

CrowMother Research Lab - Community Rules & Research Ethics

Effective Date: [Insert Date]

Last Updated: [Insert Date]

Community Mission Statement

The CrowMother Research Lab exists to foster collaborative investigation into liminal awareness, conscious decision-making, and threshold navigation through systematic research, peer support, and ethical community building. We are researchers, not followers; investigators, not believers; collaborators, not competitors.

Core Community Values

Scientific Rigor with Mystical Openness

We maintain intellectual honesty about what we can and cannot measure, while remaining open to experiences that current science cannot yet explain. Documentation and evidence matter, but so does mystery.

Individual Autonomy within Collective Wisdom

Every researcher maintains complete authority over their own investigation, data sharing, and participation level. Community wisdom emerges from individual discoveries, not imposed doctrine.

Anti-Hierarchical Structure

No gurus, spiritual authorities, or enlightened teachers exist in this community. Phase progression represents research competency development, not spiritual advancement or special insight.

Neurodivergent-Affirming Practice

Different brains process spiritual and social information differently. We honor diverse neurotypes as research assets, not deficits requiring accommodation.

Trauma-Informed Community

We recognize that spiritual investigation can surface difficult material. All practices and interactions prioritize psychological safety and individual pacing.

Research Ethics Standards

Honest Documentation

- Document experiences accurately, including "negative" results and failed experiments
- Share observations without embellishment or dramatic interpretation
- Acknowledge uncertainty and limitations in personal findings
- Respect the difference between correlation and causation

Peer Collaboration Guidelines

- Share observations and methodologies, not advice or prescriptions
- Ask questions to understand others' research rather than assuming their meaning
- Offer perspectives based on personal experience, not universal truths
- Respect others' experimental choices even when different from your own

Data Privacy and Consent

- All personal research remains confidential unless explicitly shared
- Community members control their own data and can withdraw it at any time
- No screenshots or sharing of personal research outside the community without permission
- Anonymous community research data requires opt-in consent

Professional Boundary Maintenance

- This community provides peer support, not therapy or medical advice
- Professional mental health consultation encouraged when needed
- Crisis intervention limited to resource provision and professional referral
- Clear distinction maintained between spiritual investigation and clinical treatment

Community Safety Protocols

Psychological Safety Requirements

Content Warnings Required For:

- Detailed trauma or abuse experiences
- Self-harm, suicidal ideation, or crisis content
- Graphic descriptions of difficult spiritual experiences

- Content that might trigger religious trauma responses

Trauma-Informed Communication:

- Use "I" statements about personal experience rather than universal claims
- Avoid spiritual bypassing language ("everything happens for a reason," "you chose this experience")
- Respect boundaries when people decline to share or participate
- Offer support without pressuring for details or deeper disclosure

Crisis Intervention Protocols

Immediate Safety Concerns:

- Tag @Phase 3 Researcher immediately for crisis situations
- Provide crisis hotline information without delay
- Do not attempt to provide counseling or crisis intervention yourself
- Follow up appropriately while maintaining professional boundaries

Community Support Guidelines:

- Offer presence and listening without trying to fix or solve
- Share resources and professional referrals when appropriate
- Maintain group safety while supporting individuals in crisis
- Debrief with community leadership after crisis situations

Communication Standards

Respectful Discourse

- Practice active listening and ask clarifying questions before responding
- Address conflicts directly with the involved parties when possible
- Disagree with ideas while respecting the humanity of other researchers
- Use private messages for sensitive personal feedback when appropriate

Inclusive Language

- Avoid assumptions about others' spiritual backgrounds, neurotypes, or life experiences
- Use language that includes diverse approaches to spiritual investigation
- Respect chosen names, pronouns, and identity expressions

- Challenge discriminatory language while assuming good intent when possible

Research-Focused Communication

- Keep discussions centered on investigation methodology and findings
 - Share personal spiritual experiences as data rather than evangelizing
 - Ask questions about others' research methods and discoveries
 - Maintain scientific curiosity while honoring mystical experience
-

Prohibited Behaviors

Zero Tolerance Violations

The following behaviors result in immediate community removal:

- **Predatory or grooming behavior** toward any community member
- **Threats of violence** or harm toward self or others
- **Doxxing or sharing personal information** without explicit consent
- **Harassment or stalking** in community or private messages
- **Intentional community sabotage** or malicious disruption

Serious Violations (Warning → Temporary Ban → Removal)

- **Spiritual authority claiming:** Positioning yourself as guru, prophet, or special spiritual authority
- **Cultural appropriation:** Using closed spiritual practices or sacred symbols without permission
- **Medical/therapeutic advice:** Providing professional advice outside your scope of practice
- **Persistent boundary violations:** Continuing unwelcome contact or pressure after requests to stop
- **Community manipulation:** Creating drama, false conflicts, or divisive faction-building

Moderate Violations (Education → Warning → Temporary Ban)

- **Spiritual bypassing:** Using spiritual language to avoid accountability or dismiss others' concerns
 - **Research integrity violations:** Falsifying data, plagiarizing others' work, or misrepresenting findings
 - **Inappropriate sharing:** Oversharing personal trauma without content warnings in public channels
 - **Disruptive behavior:** Consistent derailing of conversations or attention-seeking behavior
-

Conflict Resolution Process

Step 1: Direct Communication

- Address concerns directly with involved parties when safe and appropriate
- Use "I" statements and focus on specific behaviors rather than character judgments
- Seek to understand before seeking to be understood
- Request mediation support if direct communication feels unsafe

Step 2: Community Mediation

- Request @Phase 3 Researcher assistance for mediation support
- Participate in good faith in community restorative justice processes
- Focus on repairing harm and preventing future conflicts
- Accept community consensus about resolution approaches

Step 3: Administrative Action

- Phase 3 Researchers investigate serious violations and safety concerns
 - Community input gathered for significant disciplinary decisions
 - Affected parties informed of outcomes and reasoning
 - Appeals process available for disputed administrative actions
-

Research Phase Expectations

Phase 1 Researchers

- Engage consistently with daily observation and documentation practices
- Ask questions about methodology and community participation
- Respect others' research processes while developing your own approach
- Participate in community discussions at your comfort level

Phase 2 Researchers

- Conduct independent research experiments with appropriate safety protocols
- Share methodology discoveries and research findings with community
- Provide mentorship support to Phase 1 researchers
- Contribute to community knowledge base and methodology refinement

Phase 3 Researchers

- Maintain community safety protocols and crisis intervention capabilities
 - Facilitate community meetings and conflict resolution processes
 - Provide research methodology consultation and advanced training
 - Represent community values in external interactions and collaborations
-

Community Governance

Decision-Making Process

- Phase 3 Researchers coordinate community decisions using consensus-building
- Major policy changes require community input and discussion period
- Individual researchers maintain autonomy over personal research and participation
- Community standards evolved through collective experience and feedback

Leadership Rotation

- Specific leadership roles rotated among Phase 3 Researchers to prevent power concentration
- New leadership development through Phase progression and mentorship
- Community founder maintains coordination role but not absolute authority
- Leadership accountability through community feedback and peer review

Community Evolution

- Rules and policies updated based on community experience and needs
 - Regular community feedback sessions about governance and culture
 - Transparency in decision-making processes and reasoning
 - Balance between stability and adaptive change
-

Resources and Support

Crisis Resources

Immediate Danger: Call 911 or local emergency services

Mental Health Crisis:

- **US National Suicide Prevention Lifeline:** 988
- **US Crisis Text Line:** Text HOME to 741741
- **International:** [Comprehensive list maintained in #resources-library]

Community Support

- **General Questions:** #questions-and-guidance
- **Personal Support:** #peer-support or direct message @Phase 3 Researcher
- **Technical Issues:** #questions-and-guidance or community Discord support
- **Safety Concerns:** Direct message any @Phase 3 Researcher immediately

Professional Resources

- **Therapist Directory:** [Maintained in #resources-library]
 - **Crisis Intervention Services:** [Local and national resources pinned]
 - **Spiritual Direction:** [Trauma-informed, non-denominational options]
 - **Medical Consultation:** [When spiritual practices affect physical health]
-

Acknowledgment and Agreement

By participating in the CrowMother Research Lab community, you acknowledge that you have read, understood, and agree to follow these community rules and research ethics standards.

You understand that:

- This community provides peer support and collaborative research, not professional therapy or medical advice
- Participation is voluntary and you may leave at any time
- Community safety requires everyone's participation and accountability
- These rules may be updated based on community experience and needs

Questions about community rules or research ethics? Ask in #questions-and-guidance or message any @Phase 3 Researcher directly.

Version History

- **v1.0** - [Date] - Initial community rules established
 - **Future updates will be tracked here with community input**
-

"The space between is sacred. Take your time. Question everything. Share what you learn. We're all figuring this out together."