CrowMother Research Community - Discord Server Setup Guide

Server Overview & Roles

Server Name:

The CrowMother Research Lab or Liminal Research Community

Server Icon:

Black feather, simple crow silhouette, or abstract threshold symbol

Server Description:

"Collaborative investigation into liminal awareness, conscious decision-making, and threshold navigation. Research-based spiritual community."

Role Structure

Research Phases (Primary Roles)

- 🔬 **Phase 1 Researcher** - Data collection and observation training
- 🧪 **Phase 2 Researcher** - Hypothesis testing and independent experiments
- 📊 **Phase 3 Researcher** - Peer review and community coordination
- ⭐ **Founding Researcher** - You! Community founder and primary coordinator

Specialization Roles (Optional)

- 🧠 **Somatic Research** - Body awareness and physical threshold work
- 💭 **Decision Sciences** - Choice-making and life transition focus
- 🎭 **Creative Applications** - Artists, writers, musicians using liminal awareness
- 🌱 **Community Building** - Interested in community dynamics and facilitation
- 🔄 **Ritual Development** - Sacred practice design and testing

Participation Levels

- 🟢 **Active Researcher** - Regular participation in community discussions
- 🟡 **Observer** - Following along, minimal participation
- 🔴 **Taking a Break** - Temporary absence from active research

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Channel Structure

📋 COMMUNITY ORIENTATION

#welcome-threshold

- Server rules, community values, research ethics

- Pinned: Community Overview Document

- New member introductions and orientation

#resources-library

- Research templates and documentation guides

- Safety protocols and crisis resources

- Recommended reading and external resources

- Community research archive links

#announcements

- Important community updates and changes

- Research milestones and community achievements

- Scheduled events and meeting reminders

🔬 RESEARCH DOCUMENTATION

#daily-observations

- Quick threshold experience sharing

- Brief decision-making updates

- "Tingle behind eyes" and presence reports

- Somatic awareness check-ins

#weekly-patterns

- Pattern analysis and trend identification

- Research question development

- Hypothesis formation and testing plans

- Integration insights and breakthroughs

#research-projects

- Longer-term experimental designs

- Community collaboration requests

- Research findings and data analysis

- Methodology development and refinement

👥 COMMUNITY SUPPORT

#questions-and-guidance

- Research methodology questions

- Technical support for documentation systems

- Community navigation and participation guidance

- General spiritual investigation questions

#peer-support

- Emotional support during challenging research

- Encouragement and motivation sharing

- Boundaries and self-care discussions

- Community conflict resolution

#crisis-resources *(Private channel for Phase 3 researchers only)*

- Crisis intervention coordination

- Professional referral discussion

- Safety protocol implementation

- Serious community concerns

🎯 SPECIALIZED RESEARCH

#somatic-research

- Body awareness experiments and findings

- Physical sensation tracking and analysis

- Movement and breathwork integration

- Biometric and health correlation research

#decision-sciences

- Choice-making methodology testing

- Life transition navigation strategies

- Uncertainty tolerance development

- Decision outcome tracking and analysis

#ritual-lab

- Sacred practice design and testing

- Community ceremony development

- Personal ritual experimentation

- Seasonal and threshold ritual planning

#creative-applications

- Artists, writers, musicians sharing liminal work

- Creative breakthrough documentation

- Inspiration cultivation techniques

- Art/creativity as spiritual research

📅 COMMUNITY COORDINATION

#weekly-lab-meetings

- Voice chat coordination and scheduling

- Meeting notes and summaries

- Action items and follow-up tasks

- Community decision-making discussions

#community-building

- New member recruitment and onboarding

- Community event planning and coordination

- External outreach and representation

- Community growth and development strategy

#meta-research

- Research about our research community

- Community dynamics analysis

- Methodology effectiveness evaluation

- Academic collaboration and publication planning

🐝 COMMUNITY CONNECTION

#celebrations-wins

- Research milestones and breakthroughs

- Personal growth achievements

- Community success stories

- Gratitude and appreciation sharing

#off-topic-lounge

- Casual conversation and social connection

- Shared interests beyond threshold research

- Memes, humor, and community bonding

- General life updates and check-ins

#local-connections *(Optional)*

- Geographic location sharing for local meetups

- Regional threshold research and practices

- Local resource sharing and recommendations

- In-person gathering coordination

Voice Chat Channels

🎙 RESEARCH MEETINGS

Weekly Lab Meeting

- Main community gathering for research sharing

- Scheduled weekly at consistent time

- Recorded for those who can't attend live

Deep Dive Research Sessions

- Longer research discussions and analysis

- Special topic exploration

- Guest expert conversations

- Advanced methodology workshops

🎙 SUPPORT SPACES

Peer Support Circle

- Emotional support and encouragement

- Crisis support coordination (when needed)

- Boundary and self-care discussions

- Community healing conversations

Casual Threshold Chat

- Informal spiritual research conversations

- Real-time threshold experience sharing

- Spontaneous community connections

- Social bonding and relationship building

Server Setup Instructions

Step 1: Basic Server Creation

1. Create new Discord server

2. Choose "Create My Own" → "For me and my friends"

3. Upload server icon and set description

4. Enable Community features in Server Settings

Step 2: Channel Organization

1. Delete default channels

2. Create categories as listed above

3. Create channels within each category

4. Set channel descriptions and purposes

Step 3: Role Configuration

1. Create roles with appropriate colors

2. Set permissions for each role level

3. Configure channel access by role

4. Test role assignment and permissions

Step 4: Moderation Setup

1. Enable slow mode on main discussion channels (30-60 seconds)

2. Set up automatic moderation for spam/harassment

3. Configure welcome messages and rules

4. Create moderation log channel (private)

Step 5: Integration Tools

1. Add Carl-bot or MEE6 for role reactions and announcements

2. Consider calendar integration for meeting scheduling

3. Add music bots for background audio during voice chats

4. Configure backup/logging systems for important discussions

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Channel Permission Guidelines

Public Access (All Members)

- #welcome-threshold

- #resources-library

- #daily-observations

- #weekly-patterns

- #questions-and-guidance

- #celebrations-wins

- #off-topic-lounge

Active Researcher Access

- All public channels PLUS:

- #research-projects

- #peer-support

- #specialized research channels

- Voice chat participation

Phase 2+ Access

- All previous channels PLUS:
- #community-building
- #meta-research
- #weekly-lab-meetings (full participation)

Phase 3 Researcher Access

- All channels including:
- #crisis-resources
- Moderation permissions
- Server management capabilities

Community Guidelines (Pin in #welcome-threshold)

Research Ethics

- Document honestly - both successes and failures
- Share observations without giving spiritual advice
- Respect others' experimental processes and findings
- Maintain confidentiality of personal research shared

Communication Standards

- Use content warnings for potentially triggering material
- Practice active listening and ask questions before assuming
- Address conflicts directly and constructively
- Maintain professional boundaries in peer support

Safety Protocols

- Crisis resources available 24/7 (pinned in multiple channels)
- Report safety concerns to Phase 3 researchers immediately
- No medical or therapeutic advice (peer support only)
- Professional mental health support encouraged when needed

Participation Expectations

- Engage authentically while maintaining personal boundaries

- Contribute to community knowledge and support

- Respect different research approaches and spiritual backgrounds

- Take responsibility for your own research and wellbeing

Growth and Scaling Considerations

Small Community (5-15 members)

- Combine some channels (#daily-observations and #weekly-patterns)

- Single support channel instead of multiple specialized ones

- Fewer voice channels needed initially

Medium Community (15-40 members)

- Full channel structure as outlined

- Consider sub-communities or working groups

- Add regional channels if geographically diverse

Large Community (40+ members)

- Create sub-servers for specialized research tracks

- Implement more sophisticated moderation systems

- Consider paid membership tiers for advanced features

- Develop leadership pipeline and distributed moderation

Launch Sequence

Week 1: Private Setup

- Create server structure

- Test all channels and permissions

- Invite 1-2 trusted friends for feedback and refinement

Week 2: Beta Testing

- Invite 3-5 beta community members

- Test community guidelines and research sharing

- Gather feedback on channel organization and flow

Week 3: Soft Launch

- Refine based on beta feedback
- Establish community rhythms and meeting schedules
- Begin regular research documentation and sharing

Month 2+: Organic Growth

- Invite additional members based on community capacity
- Develop specialized channels based on emerging interests
- Establish sustainable moderation and community leadership

Success Metrics

Engagement Quality

- Regular research sharing and community participation
- Constructive peer support and collaboration
- Effective conflict resolution and community healing
- Innovation in research methodology and community practices

Community Health

- High retention rate of committed researchers
- Positive feedback about safety and inclusion
- Successful crisis intervention when needed
- Sustainable leadership and community self-governance

Research Effectiveness

- Documented improvement in member decision-making quality
- Community-generated insights and methodological innovations
- External recognition and collaboration requests
- Contribution to broader spiritual/academic research communities