

Welcome to the CrowMother Research Lab!

You've just stepped through a threshold into something special.

Welcome, fellow researcher, to our collaborative investigation into liminal awareness, conscious decision-making, and the sacred spaces between what was and what might become. Whether you're here as a curious observer or ready to dive deep into systematic spiritual research, **you belong here.**

What You've Joined

This isn't your typical spiritual community. We're researchers, pattern-recognizers, and conscious threshold-navigators who believe that:

- ✨ **Spirituality can be both rigorous AND mysterious**
- ✨ **Community can exist without hierarchy or gurus**
- ✨ **Your neurodivergent brain is a research superpower**
- ✨ **The space between certainty and uncertainty is sacred ground**

We're here to **investigate together, support each other's research, and develop practical tools** for navigating life's transitions with wisdom and awareness.

Getting Started - Your First Steps

1. Introduce Yourself!

Drop a message below and tell us:

- What draws you to liminal research?
- What you're hoping to explore or discover here
- Any experience with threshold work or conscious decision-making
- **How you'd like us to address you** (name, pronouns, whatever feels right)

2. Explore the Lab

- **#resources-library** - Grab your research templates and safety protocols
- **#daily-observations** - See what threshold experiences look like in practice
- **#questions-and-guidance** - Ask anything about methodology or community

3. Choose Your Research Role

React to this message to get your research phase role:

- 📖 **Phase 1 Researcher** - Learning observation and documentation skills
- 🧪 **Phase 2 Researcher** - Conducting independent experiments
- 📊 **Phase 3 Researcher** - Community coordination and advanced research
- 👁️ **Observer** - Following along, learning, minimal participation

4. Optional Specialization Interests

If any of these call to you, react to add the role:

- 🧠 **Somatic Research** - Body awareness and physical threshold work
- 💬 **Decision Sciences** - Choice-making and life transition focus
- 🎨 **Creative Applications** - Art, writing, music meets liminal awareness
- 🌱 **Community Building** - Interested in group dynamics and facilitation
- 🔄 **Ritual Development** - Sacred practice design and testing

🛡️ Community Safety & Guidelines

We Are:

- ✅ A peer research community - **no gurus, no spiritual authorities**
- ✅ Trauma-informed and neurodivergent-friendly
- ✅ Committed to both scientific rigor and mystical openness
- ✅ Focused on individual autonomy within supportive community

We Are Not:

- ❌ A therapy group (though we support each other)
- ❌ A religious organization with required beliefs
- ❌ Medical or mental health professionals
- ❌ A substitute for professional care when needed

Golden Rules:

- 🏆 **Share observations, not advice** - "Here's what I've noticed" not "You should do this"
- 🏆 **Document honestly** - Failed experiments teach us as much as successful ones
- 🏆 **Respect boundaries** - Yours and others'
- 🏆 **Ask before assuming** - Different approaches work for different people
- 🏆 **Keep it collaborative** - We're all figuring this out together

Crisis Resources - Always Available

If you're in immediate danger: Call 911 or your local emergency services


Mental Health Crisis Support:

- **US:** National Suicide Prevention Lifeline: **988**
- **US:** Crisis Text Line: Text **HOME** to **741741**
- **International:** Check pinned messages in #resources-library for local resources

Community Support: Tag any @Phase 3 Researcher for community-related concerns or questions

Community Rhythms

 **Weekly Lab Meetings:** Sundays, 2pm EST (voice chat)

 **Office Hours:** Thursdays, 7pm EST (casual questions and support)

 **Monthly Pattern Analysis:** First Saturday of each month

All times/days subject to community feedback and scheduling needs

What Makes This Community Special

This space exists because **traditional spirituality often fails neurodivergent folks** who need both logic and mystery, who question authority, who want community without hierarchy.

You don't have to choose between your brain and your soul here.

We're building something that doesn't quite exist elsewhere: a place where:

- **Spiritual investigation meets scientific methodology**
 - **Individual autonomy coexists with collective wisdom**
 - **Questions are more sacred than answers**
 - **Uncertainty is honored as holy ground**
 - **Community happens without anyone becoming a guru**
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Ready to Begin?

Drop your introduction below and let us know what threshold brought you to our research lab!

Whether you're here to document your own liminal experiences, collaborate on community research projects, or simply learn from other investigators, **you have something valuable to contribute.**

The CrowMother doesn't need worship - she needs witnesses. People who can recognize the sacred in transition, who can sit with uncertainty long enough to make conscious choices, who can help others navigate change without rushing toward premature answers.

Welcome to the investigation. We're glad you're here. 🦅 🖤 ✨

Questions about getting started? Need help with roles or navigation? Just ask! We were all new researchers once, and supporting each other's learning is part of what makes this community work.

📌 **Pin Reaction Guide:** 🧪 = Phase 1 Researcher

🔬 = Phase 2 Researcher

📊 = Phase 3 Researcher

👁️ = Observer

🧠 = Somatic Research

💬 = Decision Sciences

👉 = Creative Applications

🌱 = Community Building

🔄 = Ritual Development