



OCTOBER 2015 **SPECIAL REPORT**

**Dr. Schulze's**

ORIGINAL CLINICAL FORMULAE

Since 1979

## COLD & FLU SEASON IS HERE

### **ARE YOU SAFE?**

Learn about the risks

### **DR. SCHULZE'S TIPS:**

Prevent and beat cold & flu

### **BACK PANEL:**

FREE Shipping offer

# 2015-2016 REPORT: ARE YOU SAFE THIS COLD & FLU SEASON?

## 50,000 DEAD FROM FLU IN THE NEXT 180 DAYS!

To put this number in perspective...

**FACT** This is FOUR TIMES higher than the Murder Rate!

**FACT** MORE than all of the people killed in Auto Accidents including drivers, passengers, pedestrians, motorcyclists and bicyclists!

**FACT** MORE than the people that are killed each year from Breast Cancer or Prostate Cancer!

**FACT** AND MUCH MORE than the amount of people that will die from Tetanus, Sexually Transmitted Diseases, Airline Crashes, Lyme Disease, Candida, Parasites, Electrocution, Measles, Mumps, Malaria and all the crazy things that my patients used to worry about!



## ONE BILLION INFECTIONS!

**FACT** This means FOUR MILLION Americans will get sick EVERY DAY this winter!

**FACT** The average American will get over THREE INFECTIONS in the next six months!

**FACT** 250,000 Americans will be HOSPITALIZED! Now, in light of these horrifying statistics, doing a minimal amount of Cold & Flu PREVENTION (and also knowing Natural and Effective Home Treatments for you and your family) makes a lot of sense, both "common sense" and "financial cents"!

## FLU VACCINE IS POISON!

**FACT** Last year, there were over 93,000 reports of reactions, hospitalizations, and injuries (including over 1,000 deaths) due to the flu vaccine.

**FACT** The latest flu vaccines contain inactive dog kidney cells and DNA, as well as beta-Propiolactone, a known carcinogen.

**FACT** Formaldehyde, found in flu vaccines, is an embalming fluid that causes cancer.

**FACT** Mercury, used as a vaccine preservative, is an extremely toxic heavy metal that kills brain, nerve and immune cells.





# 2015-2016 REPORT: ARE YOU SAFE THIS COLD & FLU SEASON?

## FLU SHOT SCAM!

**FACT** Dr. J. Anthony Morris (former Chief Vaccine Control Officer at the FDA) states: "There is no evidence that any influenza vaccine thus far developed is effective in preventing or mitigating any attack of influenza. The producers of these vaccines know that they are worthless, but they go on selling them anyway."

**FACT** There are literally thousands of strains of influenza, and they are ALWAYS mutating. This is what makes it possible for you to get infected multiple times in one year, and also why it is impossible to accurately design a flu shot. But regardless of these facts, and since trillions of dollars of profit are at stake, every year medical health officials and pharmaceutical companies produce a new flu vaccine.

**FACT** As you can guess, the "flu experts" are always wrong, and most of the time, way off. A few years ago, they predicted that the Shandong, China, Texas, and Panama strains would attack, thus millions of Americans were vaccinated with these potentially lethal virus strains. But, when flu season erupted, it turned out to be the Johannesburg, South Africa and the Beijing, China strains! They weren't even close. Almost every single year medical officials are forced to admit that millions of people in America have been vaccinated with influenza strains that never existed.



## RED ALERT: DEADLY VIRUSES

### EBOLA

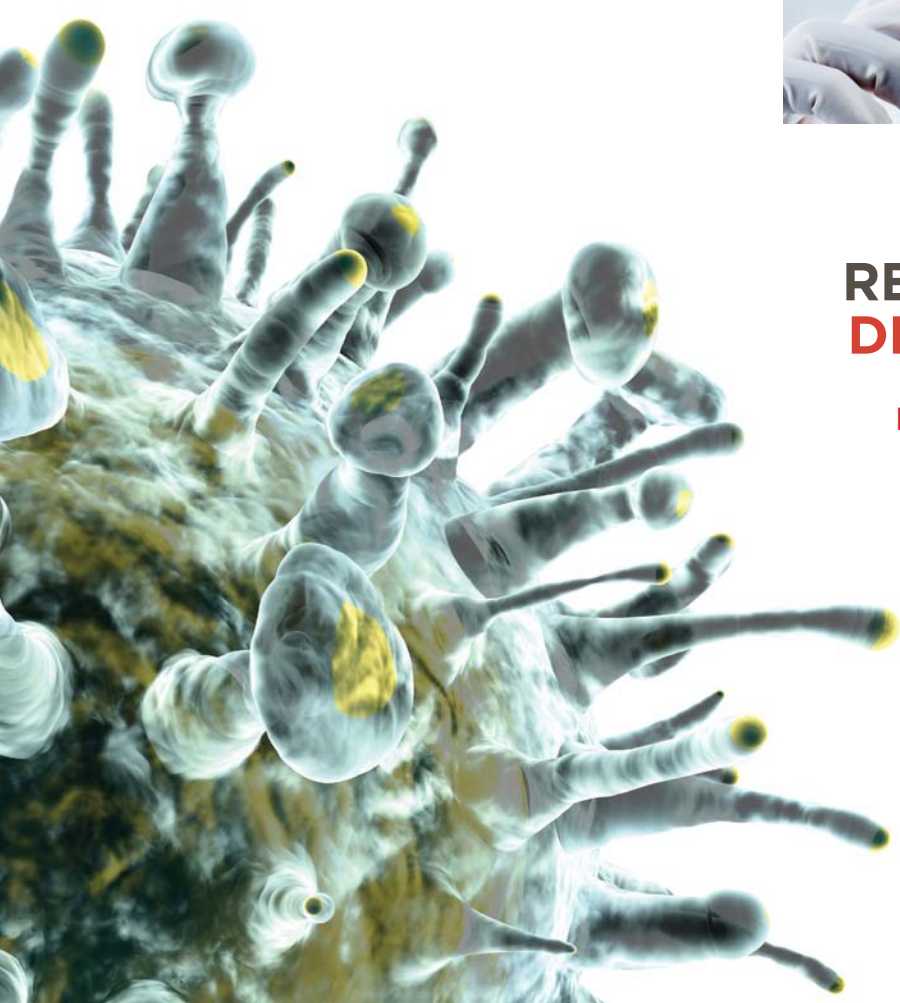
No available vaccine and a 90% mortality rate. This problem is not over.

### MERS Virus

Outbreaks have been reported in 25 countries with the virus possibly spreading through droplets by coughs and sneezes of an infected person. The global risk of a pandemic is growing.

### New Enterovirus (D68) Threat

Single largest outbreak in the United States since 1960.



# Herbal Medicine Works!

This is what I saw in my clinic for decades, but now it's hitting the mainstream media on a huge scale.



# Proven Power of Herbs...

Research shows that herbs are one of the most powerful ways to prevent colds and flu.

## Echinacea

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The distinguished Physicians Desk Reference reports the results of placebo controlled double-blind studies, which prove that Echinacea use causes significant:

- decrease in **infections**
- reduction in **symptoms**
- 50% faster **recovery**

## Garlic

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Research now proves Garlic's amazingly potent phytochemicals are powerful and natural broad-spectrum antibiotics, immediately killing bacteria (both gram-positive and gram-negative) that cause colds and upper respiratory infections, and how it's a potent virus killer, too.

## Acerola Cherry

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Research is hitting the news daily about the miraculous effectiveness of fighting colds and flu with the **Vitamin-C Complex** that is found in Acerola cherries and other fruits (but not Ascorbic Acid). These fruit contain more Vitamin-C than any other source.

## Lobelia Inflata

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Listed in the medical Merck Index as an expectorant and respiratory stimulant, Lobelia has long been considered important for breaking down congestion and thinning mucus in your lungs.

At the same time, more and more research is hitting the news and even medical publications about what Echinacea angustifolia root and Echinacea purpurea seed is doing for the immune system to fight common colds and influenza. And there are hundreds more studies, like the ones on Onion for fighting infections, Horseradish for sinus infections, and on and on and on...

*Dr. Schuler*



# Dr. Schulze's 9 Tips To PREVENT Colds & Flu

## #1 Avoid sick people

The most important tip on this list. Simply put, if you get infected it will be by another person, their saliva, or bodily fluids. The number one way to avoid infection is to avoid infected people.

## #2 Breathe clean air

Try to keep the air around you as fresh and clean as possible. Make sure the air you breathe is "droplet free" by placing an air purifier in your home or office that has an ionizer and a HEPA filter. This will destroy and "filter out" infected material before you inhale it.

An additional way is to liberally spray Air Detox several times a day throughout a room. The pure essential oils in this formula will kill bacteria and virus on contact.

## #3 Wash your hands often

This time of year, you are coming into contact with more infected bacterial and viral "droplets" than at any other time of the year. Medical researchers believe bacteria and viruses in these droplets can stay alive, active and dangerous, for up to eight hours.

The only way you can protect yourself is to wash your hands at least every hour, especially when you are out and about. Soap and water will kill the virus and wash it away, before it has a chance to infect you.

## #4 Keep your hands away from your face

Infected "droplets" are harmless on your hands, but if you put your fingers into your nose, eyes or mouth, the bacteria and virus can easily transfer and enter your upper respiratory tract. Frequent hand washing is great, but keeping your fingers away from your mucous membrane tissue is critical.

## #5 Keep warm

Every year there are more scientific and medical reports linking the body getting chilled to making you more susceptible to bacterial or viral infection. So, bundle up and stay warm out there. It will keep your immune system strong.

## #6 Get more movement, sun and fresh air

Your immune system depends on physical activity to massage and pump white blood immune cells around your lymphatic system. No movement, no immune system circulation!

We all slow down during the winter months. Make sure you get fresh air and move, sweat, bend and stretch your body for an hour every day.

Also, new research shows that low Vitamin D levels are closely associated with an increased risk of getting cold and flu infections. The best way to boost up your Vitamin D is simply to get outside for 10 or 15 minutes a day.

## #7 Get 8 hours of sleep

Many studies have concluded that lack of sleep (less than seven or eight hours) can more than double your chances of getting a bacterial or viral infection when exposed to it, compared to people who got a consistent eight hours of sleep each night.

## #8 Avoid negativity

Avoid negative, angry, and dysfunctional people. Look out for emotionally and spiritually unwell people. Their negativity impacts your immune system as effectively as junk food, sugar and tobacco.

I would also avoid any concentrated negative input like the television news that rolls up all the worst things that happened on the planet today and spews it back at you in a 30-minute immune destroying blast. Of all the people on the planet 99.99999% had a pretty great day.

## #9 Start preventative natural medicine

The best prevention during cold and flu season is to get your immune system operating at peak performance!

First, stimulate your immune system and get it energized to get it in overdrive all winter long.

Second, your body cannot build more immune cells and immune chemicals from pizza and beer—it needs powerful nutrition. Eat great. When your body needs to build up your immune system, you will have the power to do it.



## Stimulate Your Immune System

Could Dr. Schulze have discovered the ultimate weapon to cure the common cold? His **Cold & Flu Herbal "SHOT"** combines the exact same 12 droppersful of Echinacea Plus and the 6 droppersful of SuperTonic that he prescribes in making either his Winter Health (prevention) or Blaster (treatment) drinks.

All you have to do is open the cap, drink it straight out of the bottle, gargle, swallow it, and you have the perfect treatment for a cold or flu. Nothing could be easier, simpler, faster...and more potent.

### What's in it?

Botanical Ingredients include Echinacea Root and Seed, Garlic, Habanero, White Onion, Ginger, Horseradish, Elderberry, Blackberry, Yarrow, Boneset, Desert Sage, Lobelia, Elecampane, Kola Nut, Coffee, Licorice, Cherry Bark, Horehound, and enough organic Acerola Cherry to give you

an assailable blast of natural Vitamin-C (actually 1,000%—10 TIMES—your Recommended Daily Intake).

### What's NOT in it?

This formula is made using only the most potent organic and wild-harvested herbs, with no chemicals, no sugars and no junk.

### Getting sick?

At the first sign of that "uh-oh" feeling, take a heroic dose of herbs—Dr. Schulze's **Cold & Flu Herbal "SHOT"**—and do it immediately. Use two, three or up to six bottles a day, whatever it takes to stop that cold or flu dead in its tracks.

# What Our Customers Are Saying... IT WORKS!

## Conquer the world!

"Dr. Schulze, you never cease to amaze me! This new magical formula washes EVERYTHING out! It was Wednesday afternoon and I was feeling terrible – I knew I was in for one of those six day flus. But the president of my company says Dr. Schulze has a new magical formula. Why do I even doubt Dr. Schulze, because after I had my 6-pack, I was ready to rock-n-roll and conquer the world!"

— David N. in Los Angeles, CA

## A miracle!

"Thank you so much for your brilliance and compassion. My mom had just returned from a 5-day hospital stay (bronchitis and pneumonia) and she was actually feeling worse when she was discharged. She started the Cold & Flu Herbal 'SHOTS'... A miracle! She is no longer coughing, has stopped using her oxygen, is feeling stronger and has more energy. We are so grateful!"

— Elise R. in Los Angeles, CA

## Beating the odds

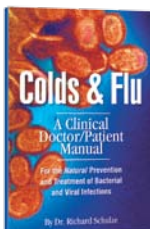
"I have 3 sons ages 6, 4, and 2. I give them 1/2 ounce 3 times a week in the morning before they go to bed of the cold and flu shot. This has kept all of them from being sick for the past year. Thank you! Thank you!"

— K. Ross, Los Angeles, CA



Our 15 oz. Cold & Flu "10-SHOT" bottle will supercharge your immune system to better protect you during winter months.

Good for ten 1.5 oz. shots, this is the perfect size to keep on hand for the whole family.



To find out more,  
read **Dr. Schulze's**  
**FREE**  
**Cold & Flu Manual**  
at [herbdocblog.com](http://herbdocblog.com)





# What Our Customers Are Saying... IT WORKS!

**FREE**  
SHIPPING  
OVER \$75

Expires 11/2/15

## Haven't been sick

"I work with young people who come to my office sick with the flu or a simple cold. If I take one Cold & Flu SHOT per day, I can avoid getting infected. It has saved me physical and mental discomfort. Thank you!"

— *Masa M., Los Angeles, CA*

## Gone the next day

"I had been fighting the flu for several weeks. I tried Dr. Schulze's Cold & Flu Herbal 'SHOTS'. I took two shots and my fever was gone the next day. Thank you, Dr. Schulze!"

— *Sherisse D. in Colton, CA*

## God bless you!

"I work in local hospitals—sick staff, sick patients—and using your Echinacea Plus and SuperTonic, I haven't had the flu in years. God bless you!"

— *Connie B.*



# Dr. Schulze's 10 Proven Steps To **BEAT** Colds & Flu

## #1 Stop Eating

Is it "feed a cold and starve a fever" or is it the other way around? It doesn't matter, because the answer is to simply starve everything. The best way to prepare to wage war is to stop all food intake, until you are feeling strong and in the clear.

## #2 Start Juicing

Instead of eating food, immediately get out the juicer and start juicing. And always drink plenty of pure water, herbal teas and fresh organic fruit and vegetable juice until you are well, even for a few days after. Drink at least one gallon a day of liquids, until you are well. Flush yourself out real good!

## #3 A heroic dose of herbal medicine

At the first sign of that "uh-oh" feeling, immediately take a Cold & Flu Herbal "SHOT". And, now that we know that you are infected, take a double dose of SuperFood Plus to build the most powerful immune system and most lethal immune response. Lastly, get chopping and consume some raw garlic now, at least three cloves, just chop it and swallow it if necessary, but just get it down.

## #4 Prepare

Prepare yourself mentally. You might need to call in for a day off work or cancel a few appointments. Removing this stress will allow you to take a break and focus on healing.

Make sure you have the liquids, herbal medicines, garlic, ginger and everything else you need. If you are missing anything, call in a favor and have a friend or relative get what you need into your kitchen.

## #5 Take a hydrotherapy bath

My Cold & Flu "Busting" Hydrotherapy Routine will make you sweat, and sweat profusely - helping to detoxify and purify your body. This routine will also increase your body's temperature, allowing your bacterial and viral fighting white blood cells to travel much faster throughout your body.

Read page 60 of my free "Cold & Flu Manual", available at [herbdocblog.com](http://herbdocblog.com) for details on my Hydrotherapy Routine.

## #6 Take another "SHOT"

Down another Cold & Flu Herbal "SHOT", as described in Step #3.

## #7 Prepare your bedroom

Now, make sure your bedroom is ready for you to get some rest. You should have the water, herbal teas and fresh juices right near your bed. Have an Air Detox there also, and spray it around your bedroom. Have a few extra blankets around, as you may cool off a bit after you fall asleep. And, if the weather is not too horrible, crack a window open so you get some fresh air, even if it is cold.

## Dr. Schulze's Potassium "Healing" Broth

### INGREDIENTS

25% Potato peels  
25% Chopped whole beets and carrots  
25% Garlic and white onions  
25% Dark greens (beet greens, kale, collard, spinach, etc.)  
Add a few hot peppers to taste

Use only organic vegetables! You do not want to consume any toxic, immune suppressive insecticides, pesticides or inorganic chemical fertilizers. That is what you are flushing out of the body. Purchase beets with the leaves and stems attached and use the leaves and stems for part of your dark greens.

### DIRECTIONS

1. Fill a large pot up to a few inches below the top with ingredients.
2. Add enough distilled water to just cover vegetables and simmer on very low temperature for one to four hours. Do not boil.
3. Strain and drink only the broth.
4. Make enough for two days, and refrigerate the leftover broth the first night.



**FREE  
SHIPPING  
OVER \$75**

Expires 11/2/15

## #8 Stay positive

Instead of depressing yourself with the idea that you are infected, get powerfully positive by focusing on aggressive purification of your body. "Nothing positive ever comes from being negative". And, being positive is a turbo-charger to your immune system.

## #9 Get clean inside!

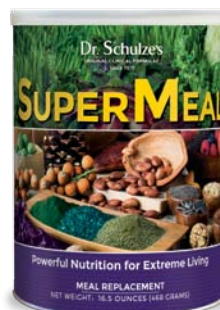
If your bowel has not been working well (and I mean if you have not been having regular, frequent and normal bowel movements every day), then I would also use an enema, and get all of the accumulated waste and toxic poison out of your body. It will be a lot easier for your body to heal itself if it isn't filled with poison, so give yourself a high enema.

Even if your bowel is fine, consider using a few capsules of Intestinal Formula #1, a Bowel Flush "SHOT", or any of my other intestinal cleansing formulas to help you flush out any accumulated waste and toxins.

## #10 Healing Broth

This is a classic "Potato Peeling" Potassium or Healing Broth used by grandmothers and Nature Cure doctors for a millennium. It is the vegan equivalent of chicken soup. See recipe below...

## SuperMEAL



Dr. Schulze's SuperMeal is a powerful blend of over 40 different miracle superfood ingredients. It contains three of his now famous formulas all in one jar—his nutrient-dense SuperFood Plus powder, his all natural Vitamin-C packed Super-C Plus, and his fiber-rich HerbalMucil Plus!

## SuperFOOD PLUS



Dr. Schulze designed SuperFood Plus to be a rapid-assimilation, rapid-deployment, nutrient-saturated, plant-based vitamin and mineral concentrate. SuperFood Plus will blast your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength!

## Cold & Flu SHOT



Dr. Schulze's Cold & Flu Herbal "SHOT" combines over 20 powerful herbal and vitamin concentrates to both prevent and fight-off colds and flu. Shake it up, drink it straight out of the bottle, gargle and swallow it! Nothing could be easier, simpler, faster... and more potent!

# EASY REFERENCE CHART

## TO FIGHT OFF ANY SYMPTOMS



### Fevers

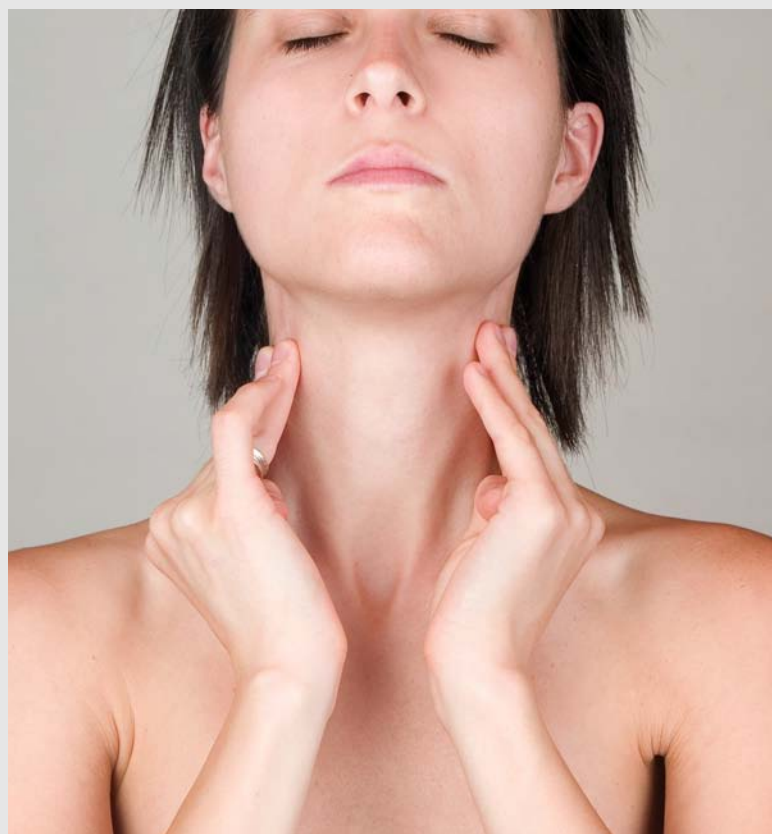
- 1 Start drinking more fluids (water, herbal tea, fresh fruit and vegetable juice)
- 2 Take a Cold & Flu Herbal “SHOT”
- 3 Take a Cold & Flu ‘Busting’ Hydrotherapy Bath

A fever is simply your body’s natural response to being infected.

In fact, for every degree that your temperature rises in your body, the speed at which your white blood cells can travel to find and kill the infection is DOUBLED. This process is called leukotaxis and if you are running a 104-degree fever, this means that your immune cells are speeding through your body at a rate 64 TIMES FASTER than normal.

Remember, the ONLY danger of a fever is if you let yourself become dehydrated, so START drinking and FLOOD YOURSELF with pure water, herbal teas, and fresh organic fruit and vegetable juices.

To learn more, see my Cold & Flu Manual at [herbdocblog.com](http://herbdocblog.com).



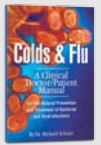
### Sore Throat & Tonsillitis

- 1 Take a Cold & Flu Herbal “SHOT”
- 2 Start my 10 STEPS to beat any cold or flu
- 3 Spray Throat & Tonsil onto swollen tonsils
- 4 ‘Paint’ tonsils with a cotton swab of Echinacea Plus
- 5 Spray Air Detox liberally all around you
- 6 Consume at least three cloves of Raw Garlic every day
- 7 Run from any medical doctor who suggests a tonsillectomy

For some, a sore throat can be the worst part of a cold or flu, and the most painful. For many, it is their first sign that they have been infected and are coming down with a cold or flu. This is simply because the tonsils and adenoids are one of our FIRST DEFENSES against infections, and when they swell up and become painful, that is simply because a battle line is being drawn there and the battle is being waged between your immune system, your immune cells and the invader. Anything you can do now to assist your defense forces is really appreciated by your immune system. So, let’s get in there and do some extra healing.



To find out more, read **FREE Cold & Flu Manual** at [herbdocblog.com](http://herbdocblog.com)

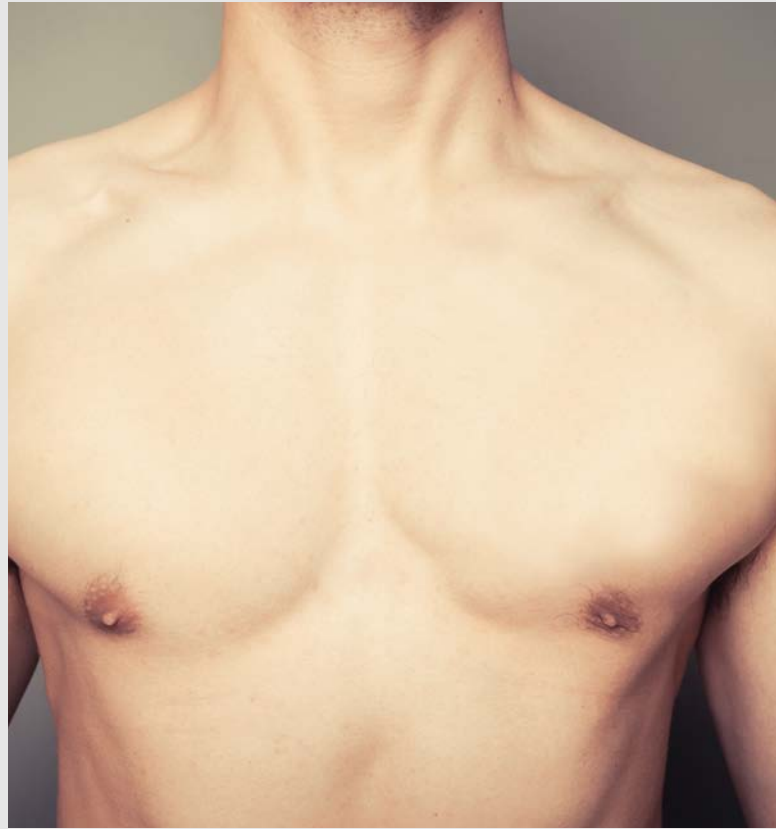


## Blocked & Infected Sinus

- 1 Take a **Cold & Flu Herbal "SHOT"**
- 2 Start my 10 STEPS to beat any cold or flu
- 3 Spray **Air Detox** all around you
- 4 Apply a drop of **Deep Tissue** at the opening of each nostril and also massage it into your forehead and sinus with strong deep pressure
- 5 Start grating up some fresh Horseradish root
- 6 Next, chop up some fresh White Onions
- 7 Also, chew and eat some of the grated and chopped foods
- 8 Breathe deeply until sinus passages open up

If you have a stuffed up nose and a head cold, or even a lung infection, my Air Detox is a real blessing. Use it liberally in your home, your shower or bath, and even on your pillow at night.

You can also use my Deep Tissue Ointment as a chest rub at night for sinus infections, head colds, stuffed-up and blocked nasal passages, as well as for lung congestion.



## Lung Infection & Congestion

- 1 Take a **Cold & Flu Herbal "SHOT"**
- 2 Start my 10 STEPS to beat any cold or flu
- 3 Spray **Air Detox** all around you
- 4 Take **Lung Tonic**
- 5 Apply **Deep Tissue** rubbed into the chest

Lung infections should be taken very seriously for many reasons. One is that you can go months without food and you can even go days without liquids, but you can only survive a few minutes without air. I hear people all the time talking about which nutrient is the most important. Vitamin A? Vitamin C? Well, it's not either of them. It is AIR!

Air is by far the most primary nutrient to the human body and without it, you are dead in minutes. Any infection or illness or dis-ease that is inflaming, swelling up and clogging my lungs, well, I consider it as important as if it were clogging up my heart. So, get aggressive and get to work!



## SUPER-C PLUS

With over 500% Vitamin-C COMPLEX per serving Super-C Plus is 100% organic and wild-harvested blend of the finest berries, herbs, fruits and vegetables available.

**Botanical Ingredients:** Dr. Schulze's High-C Combination: Wild-Harvested Camu-Camu Berry, Organic Acerola Cherry; Dr. Schulze's High-Bioflavonoid Combination: Organic Rose Hips, Organic Orange Pith and Peels, Organic Lemon Pith and Peels; Dr. Schulze's High-C Greens Combination: Organic Coriander Leaf, Organic Parsley Leaf, Organic Kale Leaf



## ECHINACEA PLUS

Strengthens your immune system to better fight viruses, infections and diseases by increasing the number of immune cells and immune chemicals in the body and bloodstream.

**Botanical Ingredients:** Echinacea Angustifolia Root, Echinacea Purpurea Seed, Fresh Garlic Bulb, Fresh Habanero Pepper and Juice



## SUPERTONIC

Starts working immediately to naturally support open sinuses and lungs by destroying harmful micro-organisms on contact, especially during winter months.

**Botanical Ingredients:** Fresh Habanero Pepper, Fresh Garlic Bulb, White Onion, Hawaiian Yellow Ginger Root, Horseradish Root





## LUNG TONIC

Promotes clearer breathing by opening up respiratory passageways, and supports the body's need to cleanse through coughing.

**Botanical Ingredients:** Lobelia Leaf and Seed, Elecampagne Root, Coltsfoot Leaf, Horehound Leaf, Licorice Root, Kola Nut, Coffee Bean, Cherry Bark, Thyme Leaf, Fennel Seed, Peppermint Leaf Essential Oil



## THROAT & TONSIL

Strengthens your natural immune defenses against colds and influenza while helping to get rid of micro-organisms that invade your body, especially during winter months.

**Botanical Ingredients:** Echinacea Angustifolia Root, Echinacea Purpurea Seed, Garlic Bulb, Habanero Pepper, Peppermint Leaf and Essential Oil, California Fig Concentrate



## CHILDREN'S ECHINACEA

Keeps kids healthy and strong by strengthening their natural immune defenses against colds and influenza. Tastes great, too.

**Botanical Ingredients:** Echinacea Angustifolia Root, Echinacea Purpurea Seed with California Fig and Tangerine Oil



## AIR DETOX

Delightful eucalyptus/citrus scent lifts the spirits and clears the mind, while destroying airborne bacteria, viruses, pathogens and antigens on contact.

**Botanical Ingredients:** 100% pure essential oils of Eucalyptus, Grapefruit, Lime, Lemon and Orange



## DAILY ORAL THERAPY

Antiseptic and disinfectant for the teeth, gums, throat and tonsils, killing bacteria, fungi and viruses. Prevents plaque build-up and freshens breath.

**Botanical Ingredients:** Echinacea Angustifolia Root, Echinacea Purpurea Seed, Tea Tree Leaf, Thyme Leaf, Bayberry Root Bark, White Oak Bark, Peppermint Leaf, Peppermint Oil, Wintergreen Oil, Licorice Root, Habanero Pepper, Cinnamon Bark, Clove Bud, Garlic Bulb

# Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

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