

Power:

The rate at which work is done or energy is transferred.

$$\rightarrow \text{Formula: } P = \frac{W}{t}$$

• measured in Watts ✓

$$\bullet \text{Power can also be expressed as } P = F \cdot V$$

Examples:

- ① A block of mass $M=5\text{kg}$ is released from rest at height $h=20\text{m}$. Calculate speed of the block just before it hits the ground

Given:
Mass: 5 kg
height: 20 m
 $g=9.81 \text{ m/s}^2$

Unknowns:
 $V_f=?$

Solution:

- ① calculate initial potential energy:

$$\begin{aligned} PE &= mgh \\ &= 5 \times 20 \times 9.81 \\ &= 981 \text{ J} \end{aligned}$$

$$PE = KE$$

- ② Due to conservation of energy all $PE \rightarrow KE$
therefore at final point $PE = KE$

$$\begin{cases} PE = 981 \text{ J} \\ KE = \frac{1}{2} mv^2 \end{cases}$$



$$\begin{aligned} 981 &= \frac{1}{2} mv^2 \\ 981 &= \frac{1}{2} \times 5 \times v^2 \\ v &= 19.8 \text{ m/s} \end{aligned}$$

$$\begin{aligned} 981 &= \frac{1}{2} m v^2 \\ 981 &= \frac{1}{2} (5) v^2 \\ 981 &= \frac{5}{2} v^2 \end{aligned}$$

- ② A car of mass $M=1000\text{kg}$ accelerates from rest to a speed of $v=25\text{m/s}$. Calculate the work done on the car.

Given:
 $M=1000\text{kg}$
 $V_i=0\text{m/s}$
 $V_f=25\text{m/s}$

Unknowns:
 $W=?$

Solution:

- ① Find $(KE_f)_{\text{only}}$ (KE_i)

$$\begin{cases} KE_i = \frac{1}{2} M V_i^2 \\ = 0 \end{cases}$$

$$W = \Delta KE$$

$$KE_f - KE_i$$

$$\begin{aligned} KE_f &= \frac{1}{2} M V_f^2 \\ &= \frac{1}{2} (1000)(25)^2 \\ &= 62500 \text{ J} \end{aligned}$$

- ② $W = \Delta KE$

$$\begin{cases} = KE_f - KE_i \\ = 62500 - 0 \\ = 62500 \text{ J} \end{cases}$$

- ③ A 10kg block slides down a 30° incline that is 5m long. The coefficient of kinetic friction between the block and the incline is 0.2. Calculate the speed of the block at the bottom of the incline

Given:
 $m=10\text{kg}$ ✓
 $c = d=5\text{m}$ ✓
 $\theta=30^\circ$ ✓
 $\mu_k = 0.2$ ✓
 $g=9.81 \text{ m/s}^2$ ✓

Unknowns:
 $V_f=?$

Solution:

- ① calculate the height of the incline

$$\begin{aligned} h &= d \sin \theta \\ h &= 5 \sin 30 \\ h &= 2.5 \text{ m} \end{aligned}$$

Soh CAH TOA
 $\sin \theta = \frac{\text{opp}}{\text{hyp}}$

$$\text{opp} = \text{hyp} \sin \theta$$

$$h = d \sin \theta$$

$$h = 5 \sin 30$$

$$= 5 \times 0.5 = 2.5 \text{ m}$$

$$= 2.5 \text{ m}$$