

INDIAN COLLEGIATE ATHLETIC PROGRAM



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Play • Perform • Prevail



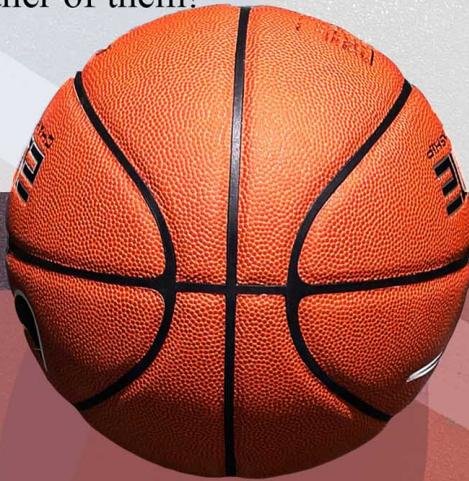
INFORMATION BROCHURE 2019



INTRODUCTION TO ICAP

With the hope of reviving the sports culture of our country, Indian Collegiate Athletic Program [ICAP] plans to strengthen the collegiate sports system of India. Countries such as USA, China, Canada and many others are pumping tremendous amount of resources to prepare elite athletes for the Olympics. Whereas India, whose every third citizen is a youth, is yet to have a strong presence in the world of Olympics. While many countries provide the latest facilities to prepare their athletes for the ultimate fight, Indian athletes have to fight for basic facilities in our country!

We don't have a dearth of talent and our youngsters are sharp, determined and focused. The need of the hour is to provide them the facilities and the platform to prepare for the world stage. We also need to channelize the energy and the enthusiasm of the youth brigade in the field of sports to make them understand the value of hard work, team synergy and the spirit of sportsmanship. Many reports and statistics show that majority of Indian athletes have to leave their education in the pursuit of their career in sports. It not only is a very sad affair, but also clearly shows the lack of opportunities for the students in the field of sports. At a time when a young sports aspirant should be dividing his time between education and sports for a better future, in our country they have to choose between either of them!



ICAP will introduce the concept of 'Student athlete' in India, which will create an ecosystem for sport enthusiasts to pursue their interests in sports along with their academics. ICAP will provide them with a common national platform to compete at various stages and hone their skills. ICAP will also provide them with coaching through Sports camps, and award the deserving candidates with scholarships. ICAP will inspire and motivate the student athletes by sharing with them the success stories of our Indian athletes! Through its programs specially designed for the student athlete, ICAP will ensure that our youngsters get equal opportunities to excel in both academics and sports.

WHAT IS ICAP?

Indian Collegiate Athletic Program (ICAP) will revolutionize sports in India. It will provide college students with a much needed opportunity to play sports and compete with the best athletes from all over the country. Our program is an initiation to bridge the gap between the scholastic level and professional level sports. The program will be working on the concept of College Sports Hub that aims to bring all the academic institutions/universities under a single umbrella and then organize zonal/national level competitions for the students to let them explore their competitive abilities. Our organization will provide infrastructure, coaching, state-of-the-art facilities and incentives to the students to encourage them to take up sports as their career and empower them with an opportunity to secure their future.

MISSION

To provide the youth of India with state of the art infrastructure, incentives and training programs to ensure maximum participation in sports.

VISION

To create an environment where sports should be pursued with zeal and enthusiasm in educational institutes. It will bring out the best sports persons from the youth of India who will bring glory to the nation at International arena.

OBJECTIVES

We are focused to provide an inter-collegiate sports and program for continuous augmentation and renewal of infrastructural facilities.

WHY IS **ICAP** NEEDED?

India has been participating in international sporting events for a long time now. Even then, statistics present a very gloomy picture. A total of 26 medals in Olympics out of 14714 medals, says it all.

MAJOR REASON FOR SUCH A DISMAL PERFORMANCE ARE :--

- Insecure future in sports in India
- Lack of opportunities for deserving athletes in many Olympic sports
- Lack of a collegiate sports program

Sports power house, USA has its Olympic medal tally standing at 2400 medals.

ICAP will provide the much needed facilities and infrastructure in the students whilst they pursue their academic career. This will give them a chance to excel in both areas simultaneously. The program will be an interactive platform between students, academic institutions, sports authorities and the Government of India for the promotion of sports and to give our country a competitive edge at international level. Our aim is to inculcate a "Student Athlete" culture in our youth and utilize their energy and creativity in sports.

ICAP is designed as a feeding system for professional sports system. It will encourage the students to pursue their sports dream while studying. It will boost all sports enthusiasts by supporting them at every level.

OUR VALUES

To initiate a program like this, we have to ensure that students aspire to fulfil their potential, both on and off the playing field. ICAP aims to provide a culture of team work, personal development and fair competition that shall help build the confidence of athletes and make them an all-round better person. ICAP aims to instill a sense of responsibility and excellence along with a 'follow-your-dream' attitude in the students that will help them choose their career in a better way.

OUR AIMS

- To provide the best sports facilities to the students.
- To improve the participation and performance of Indian players in the international circuit.
- To identify students with outstanding abilities and place them in an environment designed to produce sporting and educational excellence.
- To encourage students to maintain their academic interest using sport as the means of engaging them to achieve the best they can be.
- To develop a culture in which students behave with dignity, professionalism and respect.
- To provide opportunities for males and females to continue playing sport competitively after leaving school and develop exit pathways to encourage further participation.
- To provide lifelong learning experiences through teamwork, discipline and cooperation
- To raise standards of academic achievement of college students.
- To channelize the energy of youth in a positive way and discourage them to get involved in use of illegal substances and other heinous activities.

HOW ICAP WILL WORK?

ICAP will work through its programs, its five elements of Aakash, Agni, Jal, Prithvi and Vayu. Our programs- Hall of Fame, Leagues, Sports Camps, Scholarship and financial aid programs and Coach for India shall serve as the backbone for the start of a sports revolution in India.

AAKASH (Hall of Fame)

IndianCAP will introduce the concept of Hall of Fame, to honour the Sports Heroes of our nation. This will be a platform where our country will get a chance to felicitate, honor and share the tales of master sports persons of our country. The stories and glories of these honoured heroes from their respective sports will be then presented to the student athletes and will be a motivational factor for aspiring athletes. Such program will not only give due recognition to our deserving heroes but will also inspire youngsters to achieve.

AGNI (LEAGUES)

Leagues shall be held every year in three stages starting with Minor Leagues all over the country and then the competition will move to circle centers where Semi Majors will be held. The winners of Semi Majors then will meet in Delhi for the Major League.

MINOR LEAGUES :

Minor Leagues shall be held in different cities and districts all over India and the top 3 winners (team/individual) of this league will advance to the Semi Major League.

SEMI MAJOR LEAGUES :

The winners of Minor League will compete with student athletes of other Minor centres at Semi Major League. which will be a Zonal Level competition. ICAP has divided the whole country in six Zones whose proposed centres will serve as the venues for this level. The top 3 winners (team/individual) of each Zone will then qualify for the final round of League

MAJOR LEAGUES :

Major league will conclude the pan India competition and will witness the Sporting event of the highest quality. The top 3 winners (team/individual) of this level will be provided the scholarships along with few other exemplary student athletes. will qualify for the Sports Camps (Jal) organized by ICAP.

ICAP PROGRAMS

THE FIVE ELEMENTS

JAL (Sports Camp)

The organization of ‘Sports Camps’ is an initiative of ICAP to primarily improve the sports training given to the players of all ICAP registered colleges at a zonal level. Sports Camps will be conducted on the principle of enhancement of sports training sessions in a non-competitive and unbiased manner.

The sports camp aim to achieve the following goals :

- To inspire student athletes to achieve improved sports training and fitness levels among players and coaches
- To introduce unbiased personalized sports training to all players by renowned professional sports persons and coaches
- To successfully guide and introspect young and amateur coaches by Specialized ‘Training for Coaches’ Procedure.
- To monitor the work of the coaches, referees and associated officials.
- Mental enrichment and counselling of all players and coaches for a healthy sports perspective and lifestyle.
- To create awareness and spread knowledge of various unhealthy and illegal agents, which directly or indirectly hamper a sportsperson's progress.

PRITHVI (Scholarships)

To provide student athletes with financial aid, sports and educational scholarships, is another major process pillar of ICAP. The students showing extraordinary performance throughout the year in ICAP tournaments and nationals will be awarded with these scholarships.

VAYU (Coach of India)

Vayu will be a program where everyone, coaches, trainers, administrators, retired sports personalities, medical experts, volunteers, motivational trainers and parents of young sports enthusiasts will extend their support to lift the standards of sports in our country. This program will bring all the stakeholders, major and minor both, who should be participating in the building strong structure of sports in our society, under one umbrella.

ICAP

STORY

An initiation by Himangshu Talukdar, who has represented India in Table-tennis at International level, this project is a unique approach to help sports grow and flourish in India. As a student he went through many hassles managing engineering studies along with sports. During that phase he wondered what would be the scenario, if every college was provided with a platform to play. What if every student athlete could play with the best players of the country, without going through millions of administrative disruptions? Supported by many well-wishers of Sports, this project has set a difficult goal, of that amusing thought and is working to help collegiate sports grow. His idea was then shared by many students of Thapar University, Patiala who gave their valuable support and suggestions in due course of time. Now we have a dynamic team of dedicated individuals working on the program. Currently, the program is being led by Dr. Mukesh Roy along with Himangshu Talukdar. Long discussions, documentations and re-documentations, studying diverse concepts like Indian sports scenario and better solutions in other countries, led to the evolution of the concept of "Indian Collegiate Athletic Program" [IndianCAP].

The launch of IndianCAP will start a new era in the area of college sports, which will create achievers for our nation at the international level. Our team is ready to tackle all the challenges to accomplish this difficult task. We believe in our dreams and have faith in our abilities to make them come true.

As Margaret Mead said, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."



SURYA

ICAP MASCOT

The official mascot of ICAP is Surya, an anthropomorphised young Indian Rhinoceros. Its name, Surya, is a Hindi name for Sun. The Sun battles the darkness to spread the light at dawn. Thus the mascot Surya represents the Sun, symbolizing the battle against ignorance and the triumph of the bright inspiration that also reflects the concept of ICAP to bring about a revolution in Sports Culture. Its purpose is to rise and outshine in whatever it undertakes.

Surya, who has just entered his youth and has the zeal to outshine and excel, represents the Indian scenario where the young blood is all charged to excel in their areas of interest. The Indian Rhinoceros who is facing a tough time for survival represents the condition of Indian Sports, which is struggling to achieve the desired success. Rhino has been a symbol of royalty, its massive structure reflects the strength it possesses and the power it upholds. The aim of ICAP is to empower the sportspersons in their youth and give them an opportunity to lead a royal and respectful life by upholding their passion. Also, Surya is personified to promulgate the change that is being brought about amidst the ignorance towards sports culture among youth. It is here to channelize all its strength and youthful enthusiasm to Play, Perform and Prevail!



LIST OF SPORTS

ICAP aims to promote 12 Olympics sports as following :



Aquatics



Archery



Athletics



Badminton



Basketball



Boxing



Football



Hockey



Shooting



Table Tennis



Tennis



Volleyball

ICAP also aims to promote 10 subsidiary sports
in the future phases:

Chess
Cycling
Golf
Gymnastics
Judo
Kabaddi
Squash
Taekwondo
Weightlifting
Wrestling

CALENDAR FOR FUTURE

IndianCAP's today's dream will be tomorrow's reality.

2014-2015 (Phase I)

- Birth of ICAP
- Sports Hubs
- ICAP Leagues
- Chapters
- Pan-India covered under 6 Circles

2028 (Phase III)

- Large talent pool of student athletes in all Olympic Sports
- Achievements at national and international tournaments
- Higher Olympic Medal Tally of India
- Recognition by all formal bodies
- Promotion and infrastructure for Winter Olympics

2020 (Phase II)

- Large number of Member Colleges
- National and State Conferences
- Implementation of ICAP's five elements
- Promotion of Paralympics Sports
- Monitoring of Member colleges
- More subsidiary Sports

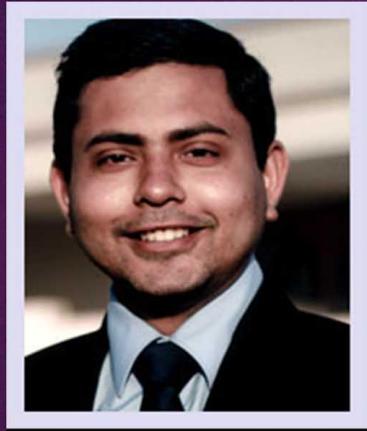
2040 (End of Phase III)

- Sports seen as a secure and preferable career option
- Creation of a huge talent pool of players for Winter Olympic Sports and Paralympics

TEAM

Himangshu Talukdar

Founder and Director, IndianCAP



Being an International Table-Tennis player, Himangshu Talukdar understands and could recognize the problems faced by Sports enthusiast in India. With all the medals won in International level he has many dreams to create opportunities for other sports persons from India. The idea of IndianCAP was his brainchild and since then he has been nurturing it with all the care and dedication.

Dr. (Lt. Col) Mukesh Roy

MBBS, MPHETM, DTMH

Co-Founder and Director, IndianCAP



Mukesh Roy has over 20 years experience in healthcare, disaster response and military preventive medicine. He also has a tremendous passion for sports, especially the sport of Basketball. He was instrumental in developing a partnership with the NBA to conduct India Heritage Nights at major NBA arenas throughout the US with the first ever league sponsorship of the India Day Parade in New York City; where Vivek Ranadive First Indian American owner of NBA Team (Sacramento Kings) was the Grand Marshall. Additionally he has mentored and supported many Indian athletes to become world class sports professional's.

MEET OUR MENTORS



Mr. Abhinav Bindra

(**Olympic Gold Medal 2008-Shooting, Rajiv Gandhi Khel Ratna Award, Arjuna Award, Padma Bhushan Award**)

"Projects like ICAP are need of the hour for our sports scenario!"



Mr. Leander Paes

(**Olympic Bronze Medal 1996-Tennis, 14 Grand Slam Titles, Rajiv Gandhi Khel Ratna Award, Arjuna Award, Padma Bhushan Award**)

"I would love to see better development of Indian sporting talent at all levels and am happy to support ICAP in their efforts to do so."



Mr. Akhil Kumar

(**Commonwealth Gold Medal'06- Boxing & Arjuna Award'05**)

"Yuva varg ki shakti ko sanchit karne ke liye khel kood ka maadhyam sab se behtareen hai ls kshetra mein ICAP utsahjanak kaarya kar raha hai."



Ms. Shiba Maggon

(**Former National Basketball Captain, currently coach and referee**)

"It's a pleasure to come across a team like ICAP which has come forward to support and encourage the sports in India"



Mr. Abhijeet Bhattacharya

(**Former National Volleyball Captain with 8 medals**)

"Let ICAP take Indian sports dream to the Olympics. We need



Mr. Dharamvir Singh **(Current forward in the Indian National Hockey Team)**

"As a player I understand the value of such projects and hope that it could bring a revolution in Indian Sports."



Mr. Dipankar Bhattacharjee **(Badminton player - represented India in Barcelona & Athens Olympics)**

"For projects like ICAP we, sportsperson have to lend our expertise so that these projects could succeed in near future."



Dr. Maneek Kumar **(Professor of Civil Engineering & President of Sports, Thapar University)**

"ICAP is a dream team to take Indias dream of sports ahead with other IndianCAP members,"



Mr. SV Sunil **(Current forward in the Indian National Hockey Team)**

"I appreciate ICAP for taking the challenge of getting some young players of India to rise to certain levels which is very much required,
it is great to be part of such wonderful program."



Ms. Deepa Malik **(Arjuna award Winner, International Para-athlete and Limca Record Holder)**

"ICAP is an appropriate movement towards awareness and sensitization of Para-sports, It will encourage sports as a lifestyle for physically challenged."



Mr. Rehan Poncha **(Olympian, Arjuna Award Winner and three National Records in Swimming)**

"The most precious gift you can give an athlete is support for his training in his sport. ICAP's vision is a brave and desperately needed



Dr. Ashok Ahuia
(Sports Medicine and Sciences Expert, FMR Head at NIS Patiala and
Chairman Medical Commission BAI & IBL)

"IndianCAP with a pragmatic and energetic approach shall definitely TAP the talent which doesn't get the opportunity to surface and blossom in the country especially, during the transition years in our youth ,with right inputs of Sports Medicine and Science. "



Ms. Prachi Tehlan
(Captain Indian National Netball Team in CWG 2010)

"Much needed and required! An initiative for development of sports in India, great work ICAP."



Mr. Pradeep Raj
(International Table Tennis Player, in Paralympics Sports)

"It's a pleasure to come across a team like ICAP which has come forward to support and encourage the sports in India. "



Mr. Sanand Mitra
(International Archer, National record holder and twice National Gold Medalist)

"Sportspeople are more like high performance race-cars, fuelled to perform & driven by the passion to exceed boundaries. ICAP provides the platform for these youngsters to perform, and the fuel, to keep them going. I am proud to be associated with the ICAP initiative. "



Ms. Sunita Godara
(1992 Asian Marathon Champion, record of winning maximum marathons at int'l level with 50 medals in 26 countries. Now social activist)

"This ICAP Project has a mission with very proactive vision and I am sure with the passionate team support it is going to be a great boost."



Mr. Sambhaii Kaclam
(Former Captain Indian National Basketball Team)

"ICAP is a base and super califragilistic expialidocious opportunity for sportspersons to make bright future!"

ASSOCIATES



EVENTS AND CONFERENCES

Star athletes becoming part of IndianCAP



Mr. Abhinav Bindra - Shooting



Mr. Abhijeet Bhattacharya - Volleyball



Ms. Shiba Maggon - Basketball



Mr. Dharamvir Singh - Hockey



Mr. Rehan Poncha - Swimming



Mr. Pradeep Raj - Para-Sports



Team ICAP with Lt. Gen. Manvendra Singh
(Commandant of Indian Military Academy,
Dehradun.)



Mr. Himangshu Talukdar with Mr.
Virat Kohli



Mr. Himangshu Talukdar with delegates
of SACC



Current Youth Affairs and Sports
Minister Mr. Kiren Rijiju



Himangshu Talukdar speaking about the project at YI Global Entrepreneurship Week 2013, New Delhi and at CII National Conference, Guwahati

**Creating the pool of Indian Olympians
The game is still on;
let's take it to the next level!**

ICAP

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