



Microsoft

prakerja



TALENTA AI  
INDONESIA



skilvul

# Mindsy

Safe Indonesian AI for mental health journey.

#AIWellbeing #ForYourMentalHealthJourney

Developed by Talenta AI - 12

# The Team



Ibnu  
AI



Kevin  
AI



Fathia  
AI



Arinda  
AI



Satrio  
AI



Alyani  
Data



Daffa  
Data



Abyan  
Data



Khairul  
Data

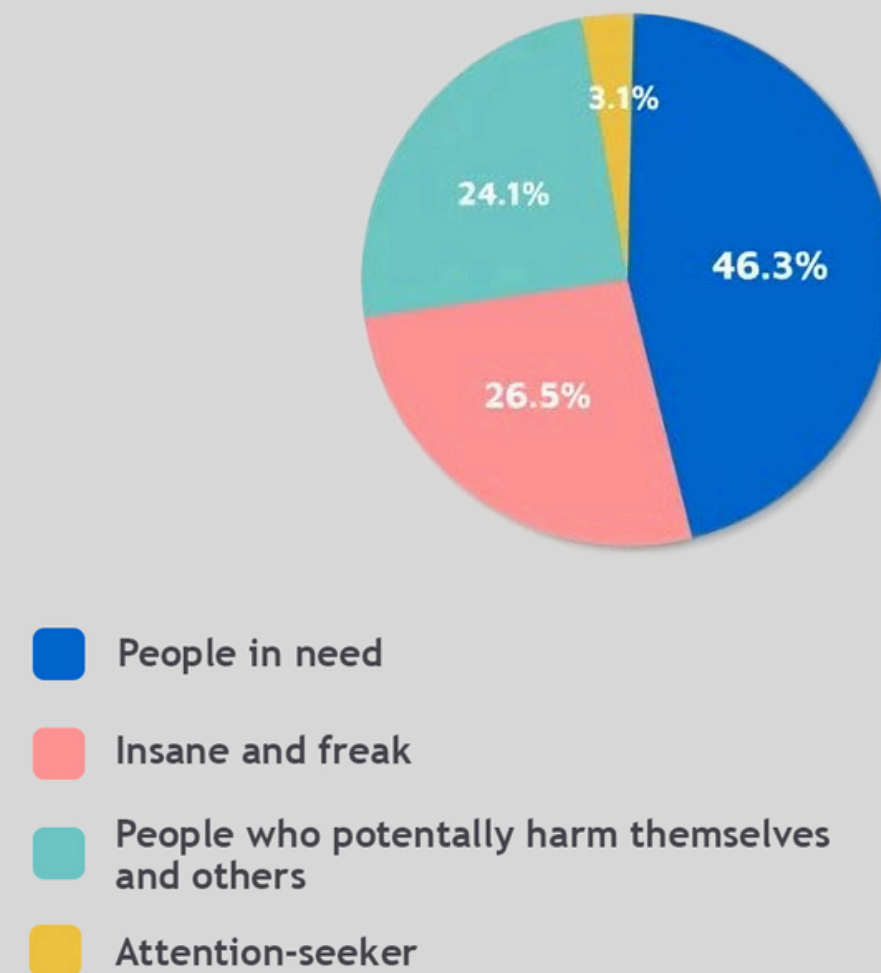


Alpian  
Data

# Problem

- **Negative stigma** surrounding mental health in Indonesia
- Only **half of respondents** thought they really need help
- Ineffective **self-solutions**

Stigma about mental health



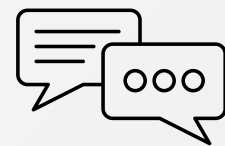
[Link source](#)



# Solutions



Building a **Chatbot Application**



Utilizing **Artificial Intelligence**



Raises awareness of feelings, **not medical advice**



# Targetted User

Mental Health  
Awareness Seekers



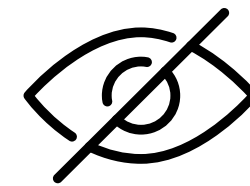
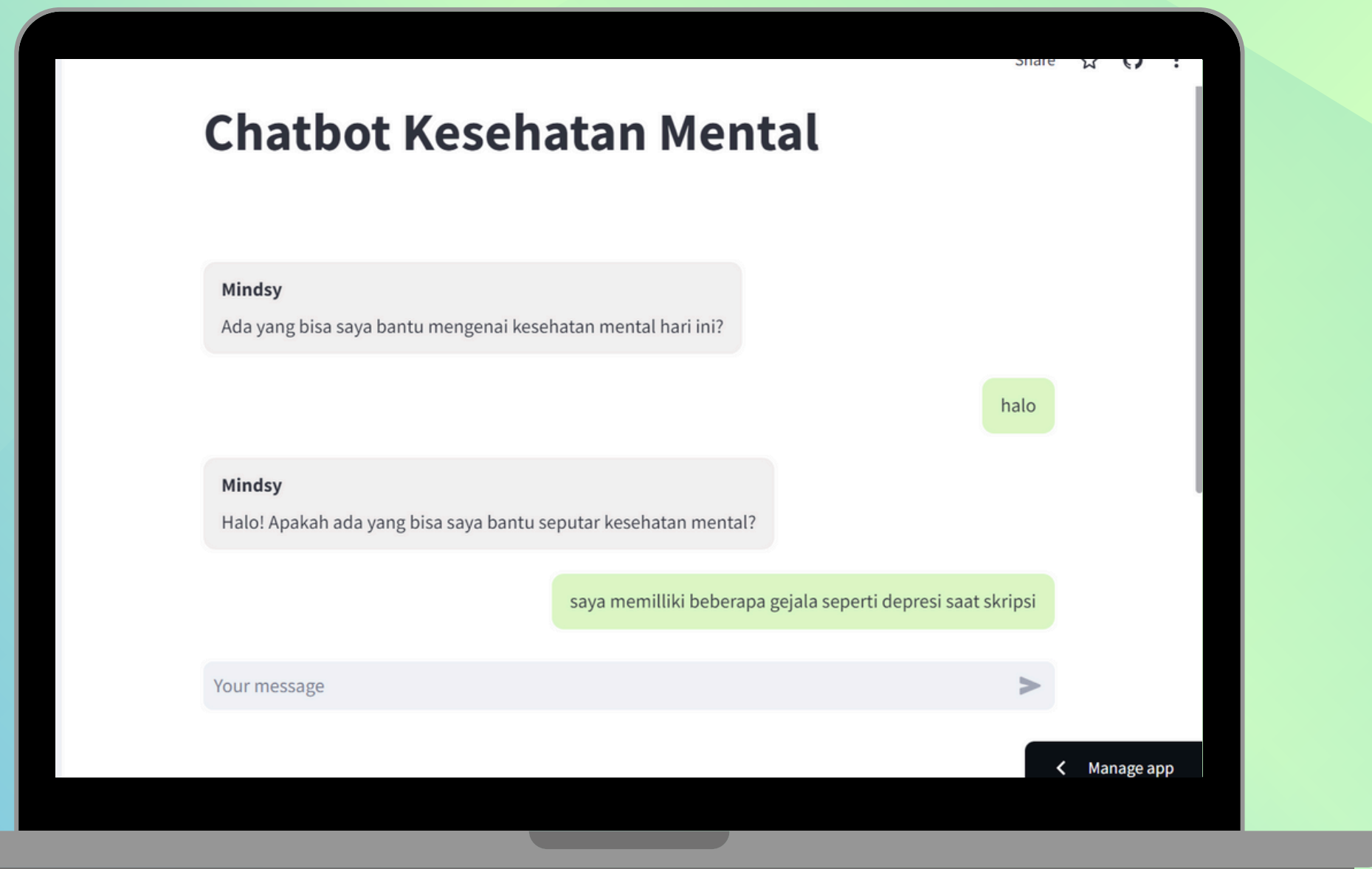
Psychologist /  
Psychiatrist



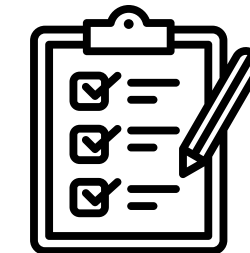
Self-Help  
Focused Users



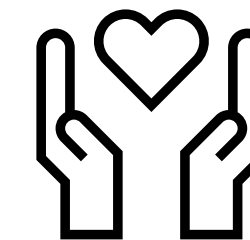
# Unique Value Proposition



**Anonymous** mental health **consultation**, Judgment-Free platform.



**Personalized AI responses** tailored to user input.



**Friendly AI interactions**, fostering a supportive and empathetic experience.

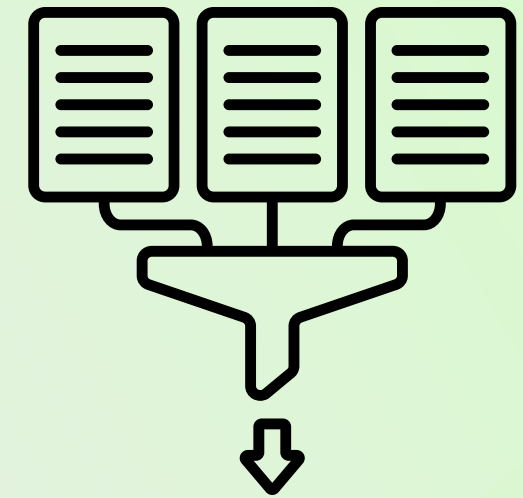
# User Flow



Explore well-being, not diagnose



Friendly AI companion



AI checks for mental  
health areas

# Microsoft Services Used



Microsoft Power BI



Microsoft Azure OpenAI





# Demo

# PowerBI Dashboard

## Indonesian Mental Health in Data

Mental illness: estimated cases

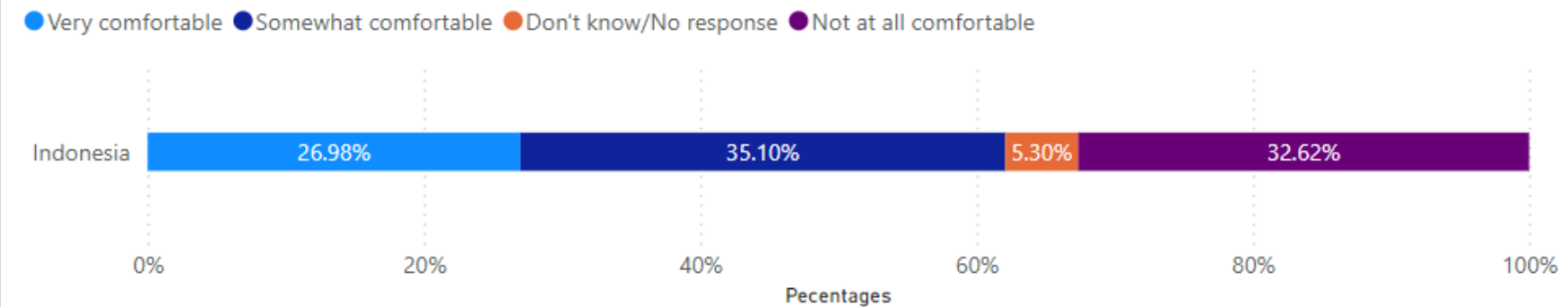
Country	Anxiety disorders	Depressive disorders	Schizophrenia	Bipolar disorder	Eating disorders
Indonesia	12,389,897	8,347,347	888.19	950.29	410.25



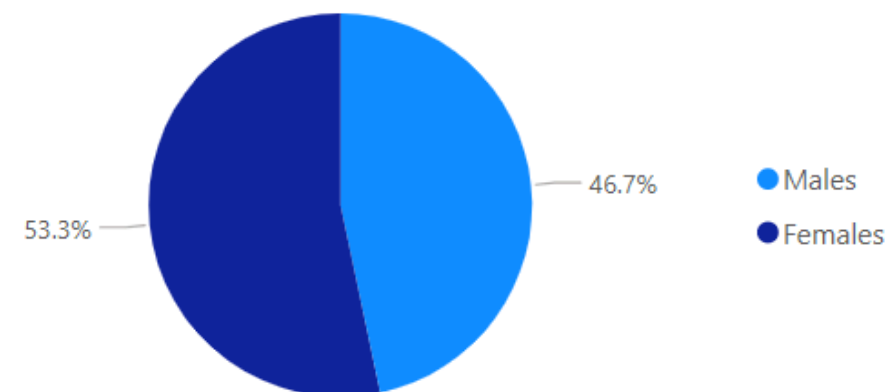
Psychiatrists working in mental health sector (per 100.000)

0.30

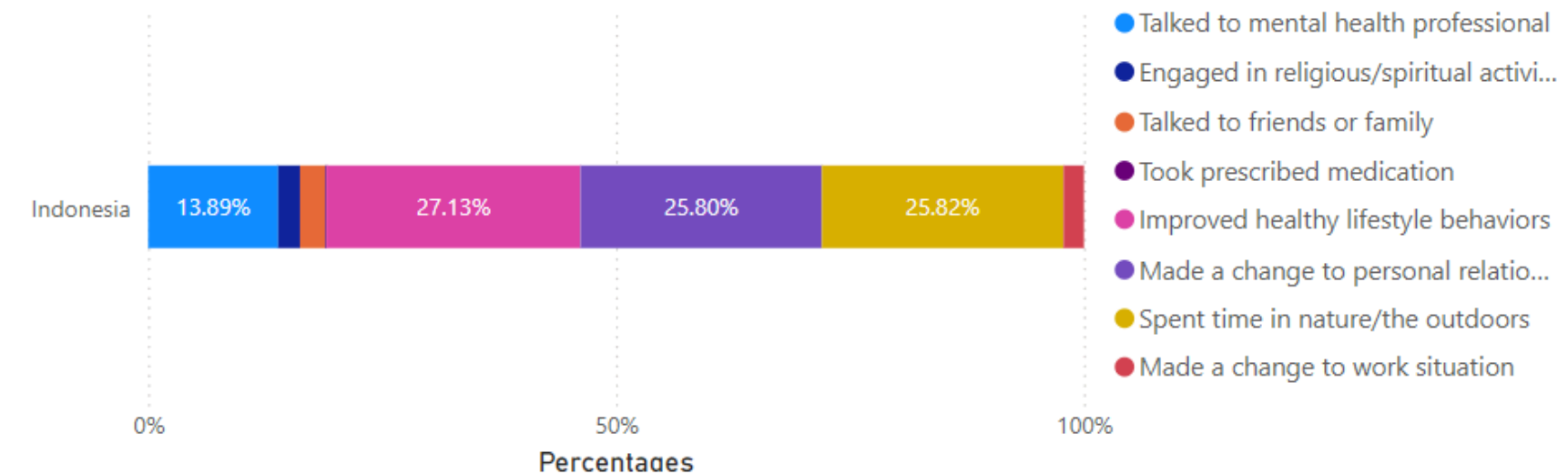
Perceived comfort speaking about anxiety or depression



Prevalence of mental health disorders in males vs. females



How do people deal with anxiety or depression?

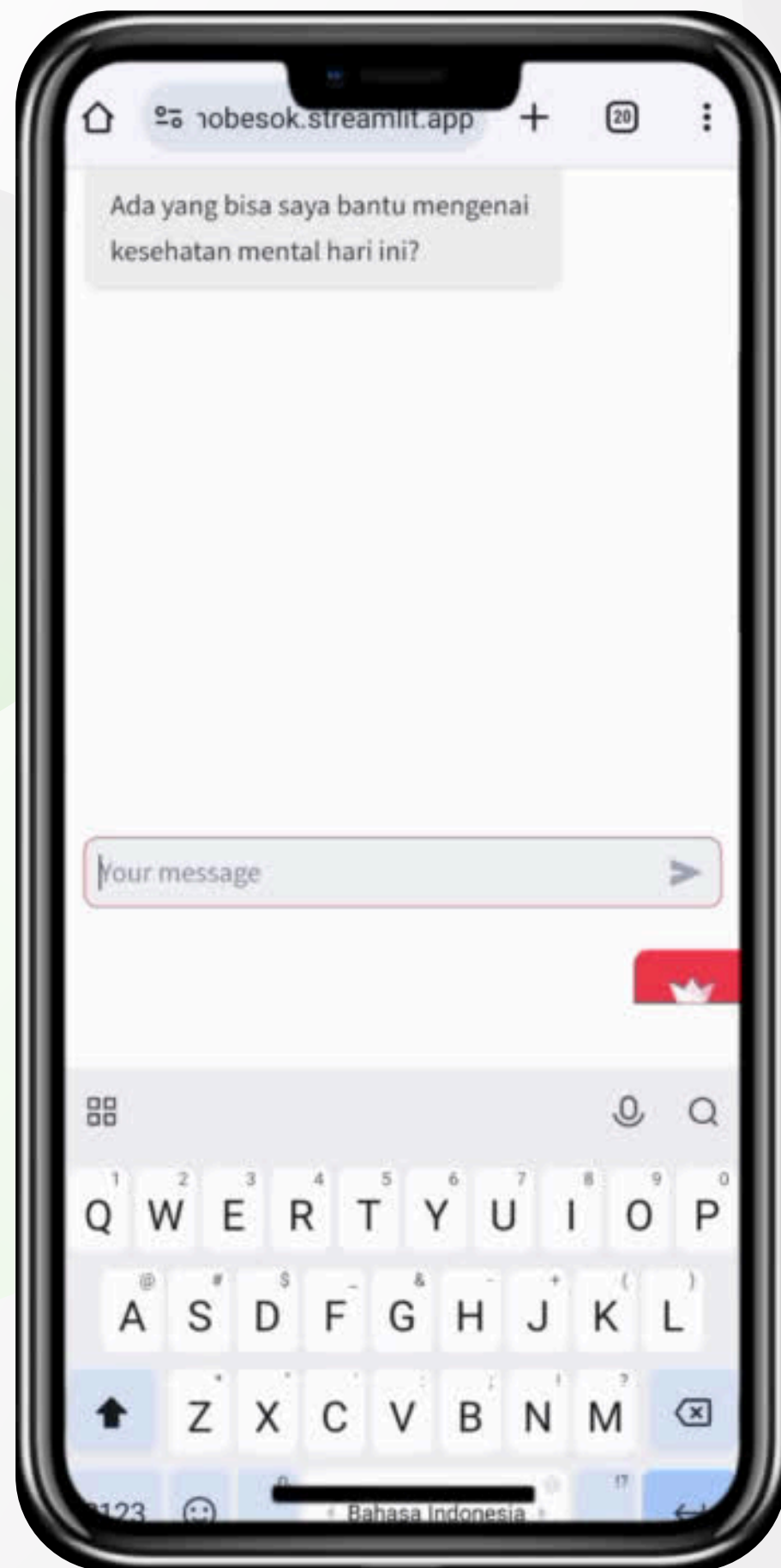


References:

- Saloni Dattani, Lucas Rodés-Guirao, Hannah Ritchie and Max Roser (2023) - "Mental Health" Published online at OurWorldInData.org. Retrieved from: 'https://ourworldindata.org/mental-health' [Online Resource]
- Organization for Economic Co-operation and Development (OECD). (2020). Psychiatrists per 100,000 population (database). OECD iLibrary. (Note: Asia Pacific Countries - Mental Health Workforce)

Dashboard can be accessed in [here](#)

# Demo App



# Next Action



Validate the Problem and Target Users



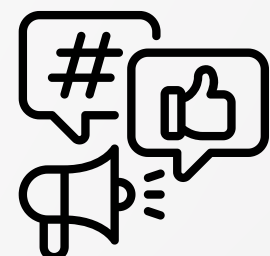
Future Database and AI Improvement



Set Clear Boundaries for When to Seek Further Assistance



Partner with Mental Health Organizations and Psychologist or Psychiatrist



Localize Marketing Efforts

# Thank You

Developed by Talenta AI - 12

