# Meal Planner

# **Application Overview**

Families struggle with trying to eat meals at home, to resist the temptation to eat out or order take-out. One of the major hurdles that keep families from eating meals at home is the process of Meal Planning. A family that can plan their meals for the upcoming week, can be better prepared for grocery shopping, and enjoy more home-cooked meals, thus promoting healthy eating and family bonding around the dinner table.

This application will help create a meal plan for the week and generate a shopping list to take to the grocery store. It could help a couple spend more time cooking together, less time eating out, or help someone trying to get healthy or lose weight plan a healthy friendly meal plan. Add your favorite meals and recipes, let the application plan the rest.

# Users

User Type	Description
Everyone	<ul> <li>Anyone who eats dinner and/or shops for ingredients.</li> <li>People who are focused on trying to shop smarter and better (less impulse, less waste).</li> <li>Parents who want to offer family-approved dinners that everyone in the family will eat.</li> <li>People who want to eat better and healthier.</li> <li>People who want to try new recipes.</li> </ul>

# Minimum Viable Product

The following User Stories are the functionality required to build the "Minimum Viable Product".

All must be completed in order for the project to be successfully completed.

#### **Create User**

As a new user I can create an account so that I can start adding recipes and creating meal plans.

### Log In

As a user of the meal planning application, I can "log in" so that I access my account data.

# Add a Recipe to Library

I can add a recipe to my library of recipes so that it can be added to my meal plans. A recipe consists of a list of ingredients and preparation instructions.

# **View My Recipes**

I can view a list of recipes I previously saved so that I can find one in order to edit or view it.

# **View Recipe Details**

I can view a recipe while I'm cooking so that it's easier to prepare it correctly.

# **Modify a Recipe**

I can update a recipe I saved previously in case I made a mistake, decided to change or add an ingredient, or have found a better technique that I want to add to the preparation instructions.

#### **Create Meal Plan**

I can create a new meal plan so that I can add meals to it.

# **View My Meal Plans**

I can view a list of meal plans I previously saved so that I can find one in order to edit or view it.

#### **View Meal Plan Details**

I can view a meal plan in order to decide whether I want to use it this week.

# **Modify a Meal Plan**

I can update a meal plan I saved previously in case I made a mistake or decided to change or add a meal.

#### **Add Meal to Plan**

I can add a meal to a meal plan. A "meal" is made up of one or more recipes chosen from my library of saved recipes. For instance, a main dish and a couple side dishes.

### **Grocery List**

I can view and print a grocery shopping list of all ingredients required for the meals in a meal plan so that it is easy for me to buy what I need and I don't forget anything.

# Optional Features

The following User Stories are ideas for optional features that can be added to the application after all MVP functionality is complete.

# **Share Recipes**

I can share my recipes with other users and add recipes shared by others to my library.

# **Print a Recipe**

I can print a recipe so that I have a hard copy at hand while cooking if I don't have access to the meal planner application in the kitchen.

#### **Print a Meal Plan**

I can print a meal plan so that I can stick it on the refrigerator as a reminder for my family and I of what we're going to be eating this week.

# **Search for Recipes by Ingredient**

I can search for recipes that contain a certain ingredient in case I have a taste for something in particular, a particular ingredient is in season, or I have something in the pantry that I want to use.

# **Search for Recipes by Category**

I can search for recipes that are in a particular category such as "healthy" if I'm trying to improve my eating habits or "special occasion" if I'm planning a special meal.

#### **Add Random Meals to Plan**

I can choose to let the system add one or more randomly selected meals to my meal plan so that I don't need to spend too much effort planning what to eat.