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THE CONRAD PEARSON CLINIC

UROLOGY CENTER OF THE SOUTH

from Rhonda Fax 901-410-5461 Phone 901-252-3400 ext 3210

Fax Memorandum

Date 5/3/21 Time 830 am

To: VHC

Company _____

Fax Number 801-938-2100

From Dr Adam Stewart

Subject _____

Comments: appeal for Ann Yarbro 11/5/65
ID 954256402 - Dr. NPI 1659544385
ref # 4956 Dr Adam Stewart
Tax ID 621634103
codes 64590 + 64581 Ann Yarbro
pt has temporary Interstion 653 West Dr
Its working. She now needs Murfreesboro, TN
Permanent 38058

Page 1 of 7

Please Approve
Letter enclosed

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THE CONRAD PEARSON CLINIC

UROLOGY CENTER OF THE SOUTH

1325 Wolf Park Dr., Suite 102
Germantown, TN 38138
901-252-3400

04/29/2021

Ann Yarbro
653 West Dr
Munford, TN 38058-

TO Whom it may concern:

This letter is in regards to the medical necessity of sacral nerve neuromodulation for the treatment of urinary frequency, urinary urgency, your urge incontinence in my patient Mrs. Ann Yarbro. It is clear in the AUA guidelines for the treatment of overactive bladder that advanced bladder therapy should follow failure of conservative therapy. Our patient has failed behavior modifications, dietary and fluid modifications. She has failed oral therapy with anticholinergic, antimuscarinics and beta 3 agonists. Furthermore, she had excellent response to Interstim Test, which is typically required prior to permanent InterStim placement. Her test stimulation improved her Level of urgency from a 4/4 to a 1/4. Her Urge incontinence went down from 6-8 times per day to 0-2 times per day. At this point she is refractory to conventional therapies and she has had greater than 80% improvement with her urinary symptoms during her InterStim test, therefore she should not be denied treatment that will help her regain her life. Right now her quality-of-life is owned by her bladder. She would like to have independence again to enjoy activities of daily living without because urinary urgency and frequency.

Please allow my patient to have access to Interstim Therapy that will improve her bladder.

Sincerely,

Electronically signed by:

Stewart MD, Adam F 04/29/2021 6:13 PM

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THE CONRAD PEARSON CLINIC

UROLOGY CENTER OF THE SOUTH

1325 Wolf Park Dr., Suite 102
Germantown, TN 38138
901-252-3400

Patient: Ann Yarbro
Date of Birth: 11/05/1965
Date: 02/05/2021 12:50 PM
Visit Type: Office Visit
Location: Wolf River Office

This 55 year old female presents for Female voiding dysfunction.

History of Present Illness:

1. Female voiding dysfunction

This is a very pleasant 55-year-old female with history of severe urinary frequency Q2 hours, 4/4 urgency, nocturia x1-2/night, urge urinary incontinence x6-8/day, and constipation. She has failed Myrbetriq and oxybutynin. She comes in today status post InterStim test.

Medications (active prior to today)

Medication Name	Sig Description	Start Date	Stop Date	Refilled	Rx Elsewhere
losartan 50 mg-hydrochlorothiazide 12.5 mg tablet	take 1 tablet by oral route every day	//			Y
Nexium 40 mg capsule, delayed release	take 1 capsule by oral route every day	//			Y
Excedrin Menstrual Complete 250 mg-250 mg-65 mg tablet		//			Y
propranolol 20 mg tablet	take 1 tablet by oral route 3 times every day	//			Y
sertraline 25 mg tablet	take 1 tablet by oral route	//			Y

	every day				
Fish Oil 100 mg-160 mg-1,000 mg capsule	//			Y	
Tirosint 112 mcg capsule	take 1 capsule by oral route	//		Y	
	every day				
vitamin K2 40 mcg tablet	//			Y	
simvastatin 20 mg tablet	take 1 tablet by oral route	//		Y	
	every day in the evening				
oxybutynin chloride ER 15 mg tablet,extended release 24 hr	TAKE 1 TABLET BY MOUTH	10/01/2019	10/01/2019	N	
	EVERY DAY				
Naprosyn 500 mg tablet	take 1 tablet by oral route 2	03/16/2020		N	
	times every day with food				
Pyridium 200 mg tablet	take 1 tablet by oral route 3	01/27/2021		N	
	times every day after meals				
cyclobenzaprine 5 mg tablet	take 1 tablet by oral route	01/27/2021	01/27/2021	N	
	every bedtime				
Myrbetriq 50 mg tablet,extended release	take 1 tablet by oral route	01/27/2021	01/27/2021	N	
	every day swallowing whole with water. Do not crush, chew and/or divide.				
tamsulosin 0.4 mg capsule	take 1 capsule by oral route	01/27/2021	01/27/2021	N	
	every day after your evening meal				

Patient Status

Completed with information received for patient in a summary of care record.

Medication Reconciliation

Medications reconciled today.

Allergies

Ingredient	Reaction (Severity)	Medication Name	Comment
PENICILLINS	Unknown		

Reviewed, no changes.

Review of Systems

System	Neg/Pos	Details
Constitutional	Negative	Chills and Fever.
ENMT	Negative	Ear infections and Sore throat.
Eyes	Negative	Blurred vision, Double vision and Eye pain.
Respiratory	Negative	Asthma, Chronic cough, Dyspnea and Wheezing.
Cardio	Negative	Chest pain.
GI	Negative	Constipation, Decreased appetite, Diarrhea, Nausea and Vomiting.
GU	Positive	Urinary frequency, Urinary incontinence.
Endocrine	Negative	Cold intolerance, Heat intolerance, Increased thirst and Weight loss.
Neuro	Negative	Headache and Tremors.
Psych	Negative	Anxiety and Depression.
Integumentary	Negative	Itching skin and Rash.
MS	Negative	Back pain and Joint pain.
Hema/Lymph	Negative	Easy bleeding.

Vital Signs

Time	BP mm/Hg	Pulse /min	Resp /min	Temp F	Ht ft	Ht in	Ht cm	Wt lb	Wt kg	BMI kg/m2	BSA m2	O2 Sat%
1:11 PM	141/71	83			4.0	10.50	148.59	185.00	83.915	38.01		

Measured By

Time	Measured by
1:11 PM	ERICA L. JACKSON

Physical Exam

Exam	Findings	Details
Constitutional	Normal	Well developed.
Neck Exam	Normal	Inspection - Normal. Palpation - Normal. Thyroid gland - Normal.
Respiratory	Normal	Inspection - Normal. Auscultation - Normal.
Cardiovascular	Normal	Regular rhythm. No murmurs, gallops, or rubs.
Abdomen	Normal	No abdominal tenderness.
Genitourinary	*	Pelvic deferred.
Genitourinary	Normal	No Suprapubic tenderness. No CVA tenderness. No Flank mass
Skin	Normal	Inspection - Normal.
Extremity	Normal	No Edema.
Psychiatric	Normal	Orientation - Oriented to time, place, person & situation. Appropriate mood and affect.

Immunizations Entered by History

Date	Immunization
9/24/2018 12:00:00 AM	Influenza, injectable, split virus, preservative free, 3 years and older Afluria y2015-2016
9/24/2018 12:00:00 AM	Influenza, injectable, split virus, preservative free, 3 years and older Afluria y2015-2016
9/24/2018 12:00:00 AM	Influenza, injectable, split virus, preservative free, 3 years and older Afluria y2015-2016

Assessment/Plan

#	Detail Type	Description
1.	Assessment	Incontinence, Urge (N39.41).
	Patient Plan	She is off the Myrbetriq at this point. She now reports to frequency Q2 hours, 1/4 urgency, nocturia x1-2/night, and x0-2 urge urinary incontinence. She is only wearing x1 pad/day, decreased from x2 pads/day. She denies any stress urinary incontinence. She is overall 80% better and happy with her symptoms. I reviewed her voiding diary and recommended proceeding with a permanent InterStim. She is agreeable. I will see her back for a postop visit.
2.	Assessment	Urinary Frequency (R35.0).
3.	Assessment	Urinary Urgency (R39.15).
4.	Assessment	Obesity, unspecified (E66.9).
	Plan Orders	Today's instructions / counseling include(s) Dietary management education, guidance, and counseling.

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Active Medications

Start Date	Medication	Directions	Instruction	Stop Date
01/27/2021	cyclobenzaprine 5 mg tablet Excedrin Menstrual Complete 250 mg-250 mg-65 mg tablet Fish Oil 100 mg-160 mg-1,000 mg capsule losartan 50 mg-hydrochlorothiazide 12.5 mg tablet	take 1 tablet by oral route every bedtime take 1 tablet by oral route every day		
01/27/2021	Myrbetriq 50 mg tablet,extended release	take 1 tablet by oral route every day swallowing whole with water. Do not crush, chew and/or divide.		
03/16/2020	Naprosyn 500 mg tablet Nexium 40 mg capsule,delayed release	take 1 tablet by oral route 2 times every day with food take 1 capsule by oral route every day		
10/01/2019	oxybutynin chloride ER 15 mg tablet,extended release 24 hr propranolol 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY take 1 tablet by oral route 3 times every day		
01/27/2021	Pyridium 200 mg tablet sertraline 25 mg tablet simvastatin 20 mg tablet	take 1 tablet by oral route 3 times every day after meals take 1 tablet by oral route every day take 1 tablet by oral route every day in the evening		
01/27/2021	tamsulosin 0.4 mg capsule Tirosint 112 mcg capsule vitamin K2 40 mcg tablet	take 1 capsule by oral route every day after your evening meal take 1 capsule by oral route every day		

Documentation performed by Angie S. Lee acting as a scribe for Dr Stewart.I have reviewed the information scribed above and attest to the accuracy of this note and attest that I personally performed these services.

Electronically signed by:

Stewart MD, Adam F 02/07/2021 8:56 PM

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