

**Dr. Schulze's**  
ORIGINAL CLINICAL FORMULAE  
Since 1979

MAY SPECIAL REPORT:  
**THE POWER OF DETOX**





# THE POWER OF A GREAT DETOX

A woman with short, curly blonde hair is standing in a lush green forest. She is wearing a bright orange jacket over a blue shirt and light-colored pants. She has a backpack on and is looking upwards with a smile. The background is filled with dense green foliage and trees.

Every single one of the 37 TRILLION cells in your body creates metabolic waste as it functions. Therefore, the constant elimination of this cellular waste is of the utmost importance to PROTECT you, PREVENT illness and create POWERFUL health.

Every cell relies on your body's garbage disposal systems (your bowel, liver and kidneys) to remove the waste from your body. When any of these waste disposal systems get congested, sluggish or slow down, your cellular waste starts backing up. This is a serious health problem.

At first you'll feel bad, have low energy, headaches, and feel sick, because you are living in a polluted body. When these systems back up or stop, you become diseased, get really sick, and can even die.

Like preventative maintenance on your car, routine SEASONAL DETOXIFICATION is preventative maintenance for your body. It PROTECTS you from illness and keeps you strong and healthy.



# THE ESSENTIALS:

## Bowel

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Your bowel is the **LARGEST** elimination organ in your body. It is the major way waste gets out of your body. A constipated, swollen bowel can put pressure on a nearby area, causing an almost endless list of ailments like abdominal discomfort, allergies, asthma, backaches, constipation, cramps,

depression, fatigue, food cravings, headaches, hemorrhoids, indigestion, insomnia, irritability, memory loss, menstrual problems, nausea, poor appetite, prostate trouble, skin problems, sexual dysfunction and weight gain. This is why the **FIRST STEP** in any health program is cleansing and detoxifying your bowel.

## Liver & Gallbladder

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Your liver is your blood filter. Every second of every day it filters, traps, neutralizes, kills and eliminates poisons that you inhale, ingest and absorb. From common poisonous chemicals in the home, workplace or even on your dinner plate to prescription drug residues, air pollution and worn-out blood cells, there are literally

millions of toxic trash bits circulating all over your body that your liver has to defend you against. Almost **ALL** cancer today is directly linked to toxic, chemical exposure. Your liver is your defensive barrier that **PROTECTS** every cell in your body—keeping it cleansed and detoxified is essential to your health.

## Kidneys & Bladder

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Every organ in your body **DEPENDS** on your kidneys staying clean, healthy and strong. Clogged and sluggish kidneys impact every system of the body, because your kidneys are such a key part of delivering essential vitamins and oxygen to your cells, along

with getting the waste and toxins out. Herbs are the safest and most powerful way to support your kidneys and urinary tract. They work mostly by increasing your flow of urine, which naturally flushes and cleans your urinary tract.

## Skin

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Your skin is an amazing organ. It absorbs nutritional substances, converts sunlight to vitamin D, has its own immune system and it can also eliminate up to 10 pounds a day in gases, liquid and semi-solids. Letting your skin **BREATHE** and **MOVING** your

body every day, increases the elimination of carbon dioxide from the lungs and flushing sweat from the skin. It helps to eliminate more waste and toxins from our body, and does it more efficiently and effectively.



A detox or detoxification program (also called a cleanse) is the process of extracting, neutralizing, and eliminating built-up waste, pharmaceutical drug residue, heavy metals, mucous, pus, fluids, toxic chemicals, poisons or any harmful residues from your body. This waste can be in your fat, muscles, organs, cells, and even within the various spaces between organs within your body.

One of the greatest ways to prevent, and even heal disease is to keep ahead of the game by periodically assisting our body in eliminating this built-up toxic waste. That's a detox.

## Where do the toxins come from?

First, simply being alive creates metabolic waste. Your body must continuously eliminate solid, liquid and gaseous waste or you will get sick and die. Second, we adsorb many toxins and poisons every day from our food, air and water, as well as from drugs and toxic heavy metals found in our environment.

## Why should you consider a detox?

The bottom line is that modern life and modern living have overloaded, overworked, polluted, irritated, inflamed, clogged, scarred, constipated, degenerated and diseased all of your body's elimination organs and systems.

This has caused a slowing down effect of your body's elimination of toxic waste, and caused it to be backed up and deposited – (and even stored) in your body – overworking and depressing your immune system and lowering your disease resistance.

This unavoidable toxicity underscores the serious importance of regular and routine cleansing, detoxification and toning of these precious elimination organs and systems.

## When is it best to do a detox?

**#1 - For Prevention.** Everyone who wants to maintain a healthy body needs to detox.



# WHAT IS A DETOX?

Depending on the detox and your goals, once every three to four months is common.

**#2 - For Healing.** If you are not feeling well, or if you have a diagnosed illness or disease, then begin detoxing immediately. Carefully evaluate your needs and decide upon a detox plan. The get going right away.

## What will happen when you detox?

When your body gets clean and your elimination systems are cleaned, flushed, toned, strengthened and tuned-up, two things happen...

**First, problems go away.** There isn't any condition of the human body that isn't helped by getting cleaner and healthier.

By strengthening the systems that we already have, our bodies are better able to

fight disease - existing or newly introduced as a matter of life.

No matter how far removed a disease may seem, no matter how unrelated or distant it may seem for simple detoxification, when you get clean and get healthy your body will find that problem, get rid of it, repair itself and heal itself. Period.

**Second, you will have more energy.**

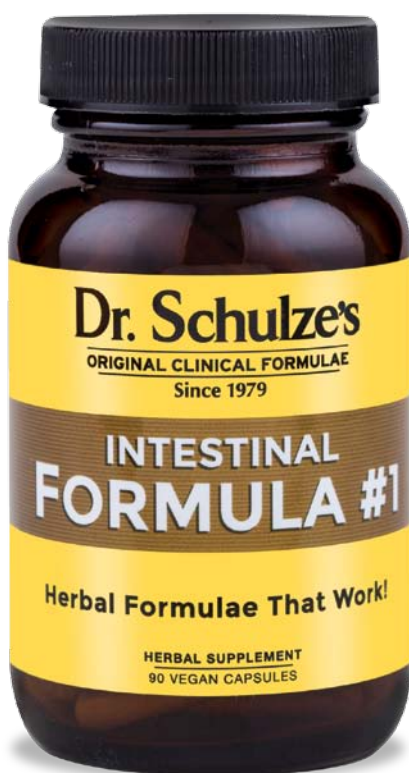
When your body removes toxins, poisons, waste, acids and mucous from your body and from your organs, tissues, and cells, you will feel great and you will have a lot more energy.

**Why?** After detoxing, your body is clean clear, and operates more efficiently. It uses fuel better, eliminates waste faster and many blockages have been removed. Your immune system gets stronger and every internal organ benefits. All of this contributes to feeling great and having an abundance of energy.

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## Powerful Detox Starts With Healthy Elimination

Begin Now →



#### BOTANICAL INGREDIENTS:

Curaçao Leaf  
Cape Aloe Leaf  
Senna Leaf and Pod  
Cascara Sagrada Aged Bark  
Oregon Grape Root  
Hawaiian Yellow Ginger Root  
Garlic Bulb  
Habanero Pepper

## Intestinal Formula #1

Intestinal Formula #1 relieves constipation and assists you to have more regular and more complete bowel movements.

It also stimulates your colon's natural muscle action and strengthens these muscles. It halts putrefaction, soothes and heals, improves digestion and relieves gas and discomfort from cramps. It also increases the flow of bile, which in turn cleans the gallbladder, bile ducts and liver and promotes healthy intestinal flora. Additionally, it makes it impossible for many intestinal invaders to survive.

The body is a metabolic engine. Every system, organ and cell of the human body takes in fuel to run and eliminate waste material. The majority of this waste is deposited into your colon. The average American stores from 10 to 12 pounds of fecal matter in his or her colon. If this toxic waste isn't regularly eliminated, it will cause your body to be backed up with poisons, making it sluggish and unhealthy. Dr. Schulze designed this formula to help his patients rid themselves of accumulated toxic waste.

Organs don't work well when they are crushed and circulation gets interrupted. Every organ needs good circulation to bring nutrition in and get waste out. Your colon is so big it is connected to, touches or is in the vicinity of every major organ in your body, except your brain. It also touches most of your blood vessels and nerves. Constipation causes the colon to swell which can compress the lungs, heart, liver, gallbladder, pancreas, kidneys, adrenals, uterus or prostate. A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems.

#### Powerfully promotes regular and complete bowel movements!

- The BEST BOWEL CLEANSER on the planet
- STIMULATES and STRENGTHENS the muscular movement of the colon
- CLEANSE and DETOXYFY your body of accumulated waste



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**BOTANICAL INGREDIENTS:**

Curaçao Leaf  
Cape Aloe Leaf  
Senna Leaf and Pod  
Cascara Sagrada Aged Bark  
Hawaiian Yellow Ginger Root  
Habanero Pepper

## Intestinal Formula #1 Max

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This new maximum-strength version of Dr. Schulze's Intestinal Formula #1 is for those who are taking more than four capsules a day of his original Intestinal Formula #1, and who need something even stronger and more effective.

A very potent formula for those who suffer from chronic constipation and need relief right away. These herbs have been used for centuries (if not millennia) to stimulate and tone the muscles of the large intestine to be stronger and promote more complete and more frequent bowel elimination.

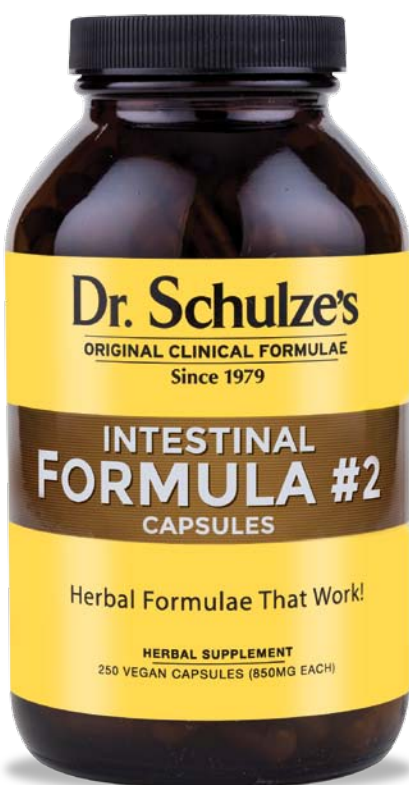
Because Cape Aloe, Senna and Cascara Sagrada offer so many health benefits, they were considered almost magical by the many cultures that have used them and referred to them as "miracle healers" and "sacred barks." Ginger Root is a powerful carminative, relieving gas and bloating in your intestinal tract. Habanero Peppers dramatically increase blood flow and are a wonderful remedy for inflamed intestines.

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**A maximum-strength version of our Intestinal Formula #1!**

- Powerfully PROMOTES regular, healthy and complete bowel movements
  - STIMULATES and STRENGTHENS the muscular movement of the colon
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#### BOTANICAL INGREDIENTS:

Flax Seed  
Psyllium Seed  
Apple Pectin  
Activated Willow Charcoal  
Marshmallow Root  
Pharmaceutical-Grade  
Bentonite Clay  
Slippery Elm Bark  
Peppermint Leaf  
Cayenne Pepper Blend

## Intestinal Formula #2

Assuming that you are already using Intestinal Formula #1 and you are having regular bowel movements, it is now time to “dig in” and get out the accumulation of old, toxic debris that you have been collecting and storing for years.

Intestinal Formula #2 is a strong purifier and intestinal vacuum that will draw out the old, hardened fecal matter and mucous from the walls of your colon and out of any diverticula.

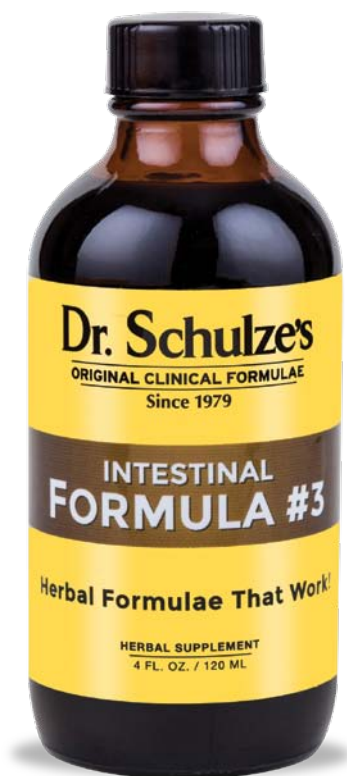
This formula is also a wonderful, soothing agent for the mucous membrane lining of the entire intestinal tract, but especially in the colon. This makes it an important formula for anyone who has irritable bowel, spastic colon, Colitis, Crohn's disease, Diverticulitis or any illness that causes hot, burning, irritated or bleeding bowels and diarrhea. This is also an excellent remedy for food poisoning, because it will absorb the harmful bacteria and poisons.

This formula contains the three most powerful and effective absorbers and neutralizers known: clay, charcoal and pectin. Our Bentonite Clay will actually absorb up to 40 times its weight in intestinal fecal matter and waste. The Activated Willow Charcoal is the greatest absorbing agent for every toxin and poison known. It will absorb and render harmless over 3,000 known drug residues, pesticides, insecticides and just about every harmful chemical known. This is why it is the active ingredient in nearly every water filter made today. Apple Pectin draws numerous harmful substances out of your intestines, especially heavy metals, like mercury and lead and carcinogenic radioactive materials.

#### Draws toxic waste and build-up out of the bowel!

- A POWERFUL intestinal vacuum that draws out old fecal matter, toxins, poisons, bacteria, drug residues, mercury and lead
- STRONG anti-inflammatory and SOOTHING agent





#### **BOTANICAL INGREDIENTS:**

Senna Leaf and Pod  
Cascara Sagrada Aged Bark  
Anise Seed  
Clove Bud  
Tangerine Oil  
California Fig Concentrate

## **Intestinal Formula #3**

This formula is a great tasting, liquid stool loosener for the whole family. Although Dr. Schulze originally designed this herbal colon cleanser primarily for children, it's strong enough for adults, too.

In fact, many adults prefer it instead of Intestinal Formula #1, because it has a milder action. As stated under Intestinal Formula #1, Senna Leaf and Pod and Cascara Sagrada Aged Bark both contain the phytochemical anthraquinone, called Emodin, which increases the normal muscular contractions (peristalsis) of the gastrointestinal tract, especially the colon. This formula promotes soft, easy bowel movements, and it will help strengthen the colon for better future elimination.

Since the beginning of recorded medical history, figs and prunes have been used effectively as a natural treatment for constipation. The base of this tonic, California Fig Concentrate, acts not only as a mild natural laxative, but also makes the formula sweet and delicious for the kids. Anise Seed and Clove Bud are strong carminatives and antispasmodics, and therefore are used to relieve gas, cramps, colic, indigestion, nausea and stomach aches.

Tangerine Oil is antibacterial, and is also used to make the formula taste great.

### **Promotes soft and easy bowel movements for the whole family!**

- A Milder liquid version of Intestinal Formula #1 for kids of all ages
- PROMOTES regular and healthy bowel movements
- STRENGTHENS colon muscles
- GREAT TASTING to kids



#### BOTANICAL INGREDIENTS:

Organic Psyllium Husk  
Organic Psyllium Seed  
Organic Marshmallow Root  
Organic Slippery Elm Bark  
Organic Aloe Vera Leaf

## HerbalMucil Plus

HerbalMucil Plus holds water in your stool, is mucilaginous and slippery, contains fiber and adds that extra push, and for all of these reasons, it ensures you an amazingly easy, comfortable and complete bowel movement!

HerbalMucil Plus powder has a very neutral taste. It makes a delicious drink when mixed with any fruit or vegetable juice. But when it gets into your colon, it forms this fibrous, mucilaginous gel that gives you “magical” bowel movements!

Here are four ways it works inside of your body...

#### 1. Holds More Water

HerbalMucil Plus holds more water in suspension in your food waste, so it doesn't get dried out or become too hard in your colon. This added liquid makes it very easy to have effortless, normal bowel movements.

#### 2. Mucilaginous and Slippery

HerbalMucil Plus is very mucilaginous or “SLIPPERY,” which also aids in elimination.

#### 3. Loaded with Fiber

HerbalMucil Plus is loaded with pure plant “FIBER,” which again, makes for having a very comfortable and easy bowel movement.

#### 4. Extra Push

HerbalMucil Plus contains Whole “Leaf” Aloe Vera Cactus, which adds that “MILD EXTRA PUSH” to help you evacuate easily and completely.

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**Promotes easy bowel movements and helps maintain irregularity!**

- 100% organic, herbal, sugar-free and chemical-free
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## BOTANICAL INGREDIENTS:

**Dr. Schulze's Proprietary Cathartic Formulae:**  
Senna Leaf and Pod  
Cascara Sagrada Aged Bark

**Dr. Schulze's Proprietary Carminative Formulae:**  
Hawaiian Yellow Ginger Root  
Peppermint Leaf and Oil  
Anise Seed

**Dr. Schulze's Proprietary WormEx Formulae:**  
Agrimony Herb  
Black Walnut Hulls  
Cinchona Bark  
Clove Bud  
Goldenseal Root  
Thyme Leaf

# Bowel Flush "SHOT"

All you ate today was grease, fat, sugar, calories, cholesterol, free radicals, heavy metals, toxic chemicals and toxic food, and now you're exhausted, bloated, guilty, sick to your stomach and literally full of crap.

Now, you can eliminate your digestive nightmare, relax and get a good night's sleep. First thing in the morning, all of this garbage will be out of you. This herbal "SHOT" is for those times when we overindulge, eat food we know we shouldn't or just eat too much.

The Senna and Cascara Sagrada make this a very strong formula designed to increase peristalsis—the natural muscular action of the bowel—and to empty the entire contents of your bowel out the very next morning. It is also loaded with Hawaiian Yellow Ginger Rhizome, which helps drive everything in a downward direction from your mouth to your anus. It also contains Peppermint Spirits to increase the muscular contractions and empty all the fecal matter in your bowel (without causing spasms). It also contains Anise Seed, which will help relax the bowel and expel gas. Lastly, it contains my Herbal Anti-Parasite Complex, consisting of Agrimony, Black Walnut, Cinchona (a famous herb from South America that contains quinine and kills even the malaria parasite), Clove, Goldenseal and Thyme. These herbs, working together, are famous for destroying parasites (the larvae, eggs, and adult parasites) and getting all of this out of your body.

## Flush the digestive nightmare out of your bowel by morning!

- FLUSHES everything out of your entire gastro-intestinal system by the following morning
- PROMOTES regular, healthy and complete bowel movements
- ONE "SHOT" is all you need

# DETOX

A person is captured in mid-air, jumping off a wooden pier into a body of water. The person is seen from behind, with their arms and legs spread wide in a 'V' shape. The background features a sunset sky with soft, golden light and scattered clouds. In the distance, there are silhouettes of mountains and trees. The water in the foreground shows gentle ripples.

Your bowel is the largest elimination organ in your body. It is the major way that waste gets out of your body. When your bowel is not working efficiently, your fecal waste is stored, and sooner or later, it becomes dehydrated and compacted in your colon. Eventually, this waste turns to sludge and will poison you by being absorbed back into your body.

The first step in any health program is cleansing and detoxifying your bowel. A sluggish, constipated, swollen bowel can compress a nearby area, putting pressure on it, causing pain, blockage, inflammation, disease or emit infection and toxins, which can affect any area of the body. This explains why 80% of Dr. Schulze's patients had their problems literally disappear after doing his 5-Day BOWEL Detox.

A blocked colon can cause an almost endless list of symptoms and ailments like abdominal discomfort, allergies, anxiety, asthma, backaches, constipation, cramps, depression, fatigue, food cravings, headaches, hemorrhoids, indigestion, insomnia, irritability, lack of sexual response, loss of concentration, memory loss, menstrual problems, nausea, poor appetite, prostate trouble, skin problems and weight gain.





## 5-Day BOWEL Detox

Our modern lifestyle has taken its toll on our digestive and elimination organs. Processed foods high in fat and low in fiber, animal fats high in cholesterol, a lack of exercise, increasing levels of toxic pollution and increased stress all contribute to our current gastrointestinal health crisis.

Today, hundreds of thousands of people worldwide have used this very simple and effective program to eliminate constipation, cleanse their colons, detoxify their bodies and live healthier lives. Cleaning your bowel makes it a more efficient waste-removal machine. This not only keeps the rest of your body and organs clean, but also prevents problems before they even begin.

No matter how far removed your current health problem seems from your colon, cleanse the bowel **FIRST** and see what happens. If you're like Dr. Schulze's patients, you will be thrilled with the results. Do something preventative and proactive for yourself, and start Dr. Schulze's 5-Day BOWEL Detox. It's only five days out of 365! Swallowing a few herbs will change your bowel and your life. Dr. Schulze guarantees it!

### Cleanse your bowel and watch miracles happen!

- Powerfully **PROMOTES** regular, healthy and complete bowel movements
- A **POWERFUL** intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues and heavy metals
- Have a flatter stomach and feel **CLEANER** and **LIGHTER** than ever before

### PROGRAM INCLUDES:

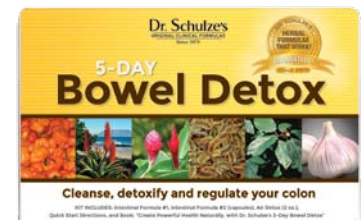
Intestinal Formula #1 (90-ct)

Intestinal Formula #2  
(Capsules or Packets)

Air Detox (4-oz)

**FREE Book:**  
"Create Powerful Health  
Naturally with Dr. Schulze's  
5-Day BOWEL Detox"

Plus QuickStart Directions





## WHAT IT IS:

3 Powerful Products in One  
 4 Additional Nutrient-Dense Complexes  
 Over 100% Vitamins A, B, & E  
 Over 500% Vitamin C  
 Over 700% Vitamin B12  
 Raw, Organic and Vegan  
 Low Calorie & Low Fat  
 No Sugar & No Gluten

# SuperMEAL

Dr. Schulze's SuperMeal is a powerful blend of over 40 different miracle superfood ingredients. It contains three of his now famous formulas all in one jar—his nutrient-dense SuperFood Plus powder, his all natural Vitamin-C packed Super-C Plus and his fiber-rich HerbalMucil Plus!

Additionally, Dr. Schulze included four more of his vitamin and mineral complexes in his SuperMeal to provide your cells with the essential nutrients they need for an entire day, leaving you full of energy and totally satisfied.

## OVER 40 MIRACLE SUPERFOODS

- **CRUCIFEROUS PROTECTIVE/NUTRIENT-DENSE GREEN COMPLEX**

Kale Leaf<sup>1</sup>, Collard Greens<sup>1</sup>, Brussels Sprouts<sup>1</sup>, Napa Cabbage Leaf

- **ANTIOXIDANT BERRY COMPLEX**

Blueberries<sup>1</sup>, Blackberries<sup>1</sup>, Raspberries<sup>1</sup>

- **OMEGA-3 & OMEGA-6, HIGH PROTEIN, SEED & NUT COMPLEX**

Flax Seeds<sup>1</sup>, Chia Seeds<sup>1</sup>, Walnuts<sup>1</sup>, Sunflower Seeds<sup>1</sup>, Almonds<sup>1</sup>, Pine Nuts<sup>1</sup>, Pistachios<sup>1</sup>

- **INTERNATIONAL SUPERFOODS**

Black Maca Root<sup>1</sup>, Red Maca Root<sup>1</sup>, Cacao Bean<sup>1</sup>, Eleuthero<sup>1</sup>

- **SUPER-C PLUS**

Camu-Camu Berries<sup>2</sup>, Acerola Cherries<sup>1</sup>, Raspberries<sup>1</sup>, Strawberries<sup>1</sup>, Rose Hips<sup>1</sup>, Orange Pith and Peels<sup>1</sup>, Lemon Pith and Peels<sup>1</sup>, Coriander Leaf<sup>1</sup>, Parsley Leaf<sup>1</sup>, Kale Leaf<sup>1</sup>, Habanero Peppers<sup>1</sup>

- **SUPERFOOD PLUS**

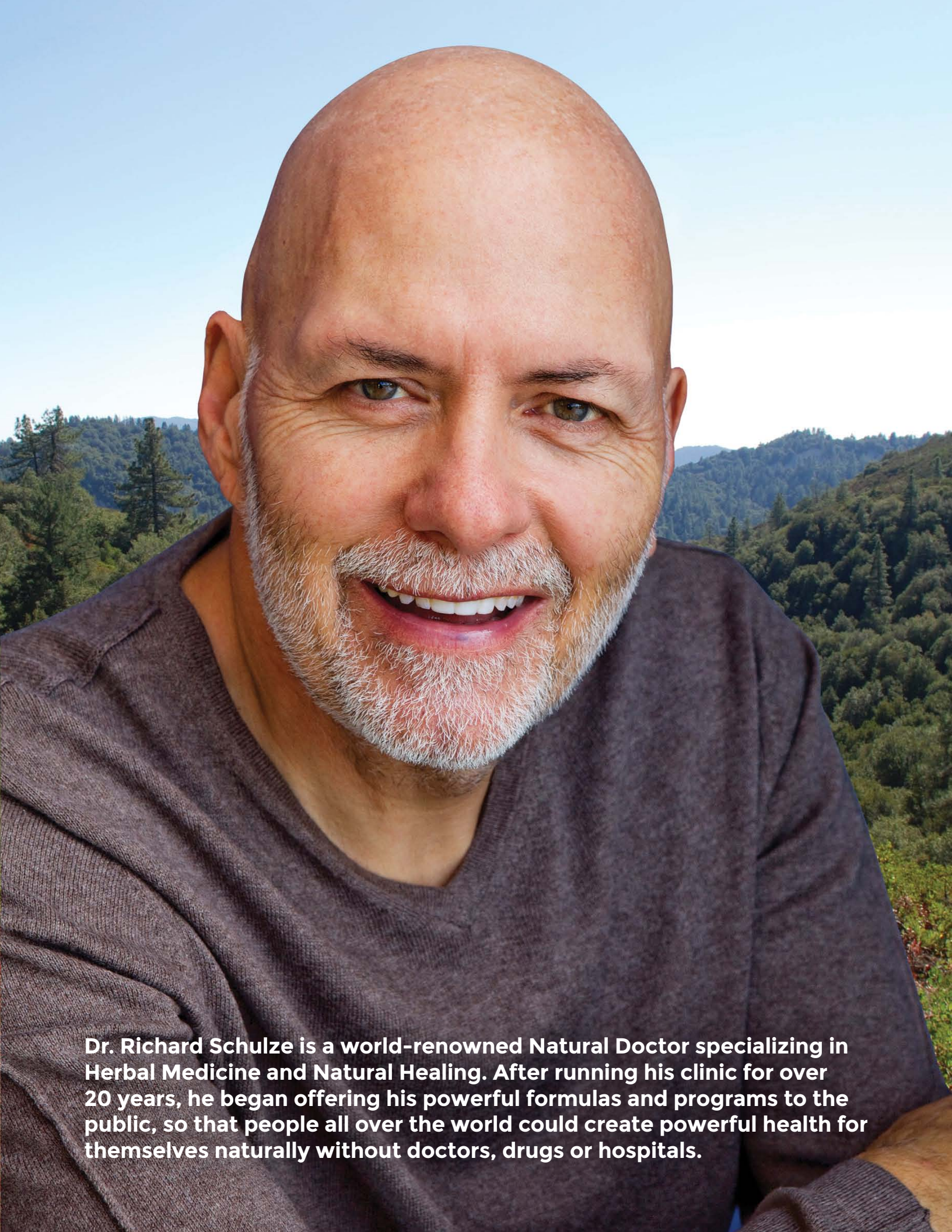
Spirulina Algae<sup>2</sup>, Blue-Green Algae<sup>1</sup>, Chlorella Broken-Cell Algae, Barley Grass<sup>1</sup>, Alfalfa Grass<sup>1</sup>, Wheat Grass<sup>1</sup>, Purple Dulse Seaweed<sup>1</sup>, Acerola Cherries<sup>1</sup>, Rose Hips<sup>1</sup>, Palm Fruit, Lemon Peel<sup>1</sup>, Orange Peel<sup>1</sup>, Beet Root<sup>1</sup>, Spinach Leaf<sup>1</sup>, Non-Fermentable Saccharomyces Cerevisiae Nutritional Yeast

- **HERBALMUCIL PLUS FIBER RICH FORMULA**

Psyllium Husk and Seeds<sup>1</sup>, Marshmallow Root<sup>1</sup>, Slippery Elm Bark<sup>1</sup>, Aloe Vera Leaf<sup>1</sup>

<sup>1</sup> Organic ingredients, <sup>2</sup> Wild-Harvested ingredients





**Dr. Richard Schulze is a world-renowned Natural Doctor specializing in Herbal Medicine and Natural Healing. After running his clinic for over 20 years, he began offering his powerful formulas and programs to the public, so that people all over the world could create powerful health for themselves naturally without doctors, drugs or hospitals.**



# Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

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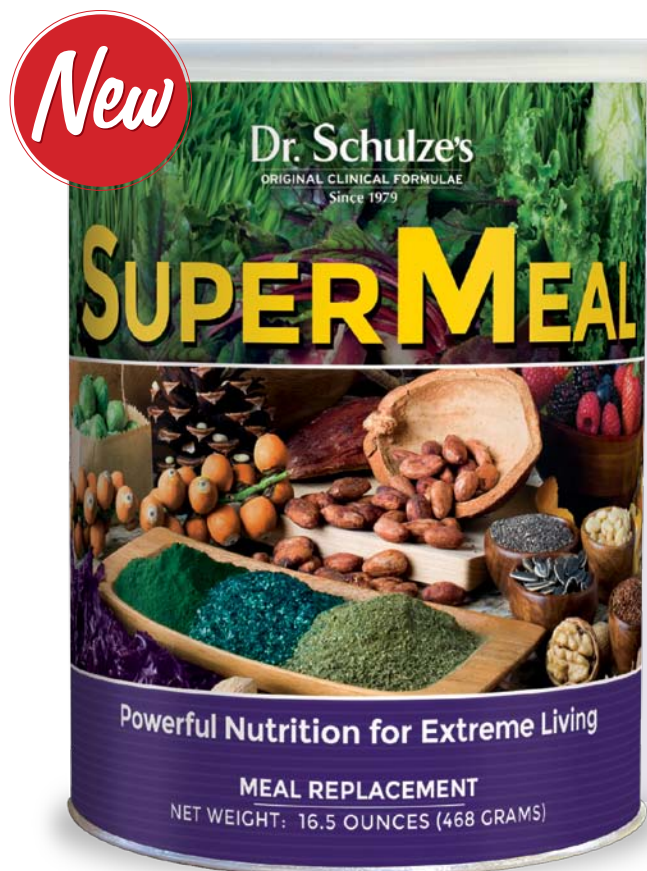
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## THE POWER OF DETOX!

See inside for how to start >>



## DELICIOUS & NUTRITIOUS!

“ My NEW SuperMeal is for anyone who works hard, plays hard, lives a demanding fast-paced life and needs the BEST most powerful morning fuel. It's FAST, it's EASY and it's POWERFUL Nutrition! ”

– Dr. Schulze