### **MODULE 4**

## Session 1- SLO 1 & 2

#### **Assignment**

To emulate the Kolam designs provided in the images, you would need to follow the traditional method of Kolam drawing, which involves creating patterns with rice flour or white powder on the ground. The process typically involves planning the design around a grid of dots and then connecting these dots to form intricate patterns.

To start, choose a flat surface or a section of the ground where you would like to draw the Kolam. Clean the area and sprinkle it lightly with water if necessary. Take some rice flour or white Kolam powder in a small bowl. Pinch some between your thumb and forefinger and start by plotting the grid of dots as per the chosen Kolam design.

Once the dots are placed, start connecting them with continuous lines to form the design. Remember that the beauty of Kolam lies in the symmetry and precision of the patterns, so take your time to ensure that the lines are even and the design is balanced.

After completing the Kolam, you may choose to add colors to the design to make it more vibrant, although traditionally, many Kolams are left white.

Please note that practicing Kolam art is a beautiful way to uphold a traditional art form and also serves as an exercise in mindfulness and creativity.



# Session 2- SLO 1

#### Assignment

Symmetry in Rangoli is deeply rooted in its cultural and spiritual significance, reflecting the Indian belief in harmony and balance. Symmetry, which is the balance and congruence of elements in design, is a fundamental aspect of Rangoli art. It represents the universe's natural order, embodying perfection and stability, which are considered auspicious in Hindu culture.

The intricate patterns are often mirrored on either side of a central axis, creating a sense of equilibrium and uniformity. This symmetry is not just aesthetically pleasing but also symbolizes the philosophical concept of 'unity in diversity,' reflecting the interconnectedness of all things. It's believed that symmetric Rangoli patterns invoke positive energy and invite prosperity and peace into the home.

Furthermore, the act of creating symmetrical Rangoli requires concentration and precision, which are seen as meditative practices that promote mental balance. The meticulous preparation and execution of symmetrical designs are thought to align the creators with the cosmic symmetry, leading to spiritual upliftment and the harmonization of the body and mind.