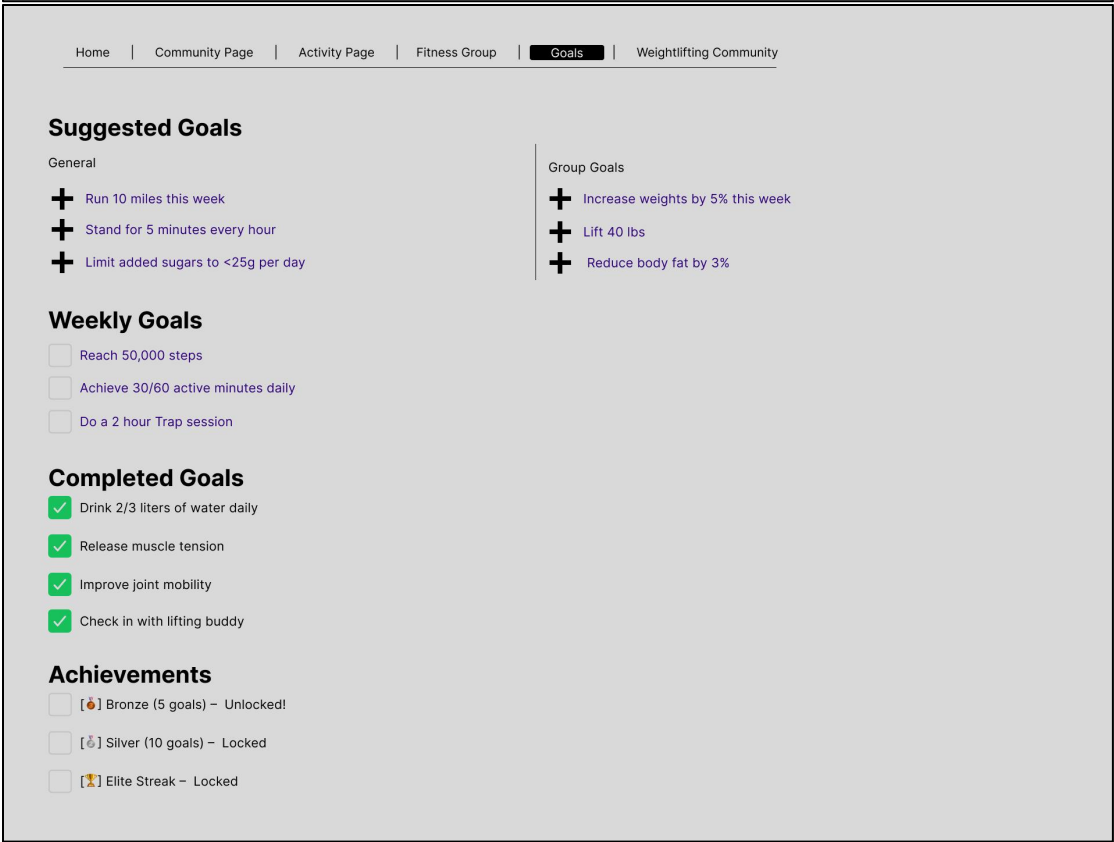
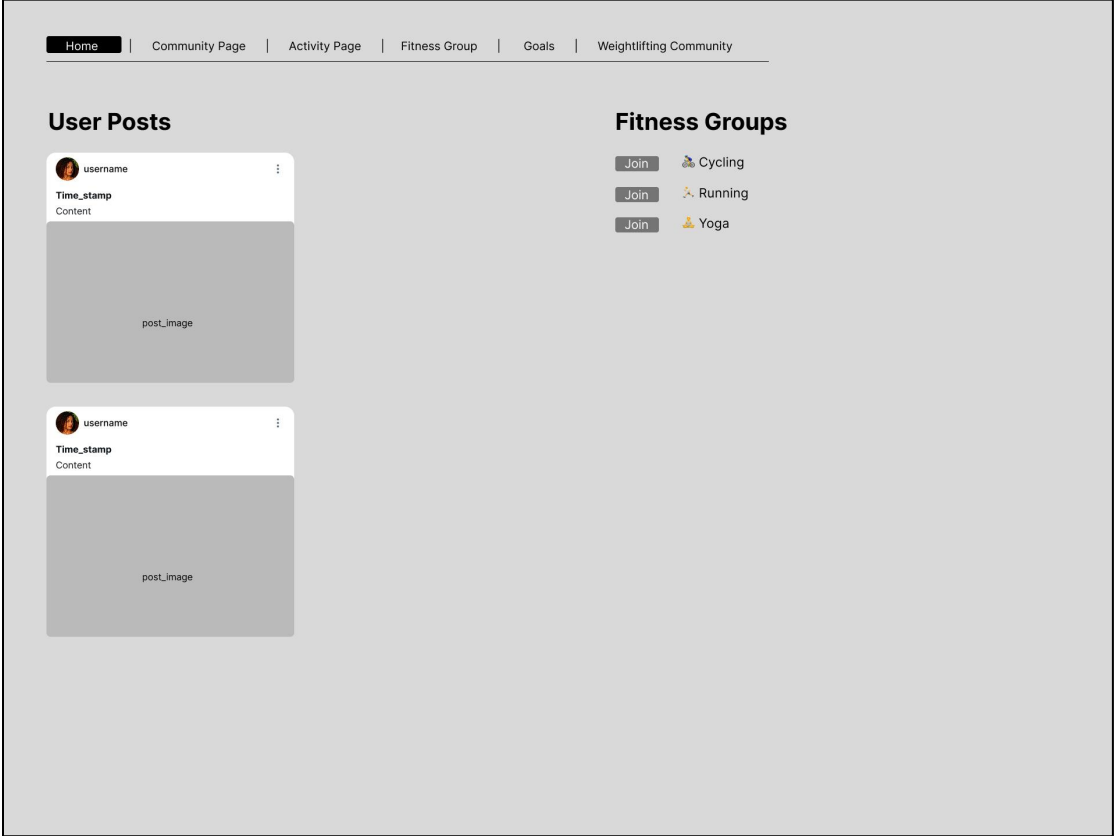


Previous Prototype for Goal Pages



Suggested Goals

General

- + Stand for 5 minutes every hour
- + Limit added sugars to <25g per day

Group Goals

- + Increase weights by 5% this week
- + Lift 40 lbs
- + Reduce body fat by 3%

Weekly Goals

- ☐ Reach 50,000 steps
- ☐ Achieve 30/60 active minutes daily
- ☐ Do a 2 hour Trap session
- ☐ Run 10 miles this week

Completed Goals

- ☒ Drink 2/3 liters of water daily
- ☒ Release muscle tension
- ☒ Improve joint mobility
- ☒ Check in with lifting buddy

Achievements

- ☐ [🥉] Bronze (5 goals) – Unlocked!
- ☐ [🥈] Silver (10 goals) – Locked
- ☐ [🏆] Elite Streak – Locked

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Updated Goal Page

Home

Community Page

Activity Page

Fitness Group

Goals

User Posts

username

Time_stamp

Content

post_image

username

Time_stamp

Content

post_image

Fitness Groups

Join

Cycling

Join

Running

Join

Yoga

Home

Community Page

Activity Page

Fitness Group

Goals

Custom Goals

General

+ Enter your personal goals here

+ Enter your personal goals here

+ Enter your personal goals here

Group Goals

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+ Reduce body fat by 3%

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Updates made

- Added custom goal option

- Increased Achievement Visibility