Principal Financial Group

Principal Life Insurance Company

Health Statement - WA

Account number

Instructions for completing this form

1. The Employee Information section should always be completed with the information about the employee (do not include dependent or spouse information here).
2. The employee must ALWAYS sign the last page of this form.
3. When VTL is being requested for a spouse in addition to the employee, please follow the steps below:
   a. If a health statement is needed for each person, a separate page 2 must be completed for the employee and the spouse.
   b. The employee height/weight should be completed on page 2 for the employee and the spouse height/weight should be completed on page 2 for the spouse.
   c. A spouse signature must be included on page 3 of the form.

Employee Information: After completed make a copy of Page 1, Page 2 and Page 3 for your records.

Your name (last, first, middle initial) | Home phone number | Social security number

Home address (street)

City | State | ZIP code

Date of birth | Company name

Notice of Information Practices for Life and Disability Coverages

In order to properly underwrite and consider your request for coverage, we must collect information to determine if you (and your dependents if also requesting dependent coverage) qualify for insurance with Principal Life Insurance Company. We will do this by having you complete this Health Statement. In addition, we may contact sources besides yourself for personal data about any proposed insured, including (a) spouse, (b) employer, (c) medical professionals or institutions, and (d) insurance companies to which you may have applied for insurance in the past. The personal data may include age, medical history, job, income, habits and other personal characteristic information. We may also ask that medical exams or other tests be completed.

We will keep your data confidential. Only employees performing business transactions regarding your coverage will see your data. In certain circumstances, we may provide data to (a) government agencies, (b) attending physicians, (c) insurance organizations without identification, and (d) the employer, if applicable, for the purpose of reporting claims experience or conducting audits.

You or your dependents, if applicable, have certain rights in connection with this request for coverage. Those rights are:

1. to find out what personal information is contained in Principal Life Insurance Company files (medical information may be disclosed only to your attending physician).
2. to correct or amend information in Principal Life Insurance Company files.

Upon written request, Principal Life Insurance Company will furnish to you (or your dependent) information concerning:

1. the nature and scope of personal data in our records;
2. the types of disclosures which may be made; and
3. rights of access to the information collected and how such information may be corrected or amended.

We will respond to such written request within 30 days from the date of receipt.

For further information about your file or rights, you may contact: Group Operations, Medical Underwriting, Principal Life Insurance Company, Des Moines, IA 50392-0432.

Health Information for All Coverages Being Applied for 120

To prevent delays give full details to "yes" answers for everyone electing coverage. If more space is needed, attach a separate page giving full details. Sign and date all pages. All statements and descriptions on this form shall be deemed to be representations and not warranties.

Employee's height ____ ft. _____ in. weight _____ lbs. Spouse's height ____ ft. _____ in. weight _____ lbs.

1. ☐ yes ☐ no Is anyone planning or scheduled for hospitalization, surgery, medical treatment, therapy, counseling, medical tests or examinations or taking any medicine or is anyone pregnant (due date _____ any complications _____ C-Section date _____ Multiple births? ☐ yes ☐ no)

2. ☐ yes ☐ no In the past five years, has anyone had surgery, been hospitalized or consulted with a doctor, had blood or other diagnostic tests (other than for HIV antibody), or been advised to receive medical treatment OR been diagnosed or received treatment for any of the following conditions or disorders? (Check ALL that apply.) If a condition is not noted, please list it.

☐ cancer ☐ alcohol/drug use ☐ arthritis/bone/joint/muscle ☐ skin/eye/ear/nose/throat
☐ tumor ☐ high cholesterol ☐ allergy/asthma/respiratory ☐ kidney/bladder/urinary
☐ infertility ☐ heart/circulatory ☐ digestive/intestinal/eating ☐ stroke/neurological/nervous system
☐ liver/hepatitis ☐ mental/nervous ☐ high blood pressure – last reading and date _____ / _____
☐ diabetes – last HbA1c reading and date _____ / _____ ☐ organ or other transplants
☐ Acquired Immune Deficiency Syndrome (AIDS)/infection with HIV (Human Immunodeficiency Virus)/other immune disorder
☐ other – including other meds _____

Name | Date diagnosed/treated | Length of illness or condition

Diagnosis of illness or condition | Type of treatment

Any current symptoms or problems

Names of all medications

Names and addresses of doctors, hospitals or other providers

Name | Date diagnosed/treated | Length of illness or condition

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Diagnosis of illness or condition | Type of treatment

Any current symptoms or problems

Names of all medications

Names and addresses of doctors, hospitals or other providers

Authorization, Acknowledgment, and Signatures

- I represent information, statements, and answers on this form, and any attachments, are complete and true to the best of my knowledge. They are a part of this request for coverage under the group policies. I agree Principal Life Insurance Company is not liable for anyone's claim which happens or begins before the effective date of coverage or approval of any life and disability coverage.
- I have read, or had read to me, the questions and responses and realize any false statements, omissions or material misrepresentation regarding age or health information could cause life and disability coverages, if issued, to be cancelled as never effective.
- It is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines, and denial of insurance benefits.
- If approved for life and disability coverages, all policy provisions will apply including, but not limited to, preexisting conditions restriction, the Actively at Work and Period of Limited Activity provisions.
- I understand an insurance producer cannot change or waive any rates, benefits, or provisions of any policy, if issued, without the written approval of an officer of Principal Life Insurance Company.
- For life and disability coverages, I authorize any doctor, health care provider, hospital, clinic or medically related facility, insurance company, consumer reporting agency or employer, that has any personal information, including physical, mental, drug or alcohol use history, regarding me or any dependent, to give to Principal Life Insurance Company, its insurance producers and employees performing business transactions, any such data.
- I authorize Principal Life Insurance Company to release any such data as required by law. When signed in connection with any application for, reinstatement of, or request for change in benefits, this form shall be valid for two years after the date shown below. I understand I may revoke this authorization for information not then obtained. A photocopy of this form shall be as valid as the original.
- I understand the data obtained by use of this authorization will be used by Principal Life Insurance Company for claims administration and to determine eligibility for life and disability coverage. This information will not be used for any purposes prohibited by law.

Employee's signature	Date signed
Spouse's signature*	Date signed

*Spouse signature only required if Voluntary Term Life coverage is elected.