



Real Pilates Teacher Training

CODE OF ETHICAL PRACTICE

This code provides Real Pilates employees, staff, trainees, graduates and other team members with a set of guidelines designed to protect the rights, dignity and safety of all clients, staff and the public.

Definition of “Ethic(s)”: “moral principle; code of behavior; moral philosophy”.

I WILL ENSURE QUALITY OF SERVICE TO ALL CLIENTS.

1. I will approach my work in a competent, caring and responsible manner at all times.
2. I will maintain the highest standard of professional conduct and duty of care.
3. I will make best efforts to keep up to date with current research and its implication for my work with each client.
4. I will adopt best-practice approaches to my work, in line with current research literature and industry-wide best practices.
5. I will engage in ongoing professional education at least on an annual basis, or as required by any professional bodies of which I am a member.
6. I will respect clients’ right to confidentiality in verbal matters and with regard to confidential personal and medical information that may be disclosed to me as part of the client/instructor relationship.

I WILL WORK WITHIN THE SCOPE OF MY PRACTICE AND WITHIN MY LIMITATIONS.

I will work within my scope of practice as defined by government guidelines and any professional body of which I am a member.

1. I will refer clients to other allied health or medical professionals where appropriate.
2. I will take responsibility for maintaining my physical, mental and emotional wellbeing and, if I cannot function adequately, to refrain from working and seek professional help where necessary.

I WILL RESPECT THE RIGHTS, DIGNITY AND WORTH OF EACH CLIENT.

1. I will demonstrate appropriate cultural sensitivity in person, online or elsewhere.
2. I will treat everyone equally regardless of sex, ethnic origin or religion.
3. I will not exploit my relationship with a client, co-worker or professional colleague in any way.

I WILL MODEL RESPECT TO MY COLLEAGUES AND MY PROFESSION.

1. I will not denigrate my colleagues or other health professionals in person, online or elsewhere.
2. I will treat other professionals with dignity and respect regardless of training, methodology, style, sex, ethnic origin or religion. I will never engage in hate speech, bullying or cyberbullying, or any other defamatory, offensive or derogatory content.
3. I will ensure that my marketing and promotional materials do not mislead clients and consumers.
4. I will adhere to the laws of the United States regarding discrimination, slander, and defamation in all public communications
5. I will inform Real Pilates by way of formal complaint, if I know of anyone who has breached any of the above code.

