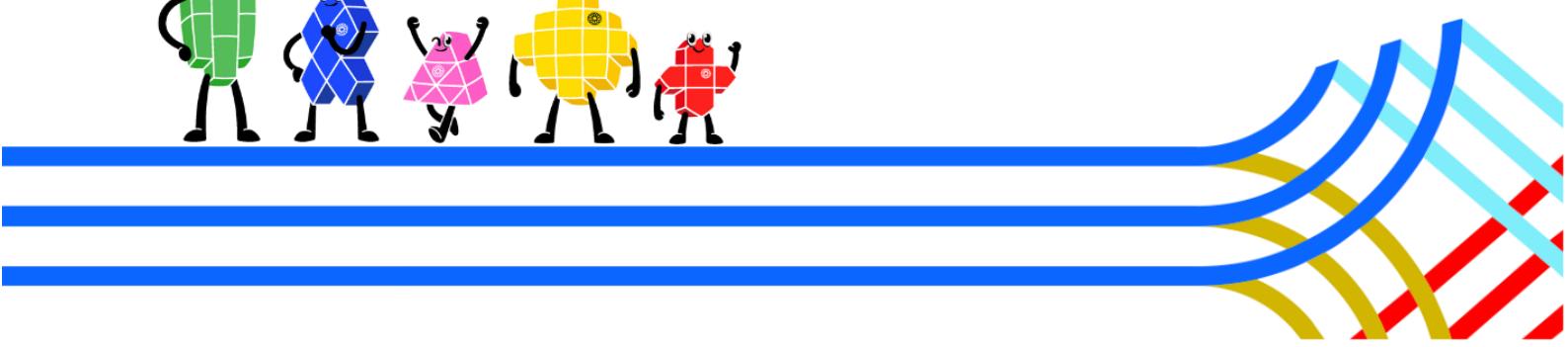
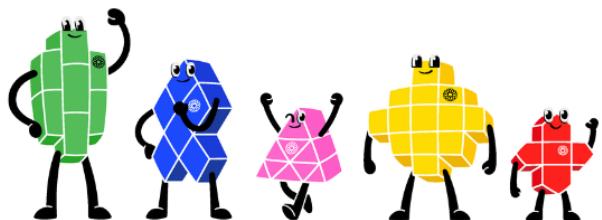


Technical Handbook

The 33rd SEA Games Thailand 2025



General Information

Technical Part

Sport Information

I. Sports Federation

A. World Taekwondo (WT)

President	Dr. Chungwon Choue
Secretary General	Mr. Jeongkang Seo
Address	World Taekwondo Headquarters, Booyoung Taepyung Building 10th Floor, 55, Sejong-daero (Taepyung-ro 2ga), Jung-gu, Seoul, Republic of Korea, 04513
Telephone	+82 2 566 2505
Email	sport@worldtaekwondo.org
Website	www.worldtaekwondo.org

B. Asian Taekwondo Union (ATU)

President	Prof. Kyu Seok Lee
Secretary General	Mr. Jung Heon Kim
Address	1E-3 Tancheon Main Stadium, 215, Tancheon-ro, Bundang-gu, Seongnam-si, Gyeonggi-do, Korea
Telephone	+82 31 708 9994
Email	admin@asiantu.org
Website	https://asiantaekwondo.org

C. Taekwondo Association of Thailand (T.A.T.)

President	Asst. Prof. Pimol Srivikorn
Secretary General	Mr. Thanadit Raktabutr
Address	286 Sports Authority of Thailand, Ramkhamhaeng Rd, Huamark, Bangkapi, Bangkok, 10240
Telephone	+66 2 369 1518
Email	info@tkd.or.th
Website	www.tkd.or.th

II. Technical Delegate (TD)

Name	Mr. Kook Hyun Jung
Telephone	-
Email	khjeong@knsu.ac.kr
Profile	TD Certificate Level 3

III. Competition Manager (CM)

Name	Ms. Rungnapa Kripunyapong
Telephone	+66 2369 1518
Email	info@tkd.or.th, tkdthailand@yahoo.com

IV. Venue Manager (VM)

Name	Mr. Teerasak Chaiphanurak
Telephone	+662 3691518
Email	info@tkd.or.th, tkdthailand@yahoo.com

1. Dates

The **Taekwondo (TKW)** competition for the 33rd SEA Games Thailand 2025 will be held from **10 to 13 December 2025**

Competition Dates: **10 to 13 December 2025**

Training Date: TBC

2. Venues

The Taekwondo competition will be held at Island Hall, Fashion Island, Bangkok which serves two (2) purposes:

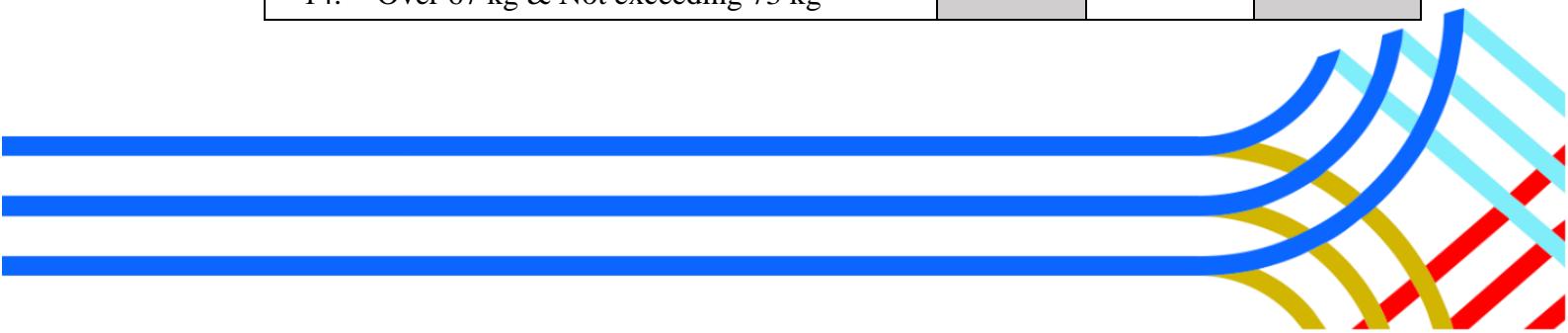
- The competition field-of-play (FOP)
- The training – warm up field.

3. Event

The Taekwondo competition will consist of **twenty (20) events** consist of

- **Nine (9) men's events**
- **Nine (9) women's events**
- **Two (2) mixed event**

Twenty (20) Events			
Discipline / Events	MEN	WOMEN	MIXED
Discipline: Kyorugi			
1. Under 54 kg	✓		
2. Over 54 kg & not exceeding 58 kg	✓		
3. Over 58 kg & Not exceeding 63 kg	✓		
4. Over 63 kg & Not exceeding 68 kg	✓		
5. Over 68 kg & Not exceeding 74 kg	✓		
6. Over 74 kg & Not exceeding 80 kg	✓		
7. Over 80 kg & Not exceeding 87 kg	✓		
8. Under 46 kg		✓	
9. Over 46 kg & Not exceeding 49 kg		✓	
10. Over 49 kg & Not exceeding 53 kg		✓	
11. Over 53 kg & Not exceeding 57 kg		✓	
12. Over 57 kg & Not exceeding 62 kg		✓	
13. Over 62 kg & Not exceeding 67 kg		✓	
14. Over 67 kg & Not exceeding 73 kg		✓	



Twenty (20) Events			
Discipline / Events	MEN	WOMEN	MIXED
Discipline: Poomsae			
1. Regcognized Poomsae Pair			✓
2. Regcognized Poomsae Male Team	✓		
3. Regcognized Poomsae Female Team		✓	
4. Freestyle Poomsae Male Individual	✓		
5. Freestyle Poomsae Female Individual		✓	
6. Freestyle Poomsae Mixed Team			✓
Total	9	9	2

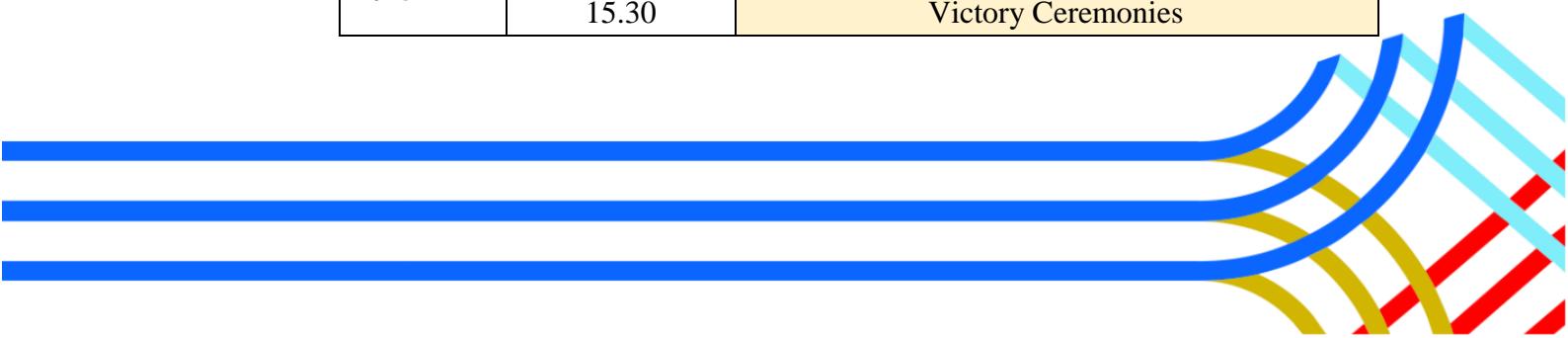
Note:

1. Kyorugi:
 - Each NOC may enter a maximum of five (5) of seven (7) events, except host may participate in all Men's and Women's events.
 - Each NOC may enter a maximum of one (1) athlete per individual event.
 - Athletes must be 17 years of age and over (year of birth 2008 or earlier).
2. Poomsae
 - Each NOC may enter a maximum of four (4) of six (6) events, except host may participate in all Poomsae events.
 - Each athlete may participate in a maximum of two (2) events.
 - Each NOC may enter a maximum of three (3) athletes of same gender per team event.
 - Each NOC may enter a maximum of two (2) athletes including one (1) male and one (1) female athletes in the Freestyle Poomsae Pair.
 - Each NOC may enter a maximum of six (6) athletes including five (5) athletes and one (1) substitute in the Freestyle Poomsae Mixed Team.
 - Athletes must be 18 years of age and over (year of birth 2007 or earlier).
3. Total: Each NOC may enter a maximum of 24 athletes including 12 male and 12 female athletes for the Taekwondo Competition.

4. Competition and Training Schedule

4.1 Competition Schedule

Date	Time	Event
8 December 2025	10:00	Referee meeting/Training
9 December 2025	10.00	Referee meeting/Training
	15.00	Head of Team Meeting & Drawing of Lots
10 December 2025	9.00 – 15.00	Poomsae Competition
	10.00 – 12.00	General Weigh-in for W-46Kg, W-67Kg, M-54Kg, M-87Kg
	15.30	Victory Ceremonies



11 December 2025	08.00 – 09.00	Random Weigh-in
	10.00 – 15.00	Kyorugi Competition W-46Kg, W-67Kg, M-54Kg, M-87Kg
	10.00 – 12.00	General Weigh-in for W-49Kg, W-67Kg, M-58Kg, M-68Kg, M-80Kg
	16.00	Victory Ceremonies

Date	Time	Event
12 December 2025	08.00 – 09.00	Random Weigh-in
	10.00 – 15.00	Kyorugi Competition W-49Kg, W-67Kg, M-58Kg, M-68Kg, M-80Kg
	10.00 – 12.00	General Weigh-in for W-46Kg, W-57Kg, W-73Kg, M-63Kg, M-74Kg
	16.00	Victory Ceremonies
13 December 2025	08.00 – 09.00	Random Weigh-in
	10.00 – 15.00	Kyorugi Competition W-46Kg, W-57Kg, W-73Kg, M-63Kg, M-74Kg
	16.00	Victory Ceremonies

Note: This competition schedule is subject to change.

4.2 Training Schedule

TBC

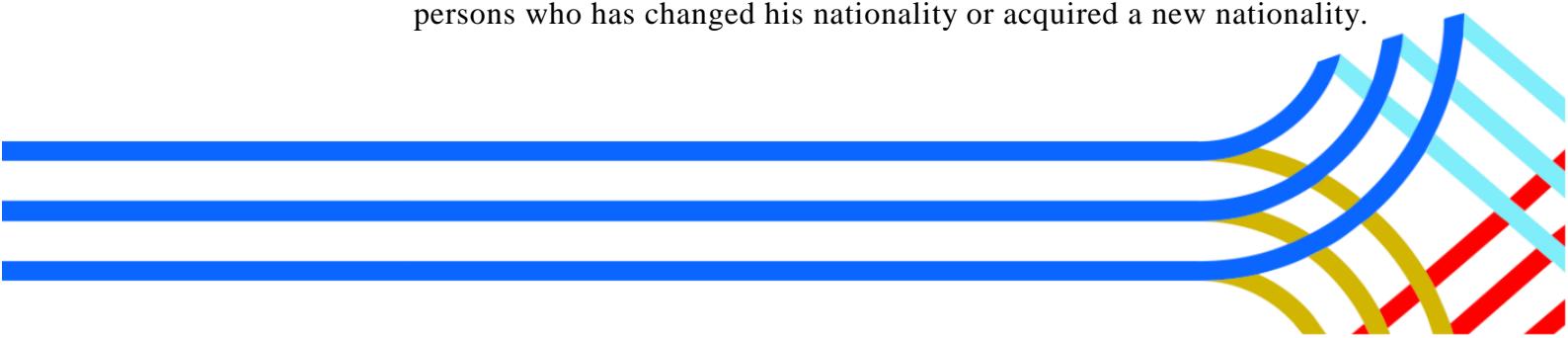
5. Entries

5.1 Eligibility

5.1.1 Only SEAGF member NOCs are entitled to send athletes to participate in the Taekwondo competition of the 33rd SEA Games Thailand 2025

5.1.2 Only nationals of the country of the National Olympic Committee (NOC) shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which an athlete may represent in the SEA Games shall be resolved in accordance with the SEAGF Charter and Rules as well as Rule 41 and By-law to Rule 41 of the Olympic Charter (Nationality of competitors).

5.1.3 A competitor who is a national of two (2) or more countries at the same time may represent either one (1) of them, as he may elect. However, after having represented one country in the Olympic, Asian continental and South East Asian continental regional or world championships recognized by the relevant IF, the competitor may not represent another country unless he or she meets the conditions set forth in sub section 4 below that apply to the persons who has changed his nationality or acquired a new nationality.



5.1.4 For eligibility matters, in the event of any conflict or inconsistency between the South East Asian Games Federation (SEAGF) Charter, THASOC and Asian Taekwondo Union (ATU), the latter shall prevail.

5.1.5 Age limitation:

- Kyorugi: athletes must be at least 17 years old in the year of the 33rd SEA Games Thailand 2025. Athletes born in 2008 or earlier are eligible to participate.
- Poomsae: athletes must be at least 18 years old in the year of the 33rd SEA Games Thailand 2025. Athletes born in 2007 or earlier are eligible to participate.

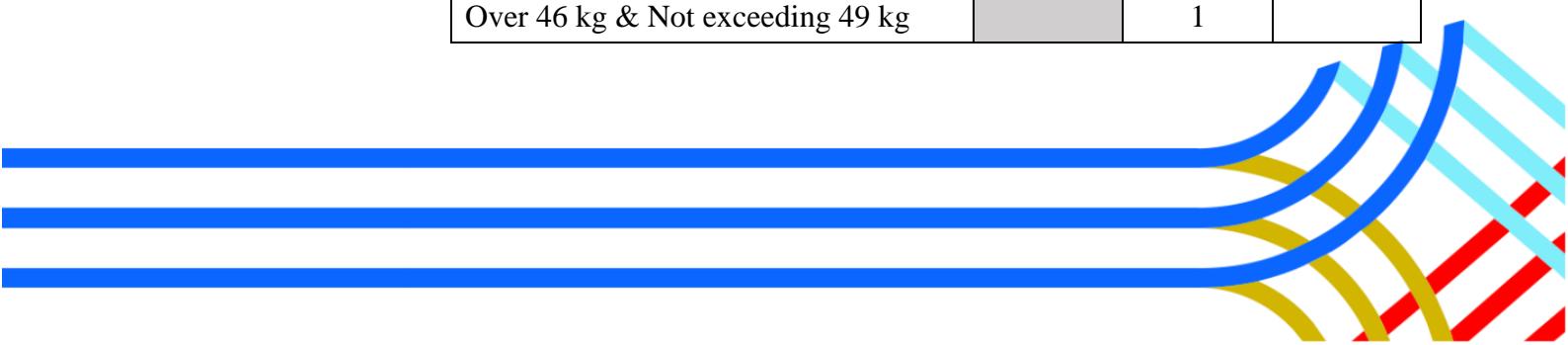
5.2 Entry Policies

5.2.1 Kyorugi

- Each NOC may only enter a maximum of five (5) out of seven (7) weight categories, except for the host country NOC, Thailand, which may participate in all Men's kyorugi events.
- Each NOC may only enter a maximum of five (5) out of seven (7) weight categories, except for the host country NOC, Thailand, which may participate in all Women's kyorugi events.
- Each NOC may enter one (1) athlete only per weight category.
- In accordance with the Article 4 of the WT Kyorugi competition rules and interpretations (30 September 2024), all the athletes shall be 17 years old or older in the year of the 33rd SEA Games Thailand 2025. Athletes who were born in the years of 2008 or before are eligible for participation the competition

Entry Policy for Kyorugi

Division	Male	Female	Total (person)
Under 54 kg	1		
Over 54 kg & not exceeding 58 kg	1		
Over 58 kg & Not exceeding 63 kg	1		
Over 63 kg & Not exceeding 68 kg	1		
Over 68 kg & Not exceeding 74 kg	1		
Over 74 kg & Not exceeding 80 kg	1		
Over 80 kg & Not exceeding 87 kg	1		
Under 46 kg		1	
Over 46 kg & Not exceeding 49 kg		1	



Division	Male	Female	Total (person)
Over 49 kg & Not exceeding 53 kg		1	
Over 53 kg & Not exceeding 57 kg		1	
Over 57 kg & Not exceeding 62 kg		1	
Over 62 kg & Not exceeding 67 kg		1	
Over 67 kg & Not exceeding 73 kg		1	
A maximum athletes per NOC	5	5	

5.2.2 Poomsae

- Each NOC may enter a maximum of 13 athletes including 6 Male and 6 female + 1 Male or Female (Substitute) for the Poomsae division
- Each NOC may only enter a maximum of four (4) out of six (6) Poomsae events, except for the host country NOC Thailand, which may participate in all the poomsae events.
- Each athlete entered by the NOC may participate in a maximum of two (2) poomsae events only.
- Each recognized poomsae team shall comprise three (3) athletes of the same gender per team event.
- Freestyle poomsae Pair (1 male and 1 female)
- Freestyle Poomsae Mixed team: The mixed team will consist of five athletes, which will include either three males and two females or two males and three females plus 1 substitute
- According to Article 4 of the WT Poomsae Competition Rules and Interpretations (30 September 2024), athletes must be at least 18 years old in the year of the 33rd SEA GAMES, Bangkok-Chonburi 2025. Athletes born in 2007 or earlier are eligible to participate in the Freestyle Poomsae Individual Male and Freestyle Poomsae Individual Female.
- For recognized Poomsae Pair, Recognized Poomsae Male Team, Recognized Poomsae Female Team, Freestyle Poomsae Mixed Team, athletes must be at least 18 years old in the year of the 33rd SEA Games Thailand 2025. Athletes born in 2007 or earlier are eligible to participate.

Entry policy for Poomsae

Division	Male	Female	Total (person)
Regcognized Poomsae Pair	1	1	2
Regcognized Poomsae Male Team	3	-	3

Division	Male	Female	Total (person)
Regcognized Poomsae Female Team	-	3	3
Freestyle Poomsae Male Individual	1	-	1
Freestyle Poomsae Female Individual	-	1	1
Freestyle Poomsae Mixed Team	2 or 3	2 or 3	5 +1(Substitute)
A maximum athletes per NOC	6	6	1

*** NOCs that withdraw their athletes after the submission of the final entries by name, will be faced with disciplinary action by the SEAGF Charter and Rules.

6. Submission of Entries

- Entry Form by Sport: Deadline 8 May 2025 at 24.00 (Bangkok time)
 - Entry Form by Number: Deadline 8 May 2025 at 24.00 (Bangkok time)
 - Entry Form by Name: Deadline 1 September 2025 at 24.00 (Bangkok time)
- All Entry Form by Sport, Entry Form by Number and Entry by Name may be sent via Game Management System (GMS) and subsequently confirmed with stamped original, then upload to the system.

If you need any assistant, please contact us:

The 33rd SEA Games Thailand 2025 Organizing Committee

Address: THASOC OFFICE, Sports Authority of Thailand
 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok 10240
THAILAND

Email: sports.thasoc@gmail.com, a.sportsdirector@gmail.com,
 thaisoc2025@gmail.com,

Tel: +66 92 509 5644

7. Pre-Competition: Team Managers and Officials Meetings

7.1 Referee Meeting

Date: 8 to 9 December 2025

Time: 10:00

Venue: Island Hall, Fashion Island

7.2 Team Manager's Meeting and Drawing of Lots

Date: 9 December 2025

Time: 13:00

Venue: OC Hotel



Note: At least one representative from each team must attend the head of team meeting. In case of no representative can be at the meeting, the team must designate a proxy and inform Technical delegate or ATU/OC

8. General Rules and Regulations

8.1 Rules

8.1.1 Eligibility Code (SEAGF 30)

To be eligible for participation in the SEA Games, a competitor must comply with the Federation's rules, regulations and by-laws, including this Charter and Rules, in particular in relation to eligibility and nationality, as well as the related provisions in the Olympic Charter, and the rules, regulations and by-laws for participation in the Olympic Games."

8.1.2 Nationality of Competitor (SEAGF 31)

Only nationals of the country of the NOC who are holding current valid national passports of the county of that Member-NOC shall be qualified and eligible to represent the Member-NOC in the SEA Games. All disputes relating to the determination of the country which a competitor may represent in the SEA Games shall be decided by the Arbitration Panel established under this Charter and Rules, in accordance with the Federation's rules, regulations and by-laws, including this Charter and Rules, relating to eligibility and nationality."

8.1.3 Number of Entries (SEAGF 34.3, 37)

- a) A minimum of four (4) NOCs must register to participate by the respective closing date of both the Entry by Number and the Entry by Name registration in a sport or discipline or team event and in the case of an individual event, a minimum of three (3) NOCs must register to participate by the closing date of both the Entry by Number and Entry by Name registration, for it to be included in the SEA Games programme. For the avoidance of doubt:
 - A doubles event shall be considered an individual event.
 - There shall be no waiver of this Rule on minimum entry."
- b) The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:
 - For individual events, including singles and doubles events, there shall only be two (2) entries from each NOC (without reserves) EXCEPT for the sports with weight category, such as all martial arts and combat sports, Bodybuilding, Weightlifting, etc., where there shall only be one (1) entry per weight category or per event from each NOC; and for the sport of Sailing, where there shall only be one (1) entry per event from each NOC.

- For team events, there shall be one (1) team per NOC, and the number of reserves shall not exceed the number of players allowed by the International Federation.
- For all events where individual competitions are conducted, the competitors for any one (1) NOC cannot win more than two (2) medals in the respective individual events.
- No Federation Member-NOC, including the Host NOC or the Organizing Committee of any SEA Games, is allowed to limit the participation of any other Federation Member-NOC or any athlete from participating in any sport, discipline or event solely on the ground or for any reason of limitation of participation.”

8.1.4 International Sport Federation

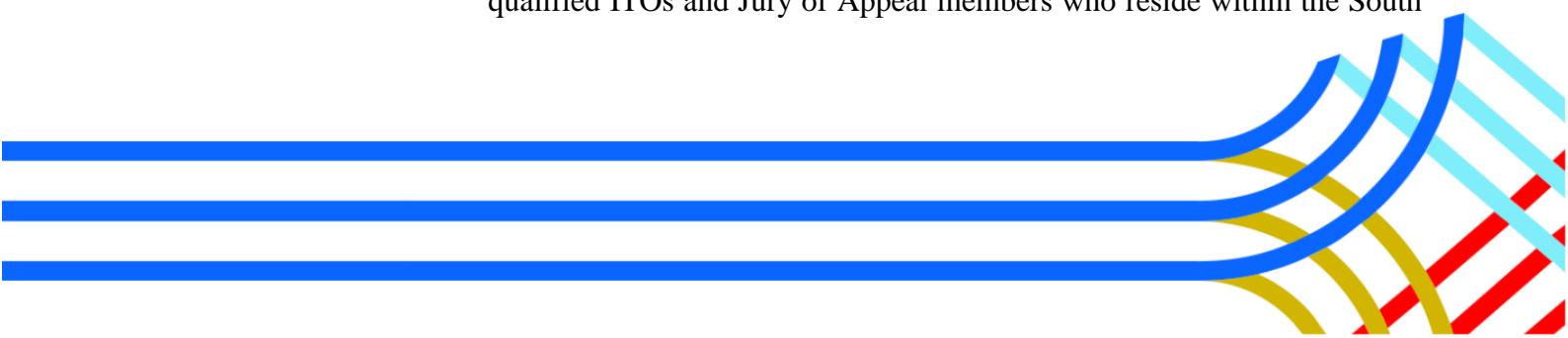
World Taekwondo (WT)

8.1.5 Asia Continental Sport Federation

Asian Taekwondo Union (ATU)

8.1.6 Technical Officials and Jury of Appeal (SEAGF 41)

- a) The necessary technical officials, referees, judges, umpires, timekeepers, inspectors and other technical officials (collectively “International Technical Officials” or ITOs”) and a Jury of Appeal for each sport in such number as shall be determined by the Host NOC or the Organizing Committee, shall be appointed by the Host NOC or Organizing Committee in consultation with the appropriate IF/AF and in cooperation with the respective National Federation of the Host NOC or local sport official/representative. All such ITOs and Jury of Appeal officials approved and appointed by the Host NOC or Organizing Committee shall be referred collectively as “IF/AF International Technical Officials” or IF/AF ITOs” and “Jury of Appeal” accordingly.
- b) The Organizing Committee shall pay for the air or international travel (based on best economy fare to the host city), accommodation (equivalent to a hotel of at least a 3-star internationally accepted rating, based on twin-share basis except for single rooms for Technical Delegates, Chief Umpires and Chief Scorer), meals, official local transport expenses and a per diem only of the IF/AF ITOs and Jury of Appeal officials at the established rates of the Organizing Committee starting two (2) days before the start of the first event of the sport or discipline concerned until one (1) day after the end of the competition of the last event of that sport or discipline.
- c) In approving and appointments of ITOs and Jury of Appeal members, all IF and or AF concerned must give priority, first to the appointment of qualified ITOs and Jury of Appeal members who reside within the South



East Asian (SEA) region, and second, to those who reside within the Asian continent, before appointing any ITOs or Jury of Appeal members from outside the SEA region or Asia continent.

- d) No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury of Appeal shall be communicated as soon as possible to the Federation Office, Host NOC, Organizing Committee and Executive Committee.
- e) Technical officials and members of the Jury of Appeal may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their accommodation, including board and local transport facilities at such established rates of the Organizing Committee.
- f) The Jury of Appeal's decision(s) on all technical questions concerning its respective sport or of disciplinary nature is/are final. Such decision shall, however, be without prejudice to any further penalty and or sanction, which may be imposed by the Executive Committee.
- g) The Jury of Appeal shall be composed of a Chairperson (who shall be the Technical Delegate) and not more than two (2) other representatives as Jury of Appeal members, who shall be appointed by the IF/AF from amongst the IF/AF ITOs and or IF/AF representative(s) present at the Games.
- h) In the event of a dispute or protest relating to technical questions concerning its respective sport, discipline and or event, or competition or any matter that is disciplinary in nature, that is referred to a relevant Jury of Appeal, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest must NOT participate in the deliberations and or decision making and cannot vote in the resolution of the dispute or protest.
- i) Any NOC dissatisfied with any decision of any Jury of Appeal (except decisions concerning matters of fact and judgment calls where no appeal is allowed) may refer his/her appeal to the Panel of Arbitrators

8.1.7 Arbitration Panel (SEAGF 42)

The Arbitration Panel shall deliberate and decide finally on all questions concerning the SEA Games or, protests or appeals (including on any violation of anti-doping code, rules or regulations) from any sport, discipline or event or any disputes arising from or related to the SEA Games. NOCs or the Organizing Committee may also submit question or any matter related to the SEA Games to the Arbitration Panel for determination. Further, the Arbitration Panel may intervene in and determine all questions of non-technical nature outside the jurisdiction of the Jury of Appeal set up for each sport, discipline or event in the Games programme.



8.1.8 Penalty in case of Fraud (SEAGF 44)

A competitor proved to have fraudulently transgressed or breached any provisions of the Charter, Rules, Regulations or By-laws of the Federation shall be disqualified and lose any position or medal he/she may have gained. If this competitor's NOC is proved to have been a party to the fraud, his/her country shall be disqualified in the sport concerned.

9. Competition Rules and Regulations

9.1 Competition Rules

The Taekwondo competition will be conducted in accordance to the latest World Taekwondo Kyorugi Competition Rules and Interpretation (30 September 2024) and World Taekwondo Poomsae Competition Rules and Interpretation (30 September 2024), in force during the Games time.

Competition Rules and Regulations under the guidance of Technical Delegate (TD) appointed by World Taekwondo (WT)

In case of any disagreement in language interpretation of the World Taekwondo Competition Rules and Regulations, the English version shall prevail. Any unforeseen cases not covered by the rules and regulations shall be resolved as follows:

9.1.1 General Issues: To be resolved in accordance with the SEAGF Charter and Rules.

9.1.2 Technical Issues: To be resolved in accordance with World Taekwondo Rules and Regulations and WT Norms.

9.2 Competitive Format

9.2.1 The Kyorugi Competition

- Single elimination system.
- Grade: G-1
- Seeding and drawing of lots: For every weight category, regardless of number of athletes is 100% (or to be decided by TD at the team meeting) will be seeded based on WT World Ranking **of 1st November 2025** Ranking standing
- Duration of the contest: Best of Three (2 minutes x 3 rounds with 1 minute break)
- WEIGH-IN
- General weigh-in of the contestants shall take place on the day before their respective weight category.
- Random weigh-in of the contestants shall take place in the morning on the competition day of their respective weight category. The decision for the random weigh-in shall be made by TD and published at the Head of Team meeting.



9.2.2 Recognized Poomsae and Freestyle Poomsae

Recognized Poomsae

- Single elimination system.
- Grade: G-1
- Seeding and drawing of lots will be seeded based on the WT Poomsae Ranking of 1st November, 2025. If an athlete has no ranking points, he or she will not be seeded and will be placed in a random draw. An athlete from the host country who is not seeded among the Top-4 athletes will be given the 4th placed seed. Medals shall be awarded to the top four (4) contestants.
- List of Poomsae to be performed:
 Competition shall be conducted in a single elimination tournament. Designated Poomsae shall be randomly selected and shown through monitor on Field of Play before the match begins.
- Pair and Team: Contestants shall perform two (2) randomly selected Poomsae.
- Chung and Hong player perform designated Poomsae one by one

Freestyle Poomsae

- Cut-off system
- Seeding and drawing of lots will be seeded based on the WT Poomsae Ranking of 1st November, 2025. If an athlete has no ranking points, he or she will not be seeded and will be placed in a random draw. An athlete from the host country who is not seeded among the Top-4 athletes will be given the 4th placed seed. Medals shall be awarded to the top four (4) contestants.

Freestyle Poomsae:

- 1) Composition of Free Style Poomsae
 - 1.1 Yeon-mu line shall choice of contestants
 - 1.2 Performed techniques must be within boundary of taekwondo.
 The definition of taekwondo techniques shall be determined by WT Poomsae committee.
- 2) Board breakings in the three technical skills (Gradients of spins in a spin kick, Kyorugi style consecutive kicks, Acrobatic kicking technique) are required for Mixed Team division.
 - 2.1 Breaking (Pine) Board (length 300 mm, width 220 mm, Thickness 9 mm, max. 9 boards per team) will be provided by OC.
 - 2.2 Board holding sticks prepared by teams are allowed for only the acrobatic board breaking technique.
 - 2.3 Holder of the board breaking can only be within the 5 members of the mixed team.

9.3 Protests and Appeals

In case there is an objection to a referee judgement, an official delegate of the team must submit an application for appeal of decision (Protest application) together with a non-refundable protest fee of 200 USD to the board of arbitration (Competition Supervisory Board) within 10 minutes after pertinent contest.

- All protests must be considered by the Board of Arbitration concerned who must make a decision as soon as possible. He/She must state the reason(s) for his/her upholding/rejecting the protest.
- Deliberation of re-evaluation shall be carried out excluding those members with the same nationality as that of contestant concerned, and resolution on deliberation shall be made by majority.
- The resolution made by the Board of Arbitration (Competition Supervisory Board) will be final and no further means of appeal will be applied.

Note: Protest and appeals is allowable only in Poomsae Competition.

9.4 Delays, Postponement or Cancellations

The Technical Delegate must consult the THASOC Secretariate if there is any delay, postponement or cancellation of any competition that affects the scheduled times for “live broadcast” or victory ceremonies.

10. Technical Officials and Jury of Appeal

The appointment of technical officials and referee and judge will comply with the Competition Rules and Regulations of the World Taekwondo (WT) and Article 41 of the SEAGF Rules and Regulations.

10.1 International Technical Officials (ITOs)

International Technical Officials (ITOs) must be accredited by the World Taekwondo (WT), and shall be appointed or recommended by the Asian Taekwondo Union (ATU).

AF or IF has the right to appoint the Technical Delegate and International Technical Officials (ITOs) in coordination and approval of the SEAGF. In the event of any violation of the AF or IF Rules or Games Rules and Regulations by any participant, the SEAGF has the right to revoke his or her accreditation card and propose replacement of the participant concerned to the relevant party.

10.2 National Technical Officials (NTOs)

Taekwondo Association of Thailand shall nominate National Technical Officials (NTOs) for approval by THASOC to assist the International Technical Officials.

10.3 Jury of Appeal

The Jury of Appeal shall comprise of the members of the event Technical Committee. The Technical Delegate will act as its chairman. The decision of the Jury of Appeal shall be final.

11. Official Equipment and Competition Attire

Participating athletes are required to wear WT-recognized competition uniform and WT-recognized protective equipment. Any contestant who wears non-recognized or unofficial competition uniform or protective equipment will not be permitted to enter Field of Play and compete.

11.1 Kyorugi

- KPNP Protector and Scoring System (PSS) including PSS Headgear will be used for the Championships. (KPNP K2)
- Participating contestants are required to wear WT recognized competition uniform and WT recognized protective equipment. The latest version of WT recognized manufacturers' list is available at the website of WT (<https://www.worldtaekwondo.org/wtpartners-wt/recognize.html>)
- The Organizing Committee will provide Protector and Scoring System (PSS) to the participating contestants. Participating contestants are required to bring their own groin guards, mouthpieces, gloves, sensing socks and shin and forearm guards for their personal use.
- Before entering the field of play, all contestants will proceed to the inspection desk for inspection of their competition uniforms and protective equipment. Any contestant who wears unofficial competition uniforms or protective equipment will not be permitted to compete.
- The top has to cover completely the buttocks. However, the bottom of top should be more than 15 cm above the knee cap.
- Instant Video Replay (IVR) System will be used.
- Wireless communication system between center referee and review jury will be used.

11.2 Poomsae

- Participating contestants must wear the WT-recognized Poomsae Competition uniform. Any contestants who do not wear WT-approved Poomsae competition uniform will not be permitted to complete. The latest version WT-recognized manufacturers' list is available at WT (<http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>)
- Breaking (Pine) Board (length 300 mm, width 220 mm, Thickness 9 mm, max. 9 boards per team) will be provided by OC.

12. Media Interview

- 12.1 All athletes should pass through the Mixed Zone as directed by the Media Officer.
- 12.2 Athletes and/or coaches should attend press conference and interview requests for them.

13. Prizes and Commendations

- Medals to the winners of the SEAGF Games shall be presented by the SEAGF President. The President may delegate this privilege to other members of the SEAGF, accompanied by the President of the IF and/or AF concerned (or their deputy), if possible, immediately after the event and where the competition took place in the following manner.
- The competitors who have been judged first, second and third shall take their places, in their sports uniforms, on a stand on the field facing the Tribune of Honour, with the winner slightly above the second who is on their right and the third who is on their left. The flag of the delegates of the winner shall be hoisted on the central flag-pole and those of the second and third on adjoining flagpoles on the right and on the left, as they face the arena. Meanwhile, the abbreviated National Anthem of the winner is played. The three winners/winning teams shall turn towards the flags.
- The medal presentations shall be as per the following order:
 - Gold Medal – to the first-place winner.
 - Silver Medal – to the second-place winner.
 - Bronze Medal – to the third -place winner.
- All medalists must wear their respective NOC official uniform.
- No equipment or accessories may be taken by the athlete to the medal award ceremony or media interview areas, unless it is worn, e.g., shoes and clothing which must be in accordance with the SEAGF commercial guidelines.
- No kind of demonstration or commercial, political, religious or racial propaganda is permitted during the Victory Ceremony of the Games. Any action of such kind will be subject to penalization by the Executive Board EB including disqualification, withdrawal of medals, certificates, accreditation, rankings and the like.
- Any disrespect shown to the Games, Medals, Flags, Mascot or Certificates or any other material by any athlete during the Victory Ceremony or during the Games will be subject to penalization by the EB, including but not limited to disqualification, withdrawal of medals, certificates, accreditation, rankings as decided by the EB.
- Victory, medals and diploma certificates, shall be in strict compliance with the SEAGF Protocol Guidelines. The design and format of the medals and diplomas shall be submitted to the SEAGF for its approval.

14. Victory Ceremonies

The medals may be presented by the board members of the Member-NOCs participating in the particular sport, discipline or event (with priority being given to those with medal winners) and or Guests of Honor of the Federation, and such victory ceremonies, if possible, shall take place immediately after the event at a place where the competition took place and in the following manner:

- The competitors who have been judged first, second and third shall take their places, in their sport attire or NOC designated attire, on a stand facing the Tribune of Honor, with the winner slightly above the second who is on his/her right, and the third who is on his/her left.
- The flag of the country of the winner shall be hoisted on the central flagpole or screen and those of the second and third on adjoining flagpoles or screen on the right and left as they face the arena. Meanwhile, the National Anthem of the country of the winner is played and the competitors and spectators shall face the flags.

15. Medical Code (SEAGF 33)

- The Host NOC and Organizing Committee of the SEA Games will ensure the health of all athletes and other participants during the SEA Games.
- Anti-Doping Rule Violations as defined by the World Anti-Doping Agency (WADA) Code is forbidden.
- All competitors shall be subject, during the Games, to doping control initiated by the Federation at any time or place, carried out in conformity with the WADA Code and its respective International Standards, as elaborated in the SEA Games Anti-Doping Rules.
- Competitors in sports restricted to women must comply with the prescribed tests for disorders of sexual determination when so needed.
- Any competitor refusing to submit to doping control or who is found guilty of any Anti-Doping Rule violation shall be excluded from the SEA Games.
- The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.
- A medal may be withdrawn by order of the Executive Committee or the Council on the recommendation of the Chairperson of the Anti-Doping Committee when an athlete is found guilty of a violation under the SEA Games Anti-Doping Rules and or the WADA Code.
- The Anti-Doping Committee shall manage and implement the doping test programme for the SEA Games to which it was appointed for in accordance with WADA requirements, and implement the SEA Games Anti-Doping Rules and WADA Code.

- The SEA Games Anti-Doping Rules and Regulations shall in no way affect further and or other sanctions by the relevant International Federation, WADA and or any other relevant national, regional, continental, international or world organizations or bodies.
- All competitors and officials are also subject to, and shall comply with the respective anti-gaming and manipulation, and harassment and abuse, and safeguarding rules, regulations, codes and guidelines of the respective Federation Member-NOC, IOC, OCA, SEAGF, the respective IF and or AF of the sport concerned.
 - a) Any competitor or team official refusing to submit thereto or found guilty of any violation or offence thereunder shall be excluded from the SEA GAMES.
 - b) A medal may be withdrawn by order of the Executive Committee or the Council on the recommendation of the Arbitration Panel when an athlete is found guilty of any violation or offence thereunder.”

16. Doping Control

The 33rd SEA Games Thailand 2025 Organizing Committee, shall establish the SEAGF Anti-Doping Committee, which shall, under the guidance of the SEAGF and working with the SEAGF Office, be responsible for the Anti-Doping program for the 33rd SEA Games Thailand 2025. The Anti-Doping program will be run in accordance with the SEAGF Anti-Doping Rules and the WADA International Standard for Testing and Investigation. Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA. Both urine and blood tests will be conducted before and during the competition to ensure compliance.

Athletes requiring the use of a Prohibited Substance or Prohibited Method during the event must apply for a Therapeutic Use Exemption (TUE) through the SEAGF Anti-Doping Committee by the specified deadline (TBC). If an athlete has already been granted a TUE by their National Anti-Doping Organization or International Federation, the SEAGF Anti-Doping Committee will recognize it.

17. Approval of the Technical Handbook

This Technical Handbook was approved by **Asian Taekwondo Union (ATU)** on **2 June 2025**. Any further amendments to the Technical Handbook shall be circulated via e-mail to the NOCs.