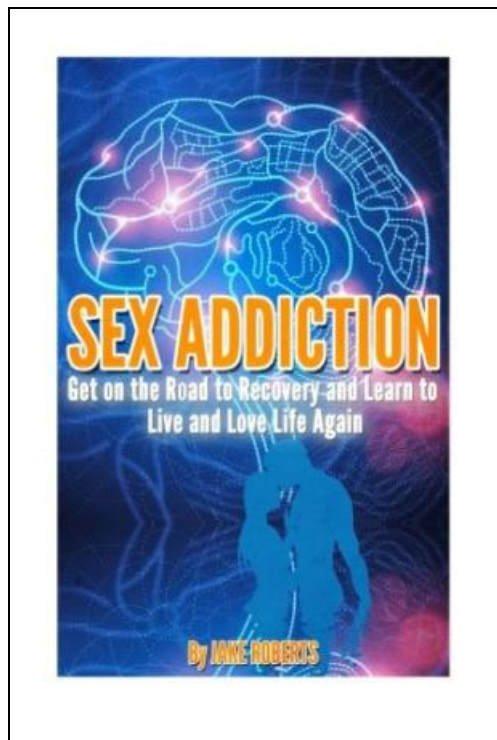


Sex Addiction: Get on the Road to Recovery and Learn to Live and Love Life Again (Paperback)



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Reviews

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SEX ADDICTION: GET ON THE ROAD TO RECOVERY AND LEARN TO LIVE AND LOVE LIFE AGAIN (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English. Brand new Book. Sex Addiction Get on the Road to Recovery and Learn to Live and Love Life Again The book, Sex Addiction: Get on the Road to Recovery and Learn to Live and Love Life Again, is about getting free from the bondage of sex addiction. You will discover the common signs and symptoms of sex addiction, what causes it and the devastating effects this compulsive behavior brings on a person's life and relationships. You will also discover steps on how to overcome this addiction and how to avoid relapse while you are on your recovery program. The book focuses on important aspects such as key behaviors in addressing this addiction. Honesty is the most vital element to recovery from sex addiction. Recognizing that you have a problem and that you need help is the first step in your journey to freedom. Sex addiction is a weakness - and being truthful about your weakness will open doors for you to bring change into your life. Receiving love and support from people who love you will help you overcome and mature. -Sex addiction is a real problem but there is a solution to this dilemma. It is not the end of the world when you discover that you have sex addiction. For sex addicts, there is still hope: to enjoy life and meaningful relationships, to have a healthy attitude towards sex, to grow mature and stable emotionally, mentally and intimately. The book also features a picture of what a healthy, intimate relationship will look like after recovery from sex addiction. It can be a full life of freedom - no more secret activities, no more secret thoughts, no more secret desires. You can enjoy emotional and physical sensations...



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