Un sitio web oficial del gobierno de los Estados Unidos. <u>Así es como lo sabes</u>

Institutos Nacionales de Salud / Biblioteca Nacional de Medicina



 $\underline{\text{Inicio}} \rightarrow \underline{\text{Medicamentos}}, \underline{\text{hierbas y suplementos}} \rightarrow \underline{\text{Leflunomida}}$

URL de esta página: https://medlineplus.gov/druginfo/meds/a600032.html

Leflunomida

pronunciado como (le floo' na mide)

ADVERTENCIA IMPORTANTE:

No tome leflunomida si está embarazada o planea quedar embarazada. La leflunomida puede dañar al feto. No debe comenzar a tomar leflunomida hasta que se haya realizado una prueba de embarazo con resultados negativos y su médico le diga que no está embarazada. Debe utilizar un método anticonceptivo eficaz antes de comenzar a tomar leflunomida, durante su tratamiento con leflunomida y durante 2 años después del tratamiento. Si su período se retrasa o no tiene un período durante el tratamiento con leflunomida, llame a su médico de inmediato. Hable con su médico si planea quedar embarazada dentro de los 2 años posteriores a la interrupción del tratamiento con leflunomida. Su médico puede recetarle un tratamiento que ayudará a eliminar este medicamento más rápidamente de su cuerpo.

La leflunomida puede causar daño hepático que puede poner en riesgo la vida e incluso causar la muerte. El riesgo de daño hepático es mayor en personas que toman otros medicamentos que se sabe que causan daño hepático y en personas que ya padecen enfermedad hepática. Informe a su médico si tiene o ha tenido hepatitis o cualquier otro tipo de enfermedad hepática y si bebe o ha bebido grandes cantidades de alcohol. Informe a su médico y farmacéutico si está tomando acetaminofeno (Tylenol, en otros productos de venta libre), aspirina y otros medicamentos antiinflamatorios no esteroides (AINE como ibuprofeno [Advil, Motrin] y naproxeno [Aleve, Naprosyn], medicamentos para reducir el colesterol (estatinas), hidroxicloroquina, productos con hierro, isoniazida (Laniazid, en Rifamate, en Rifater), metotrexato (Trexall), niacina (ácido nicotínico) o rifampicina (Rifadin, Rimactane, en Rifamate, en Rifater). Si experimenta alguno de los siguientes síntomas, llame a su médico de inmediato: náuseas, cansancio extremo, sangrado o moretones inusuales, falta de energía, pérdida de apetito, dolor en la parte superior derecha del estómago, coloración amarillenta de la piel o los ojos, orina de color oscuro o síntomas similares a los de la gripe.

No falte a ninguna cita con su médico ni con el laboratorio. Su médico le solicitará que se haga determinadas pruebas para comprobar la respuesta de su organismo a la leflunomida.

Hable con su médico sobre los riesgos de tomar leflunomida.

¿Por qué se prescribe este medicamento?

Leflunomide is used alone or in combination with other medications to treat rheumatoid arthritis (a condition in which the body attacks its own joints, causing pain, swelling, and loss of function). Leflunomide is in a class of medications called disease-modifying antirheumatic drugs (DMARDs). It works by decreasing inflammation and slowing the progress of the condition, which can help improve the physical activity of people with rheumatoid arthritis.

How should this medicine be used?

Leflunomide comes as a tablet to take by mouth. It is usually taken once a day. Your doctor may tell you to take a larger dose of leflunomide for the first 3 days of treatment. Follow the directions on your prescription label carefully, and ask your doctor or pharmacist to explain any part you do not understand. Take leflunomide exactly as directed. Do not take more or less of it or take it more often than prescribed by your doctor.

Your doctor may need to decrease your dose or stop treatment if you experience certain severe side effects. Be sure to tell your doctor how you are feeling during your treatment.

Leflunomide may help control the symptoms of your rheumatoid arthritis but does not cure it. Continue to take leflunomide even if you feel well. Do not stop taking leflunomide without talking to your doctor.

Other uses for this medicine

This medication may be prescribed for other uses; ask your doctor or pharmacist for more information.

What special precautions should I follow?

Before taking leflunomide,

- tell your doctor and pharmacist if you are allergic to leflunomide, teriflunomide (Aubagio), any other
 medications, or any of the ingredients in leflunomide tablets. Ask your pharmacist for a list of the
 ingredients.
- Some medications should not be taken with leflunomide. Other medications may cause dosing changes or extra monitoring when taken with leflunomide. Make sure you have discussed any medications you are currently taking or plan to take before starting leflunomide with your doctor and pharmacist. Before starting, stopping, or changing any medications while taking leflunomide, please get the advice of your doctor or pharmacist.
- The following nonprescription product may interact with leflunomide: cimetidine (Tagamet). Be sure to let your doctor and pharmacist know that you are taking this medication before you start taking leflunomide. Do not start any of these medications while taking leflunomide without discussing with your healthcare provider.
- tell your doctor if you have or have ever had serious infections or if you frequently get infections, cancer or other conditions affecting the bone marrow or the immune system (including human immunodeficiency virus [HIV] and acquired immunodeficiency syndrome [AIDS]), diabetes, or kidney disease.
- tell your doctor if you are breastfeeding. Do not breastfeed while you are taking leflunomide.

- if you are planning to father a child, you should talk to your doctor about stopping leflunomide and receiving a treatment to help to remove this medication from your body more quickly.
- ask your doctor about the safe use of alcoholic beverages while you are taking leflunomide.
- Taking leflunomide may decrease your ability to fight infection. Tell your doctor if you have an infection now or if you have any signs of infection such as fever, cough, or flu-like symptoms. If you experience any of the following symptoms during your treatment with leflunomide, call your doctor: fever; sore throat; cough; flu-like symptoms; area of warm, red, swollen, or painful skin; painful, difficult, or frequent urination; or other signs of infection. Your treatment with leflunomide may need to be interrupted if you have an infection.
- You may already be infected with tuberculosis (TB; a serious lung infection) but not have any symptoms of the disease. In this case, leflunomide may make your infection more serious and cause you to develop symptoms. Tell your doctor if you have or have ever had TB, if you have lived in or visited a country where TB is common, or if you have been around someone who has or has ever had TB. Before you begin your treatment with leflunomide, your doctor will perform a skin test to see if you have TB. If you do have TB, your doctor will treat this infection with antibiotics before you begin taking leflunomide.
- · do not have any vaccinations without talking to your doctor.
- you should know that leflunomide may cause high blood pressure. You should have your blood pressure checked before starting treatment and regularly while you are taking this medication.

What should I do if I forget a dose?

Take the missed dose as soon as you remember it. However, if it is almost time for your next dose, skip the missed dose and continue your regular dosing schedule. Do not take a double dose to make up for a missed one.

What side effects can this medication cause?

Leflunomide may cause side effects. Tell your doctor if any of these symptoms are severe or do not go away:

- diarrhea
- vomiting
- heartburn
- headache
- dizziness
- weight loss
- back pain
- muscle pain or weakness
- · pain, burning, numbness, or tingling in the hands or feet
- hair loss
- leg cramps
- dry skin

Some side effects can be serious. If you experience any of the following symptoms or those listed in the IMPORTANT WARNING or SPECIAL PRECAUTIONS section, call your doctor immediately or get emergency medical treatment:

- · rash with or without a fever
- hives
- blisters or peeling of skin
- · mouth sores
- itching
- · difficulty breathing
- · new or worsening cough
- · chest pain
- pale skin

Receiving medications which suppress the immune system may increase the risk of developing certain types of cancer. An increase in cancers was not reported in clinical studies with leflunomide to date. Talk to your doctor about the risks of receiving leflunomide.

Leflunomide may cause other side effects. Call your doctor if you have any unusual problems while taking this medication.

If you experience a serious side effect, you or your doctor may send a report to the Food and Drug Administration's (FDA) MedWatch Adverse Event Reporting program online (https://www.fda.gov/Safety/MedWatch [https://www.fda.gov/Safety/MedWatch]) or by phone (1-800-332-1088).

What should I know about storage and disposal of this medication?

Keep this medication in the container it came in, tightly closed, and out of reach of children. Store it at room temperature and away from excess heat and moisture (not in the bathroom) and light.

Unneeded medications should be disposed of in special ways to ensure that pets, children, and other people cannot consume them. However, you should not flush this medication down the toilet. Instead, the best way to dispose of your medication is through a medicine take-back program. Talk to your pharmacist or contact your local garbage/recycling department to learn about take-back programs in your community. See the FDA's Safe Disposal of Medicines website (https://goo.gl/c4Rm4p [https://goo.gl/c4Rm4p]) for more information if you do not have access to a take-back program.

It is important to keep all medication out of sight and reach of children as many containers (such as weekly pill minders and those for eye drops, creams, patches, and inhalers) are not child-resistant and young children can open them easily. To protect young children from poisoning, always lock safety caps and immediately place the medication in a safe location – one that is up and away and out of their sight and reach. https://www.upandaway.org [https://www.upandaway.org]

In case of emergency/overdose

In case of overdose, call the poison control helpline at 1-800-222-1222. Information is also available online at https://www.poisonhelp.org/help [https://www.poisonhelp.org/help] . If the victim has collapsed, had a seizure, has trouble breathing, or can't be awakened, immediately call emergency services at 911.

Symptoms of overdose may include the following:

- diarrhea
- · stomach pain
- · extreme tiredness
- weakness
- pale skin
- · fast heartbeat
- · shortness of breath

What other information should I know?

Do not let anyone else take your medication. Ask your pharmacist any questions you have about refilling your prescription.

It is important for you to keep a written list of all of the prescription and nonprescription (over-the-counter) medicines you are taking, as well as any products such as vitamins, minerals, or other dietary supplements. You should bring this list with you each time you visit a doctor or if you are admitted to a hospital. It is also important information to carry with you in case of emergencies.

Brand names

Arava[®]

Last Revised - 06/20/2024

Learn how to cite this page



American Society of Health-System Pharmacists, Inc. Disclaimer

Información sobre medicamentos para pacientes de AHFS® . © Copyright, 2024. The American Society of Health-System Pharmacists® , 4500 East-West Highway, Suite 900, Bethesda, Maryland. Todos los derechos reservados. La duplicación para uso comercial debe contar con la autorización de ASHP.

Biblioteca Nacional de Medicina 8600 Rockville Pike, Bethesda, Maryland 20894

Departamento de Salud y Servicios Humanos de los Estados Unidos Institutos Nacionales de Salud