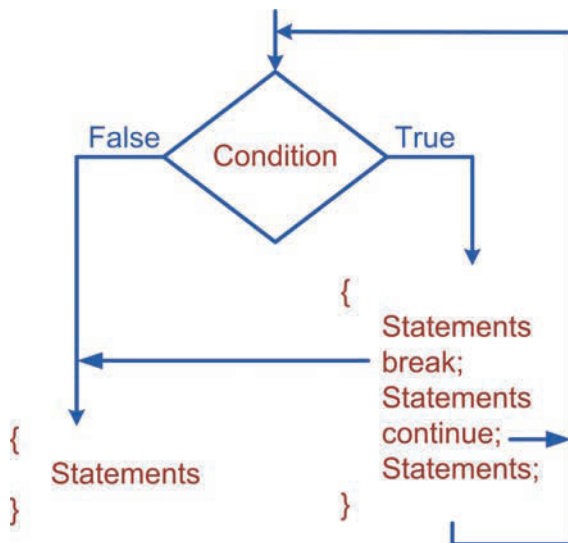## The "break" and "continue" Statements

The **break** statement stops the loop in which it resides. The program continues with the next statement immediately following the loop.

The **continue** statement causes the program to skip the rest of the loop in the current iteration. The program continues with the start of the following iteration.

The following program demonstrates the break and continue statements. The continue statement causes the program skip printing 5, and the break statement causes the program to break the loop when the counter is 10.

```cpp
#include <iostream>
using namespace std;

int main()
{
   for(int counter=1; counter<100; counter++)
   {
      if (counter == 5)
         continue;              //skip 5
      if (counter == 10)
         break;                 //stop the looping process
      cout<<counter<<" ";
   }
   system("pause");
   return 0;
}
```

1 2 3 4 6 7 8 9 Press any key to continue . . .