

Safety advices for travel to Costa Rica

Named by residents and foreigners as one of the best places to live, which is a great attraction for the thousands of tourists who arrive in the country to enjoy the adventures offered.

- 1. Protect your documents: The paramount rule when traveling to Costa Rica is to have your passport and other documents always with you, because it is the only valid ID in case you need to make any monetary transaction, also for purchase on some tourism places such as: museums, companies, tours, among others that ask for a document of identification at the time of buying the entrance ticket to the site. In case you go to any attraction it is recommended to bring a copy of your passport and keep it in safe in your hotel the original documents.
- 2. Research: One of the most important things to do before you go on a trip is to do an itinerary of the places you are going to visit and try to do as much research as possible about it, from costs to weather. If possible, plan in advance the tour operators or guides you are going to hire to live your adventure to avoid problems and surprises once you are in the activity place.
- 3. Take care of your personal Items: Many criminals take advantage of small moments of carelessness to commit crimes or steal from tourists. So it is always recommended to be aware of your personal items. It is always recommended that you wear your backpack on the front of your body if you carry valuables such as cameras, money or your ID. In addition, if you are going to leave your belongings in a locker, it is recommended a lock for the zipper.
- 4. Respect for nature: Costa Rica is really beautiful and natural, many tourists are attracted to the trails through forests where wild animals live and in case of an accident the consequences can be fatal, it is recommended to visit this type of place with a certified tour guide.
 Do not feed wild animals, do not leave garbage or food waste in natural areas
 - Do not feed wild animals, do not leave garbage or food waste in natural areas and do not try to touch wildlife if the guide does not authorize you. Also keep



in mind that the extraction and commercialization of wildlife is punishable by law.

If you want to visit a beach, lake, river or practice an extreme sport in these places, always do it with professional authorization. In case you want to enjoy our refreshing waters, always look for warning signs or ask the lifeguard for recommendations about where the current is adequate.

- 5. Look for certified services: In our country, tourist activities are governed by the Costa Rican Institute of Tourism (ICT), it is recommended that before renting a vehicle, take a taxi or hire a tour operator be sure that they have certified services(They have the ICT logo). Because in the worst case they could be scammers or thieves that can bring you serious inconveniences.
 Also remember to read the fine print before signing a contract.
- 6. Emergency contact: This could be a family member or friend living in the country you traveled to, or the manager of the hotel where you are staying. In case you are going on an expedition for several hours or even days, always try to let someone know where you will be, a safety phone number, what time you will be leaving and what time you plan to return.
 Also keep in mind that the emergency number in the country is 9-1-1.
- 7. Exchange rate: Find out about the exchange rate of the currency of the country you reside compared to the local currency. Prepare a detailed budget. At the time of making currency exchanges, do it only in banks or places authorized transactions.

When you go out, don't carry all the money you brought for the trip, you can leave a part in the hotel safe and leave only with what is necessary and with an extra amount in case of emergencies.

Try to keep your money in different places, so if you're robbed, you won't lose all the cash you had with you.