December 2025 from 10:00 in the Athlete's Hotel.

As usual, no more than two representatives from each participating Member Federation (and in addition an interpreter or attaché if required) may attend the meeting.

Before the Briefing, a document will be circulated containing information on:

- Timetable amendments (if any)
- Qualifying procedures for Track Events
- Qualifying distances and conditions for Field Events
- Starting heights and raising the bar for vertical jumps
- Specific procedures for the Race Walks.

Answers to written questions will be distributed to the Team Leaders

The Technical Delegates will preside over the briefing, which will be conducted in English and will provide updates and new information, which is not already mentioned in the Team Manual.

The Technical Briefing will include a Medical Briefing for team doctors or physicians. Teams may bring a member of medical staff in addition to the two representatives mentioned above.

Written Questions

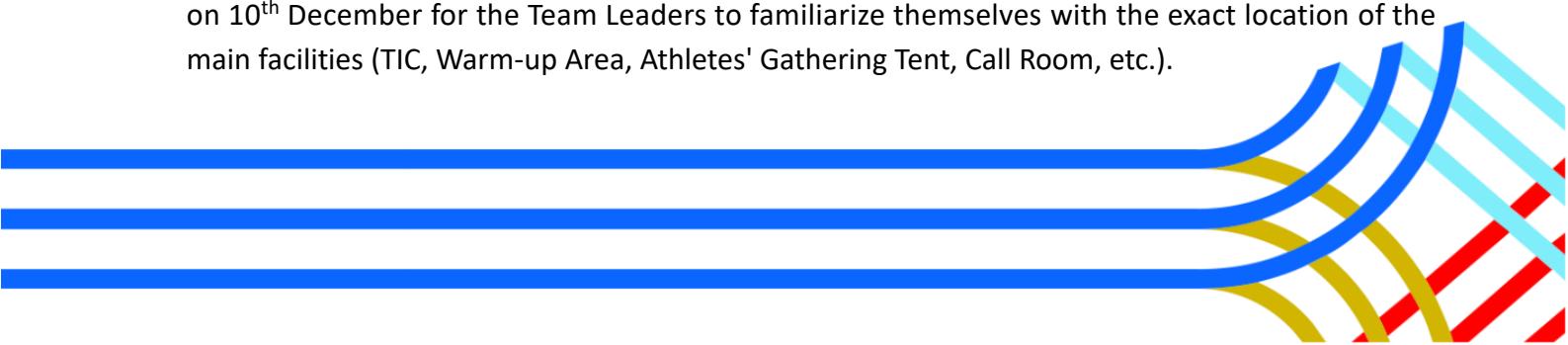
Any inquiries concerning the Championships must be made in writing in English. Deadline for Questions must be by: 9th December 2025 at 18:00. Please note that only those questions will be answered in the Technical Briefing which was presented in the dedicated form.

7.2. TIMETABLES

The timetable may change according to the number of athletes in each event after the Final Entries. Information on any changes to the official timetable will be provided by TIC /WhatsApp and included in the document distributed before the Technical Briefing. Small changes are also possible following Final Confirmations.

7.3. ORIENTATION VISIT FOR TEAM LEADERS

Team Leader Orientation at National Stadium. A visit will be organized at the competition venue on 10th December for the Team Leaders to familiarize themselves with the exact location of the main facilities (TIC, Warm-up Area, Athletes' Gathering Tent, Call Room, etc.).



The Competition team of the SEA Games 2025 will lead the tour which starts at Athlete's Hotel to Warm-up Area's entry according to the following schedule: 9:00 (meeting point: after security check in the Warm-up Area's entry) More information, including transport arrangements, will be available on TIC and at CID.

7.4. ATHLETE BIBS

General

All athletes will receive 4 bibs as follows:

- One bib with the name on the front of the competition vest.
- One bib with the name for the back of the competition vest.
- Two other bibs with the name to be used for the tracksuit and/or the bag.

The same bibs are to be used by the athletes, regardless of the number of events in which they compete. The bibs (and the necessary safety pins) will be distributed to the Team Leaders during the administrative procedure at the accreditation. Bibs that are not collected will be taken to the TIC. Bibs with transponders will be distributed at the Call Room (see below). Bibs must be worn following World Athletics Rules and must not be cut, folded, or obscured in any way. Failure to comply with the Rules may result in a disqualification or sanction.

Jumping Events

In all jumping events, athletes can decide to wear only one bib with the name on the front or the back.

Relays

Athletes must wear their bib with the name on the front and the bib with the country code (e.g., Thailand = THA), on the back.

Transponder Timing

Transponder timing will be used for all Track Events 800m and above. For Track Events The bib with a transponder will be distributed in the Call Room and is to be attached to the front. For the racewalks, the transponders will be attached to the athletes' shoes and will be distributed in the call room. The transponders will be collected immediately after the race in Post Event Control.

Bibs for Race Walk

Race Walkers will receive three bibs with both their name and race number printed on them and only one bib number to be worn on the back.



Bibs for Combined Events

For the Combined Events, the leading athlete after each event will be given a special bib with a different background colour to be worn on the chest. These bibs will be distributed at the Combined Events Rest Area, managed by the Combined Events Referee.

Hip Numbers

The athletes competing in Track Events will also be given two adhesive hip numbers in the Call Room before entering the Field of Play. The hip numbers must be secured to both sides of the athlete's shorts/legs.

7.5. ATHLETE CLOTHING

All national team kits (i.e., whether Member Federations have a national sponsor on their national team kit or not) must be submitted to LOC

Please complete the online kit approvals form and remember to upload images/photos of the kit when completing the form. The deadline for Member Federations to complete the kit approvals form by 26th September 2025

Please note that the kit (including any accessories), is approved on the condition and expectation that the athletes will wear that same approved kit.

7.6. COMPETITION SHOES

All the competition shoes must comply with World Athletics TR5, including the sole and/or heel and the spikes dimensions. It is the athletes' responsibility to make sure that the shoes to be used for competition are on the current list of approved shoe models by the World Athletics. In case of no compliance with the TR5 or the list of approved shoes, an athlete may be not allowed to compete or disqualified after the competition with the result being void. The shoes will be checked after the competition within the Kit Collection/Post Event Area.

7.7. PERSONAL BELONGINGS

Field event athletes (including Combined Events) will only be permitted to take a backpack or similar-sized bag with them into the competition area. Combined Events athletes may bring larger bags, but they must be left in the rest area in between events. Athletes are requested not to take with them to the competitions area bulky items or other inappropriate items.

Reusable water bottles are permitted to be taken on the Field. A strict inspection will be made on illegal and prohibited items, that athletes may have in their possession. Radios, CD / MP3 players, mobile phones, earphones, cameras, etc. shall not be permitted. Any items that do not conform to World Athletics Technical and/or Marketing & Advertising Rules and Regulations will be confiscated and/or their branding taped over (this may also include taping branded items in the rest area and/or rechecking backpacks before they are brought back out into the competition area from the rest area. Confiscated items may be retrieved at the Post Event Area after the event.

7.8. SPIKES

The spikes on athletes' shoes will be checked (number, shape, and size). If they do not comply with World Athletics Rules, the athletes will be asked to change them to the correct size. The following maximum spike lengths will be allowed: All events (except for High Jump and Javelin): not more than 9mm. High Jump and Javelin: not more than 12mm.

7.9. CALL ROOMS

7.9.1. Athletes' Gathering Tent

Athletes' Gathering Tent is located near the Warm-up Area of the National Stadium. That is the marshalling points for athletes before they are transferred to the Call Room.

All athletes will be required to report to the Athletes' Gathering Tent according to the scheduled reporting times and will be identified by their accreditation card and bib. Call times will also be shown on the display in the Warm-up Area. Athletes warming up must make their way to the Athletes' Gathering Tent to report at the correct time.

Athletes will spend a short time in the Athletes' Gathering Tent, and the only accreditation card and bibs checks will be made there, to ensure the correct athletes are represented and then taken to the call room.

A specific Call Room Schedule will be produced for each session of competition and published on the notice boards of CID in each Team Hotel, as well as onsite TIC and at the Warm-up Area. This will show the exact times for every event.

Competitors who fail to appear on time at the Athletes' Gathering Tent without a valid reason (e.g., a medical certificate delivered by the official doctor of the Championships) shall be excluded from participating in this and all further events in the Championships, including relays.

Team Officials are not allowed to enter the Athletes' Gathering Tent or Call Room.

After leaving the Athletes' Gathering Tent, athletes will be transported directly to the Call Room. Athletes' Gathering Tent and Call Room will be available exclusively for competing athletes.

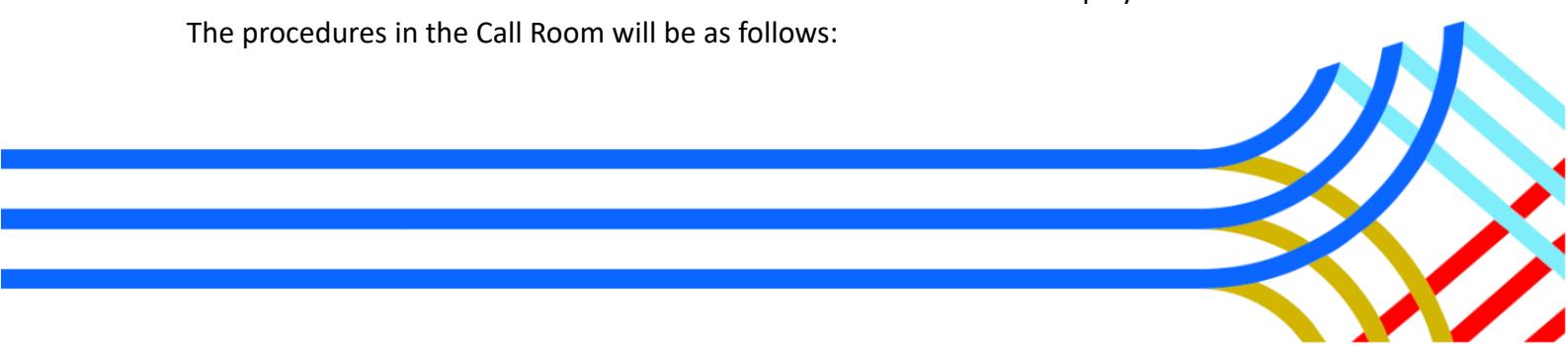
Athletes who compete in Combined Events shall report to the Athletes' Gathering Tent on each of the relevant days of the competition, before the first event of each day. The athletes' control for the subsequent events will take place in the Combined Events Rest Area before the start of each event.

7.9.2. Call Room

Athletes Gathering Tent

The Call Room is located within National stadium close to the Field of play.

The procedures in the Call Room will be as follows:



- a. Confirmation of athletes' identification by means of their Accreditation Card and bib number.
- b. Checking of athletes' uniforms.
- c. Inspection of personal belongings and confiscation of prohibited items.
- d. Checking for compliance with World Athletics Advertising Regulations.
- e. Checking of shoe spikes.
- f. Accreditation Cards for competing athletes will be collected at the Call Room and returned upon the completion of their respective events at the Post Event Area, along with any confiscated items.

Team Leaders must ensure that all their athletes comply with the above, before entering the Call Room. After completion of these procedures, athletes must follow the instructions given by the officials at the Call Room before being taken on to the Field of Play.

Call notification time for athletes who will join in respective events is as follows.

All times below are before the actual starting time of the event.

Events	First Call Opening	First Call Closing
Track events	25 min before	20 min before
Relay	25 min before	20 min before
Hurdles	25 min before	20 min before
Horizontal Jumping events	25 min before	20 min before
High Jump	65 min before	60 min before
Pole vault	80 min before	75 min before
Throwing Events	50 min before	45 min before

This is an indicative Schedule. A dedicated heat by heat, Call-Up schedule will be issued once Final entries are confirmed. It will be displayed at the Warm-up Area and on the TIC Notice daily. However, the time may change subject to number of athletes in each event.

7.10. ENTRY ONTO FIELD OF PLAY

All athletes will enter the Field of Play escorted by competition officials. During an event, no athlete may leave the competition area without the permission of the Chief Judge and is accompanied by a competition official.



7.11. SPECIFIC EVENT PROCEDURES

7.11.1. Track Events

The starter's commands will be given in English.

- Up to and including 400m, the following commands will be used:

1. "On your marks"
2. "Set"
3. Firing of the gun

- For races 800m and over, the following commands will be used:

1. "On your marks"
2. Firing of the gun

The Stadium has an 8-lane track.

7.11.2. Athlete Replacement Policy

Trying to avoid empty lanes or starting places in Finals and Semi-Finals at SEA Games 2025 when these are due to withdrawals from injury or other justifiable reasons, and therefore approved, an Athlete Replacement Policy will be in place based on the following regulations:

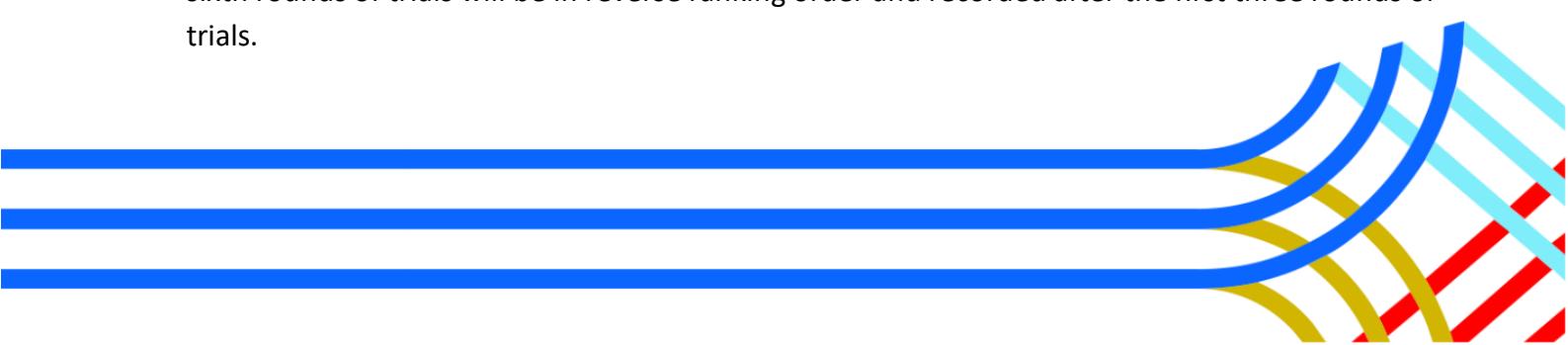
The policy will apply to Finals and Semi-Finals in all events (including relays) A "hot seat" policy will be implemented, where the next-best ranked athlete(s) or teams would virtually sit and wait for possible withdrawals. The lane, or starting order place, left empty will be taken by the next best-ranked athlete(s) or teams, and there will be no re-draw or re-ordering of attempts.

In all races, the best-ranked athletes(s) will be considered the no-qualified athlete(s) who achieved the best times during the previous round. In the case of ties, TR21 and TR 25 shall apply. It will be possible to consider max. 2 athletes for each replacement: e.g., athlete A withdraws from the second semi-final of 200m, and the two best-qualified athletes will enter the hot seat. The first one will then be contacted and will have 15 min to accept the empty starting spot. In case of refusal, the second-best time will be considered. In case of 2 withdrawals, it will be possible to consider up to the fourth-ranked athlete, in case of 3 withdrawals the best 6 athletes will be considered and so on.

The withdrawal deadline will be established 2 hours before the first call time of the first heat in the semi-finals, and 1 hour before the first call room time for the Finals.

7.11.3. Field Events

The field events having 16 or fewer athletes based on the final entries will be conducted as straight finals (meaning no qualifications). In the case of more than 16 athletes in any of the field events, a qualification round is to be held. Twelve athletes will normally compete in the Final of all Field Events. In Horizontal Jumps and Throws, the competing order for the fourth fifth, and sixth rounds of trials will be in reverse ranking order and recorded after the first three rounds of trials.



7.11.4. Pole Vault

An athlete shall, before the competition starts, inform the appropriate official of the position of the uprights he/she requires for his / her first trial and this position shall be recorded. If subsequently, an athlete wants to make any changes, he/she should immediately inform the appropriate official before the uprights have been set by his / her initial wishes. Failure to do this shall lead to the start of their time limit. Once the time for the trial has started, no further change in the position of the crossbar is allowed.

7.11.5. Coaching Zone

Dedicated seating will be provided for Field Event Coaches in the first rows close to the event site. The area seats will be accessible utilizing a specific pass, one per athlete, distributed through the TIC once the start lists are issued. Coaches must vacate the allocated spaces immediately after the conclusion of the event.

7.12. TIMING AND MEASUREMENT

The official timing will be provided (ALGE) and will be displayed on the official electronic timing instrument and photo finish cameras provided ALGE for the races the elapsed time will be displayed on electronic timers located at the end of each straight.

All field events will be measured by ALGE scientific measurement equipment.

7.13. POST COMPETITION PROCEDURES

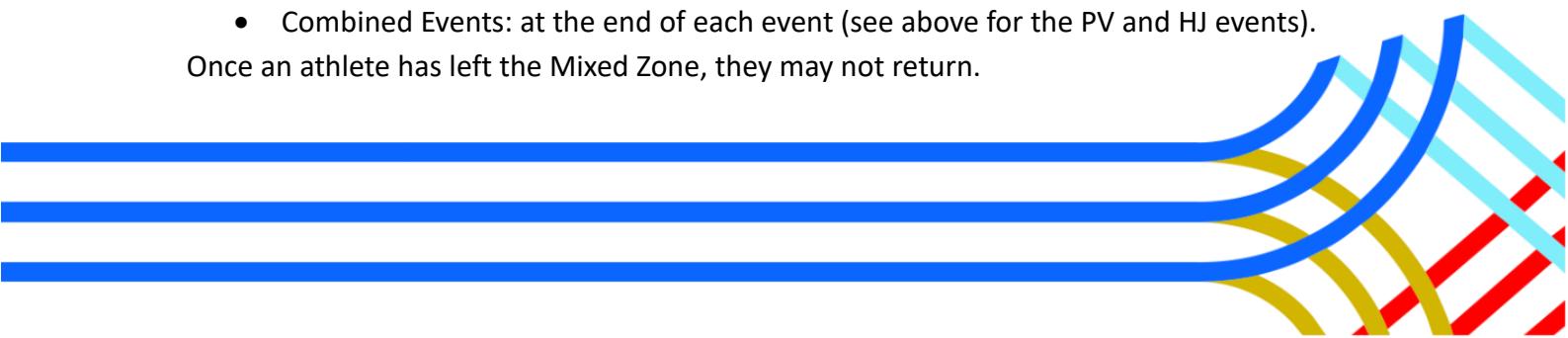
7.13.1. General

After each event, all athletes must leave the Field of Play (FOP) via the Mixed Zone; Live Mixed Zone for all Broadcast Right Holders, before proceeding to the Mixed Zone. In the Mixed Zone, the media (Broadcasters, Written Press, Radio Reporters, and the LOC Flash Interview team) may conduct short interviews. After passing through the Mixed Zone, athletes move on to the Post Event Area where they will be able to recover and collect their clothing and any confiscated items. In case of a Medal Ceremony, press conference, or doping control, the athletes concerned will be escorted to the relevant area.

Exit Procedures from the FOP

- Track Events: immediately after the finish.
- Field Events: at the end of the rounds (in Qualifications) or at the end of the competition (in the Final).
- High Jump and Pole Vault: competitors may leave the field of play when accompanied by a competition official as soon as they are excluded from further participation in the competition except for medalists, who shall leave together.
- Combined Events: at the end of each event (see above for the PV and HJ events).

Once an athlete has left the Mixed Zone, they may not return.



7.13.2. Post Event Area

Athletes selected for doping control will be informed after the Mixed Zone. An Anti-Doping Chaperone will be appointed to each selected athlete and will accompany the athlete until they access the Doping Control Station (DCS).

Athletes who may also be selected for Shoe Control will be informed after the Mixed Zone. They must always keep their shoes with them and cannot give their shoes to any person including any Team Official. Teams will be informed by TIC if their athletes have been called to have their shoes identified at shoe control and may be accompanied by a Team Official. It is possible that an athlete's shoes are collected for further investigation or examination so they must be prepared and arrange to have more than one pair of shoes.

Where the athlete only has one pair of shoes and must compete later or on another day the Shoe Control Officer will advise the athlete of the process. Those athletes who are not to be tested or will not have their shoes checked may return to the Warm-up Area on foot, proceed to the Teams' Stands, or leave the Stadium.

Medallists will be given an information card about the Medal Ceremonies to be held the next day, except for the last day of competition, 16th December 2025.

7.13.3. Interviews

Flash interviews with Broadcasters and the LOC Flash Interview Team will be conducted immediately after each event in the Mixed Zone, followed by a short interview with the written press.

Press conferences may be conducted with all medallists on the same day of the event. Whenever possible, the formal press conference will take place before doping control and whenever possible before medal presentations. Flash interviews in the Mixed Zone and formal press conferences take priority over all other interview requests.

7.13.4. Race walk

Bangkok will also host the 20km Race Walk for both genders.

Pre and post competition procedures will take place in the same area. The key events area including Team Tents, changing, Medical, Massage, Call Room and TIC will also be located to road adjacent to Royal Palace Bangkok. Shuttle buses will be provided from the Athlete Hotel.

7.13.5. The Course

The start and finish for the Race Walks will be at Happy and Healthy Bike Lane. The course is a 1km loop for 20km in an anti-clockwise direction.



7.13.6. Start

The Call Room will be in Center and Athletes will be called to report 30 minutes before the start time of each Race Walk. The normal checks on clothing will take place and the Athletes will then be escorted to the start area, where they will be able to continue to warm up.

The time remaining until the start will be displayed for athletes at five minutes, three minutes and one minute before the race begins.

Officials will line up the Athletes selected to start in the first row, after which all other athletes may line up without any pre-set order.

7.13.7. Timing

All Athletes will be given their transponder, which they must attach to their shoes, at the Gathering Point.

A final test of the transponders will be done with control mats as the Athletes leave the Call Room. It is important that the transponder is securely attached to ensure accurate time keeping.

Immediately after the race, the transponders will be collected in Post Event Area. Athletes who do not finish the race must return their transponder to Post Event Area (or to a Competition Official if this is impractical).

Intermediate times will be displayed at every kilometer and, to help Athletes keep track of the laps completed, there will be a lap counter set up at the end of each lap showing the number of laps remaining.

7.13.8. Retiring from the Race

Should an Athlete be unable to continue the race due to physical difficulties, they must inform the nearest Competition Official, indicating that they would like to abandon the race. To properly indicate the intention to retire from the race, the Athlete is asked to remove his or her bib.

7.13.9. Disqualification

Should the Chief Judge or a Chief Judge's Assistant inform an Athlete of their disqualification, the disqualified Athlete is required to leave the course immediately, removing their bib and transponder, and to return directly to the Post Event Area.

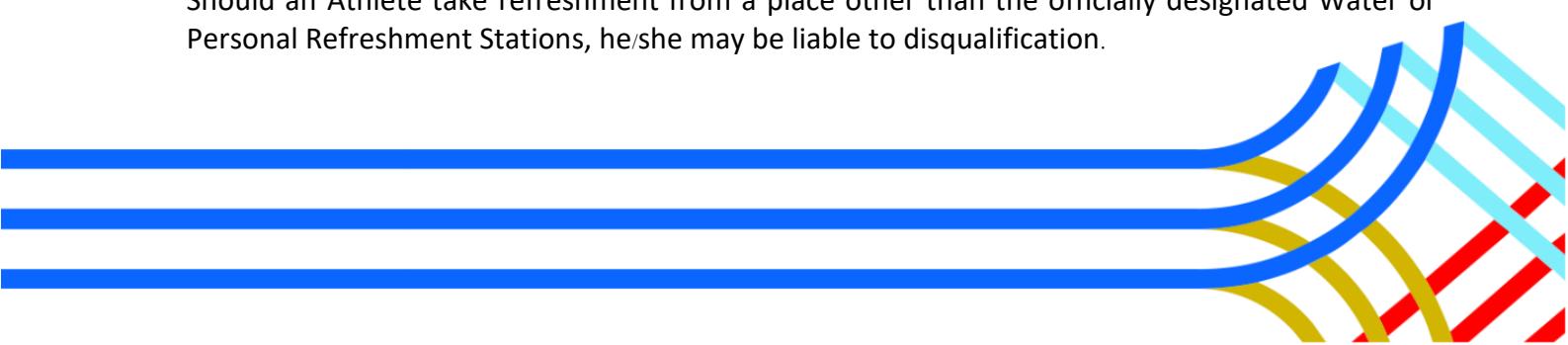
Race Walking events will be conducted using the pit lane rule (World Athletics Rule 54.7.3).

Electronic posting boards showing the red cards and disqualifications will be placed beside the course.

7.13.10. Water/Sponging and Personal Refreshment Stations

There will be one Drinking/Sponging Station and one Personal Refreshment Station. There will be signs placed 100m before each station.

Should an Athlete take refreshment from a place other than the officially designated Water or Personal Refreshment Stations, he/she may be liable to disqualification.



7.13.11. Water/Sponging Stations

At the Water/Sponging Stations the LOC will provide the following:-

- Non-refrigerated still water in sealed bottles
- Wet sponges

It is a requirement that the runners pick up their sponges/drinks themselves from the tables.

7.13.12 Marathon

General

The Venue for Marathon and Race Walk are located at Happy and Healthy Bike Lane

- Pre and post competition procedures will take place in the TIC, Call Room and the Anti-doping areas are all located in the temporary structure close start/Finish Area
- Team Tents, Warm-up Area, Toilets, Chip pick-up Tent and Team Stand are located close to main course

The Course

Start line and finish line are not same for the Marathon. After the start, athletes run a 23 KM first lap, followed by 19Km and 195 m

The shortest possible route of the Marathon will be indicated on the road surface with a colored line, on the non-clear parts. That means the curves, bends and turning points basically.

Start

Athletes will be required to report to the Call Room 25 minutes before the start time of the Marathon. The normal checks on clothing will take place and the athletes will then jog to the start area, where they will be able to continue to warm-up.

The time remaining until the start will be displayed for athletes at five minutes, three minutes and one minute before the race begins. Officials will line up the athletes selected to start in the first row, after which all other athletes may line up without any pre-set order.

Timing

The transponders will be used to obtain official finishing times. They will be distributed at the Chip pick-up Tent and a final test of the transponders will be done with control mats as the athletes leave the Call Room.

Immediately after the race, the transponders will be collected in the Post Event Area.

Athletes who do not finish the race must return their transponder to the Post Event Area (or to a Competition Official if for whatever reason they may not reach the Post Event Area).

Every kilometer will be marked along the route and the current race time will be displayed on the lead vehicle at the head of the race, with additional display clocks placed every five kilometers (and half-Marathon point) throughout the course, where intermediate times will be recorded.



Retiring from the Race

Due to the Marathon being a multiple loop course, three athlete Drop-out Areas will be designated close to the Medical Tents. During the first three (10K) laps any athlete unable to complete the race, or who have been disqualified, will be taken to one of these areas and driven to the Post Event Area. Should an athlete be unable to continue the race due to physical difficulties, they must inform the nearest Competition Official indicating that they would like to abandon the competition.

To properly indicate the intention to retire from the race, the athlete is asked to remove their bib.

On the final lap, a sweep vehicle will follow the last athlete in the race to pick up from the drop-out points who are unable to complete the race or who have been disqualified. This vehicle will follow the race route to the finish, where athletes will be dropped off at the Post Event Area.

Water / Sponging and Personal Refreshment Stations

There are two Water Stations and two Personal Refreshment Stations per lap on the course.

Athletes will pass these on each of the laps, meaning there are four opportunities to take on fluids per lap should they require. These stations are approximately 2.5km apart.

At the end of each Water Station, sponges will be available for athletes. The Personal Refreshment Stations will also offer water on the last table. There will be signs placed 100m before each station. Should an athlete take refreshment from a place other than the officially designated Water or Personal Refreshment Stations, he / she may be disqualified.

Water / Sponging / Ice Stations

At the Water / Sponging Stations the LOC will provide the following:

- Non-refrigerated still water in sealed 0,5l bottles
- Wet sponges
- Ice

It is a requirement that the runners pick up their sponges / drinks themselves from the tables.

Personal Refreshment Stations

Each team will have its own table which will be marked with their national flag and the World Athletics Member Federation Code (e.g., Hungary = HUN). The tables will be arranged in English alphabetical order according to this code.

Personal refreshments must be taken to the Personal Refreshment Stations directly by Team Officials. Transport will be available to each refreshment station, leaving the start area 60 minutes prior to the start of the Marathon.



For those athletes who do not have any Team Officials to assist them, bottles should be handed in to the TIC in the Ice Rink building at least 80 minutes before the start of the race.

The bottles will be placed on the table by LOC Officials according to the indications on the bottles. Athletes must pick up the bottles themselves.

The LOC will provide some bottles for personal refreshments and adhesive labels 2 pieces per athlete. These will be distributed through the TIC in the Race Venues Ice Rink Building and through the CID in each Team Hotel. Athletes will also be able to use their own bottles provided that they comply with current World Athletics Advertising Regulations.

It is important that all personal refreshments clearly display the following information:

- Athlete's name
- Three-letter Member Federation Code
- Refreshment station at which the refreshment is to be placed.

All athletes will be responsible for the identification of their bottles.

After bottles have been brought to the refreshment station, the Judges will inspect them with regard to the World Athletics Advertising Regulations. Any confiscated bottles will be returned to Team Officials.

Team Officials will be permitted to hand their athletes the personal refreshments at the Personal Refreshment Stations but are not permitted to leave the designated area to follow athletes on the course. Two officials from each team will have access to each of the refreshment stations. The Team Officials will be required to have special passes to access the stations. These passes will be handed to the Team Leader during the administrative procedure.

Toilets will be available at the end of each of the Water Stations and Personal Refreshment Stations.

Marathon Course Familiarization

There will be tour to familiarize Marathon course and race walk Course will be held on 12th April 2025 at 10am

7.14. PROTESTS AND APPEALS

Protests and Appeals will be handled according to Rule 8. of the Technical Rules. Protests and appeals must be submitted at the TIC.

7.14.1. Protests

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event. The Organizing Committee of the competition shall be responsible for ensuring that the time of the announcement of all results is recorded.

Any protest shall be made verbally to the referee, by an athlete, by someone acting on his / her behalf, or by an official representative of a team.

Such a person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates. To arrive at a fair decision, the referee should consider any available evidence that they think is necessary, including a film or picture produced by an official video recorder, or any other available video evidence. The referee may decide on the protest or may refer the matter to the jury.

If the referee makes a decision, there shall be a right of appeal to the jury. Where the referee is not accessible or available, the protest should be made to TIC.

7.14.2. Appeals

An appeal to the Jury of Appeal must be made using the TIC platform within 30 minutes:

- a) of the official announcement of the amended result of an event arising from the decision made by the referee; or
- b) of the advice being given to those making the protest, where there is no amendment of any result.

It shall be in writing and signed by a responsible official on behalf of the athlete or team. In case of appeals lost, the US\$ 100 fee will be forfeited by Asian Athletics.

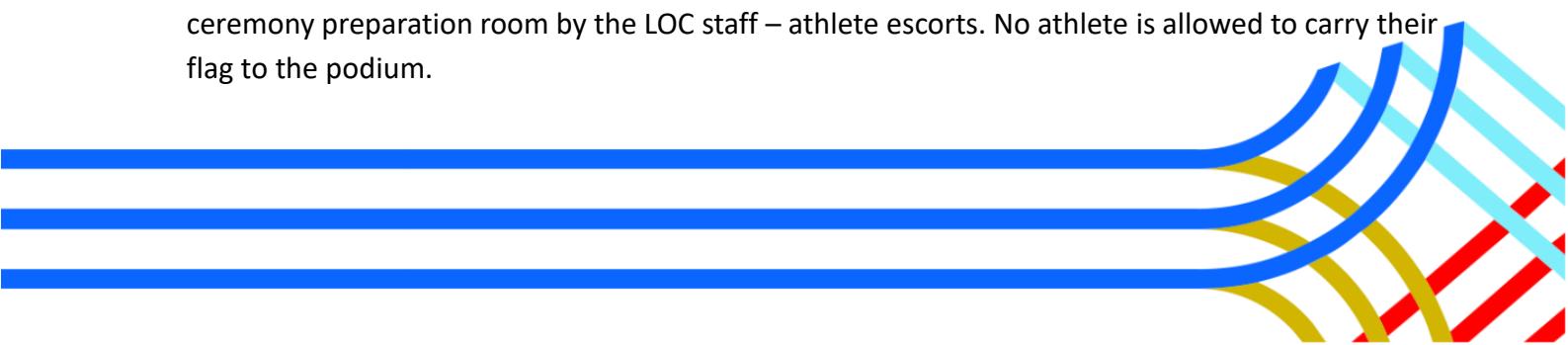
Note: The relevant referee shall, after they decide on a protest, immediately inform the TIC of the time of the decision. If the referee was unable to communicate this verbally to the relevant teams) / athletes), the official time of the announcement will be that of the posting of the amended results or the decision at the TIC.

8. CEREMONIES

8.1. MEDAL CEREMONY

Medal Ceremonies will be held, if possible, after the completion of each event. However, for some events, athletes will be notified to report the next day at an assigned time for the ceremony. Participants must wear their official team uniform. The athletes who will attend the victory ceremony right after the event will gather in the victory ceremony preparation room. The LOC staff-athlete escorts will meet them right after the finals in the Post Event Area and escort the winning athletes to the designated area.

The athletes whose victory ceremony is not scheduled right after the event but rather later in the day or the day after will be given a victory ceremony card with the exact time of their victory ceremony. The meeting point will be at the TIC. The athletes are expected to report to TIC at least 30min before the ceremony. The athletes will then be escorted from the TIC to the victory ceremony preparation room by the LOC staff – athlete escorts. No athlete is allowed to carry their flag to the podium.



8.2. MEDAL AND DIPLOMA

At the medal ceremony, medals for the first to third-place winners of individual events and relay events will be awarded.

8.3. NATIONAL FLAG AND ANTHEM

Each team will be asked to send an image file of its national flag and anthem to the LOC 15 days before the Competition begin. Each team will be asked to confirm the national flag and anthem upon arrival.

9. MAP & APPENDIC

SEA GAMES				
Thursday, 11 December 2025				
Day 1 Morning				
Event No.	Time	Event	Group	Round
101	09:00	100 Meter	Men	Decathlon 1
102	09:50	Long Jump	Men	Decathlon 2
103	11:20	Shot Put	Men	Decathlon 3
Afternoon				
Event No.	Time	Event	Group	Round
104	16:30	Hammer Throw	Men	Final
105	16:50	Triple Jump	Men	Final
106	17:00	100 Meter	Men	Heat
107	17:10	Pole Vault	Woman	Final
108	17:25	100 Meter	Woman	Heat
109	17:50	1500 Meter	Men	Final
110	18:00	1500 Meter	Woman	Final
111	18:05	High Jump	Men	Decathlon 4
MC	18:10	1500 Meter	Men	MC 1
MC	18:17	1500 Meter	Woman	MC 2
112	18:25	100 Meter	Men	Final
113	18:35	100 Meter	Woman	Final
114	18:45	Discus Throw	Woman	Final
MC	18:50	Hammer Throw	Men	MC 3
115	19:00	400 Meter	Men	Decathlon 5
MC	19:05	Triple Jump	Men	MC 4
MC	19:12	Pole Vault	Woman	MC 5
MC	19:19	100 Meter	Men	MC 6
MC	19:26	100 Meter	Woman	MC 7
MC	19:33	Discus Throw	Woman	MC 8

SEA GAMES				
Friday, 12 December 2025				
Day 2 Morning				
Event No.	Time	Event	Group	Round
201	09:00	110 Meter Hurdles	Men	Decathlon 6
202	09:50	Discus Throw	Men	Decathlon 7
203	10:00	400 Meter	Men	Heat
204	10:30	400 Meter	Women	Heat
205	11:10	Pole Vault	Men	Decathlon 8
206	11:25	Hammer Throw	Women	Final
Afternoon				
Event No.	Time	Event	Group	Round
MC	16:20	Hammer Throw	Women	MC 9
207	16:30	Javelin Throw	Men	Decathlon 9
208	16:40	High Jump	Men	Final
209	16:50	Shot Put	Women	Final
210	17:00	110 Meter Hurdles	Men	Heat
211	17:25	100 Meter Hurdles	Women	Heat
212	17:50	400 Meter	Men	Final
213	18:00	400 Meter	Women	Final
214	18:10	110 Meter Hurdles	Men	Final
MC	18:15	Shot Put	Women	MC 10
215	18:25	100 Meter Hurdles	Women	Final
MC	18:30	400 Meter	Men	MC 11
MC	18:37	400 Meter	Women	MC 12
216	18:45	1,500 Meter	Men	Decathlon 10
MC	18:52	High Jump	Men	MC 13
MC	18:59	110 Meter Hurdles	Men	MC 14
MC	19:06	100 Meter Hurdles	Women	MC 15
MC	19:13	1,500 Meter DEC	Men	MC 16



SEA GAMES				
Saturday, 13 December 2025				
Day 3 Afternoon				
Event No.	Time	Event	Group	Round
301	16:30	Javelin Throw	Women	Final
302	16:40	Shot Put	Men	Final
303	16:50	Triple Jump	Women	Final
304	17:00	200 Meter	Men	Heat
305	17:20	200 Meter	Women	Heat
306	17:45	800 Meter	Men	Heat
307	18:00	800 Meter	Women	Heat
308	18:20	5000 Meter	Men	Final
309	18:40	5000 Meter	Women	Final
MC	18:45	Javelin Throw	Women	MC 17
MC	18:52	Shot Put	Men	MC 18
310	19:00	200 Meter	Women	Final
311	19:10	200 Meter	Men	Final
MC	19:15	Triple Jump	Women	MC 19
312	19:25	4x400 Meter Mix Relay	M/W	Final
MC	19:30	5000 Meter	Men	MC 20
MC	19:37	5000 Meter	Women	MC 21
MC	19:44	200 Meter	Women	MC 22
MC	19:51	200 Meter	Men	MC 23
MC	19:58	4x400 Meter Mix Relay	M/W	MC 24
TBC	TBC	Marathon	Women	Final
TBC	TBC	Marathon	Men	Final
TBC	TBC	Walk 20 KiloMeter	Women	Final
TBC	TBC	Walk 20 KiloMeter	Men	Final
MC	TBC	Marathon	Women	MC 25
MC	TBC	Marathon	Men	MC 26
MC	TBC	Walk 20 KiloMeter	Women	MC 27
MC	TBC	Walk 20 KiloMeter	Men	MC 28

SEA GAMES				
Sunday, 14 December 2025				
Day 4 Morning				
Event No.	Time	Event	Group	Round
No Competition				



SEA GAMES				
Monday, 15 December 2025				
Day 5 Morning				
Event No.	Time	Event	Group	Round
501	09:00	100 Meter Hurdles	Women	Heptathlon 1
502	10:00	High Jump	Women	Heptathlon 2
503	10:10	400 Meter Hurdles	Men	Heat
504	10:30	400 Meter Hurdles	Women	Heat
505	12:00	Shot Put	Women	Heptathlon 3
Afternoon				
Event No.	Time	Event	Group	Round
506	16:30	Javelin Throw	Men	Final
507	16:50	Long Jump	Men	Final
508	17:00	400 Meter Hurdles	Men	Final
509	17:10	400 Meter Hurdles	Women	Final
510	17:25	3,000 Meter Steeplechase	Men	Final
511	17:40	800 Meter	Men	Final
MC	17:43	400 Meter Hurdles	Men	MC 25
512	17:55	800 Meter	Women	Final
MC	18:00	400 Meter Hurdles	Women	MC 26
513	18:15	10,000 Meter	Women	Final
MC	18:20	3,000 Meter Steeplechase	Men	MC 27
MC	18:27	Long Jump	Men	MC 28
514	18:50	4x100 Meter Relay	Men	Final
MC	18:55	Javelin Throw	Men	MC 29
515	19:05	4x100 Meter Relay	Women	Final
MC	19:10	800 Meter	Men	MC 30
516	19:20	200 Meter	Women	Heptathlon 4
MC	19:25	800 Meter	Women	MC 31
MC	19:32	10,000 Meter	Women	MC 32
MC	19:39	4x100 Meter Relay	Men	MC 33
MC	19:46	4x100 Meter Relay	Women	MC 34

SEA GAMES				
Tuesday, 16 December 2025				
Day 6 Morning				
Event No.	Time	Event	Group	Round
601	09:00	Long Jump	Women	Heptathlon 5
602	09:30	4x100 Meter Mixed Relay	X	Heat
603	10:30	Javelin Throw	Women	Heptathlon 6
Afternoon				
Event No.	Time	Event	Group	Round
604	16:30	High Jump	Women	Final
605	16:40	Pole Vault	Men	Final
606	16:55	Discus Throw	Men	Final
607	17:00	3,000 Meter Steeplechase	Women	Final
608	17:10	Long Jump	Women	Final
609	17:20	10,000 Meter	Men	Final
610	18:00	800 Meter	Women	Heptathlon 7
MC	18:05	3,000 Meter Steeplechase	Women	MC 35
MC	18:11	10,000 Meter	Men	MC 36
611	18:20	4x400 Meter Relay	Men	Final
MC	18:25	High Jump	Women	MC 37
612	18:35	4x400 Meter Relay	Women	Final
613	18:50	4x100 Meter Mixed Relay	X	Final
MC	19:04	Heptathlon	Women	MC 38
MC	19:10	Pole Vault	Men	MC 39
MC	19:16	Discus Throw	Men	MC 40
MC	19:22	Long Jump	Women	MC 41
MC	19:28	4x400 Meter Relay	Men	MC 42
MC	19:34	4x400 Meter Relay	Women	MC 43
MC	19:40	4x100 Meter Mixed Relay	X	MC 44

This schedule is subject to change depending on the final number of participating athletes.



Stadium Layout



Medical station and First Aid station (FOP)

