Guidelines for Paper Submission •

The paper format should be in APA (American Psychological Association) style as running head.

• Use A4 sheet size and Paper Margins in the text should be 1" from all sides.

Font style- Times New Roman, Size- 12 points (Common for text)
• Main Headings- 14pts, Bold, Courier New, Left aligned, • Sectional headings – Top left aligned, Subheadings can be italicized.

• Text alignment- Paragraph should be justified, Figures/images/Table- in central, Headings in f lush left • Text spacing should be doubled

• Indenting- Every new Paragraph indents- ½".

• Title- Keep font size of 14 bold, central aligned.

• Tables and Figures- should fit on a page no adjustments in size would be allowed, If it does not f it add/continue to the next page. Tables/figures/images should be provided
with captions/alternate text- Central alignment, Italicization, proper labeling, regular sentence formation and capitalization, double-spaced,

- Order of sections-
  Title
  Author Details
  Abstract
  Main Body (Introduction/Method/Result/Discussion)
  References (Include a complete reference for each source cited in the text.
  Appendix
  Acknowledgment
  Discussion
  Conflict of interest- The author should declare any conflict of interest.
  In-text citations- Use author-date method including author's last name and year of publication)
  Author details- Name (Full name), Affiliation- Department/ University/Institution, Coauthor-
  Name, Affiliations. • Content should be plagiarism-free.
- Pages should be numbered at the top right. upper cases.
- Any running head (Abbreviated Title) Should be placed at the top of each page, flush left in
- One space should be used after the punctuation mark at the end of each sentence. abstract should not exceed 250 words and should not be indented. The
- The main body of text should begin on a separate page after the abstract. It should begin with the Introduction. Each of the subsequent sections of the paper should be prefaced with a heading.