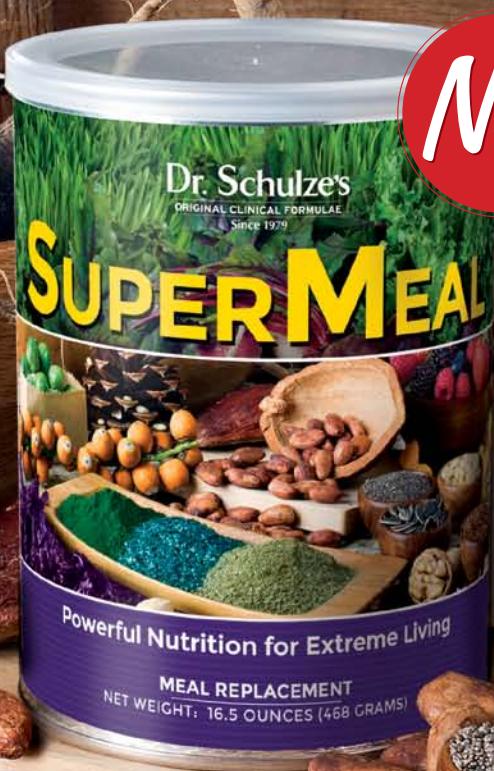


# Dr. Schulze's SPECIAL REPORT

APRIL 2015

## POWERFUL NUTRITION FOR EXTREME LIVING!

New



DR. RICHARD SCHULZE

# WHY I CREATED MY NEW SUPERMEAL!



**“ My NEW SuperMeal, is for anyone who works hard, plays hard, lives a demanding fast-paced life, and needs the BEST most powerful morning FUEL. It's FAST, it's EASY, and it's POWERFUL Nutrition. Best yet, I supply over 40 Miracle SuperFoods, so you don't have to find them, and you don't have them all over your kitchen counter! ”**

– Dr. Schulze

Dear Friends,

If you've ever watched my weekly BLOG video ([www.herbdoc.com/blog](http://www.herbdoc.com/blog)), then you would have seen me every season posting a video right in my kitchen, making one of my Morning Super-Nutrient Dense Breakfast Concoctions. I like to show you EXACTLY how I do things!

BUT, I also get flooded with so many letters and emails from all of you asking 1,000 questions like, “Where can I find nuts that aren't rancid”, and “What is the best brand flax seeds that are freshest?” and “Who is the best organic source?” and on and on.

My son Arthur, the common sense master in my house said, “Dad, you're a weird guy and have spent most of your life searching for the finest sources of sunflower seeds or kale, but most people don't have the



time to do this, let alone have the room on their kitchen counter to collect all this stuff. Can't you just gather all the best stuff for the rest of us who have lives beyond seeking out the best pine nut?"

I had to laugh, but he was right. I know I'm a fanatic with a capital F, so a year later, here it is, my NEW SUPERMEAL!

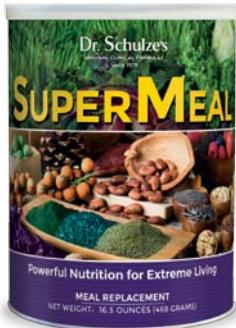
It's EXACTLY what I drink EVERY morning of my life, and just like what I made for EVERY patient in my clinic. Starting with my SuperFood Plus, Super-C Plus and my HerbalMucil Plus, I added all the finest nutrient-dense greens, seeds, nuts and even MORE SUPER FOODS!

Now, all you have to do is...Take a quarter cup, put it in a blender, add water and some of your favorite juice, and you've got the finest, most powerful, nutrient-dense SuperFood MEAL!

My NEW Dr. Schulze's SuperMeal is for anyone who wants the BEST NUTRITIONAL FUEL, a SUPERFOOD MEAL replacement, but doesn't want to have OVER 40 separate ingredients sitting on their kitchen counter.

Enjoy!!!

*Dr. Richard Schulze*



# POWERFUL NUTRITION FOR EXTREME LIVING!

## WITH DR. SCHULZE'S SUPERMEAL

**If you're pushing too hard, working too hard, or playing too hard, flooding your body with over 40 different miracle superfoods is the antidote for life in the fast lane.**

— Dr. Schulze

## WHY YOU NEED IT

### Skyrocketing Disease & Illness!

#### FACT

Today, 94% of the Average American's diet is comprised of animal-based and processed foods, while only 6% (or less) comes from fresh fruit and vegetables.

This imbalance has led to the horrific rates of heart disease, cancer, and diabetes in our country, and has also contributed to the massive increase in obesity and ALL illnesses.

Dr. Schulze's SuperMeal is raw, organic, nutrient-dense, vegan, low calorie and low fat, with NO added sugar and NO gluten! It is the perfect meal replacement to combat the Average American's high calorie, high fat and low fiber diet.

## WHAT'S IN IT

SuperMeal is a powerful blend of over 40 different miracle superfood ingredients, hand picked by Dr. Schulze. It contains THREE of his now-famous formulas all in one jar – his nutrient-dense SuperFood Plus powder, his all natural Vitamin-C packed Super-C Plus and his fiber-rich HerbalMucil Plus! Together, these three products are exactly what Dr. Schulze uses every day in his morning smoothie!

Additionally, Dr. Schulze included four more of his vitamin and mineral complexes in SuperMeal, like his Cruciferous, Protective, Nutrient-Dense Green Complex (with organic kale leaf, collard greens, brussels sprouts and Napa cabbage leaf), his Antioxidant Berry Complex (made with organic blueberries, blackberries, and raspberries), his Omega-3 & Omega-6, High Protein Seed & Nut Complex (made with organic flax seeds, chia seeds, walnuts, sunflower seeds, almonds, pine nuts and pistachios), and his International Superfoods (a potent blend of both black and red maca root with cacao bean and eleuthero root).



#### DR. SCHULZE'S SUPERMEAL

250 Calories

NEW!

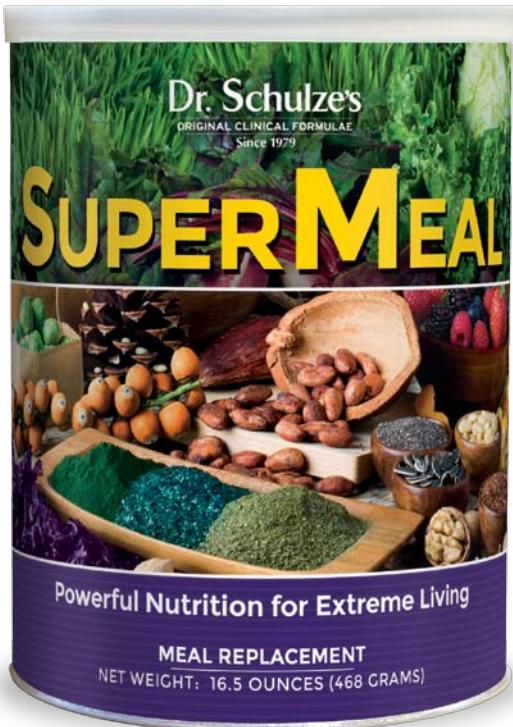
1/4 cup Dr. Schulze's SuperMeal  
1/2 banana

4-oz fruit juice  
12-oz water or herbal tea (caffeine free)

NEW! Dr. Schulze's SuperMeal contains the most concentrated nutrient-dense superfoods from around the planet and every ingredient used in his "Loaded" SuperFood Plus drink all in one jar. (See pages 8-9).



# GET THE WORLD'S MOST AMAZING SUPER-NUTRIENTS ALL IN ONE DRINK!



## WHAT IT IS

- ✓ 3 Powerful Products in ONE Jar!
- ✓ 4 Additional Nutrient-Dense Complexes!
- ✓ Raw, Organic and Vegan!
- ✓ Low Calorie & Low Fat!
- ✓ No Sugar & No Gluten!



Get yours today!  
See specials inside...

Dr. Schulze's **SuperMeal** is a powerful blend of over 40 different miracle superfood ingredients. It contains three of his now famous formulas all in one jar—his nutrient-dense **SuperFood Plus** powder, his all natural Vitamin-C packed **Super-C Plus** and his fiber-rich **HerbalMucil Plus!** Additionally, Dr. Schulze included four more of his vitamin and mineral complexes in his **SuperMeal** to provide your cells with the essential nutrients they need for an entire day, leaving you full of energy and totally satisfied.

## INGREDIENTS

**Dr. Schulze's Cruciferous Protective / Nutrient-Dense Green Complex** (Kale Leaf<sup>1</sup>, Collard Greens<sup>1</sup>, Brussels Sprouts<sup>1</sup>, Napa Cabbage Leaf)

**Dr. Schulze's Antioxidant Berry Complex** (Blueberries<sup>1</sup>, Blackberries<sup>1</sup>, Raspberries<sup>1</sup>)

**Dr. Schulze's Omega-3 & Omega-6, High Protein, Seed & Nut Complex** (Flax Seeds<sup>1</sup>, Chia Seeds<sup>1</sup>, Walnuts<sup>1</sup>, Sunflower Seeds<sup>1</sup>, Almonds<sup>1</sup>, Pine Nuts<sup>1</sup>, Pistachios<sup>1</sup>)

**Dr. Schulze's International Superfoods** (Black Maca Root<sup>1</sup>, Red Maca Root<sup>1</sup>, Cacao Bean<sup>1</sup>, Eleuthero<sup>1</sup>)

**Dr. Schulze's Super-C Plus** (Camu-Camu Berries<sup>2</sup>, Acerola Cherries<sup>1</sup>, Raspberries<sup>1</sup>, Strawberries<sup>1</sup>, Rose Hips<sup>1</sup>, Orange Pith and Peels<sup>1</sup>, Lemon Pith and Peels<sup>1</sup>, Coriander Leaf<sup>1</sup>, Parsley Leaf<sup>1</sup>, Kale Leaf<sup>1</sup>, Habanero Peppers<sup>1</sup>)

**Dr. Schulze's SuperFood Plus** (Spirulina Algae<sup>2</sup>, Blue-Green Algae<sup>1</sup>, Chlorella Broken-Cell Algae, Barley Grass<sup>1</sup>, Alfalfa Grass<sup>1</sup>, Wheat Grass<sup>1</sup>, Purple Dulse Seaweed<sup>1</sup>, Acerola Cherries<sup>1</sup>, Rose Hips<sup>1</sup>, Palm Fruit, Lemon Peel<sup>1</sup>, Orange Peel<sup>1</sup>, Beet Root<sup>1</sup>, Spinach Leaf<sup>1</sup>, Non-Fermentable Saccharomyces Cerevisiae Nutritional Yeast)

**Dr. Schulze's HerbalMucil Plus Fiber Rich Formula** (Psyllium Husk and Seeds<sup>1</sup>, Marshmallow Root<sup>1</sup>, Slippery Elm Bark<sup>1</sup>, Aloe Vera Leaf<sup>1</sup>)

<sup>1</sup>Organic ingredients, <sup>2</sup>Wild-Harvested ingredients

**Cruciferous Nutrient-Dense Green Complex**



**Dr. Schulze's Berry Antioxidant Complex**



**Omega-3 & 6, High Protein, Seed, Nut & Legume Complex**



**Over 40 Miracle SuperFood Ingredients in one simple drink.**

**Dr. Schulze does it again!**

**Dr. Schulze's SuperFood Plus**



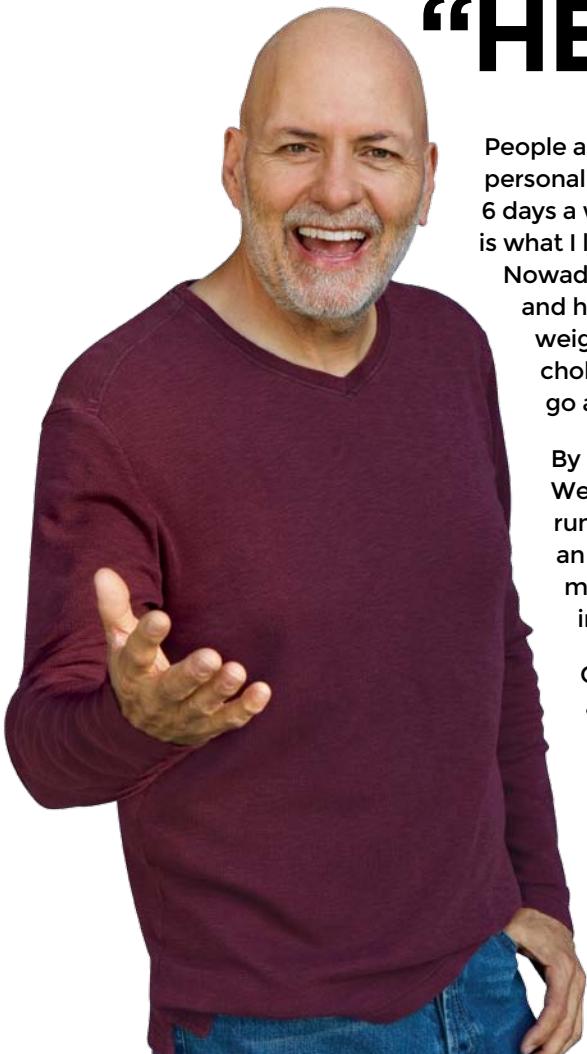
**Dr. Schulze's Super-C Plus**



**Dr. Schulze's HerbalMucil Plus**



# WHAT DOES THE “HERBDOC” EAT?



People always ask me, “What Do You Eat?” So this year, I decided to tell you my personal food program, which is EXACTLY what I eat Monday through Saturday, or 6 days a week. On the weekend, one day, who knows. Usually I eat the same, which is what I love, but I also may eat out and when I do, I find the best restaurant food.

Nowadays, there are some pretty good restaurants popping up, serving cleaner and healthier food, and GREAT salads. But, if you want to lose or normalize your weight, reduce your fat, build muscle, normalize your blood sugar, drop your cholesterol to 150, let go of all your disease and illness and GET HEALTHY, then go ahead, eat what I eat. What the HerbDoc eats!

By the way, I also exercise six days a week with an intense workout Monday, Wednesday and Friday that includes 50 minutes of aerobic fast walking and running (20-minute fast walk, 20-minute run, 10-minute fast walk) and about an hour or more of strengthening exercise with kettle bells, free weights, machines, cross-fit, medicine balls, jump rope, and just some great fun and intense play.

On Tuesday, Thursday and Saturday, I do the same 50-minute walk run, and then about 20 minutes of strengthening. Lately, I have been doing a lot of abdominal exercise because I LOVE working my abs. Remember with moving, FUN is FUNdamental, so MAKE IT FUN, and KEEP IT FUN, or you will quit.

As far as food, keep it organic, highest-quality, fresh, mostly raw, vegan and really basic and simple. Be able to recognize the original plant in everything you eat; this way you know it hasn't been messed with too much. Messing with food DESTROYS NUTRITION. It's that simple. Do this and you will see a MIRACLE in your life in only a month or two!



## “LOADED” SUPERFOOD PLUS DRINK

250 Calories

- |  |                        |
|--|------------------------|
| 2-oz fruit juice                           | 2 tsp sunflower seeds  |
| 12-oz water or herbal tea<br>(no caffeine) | 4 almonds              |
| 1/2 banana                                 | 2 walnuts              |
| 4 blueberries                              | 1 tsp flax seeds       |
| 2 strawberries                             | 1 tsp chia seeds       |
| 2 raspberries                              | 1 tsp HerbalMucil Plus |
| 2 blackberries                             | 1/2 tsp Super-C Plus   |

It's obviously best if all the ingredients are organic. You can add other nuts, seeds, berries, greens, herbs, fruit and any nutrient-dense, organic, raw food that you like, but this may increase the calorie count and glycemic load.



## DOC’S “LOADED” OATMEAL

400 Calories  
(with non-dairy yogurt)

- |                                   |   |
|-----------------------------------|---|
| 1/2 cup organic<br>steel-cut oats | 4 almonds (chopped)   |
| 1/2 banana                        | 2 walnuts (chopped)   |
| 2 strawberries                    | 1/2 tsp organic cinnamon  |
| 4 blueberries                     | 1/2 tsp Super-C Plus  |
| 2 blackberries                    | Optional: 1 cup organic<br>soy or coconut<br>unsweetened yogurt |
| 1 tsp flax seeds (whole)          |   |
| 2 tsp sunflower seeds<br>(whole)  |   |

Mix 1/2 cup of steel-cut oats and 2 1/2 cups of water in a saucepan. Bring to a boil. Simmer for 15-20 minutes. Add more water, if desired. Add fruit, nuts, seeds, cinnamon and Super-C Plus when serving.

Monday, Wednesday & Friday More Intense Exercise Days		Tuesday, Thursday & Saturday Lighter Exercise Days
<b>WAKE-UP DRINK</b>	3-oz fresh juice and 3-oz water with $\frac{1}{2}$ teaspoon of HerbalMucil Plus 75 Calories	3-oz fresh juice and 3-oz water with $\frac{1}{2}$ teaspoon of HerbalMucil Plus 75 Calories
<b>BREAKFAST</b>	(One hour BEFORE my exercise) <b>DR. SCHULZE'S SUPERMEAL or "LOADED" SUPERFOOD PLUS DRINK</b> plus $\frac{1}{2}$ Vitality "SHOT" 250 Calories	(30 minutes AFTER my exercise) <b>DR. SCHULZE'S SUPERMEAL or "LOADED" SUPERFOOD PLUS DRINK</b> 250 Calories
<b>LUNCH</b>	(One hour AFTER my exercise) <b>DOC'S "LOADED" OATMEAL</b> 400 Calories	(When I am hungry) <b>FRUIT AND NUT SALAD</b> 260 Calories <b>SUPERFOOD BAR</b> 140 Calories
<b>DINNER</b>	<b>DOC'S RAW SALAD</b> 450 Calories <b>DOC'S SUPER SOUP</b> 125 Calories	<b>DOC'S RAW SALAD</b> 450 Calories <b>DOC'S SUPER SOUP</b> 125 Calories
<b>TOTAL CALORIES</b>	<b>1,300 Calories</b>	<b>1,300 Calories</b>



### DOC'S RAW SALAD

370–450 Calories

Any seasonal greens (kale, collard greens, romaine, arugula, baby spring mix, cabbage, etc)

Grated beets and carrots

$\frac{1}{2}$  pear (chopped), mango or any fruit you like

Raw, dried olives chopped, tomatoes, celery, red pepper

Raw broccoli, cauliflower, cucumber, sliced mushrooms

2 Tbsp chopped nuts (raw walnuts, pistachios or raw peanuts)

$\frac{1}{4}$  cup crumbled dehydrated kale chips

$\frac{1}{2}$  cup Doc's dressings  
(See page 5 in Catalog online [www.herbdoc.com/Catalog](http://www.herbdoc.com/Catalog))



### DOC'S SUPER SOUP

125 Calories (per bowl)

Place in a pot:  
1/2 cup adzuki beans  
1/2 cup lentils

Add water three inches above beans. Cook in pressure cooker for 30 minutes. When cool, open and add chopped vegetables.

1 onion  
6 to 20 cloves of garlic  
2 carrots  
1 stalk celery  
 $\frac{1}{2}$  cauliflower  
2 cups chopped kale

2 cups chopped chard  
6 brussel sprouts  
2 cups broccoli  
2 cups assorted mushrooms (shitake, mitaki, chanterelles, portobello)

Add more water. Cook for another 15 minutes in pressure cooker. Makes 8 bowls of soup.

# HOW OUR CUSTOMERS CREATE A HEALTHIER YOU



## SUPER-C PLUS POWDER

Since I've taken it, not one runny nose, not one sniffle or sore throat, nothing. It's really helped. And my skin looks better than ever. My friends think I've done Botox.



## DAILY ORAL THERAPY

Keeps my whole mouth fresh, I use this every morning and night. And, if I wake up in the morning and I have a tickle in my throat, like I am coming down with something, I gargle with this and the tickle is gone.



## PROTECT FORMULA

I always take it mid-morning after my SuperFood. I know I have a weak liver, and have had gallbladder issues, so I take it to protect my liver. It is part of my daily regimen.



## SUPERFOOD PLUS POWDER

My breakfast every morning. It gives me all the nutrition and energy I need for one day in one dose. I won't live without it!



**HILDA G.**  
SANTA MONICA, CA  
AGE 51

Mother of three with a second grandchild on the way, she is also a part-time lead product trainer at Dr. Schulze's American Botanical Pharmacy for 18 years.

**"I won't live without these products!"**



## INTESTINAL FORMULA #1

I need the extra help staying regular. Intestinal Formula #1 takes care of that for me like nothing else.



## VITALITY "SHOT"

This gives me an extra energy boost in addition to my SuperFood. Sometimes, I just add it to my morning drink and wow — instant energy times two! I don't do it all the time, but it's always on my counter for when I need an immediate energy boost.



## FEMALE "SHOT"

This is my 'go-to' for my hormonal balance and my sanity. I don't drink the whole bottle at once. I just take a little sip every day. It's amazing.



## FRESH BREATH PLUS

I keep the Fresh Breath Plus in my purse, and if I eat something that doesn't agree with me, I put six to ten drops in my mouth and use it as a digestive aid. It's unreal. And it's so easy to carry around. I love it!

# ATE VIBRANT HEALTH!



## SUPERFOOD PLUS POWDER

I'll make this drink three days a week and drink it all day long. This is my "kitchen sink" drink. I add everything to my SuperFood — greens, beets, radishes, kale, carrots, sunflower seeds, almonds, blueberries, cherries — pretty much anything healthy that's in my kitchen. I'll add the vitamin-C powder (Super-C) and HerbalMucil, too. My wife calls it an anti-depressant, we literally feel happier when we drink it!



## INTESTINAL FORMULA #1

I've been taking this for five years now. My wife swears by them, too. If I'm not taking them, I don't go as much and I'll get bloated. Being constipated is not a good thing.

**JULIO H.  
SANTA MONICA, CA  
AGE 54**

Originally from Buenos Aires, Julio is an entrepreneur from Santa Monica, CA who credits his amazing, loving wife with introducing him to Dr. Schulze's herbal products.

**"With Dr. Schulze's products, I feel better, I have more energy, I'm not as sluggish, my skin stays healthier — it helps me heal."**



## CAYENNE, HEART & BRAIN FORMULAS

When I first wake up, I start my day with 32-oz of pure water. Then, I make my morning drink with fresh lemons, limes, grapefruit, tangerine juice, fresh ginger and turmeric. I put that in a blender with Cayenne, Heart, and Brain Formula and drink it down. I've been doing this for the past two years. My skin is very sensitive, so if I eat any processed foods, my body doesn't react well; I'll break out and won't feel well. With this raw drink, I am getting the enzymes and circulation boost throughout my body and it makes a huge difference. I feel better, I have more energy, I'm not as sluggish, my skin stays healthier — it helps me heal. My blood pressure is down a lot since I started this routine, too.



## K-B TEA

I brew my own tea every morning. I've had a lot of the Detox Tea, but lately I've been doing the K-B Tea. I like to add things to it too, like hawthorn berry, juniper berry, and bilberries. It's the perfect warm, detoxifying drink as I head out for my day.



## MALE FORMULA & SUPER GINSENG

My wife and I are working on starting a family, so I've been taking this every night lately.



## PROSTATE FORMULA

If I find I'm getting up to pee more than once a night, I'll start the Prostate Formula, and it works.

# POWERFUL NUTRITION

## INCREASE YOUR ENERGY AND VITALITY EVERY DAY!

“ God has blessed us with many foods and herbs that are so nutritionally potent, concentrated and complete, I call them the superfoods. They are nature's way to healthy blood and a healthy body. I have never met a person that didn't need more nutrition! ”

— Dr. Schulze

Dr. Schulze's SuperFood blasts your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength.

Most people today live on a diet of overprocessed and overcooked food, not to mention coffee, sugar, chocolate, junk food, prescription drugs and alcohol. Our environment is more toxic, and has more chemical pollutants and less oxygen in it, than ever before. Most of us suffer from lack of exercise, lack of sleep and excessive stress. This constant bombardment that we call “modern living” devours nutrients like a raging forest fire with a 100-mph tailwind.

A lack of nutrition in your blood can cause everything from low energy and a weak immune system to premature aging and virtually any disease. Nutrition is what builds every cell, every organ and every metabolic chemical in your body—it's what YOU are made of. Having a rich supply of nutrition in your blood gives you energy, vitality and strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.



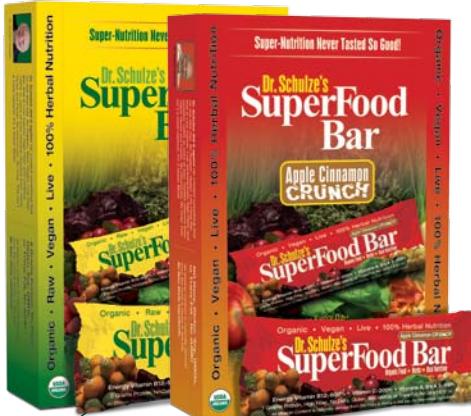
### SUPERFOOD PLUS

- ✓ The FINEST whole food, herbal, vitamin and mineral product available ANYWHERE
- ✓ BLASTS every cell in your body with nutrient-rich organic vitamins and minerals to give you more ENERGY than ever before
- ✓ Nature's high-octane SUPER NUTRITION that ASSIMILATES in seconds
- ✓ Vegan and gluten-free

**SuperFood Plus**  
14-ounce powder / 1-month supply

**SuperFood Plus**  
390 tablets / 1-month supply

**SuperFood Plus  
“On The GO”**  
20 packets / .26-ounce packet



## SUPERFOOD-100

- ✓ 100% of your RDI of Vitamins A, B, C and E
- ✓ Over 500% of your ENERGY Vitamin B12
- ✓ 100% natural, 100% vegan, 100% herbal and food nutrition that ASSIMILATES in seconds

### SuperFood-100

90 vegetarian tablets / 1 gram each

### SuperFood-100

270 vegetarian tablets / 1 gram each



## SUPERFOOD BARS

- ✓ Over 600% of vitamin B12 ENERGY in every bar
- ✓ 200% of Vitamin C and 100% of Vitamins A, B and E in EVERY bar
- ✓ Organic, live, vegan, 100% herbal NUTRITION
- ✓ NO added sugars, NO chemicals and NO crap

### SuperFood Bars

(Original or Crunch)  
12-Pack / 2.12 oz. / 60g each



See special offers  
inside...

## SUPERFOOD-100 FOR KIDS

- ✓ SMALLER TABLETS, easier to swallow
- ✓ NUTRIENT-RICH formula provides over 100% of your child's RDI of Vitamins A, B, C & E
- ✓ Over 500% of Vitamin B12 for a natural ENERGY BOOST
- ✓ PROTEIN-PACKED with over 40% protein by volume
- ✓ Super nutrition to BOOST the immune system
- ✓ 100% natural, 100% vegan, 100% herbal and food nutrition that ASSIMILATES in seconds

### SuperFood-100 for Kids

90 vegetarian tablets / 500 mg each

# NATURE'S FINEST BERRY, HERBAL & FRUIT VITAMIN-C COMPLEX

Super-C PLUS is a blend of the finest berries, herbs, fruits and vegetables known on the planet, the absolute highest sources of natural Vitamin-C and Vitamin-C Complex nutrients. ALL of the Vitamin-C and Vitamin-C Complex nutrients in this formula are natural and derived solely from the whole plants in the formula. Nothing is extracted, isolated, fortified or synthetic.

This formula is 100% natural plants, and extremely rich in Vitamin-C and Vitamin-C Complex. NO chemicals, NO ascorbic acid, period!

## 1 REVERSES DISEASE AND AGING

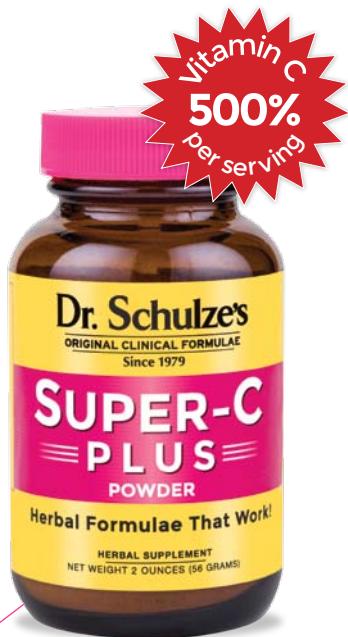
One of the most powerful nutrient antioxidants known on the planet is Vitamin-C. Vitamin-C STOPS free radicals from hurting you and neutralizes them.

## 2 IT IS NECESSARY TO MAKE COLLAGEN

One of the most powerful nutrients needed for your body to produce collagen is Vitamin-C Complex or Bioflavonoids. Collagen is the main component of what is called fibrous or connective tissue in your skin, muscles, tendons, ligaments, cartilage, arteries, veins and bones.

## 3 THE IMMUNE VITAMIN

Vitamin-C is found in extremely high concentrations INSIDE immune cells. It is quickly consumed when your immune system is fighting off infections, cancer and even radiation or toxic poisons.



## SUPER-C PLUS

- ✓ Over 500% Vitamin-C COMPLEX per serving!
- ✓ NO Ascorbic Acid, NONE!
- ✓ NO Extracted, Isolated or Synthetic Vitamins!
- ✓ NO Gluten, NO Sugar, NO Soy, NO Artificial ANYTHING!

### Super-C Plus

Powder / 56 grams / 1-month supply

### Super-C Plus

120 Tablets / 1-month supply

# CIRCULATION FORMULAS

NOW THAT YOU HAVE NUTRIENT-RICH BLOOD FROM SUPERFOOD, GET IT TO EVERY CELL THAT NEEDS IT BY USING THE PRODUCTS BELOW!



## CAYENNE

- ✓ STIMULATES blood flow—rapidly, powerfully and completely
- ✓ STRENGTHENS your heart, arteries, capillaries and nerves
- ✓ Helps maintain NORMAL blood pressure in healthy individuals

**Botanical Ingredients:**

Dr. Schulze's special blend of Mexican Habanero, Jalapeño, African, Chinese, Thai, Korean and Japanese Peppers

**Cayenne****(Tincture or Powder)**

1 ounce liquid fire or 2 ounces powder  
(250,000 heat units)



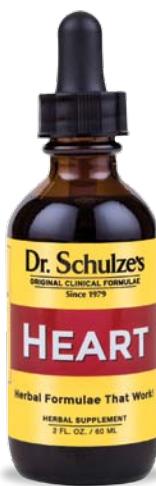
## BRAIN FORMULA

- ✓ STIMULATES circulation and REDUCES congestion in the brain
- ✓ INCREASES oxygen and blood flow to the brain
- ✓ SUPPORTS healthy hearing and eyesight

**Botanical Ingredients:**  
Ginkgo Biloba Leaf, Rosemary Leaf and Flower, Kola Nut, Habanero Pepper

**Brain Formula**

2 ounces / 60 ml. bottle



## HEART FORMULA

- ✓ A life-saving formula that STRENGTHENS and TONES the heart
- ✓ MAINTAINS healthy blood pressure and cholesterol levels
- ✓ INCREASES overall heart health and general circulation

**Botanical Ingredients:**  
Hawthorn Berry, Red Clover Blossom, Cactus Grandiflorus Stem and Flower, Motherwort Herb, Garlic Bulb, Hawaiian Yellow Ginger Root, Habanero Pepper

**Heart Formula**

2 ounces / 60 ml. bottle



See special offers inside...

# Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

POST OFFICE BOX 9699,  
MARINA DEL REY, CA 90295

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CALL CENTER:  
1-800-HERB-DOC (437-2362)

WEB:  
[www.herbdoc.com](http://www.herbdoc.com)

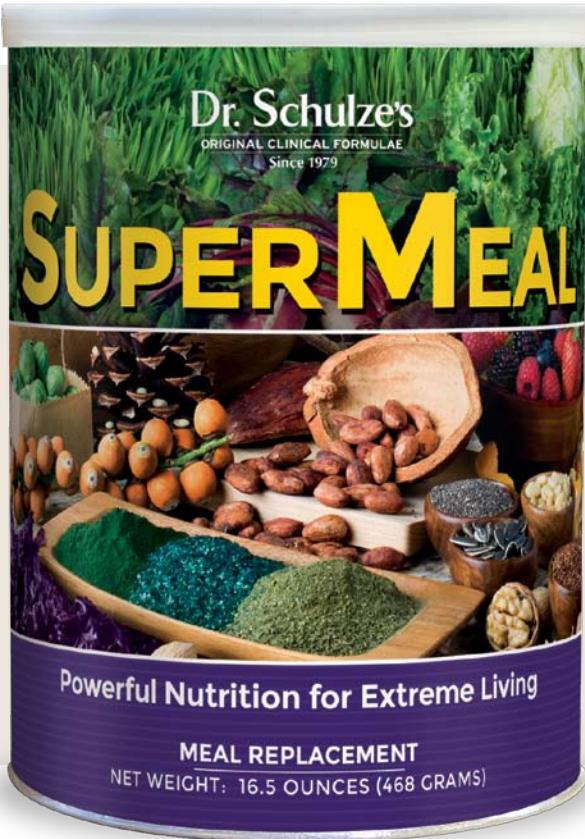
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RETAIL STORE:  
4114 GLENCOE AVENUE,  
MARINA DEL REY, CA 90292  
310-577-9999

Introducing Dr. Schulze's  
**NEW SUPERMEAL**

**Powerful Nutrition for  
EXTREME Living!**

See details and special offers inside...



*New*  
**Over 40 Miracle  
Superfood  
Ingredients in  
one simple drink.**

**Dr. Schulze  
DOES IT AGAIN!**

See inside for details!