

Philosophy - What is Existentialism?

Existentialism is a school of thought that emphasizes individual freedom, personal responsibility, and the meaning of life. It arose in the 20th century, influenced by the horrors of war and the disillusionment with traditional values.

Key figures include Jean-Paul Sartre, who argued that existence precedes essence, and Søren Kierkegaard, who focused on the individual's relationship with faith. Simone de Beauvoir explored existentialism in the context of feminism and ethics.

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