

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

2014 HERBAL PRODUCT CATALOG



NEW INSIDE

"Hello, I'm Dr. Schulze"
My Special Message To You!

Super-C Plus, the Biggest
New Product Launch in Years!

What Makes Us Different?
Pure + Potent + Proven!



WHAT'S NEW!



HELLO, I'M DR. SCHULZE 2-3

I am 61 years old, and it's a miracle that I am alive.



WHAT MAKES US DIFFERENT 4-7

Because I am a doctor FIRST, nothing is more important to me than your health, and the health of your family and loved ones. My formulas are Pure, Potent and Proven.



SUPER-C PLUS 8-13

Dr. Schulze's blend of the finest berries, herbs, fruits and vegetables known. These are the absolute highest sources of natural Vitamin C and Vitamin C Complex nutrients available anywhere on the planet!



COLD & FLU "10-SHOT" 14

NEW Family-Size formula contains 10 "SHOTS" in one convenient bottle. STRENGTHEN your immune defenses to stop a cold overnight!

NUTRITION & ENERGY

Have more ENERGY and VITALITY by increasing your nutrition from the most potent natural sources.

SuperFood Plus	18
SuperFood-100	24
SuperFood-100 for Kids	25
SuperFood Bars	26
SuperFood-A-Month Club	28
Super-C PLUS	30
Vitality "SHOT"	32

DIGESTION & ELIMINATION

BLOCKAGE is the root of all dis-ease. Get the waste OUT!

Intestinal Formula #1	34
Intestinal Formula #2	38
Intestinal Formula #1 MAX	40
Intestinal Formula #3	41
HerbalMucil Plus	42
Bowel Flush "SHOT"	44
Digestive "SHOT"	45
24-Hour Bowel Detox	46
Digestive Tonic	47

IMMUNE SYSTEM BOOSTERS

Supercharge your immune system NATURALLY.

Echinacea Plus	48
Children's Echinacea	50

START HERE!

Dr. Schulze's top 3 formulas, all in one box!

Starter Kit	52
-------------------	----

DETOX PROGRAMS

CLEANSE and DETOXIFY all of your elimination organs!

5-Day BOWEL Detox	56
5-Day LIVER Detox	58
5-Day KIDNEY Detox	60
30-Day Detox	62
Incurables Program	64

WEIGHT MANAGEMENT

SUPPRESS your appetite and BURN more fat!

100% Herbal SuperSlim	66
-----------------------------	----

AT-RISK & PREVENTION

PROTECT the heart, liver and brain from the top causes of death!

Protect Formula	70
-----------------------	----

DETOXIFICATION

CLEAN harmful contaminants from the blood and lymphatic system.

L-GB Formula	72
Detox Tea	73
K-B Formula	74
K-B Tea	75
Detox Formula	76

COLD & FLU

STRENGTHEN your immune defenses to stop a cold overnight!

Cold & Flu Herbal "SHOT"	78
SuperTonic	80
Throat & Tonsil	81
Lung Tonic	82
Air Detox	83

CIRCULATION

BOOST circulation throughout the body, and especially to the heart and brain!

Heart Formula	84
Brain Formula	85
Cayenne	86

NERVE

RELAX and SEDATE your mind and body to help you sleep.

Nerve Formula	87
---------------------	----

FEMALE ONLY

PROMOTE natural female hormonal balance and eliminate hormonal problems.

Female Formula	88
Female Plus	90
Female "SHOT"	92

MALE ONLY

Stimulate, intensify and INCREASE your sexual stamina and energy.

Male "SHOT"	93
Prostate Formula	94
Male Formula	96
Super Ginseng	97

EYES & MOUTH

REMOVE harmful contaminants and improve circulation to the eyes and mouth.

Daily Oral Therapy	98
Fresh Breath Plus	100
Tooth & Gum Formula	101
Eyebright Formula	102

TOPICAL TREATMENTS

POWERFUL external formulas for HEALTHY skin, muscles, joints and tendons.

Deep Tissue	103
Jojoba & Tea Tree	104
Anti-I Formula	105
Bug Barrier Ointment	106
Bug Block Spray	107

GENERAL INFORMATION

Index of Ailments	108
Dosage Information	112
Dr. Schulze Biography	114
Order Forms	117

5 EASY WAYS TO ORDER

Call us toll-free

1-800-HERBDOC (437-2362)

Mon-Sat 6am-7pm PST

Sunday 7am-3pm PST

Online

www.herbdoc.com

24 hours a day/7 days a week

Fax toll-free

Simply complete the included Order Form and fax to:
1-866-305-1830

By mail

Simply complete our Order Form and mail to:

Dr. Schulze's
Botanical Pharmacy
PO Box 9699
Marina del Rey, CA 90295

Visit our store

4114 Glencoe Avenue
Marina del Rey, CA 90292
Mon-Fri 9am-7pm
Saturday 9am-6pm
Sunday 10am-6pm



Quality Guarantee

Dr. Schulze's Original Clinical Herbal Formulas and Programs are the absolute BEST available anywhere. If you are not completely satisfied, we will gladly refund your money; no questions asked.



I AM 61 YEARS OLD, AND IT'S A MIRACLE THAT I AM ALIVE.

Hello, I'm Dr. Schulze

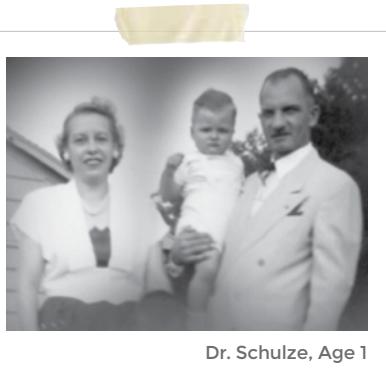
My parents both had heart disease. They were under complete medical doctors' care. They were allowed to smoke cigarettes, drink pots of coffee and excessive alcohol, consume outrageous amounts of sugar and live on a diet of almost pure animal fat, have a bowel movement once a week or less, never exercise, and were directed to take a dozen toxic, chemical pharmaceutical drugs to try and offset their toxic and lethal lifestyle. This medical program didn't work out for them. They both died horrible deaths, my Dad dying at 53 and my Mom at 55.

At 16, shortly after their deaths, I was diagnosed with heart disease myself. It started when a school nurse said I had a heart murmur, and I needed to see a doctor. Further tests showed I had inherited a deformed heart and valves, and my medical doctors suggested corrective heart surgery. Without it, they gave me only a few years to live. They said I would be dead by 20, because without heart surgery my weak heart would not be able to pump enough blood to sustain an adult body. Forty-five years later I am still alive. How? Why?

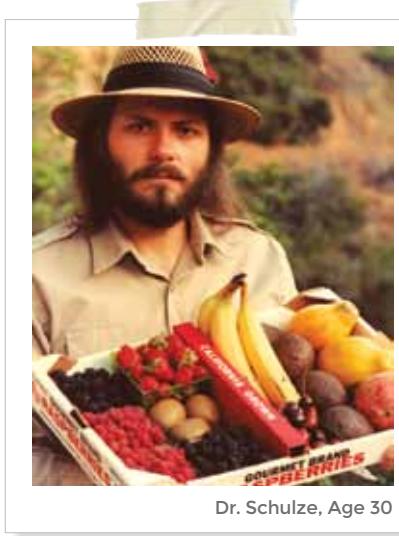
I denied the surgery, walked out of the hospital, and over the next three years I learned a powerful new way to live—physically,

emotionally and spiritually. A way of life that would heal my heart, transform my life and create powerful and lasting health. Since then, for over 40 years, I have not only survived, I have THRIVED! I spent my life actively in the martial arts, yoga, running, swimming, running a busy clinic, and have been studying, practicing, teaching and completely immersing myself in Natural Healing methods and Herbal Medicine for 45 years.

Today, the medical doctors still say I have cardiomyopathy and that I should have died from congestive heart failure years ago, actually, decades ago. But I am still alive, feel great and my heart is still ticking. I have defied every



Dr. Schulze, Age 1



Dr. Schulze, Age 30

In this clinic, my patients proved that you can overcome all odds, and heal yourself of absolutely anything.

What I have to offer you is the finest "clinically proven" Natural Healing Methods and the most effective Herbal Formulas available anywhere. I know what works, and what doesn't, when it comes to using Natural Healing and Herbs to regain your health. This is simply because that, besides my own healing adventure, my patients taught me very well.

What I promise you is very blunt "in your face" Honesty, complete Commitment, unwavering Integrity and extreme Passion.

Look, modern medicine is failing miserably in America. If you are hoping that Medicare, Obama-Care or any kind of medical care is going to save you, think again. Medical doctors are the first to admit that there is no medical cure for any major disease. There is no cure for cancer, no cure for arthritis, Alzheimer's, heart disease, diabetes, neurological diseases, and no cure for the common cold either...none. NO CURES!

Healthcare in America has actually become "disease management." The medical answer to "curing" disease is poisoning it with chemotherapy, cutting it out with surgery, burning it away with radiation or trying to hold it back with pharmaceutical drugs. Again, this isn't curing! This is "disease management." Medicine does anything and everything to kill disease, but NOTHING to get you **HEALTHY!**

If you are one of the lucky ones, you will just be minimally tortured and die. If you are not so lucky, you will spend your entire nest egg (every penny that you have worked so hard for your entire life, and everything you've saved and wanted to leave your children) on medical care in the last few years of your life. If you don't want your heirs to be the multi-trillion dollar medical institutions, hospitals or medical doctors, I have one suggestion.

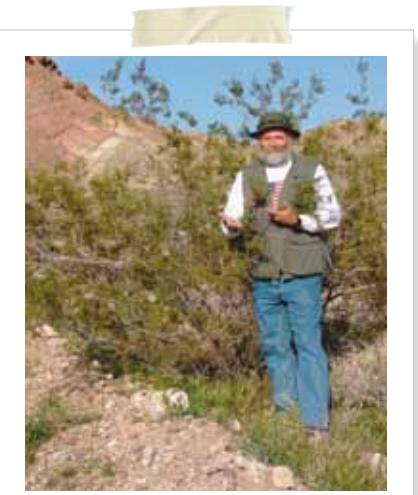
I have learned, don't focus on disease, but instead focus on health! In fact, Create Powerful Health!

My patients proved that when you focus on, and then Create Powerful Health, well, dis-ease simply leaves your body. After all, you learn in the first week of medical school that your body is a self-repairing, self-healing machine. So, to Create Powerful Health, you just have to STOP doing what causes disease in the first place (my parents' or your parents' lifestyle), and then START living a life that promotes your body to heal itself (my and my patients' lifestyle).

So in this catalog, you will find many things. First, you will find a wealth of information on my Natural Healing Programs.

Second, you will find the finest Herbal Formulas available anywhere.

We all want the same things—a loving family, a good job to support us and put food on the table and a roof over our heads. We want to be happy and healthy. Look, we all know that life itself is a "limited time offer." So to get the most out of it, we want to have plenty of energy and to feel great, have fun and to live longer. Both Quality and Quantity, now that's getting the most out of this gift of life.



Dr. Schulze, Age 50

So, this is really what my job is. To help you feel great, and do this for as long as possible.

Health may be the most important fundamental to making a great life, because without good health, nothing else matters.

I hope my welcome letter helps you to better know who I am, what I stand for, what my message is and what I can offer you. Please enjoy this year's 2014 Herbal Product Catalog!

Dr. Richard Schulze

WHAT MAKES MY HERBAL FORMULAS DIFFERENT?

To understand my herbal formulas, you must first understand me. After all, it is my life, my personal healing experiences, my wonderful patients and my clinical experience that created my values, **the values that are now the core principles of this company.** It is important that you know what is important to me, so you know exactly what you are purchasing.



Because I am a doctor FIRST, nothing is more important to me than your health, and the health of your family and loved ones. This may sound cliché but I assure you... YOU are my mission.

The nutritional and herbal business in America has become a multi-billion dollar industry. And the vast majority of people in this business are focused primarily on business. After all, that is what business is usually all about—making more money. On the contrary, my focus is YOU and your health. And my crusade is to make sure every American knows that they have an option and an alternative when it comes to healthcare. This is what drives me and keeps me going.

Look, I started in this healing art for very selfish reasons, just to save my own life and heal myself. Helping others and starting my clinic happened by accident, as a natural

progression. So I am now a doctor, who spent decades in my clinic, helping others to heal themselves, naturally. That makes for a very different business focus. That is my business focus and what my business is all about—YOU getting well and YOU staying well.

So here are just a few of the reasons why my focus makes the company and the products we make, very different, and also the reasons why you have made the best possible choice in herbal formulas.

THE PUREST HERBS ON EARTH!



Anisha Jones and Arthur Schulze examining herbs. Arthur grew up in the clinic and pharmacy.



The words “Natural” and “Pure” can be used to sell just about anything these days, but to me, they are more than just words. I was one of the American pioneers in the organic herbal industry, using organically-grown and wild harvested herbs to make my clinical formulas, long before it was fashionable or trendy.

My passion has always been to find the cleanest and most powerful herbs available, and using organic achieves both clean and powerful.

10 Times More Powerful!

It has been proven that organic food and herbs contain a much higher amount of nutrition and phytochemicals—up to 10 times more! This is a simple equation. Up to 10 times more nutrition and phytochemicals means that these herbs are up to 10 times more potent than non-organic herbs, which also means that you have an up to 10 times greater chance of

getting the results you desire.

Because, even more important than purity and powerful—is YOU! That’s the real bottom line, YOU getting healthy and YOU staying healthy.

I take purity very seriously, to the extent that our manufacturing facility has been registered with, and is continually inspected by, the California Dept of Public Health: Food & Drug Branch, and we are licensed to manufacture ORGANIC Herbal Products. Furthermore, we have also been certified as an ORGANIC facility by Quality Assurance International, the top USDA-accredited organic certifying agency in the United States.

No Toxic Chemicals Ever!

Finally, I always say that it is not good, common sense to be making formulas to clean and detoxify your organs and body, but at the same time, using herbs sprayed with toxic fertilizers, insecticides,

pesticides and other farming pollutants and ingesting them, and worse having these toxic chemicals pollute the land and environment where you live.

In the 1960s we had a saying, “You are either part of the problem or part of the solution.” I want to assure you, **we ARE the solution!**

QUALITY & POTENCY TAKES TIME!

An old winemaker in Italy once told me that wine can only be as good as the grapes you start with. **Herbal products are no different.** That is why growing and finding the finest herbs is the most important aspect of making the finest herbal formulas. **Second, are the processes that we use.**

We now live in an era of fast and instant everything—from cell phones, computers, text messaging and even Twitter and Instagram. Instant may be good for communication, but not for food, and not for herbal formulas.

Today, most herbal manufacturers have sped up processing time to quick 3-day extractions (or even 3-hour extractions) using heat, and even using herbal crystals and concentrates, and not even using the raw plants and herbs anymore.



Today, I still use the same time-consuming methods used and passed down from generation to generation by the greatest herbal pharmacists of the last century, which have been long abandoned by other manufacturers. Our minimum brewing time is 14 days, with some brewing taking as long as two to three months. Each tonic is blended and stirred every single day, before it is eventually pressed under 40 tons of pressure. This is the same way the best wine, olive oil and even herbal medicine have been made for thousands of years.

We Don't Skimp on Herbs!

Next is the herb to menstruum (liquid) ratio. Herbal authorities and the new breed of herbal manufacturers now say that only 10% raw material (herbs) to 90% liquid is necessary to make most herbal tonics. This is certainly an effective treatment for the profit bottom line, but not the customer's health.

Obviously, these manufacturers have never been really sick, never ran a clinic, never had patients or have never had sick children, parents or siblings they were trying to keep alive. If they had, they wouldn't be thinking about scrimping and putting 10% or 20% or even 30% herbs in their products. They would be cramming every flower, leaf, berry, seed or piece of bark that they could fit into the vats and jumping up and down on it to get even more herbs into the vats, before they added any extracting liquid!



We Cram the Vats to the Top!

All of our tonics are made filling each and every vat up to the VERY TOP with raw herbs. In fact, with every vat, when we add the liquid menstruum, the vats overflow and herbs spill onto the floor. Maybe we use too much herbal material in our vats, maybe it is wasteful or unnecessary, but here is what I KNOW: My clinic was filled with patients that were still ill, long after the doctors gave up, that were using many of the herbal products found in health food stores and were still NOT GETTING WELL. But, when they started using my much



more concentrated formulas, they saw immediate and remarkable results.

So the absolute most important thing I always keep in mind during manufacturing is you and your family's health, and we will never forget that. I make sure that no herbal extract we make could ever be made any more concentrated, any stronger, or any more POTENT and effective than we make it, PERIOD!!

What's next? How about operating an herbal pharmacy and clinic that spanned three decades, where I worked with tens of thousands of patients?

PROVEN IN THE CLINIC TO BEAT THE ODDS!

I often refer to other herbal products as bottled herbal theories or herbal hypotheses. Where some herbalist who meant well, studied what chemicals are **maybe** present in a particular herb, saw how these chemicals **might** affect an illness or a person's health, and then simply **dreamed up** an herbal formula.

Designing herbal formulas without having a clinic is like typing on a computer keyboard without a monitor. You have absolutely no idea what you are doing, and no idea what the results might be. And, you would be surprised at how many herbal formulas out there are designed exactly this way.

There are even herbal companies that have no herbalist in the company at all! They just research fad herbs on the Internet, and then marketing managers make up a trendy formula. And, even the herbal companies who have herbalists in house—did these herbalists ever have a clinical practice? Did they ever have any patients? Did any of these patients ever get well?

I designed every herbal formula in my clinic, for my patients, and for over three decades I refined these formulas to be the most EFFECTIVE herbal formulas anywhere. This is what I mean by **PROVEN**.



Welcome to My Family!

Finally, I am fully aware that you have a choice when it comes to the herbal formulas and the products you choose to treat yourself and your family with. I want you to know that my family, my company and I take your trust extremely seriously. I can guarantee you that no herbal formula is made using **PURER** or higher quality herbs. No herbal formula is made more concentrated or **POTENT**, and none have more clinical success stories or **PROVEN** results than my herbal formulas and products.

Every day I take my SuperFood Plus, HerbalMucil Plus, PROTECT Formula, NEW Super-C Plus and numerous other of my formulas when I am sick, cleansing or healing. And, I use the exact same Dr. Schulze herbal products on my son and my own family, too.

So, welcome to my family!



PURE + POTENT + PROVEN

WHAT'S NEW!

DR. SCHULZE'S SUPER-C PLUS

NATURE'S BERRY, HERBAL & FRUIT VITAMIN-C COMPLEX



What is a Vitamin, and what is Vitamin-C?

A Vitamin is any substance that your body needs to stay alive and healthy. It is a substance that your body cannot manufacture on its own. So, Vitamins are ESSENTIAL NUTRIENTS that you MUST CONSUME from the food you eat and the liquid you drink every day. And if you don't, you will get ill, your body breaks down, gets diseased and will eventually die.

So, Vitamin-C Complex is an essential vitamin complex that humans cannot manufacture in our bodies. Without it we age prematurely, because it is necessary for the formation of collagen, which is why it is so important for creating healthy, beautiful skin. It is also extremely important in wound healing and blood vessel health (arteries, veins and capillaries). It is also a powerful antioxidant that scavenges disease-causing free radicals, and is famous as a powerful immune booster for treating colds and influenza.

Vitamin C
500%
per serving

See following pages
plus pages 30 & 31
for more details!

VITAMIN-C: Natural vs. Synthetic

NATURAL Vitamin-C Complex, occurs naturally, in nature, in fruits, vegetables and herbs. It is a unique complex of a wide variety of nutrients, that's why it is called **Vitamin-C COMPLEX**. It is much more than just one single chemical like ascorbic acid. It is Vitamin-C, plus numerous bioflavonoids (also known as Vitamin P such as hesperiden, rutin, quercitin, quercitrin, flavones, catechins, anthocyanidins and tanacetin).

There are over 5,000 natural Vitamin-C Complexes and flavones found in food that are extremely important to health. In just one study of 475,000 people in 10 European countries it was found that people whose diets are rich in flavones had a much lower incidence of cancer.

All of the Vitamin-C Complex nutrients are recognized, assimilated and utilized by your body. They are super-foods, powerfully nutritious stimulating, building and repairing foods for your body.

As I said, vitamins are much more than just a single chemical. They are a live, organic complex of nutrients, enzymes, coenzymes, antioxidants, trace minerals, biochemically alive and active.

SYNTHETIC Vitamin-C, or ascorbic acid, is not found in nature, and it is not a food. It is a synthetic chemical. It can only be made in a laboratory, from sugar that has been mutated with extremely harsh and powerful toxic chemicals. It is NOT alive. It is DEAD. (See page 11, Vitamin Chemotherapy.)

Outrageously, almost **EVERY SINGLE** popular Vitamin-C supplement on the market today is made using chemically-synthesized ascorbic acid. WHY?

Well, for one reason and one reason only—it is extremely CHEAP! Ascorbic acid is cheap vitamin chemotherapy. This is why a single dose of ascorbic acid only costs a thousandth-of-a-cent! Most all well-known research about the amazing healing and health benefits of Vitamin-C was NOT done on ascorbic acid, but done using foods rich in Vitamin-C. **Don't be misled!** The benefits of **NATURAL** Vitamin-C are not supported with **chemical ascorbic acid**. Ascorbic acid does kill bacteria, but like antibiotics, it kills your "friendly" bacteria too, and destroys your needed intestinal flora, which is why it often causes stomach upset, intestinal upset and bleeding.

Don't Be Fooled!

Not all Vitamin-C is the same! In fact, there is a **HUGE Difference**... Most people have no idea, that there are two kinds of Vitamin-C. One kind of Vitamin-C naturally occurs in Fruits, Vegetables and Herbs. The other is a manmade, synthetic chemical called ascorbic acid. You should know the difference!



THE TOP 3 THINGS VITAMIN-C COMPLEX DOES IN YOUR BODY

1 REVERSES DISEASE AND AGING

Free Radicals for Dummies and Antioxidants 101

Look, we hear about free radicals and antioxidants every single day, but 99% of my patients had no real idea what they were. On the other hand, they knew what disease, premature aging and death were, and they knew Free Radicals were BAD! So, I want to give you the simplest explanation I can.

Keeping it VERY simple and not getting into atomic or molecular science, a **free radical is simply an unstable atom, molecule or ion that is circulating inside your body**. They are kind of like broken or open atoms with “dangling” parts.

The big problem is that they cause severe cell damage, and they don't discriminate—they are like a poisonous, broken piece of glass circulating in

your body and damaging and killing the brain, heart, liver, bones, muscles, skin and literally any area and any cells in your body.

Free radicals in the body are caused by unhealthy foods and an unhealthy lifestyle, which causes a condition called **Oxidative Stress**. This condition contributes to **Heart Disease, Vascular Disease and High Blood Pressure**, all of the #1 killer diseases in the industrialized world. Free radicals are also directly linked to **Cancer**, causing cells to mutate, the #2 cause of death in the industrialized world.

Free radicals also contribute to the cause of **Diabetes**, as well as **Inflammation** and Chronic Inflammatory diseases (like **Rheumatoid Arthritis**), Nerve diseases (like **Parkinson's Disease**), **Alzheimer's Disease** and **Senility**. Today, free radicals have been found to advance, contribute to, if not create, almost all diseases.

WORSE, they are directly linked to the aging process!



Recognition = ASSIMILATION!

Your body recognizes Super-C PLUS, because it is natural FOOD, and this is why it assimilates immediately into your body, blood and cells in seconds. By adding Habanero, this assimilation action happens even faster, and it also drives the powerful nutrition in Super-C PLUS throughout your body, to every organ and every cell.

Wild-Harvested Camu-Camu Berry

2 IT IS NECESSARY TO MAKE COLLAGEN

Collagen is a protein found in your skin and flesh. It is the main component of what is called fibrous or connective tissue in your skin, muscles, tendons, ligaments and cartilage. It is even in your arteries, veins and bones.

One of the most powerful nutrients needed for your body to produce collagen is Vitamin-C Complex or Bioflavonoids.

3 THE IMMUNE VITAMIN

Vitamin-C is found in extremely high concentrations INSIDE your immune cells. It is quickly consumed when your immune system is fighting off infections, cancer and even radiation or toxic poisons. This is why consuming abundant or extra Vitamin-C is even more important to Prevent and Treat Colds, Flu and Fight Infections. It is powerful immune fuel that gives your immune system the fuel it needs to protect you and heal you.

FACT In the early 1800s, it was first discovered that Vitamin-C was the cure for the disease scurvy. They didn't cure it with ascorbic acid, they used LIMES—hence the nickname for the sailors of the Royal British Navy “Limeys” who ate limes to completely avoid the disease.

VITAMIN CHEMOTHERAPY?

How **SYNTHETIC** Ascorbic Acid is manufactured (a horrifying chemo-nightmare)...

Ascorbic Acid is prepared industrially from SUGAR. It is a 5-step process:

- Step #1** Genetically-modified (GMO) corn sugar is catalytically hydrogenated into Sorbitol
- Step #2** Sorbitol is oxidized into Sorbase
- Step #3** Sorbase is treated with Acetone (nail polish remover)
- Step #4** Then, it is further oxidized with Carboxylic Acid, which is used to make plastics like polystyrene and styrofoam
- Step #5** Finally, it is bleached with sodium hypochlorite (household bleach)

WORSE, China makes 90% of the world's Ascorbic Acid.

If your Vitamin-C says ascorbic acid on it, then it is a combination of sugar, nail polish remover, plastic and bleach. It may even be acid in a base of fruits and vegetables. Regardless, it is just vitamin chemotherapy!

OR

VITAMIN-C COMPLEX!

How Dr. Schulze's **NATURAL** Super-C PLUS is manufactured...

Super-C PLUS is a blend of the finest berries, herbs, fruits and vegetables known on the planet, the absolute highest sources of natural Vitamin-C and Vitamin-C Complex nutrients. **ALL** of the Vitamin-C and Vitamin-C Complex nutrients in this formula are natural and derived solely from the whole plants in the formula. Nothing is extracted, isolated, fortified or synthetic. This formula is 100% natural plants, extremely rich in Vitamin-C and Vitamin-C Complex. NO chemicals, NO ascorbic acid, period!

These berries, herbs, fruits and vegetables are organically-grown or wild-harvested, cleaned, dried, and blended. That's it! This formula is a live, nutrient dense, the highest and most complete Vitamin-C SuperFood Complex available anywhere. That is why I call it Super-C PLUS! Just open the jar, smell it and taste it...

That's **NATURAL** VITAMIN-C!



DR. SCHULZE'S SUPER-C PLUS INGREDIENTS



Dr. Schulze's High-C Combination

Wild-Harvested Camu-Camu Berry Organic Acerola Cherry

Camu-Camu berries are the richest source of naturally occurring Vitamin-C on the planet. Up to 6,000% more concentrated Vitamin-C than citrus fruit. Our Camu-Camu berries are wild-harvested in the Amazon rainforest, handpicked when the color changes, showing peak Vitamin-C content, and blended with Manioc root to stabilize the precious nutritional content.

Acerola cherries are the second richest source of naturally occurring Vitamin-C on the planet—with up to 4,000% more Vitamin-C than citrus fruit. Our Acerola cherries are organically-grown and picked when the Vitamin-C content is at its absolute highest, and carefully dried. Their sweet and sour taste is unmistakable and highly potent.



Dr. Schulze's High-Bioflavonoid Combination

Organic Rose Hips Organic Orange Pith and Peels Organic Lemon Pith and Peels

Rose Hips are the fruit of the rose plant. These hips are from a species that yields the most concentrated amount of Vitamin-C—10 times more than citrus—but are used mainly because they are so rich in Vitamin-C Complex nutrients such as bioflavonoids, hesperidin, rutin, enzymes, co-enzymes and antioxidants.

Orange and Lemon pith and peels... Remember, it is not just the Vitamin-C we need, but also the bioflavonoids, hesperidin, rutin, enzymes and co-enzymes, trace minerals, calcium, and many other super-nutrients that make up the Vitamin-C Complex. There are more of these Vitamin-C Complex nutrients in the rinds and white pith of the fruit, than the fruit itself, but this is the part we peel off, don't eat and throw away. That's why I put it back into my Super-C PLUS!



Dr. Schulze's High-C Greens Combination

Organic Coriander Leaf Organic Parsley Leaf Organic Kale Leaf

Mainly we know Coriander for the seed, which I use in the Detox Tea. But, few know that the dried leaf of this plant yields five times more Vitamin-C than any other herb. Parsley, the decorative garnish that is rarely eaten, is the second highest herb in Vitamin-C and the richest in Vitamin-C Complex flavones. Kale leaf, being recognized as one of the most nutrient dense super green leafy vegetables, is also one of the richest sources of Vitamin-C and calcium combined, the dynamic duo necessary for the absorption of Vitamin-C complex.

PLUS... I also add Organic Strawberry and Organic Raspberry Fruit, and just a hint of High Vitamin-C Habanero Peppers. Strawberry and Raspberry are Vitamin-C super fruits and Habanero Pepper is also one of the richest, most concentrated plant sources of Vitamin-C. I add just a dash of it, which simply adds to Super-C PLUS's fruity zing!

The #1 Vitamin-C Powder vs. DR. SCHULZE'S SUPER-C PLUS	
#1 Ingredient	SUGAR 30% to 40%
Ingredients	37 Acids, Synthetic Chemicals, Metals, and Synthetic Vitamins
Vitamin-C Source	Synthesized Ascorbic ACID, Chromium, Zinc
Flavor	Derived from Citric ACID and SUGAR
Ingredients	SUGAR Ascorbic ACID Zinc Ascorbate Chromium Ascorbate Synthetic B-Vitamins Potassium Phosphate Calcium Phosphate Sodium Phosphate Magnesium Gluconate Sodium (More SALT)
Flavorings	Sugar Citric ACID Natural Flavors (Sugar) Malic ACID Tartaric ACID Vegetable Juice Color Silica Sucralose Glycine Aspartic ACID Cysteine Hydrochloride Maltodextrin
	NONE! 11 Organic & Wild-Harvested Herbs

The most popular Vitamin-C supplement on the market today, Emergen-C...

- Contains 50 Compounds
- NO Foods, NO Herbs, NO Plants
- ALL Chemicals
- The #1 Ingredient is SUGAR

HOW TO USE DR. SCHULZE'S SUPER-C PLUS POWDER OR TABLETS

POWDER

First, it is a dried berry, herbal, fruit and vegetable powder, so there are 100 ways you can use it. The best is to simply add it to any drink. One tiny 1/2-teaspoon scoop gives you a whopping 500% of your Daily Value of Vitamin-C (300 mg.) and a huge amount of the most important Vitamin-C Complex nutrients and natural Vitamin-C co-biotics.

You can simply put it in the blender when you make your favorite smoothie drink, like your morning SuperFood Plus blender drink, or just open any store bought juice blend, and put a tiny scoop in, shake it up, and now you have 500% of your daily Vitamin-C, it's that easy. Now, anytime you want more Vitamin-C, just add additional scoops, especially if you want to increase your health and well being, like during cold and flu season.

You can also sprinkle it on any food, vegetable salads, or fruit salads. Just use your imagination.

TABLETS

The tablets can be swallowed whole or CHEWED! Most kids (and even most adult kids) love the natural fruity sweet and tart flavor, and think it's natural candy!



WHAT'S NEW! COLD & FLU "10-SHOT" FAMILY-SIZE

STOP A 2 TO 3-WEEK COLD BY TOMORROW MORNING!

New Family-Size + Great Value!

- ✓ One FREE "SHOT" in every bottle! Now get "10 SHOTS", for the price of nine, in one convenient bottle!
- ✓ Dr. Schulze's Cold & Flu Herbal "SHOT" contains 20 POTENT herbs, premixed for easy use!
- ✓ SUPERCHARGES your immune system to better protect you during winter months!

See pages
78 & 79 for
more details!

Getting Sick? STOP It Quick!

One dose of Dr. Schulze's Cold & Flu Herbal "SHOT" combines the exact same 12 droppersful of Echinacea Plus and 6 droppersful of SuperTonic that Dr. Schulze prescribes in making either his Winter Health (prevention) or Blaster (treatment) drinks. It also includes many more herbal tinctures, herbal concentrates and even specific herbal-vitamin concentrates, like organic Acerola Cherry, Blackberry, Yarrow Flowers, Boneset Herb, Desert Sage Leaf, Lobelia Herb and Seed, Elecampane Root, Coltsfoot Herb, Horehound Leaf, Cherry Bark, Thyme Leaf, Licorice Root, Kola Nut, Coffee Bean, Fennel Seed and Elderberry.

Now, all you have to do is empty one 1.5-ounce dose of the Cold & Flu Herbal "SHOT" into a sports bottle and add up to 16 ounces of water and/or juice, and you have the Winter Health Drink.

Or, just take 1.5 ounces straight, gargle, swallow it and you have the perfect treatment for a cold or flu. Nothing could be easier, simpler and faster... and more potent!

Could Dr. Schulze have discovered the cure for the common cold?

Echinacea Protects You

A "statistically significant decrease in infections" has been observed in double-blind placebo-controlled studies.

Significantly Reduces Symptoms

Echinacea has been proven as a "safe and effective symptom relief" for colds, flu and infections.

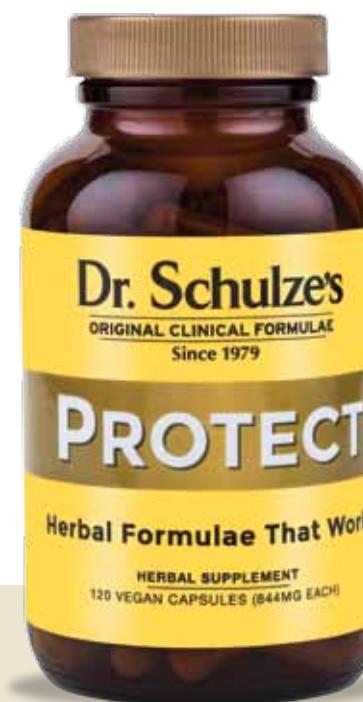
Relieves the Severity of Symptoms

Echinacea has demonstrated a "significant reduction" in all seven symptoms of colds and influenza compared to placebo groups.

Stops Colds and Flu FAST

A "significant rapid recovery" was proven in double-blind placebo-controlled studies of Echinacea, cutting the duration of colds, flu and infections by 50%.

WHAT'S NEW! PROTECT FORMULA (LARGER-SIZE) GET MAXIMUM PROTECTION WITH MORE EASE!



New Larger-Size Bottle!

- ✓ Now get a TWO-MONTH supply of Protect in every bottle!
- ✓ Contains herbs used to PROTECT the heart, liver and brain!
- ✓ Contains the three most POWERFUL herbal antioxidants!
- ✓ Especially for people who are worried about their HEALTH, people who don't take good care of themselves and ANYONE over 40!

See pages
70 & 71 for
more details!

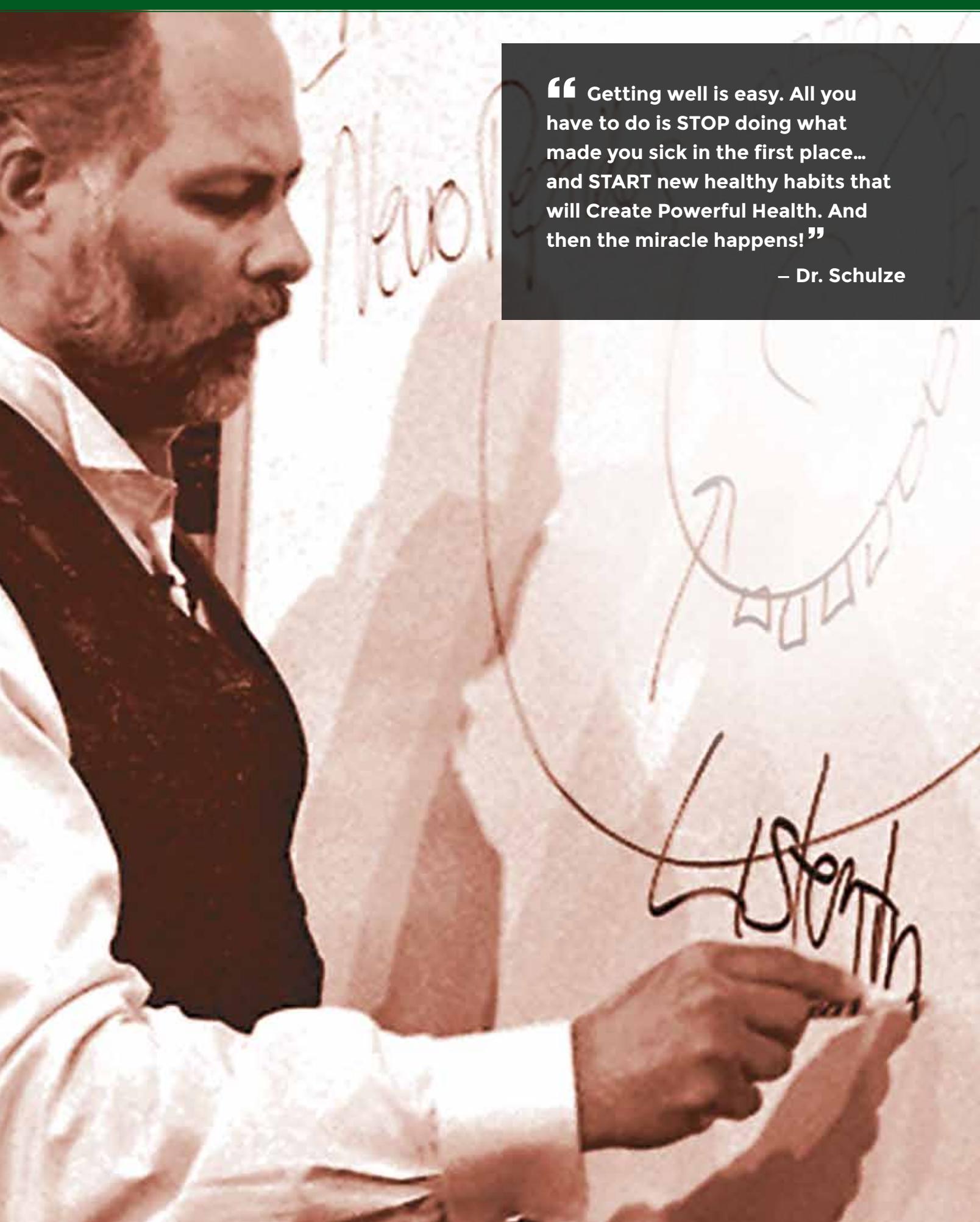
For those of you who haven't tried my Protect Formula, what are you waiting for? I created Protect Formula using the most powerful herbs that I know will PROTECT you and your loved ones from some of the leading causes of death in America. For decades, I gave this herbal formula to EVERYONE who came into my clinic with serious health issues, as HEALTH INSURANCE. Protect Formula helped my patients maintain good heart and circulatory health, until all of my other cleansing, detox and health-building programs kicked in.

I also gave it to my patients' relatives, loved ones and friends who wouldn't follow any of my programs and who didn't eat right or exercise, simply to PROTECT them and help them be healthier and live longer.

The bottom line is that we all have someone we want to save and protect, but they are not going to change their ways. I designed Protect Formula for those people who we can't get to do anything for themselves, except swallow one pill. I had a patient who even took my label off the bottle and just wrote, "I love you. TAKE THIS!" on the bottle, and his parents took it for years.

PROTECT YOUR HEART + BRAIN + LIVER





“ Getting well is easy. All you have to do is STOP doing what made you sick in the first place... and START new healthy habits that will Create Powerful Health. And then the miracle happens! ”

— Dr. Schulze

DR. SCHULZE'S 3 KEYS TO VIBRANT HEALTH!

1 Nutrition IN

Having a rich supply of NUTRITION in your blood gives you energy, vitality and strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

See Dr. Schulze's Nutritional Formulas on pages 18–33!

2 Waste OUT

Removing the accumulated WASTE in your body is the best way to regain health and stay healthy. If this waste isn't eliminated regularly, it will cause your body to become backed up with poisons, making it sluggish and unhealthy.

See Dr. Schulze's Elimination Formulas on pages 34–47!

3 BUILD Your Immune System

Every cell in your body needs protection from foreign invaders like viruses, bacteria and even cancer cells. BUILD your immune system and eliminate these invaders, before they can affect you.

See Dr. Schulze's Immune Formulas on pages 48–50!

My 3 BASIC STEPS to Natural Health and the reason why 95% of my patients got well quickly!

Before I started ANY of my patients on my specific programs and formulas, EVERY patient had to first do THE BASICS. No matter what their disease was, no matter what their symptoms were.

EVERY patient in my clinic started with common sense, good health basics! First, FEED your body super nutrition for greater health. Second, REMOVE the toxins and waste that cause disease. And third, STRENGTHEN your body's immune system to promote overall health.

The simple truth was that 95% of my patients were WELL after finishing these 3 BASIC STEPS. That's right, before I ever got to treat their specific problem, their problem was GONE!

See my entire line of Nutritional Herbal Formulas, my Digestive & Elimination Herbal Formulas and my Immune Boosting Herbal Formulas to get the support you need to WIN! Like my patients, when you start these common sense herbal formulas, within a few weeks you will probably forget what was wrong with you in the first place. These are the formulas that helped Create Powerful Health in my clinic, and now for thousands of my customers every day!

— Dr. Schulze



THE MOST POWERFUL NUTRIENTS ON THE PLANET— ALL IN ONE JAR!

Dr. Schulze's SuperFood Plus blasts your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength.

Most people today live on a diet of overprocessed and overcooked food, not to mention coffee, sugar, chocolate, junk food, prescription drugs and alcohol. Our environment is more toxic, and has more chemical pollutants and less oxygen in it, than ever before. Most of us suffer from lack of exercise, lack of sleep and excessive stress. This constant bombardment that we call "modern living" devours nutrients like a raging forest fire with a 100-mph tailwind.

A lack of nutrition in your blood can cause everything from low energy and a weak immune system to premature aging and virtually any disease. Nutrition is what builds every cell, every organ and every metabolic chemical in your body—it's what YOU are made of. Having a rich supply of nutrition in your blood gives you energy, vitality and strength, protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

“God has blessed us with many foods and herbs that are so nutritionally potent, concentrated and complete, I call them the superfoods. They are nature's way to healthy blood and a healthy body. I have never met a person that didn't need more nutrition!”

— Dr. Schulze

WHAT IT DOES

- ✓ The FINEST whole food, herbal, vitamin and mineral product available ANYWHERE
- ✓ BLASTS every cell in your body with nutrient-rich organic vitamins and minerals to give you more ENERGY than ever before
- ✓ Nature's high-octane SUPER NUTRITION that ASSIMILATES in seconds

Botanical Ingredients:
Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, Non-Fermentable Saccharomyces cerevisiae Nutritional Yeast

SuperFood Plus\$40
14-ounce powder / 1-month supply

SuperFood Plus\$46
390 tablets / 1-month supply

**SuperFood Plus
“On The GO”\$26**
20 packets / .26-ounce packet

Vegan & Gluten-Free

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Giving you the most
POWERFUL NUTRITION
available on the planet



10 NUTRIENT-DENSE SUPERFOODS

The following are my comments on the nutrient-dense superfoods that are in my SuperFood Plus formula. I could write an entire book on each ingredient. These are superfoods, and the list of their powerful nutrients and the healing and health benefits of each single ingredient are almost endless.



1 Spirulina

"One of the oldest foods on the planet is now perfect for the high-tech future."

I have been researching and using Spirulina for over 33 years, and as far as I am concerned, our Spirulina from Kona, Hawaii is the best in the world. It is naturally 70% to 80% protein, and is one of the richest sources of beta-carotene in the world.

2 Blue-Green Algae

"How much Vitamin Blue do you eat every day?"

For nutrition, I have learned to always eat a plate of food that has all the colors of the rainbow on it. This way, you can assure yourself a broad-spectrum array of vitamins, minerals and nutrients. Our Blue-Green Algae is the only certified organic Blue-Green Algae available in the world.

3 Chlorella (Broken-Cell) Algae

"Completes my nutrient-dense algae complex."

Chlorella has a rich array of vitamins, minerals, carotenoids, essential fatty acids, amino acids and hundreds of micronutrients, trace elements and nutritional compounds. It also has 38 times more protein than soybeans.



4 Alfalfa, Wheat Grass and Barley Grass

"There is more nutrition in the grass than in the grain."

My Herb and Grass Complex, comprised of Alfalfa, Barley Grass and Wheat Grass, contains an astounding amount of vitamins and minerals. They dramatically increase your energy levels, improve your digestion and are also mildly cleansing and detoxifying to your body, and are gluten-free.

5 Purple Dulse Seaweed

"The most mineral-rich plant that grows in the earth's liquid soil."

The Purple Dulse sea vegetable grows in the ocean's water, which contains every mineral known to exist. This sea vegetable is one of the richest sources of digestible, assimilable and usable minerals on the planet.



6 Acerola Cherries

"The most stable, reliable and extremely concentrated natural source of Vitamin C."

I use only 100% organic, natural Acerola Cherries. They are one of the richest sources of 100% natural Vitamin-C Complex in the world, and contain whole-plant bioflavonoids, hesperidin, rutin, anthocyanins and other naturally-occurring essential cofactors.

7 Palm Fruit

"Finally, a nontoxic, all-natural, nutritionally dense food source of Vitamin E."

Palm Fruit is one of the richest sources of Vitamin E and contains more of it than any other vegetable oil. This natural Vitamin E assimilates easily and dramatically into the bloodstream, making it a powerful antioxidant, removing free radicals and promoting longevity.



8 Rose Hips, Lemon and Orange Peels

"The nutritional missing link with Vitamin C supplements."

This is my Vitamin-C Complex blend that I have been using in my clinic for decades. It is not only a great source of Vitamin-C, but it also contains naturally occurring, extremely important Vitamin-C Complex nutrients like bioflavonoids, hesperidin and rutin.



9 Beetroot and Spinach Leaf

"My natural healing blood transfusion—beets and spinach."

My Beetroot and Spinach Leaf blend is an excellent way to flood your blood with concentrated nutrition. They both regenerate and reactivate the red blood cells, supplying fresh oxygen to the body and building powerful, iron and nutrient-rich blood.

"My friends, join me in using Nature as our nutritional copilot, instead of the supposed 'experts' with their chemical pills and powders. I promise you, the results will be nothing short of healing miracles, explosive energy and powerful health!"

— Dr. Schulze



10 Saccharomyces Cerevisiae Non-Fermentable Nutritional Yeast

"My special formulation yeast will create a powerful energy and circulation blast throughout your entire body, mind and spirit."

I have been using this type of Non-Fermentable Nutritional Yeast in my clinic with my patients, and on myself, for well over 30 years. It has created tremendous, almost miraculous, successes in healing and health-building. Now, I have formulated my own more powerful, custom-made yeast.

Per One 15-Gram Serving of SuperFood Plus

	% RDI Value
Total Fat 1/2 g	0%
Saturated fat 0 g	0%
Unsaturated fat 1/2 g	0%
Cholesterol 0 g	0%
Total Carbohydrates 6 g	1%
Dietary Fiber 4 g	15%
Protein 6 g (approx. 40% protein)	13%
Vitamin A 7,000 i.u. (Beta-Carotene)	140%
Vitamin C 63 mg	105%
Vitamin E 31.9 i.u. (as tocopherol and tocotrienol)	106%
Thiamin (Vitamin B1) 6 mg	400%
Riboflavin (Vitamin B2) 7.2 mg	424%
Niacin (Vitamin B3) 40 mg	200%
Vitamin B6 6 mg	300%
Folic Acid 269 mcg	67%
Vitamin B12 31.5 mcg	525%
Pantothenic Acid 10 mg (Vitamin B5)	100%
Calcium 64 mg	5%
Iron 2 mg	11%
Iodine 38 mcg	26%
Zinc 2 mg	13%
Selenium 29 mcg	42%
Sodium 55 mg	2%

Other Minerals

Potassium, Phosphorus, Sodium, Magnesium, Sulfur, Manganese, Copper, Silicon, Boron, Molybdenum, Chromium, Vanadium, Germanium, Cobalt

Carotenoids and Phytonutrients

Beta-Carotene, Beta-Carotene 9-cis, Beta-Carotene 13-cis, Beta-Carotene 15-cis, Zeaxanthin, Chlorophyll, Phycocyanin-Crude, C-Phycocyanin

Essential Fatty Acids

Omega-3 Alpha Linolenic Acid (ALA)
Omega-6 Linoleic Acid (LA)

Nonessential Fatty Acids

Omega-3 Eicosapentaenoic Acid (EPA)
Omega-3 Docosahexaenoic Acid (DHA)
Omega-6 Gamma Linolenic Acid (GLA)

BLAST YOUR BODY WITH THE EARTH'S MOST POWERFUL NUTRIENTS!

My SuperFood Plus is the missing ingredient in your life. Powerful nutrition protects your body's health, promotes further healing and keeps you looking and feeling younger. I designed SuperFood Plus to be a rapid assimilation, rapid deployment, nutrient-saturated, plant-based vitamin and mineral concentrate. SuperFood Plus is my antidote for modern life. It is a balanced formulation of the most easy-to-assimilate, nutrient-dense micro-plants, herbs and foods on the planet. Junk food is just that: junk! And, heating any food kills the nutrition. Add stress, anxiety, a lack of exercise and a lack of sleep, and now you have a recipe for disaster—a health disaster. So I'll say it again: **SuperFood Plus is my antidote for modern life!**

HOW IT WORKS

✓ Powerful nutrition

Blasts your blood with over 100% of every major vitamin, plus minerals and powerful nutrition

✓ Quick energy

This zero-fat formula will give you quick energy...with over 500% of your Vitamin B12

✓ Rich nutrients

Saturates your blood with many powerful nutritional complexes that are missing in other vitamins and man-made nutritional formulas

✓ Boosts immunity

Stimulates the immune system and boosts immune function

✓ Protects your body from breakdown

✓ Cellular building blocks

Regenerates your red blood cells, building powerful iron and nutrient-rich blood

✓ Protein rich

Contains twice the protein of Grade-A beef, 40% protein by volume

The Power Behind SuperFood Plus

✓ 40% Protein!

High-protein, natural, non-isolated and easy to assimilate

✓ Zero Fat!

Only .5 grams of fat, allowing it to be called "Zero Fat"
Only .5 grams of fat, allowing it to be called "Zero Fat"

✓ Very Few Calories!

Just 50 calories per serving

✓ 100% Gluten-Free!

Highest Quality

✓ All ingredients are organic or wild-harvested

✓ All ingredients are vegan/vegetarian

✓ Not tested on animals

✓ Bottled in food-grade glass jars

✓ And, it tastes great!

DR. SCHULZE'S CLINICAL EXPERIENCE

Your body demands a rich supply of nutrients in your blood at all times to manufacture everything including blood cells, hormones, immune cells, bone cells, brain cells—everything! Having a rich supply of nutrition in your blood gives you energy, vitality and strength; protects you from disease and illness, and if you get sick, speeds up your recovery dramatically.

I had many patients who were dying because they had run out of blood and cell-building nutrition. SuperFood Plus mixed with fresh, organic fruit and vegetable juice succeeded where everything else failed. It was able to get nutrition into their weak, starving blood, and into their cells and organs. SuperFood Plus created healing miracles and saved lives.

Soon afterward, I started prescribing it to my patients who were not as ill, and even to my healthy patients. Everybody saw a remarkable increase in their energy level, their vitality and their general level of health, not to mention their skin, hair, nails and the way they looked. I then prescribed SuperFood Plus for the old and the young, the sick and the healthy, to all of my patients and even all of their pets. The results were nothing short of life-changing.





A NUTRITIONAL MIRACLE IN ONLY 3 TABLETS!

SuperFood-100 was designed to get you the NUTRITION you need and the ENERGY you want, all from natural sources using only herbs and foods. Clean, vegan and all-natural, it will supply 100% of your major vitamins, plus over 500% of your Vitamin B12 for energy, in just three tablets per day.

“ This is for ANYONE who won't have a ‘green drink’ or take 15 tablets of my SuperFood Plus. My NEW SuperFood-100 is a ‘miracle’ and will ensure even the most finicky kids and parents can get QUALITY nutrition every day in ONLY 3 TABLETS! ”

— Dr. Schulze

WHAT IT DOES

- ✓ 100% of your RDI of Vitamins A, B, C and E
- ✓ Over 500% of your ENERGY Vitamin B12
- ✓ 100% Natural, 100% Vegan, 100% Herbal and Food Nutrition that ASSIMILATES IN SECONDS

Botanical Ingredients:
Organic Acerola Cherry, Palm Fruit, Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Rose Hips, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, in a base of Dr. Schulze's Proprietary Non-Fermentable Saccharomyces cerevisiae Yeast

SuperFood-100.....\$34
90 vegetarian tablets / 1 gram each

SuperFood-100.....\$90
270 vegetarian tablets / 1 gram each



Real People. Real Results.

“I take SuperFood Plus when I'm doing a detox, but SuperFood-100 is what my body needs each day and it's PERFECT for my daily activities. This is a great product for all! Thanks, Doctor!”

Jordan P.

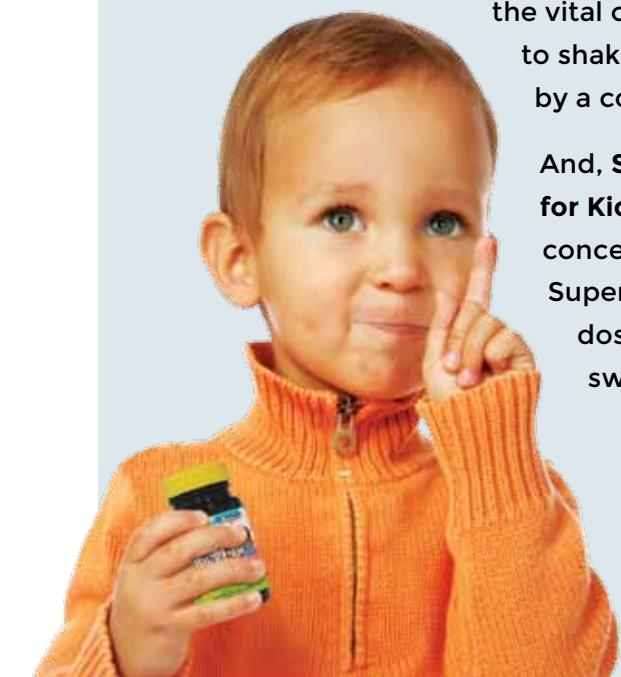


THE EASIEST WAY TO GIVE YOUR CHILD THE BEST NUTRITION!

Dr. Schulze has created this special formula just for kids. This new, smaller tablet is packed with powerful herbal

food nutrition that assimilates in seconds providing 100% of your child's RDI of Vitamins A, B, C and E—and over 500% of Vitamin B12 for ENERGY!

These essential nutrients support and manufacture immune cells, rebuild immune organs and create the vital chemicals your child needs to shake off an infection caused by a cold or flu.



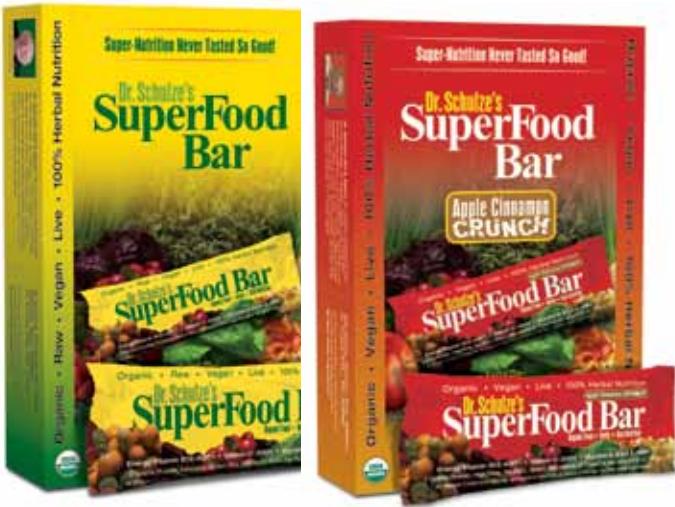
Vegan & Gluten-Free

WHAT IT DOES

- ✓ SMALLER TABLETS, easier to swallow
- ✓ NUTRIENT RICH formula provides over 100% of your child's RDI of Vitamins A, B, C and E
- ✓ Over 500% of Vitamin B12 for a natural ENERGY BOOST
- ✓ PROTEIN-PACKED with over 40% protein by volume
- ✓ Super Nutrition to BOOST the Immune System
- ✓ 100% Natural, 100% Vegan, 100% Herbal and Food Nutrition that ASSIMILATES IN SECONDS

Botanical Ingredients:
Organic Acerola Cherry, Palm Fruit, Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Rose Hips, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, in a base of Dr. Schulze's Proprietary Non-Fermentable Saccharomyces cerevisiae Yeast

SuperFood-100 for Kids..\$24
90 vegetarian tablets / 500 mg each



GET DAILY SUPER-NUTRITION IN A RAW, ORGANIC BAR!

SuperFoods, SuperHerbs and Super Nutrition that tastes great! Not only do my SuperFood Bars have more vitamin and mineral content than any nutritional bar on the market, they also taste better and have more easy-to-assimilate vitamins and minerals than any multivitamin on the market! An organic, healthy snack, plus all of your daily vitamins... YAHOO!



WHAT IT DOES

- ✓ Over 600% of Vitamin B12 ENERGY in EVERY Bar
- ✓ 200% of Vitamin C and 100% of Vitamins A, B and E in EVERY Bar
- ✓ Organic, Live, Vegan, 100% Herbal NUTRITION
- ✓ NO added sugars, NO chemicals and NO crap

Original SuperFood Bar

Botanical Ingredients:

Organic Figs, Organic Dates, Organic Cranberries, Dr. Schulze's SuperFood Plus (Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, Non-Fermentable Saccharomyces cerevisiae Nutritional Yeast), Organic Almond, Organic Walnut, Organic Sunflower Seed, Organic Raspberry, Organic Strawberry

SuperFood Bar.....\$38
(Original) 12-Pack / 2.12 oz. / 60g each

SuperFood Apple Cinnamon Crunch Bar

Botanical Ingredients:

Dr. Schulze's Organic Chunky Apple Blend, Organic Sprouted Buckwheat (Gluten-Free), Dr. Schulze's SuperFood Plus (Wild-Harvested Spirulina Algae, Organic Blue-Green Algae, Chlorella Broken-Cell Algae, Organic Barley Grass, Organic Alfalfa Grass, Organic Wheat Grass, Organic Purple Dulse Seaweed, Organic Acerola Cherry, Organic Rose Hips, Palm Fruit, Organic Lemon Peel, Organic Orange Peel, Organic Beet Root, Organic Spinach Leaf, Non-Fermentable Saccharomyces cerevisiae Yeast), Raw Organic Walnut, Raw Organic Almond and Almond Butter, Raw Organic Sunflower Seed, Organic Cinnamon, Organic Strawberry, Organic Raspberry

SuperFood Bar.....\$38
(Apple Cinnamon Crunch)
12-Pack / 2.12 oz. / 60g each

“ Getting great nutrition never tasted so good.”

— Dr. Schulze

Why do we need another Nutrition Bar?

Because nutrition bars don't have any NUTRITION!

No, this isn't a riddle, and yes, I was shocked to find that out myself. I went to the health food store and bought every single nutritional health bar and tried them all. Most were just sugar-laden junk food with a natural-looking wrapper, and a few key natural bullshit words like the typical "all natural." Heck, horseshit is "all natural," but I don't want to eat it! A few were actually pretty clean and pretty good. But to my surprise, when reading the fine print, NONE of these Nutritional bars had any real NUTRITION! Sure, they had a little—10 or 15% of a few vitamins—but they had no substantial amount of vitamins or nutrition. Heck, I would rather eat a banana and a few nuts!

So, that was it. I'd had enough, and I set out to make a real nutritional bar that was Organic, Raw, Vegan, Live, made with 100% Foods and Herbs AND with 100% or more of all your needed vitamins from only the foods and herbs in the bar. So, I added my SuperFood Plus to a bar that I designed with amazing food ingredients, and after over 100 test batches... YES!

Go ahead, check out the other guys' nutrition bars, then check out my SuperFood Bar, and you will see the huge difference. It's called VITAMINS, and my vitamin content is 100% derived from the herbs and foods in the bar. Nothing man-made. Nothing artificial. Just awesome SuperFoods, Super Herbs and Super Nutrition that tastes GREAT!

Some great ways to use my SuperFood Bars

✓ Makes the perfect meal replacement!

Remember, when your body cries out for food, it's really just saying: "I need nutrition." That's why my NEW SuperFood Bar also makes the perfect meal replacement, so have one with your next SuperSlim Drink.

✓ Have it on the go!

Running late? No problem! Just grab a SuperFood Bar on your way out the door for an awesome "lunch on-the-go" and know you're getting powerful nutrition to keep you going all day long.

✓ Give a healthy alternative snack to the kids!

They also make a great alternative for the kids. Instead of those garbage cookies and chocolate-covered, sugar-laden granola bars, just give them a SuperFood Bar, and now they've got an amazingly healthy snack with vitamins for the whole day.

✓ Give it to an unhealthy loved one!

For your loved ones who just refuse to do ANYTHING healthy for themselves, well, just give them a SuperFood Bar and watch them eat it up! Now, they're getting a powerful dose of daily nutrition, and they're having fun doing it!

WHY THEY ARE SO POWERFUL

► A FULL DOSE of SuperFood in ONE BAR!

► "Original" Bar has only 165 CALORIES, and 6 grams of PROTEIN with 12 grams of FIBER!

► "CRUNCH" Bar has only 133 CALORIES and 7 grams of PROTEIN with 8 grams of FIBER!

Vegan & Gluten-Free





JOIN SUPERFOOD-A-MONTH CLUB, GET FREE SHIPPING AND MORE!

Never run out of SUPER NUTRITION when you need it. Sign-up now for Dr. Schulze's SuperFood-A-Month Club (SFMC). Here's how it works. Join today and have your order of SuperFood Plus powder or tablets, SuperFood Bars, or SuperFood-100, AUTOMATICALLY shipped to your door every month—at the GUARANTEED BEST PRICE!

No more monthly calls to re-order. You'll always have the super nutrition of Dr. Schulze's SuperFood on-hand when you need it. PLUS, shipping is FREE. And, you can cancel anytime with one simple phone call. SuperFood will give you all of your essential vitamins and minerals to build nutrient-rich blood and fight off illness. So, if you are serious about living a full and vibrant life with more ENERGY, make sure you start every day with the best nutrition available!

- ✓ **FREE SHIPPING** every month!
- ✓ **EXCLUSIVE** members-only bonuses, including FREE gifts, special offers and new product previews!
- ✓ **CANCEL ANYTIME** with just one simple phone call!
- ✓ Your credit card is **NEVER** charged until the day your order is shipped!
- ✓ **GUARANTEED BEST PRICE**—if SuperFood Plus goes on sale, you get the savings automatically!



**SIGN UP TODAY! CALL TOLL-FREE
1.800.HERB.DOC
1.800.437.2362**

Real People. Real Results.

"I've had a remarkable health improvement. I have much more energy and I feel alive! And, you never let me run out before you ship my next order."

SuperFood-A-Month Club Member

REAL PEOPLE. REAL RESULTS.

Lost 20 pounds and I feel great!

"I started using your products in October. I stopped eating meat, detoxed and lost 20 pounds. I feel great! Thank you, Dr. Schulze!"

Fritz M. in Long Beach, CA

Low-calorie, organic raw bar that tastes great!

"I've been a user of 'health' bars for years (sporadically, because the nutrition vs. calories isn't so great), but you guys have a winner here! It's very tasty, and the fact that it's all organic and raw is a real coup!"

Victoria A. in Philadelphia, PA

Less pain, more energy—love your SuperFood Plus!

"I am loving the SuperFood Plus. My friend introduced me to it in early September at your store. I have Rheumatoid Arthritis and I am happy to share that the SuperFood helps me feel a lot better every day. I just finished a vacation with my brother and wife at 6000 feet in Colorado and I still feel GREAT! I love it so much, that I ordered two bottles. My husband has been sneaking it. :) I can almost keep up with my Jack Russells!"

M.M. in Brooklyn, NY

Impressive weight-loss project!

"I am completing a 100-day project where I went from 250 pounds down to 200. I used Intestinal Formula #1 every single day and had one to two SuperFood shakes each day. I added organic Goji berries that plump up nicely and help with flavor. In addition to this eating regimen, I worked out each morning. The results are believable, reasonable, and impressive. Your work has helped my family immensely and my mom claims she is alive because of you."

Andrew F. in Monmouth, OR

Tablets are so easy, and I feel fantastic!

"I really enjoy the SuperFood Plus tablets, as they are easy to pop in and I don't have to do a whole smoothie. It gives me lots of energy and overall, I'm feeling fantastic!"

Sarlene O. in Venice, CA

Live food on the go saves the day!

"Thank you for the wonderful SuperFood bars! They REALLY are delicious! I decided the cost is no more than what I would normally spend on food at the drive-thru and obviously it's MUCH MORE HEALTHY! I can't wait to feel the benefits of eating live food again, as opposed to all the dead food I've been eating while I'm out and about! You're a life-saver, Dr. Schulze. Thank you!!!"

Kathleen F.

Better skin and more energy!

"I lost the dark circles under my eyes. I don't have bad gas anymore. I'm more aware of what I eat. My skin looks better. I've lost some weight. SuperFood Plus gives me a lot of energy in the morning."

Christophe N. in Los Angeles, CA

And easy way to have a healthier lifestyle!

"SuperFood Plus, Echinacea Plus and Intestinal Formula #1 are now a daily part of my lifestyle. I feel great and have lots of energy."

Marianne P. in Chatsworth, CA

The inches are melting away!

"The inches are melting away on my body and I have energy like I've never had before. Thanks, Dr. Schulze!"

Roz R. in Cerritos, CA



NATURE'S BERRY, HERBAL & FRUIT VITAMIN-C COMPLEX

Complex nutrients. ALL of the Vitamin-C and Vitamin-C Complex nutrients in this formula are natural and derived solely from the whole plants in the formula. Nothing is extracted, isolated, fortified or synthetic. This formula is 100% natural plants, extremely rich in Vitamin-C and Vitamin-C Complex. NO chemicals, NO ascorbic acid, period!

These berries, herbs, fruits and vegetables are organically grown or wild-harvested, cleaned, dried, and blended. That's it! This formula is alive, nutrient dense, the highest and most complete Vitamin-C SuperFood Complex available anywhere. That is why I call it **Super-C PLUS!**

HOW IT WORKS

Camu-Camu berries are the richest source of naturally occurring Vitamin-C on the planet. Up to 6,000% more concentrated Vitamin-C than citrus fruit. Acerola cherries are the second richest source of naturally occurring Vitamin-C on the planet—with up to 4,000% more Vitamin-C than citrus fruit.

Rose Hips, Orange and Lemon pith and peels give you the

finest berries, herbs, fruits and vegetables known on the planet, the absolute highest sources of natural Vitamin-C and Vitamin-C Complex.

WHAT IT DOES

- ✓ Over 500% Vitamin-C **COMPLEX** per serving!
- ✓ **NO** Ascorbic Acid, **NONE!**
- ✓ **NO** Extracted, Isolated or Synthetic Vitamins!
- ✓ **NO** Gluten, **NO** Sugar, **NO** Soy, **NO** Artificial **ANYTHING!**

Botanical Ingredients: Dr. Schulze's High-C Combination: Wild-Harvested Camu-Camu Berry, Organic Acerola Cherry; Dr. Schulze's Dr. Schulze's High-Bioflavonoid Combination: Organic Rose Hips, Organic Orange Pith and Peels, Organic Lemon Pith and Peels; Dr. Schulze's High-C Greens Combination: Organic Coriander Leaf, Organic Parsley Leaf, Organic Kale Leaf

Super-C Plus.....\$24
Powder / 56 grams / 1-month supply

Super-C Plus.....\$28
120 Tablets / 1-month supply

bioflavonoids, hesperidin, rutin, enzymes and coenzymes, trace minerals, calcium, and many other super-nutrients that make up the Vitamin-C Complex.

Coriander contains five times more Vitamin-C than any other herb, while Parsley is the second highest herb in Vitamin-C and the richest in Vitamin-C Complex flavones. Lastly, Kale leaf is one of the richest sources of Vitamin-C

and Calcium combined—the dynamic duo necessary for the absorption of Vitamin-C Complex.

Finally, Dr. Schulze adds just a dash of Strawberry and Raspberry—both Vitamin-C super fruits—and Habanero Pepper, because it is one of the richest, most concentrated plant sources of Vitamin-C, which gives the formula its fruity zing!



IN GOD AND NATURE WE TRUST! An Illuminating Nutritional Story, by Dr. Schulze

Forty-five years ago, when I was just starting my journey into health, like most people, I started taking vitamin pills. To get my Vitamin-C, I first started taking ascorbic acid. Then a year or so later, (and a stomach ulcer later) I heard that you cannot even assimilate, let alone utilize the ascorbic acid, unless the bioflavonoids are present.

So no problem, a few years nutritionally wasted, but now I was back on track. I started taking ascorbic acid with bioflavonoids. A year after that, I now heard that you cannot assimilate and use ascorbic acid, unless it has bioflavonoids and calcium in it. Whoops again! No problem. Again, I immediately started taking ascorbic acid, bioflavonoids, and calcium... and then it hit me... WHAT AM I DOING? Chasing nature?

A simple orange has numerous natural, organic acids that contain huge amounts of Vitamin-C, PLUS bioflavonoids, calcium, and every other ingredient that God and Nature know you will ever need to assimilate and utilize Vitamin-C. PLUS, all the things we will never, ever know or discover. I wasted years chasing nature, and taking ignorant, man-made, mimicking nutritional copies, and then I discovered an ORANGE!

My friends, a vitamin is much, much more than just a single chemical, it is a living organism. It is a live, organic complex of nutrients, enzymes, coenzymes, antioxidants, trace minerals and life itself. Any attempt to extract or isolate it, kills and destroys it. Any attempt to mimic it in a laboratory, is a folly. That's why on the label I call it: NATURE'S Berry, Herbal & Fruit Vitamin-C Complex!

Real People. Real Results.

Like I always say, I use all of my products on myself, too!

"Flu Season started early this year in Florida—it's a "minefield" of sick people coughing and sneezing! Last week I started feeling it in my lungs too, itching at first, then coughing and pain. I started taking multiple Cold & Flu "SHOTS", the first being right in my morning SuperFood Plus drink. But, during the day I felt a sore throat and cough coming on, so I took about 8 to 10 scoops of Super-C Plus throughout the day, along with many more Cold & Flu "SHOTS". A week later, I am still feeling great—no cold, no flu! Just like Cold & Flu "SHOTS" are a powerful immune STIMULATOR, Super-C Plus is powerful immune cell FUEL. It stopped this flu before it even got started!"

Dr. Schulze



A HEALTH AND VITALITY SUPERCHARGER!

One of the reasons many people find it impossible to get motivated to eat better, move more, lose weight and create a healthier lifestyle is simply because we just don't have the energy and vitality. Well, problem solved, my friends!

With my Vitality "SHOT", I set out to make a true, natural, herbal, organic and healthy energy and vitality formula that gives you lots and lots of clean energy.

It has lots of power behind it, making you feel strong, powerful, refreshed and gives you energy all day long. Yet when it's time for sleep, you'll sleep like a baby, with no crash at the end. And even better, in the morning you will wake up refreshed, revitalized and feeling great!

NOTE: Previously sold as Dr. Schulze's Energy "SHOT".



" This is a Healthy and 100% Herbal Vitality Boost that lasts all day, has an invisible finish, lets you sleep like a baby, and leaves you feeling refreshed and invigorated the next day."

— Dr. Schulze

WHAT IT DOES

- ✓ A powerful and effective ENERGY and VITALITY BOOST that lasts all day long
- ✓ Increases PHYSICAL endurance, stamina, strength, power, performance and vitality
- ✓ Increases MENTAL focus and concentration

Botanical Ingredients:
Dr. Schulze's Stimulating Energy Complex: Oat Seed, Green Tea Leaf, Yerba Mate Leaf, Guarana Seed, Kola Nut, Coffee Bean; **Dr. Schulze's Power Complex:** Siberian Eleuthero Root, Wild American Blue Ridge Ginseng Root; **Dr. Schulze's Nutritional Complex:** Dr. Schulze's Proprietary Non-Fermentable Saccharomyces cerevisiae Yeast, Blue-Green Algae, Acerola Cherry; **Dr. Schulze's Circulatory Complex:** Ginkgo Biloba Leaf, Ginger Root, Habanero Pepper

Vitality "SHOT"\$28
 (2-pack) 1.5 ounces / 45 ml. bottle

HOW IT WORKS

HEALTHY BENEFITS...

- ✓ 700% of Vitamin B12 ENERGY in every "SHOT"
- ✓ Have SUSTAINED VITALITY all day long
- ✓ Feel more awake, alert and alive
- ✓ Have better and more effective workouts
- ✓ Have better performance at work or at play
- ✓ Be more focused and alert

WITH NO GARBAGE...

- ✓ NO sugar, artificial sweeteners, chemicals, artificial colors, flavors or preservatives
- ✓ NO added caffeine
- ✓ NO crash, no jolts, no jitters and no SHOCK
- ✓ NOT a "liquid body slam" or "train wreck in a can"

Real People. Real Results.

"I am in the medical field. My day starts at 4:00 in the morning. I work 13-hour days. The effectiveness of your "SHOT" is amazing, and for me, it lasts for three days. I sleep like a baby at night and feel refreshed when I wake up, and I'm ready to go again. Thank you so much, Dr. Schulze, and God Bless you and your staff."

Peter C.

DR. SCHULZE'S CLINICAL EXPERIENCE

The #1 reason I created this Vitality "SHOT" was because everybody at some time or another needs more vitality—more physical energy and more mental motivation—to get themselves on a healthier program, to get what they want out of life, and herbs are a great way to get that needed VITALITY!

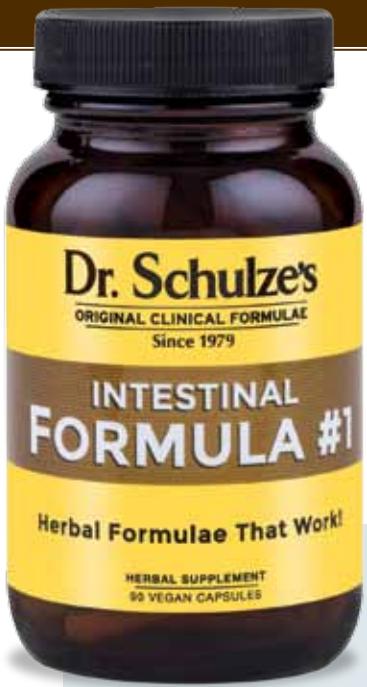
Also, my patients needed SUSTAINED energy—it had to last. Energy drinks, shots, sugar, chocolate and even coffee, all give you a blast, and then leave you shaky, leave you hanging, and then crashing, because they have nothing behind them. I needed something that gives you lots of energy and vitality, lots of power, and all day long, and I was able to achieve this by adding the Power, Nutritional and Circulatory herbs.

Then, when you need to rest and go to sleep, you'll have no problems, which is not like the energy drinks out there. And when you wake up the next morning, you won't feel beat up. In fact, you'll feel refreshed, nourished and invigorated.

The second reason I created my Vitality "SHOT" is because of all the other toxic, chemical energy drinks out there. They don't just waste your money; they risk your health! Unless you think sugar-water with chemical caffeine, artificial sweeteners, colors, preservatives, dyes, and maybe some "fairy-dusting" of herbs (just so they can mention them on the label) is something good for you to take. Like I said, they should call these drinks "Train Wrecks in a Can."

My first rule when making any formula is that it must be clean, pure, organic, 100% herbal and healthy. And, if it's one of my "SHOT" formulas, well, you know it's going to be powerful, strong and effective.





POWERFULLY PROMOTES REGULAR AND COMPLETE BOWEL MOVEMENTS!

Intestinal Formula #1 relieves constipation and assists you to have more regular and more complete bowel movements. It also stimulates your colon's natural muscle action and strengthens these muscles. It halts putrefaction, soothes and heals, improves digestion and relieves gas and discomfort from cramps.

It also increases the flow of bile, which in turn cleans the gallbladder, bile ducts and liver and promotes healthy intestinal flora. Additionally, it makes it impossible for many intestinal invaders to survive.

NOTE: If your bowels are irritated, hot or working too frequently, skip Intestinal Formula #1 and go directly to Intestinal Formula #2.

WHAT IT DOES

- ✓ **The BEST BOWEL CLEANSER** on the planet
- ✓ **STIMULATES and STRENGTHENS** the muscular movement of the colon
- ✓ **CLEANSE and DETOXIFY** your body of accumulated waste

Botanical Ingredients:
Curaçao and Cape Aloe Leaf, Senna Leaf and Pod, Cascara Sagrada Aged Bark, Oregon Grape Root, Hawaiian Yellow Ginger Root, Garlic Bulb, Habanero Pepper

Intestinal Formula #1... \$24
90 vegan capsules (575 mg each)

Intestinal Formula #1..... \$58
250 vegan capsules (575 mg each)



Why Use Intestinal Formula #1?

FACT The average American stores from 10 to 12 pounds of fecal waste in their colon, which is definitely not healthy.

FACT The average American has only two or three bowel movements a week. This makes Americans 70,000 bowel movements short in their lifetime!

FACT A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems.

FACT Americans eat more than ONE MILLION animals per hour! NO FIBER!

FACT In 1950, The Merck Manual (the leading medical text on the diagnosis of disease) stated that only 10% of Americans developed bowel disease. Today, it states that 100% of Americans will eventually develop bowel disease (diverticulosis) if they live long enough. Diverticuli (sac-like herniations inside your colon due to excess fecal matter build-up) are a leading precursor to colon cancer.

HOW IT WORKS

Clean out accumulated waste

The human body is a metabolic engine. Every system, every organ, every cell of the human body takes in fuel to run and eliminate waste material. The majority of this waste is deposited into your colon. In fact, the average American stores from 10 to 12 pounds of fecal matter in his or her colon. If this toxic waste isn't regularly eliminated, it will cause your body to be backed up with poisons, making it sluggish and unhealthy. Dr. Schulze designed his Intestinal Formula #1 to help his patients rid themselves of accumulated toxic waste.

Constipation causes many problems

This body of ours must have had some incredible engineer. Everything has its place and there is no extra room. If one organ swells, then another organ gets compressed or crushed. Organs don't work well when they are crushed, and circulation gets interrupted. Every organ needs good circulation to bring nutrition in and get waste out, in order to be healthy. Your colon is so big that it is connected to, touches or is in the vicinity of every major organ in your body, except your brain. It also touches most of your blood vessels

and nerves. Constipation causes the colon to swell and when this happens, it can compress the lungs, heart, liver, gallbladder, pancreas, kidneys, adrenals, uterus or prostate. A constipated colon can cause an almost endless amount of seemingly unrelated diseases and problems. Intestinal Formula #1 eliminates constipation and promotes regular, complete bowel movements.

Get Healthy! Clean your colon

A sluggish, swollen bowel can compress a nearby area, causing disease and infection in any area of the body. This explains why 80% of Dr. Schulze's patients who used Intestinal Formula #1 and did his 5-Day BOWEL Detox started to develop healthy hearts, normal blood pressure, normal blood-sugar levels, balanced hormones, no fertility problems, functioning livers, normal cholesterol levels, healthy immune systems, normal urinary function, powerful adrenals, increased energy, healthy prostates, clean digestive tracts, stronger lower backs and normal leg circulation. No matter how far removed from the colon the problem seems, cleanse the bowel first and see what happens. If you're like Dr. Schulze's patients, you will be thrilled with the results.

Real People. Real Results.

I believe it has saved my mother's life

"Formula One. Had to tell you that I do believe it has saved my mother's life and has saved us from trips to the hospital because of abdominal pain. It is the only thing that works for her. We have tried everything, so did the hospital. We had to sneak them in the hospital for her to have a bowel movement. Told all of our friends in New York, and some in Greece and others in Albania. Formula One has traveled and helped a lot of people."

Ann A.
Long Island City, NY

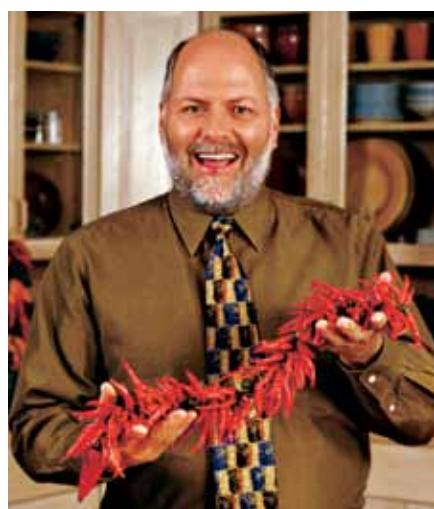
It's amazing!

"I came out of a coma and for eighteen years I could not go #2 on my own without pain and much time between. Doctors couldn't find anything wrong with me. I took the Intestinal Formula #1 and the very next morning went to the bathroom and had soft stools with no pain. It is amazing!"

Melissa V.
Palm Harbor, FL

DR. SCHULZE'S CLINICAL EXPERIENCE

My Intestinal Formula #1 is part one of my 5-Day BOWEL Detox Program. Its main medicinal action is to relieve constipation and assist you in having more regular and more complete bowel movements. The best way for anyone to regain health and stay healthy is to periodically cleanse and detoxify their body of accumulated waste. My patients who did a seasonal detoxification program on a regular basis always felt healthy. Before you can make any type of healthy lifestyle changes, you must make sure that ALL of the elimination channels are open, and the bowel is the place to begin. If you clean your colon first, you should feel great during any health program and vibrant when you are finished. I started every patient in my clinic on Intestinal Formula #1, EVERY PATIENT.



THE POWERFUL INGREDIENTS

The herbs in this formula, like Aloe, Senna and Cascara Sagrada, all contain the phytochemical anthraquinone, called Emodin, which increases peristaltic waves, the propulsive contractions of the colon muscle.

Oregon Grape Root stimulates and flushes the liver and the gallbladder, and increases the production of bile. Garlic is antibacterial, antiviral and antifungal. Habanero and Ginger are both powerful stimulants to the colon. Ginger also relieves gas, while Habanero is a powerful aid in the intestinal healing process.

My Intestinal Formula #1 is part one of my 5-Day BOWEL Detox Program. Its main medicinal action is to relieve constipation and assist you in having more regular and more complete bowel movements.”

– Dr. Schulze

Curaçao and Cape Aloe Leaf

“The most potent and effective bowel cleansing herb in the world!”

These equatorial Aloes contain a powerful phytochemical (plant chemical) in the Anthraquinone family called Emodin.

Emodin has a very strong stimulating effect on smooth muscles like the bowel. When this chemical comes in contact with the surface of the bowel, it causes immediate and powerful muscular contractions, even though you rarely feel them. Emodin is such a powerful plant chemical that it will cause bowel contractions regardless of how constipated someone is, regardless of what they ate, regardless of their bowel disease. This Aloe Emodin worked 100% of the time with 100% of my patients.



Senna Leaf and Pod

“A very reliable stool softener and bowel cleanser!”

Most companies that use Senna today use the most abundant, cheapest, common Senna Leaves from polluted countries like India and China, and then gas these herbs with toxic and carcinogenic bactericides upon importation.

No thanks! And they only use the leaf, whereas our ancestors used both the leaf and the pod, which is very potent medicinally. Like our ancestors, I used both the leaf and pod, as I have found they work much better in combination than just Senna Leaf alone.

Senna stimulates the bowel to pulse more quickly, allowing more water to remain in the stool, rather than be absorbed back into the body; this makes for an easier, softer bowel movement and faster bowel action.



Real People. Real Results.

“I am 81 years old, and since young childhood, I have gone from bowel impaction to bowel impaction. The older I got, the worse it got, to where I would sit on the toilet and cry. My husband wanted to call 9-1-1 many times. I first used your Formula #1 in Sept 2011. After a week I no longer had a problem and have not had an impaction since! I can't thank you enough for relieving me of this lifelong misery.”

Bobbie B. in Lawrence, KS

“I had chronic constipation and after several trips to a colon hydrotherapist, she told me about Intestinal Formula #1. The therapist who had been helping me saw how much money I was spending and directed me to your product. Now I take it each night before bed and it keeps me regular. I started with 6 capsules a day (POWERFUL DOSE) and am now taking just 2, with great results. Thank you God, and thank you Dr. Schulze for this amazing product.”

Tabitha L. in Breeding, KY

Cascara Sagrada Aged Bark

“Little else in nature provides such swift relief and reliable results!”



Cascara Sagrada stimulates the natural rhythmic contractions of the bowel that are more commonly known as peristalsis. It also tones the muscle wall as it works, exercising and toning the bowel muscle.

Little else in nature provides such swift relief and reliable results. Cascara Sagrada produces a regular, satisfying bowel movement of the kind that few people in our day and age achieve on a daily basis, with the predictability of clockwork.

Oregon Grape Root

“This bitter medicinal herb cleanses the liver and the bowel!”

Oregon Grape Root helps get rid of bacteria and fungi like giardia, candida, viral diarrhea, and even cholera and E. coli naturally, without harmful side effects. The digestive system is always encountering these unfriendly viruses, bacteria and fungi.



Hawaiian Yellow Ginger Root

“One of the world's greatest carminatives and digestive aids!”



Our Organic Hawaiian Yellow Ginger Root is grown on the rain-drenched slopes of Mauna Kea, the volcanic mountainside of the Big Island of Hawaii. Our Ginger Root (actually called a Rhizome) is a vibrant yellow and much more potent, dense and less fibrous than the common White Ginger that is readily available. Yellow Ginger Rhizome is known for its depth of flavor, superior pungency and concentrated potency of phytochemicals.

Ginger's medicinal phytochemicals are one of the world's greatest carminatives and digestive aids. Carminative action is the action of moving, relieving and expelling gas. This action makes this herb a very important ingredient to this formula.

This is because during a bowel detoxification (where you remove old, encrusted fecal waste from the walls of your bowel), this material can mix with digestive fluids and create gas. Having this potent carminative in this formula neutralizes this gas and moves it down your intestinal tract for elimination.

Garlic Bulb

“Garlic has been a wonder of nature for over 4,000 years!”



Garlic keeps your entire digestive and elimination system free from harmful and toxic microbes.

Whenever you are doing any bowel detoxification and cleansing, you are removing old fecal material.

Garlic also kills the intestinal invaders that inevitably make their way into the gut and live there for years, if not treated.

The Allicin found in Garlic is what makes it very difficult for all these invaders to thrive, which can happen especially when the diet is high in sugar and carbohydrates.

Habanero Pepper

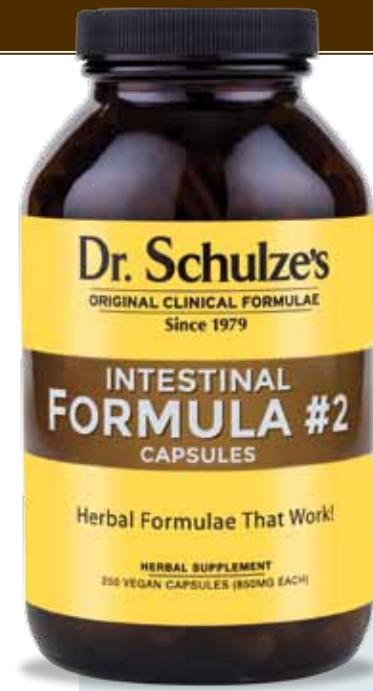
“The hotter the pepper, the more medicinal it is!”



These fiery Habanero Peppers stimulate the circulation so the bowel's tissue and mucous membrane can begin to recover.

They also increase peristalsis, the muscular contractions relieving constipation and promoting regular bowel movements. A normal, healthy bowel emits a few teaspoons of blood every day.

But, when your bowel is constipated and very dirty, it can bleed a bit more during cleansing. One of the medicinal actions of this pepper in the formula is to help stop that from happening in the bowel.



DRAWS TOXIC WASTE AND BUILD-UP OUT OF THE BOWEL!

Assuming that you are already using Intestinal Formula #1 and you are having regular bowel movements, it is now time to "dig in" and get out the accumulation of old, toxic debris that you have been collecting and storing for years. Intestinal Formula #2 is a strong purifier and intestinal vacuum that will draw out the old, hardened fecal matter and mucous from the walls of your colon and out of any diverticula.

This formula is also a wonderful, soothing agent for the mucous membrane lining of the entire intestinal tract, but especially in the colon. This makes it an important formula for anyone who has irritable bowel, spastic colon, colitis, Crohn's disease, diverticulitis or any illness that causes hot, burning, irritated or bleeding bowels and diarrhea. This is also an excellent remedy for food poisoning, because it will absorb the harmful bacteria and poisons.

WHAT IT DOES

- ✓ A **POWERFUL** intestinal vacuum that draws out old fecal matter, toxins, poisons, bacteria, drug residues, mercury and lead
- ✓ **STRONG** anti-inflammatory and **SOOTHING** agent

Botanical Ingredients:
Flax Seed, Psyllium Seed, Apple Pectin, Activated Willow Charcoal, Marshmallow Root, Pharmaceutical-Grade Bentonite Clay, Slippery Elm Bark, Peppermint Leaf and Cayenne Pepper Blend

Intestinal Formula #2..\$30
250 vegan capsules

Intestinal Formula #2..\$24
8-ounce bulk powder

Intestinal Formula #2..\$30
25 packets

HOW IT WORKS

Intestinal Formula #2 contains the three most powerful and effective absorbers and neutralizers known: clay, charcoal and pectin.

Our Bentonite Clay will actually absorb up to 40 times its weight in intestinal fecal matter and waste. It also smothers and draws out all types of intestinal parasites. The Activated Willow Charcoal is the greatest absorbing agent for every toxin and

poison known. It will absorb and render harmless over 3,000 known drug residues, pesticides, insecticides and just about every harmful chemical known. This is why it is the active ingredient in nearly every water filter made today. Apple Pectin draws numerous harmful substances out of your intestines, especially heavy metals like mercury and lead and carcinogenic radioactive materials.

The addition of Marshmallow Root, along with Psyllium Seed and Flax Seed, makes the formula mucilaginous. Mucilaginous means that all the water and herbs can sit in your bowel, soaking against the internal wall of your colon, softening and breaking up old, dried and hardened fecal waste that may have been in you for years.

" To achieve great health, you must deep clean your colon. A thorough cleansing and detoxification of your bowel should be the first step, and is the most important step for anyone who wants to get and stay healthy."

— Dr. Schulze

REMOVE EXCESS WASTE, BUILD-UP AND POISONS

Many of our customers are shocked by the amount of waste that they remove using this formula. Most people don't realize just how much extra fecal waste they are carrying.

In fact, one man in Hawaii lost over 50 pounds after one night of sitting on the toilet! Another man from Los Angeles eliminated a five-foot black, tar-like encasement from his colon that he had been



A five-foot-long fecal impaction (placed in a bathtub) removed with Dr. Schulze's 5-Day BOWEL Detox.

carrying around for years (see photo below).

Intestinal Formula #2 will also kill and remove parasites. We had one customer eliminate a 33-foot tapeworm, and thousands of customers who have eliminated all types of intestinal parasites. In the clinic, patients would proudly bring in jars filled with them to show Dr. Schulze.

Intestinal Formula #1 and Intestinal Formula #2 make up Dr. Schulze's 5-Day BOWEL Detox, and he suggests that everyone does this colon cleansing program at least twice a year—even more often, if there is a history of any constipation or bowel disease.

Real People. Real Results.

I lost 6 pounds of waste!

"I had been on antibiotics for a month with bronchitis, which caused me to be constipated for 3 weeks. Painful!"

Then, I was introduced to Dr. Schulze's products by my very good friend and in only 5 days, I have lost 6 pounds of backed-up waste and I feel fantastic!

Thank you Dr. Schulze for your wonderful products and your fantastic staff!"

Hilda U.
Downey, CA

No more pain and I feel great!

"I had severe pain in the lower-left region of my stomach. I was diagnosed with diverticulitis and was given painkillers.

Now, after taking Formula #2, I have no more pain and I no longer need that poison in my body! I feel great!"

Melissa V.
Palm Harbor, FL

WHY DO A COLON CLEANSE?

FACT Colon cancer kills 400% more people than AIDS! It also kills more people than breast cancer or prostate cancer.

FACT Up to 50% of Americans have polyps in their colon due to the built-up accumulation of fecal waste. Most polyps eventually mutate into malignant cancer tumors!

FACT Every American will develop some type of colon disease, polyp, tumor or colon cancer in his or her lifetime. So it's time we started talking about what's causing it, how to heal it and most important... how to prevent it, RIGHT NOW!



Colon Cancer is on the rise! Surgeons remove sections of the colon containing cancerous tumor cells.



A MAXIMUM-STRENGTH VERSION OF INTESTINAL FORMULA #1!

This new maximum-strength version of Dr. Schulze's Intestinal Formula #1 is for those who are taking more than four capsules a day of his original Intestinal Formula #1, and who need something even stronger and more effective.

This is a very potent formula for those who suffer from chronic constipation and need relief right away. These herbs have all been used for centuries (if not millennia) to stimulate and tone the muscles of the large intestine to be stronger and promote more complete and more frequent bowel elimination.

WHAT IT DOES

- ✓ Powerfully **PROMOTES** regular, healthy and complete bowel movements
- ✓ **STIMULATES** and **STRENGTHENS** the muscular movement of the colon

Botanical Ingredients:
Curaçao and Cape Aloe Leaf, Senna Leaf and Pod, Cascara Sagrada Aged Bark, Hawaiian Yellow Ginger Root, Habanero Pepper

Intestinal Formula #1...\$24
(Maximum Strength)
45 capsules / 985 mg each



HOW IT WORKS

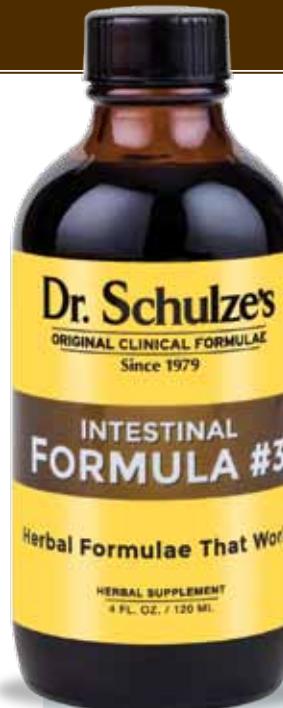
Because Cape Aloe, Senna and Cascara Sagrada offer so many health benefits, they were considered almost magical by the many cultures that have used them and referred to them as "miracle healers" and "sacred barks." Ginger Root is a powerful carminative, which relieves gas and bloating in your intestinal tract. Habanero Peppers dramatically increase blood circulation flow and are a wonderful remedy for inflamed intestines.

For a powerful dose
in a single "SHOT"
see page 44!

"I have never had a patient that I couldn't get to have normal bowel movements, whether 9 months old or 99 years old. No matter what their problem or disease, no matter how constipated—these herbs make them have normal bowel movements!"

— Dr. Schulze

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



PROMOTES SOFT AND EASY BOWEL MOVEMENTS FOR THE WHOLE FAMILY!

This formula is a great tasting, liquid stool loosener for the whole family. Although Dr. Schulze originally designed this herbal colon cleanser primarily for children, it's strong enough for adults, too. In fact, many adults prefer it instead of Intestinal Formula #1, because it has a milder action. As stated under Intestinal Formula #1, Senna Leaf and Pod and Cascara Sagrada Aged Bark both contain the phytochemical anthraquinone, called Emodin, which increases the normal muscular contractions (peristalsis) of the gastrointestinal tract, especially the colon. This formula promotes soft, easy bowel movements, and it will help strengthen the colon for better future elimination.

WHAT IT DOES

- ✓ A **MILDER** liquid version of Intestinal Formula #1 for kids of all ages
- ✓ **PROMOTES** regular and healthy bowel movements
- ✓ **STRENGTHENS** colon muscles
- ✓ **GREAT TASTING** to kids

Botanical Ingredients:
Senna Leaf and Pod, Cascara Sagrada Aged Bark, Anise Seed, Clove Bud, Tangerine Oil, California Fig Concentrate

Intestinal Formula #3..\$22
4 ounces /120 ml. bottle

HOW IT WORKS



Real People. Real Results.

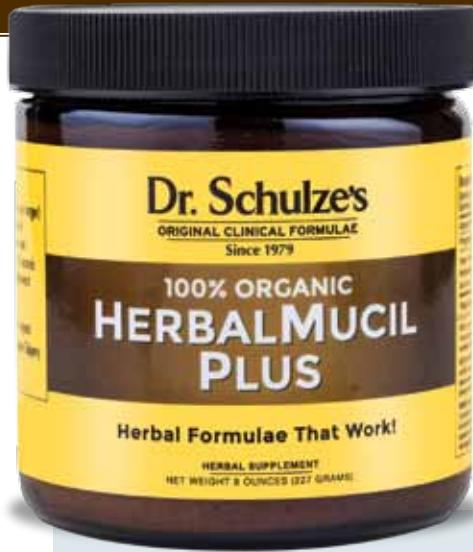
It works so well, my daughter asks for it!

"As a mother of three kids, my first two kids didn't have any problem pooping. However, my last child did, and what a relief (literally) to have Dr. Schulze's Intestinal Formula #3. It definitely works and is mild enough not to cause her any diarrhea or stomach discomfort and tasty enough for her to want to take it. Now, every time she feels like she can't poop, she doesn't hesitate to ask me for it. Thank you, Dr. Schulze for making my life so much easier!"

M.L. in Santa Monica, CA

Since the beginning of recorded medical history, figs and prunes have been used effectively as a natural treatment for constipation. The base of this tonic, California Fig Concentrate, acts not only as a mild natural laxative, but also makes the formula sweet and delicious for the kids. Anise Seed and Clove Bud are strong carminatives and antispasmodics, and therefore are used to relieve gas, cramps, colic, indigestion, nausea and stomach aches. Tangerine Oil is antibacterial and is also used to make the formula taste great.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



PROMOTES EASY BOWEL MOVEMENTS AND HELPS MAINTAIN REGULARITY!

HerbalMucil Plus holds water in your stool, is mucilaginous and slippery, contains fiber and adds that extra push, and for all of these reasons, it ensures you an amazingly easy, comfortable and complete bowel movement!

WHAT IT DOES

- ✓ **RELIEVES** constipation and maintains regularity
- ✓ **DETOXIFIES** and **CLEANSES** the entire gastro-intestinal tract
- ✓ **REDUCES** irritation and inflammation in your stomach and intestines

- ✓ **100% organic, herbal, sugar-free and chemical-free**

Botanical Ingredients:
Organic Psyllium Husk, Organic Psyllium Seed, Organic Marshmallow Root, Organic Slippery Elm Bark, Organic Aloe Vera Leaf

HerbalMucil Plus\$26
8-ounce bulk powder / 45-day supply



HOW IT WORKS

HerbalMucil Plus powder has a very neutral taste. It makes a delicious drink when mixed with any fruit or vegetable juice. But when it gets into your colon, it forms this fibrous, mucilaginous gel that gives you "magical" bowel movements!

Here are the four ways it works inside your body...

1 Holds More Water
HerbalMucil Plus holds more water in suspension in your food waste, so it doesn't get dried out or become too hard in your colon. This added liquid makes it very easy to have effortless, normal bowel movements.

2 Mucilaginous and Slippery
HerbalMucil Plus is very mucilaginous or "SLIPPERY," which also aids in elimination.

3 Loaded with Fiber
HerbalMucil Plus is loaded with pure plant "FIBER," which again, makes for having a very comfortable and easy bowel movement.

4 Extra Push
HerbalMucil Plus contains Whole "Leaf" Aloe Vera Cactus, which adds that "MILD EXTRA PUSH" to help you evacuate easily and completely.

There are **FIVE INGREDIENTS** that make Dr. Schulze's HerbalMucil Plus the most powerful formula, unlike anything else on the market!



1 & 2



3

Psyllium Husk & Seed *Plantago psyllium*

This particular psyllium species is famous for its mucilaginous or gelatinous quality when mixed with water as a soothing and healing gastro-intestinal remedy, promoting both gastro-intestinal healing and almost "magical" bowel movements. Because it bulks up the stool volume and adds liquid to the stool, it makes it much easier, almost effortless, to eliminate fecal matter, thus totally relieving constipation. This ensures that whatever toxins you put into your body will make their way out of your body efficiently, rather than getting stored in the cracks and crevices of your bowel. It also naturally accelerates digestion time, which leaves the bowel—and you—feeling refreshed, rather than sluggish and tired.

Marshmallow Root *Althaea officinalis*

Once in your colon, this Marshmallow Mucilage Jelly will soften old, hardened fecal plaque that may be stuck in the crevices of your colon, and help to remove it from the walls of your colon.

The pectin in Marshmallow will also draw out heavy metals, mercury, lead and even radioactive materials. And, both of these plant ingredients will promote easy and soft bowel movements.

These natural plant chemicals also act as a soothing, coating, internal moisturizer and provide a cooling and calming effect to an inflamed bowel—actually, your entire digestive tract.



4

Slippery Elm Inner Bark *Ulmus rubra*

Because of its high mucilage content, Slippery Elm soothes mucous membranes of the colon wall, reduces inflammation, and irritation and promotes the healing of sores, ulcers, inflammation and all the internal cells that line the colon.



5

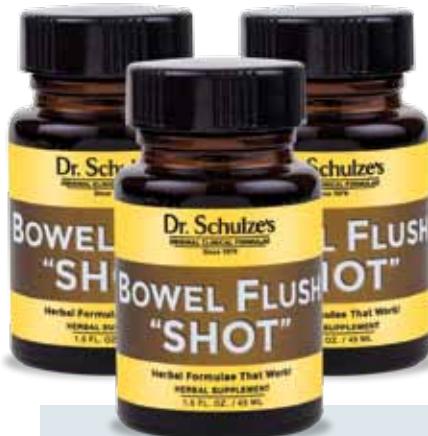
Aloe Vera Leaf *Aloe vera*

Aloe Vera is a very effective "stool softener" and "mild laxative" that works in conjunction with the mucilaginous, pectin-containing and gelatinous herbs in the formula. It will give you the gentle push needed to assist all of this mucilage and fiber in the HerbalMucil Plus to do an even better job of giving you the best bowel movements you have ever had.

Real People. Real Results.

"My nephew was diagnosed with Crohn's disease. The doctors wanted to operate because of frequent flare-ups. HerbalMucil Plus changed his life!! He is now able to participate in activities with his wife and young children. Thanks, Dr. Schulze, for giving my nephew his quality of life back."

Marsha D. in Los Angeles, CA



FLUSH THE DIGESTIVE NIGHTMARE OUT OF YOUR BOWEL BY MORNING!

All you ate today was grease, fat, sugar, calories, cholesterol, free radicals, heavy metals, toxic chemicals and toxic food, and now you're exhausted, bloated, guilty, sick to your stomach and literally full of crap. Now, you can eliminate your digestive nightmare, relax and get a good night's sleep. First thing in the morning, all of this garbage will be out of you. This herbal "SHOT" is for those times when we overindulge, eat food we know we shouldn't or just eat too much.

Whether it was Mom's famous meatballs, Dad's backyard barbecue, Aunt Betty's cookies, a friend's potluck or simply a night of fast food, junk food, greasy food or mystery food. Look, it's bad enough what you ate and how much you ate, but let's not suffer anymore. STOP beating yourself up—let's just get it out of you and START over.



HOW IT WORKS

The Senna and Cascara Sagrada make this a very strong formula designed to increase peristalsis—the natural muscular action of the bowel—and to empty the entire contents of your bowel out the very next morning. It is also loaded with Hawaiian Yellow Ginger Rhizome, which helps drive everything in a downward direction from your mouth to your anus. It also contains

Peppermint Spirits to increase the muscular contractions and empty all the fecal matter in your bowel (without causing spasms). It also contains Anise Seed, which will help relax the bowel and expel gas. Lastly, it contains my Herbal Anti-Parasite Complex, consisting of Agrimony, Black Walnut, Cinchona (a famous herb from South America that contains quinine and kills even the malaria parasite), Clove, Goldenseal and Thyme. These herbs, working together, are famous for destroying parasites (the larvae, eggs, and adult parasites) and getting all of this out of your body.

WHAT IT DOES

- ✓ **FLUSHES** everything out of your entire gastro-intestinal system by the following morning
- ✓ **PROMOTES** regular, healthy and complete bowel movements
- ✓ **ONE "SHOT"** is all you need

Botanical Ingredients:
Dr. Schulze's Proprietary Cathartic Formulae: Senna Leaf and Pod, Cascara Sagrada Aged Bark; Dr. Schulze's Proprietary Carminative Formulae: Hawaiian Yellow Ginger Root, Peppermint Leaf and Oil, Anise Seed; Dr. Schulze's Proprietary WormEx Formulae: Agrimony Herb, Black Walnut Hulls, Cinchona Bark, Clove Bud, Goldenseal Root, Thyme Leaf

Bowel Flush "SHOT" \$42
(3-pack) 1.5 ounces / 45 ml. bottle



A POWERFUL, FAST SOLUTION TO YOUR DIGESTIVE UPSETS!

This formula is a powerful solution to your digestive problems, as it provides you with the natural enzymes you need to properly digest your food, assimilate its nutrients and eliminate the leftover waste. It also includes the powerful herbal phytochemicals that relieve gas and digestive complaints.

Dr. Schulze's Digestive "SHOT" contains 10 droppersful of his Digestive Tonic, which is the amount he would have given you if you came to his clinic with a digestive disturbance, like gas, bloating, indigestion...anything. You'll notice when you take it that it's POWERFUL and it WORKS. As Dr. Schulze says, "It's a WOW!" This "SHOT" is to be used on an as-needed basis, taken before a meal to assist, aid and promote better digestion, and after a meal or before bed to prevent any digestive disturbances.

WHAT IT DOES

- ✓ Works **FAST** on severe digestive disturbances
- ✓ **COMBATS** gas, bloating, heartburn and nighttime digestive upsets
- ✓ **PROMOTES** better digestion

Botanical Ingredients:
Dr. Schulze's Proprietary Digestive Formulae: Hawaiian Yellow Ginger Root, Peppermint Leaf and Oil, Fennel Seed; Dr. Schulze's Proprietary Digestive Enzyme Formulae: Papaya Purée with enhanced Papain Enzyme, Pineapple Purée with enhanced Bromelain Enzyme

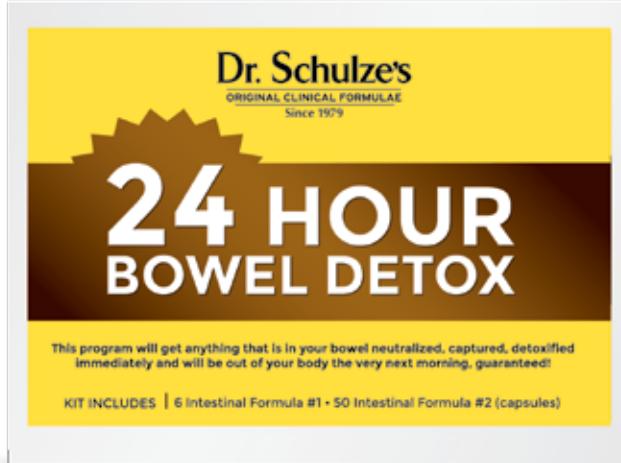
Digestive "SHOT" \$42
(3-pack) 1.5 ounces / 45 ml. bottle

HOW IT WORKS

This herbal complex contains the three most powerful "digestive aid" herbs known: Peppermint Spirits, Ginger Rhizome and Sweet Fennel Seeds. Plus, Dr. Schulze has added his enhanced Papain Papaya purée and his enhanced Bromelain Pineapple purée. Both Papain and Bromelain are powerful digestive enzymes. Together, they help break down food, while your body is also trying to break down the food in your digestive tract. They almost predigest the food for you.

This is a good tonic to have on your nightstand for those times when you go out and have a lunch or a dinner that doesn't agree with you. It would be a great idea to take the entire "SHOT" before you go to bed. If you didn't and you wake up in the middle of night with that horrible burning in your throat, well, take the "SHOT" now, if you're in trouble. Just shake it up, take the entire "SHOT" and you will be able to go right back to sleep!





A ONE-DAY BOWEL DETOX TO ALWAYS HAVE ON HAND!

Anyone who has done Dr. Schulze's 5-Day BOWEL Detox knows the power of doing it for just one day. Maybe you ate food that you don't usually eat, had too many desserts or ate at that not-so-clean restaurant with suspect food, and you want all this merchandise out of you right now! You want to capture it, absorb it and get it out, before it can get into the rest of your body.

Dr. Schulze's 24-Hour BOWEL Detox is for anyone who needs a fast and easy detox to STOP whatever is bad in their bowel from getting into their body and bloodstream. If you have a history of constipation or any other uncomfortable bowel condition, you should start with Dr. Schulze's 5-Day BOWEL Detox. When traveling, Intestinal Formula #1 will help with any constipation and Intestinal Formula #2 is the antidote for all food reactions. It absorbs and neutralizes the contaminants and gets them out of you... FAST!

WHAT IT DOES

- ✓ **QUICKLY** and **EASILY** removes dangerous micro-organisms and keeps them out of your body, stomach and bloodstream
- ✓ **A POWERFUL** one-day detox that **CAPTURES**, **NEUTRALIZES** and **ELIMINATES** toxins in your bowel

Contains: 6 Intestinal Formula #1 (see page 34) and 50 Intestinal Formula #2 capsules (see page 38)

24-Hour BOWEL Detox .. \$10

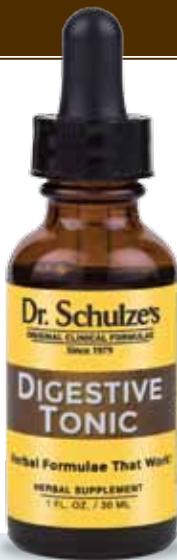
HOW IT WORKS

With 6 Intestinal Formula #1 capsules and 50 Intestinal Formula #2 capsules, this one-day detox will immediately make anything in your bowel neutralized, captured and detoxified—and it will be out of your body the very next morning, guaranteed!

Real People. Real Results.

"As a safari guide, I take several 24-Hour BOWEL Detox packets with me. When a client gets sick with diarrhea, I give them the 24-hour packet to clean out and get back to the safari. Africa—don't leave home without Intestinal Formula #2."

– Christopher L.



SOOTHE AND CALM ANY DIGESTIVE DISTURBANCE!

This is a great formula for when you wake up in the middle of the night with acid reflux, indigestion and heartburn. Take a few droppersful of this formula in a little water, and in five minutes your indigestion will be gone. Then, it's back to dreamland.

When you are out and you eat that meal that feels like a rock in your stomach, this formula will be a godsend. You can even add a few droppersful to a cup of hot water and make a tasty digestive tea. Also, when traveling, this is the greatest formula for queasiness associated with motion.

Dr. Schulze knows, because he travels all over the world on all types of transportation. He always brings along his Digestive Tonic and rides it out with a smile.

For a powerful dose in a single "SHOT" see page 45!

WHAT IT DOES

- ✓ **STOPS** indigestion, gas and stomach upsets **IMMEDIATELY**
- ✓ **ELIMINATES** the discomfort that sometimes comes with traveling and motion
- ✓ **FRESHENS** breath
- ✓ **GREAT** for kids with sensitive digestion

Botanical Ingredients:
Hawaiian Yellow Ginger Root, Fennel Seed, Peppermint Leaf and Oil

Digestive Tonic.....\$22
1 ounce / 30 ml. bottle

HOW IT WORKS

Ginger Root, Sweet Fennel Seed and Peppermint Leaf all contain essential oils that, according to medical texts and even The Merck Index, are therapeutically carminative. This means they stimulate the digestive system, as well as relax the stomach, thereby supporting digestion and helping to relieve gas in the digestive tract. Ginger powerfully minimizes an upset stomach and reduces queasy feelings, while Peppermint is an effective gastric sedative and relaxant.

Real People. Real Results.

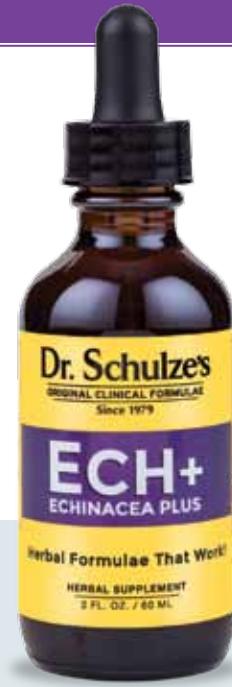
"The Digestive Tonic is amazing. I was getting a lot of acid in my stomach and every time I took it my stomach immediately quieted down, along with the gas that was coming up. Thank you."

– Matt S.

A new quality of life!

"I have had gastritis and a painful burning stomach all of my adult life. In fact, I was in pain after every single meal, sometimes even after just drinking a glass of water. Now, thanks to your Digestive Tonic, all that is gone. I can't thank you enough for the new quality of life I have. Thanks for your SuperFood, too."

– D.G.



SUPERCHARGE YOUR IMMUNE SYSTEM NATURALLY!

Echinacea Plus (ECH+) is the most powerful and effective Echinacea blend available. It stimulates and enhances the overall immune system, and can literally increase the number of immune cells and immune chemicals in the body.

THE "ONE-TWO PUNCH"

Dr. Schulze blends two different Echinacea species to make the most powerful Echinacea on the market. Echinacea will enhance, stimulate and strengthen your immune system to protect you. Garlic creates an environment that is hostile to invaders, and has been shown in the laboratory to be a powerful defense against all kinds of destructive and deadly bacteria, virus, fungus and any pathogen.

10 TIMES MORE EFFECTIVE

Habanero Pepper (unique to Dr. Schulze's formula) promotes healthy blood and lymph circulation. The addition of this ingredient makes Dr. Schulze's formula 10 times more effective than other Echinacea products.

HOW IT WORKS

Echinacea Plus (ECH+) works in two main ways. First, Echinacea has been scientifically proven to measurably increase the number of immune cells in your body, like macrophages, killer T cells, B cells, granulocytes and important immune chemicals that combat infection and disease. Second, Echinacea Plus (ECH+) stimulates these immune cells into heightened activity levels. Echinacea also significantly increases phagocytosis—your white blood cells' ability to destroy harmful micro-organisms such as bacteria, viruses and fungi. These actions will help you combat infection and disease more effectively, and also protect you from future invasions and illness.

WHAT IT DOES

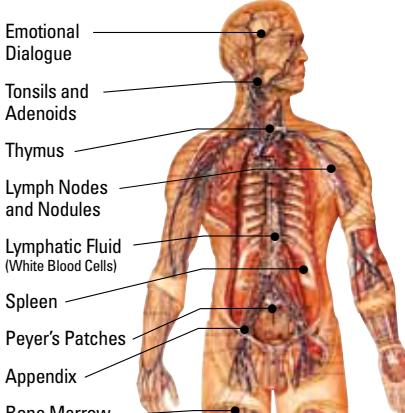
- ✓ **STRENGTHENS** your immune system to better fight bacteria, viruses and infections
- ✓ **INCREASES** the number of immune cells and immune chemicals in the body and blood
- ✓ The most **POWERFUL** and **EFFECTIVE** Echinacea blend available

Botanical Ingredients:
Echinacea Angustifolia Root, Echinacea Purpurea Seed, Fresh Garlic Bulb, Fresh Habanero Pepper and Juice

Echinacea Plus\$30
(ECH+) 2 ounces / 60 ml. bottle

Echinacea Plus\$54
(ECH+) 4 ounces / 120 ml. bottle

YOUR IMMUNE SYSTEM



Anatomical Chart Company image copyright ©2006. Lippincott Williams & Wilkins. All rights reserved. With Dr. Schulze's additions and modifications.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

ONE OF THE BEST DEFENSES FOR YOUR BODY

Echinacea's effectiveness is clearly documented in respected medical textbooks such as The Merck Index and the Physicians' Desk Reference for successfully treating and preventing colds, flu and general infections.

✓ Echinacea protects you

A "statistically significant decrease in infections" has been observed in double-blind placebo-controlled studies.

✓ Significantly reduces symptoms

Echinacea has been proven as a "safe and effective symptom relief" for colds, flu and infections.

✓ Relieves the severity of symptoms

Echinacea has demonstrated a "significant reduction" in all seven symptoms of colds and influenza compared to placebo groups.

✓ Stops colds and flu fast

A "significant rapid recovery" was proven in double-blind placebo-controlled studies of Echinacea, cutting the duration of colds, flu and infections by 50%.

Real People. Real Results.

"I have been using your products since 2003 and I cannot stop talking to others about it. Your Ech+ and SuperTonic are the best cure for colds and flu I have ever encountered. I no longer get colds and upper respiratory problems, like bronchitis. I also take your SuperFood Plus every day along with your other herbs and do each of your cleansing programs every three months and I feel great. Excellent products! Thank you."

E.C. in Stamford, CT

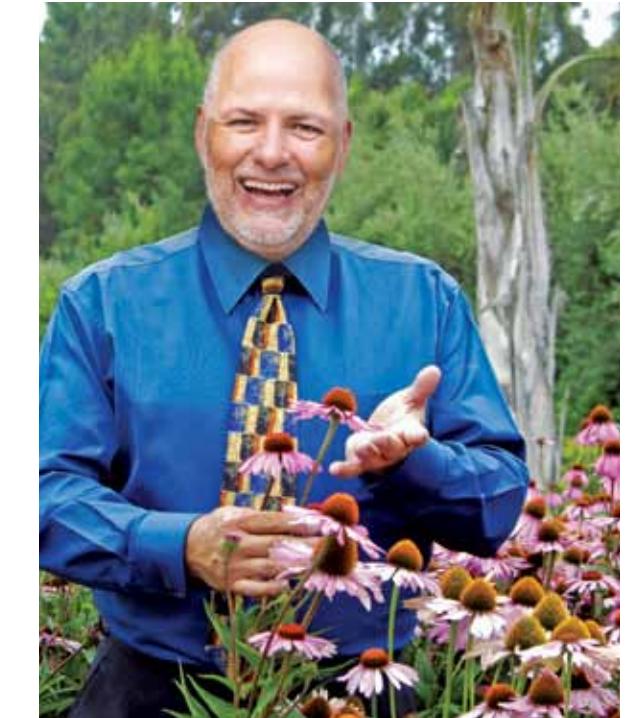
DR. SCHULZE'S CLINICAL EXPERIENCE

Dr. Schulze's clinic spanned three decades, and during that time he dealt with tens of thousands of patients with weakened immune systems. This is a common condition, especially in our fast-paced, stressed-out and toxin-ridden society. This weakened immunity is dangerous at any time, but especially during the cold and flu season. Dr. Schulze personally witnessed the miraculous effectiveness of Echinacea Plus to build up the body's ability to protect itself.

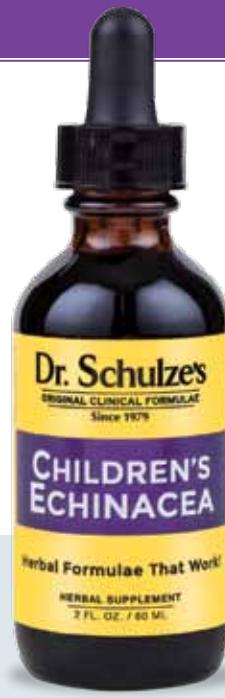
There are literally hundreds of other known and researched health benefits from taking Echinacea. For decades, Dr. Schulze used it effectively in his clinic to combat hundreds of problems simply by helping the body's immune system to become stronger.

Echinacea's power and effectiveness have made it the #1 immune herb and the #1 herb sold in America. Now, get the best!

For a powerful dose in a single "SHOT" see page 78!



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



THE MOST EFFECTIVE IMMUNE BOOSTER FOR CHILDREN!

Children's Echinacea is the best defense to keep your children healthy and protected. Dr. Schulze saw thousands of children over the years in his clinic. One thing he found was that, by mixing most herbal tonics (1/2 herbal tonic and 1/2 pure maple or fig syrup), he could get any kid to take it.

Dr. Schulze has already done this for you with the Children's Echinacea.

Remember, children are very smart, so be sure to keep herbal medicine fun. Making herbal popsicles or having a "tea party" will go a long way with calming their anxiety and getting them on their way to healing fast!

WHAT IT DOES

- ✓ Keeps kids **HEALTHY** and **STRONG**
- ✓ **STRENGTHENS** your natural immune defenses against colds and influenza
- ✓ **TASTES** great
- ✓ **SUPPORTS** and **PROTECTS** a growing immune system

Botanical Ingredients: Echinacea Angustifolia Root, Echinacea Purpurea Seed

Children's Echinacea ...\$22
2 ounces / 60 ml. bottle

HOW IT WORKS

Children's Echinacea works in two main ways. First, Echinacea has been scientifically proven to measurably increase the number of immune cells in your body, like macrophages, killer T cells, B cells, granulocytes and important immune chemicals that combat infection and disease. Second, it stimulates these immune cells into heightened activity levels. Echinacea also significantly increases phagocytosis—your white blood cells' ability to destroy harmful micro-organisms, such as bacteria, viruses and fungi. These actions will help you combat infection and disease more effectively, and also protect you from future invasions and illness.



Dosages for Children

Children vary dramatically in size and shape. One 5-year-old can be very different from another. In his clinic, Dr. Schulze found the safest and most effective way to dose children was by weight. After all, we want to adjust their dosage by how much their metabolism can handle. The surest way to do so is by weight. Simply make a fraction and put the child's weight over 150 pounds.

Here is an example...

A Child of:

$$\frac{30 \text{ pounds}}{150 \text{ pounds}} = \frac{1}{5} \text{ of the adult dose}$$



Dosages for Pets

You can use Dr. Schulze's calculation table above to dose animals, too! A small 10-pound dog or cat would be 1/15 [one- fifteenth] the adult dose, and a 1,500-pound horse would be 10 times the adult dosage.

REAL PEOPLE. REAL RESULTS.

No colds in 8 months!

"I have been taking Echinacea Plus and SuperTonic for 8 months. I love it. It has prevented me from getting sick. I used to catch a cold every time the wind blows, but it's been 8 months and nothing. Even when everyone around me is sick, I don't catch it. It has also done wonders for my severe sinuses."

Theresa H. in Long Beach, CA

Lost 6 pounds in 5 days and I feel fantastic!

"I had been on antibiotics for a month with bronchitis. Which caused me to be constipated for three weeks. Painful! Then, I was introduced to Dr. Schulze's products by my very good friend and in only 5 days, I have lost 6 pounds of back-up waste and I feel fantastic! Thank you Dr. Schulze for your wonderful products!"

Hilda U. in Downey, CA

Improved energy and outlook on life!

"I have been using Herbalmucil Plus for three weeks. I have noticed the wrinkles on my neck and face beginning to improve. Also my blue eyes seem brighter and bluer. My energy and outlook on life also seems to have greatly improved. I take one teaspoon with juice and water faithfully every day. I highly recommend it for every one of all ages. Thank you, Dr. Schulze, for another wonderful product."

Carolyn B. in Lakewood, CA

The only thing that helped my IBS!

"My entire world was changed when my friend introduced me to your Intestinal Formula #1. For two years, I had incredible trouble with my intestines. It was diagnosed as IBS. Nothing helped. Many tests later (colonoscopy, upper GI, barium CT scan, etc.) and many products later and I have finally found something that helps. I had the first normal bowel movements in 2 years since taking your product!! I tell everyone I know. Thank you so much!!!"

Annie W. in Madison, CT

Chronic headaches gone for 5 years!

"I had severe headaches and went to a Board Certified Neurosurgeon who prescribed strong headache relief medication as a first step. I went back once a week for over six weeks for cortisone injections to the back of my head at base of skull with no blasted relief. I was beside myself and ready to get a rope and swing from the nearest tree. The headaches were very bad, both blinding and incessant, making life impossible. Then I heard of Dr. Schulze. Being a lawyer and a skeptic, I reluctantly tried it. Lo and behold, within three weeks the headaches were cured and have never returned in the last five years. Alleluia! Dr. Schulze had the answer for me! He saved my quality of life as a senior citizen. Trees are now beautiful things."

Bob S. in Somers Point, NJ

ECH+ and SuperTonic worked like a miracle!

"I started to feel like I was coming down with the flu. I immediately took Echinacea Plus and SuperTonic. They worked like a miracle. My aches, pains and sore throat all went away. It felt great to be back on my feet and not in bed with no energy."

B.Z. in South Gate, CA

More focused and less stressed!

"Brain Formula has helped me tremendously in my ability to stay focused and manage my stressful workload and my very fast paced lifestyle. Thank you!"

Joyce R. in Columbus, OH



START NOW FOR GREATER HEALTH AND VITALITY!

" I Guarantee: In a week, you'll feel better and more alive. In two weeks, you'll have more energy, feel less sluggish, be less toxic and those problems you had... well, they'll be gone."

— Dr. Schulze

EVERY patient who visited Dr. Schulze's clinic started with common sense, good-health basics! First, FEED your body super nutrition for greater health. Second, REMOVE the toxins and waste that cause disease. And third, STRENGTHEN your body's immune system to promote overall health.

During the three decades Dr. Schulze spent running his clinic, all of his patients on their first visit left with:

1 SuperFood Plus to build nutrient-rich blood

2 Intestinal Formula #1 to get the old, toxic waste out of their colon

3 Echinacea Plus to boost their immune system and Create Powerful Health

Now, Dr. Schulze has combined these three formulas together in ONE BOX! If you want better health, more energy, and you only have two minutes a day, then this program is for you.

All you have to do is swallow and WE GUARANTEE the results!

WHAT IT DOES

- ✓ **BLASTS** every cell in your body with nutrient-rich organic vitamins and minerals to give you more **ENERGY** than ever before
- ✓ **MOVES** the toxins and waste that cause you to be unhealthy, while **CLEANING** and strengthening your colon
- ✓ **STRENGTHENS** your immune system to better fight viruses, infections and diseases

Program Includes: SuperFood Plus Powder or Tablets (see pages 18-23), Intestinal Formula #1 (see pages 34-37), Echinacea Plus (see pages 48-49) and Dr. Schulze's, "25 Ways to Have More Vitality" book, plus QuickStart Directions

SPECIAL "Get Started" Price:

Starter Kit\$76

With SuperFood Plus POWDER

Starter Kit\$80

With SuperFood Plus TABLETS

HOW IT WORKS

This can be summed up in three simple steps. First, to have great health, EVERY cell in your body needs powerful nutrition going IN. Next, EVERY cell needs waste to go OUT. Finally, EVERY cell needs protection from foreign invaders like viruses, bacteria and even cancer cells.

Start Here!

During Dr. Schulze's decades of clinical practice, EVERY patient who came to see him left with his SuperFood Plus, Intestinal Formula #1 and Echinacea Plus, after their first visit.

Energy and Vitality!

SuperFood Plus blasts your bloodstream with nutrient-rich organic vitamins to increase your energy and vitality (see pages 18-23 for more info).

Intestinal Formula #1

stimulates, cleans and strengthens your colon, while removing toxins and waste (see pages 34-37 for more info).

Dr. Schulze's Echinacea Plus stimulates peak immune performance to boost and protect your immune system (see pages 48-49 for more info).

Simple and Easy!

This entire program only takes two minutes a day to prepare and do. It doesn't get much quicker.



Real People. Real Results.

Dramatic increase in energy

"Within a week of starting your Vitality Program, I noticed a dramatic increase in my energy levels and was no longer moody. Also, my hair and nails were healthier. Thank you!"

Juliette J.

Real People. Real Results.

"SuperFood Plus, Echinacea Plus and Intestinal Formula #1 are now a daily part of my lifestyle. I feel great and have lots of energy."

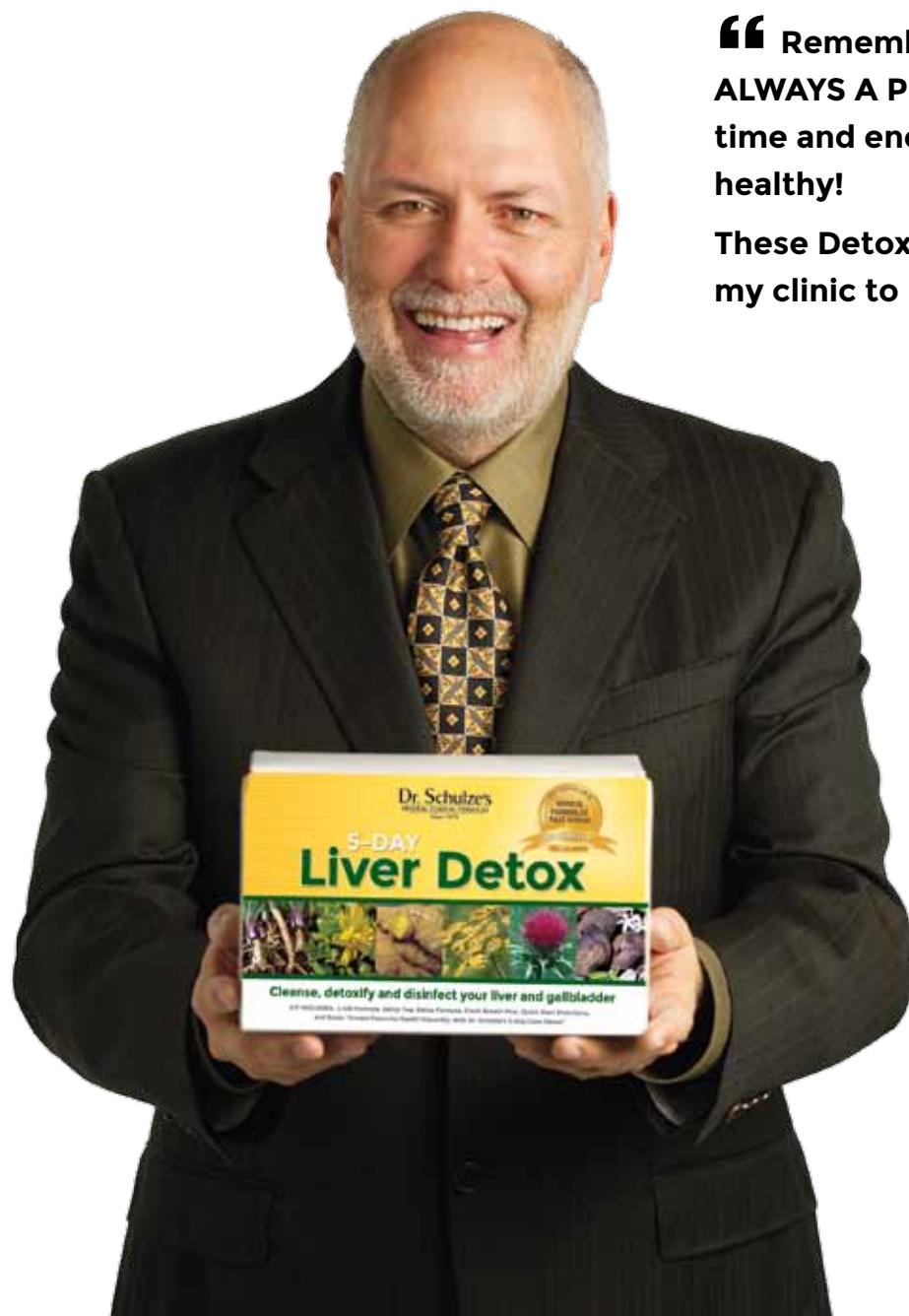
Marianne P.

DR. SCHULZE'S CLINICAL EXPERIENCE

Dr. Schulze operated his clinic in Hollywood and Malibu, California. Most of his patients were movie directors, producers, actors, actresses and models. You can't find busier people, under more stress, living a faster-paced and more hectic life. They had no time and any program he put them on had to be easy, fast and simple. This program is all three-plus, it's powerfully effective!

With just these three formulas, Dr. Schulze's patients saw dramatic results in their health, and for most of them, they didn't need to do much more to have a complete healing miracle in their lives!

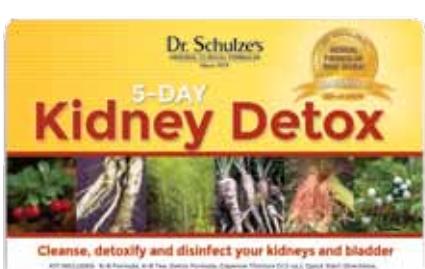
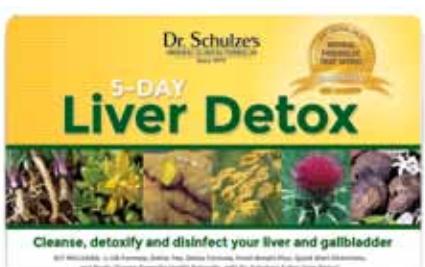
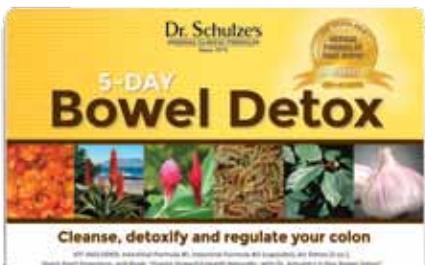
ORIGINAL CLINICAL 5-DAY DETOX PROGRAMS FOR POWERFUL LASTING HEALTH



“ Remember, the results you get are ALWAYS A PERFECT REFLECTION of the time and energy you put into getting healthy! ”

These Detox programs were created in my clinic to help save peoples' lives.”

— Dr. Schulze



The **STRONGEST,** **Most EFFECTIVE** **Cleansing Programs** **Available Anywhere...**

Over the last few decades, I have watched everyone get into the cleansing game. The word “detox” is now a common household word. In one way, I couldn’t be more thrilled. Periodic cleansing and detoxification is one of the greatest ways to Create Powerful Health and to ensure a long life free of disease and illness. On the other hand, most of the programs I see promoted will either do nothing (except waste your time and money) or worse, they will do very little and leave you feeling worse.

Detoxification is a science, meaning that it has to be done right to be effective. It is also an art, meaning that if you do it correctly, you will do some wonderful internal cleansing. You should feel great, be able to work, think, drive a car and carry on a conversation all the way through your detox, from the first day to the last. If you don’t, the program is flawed or you are doing something wrong. Cleansing correctly is safe, effective and feels great!

As I’ve said many times, a great and effective detox program should also be fun and easy, but there are a couple rules that should never be broken...

Detoxification **GOLDEN RULE #1**

The first and most important rule of cleansing and detoxification is CLEANSE THE BOWEL FIRST. This is very important!!! When you start any cleansing and detoxification routine, the built-up waste material that you are loosening up and flushing out (whether it is from your fat, blood, lymph, liver or whatever), the main way your body will get rid of this sludge is by dumping it into your bowel!

If you begin any detox program without first making sure that your bowel is working at peak efficiency and effectiveness, your detox program will dump all of this additional toxic waste into an already backed-up, overloaded, crippled and sluggish system. So, you have to clean out, strengthen and get your bowel working efficiently BEFORE you do any other type of cleansing, detoxification, fasting or flushing program.

Detoxification **GOLDEN RULE #2**

Remember, you are FLUSHING, not grinding, cutting or exploding things out of your body. So, on any cleanse or detox, the more liquid you consume, the easier it will be for your body to dissolve and eliminate any waste. This is why I give you complete instructions with each Detox Kit, including how to make my detox flush drinks.

If you follow my advice, as thousands and thousands of people have, you will have a wonderful experience and feel awesome during and after your detoxification.

Better yet, you will eliminate all sorts of toxic waste that, if left in your body, would have eventually caused sickness, illness and disease.

See Dr. Schulze's
Detox Programs on
pages 54-67!

“ My patients that did a 5-Day Detox Program three or four times a year, rarely, if ever, got sick.”

— Dr. Schulze

Quicks
Directi
Inc

5-DAY BOWEL DETOX: CLEANSE YOUR BOWEL AND WATCH MIRACLES HAPPEN!

Our modern lifestyle has taken its toll on our digestive and elimination organs. Processed foods high in fat and low in fiber, animal fats high in cholesterol, a lack of exercise, increasing levels of toxic pollution and increased stress all contribute to our current gastrointestinal health crisis.

Your BOWEL is the LARGEST elimination organ in your body. It is the major way that waste gets out of your body. When your bowel is not working efficiently, your fecal waste is stored, and sooner or later, it becomes dehydrated and compacted in your colon. Eventually, this waste turns to sludge and will poison you by being absorbed back into your body.

The FIRST STEP in any health program is cleansing and detoxifying your bowel. A sluggish, constipated, swollen bowel can compress a nearby area, putting pressure on it, causing pain, blockage, inflammation, disease, or emit infection and toxins, which can affect any area of the body. This explains why 80% of Dr. Schulze's patients had their problems literally disappear after doing his 5-Day BOWEL Detox.

A blocked colon can cause an almost endless list of symptoms and ailments like abdominal discomfort, allergies, anxiety, asthma, backaches, constipation, cramps, depression, fatigue, food cravings, headaches, hemorrhoids, indigestion, insomnia, irritability, lack of sexual response, loss of concentration, memory loss, menstrual problems, nausea, poor appetite, prostate trouble, skin problems, and weight gain.

WHAT IT DOES

- ✓ Powerfully **PROMOTES** regular, healthy and complete bowel movements
- ✓ A **POWERFUL** intestinal vacuum that cleans out old fecal matter, toxins, poisons, bacteria, drug residues and heavy metals
- ✓ Have a flatter stomach and feel **CLEANER** and **LIGHTER** than ever before

Program Includes: Intestinal Formula #1 (see pages 34-37), Intestinal Formula #2 (Capsules or Packets) (see pages 38-39), Air Detox (see page 83), "Create Powerful Health Naturally with Dr. Schulze's 5-Day BOWEL Detox" book, plus QuickStart Directions

5-Day BOWEL Detox....\$68

Intestinal Formula #2 CAPSULES or Intestinal Formula #2 PACKETS

"A thorough cleansing and detoxification of your bowel should be the first step and is the most important step for anyone who wants to get and stay healthy."

– Dr. Schulze

HOW IT WORKS

The herbs in Intestinal Formula #1, like Aloe, Senna and Cascara Sagrada, all contain the phytochemical anthraquinone, called Emodin, which increases peristaltic waves, the propulsive contractions of the colon muscle. Oregon Grape Root stimulates and flushes the liver and the gallbladder, and increases the production of bile. Garlic is antibacterial, antiviral and antifungal.

Habanero and Ginger are both powerful stimulants to the colon. Ginger also relieves gas, while Habanero is a powerful aid in the intestinal healing process.

Intestinal Formula #2 contains the three most powerful and effective absorbers and neutralizers known: clay, charcoal and pectin. Our Bentonite Clay will actually absorb up to 40 times its weight in intestinal fecal matter and waste. It also smothers and draws out all types of intestinal parasites.

The Activated Willow Charcoal is the greatest absorbing agent for every toxin and poison known. It will absorb and render harmless over 3,000 known drug residues, pesticides, insecticides, and just about every harmful chemical known. This is why it

is the active ingredient in nearly every water filter made today. Apple Pectin draws numerous harmful substances out of your intestines, especially heavy metals like mercury and lead and carcinogenic, radioactive materials.

The addition of Marshmallow Root, along with Psyllium Seed and Flax Seed, makes the formula mucilaginous. "Mucilaginous" means that all the water and herbs can sit in your bowel, soaking against the internal wall of your colon, softening and breaking up old, dried and hardened fecal waste that may have been in you for years.

Real People. Real Results.

"As an infant, I had bowel problems. Into my teens and adulthood, I was never regular and suffered from chronic fatigue. Since being on your Bowel Detox Program, the fatigue is gone and regularity is something now familiar. I lived a different life 10 months ago. Thank you for the change, Dr. Schulze!"

Daniel M. in Van Nuys, CA

Wonderful results with this program!
"Honestly I don't usually buy into this kind of stuff, but WOW the 5-Day BOWEL Detox is wonderful, and after the first 3 days, my acne problems have GONE AWAY, my face is clearer than it has been in years!!!! Also finally regular with no gas, bloating or uncomfortable feeling!"

Sabrina R. in Davie, FL



CLEANSE YOUR BOWEL AND WATCH MIRACLES HAPPEN!

Today, hundreds of thousands of people worldwide have used this very simple and effective program to eliminate constipation, cleanse their colons, detoxify their bodies and live healthier lives. Cleaning your bowel makes it a more efficient waste-removal machine. This not only keeps the rest of your body and organs clean, but also prevents problems before they even begin.

No matter how far removed your current health problem seems from your colon, cleanse the bowel FIRST and see what happens. If you're like Dr. Schulze's patients, you will be thrilled with the results. Do something preventative and proactive for yourself, and start Dr. Schulze's 5-Day BOWEL Detox. It's only five days out of 365! Swallowing a few herbs will change your bowel and your life. Dr. Schulze guarantees it!

The absolute bottom line is this: Hundreds of thousands of Americans are dying because they are literally packed with old, festering fecal matter, due to constipation. Many are not even aware of how backed up they are. Cleanse your bowel today to feel great, live longer and create powerful health! Today, hundreds of thousands of people worldwide have used this very simple and effective program to eliminate constipation, cleanse their colons, detoxify their bodies and live healthier lives.



5-DAY LIVER DETOX: DEFEND YOURSELF FROM EVERYDAY TOXINS—FLUSH AND PROTECT YOUR LIVER!

My 5-Day LIVER Detox is not only safe and easy, but also extremely effective. The reason I know that this program works and is extremely effective is because I used it for over 20 years in my clinic with thousands of people. Many of them were told that they needed liver transplants and gallbladder removals, but instead they cleaned their liver and gallbladder out with this five-day program. I made every patient do my 5-Day LIVER Detox. Liver and gallbladder flushing is mandatory, not optional.

What if you could add 10 years to your life by just doing a simple cleanse a few days a year? Your body is really no different than your car—it needs routine maintenance. Your body, like any machine, uses fuel to run, and as it runs, it creates waste products. To have your body run at its best, it is important to use the absolute best fuels and to periodically cleanse your internal parts. I designed my 5-Day LIVER Detox to be done during the week, Monday through Friday, at work or during your regular weekly routine.

WHAT IT DOES

- ✓ **COATS** and **PROTECTS** your liver cells and helps to eliminate harmful, dangerous contaminants
- ✓ Helps to **DISSOLVE** and **REMOVE** hardened sediments from the gallbladder
- ✓ **CLEANS** your blood of unhealthy accumulated deposits
- ✓ A **CLEAN** liver means you have all the **ENERGY** you need when you need it

Program Includes: L-GB Formula (see page 72), Detox Tea (see page 73) and Detox Formula (see page 76), Fresh Breath Plus (see page 100), "Create Powerful Health Naturally with Dr. Schulze's 5-Day LIVER Detox" book, plus QuickStart Directions

5-Day LIVER Detox\$78

Easily flush toxins and poisons out of your body in only 5 days!

Look, nobody wants to do a cleanse or detox on the weekend. And, usually if you are silly enough to plan it that way, the phone rings, friends or relatives call and the next thing you know, you've blown it. Weekend fun, friends, parties—eating is a big part of all of this. During the week, you are very busy at work. You can do this program at work and you will hardly even notice that you've done it—it WILL FLY BY. You might even set an example for a few of your coworkers, who would be nicer and less angry with their livers cleaned out, too!

HOW IT WORKS

The herbs in these formulas are famous for their ability to stimulate, cleanse and protect the liver and gallbladder, along with ridding the body of harmful and dangerous invaders that can enter the body through diet or just from an unhealthy, polluted environment. Milk Thistle contains many phytochemicals that strengthen the structure of the liver cells' skin or membrane, which in turn prevents the penetration of toxins and microscopic intruders. Ingesting Milk Thistle is like putting a protective coating around your current liver cells, while also speeding up the repair process for building strong new cells. Oregon Grape Root, Artichoke Leaf, Gentian Root, Wormwood Leaf and Dandelion Root are some of the most bitter plants on the planet, and all these bitter herbs stimulate and flush out your liver. Black Walnut Hull, Wormwood and Garlic are strong antiparasitic plants.

Don't let a sick liver kill you!

Top cancer specialists agree that cancer is caused by toxins and poisonous chemicals that eventually mutate your cells. Medical doctors often say that before most diseases develop, the liver was malfunctioning.

Real People. Real Results.

"I had three gallbladder attacks and met with my M.D. He ordered an ultrasound and after reading the results told me it was time to part with my gallbladder. I did the gallbladder flush and I have a medical report that reads, "No evidence of gallstones as noted on the ultrasound." Yes! No surgery! I feel great and I decided to keep to Dr. Schulze's recommendation and will complete a flush every three months."

Spring Y. in Bonney Lake, WA

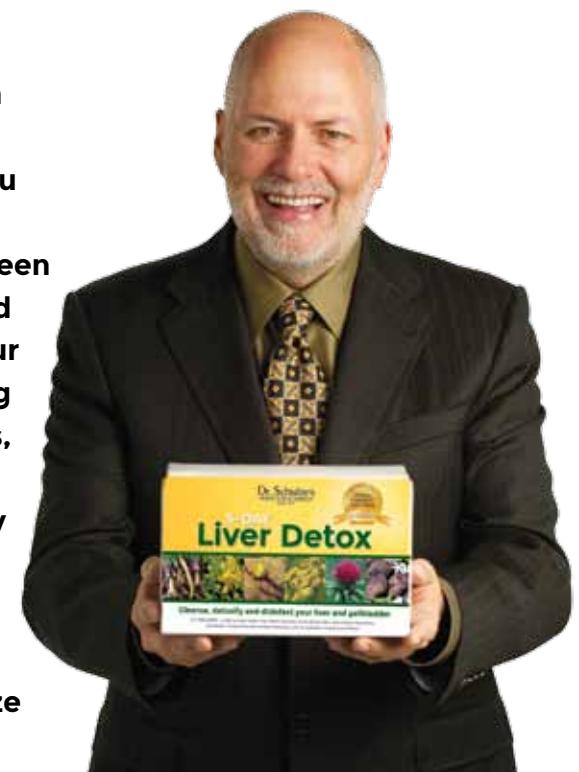
TOP FOUR WAYS POISONS DAMAGE YOUR LIVER AND CAN KILL YOU

DRUGS Prescription drugs kill 100,000 Americans every year and injure another two million. There are also over 40,000 deaths every year from over-the-counter drugs.

FOOD The FDA has warned that there are over 50 different known poisons and toxic substances in the average American's grocery cart.

AIR Here is a short list of toxins in the air you are breathing right now: carbon monoxide, lead, ash, soot, ozone, hydrocarbons, nitrogen dioxide, sulfur oxides, insecticides, herbicides and dust from fertilizers and pesticides.

WATER In the average 10-minute shower, the human body absorbs the same amount of chlorine as if you drank 20 gallons of tap water.



— Dr. Schulze



5-DAY KIDNEY DETOX: DETOX YOUR KIDNEYS AND CLEANSE YOUR BLOOD FOR VIBRANT HEALTH!

If you want to stay healthy, keeping your kidneys in good working condition is essential. Every organ in your body DEPENDS on your kidneys staying healthy and strong. In fact, all the cells in your body need nutrition brought IN and waste eliminated OUT, and they need your KIDNEYS to do this! Clogged and sluggish kidneys impact every system of the body, because your kidneys are such a key part of delivering essential vitamins and oxygen to your cells and getting waste and toxins out.

In the clinic, my 5-Day Kidney Detox, which includes K-B Formula, K-B Tea and Detox Formula, along with the Kidney/Bladder Flush Drink, worked 100% of the time! Whether it was a person's first or 50th kidney complaint, it always worked! Kidney health is not so difficult to manage with my 5-Day KIDNEY Detox. Herbs are the safest and most powerful way to support your kidneys and urinary tract. They work mostly by increasing your flow of urine, which naturally flushes and cleans your urinary tract. Do my 5-Day KIDNEY Detox along with the Kidney/Bladder Flush Drink, and your kidney complaints will be gone!

Real People. Real Results.

"I had a horrible bladder infection that had been going on for about one month. The doctor said I was fine but right after seeing him I had a bad flare up that lasted two weeks! Also, my mom suggested you guys. I used the 5-Day Kidney Detox and within 24 hours my pain during urination was gone and I was not having to sprint to the bathroom every 10 to 15 minutes! Also, I was having discomfort during intimacy with my husband and now (four days into the program) it is completely gone! Thank you!!!!"

Rebecca J. in Lubbock, TX

WHAT IT DOES

- ✓ FLUSHES, CLEANS and DISSOLVES deposits from your kidneys and bladder
- ✓ Keeps blood **HEALTHY** and **CLEAN**
- ✓ Helps to **MAINTAIN** normal blood sugar, which helps every organ in your body to work better

Program Includes: K-B Formula (see page 74), K-B Tea (see page 75), Detox Formula (see page 76), Cayenne Tincture (.5-oz) (see page 86), "Create Powerful Health Naturally with Dr. Schulze's 5-Day KIDNEY Detox" book, plus QuickStart Directions

5-Day KIDNEY Detox ...\$78

“ Your kidneys weigh about five ounces each and are roughly the same size as your fist, but they filter 96 GALLONS of your blood EVERY DAY! ”

— Dr. Schulze

HOW IT WORKS

The herbs in Dr. Schulze's K-B Formula have been shown to have three useful actions to promote health—healthy urine flow, cleansing functions and dissolving calcium deposits.

Uva Ursi Leaf, Juniper Berry, Corn Silk, Horsetail Herb, Burdock, Parsley Leaf and Root and others in this formula have been used for centuries as diuretics, helping to create a clean and healthy environment within the urinary tract.

Some of these herbs, like Juniper Berry and Uva Ursi Leaf, are also powerful cleansers for your kidneys and bladder. Uva Ursi Leaf contains powerful phytochemicals, such as volatile oils, arbutin, quercetin, and malic and gallic acids.

Arbutin supports a healthy and clean urinary tract. Quercetin protects the trillions of capillaries in the delicate kidney filtering system.

Malic and gallic acids (the same as found in apples and apple cider vinegar) have long been used for kidney and bladder health.

Have you ever had any of the following symptoms and ailments?

Kidney stones, incontinence, bladder infections, high blood pressure, hypoglycemia, anemia, diabetes, frequent headaches, fatigue, drowsiness, low energy, unintentional weight gain or weight loss, chronic edema, bloating, water retention, swelling of the eyes, swelling of the ankles or feet, burning or difficulty urinating, frequent urination at night, dark or tea-colored urine, blood in your urine, increased bruising and bleeding, gout, frequent nausea, muscle twitching, cramps, fainting, shortness of breath...

How can so many seemingly unrelated problems be solved with kidney and bladder cleansing?

Kidney impairment and dysfunction can be the cause behind an endless list of symptoms and ailments. Keeping your kidneys and bladder healthy helps **EVERY** organ in your body to work better. From getting more vitamins and oxygen to your brain to faster immune response by maintaining healthy sugar levels in the blood, keeping your kidneys healthy and strong is **MANDATORY**—not optional—if you want to live longer and Create Powerful Health.

The TOP FIVE Ways Kidney Cleansing Builds Powerful Health

Your kidneys are doing a lot more work than you think they are. Most people think their kidneys just help to filter their blood and create urine, but they actually do SO MUCH MORE.

1 Your kidneys clean ALL of the blood in your body **EVERY HOUR!**

2 Your kidneys balance your body's fluid levels, stopping water retention, as well as dehydration.

3 Hypertension is the #1 reason Americans die of heart attacks and strokes. Your kidneys regulate your blood pressure!

4 Your kidneys are responsible for the assimilation of vitamins into your bloodstream.

5 Your kidneys regulate and control the production of red blood cells, which carry oxygen to every cell in your body.





30-DAY DETOX: YOU'RE ONLY 30 DAYS FROM A WHOLE NEW LIFE!

If you want to feel better than you've felt in years and have more energy, maybe even feel better than you have in your entire life, then this program is for you!

After spending three decades in my clinic, I know what the future holds for most of you, and it is not good. So please hear my message. If you are somewhere in midlife, RIGHT NOW is the time to take a good look in the mirror. Don't let yourself slowly degenerate and go down the drain. STOP! Instead, it is time to do something special, plot a new course, steer out of your rut and make a commitment to LIVING LONGER and making the rest of your life HAPPIER and HEALTHIER!

My 30-Day Detox is truly a powerful, life-changing program. It's for people who want to make a big change in their life, lose weight, prevent disease, build powerful health and create a great, new attitude and a new zest for life.



A 30-Day Physical, Emotional and Spiritual Makeover!

After my 30-Day Detox Program, you will begin to live your life happier, healthier and full of energy. This is a chance to love more, to laugh more and to wake up every morning with a big smile on your face. That is the true power of my life-changing program!"

— Dr. Schulze

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

62 | Call 800-HERBDOC (437-2362) or order online at www.herbdoc.com



WHAT IT DOES

- ✓ **CLEANS** and **DETOXIFIES** every major organ for more powerful and vibrant health
- ✓ Helps you **LOSE WEIGHT** and gain **ENERGY** and **VITALITY**
- ✓ **PREVENTS** health problems before they start

Program Includes: (2) SuperFood Plus Powder, (2) 5-Day BOWEL Detox (Capsules or Packets), (1) 5-Day LIVER Detox, (1) 5-Day KIDNEY Detox, (2) Echinacea Plus, plus complete "30-Day Detox" instruction book

30-Day Detox Program..... \$408

HOW IT WORKS

Dr. Schulze's 30-Day Detox is primarily a pure water, fresh juice and raw food cleansing program. What makes this program so different—such a powerful detoxifying, health-building and life-changing program—is the addition of his clinical, nutritional, immune-boosting and detoxifying herbal formulas. Here is a brief description of what's in the 30-Day Detox, how it works and why it's important if you want to get healthy and stay healthy.

SuperFood Plus blasts your bloodstream with a rich supply of vitamins and nutrients that increase energy, vitality and strength. Having a rich supply of nutrition in your blood gives you more energy and protects your body's health.

Dr. Schulze's 5-Day BOWEL Detox promotes regular, healthy and complete bowel movements, which is absolutely essential for your body's health. It will remove old, accumulated toxins, poisons and fecal waste from your bowel, give you more energy, help you to feel lighter and give you a flatter stomach.

Dr. Schulze's 5-Day LIVER Detox flushes and detoxifies your liver and gallbladder, rids the body of contaminants and micro-organisms, protects your liver cells, helps to dissolve and remove sediment and cleans and detoxifies your blood. A healthy liver also helps to protect you from the number one and number two causes of death: Heart Disease and Cancer.

Dr. Schulze's 5-Day KIDNEY Detox flushes and detoxifies your kidneys and bladder, helps dissolve and remove kidney sediment, promotes normal blood pressure, improves nutrient assimilation and much more.

Echinacea Plus wakes up your immune system. It stimulates and enhances the overall system, and literally increases the number of immune cells and immune chemicals in your body and bloodstream.

It's the best herbal offensive and protection for anyone who is trying to live well in this modern world of pollution, stress and questionable food.

Real People. Real Results.

I am feeling more alive than ever and getting healthy.

"I met a terrific woman who inspired me to become a raw-foodist and told me that I needed to cleanse my body. She brought me to your pharmacy and I purchased the 30-Day Detox Program. I have completed the Bowel Detox and the Liver Detox and have now started the Kidney Detox. In two months of eating raw foods and using your products, I am feeling more alive than ever, have lost 20 pounds and am in the process of getting healthy. I want to thank you for your products with their wonderful healing formulas that come from God's green earth."

Estela B.

I'm so glad I did it.

"I did your full 30-DAY DETOX program before my husband and I got pregnant and I'm so glad I did. I have been a vegan for 17 years, so I didn't think the detox would be that big of a deal. It was incredible!! I felt like I could run across the country, I had so much energy. Love it!!!! The liver program was the hardest for me. My body really detoxed from that one. We got pregnant a few months after that and I am having a fantastic pregnancy. Feeling great. Thank you again for all you do."

Jessica H.
Bates City, MO

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

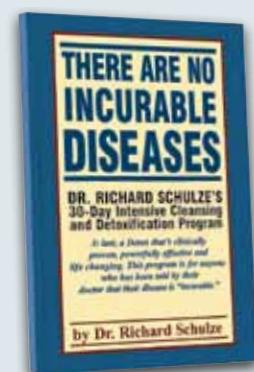
Call 800-HERBDOC (437-2362) or order online at www.herbdoc.com | 63



DON'T GIVE UP HOPE, THIS PROGRAM GIVES LIFE-ALTERING RESULTS!

At last, a serious detox that is clinically proven, powerfully effective and life-changing. This program is for anyone who has been told by their doctor that they should be seriously concerned about their health.

This is an all-out intensive Detox Program that is twice as powerful as the 30-Day Detox Program. Dr. Schulze's Famous Incurables Program has helped thousands of people regain their health and naturally heal themselves. With additional healing routines like the herbal heating bath, cold sheet treatments, high enemas, rectal garlic enemas and juice fasting, Dr. Schulze's patients have experienced healing miracles on this program. This is the program for you if you want to regain control of your life, and need to turn your health around.



DR. SCHULZE'S LIFE-SAVING INTENSIVE CLEANSING AND DETOXIFICATION PROGRAM

WHAT IT DOES

- ✓ CLINICALLY-PROVEN with thousands of patients for a powerfully effective and life-changing impact
- ✓ Contains 18 of Dr. Schulze's most POWERFUL foundational herbal formulas
- ✓ Three decades of clinical EXPERIENCE—now in a box

Program Includes: (2) SuperFood Plus Powder, (2) Intestinal Formula #1 (90-ct), (2) Intestinal Formula #2 Powder, (2) Echinacea Plus, (2) L-GB Formula, (2) Detox Tea, (2) K-B Formula, (2) K-B Tea, (2) Detox Formula, plus complete instruction book, "There Are NO Incurable Diseases"

Incurables Program .. \$460

HOW IT WORKS

After doing this program, people often remark that they have incredible energy and that they look and feel better than they have in 30 years. Here is what this program will do for you:

Physically

Modern life exposes us to thousands of different poisons and toxins every day. The quality of our food, water and air has degenerated, especially in the last 25 years. Modern living, with its lack of exercise and above average levels of stress, inhibits our body's natural ability to remove waste, like urine, feces, mucous, acids, bile, pus, etc. The build-up of these toxins and waste in our body directly causes cancer, heart disease, neuromuscular disease, digestive disease, diabetes, arthritis and other diseases.

This program is a strong, detoxifying flush. It will facilitate the removal of old, accumulated poisons and toxic chemicals trapped in the waste. It will draw out and purge them from your fat, muscles, intestines, liver, gallbladder, kidneys, bloodstream, lymphatic system, tissues and cells. This program will also stimulate and boost your immune system. It will give your body the nutrition to build itself back up to be able to heal itself naturally.

Emotionally

Your brain is an organ, just like any other organ in your body.

It can only work well when it is supplied with sufficient blood, and that blood must be rich in nutrients. Your brain also creates waste as it works—thinking, problem solving, meditating—stimulating millions of nerve cells or manufacturing numerous metabolic chemicals that tell your body to do everything from balancing your hormones to recovering from jet lag. From slight memory loss to Alzheimer's, from bad days to chronic depression, even insanity, ALL brain and emotion dysfunction has its roots in bad circulation, nutritional depletion and waste build-up.

Spiritually

Since ancient times, fasting, nutrition, cleansing with herbs, detoxification and even giving enemas with hollowed out gourds has been practiced to increase spiritual ability and closeness to God. Whatever your spiritual beliefs or religion, my 30-Day Cleansing and Detoxification Program will increase your ability to hear and understand the Word of God, to receive divine messages and let God work through you.

Real People. Real Results.

"Two years ago, my sister showed up on my doorstep with a frantic look on her face. She was terrified at the sight of me. I was 400 pounds and had just been diagnosed with Sarcoidosis, Obstructive Sleep Apnea and my Asthma was threatening to take my life away. Long story short, I did the Incurables Program. You saved my life, Dr. Schulze. I now know that I have many decades of robust life ahead of me, instead of the pathetic nightmare that I was stuck in called obesity. You are my hero."

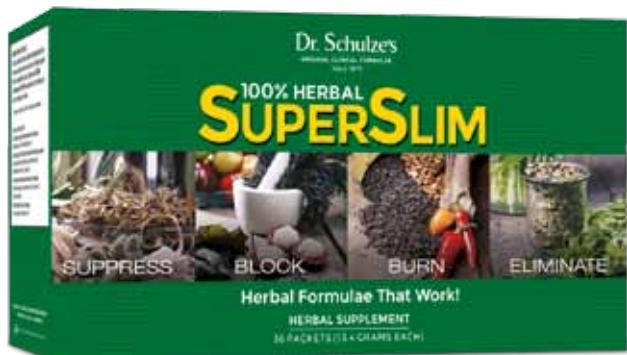
Jordan H.

"I am 50 years old and was diagnosed with Cervical Cancer when I was 38 years old. A friend of mine was using Dr. Schulze's products and got me on the Incurables Program. After eight months, my cone biopsy was negative and I was able to get pregnant and give birth two years later."

Dorothy S. in
Oceanport, NJ

" Tomorrow is what you BELIEVE and DO...TODAY! I don't care how far 'gone' you feel you are. I don't care if your doctor told you there is no hope. It's never too late! You have nothing to lose and everything to gain. You just have to be READY and WILLING to change your life!"

– Dr. Schulze



LOSE WEIGHT AND FEEL GREAT!

“ Your FAT doesn't stand a chance with this unique 4-way approach that SUPPRESSES appetite, BLOCKS fat and carbs, BURNS more fat and ELIMINATES more water and waste weight! ”

– Dr. Schulze

Dr. Schulze's SUPERSLIM Formula works in 4 different ways for 4 times the SUCCESS...

- 1 YOU WON'T BE HUNGRY!** It Has Extremely Effective “Dual Action” Appetite SUPPRESSION
- 2 YOU WON'T ABSORB ALL THAT YOU EAT!** It Naturally BLOCKS Fats and Carbs
- 3 YOU WILL BURN MORE FAT!** It Naturally INCREASES Your Metabolism
- 4 YOU WILL LOSE EVEN MORE WEIGHT!** It Naturally STIMULATES Your Elimination Organs

WHAT IT DOES

- ✓ **SUPPRESSES** your appetite
- ✓ **BLOCKS** the fat and carbs you eat
- ✓ Helps you **BURN** more fat
- ✓ Helps you **ELIMINATE** more waste
- ✓ The fastest, easiest, healthiest and most **EFFECTIVE** 100% herbal formula

Botanical Ingredients: Dr. Schulze's **Appetite Suppressant Complex**: Hoodia gordonii, HerbalMucil Plus (Psyllium Husk, Psyllium Seed, Marshmallow Root, Slippery Elm Bark, Aloe Vera Leaf); Dr. Schulze's **Fat and Carbohydrate Blocking Complex**: Garcinia cambogia, Apple Pectin, White Bean, Bladderwrack, Kelp, Spirulina; Dr. Schulze's **Metabolic Stimulation Complex**: Bitter Orange Peel, Green Tea Leaf, Ginger Root, Cayenne Pepper; Dr. Schulze's **Urinary Complex**: Uva Ursi Leaf, Dandelion Leaf

SuperSlim.....\$94
36 packets / 13.4-grams each

SuperSlim.....\$142
34-ounce bulk powder

Real People. Real Results.

“I was overweight at 168 pounds. I started the SuperSlim program three weeks ago. I don't feel hungry and I have a lot of energy. Last week, I went to my doctor. He was surprised when he saw how much weight I had lost—18 pounds! He was amazed and asked what I was doing and I was very honest with him and told him about the program. I feel fantastic!”

Ivonne G. in Los Angeles, CA

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

HOW IT WORKS: Dr. Schulze's 4 Powerful Complexes

1 “Dual Action” Appetite SUPPRESSANT Complex

Hoodia gordonii

Hoodia gordonii interacts with your body's chemistry and is known to block the chemical messaging system that gives you the desire to consume food, which reduces your appetite. Appetite suppression causes weight loss.

HerbalMucil Plus

The bulk fiber ingredients in HerbalMucil Plus will swell up in your stomach and **FILL YOU UP!** It is full of fiber and mucilage, not calories. This reduces hunger and suppresses your appetite, which causes weight loss.

2 “Dual Action” Fat and Carbohydrate BLOCKING Complex

Garcinia cambogia

Garcinia cambogia contains natural plant chemicals that have been shown to block carbohydrate absorption, and prevent you from converting carbohydrates into body fat. It has also been shown to suppress the appetite and help you burn up existing fat.

White Beans

Plant chemicals in White Beans have been demonstrated to inhibit your body's ability to break down carbohydrates and interfere with the digestion of carbohydrates and sugar, reducing carbohydrate and sugar-derived calories and reducing fat storage.

Apple Pectin

Soluble fibers are Fat Blockers. They simply bind to bile acids and form a thick mucilaginous and gelatinous solution that physically inhibits the absorption of fat and sugar.

Bladderwrack & Kelp

Seaweeds contain specific minerals and plant chemicals that offer Fibrous Fat-Blocking ability. They also cause Fat “Trapping” and they suppress Fat Absorption. The natural mineral content has also been shown to increase your Fat-Burning metabolism.

3 Metabolic STIMULATION Complex

Green Tea

Green Tea is well known to stimulate your metabolism and your metabolic rate, which creates more heat in fat tissue and fat cells to help dissolve fat and burn fat up. It has been researched worldwide for this purpose in

hundreds of studies showing that it decreases body-fat mass.

Bitter Orange

Bitter Orange contains plant chemicals that stimulate the metabolism and the burning of fats. These chemicals have been shown to increase fat oxidation during exercise (and even at rest) so you become a more efficient fat-dissolving machine.

Cayenne Pepper & Ginger Rhizome

Spices like Cayenne and Ginger have been well documented to reduce food intake, curb the appetite, increase circulation and stimulate the metabolism, which increases fat oxidation (the burning up of fat) in the body. Studies have shown that they also decrease abdominal fat.

4 URINARY Complex

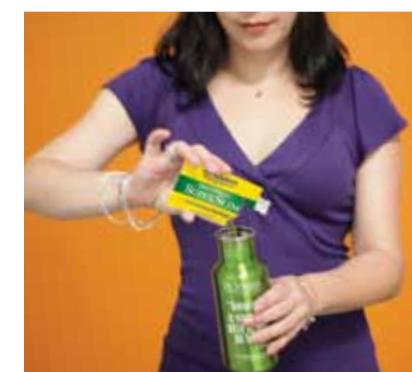
Dandelion Leaf & Uva Ursi Leaf

Both of these herbs work to help your elimination organs excrete more waste. Dandelion is one of the most bitter plants on the planet, and will stimulate and flush your liver. Uva Ursi Leaves have been used for centuries to stimulate the kidneys to excrete more urine.

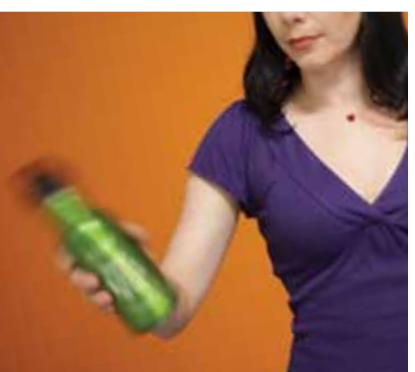
Making Your SuperSlim Drink in 3 Easy Steps:



Add Water and Juice



Add SuperSlim



Shake and Drink

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

“ I personally guarantee these are the purest, strongest, most powerful and effective Herbal Formulas available ANYWHERE! ”

– Dr. Schulze



SPECIFIC FORMULAS DESIGNED FOR SPECIFIC NEEDS

Up to this point in the Catalog, I used EVERY herbal formula mentioned with EVERY patient in my clinic. This is why I call them “Foundational Herbal Formulas”. EVERYONE needs more nutrition, a clean and functioning colon, good digestion, a strong immune system and a seasonal detox. This is how I helped ALL of my patients to heal themselves, beat the odds and Create Powerful Health.

But often, before a healthy lifestyle can correct or heal certain problems or imbalances, herbs can be used to ASK your body to accomplish something. **Herbs are powerful, healthy and natural tools, and can be safely used to correct, balance, tone, stimulate, soothe, sedate, disinfect, and increase circulation and blood supply to sick areas. This is what my Specific Herbal Formulas are to be used for—Specific Problems.**

What made my clinic so successful

I taught my patients how to live a new, healthy life. If a patient came to me worried about their heart, a vegan/vegetarian food program would be started immediately to reduce blood viscosity (and therefore, flow and pressure) and to eliminate cholesterol from their diet. Then, I would start the patient on my **SuperFood Plus** immediately, because they needed better circulation and all the nutritional building blocks they could get their hands on for a healthy and robust circulatory system. Next, they would do my **5-Day BOWEL Detox** to open up all of the elimination organs and then my **5-Day LIVER Detox**,

which would flush out their system and help them maintain normal cholesterol levels. Additionally, they would need to exercise and reduce stress.

All the while, they would be taking my **Heart Formula** to support their heart getting healthy, while making these positive lifestyle changes. These changes take time, and there is no need for the patient to be unprotected, while we take three months to create a new, healthy life. This is why I created my **Heart Formula**.

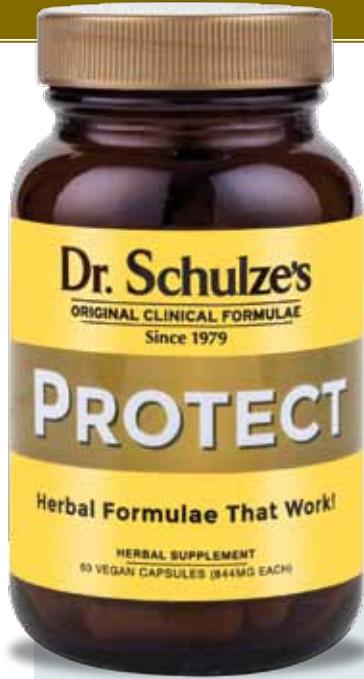
See Dr. Schulze's Specific Formulas on pages 70-107!

Dr. Schulze's Wisdom

It is of great importance now to remember one of the signs that I hung in my clinic. It read: “**You can heal yourself of ANYTHING, any problem or illness. First, you must STOP doing what is making you sick. Next, you must START a healthy lifestyle that will Create Powerful Health**”.

Why I mention this here is simple. Let me give you an example...

Digestive herbs are powerful, and can immediately correct indigestion, heartburn, gas, nausea, cramps, colic, gastric reflux and numerous other digestive disorders. But remember, most digestive problems are caused by consuming food that **you cannot digest!** So, it is important to use digestive herbs when you are in trouble. But, the lasting solution is to **STOP** eating food that makes you sick. I know this sounds simple, because Natural Healing is very simple and common sense. I know, we are not perfect and we make mistakes, and often this is what my Specific Herbal Formulas are for. We make mistakes, and sometimes we keep making them until we make ourselves sick. But, don't worry and don't beat yourself up. Instead, love yourself—smile, laugh, and get out a bottle of one of my Specific Herbal Formulas.



PROTECT YOURSELF AGAINST THE THREE LEADING CAUSES OF DEATH!

Now, I know that many of you are working hard to Create Powerful Health by creating a healthier lifestyle. You are eating better, taking my Foundational Herbal Formulas, exercising, reducing your stress, doing seasonal detox programs and becoming more positive. YES, keep it up!

At the same time, living the American Dream in 2014 is a bombardment of stress, pollutants, fat, cholesterol, sugar, salt, free radicals, trans fatty acids, and mind polluting information, ALL of them breaking your body down and causing disease.

I don't just want you to survive this onslaught—I want you to THRIVE! And, call me selfish, but I want you to be around as my customer for many more years, actually decades!

So, what I am offering is the best insurance plan available for \$1 a day. That's why every morning with my SuperFood Plus, I take my Protect Formula, too. Then I take it again after dinner.

I designed Protect Formula to give me, you, and your loved ones a fighting chance against this onslaught we call "progress". PROTECTING your heart, PROTECTING your liver, and eliminating free radicals that speed-up aging and cause disease.

Just one capsule in the morning and one capsule at night will help PROTECT you from the biggest killers in America. And, if you are at risk, use two capsules in the morning and two more in the evening.

— Dr. Schulze

WHAT IT DOES

- ✓ Contains herbs used to **PROTECT** the heart, liver and brain
- ✓ Contains the two most **POWERFUL** herbal antioxidants
- ✓ Especially for people who are worried about their **HEALTH**, people who don't take good care of themselves and **ANYONE** over 40

Botanical Ingredients:
Hawthorn Berry, Leaf and Flower, Milk Thistle Seed, Ginkgo Biloba Leaf, Dr. Schulze's Botanical Antioxidant Complex: Palm Fruit, Acerola Cherry; Dr. Schulze's Botanical Circulatory Complex: Habanero Pepper, Ginger Root, Garlic Bulb

Protect Formula\$36
60 vegan capsules (840 mg)

NEW Protect Formula (Family-Size)\$64
120 vegan capsules (840 mg)

HOW IT WORKS

An Herbal Compound of Hawthorn Berry, Milk Thistle and Ginkgo Biloba

First, Hawthorn will increase blood flow and oxygen to the most important muscle in your body: your heart! Hawthorn has the ability to bind, coat, and protect your heart cells.

A healthy heart is less susceptible to heart attacks, but if you do have a heart attack, having healthy heart cells will reduce the amount of scarring and damage that the heart might ordinarily sustain.

Next, the natural phytochemicals in Milk Thistle will bind to and surround each liver cell. Healthy liver cells can protect the liver from damage due to everyday modern living.

Lastly, Ginkgo will drive more blood, oxygen and nutrition into the brain and increase the removal of brain waste.

Dr. Schulze's Herbal Antioxidant Compound of Palm Fruit and Acerola Cherry

This antioxidant compound gives you 100% of your daily Vitamins A, C and E, but the most important reason for this part of my Protect Formula is the powerful antioxidant ability of these potent ingredients.

Antioxidants **PREPARE** and **REVERSE AGING**, and **BOOST YOUR IMMUNE SYSTEM**. It's that simple.

Dr. Schulze's Botanical Circulatory Complex of Cayenne Pepper, Yellow Ginger and Garlic

These three herbs are the most powerful combination that I have ever witnessed at boosting the body's natural blood flow and circulation throughout the body.



Who Is PROTECT For?

1 People at Risk
I would put ALL of my ill, older or at-risk patients on the same formula—my Protect Formula—at least until I could get them eating well, cleaned up, exercising and back to loving life and loving themselves again.

2 People We Love
We all have someone we want to save and protect, but they are not going to change their ways. I designed Protect Formula for those people who we can't get to do anything for themselves, except swallow one pill.

3 Anyone over 40
My Protect Formula is the edge you need to help you think more clearly, protect your health and gain the peace of mind to live a more vibrant life!

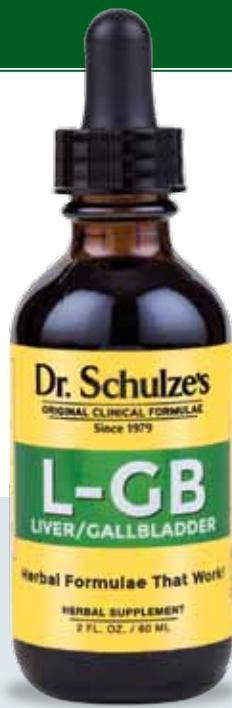
Real People. Real Results.

"Thank you so much, Dr. Schulze! I felt great every morning when I took my SuperFood Plus. But now that I follow it up with your PROTECT pills, I feel like I'm taking good care of myself. And after years of sticking to her own health program, my wife has started finishing my bottle of Protect Formula. It's good for her to be healthy too!"

E.C.

"I've been taking your products for years and I LOVE them! But my husband, well, that's a different story. No matter what I said, or how good I felt, he just thought it was weird. This past January, a miracle happened! I bought him a bottle of your new Protect Formula, told him I loved him and asked him to please just take two pills a day. And you know what? HE DID IT! But that's not the miracle. The miracle is, he actually admits to feeling pretty good and he wants to keep taking it! I don't know how you did it, Dr. Schulze, but you did it!! From the bottom of my heart, thank you."

S.O.



FLUSH, DETOXIFY AND PROTECT YOUR LIVER AND GALLBLADDER!

If you live anywhere on this planet, your liver has been attacked, damaged and maybe, is even sick. Your only defense is a strong and healthy liver. And the best way to maintain a strong and healthy liver is to cleanse it regularly.”

— Dr. Schulze

Your liver is your blood filter. Every second of every day it filters, traps, neutralizes, kills and eliminates poisons that you inhale, ingest and absorb. From common poisonous chemicals in the home, workplace or even on your dinner plate to prescription drug residues, air pollution and worn-out blood cells, there are literally millions of toxic trash bits circulating all over your body that your liver has to defend you against. Almost ALL cancer today is directly linked to toxic-chemical exposure. Your liver is your defensive barrier. But, when modern living attacks your liver with a constant chemical barrage, it weakens your liver and it can't do its job of protecting you.

For best results, use with the 5-Day LIVER Detox, pages 58-59.

HOW IT WORKS

The herbs in this formula are famous for their ability to protect, stimulate and cleanse the liver and gallbladder. Milk Thistle has chemicals that bind to and coat liver cells, helping the liver in the healing process while protecting it from future damage. Oregon Grape Root, Artichoke Leaf, Gentian Root, Wormwood Leaf and Dandelion Root are classic bitter liver tonic herbs. They stimulate digestion and also stimulate the liver to produce more bile, which cleans both the liver and gallbladder. Black Walnut Hulls, Wormwood and Garlic are strong cleansing plants that eliminate harmful and dangerous contaminants that are everywhere today.

The LIVER: your first line of DEFENSE

Many oncologists (cancer specialists) say that long before a person develops cancer, almost always the liver was weak and failed to protect the patient. This is why the liver is often referred to as “the first line of defense.”

Your liver is your blood-cleaning filter

It protects you by cleaning out toxic chemicals and poisons that are in your food, water, air and environment. Modern living and the modern diet unnecessarily overload your liver.

Disease doesn't just happen

It is created. And, often diseases are created by a sick, weak, overloaded liver. As your liver congests, it can't do its filtering job.

WHAT IT DOES

- ✓ FLUSHES AND DETOXIFIES the liver and gallbladder
- ✓ PROTECTS AND COATS liver cells
- ✓ CLEANS THE GALLBLADDER and removes hardened sediments
- ✓ A HEALTHY LIVER HELPS CLEAN YOUR BLOOD and prevents disease

Botanical Ingredients:
Milk Thistle Seed, Dandelion Root, Oregon Grape Root, Gentian Root, Wormwood Leaf, Mojave Chaparral Herb, Black Walnut Hull, Hawaiian Yellow Ginger Root, Garlic Bulb, Fennel Seed, Artichoke Leaf

L-GB Formula.....\$28
2 ounces / 60 ml. bottle



A GREAT TASTING, TRADITIONAL RECIPE WITH POWERFUL HEALTH BENEFITS!

The Detox Tea has numerous health benefits. It is literally an all-purpose

herbal tonic. It is a powerful stimulant, especially to the stomach, liver and digestive side of the pancreas.

It also cleanses the skin and detoxifies the blood, liver and gallbladder and is the perfect tea to use after the Liver Flush Drink, as part of the 5-Day LIVER Detox. It stimulates your liver to produce more bile and then flushes away the bile and fats that congest your liver and gallbladder.

This tea is great for daily use and an excellent coffee replacement. It tastes good and has no caffeine.

WHAT IT DOES

- ✓ FLUSHES AND DETOXIFIES the blood, liver, gallbladder and entire digestive tract
- ✓ CLEANSES the skin, ELIMINATES gas and indigestion and INCREASES the flow of urine

Botanical Ingredients: Dandelion Root, Burdock Root, Cardamom Seed, Ginger Root, Pau d'Arco Bark, Cinnamon Bark, Clove Bud, Fennel Seed, Licorice Root, Juniper Berry, Black Peppercorn, Uva Ursi Leaf, Horsetail Herb, Parsley Root, Orange Peel

Detox Tea.....\$22
6 ounces / bulk tea

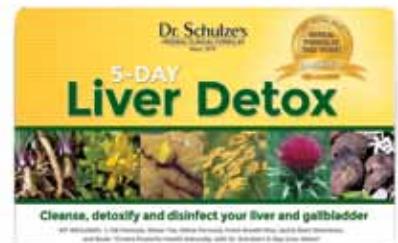
HOW IT WORKS

Ginger, Cardamom, Fennel, Cinnamon, Black Peppercorn and Clove Bud are famous classic digestive herbs and have been a part of traditional herbal medicine for centuries. Cardamom, roasted Dandelion, Burdock and Orange Peel all stimulate the liver to excrete more bile. Dandelion, Burdock, Horsetail and Parsley are diuretics. Juniper Berry and Uva Ursi Leaf are also urinary tract disinfectants. Pau d'Arco Inner Bark is an immune stimulant and Licorice is soothing and healing to the digestive tract.

THE LIVER'S LINK TO A HEALTHY HEART



Keeping your liver clean and healthy will really help your heart. One of your liver's main functions is balancing the amount of fat and cholesterol in your blood. Too much fat in your blood causes your blood to be thicker, which causes high blood pressure. When you cleanse the liver so it can run more efficiently, the fat and cholesterol in your blood will get back in balance, easing the strain on your heart. This is why every patient who came to Dr. Schulze's clinic with heart problems did his 5-Day LIVER Detox.



FOR BEST RESULTS

For best results, use as part of Dr. Schulze's 5-Day LIVER Detox, which includes L-GB Formula, Detox Tea and Detox Formula (see pages 58-59 for more details).



DIURETIC AND DISINFECTANT FOR THE KIDNEYS AND BLADDER!

If you want to stay healthy, keeping your kidneys in good working condition is essential. Every organ in your body DEPENDS on your kidneys staying healthy

and strong. In fact, all the cells in your body need nutrition brought IN and waste eliminated OUT, and they need your KIDNEYS to do this! Clogged and sluggish kidneys impact every system of the body, because your kidneys are such a key part of delivering essential vitamins and oxygen to your cells and getting waste and toxins out.

For best results, use as part of Dr. Schulze's 5-Day KIDNEY Detox, which includes K-B Formula, K-B Tea and Detox Formula.

WHAT IT DOES

- ✓ DIURETIC and disinfectant for the kidneys and bladder
- ✓ Helps MAINTAIN healthy kidneys and dissolves deposits
- ✓ SUPPORTS healthy urine flow

Botanical Ingredients:
Uva Ursi Leaf, Juniper Berry, Horsetail Herb, Burdock Root, Corn Silk, Parsley Root

K-B Formula.....\$28
2 ounces / 60 ml. bottle

HOW IT WORKS

The herbs in Dr. Schulze's K-B Formula have been shown to have three useful actions to promote health: healthy urine flow, cleansing functions and dissolving calcium deposits. Herbs such as Uva Ursi Leaf, Juniper Berry, Corn Silk, Horsetail Herb, Parsley Leaf and Root and others in this formula have been used for centuries as diuretics. Diuretics stimulate healthy kidneys to excrete urine, which produces a natural disinfectant action in the kidneys and bladder. Some of these herbs, like Juniper Berry and Uva Ursi Leaf, are also powerful cleansers for your kidneys and bladder.

Uva Ursi Leaf contains powerful phytochemicals, such as volatile oils, arbutin, quercetin, and malic and gallic acids. Arbutin supports a healthy and clean urinary tract. Quercetin protects the trillions of capillaries in the delicate kidney filtering system. Malic and gallic acids (the same as found in apples and apple cider vinegar) have long been used for kidney and bladder health. Juniper Berry, Corn Silk, Horsetail, Burdock and Parsley all contain phytochemicals that are diuretic to the urinary system, helping to create a clean and healthy environment within the urinary tract.

The Three Main Causes of Kidney Damage and Disease

TOXEMIA

If your blood has too much toxic waste in it, it begins to break down your kidney function.

HIGH BLOOD PRESSURE

Hypertension causes half of all kidney disease cases.

HIGH BLOOD SUGAR

Too much sugar in your body literally slows down your immune system and destroys your kidneys.



HELPS THE URINARY TRACT TO BE CLEAN AND HEALTHY!

A mild tasting but powerfully effective tea, it is both diuretic and antiseptic to the entire urinary tract, as well as soothing to the urinary tract. The herbs in this formula have the identical action as the K-B Formula with the addition of Hydrangea Root and Gravel Root, which are specifics for dissolving excess minerals in the urinary system. Since bladder infections are extremely common in women, especially sexually active women, Dr. Schulze always had his female patients do the 5-Day KIDNEY Detox two times every year (once in spring or summer, and once again in autumn or winter).

“ It’s so silly that kidney and bladder conditions have become an epidemic in America, especially since it’s so easy to obtain and maintain healthy urinary function. ”

– Dr. Schulze

WHAT IT DOES

- ✓ Helps DISSOLVE excess minerals in the urinary system
- ✓ Helps MAINTAIN healthy kidneys and dissolves deposits
- ✓ SUPPORTS healthy urine flow

Botanical Ingredients:
Juniper Berry, Corn Silk, Uva Ursi Leaf, Parsley Root, Horsetail Herb, Goldenrod Herb, Hydrangea Root, Gravel Root, Marshmallow Root, Orange Peel, Peppermint Leaf

K-B Tea.....\$18
4 ounces / bulk tea

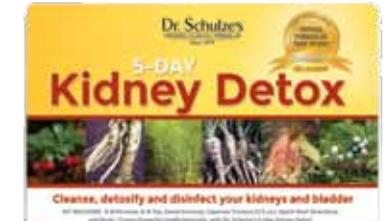
Dr. Schulze's Routine for Dissolving Deposits



This routine takes two days and can be repeated. It should be stressed here that this routine should only be done once you have completed Dr. Schulze's 5-Day KIDNEY Detox (see pages 60-61).

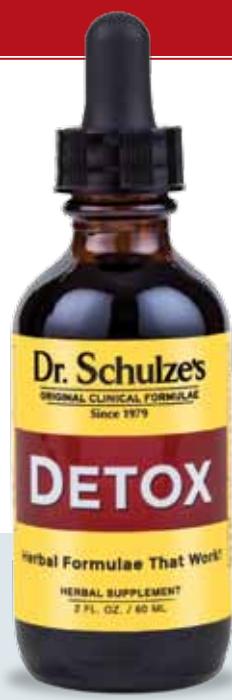
First, fill a gallon jug with three quarts (96-oz.) of fresh-squeezed, organic apple juice. Be sure to use strong apples—ones that make you pucker. Add 20 ounces of fresh-squeezed organic citrus juice. Half lemon, half lime juice is best. Add 10 ounces of organic, raw, unfiltered apple cider vinegar, one entire bottle of K-B Formula and two entire packages of K-B Tea.

Let sit for 24 hours, then strain. That morning, start drinking four ounces every hour, consuming a total of 64 ounces each day for the next two days. You can even drink an ounce every 15 minutes. You should also be drinking distilled water (up to 64 ounces a day). Store the brew in your refrigerator until finished (a maximum of two days).



FOR BEST RESULTS

For best results, use as part of Dr. Schulze's 5-Day KIDNEY Detox, which includes K-B Formula, K-B Tea and Detox Formula (see pages 60-61 for more details).



OUR MOST POTENT FORMULA FOR BLOOD AND LYMPH CLEANSING!

This is a very powerful cleansing formula that scrubs the accumulated toxins and poisons out of the body's blood, fat and cells.

These herbs are used in herbal medical clinics worldwide for scrubbing the accumulated toxins and poisons out of the body, and are also heralded for their efficacy.

“The herbs in this formula are classic and traditional blood-cleansing and lymph-cleansing tonics, and the same ones that I used successfully for many years in my clinic.”

— Dr. Schulze

WHAT IT DOES

- ✓ **CLEANS** accumulated toxins and poisons out of the body's blood and lymphatic system
- ✓ **PROMOTES** healthy skin and complexion
- ✓ The most powerful **DETOK** formula available anywhere

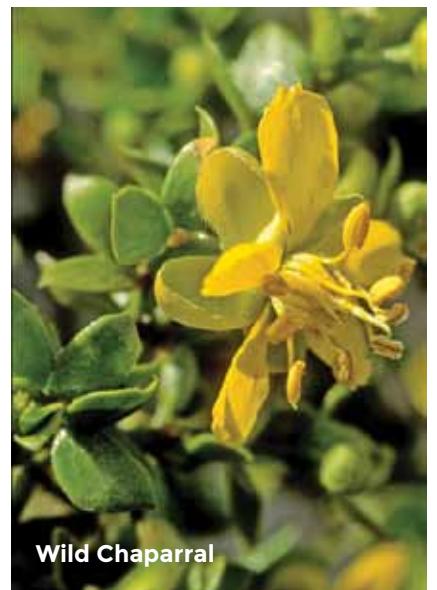
Botanical Ingredients:

Red Clover Blossom, Mojave Chaparral Herb and Resin, Oregon Grape Root, Burdock Root, Yellow Dock Root, Poke Root, Goldenseal Root, Fresh Garlic Bulb, Lobelia Herb and Seed, Habanero Pepper

Detox Formula.....\$28
2 ounces / 60 ml. bottle

Chaparral contains Nordihydroguaiaretic Acid. According to The Merck Index (one of the most respected medical chemical books in the world), this acid from Chaparral is listed as an antioxidant with a Therapeutic Category as an antineoplastic—an agent that prevents the development, growth and proliferation of malignant cells (according to Taber's Cyclopedic Medical Dictionary).

HOW IT WORKS



Wild Chaparral

This formula is based on the famous Hoxey Formula and Dr. Christopher's Red Clover Combination (both herbalists were arrested on numerous occasions for these formulations), as well as many similar powerful alternative (blood-cleansing) formulas from around the world.

The following is common knowledge from highly respected and accepted medical texts. According to pharmacology manuals,

POTENT FORMULAS, NOT POLITICS

Some of the botanicals in this formula have been attacked by our government and medical groups. These gifts from God have created everything from Senate hearings to clinic raids led by government agencies, AMA attacks and even having Herbalists and Naturopathic Physicians thrown in jail! Chaparral was outlawed for almost five years. Suppliers stopped selling it. Dr. Schulze harvested his own in the California deserts and continued to use it. Dr. Schulze said, "In my clinic, potent healing ability dictated which herbs I put in my formulations and used with my patients, NOT politics. How could I tell a parent whose child was suffering that I know what helps, but legally I can't sell it to you?"

Other botanicals in this formula are highly discouraged by medical doctors, like Lobelia Seed, Poke Root and even Red Clover Blossom. Consequently, many herbalists (including Dr. Schulze) have been arrested and jailed for even discussing the benefits of these types of herbs and of their association with treating cancer and chronic disease. But be assured, the herbs in this formula are classic and traditional blood-cleansing and lymph-cleansing tonics, and the same ones that he used successfully for many years in his clinic.

MAXIMIZE CLEANSING

When doing either the 5-Day LIVER Detox (see pages 58-59) or the 5-Day KIDNEY Detox (see pages 60-61), Dr. Schulze had EVERY patient in his clinic consume one entire bottle of his Detox Formula within the week.

Real People. Real Results.

"My fiancé did your 5-Day LIVER Detox. In one week, the physical difference was amazing! Excess weight that he carried melted off him. His eyes became clear. It really cleared up any underlying issues that our vegetarian diets couldn't touch. I look forward to doing it as well."

Liz D. in Port Charlotte, FL

"In only six months, I had gained 22 pounds and was unable to lose a single pound with diet and exercise. I did the LIVER Detox and Intestinal Formulas #1 and #2 for five days each and lost a total of 10 pounds immediately after. I feel better and healthier!"

Patricia F. in Manhattan Beach, CA

"In Sept. '08 I ended up in the hospital after a serious kidney stone attack. Tests revealed that not only did I have kidney stones and my blood sugar was a whopping 280! Subsequently, I ended up finding out that I had kidney damage. Although microscopic, my doctor said it was there and caused by my Type II Diabetes. On the day I was at my lowest, a flyer came in the mail for Dr. Schulze's Kidney Cleanse. I started a whole food/vegan diet - delicious! By 90 days my blood sugar was in pre-diabetic range, I was down 50 lbs. I now have a new lease on life. I walk 3 miles a day and work out at the gym 4 days a week. It's amazing. Oh, the best part...after I did two of Dr. Schulze's 5-Day KIDNEY Detoxes. My kidney tests came back NORMAL! DR. SCHULZE SAVED MY LIFE!!!!"

Lori N. in Blairstown, NJ

"After 20 years of bladder infections (usually 2-3 times a year), I tried everything and nothing stopped them. Since I did your 5-Day KIDNEY Detox they have stopped and I haven't had a recurrence since. Thank you!"

Marti B. in Culver City CA



THE ULTIMATE WEAPON TO STOP A COLD OR FLU!

A few years back, in his endless quest for making things better, Dr. Schulze

pre-blended his two most powerful formulas to strengthen your body's natural defenses against seasonal attacks. He combined Echinacea Plus and SuperTonic in one formula, and added many potent herbs and a large dose of Acerola Cherries to give you 1,000% (10 times) your needed Vitamin C—a powerful cold and flu fighting nutrient—all into one formula: Dr. Schulze's Cold & Flu Herbal "SHOT"!

Getting Sick? Stop It Quick!

At the first sign of that "uh-oh" feeling, take a heroic dose of herbs—Dr. Schulze's Cold & Flu Herbal "SHOT"—and do it IMMEDIATELY! Use two, three or up to six bottles a day, whatever it takes to STOP that cold or flu DEAD in its tracks.

Dr. Schulze's Cold & Flu Herbal "SHOT" is the ultimate HEROIC dose!

WHAT IT DOES

- ✓ **SUPERCHARGES** your immune system to better protect you during winter months
- ✓ **1000% RDA** of Vitamin C using organic Acerola Cherry
- ✓ Contains **20 POTENT** herbs, premixed for easy use
- ✓ The most **POWERFUL** and **CONVENIENT** herbal "SHOT" on the market

Botanical Ingredients: Echinacea Root and Seed, Garlic, Habanero, White Onion, Ginger, Horseradish, Acerola Cherry, Elderberry, Blackberry, Yarrow, Boneset, Desert Sage, Lobelia, Elecampane, Kola Nut, Coffee, Licorice, Cherry Bark, Horehound, Coltsfoot, Fennel, Thyme

Cold & Flu Herbal "SHOT"\$84
(6-pack) 1.5 ounces / 45 ml. bottle

Cold & Flu Herbal "10-SHOT" \$125
15-ounce bottle (see page 14)

HOW IT WORKS

The Cold & Flu Herbal "SHOT" combines the exact same 12 droppersful of Echinacea Plus and the 6 droppersful of SuperTonic that Dr. Schulze prescribes in making either his Winter Health (prevention) or Blaster (treatment) drinks. It also includes many more herbal tinctures, herbal concentrates, and even specific

herbal-vitamin concentrates, like organic Acerola Cherry, Blackberry, Yarrow Flowers, Boneset Herb, Desert Sage Leaf, Lobelia Herb and Seed, Elecampane Root, Coltsfoot Herb, Horehound Leaf, Cherry Bark, Thyme Leaf, Licorice Root, Kola Nut, Coffee Bean, Fennel Seed and Elderberry. Now, all you have to do is empty all the contents

of the Cold & Flu Herbal "SHOT" into a sports bottle and add up to 16 ounces of water and/or juice, and you have the Winter Health Drink. Or, just open the cap, drink it straight out of the bottle, gargle, swallow it, and you have the perfect treatment for a cold or flu. Nothing could be easier, simpler, faster...and more potent!

WHY IT IS SO POWERFUL

► What I put in it...

12 droppersful of my Echinacea Plus, 6 droppersful of my SuperTonic and enough organic Acerola cherry to give you an assailable blast of natural Vitamin-C (actually 1,000%–10 times—your RDI)!

► What I ADDED to it...

A dozen more herbs that I used in the clinic that are powerfully effective for the sinus, tonsils, lungs, fevers, etc.

► What I left OUT...

This formula is made using only the most potent Organic and Wild-Harvested Herbs, with NO chemicals, NO sugars and NO JUNK!

► How to USE it...

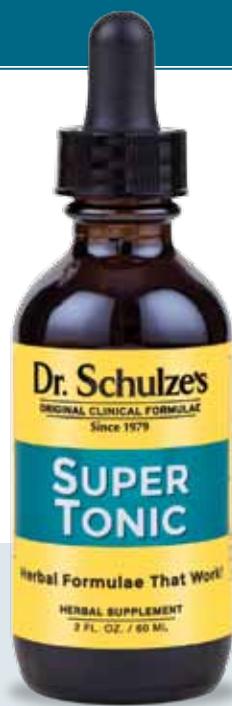
Just take it, shake it, open it, knock it back, gargle and swallow! Nothing could be simpler or more potent!



Real People. Real Results.

"Dr. Schulze, you never cease to amaze me! This new magical formula washes EVERYTHING out! It was Wednesday afternoon and I was feeling terrible – I knew I was in for one of those six day flus. But the president of my company says Dr. Schulze has a new magical formula. Why do I even doubt Dr. Schulze, because after I had my 6-pack, I was ready to rock-n-roll and conquer the world!"

David N.



AN ALL-PURPOSE MIRACLE TONIC THAT KILLS MICRO-ORGANISMS ON CONTACT!

This is Dr. Schulze's all-around, all-purpose herbal tonic with an almost unlimited list of uses. His patients not only called it "the cure for the common cold," but often said it was "the cure for EVERYTHING," and they used it in a thousand different ways.

SuperTonic destroys harmful micro-organisms ON CONTACT. It naturally breaks up sinus and chest irritants to promote open and clear breathing.

WHAT IT DOES

- ✓ **DESTROYS** harmful micro-organisms on contact, especially during winter months
- ✓ **NATURALLY** supports clear and open sinuses and lungs
- ✓ **STARTS** working immediately

Botanical Ingredients:
Fresh Habanero Pepper, Garlic Bulb, White Onion, Hawaiian Yellow Ginger Root, Horseradish Root

SuperTonic\$24
2 ounces / 60 ml. bottle

HOW IT WORKS

The fresh juices of organic Horseradish Root drive this formula to your head, sinuses, throat and lungs, where you need it. The organic Garlic Juice and its next of kin, organic Onion Juice, are the two best herbs to flush micro-organisms from your body. The organic Yellow Ginger Root Juice and Habanero Pepper Juice stimulate your blood and lymphatic flow like no other herbs, to get your immune cells to the bad guys as fast as possible. The organic, raw, unfiltered Apple Cider Vinegar preserves all of these plant juices and cleanses your body, too.

Real People. Real Results.

"I get pneumonia nearly every year, this being the worst since I was 12 (I'm 44). My cousin brought me some Super Tonic because nothing the doctors were prescribing was working. The minute I did the gargle/swallow with the Super Tonic, I felt it instantly open my sinuses, but, even better than that, I could feel it in my lungs. After a few days using the Super Tonic, I took my first deep breath, without pain, and without coughing and hacking. Wish I'd have had Super Tonic years ago!"

Tracy L.

"I was very sick with a bad sinus cold and a friend of mine said, 'I have something that will get rid of your cold.' And I said, 'OK, I'll try anything at this point.' I took your SuperTonic that night and again the next morning, and it started clearing me up instantly. I have not had a cold or sinus infection since!"

Kimberly R.



DISINFECTS, PROTECTS AND SOOTHES YOUR THROAT AND TONSILS!

Doctors agree that the flu and most colds start in your sinuses and throat. Then, the dripping infection drains downward and infects your lungs, and you really

get sick. If you can stop the infection early—while it is still in your throat—you will save yourself a lot of pain and suffering. Dr. Schulze's Throat & Tonsil Formula gives you what you need for your body to naturally fight against colds and flu.

Dr. Schulze's Throat & Tonsil Spray (with 400% more Botanical Menthol and 300% more Cayenne) is the best way to defend against micro-organisms. It will also cool and soothe your throat and tonsils, immediately! Dr. Schulze's original Throat & Tonsil Tincture is still available. At the first sign of a seasonal attack, gargle and swallow this formula to put the fire out!

NOTE: The tonsils and adenoids are part of your immune system. When they are swollen or inflamed, it means you have been invaded by some harmful micro-organism, and that your immune system is going into action. Modern medical books stress the importance of the tonsils in the maintenance of your immunity, and argue against performing tonsillectomies.

WHAT IT DOES

- ✓ **STRENGTHENS** your natural immune defenses against colds and influenza
- ✓ **HELPS** get rid of micro-organisms that invade your body, especially during winter months
- ✓ **HELPS** your throat and tonsils feel better

Botanical Ingredients:
Echinacea Angustifolia Root, Echinacea Purpurea Seed, Garlic Bulb, Habanero Pepper, Peppermint Leaf and Essential Oil, California Fig Concentrate

Throat & Tonsil.....\$15
(Spray) 1 ounce / 30 ml. spray

Throat & Tonsil.....\$24
(Tincture) 2 ounces / 60 ml. bottle

DR. SCHULZE'S CLINICAL EXPERIENCE

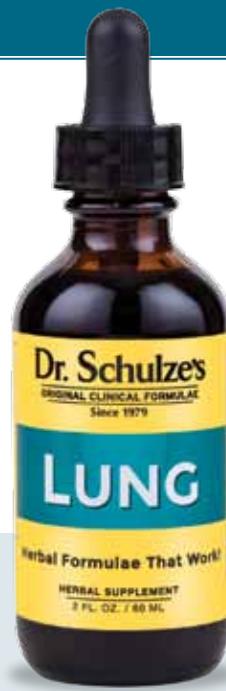


Years ago, a man and his wife brought their 7-year-old daughter to my clinic. She had tonsillitis and her airway was almost closed off. Mom was open-minded and health conscious, while Dad was a medical doctor and mad about even being in my clinic. He yelled at me, 'You've got a week, or I am cutting her tonsils out!' I had her gargle and swallow 4 droppersful of Throat & Tonsil Formula, 2 droppersful of Echinacea Plus and 1 dropperful of SuperTonic six times a day. Within a week, her tonsils were fine, and to this day, she still has them.

Real People. Real Results.

"My 9-year-old son was having problems with his tonsils. He would complain about a sore throat a lot, and everytime he did, his throat would pus-up instantly. The doctors were talking about removing his tonsils so I started him on your Throat & Tonsil and saw instant results. The pus was gone the next morning! I'm really glad I was told about this product and will spread the word. Thanks!"

Tina R.

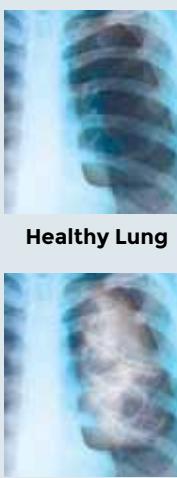


CLEAR AND OPENS THE LUNG PASSAGEWAYS!

Dr. Schulze's Lung Tonic does two main things to help you. First, it helps you breathe by supporting respiration.

Second, while most doctors try to stop you from coughing, Dr. Schulze added herbs that promote coughing! That's because you need to cough to get better! Plus, if you suppress your cough, it will just make the whole miserable experience last much longer. Lung Tonic will also assist your body in defending itself, rather than relying on chemicals, producing results in a few days instead of weeks or months.

While medical doctors design cough medicine to STOP you from coughing, I make this herbal tonic to make you cough more. With my tonic, you might cough more for a few hours, instead of suppressing your cough, which will make your cough last for a month."



Bronchitis



Healthy Lung



WHAT IT DOES

- ✓ PROMOTES clearer breathing by opening up respiratory passageways
- ✓ SUPPORTS the body's need to cleanse through coughing
- ✓ STRENGTHENS your immune system, so it can naturally fend off respiratory invaders and contaminants

Botanical Ingredients:

Lobelia Leaf and Seed, Elecampane Root, Coltsfoot Leaf, Horehound Leaf, Licorice Root, Kola Nut, Coffee Bean, Cherry Bark, Thyme Leaf, Fennel Seed, Peppermint Leaf Essential Oil

Lung Tonic.....\$28
2 ounces / 60 ml. bottle

Real People. Real Results.

"I woke up early in the morning with lung congestion and tightness in my chest from a lawn mowing and weed-whacking job yesterday. I went right for my Lung Formula and took 3 droppersful and within 3 to 5 minutes I was coughing up mucus and my breathing opened up back to full breath."

Brian S.

DR. SCHULZE'S CLINICAL EXPERIENCE

During any lung infection (in addition to using my Lung Tonic) there are two things that you can do that will help you get better much more rapidly. First, stop consuming ALL dairy products. They are well known for congesting the lungs and sinus. Consume only pure water, fresh juices and herbal teas, until you are well.

Second, use my SuperTonic and Echinacea Plus. SuperTonic is a strong addition to my Lung Tonic, because it mercilessly goes after the invaders from the outside that are working their way in through your mouth to your tonsils and your lungs. Echinacea Plus supercharges your immune system from the inside out, and increases your body's own ability to defend itself.



A STIMULATING AROMA THAT DISINFECTS AND PURIFIES THE AIR!

This Air Detox is the exact formula Dr. Schulze developed to disinfect the air in his clinic. With many very sick patients (some literally crawling through the door) his clinic sometimes smelled horrible and the air was thick with germs. Only pure, undiluted, 100% essential oils are strong enough to disinfect the air and kill bacteria, viruses and fungi, especially in the bathroom.

At home, Air Detox disinfects the air, including killing the bacteria that cause the common cold and the virus that causes the flu. It is essential for high-risk households with children, pregnant women and senior citizens. It is a full-strength blend of very powerful essential oils that destroy airborne bacteria, viruses, fungi, infections, pathogens, antigens and harmful micro-organisms on contact.

Dr. Schulze designed this blend not only to be the most powerful germ-killing formula, but also for the aromatherapy action of lifting the spirits and clearing the mind. Our ancestors used these herbs for their medicinal value, as well as for their emotional and spiritual value. These herbs were also used to cleanse the living environment of bad feelings and negative energy.

WHAT IT DOES

- ✓ DESTROYS airborne bacteria, viruses, pathogens and antigens on contact
- ✓ DELIGHTFUL eucalyptus/citrus scent lifts the spirits and clears the mind
- ✓ 100% pure essential oils, not diluted
- ✓ GREAT for your home, office or car

Botanical Ingredients:
100% pure essential oils of Eucalyptus, Grapefruit, Lime, Lemon and Orange

Air Detox\$14
2 ounces / 60 ml. bottle

Air Detox\$24
4 ounces / 120 ml. bottle

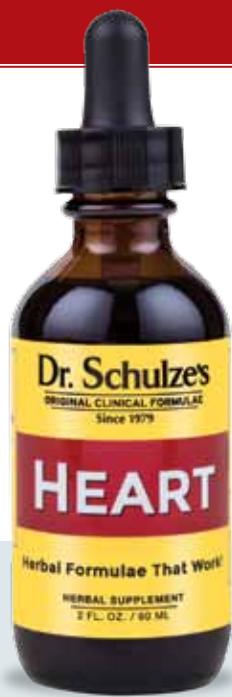
Real People. Real Results.

"I took a bottle of Air Detox along with me on an 11-hour flight to Europe last month and sprayed it on a mask. It really helped me to not get sick on the flight. Every time I flew in the past, I got ill. This is definitely a miracle product in a bottle!"

Karen B.

"If you suffer from allergies, respiratory problems, sinus, a cold or flu, or to relax in the tub, no better product on the market anywhere, than Air Detox...another wonderful Dr. Schulze product!"

Maya



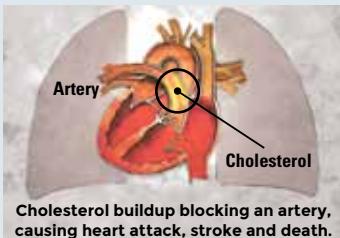
PROTECT YOUR HEART CELLS AND DIFFUSE THE TICKING TIME-BOMB!

HEART

Herbal Formulae That Work!
HERBAL SUPPLEMENT
2 FL. OZ. / 60 ML.

EVERYONE needs to protect his or her heart, brain, blood vessels, arteries, veins and capillaries... EVERYONE. Stopping the number of deaths from heart disease is

one of Dr. Schulze's biggest priorities. He has said, "Imagine a ticking time bomb underneath your car, but instead of diffusing it, you wash your car and maybe give it a tune-up. All these things make your car look and run better, but the next day, the bomb still goes off. I can help you diffuse the possible ticking time bomb with my Heart Formula."



Heart and circulatory disease is the #1 killer in America! In fact, heart attacks and strokes kill OVER ONE MILLION Americans EVERY YEAR! And, over 96 MILLION Americans suffer from hypertension (high blood pressure), the leading cause of heart attacks and strokes. Protect your heart today!

WHAT IT DOES

- ✓ A life-saving formula that **STRENGTHENS** and **TONES** the heart
- ✓ **MAINTAINS** healthy blood pressure and cholesterol levels
- ✓ **INCREASES** overall heart health and general circulation

Botanical Ingredients:
Hawthorn Berry, Red Clover Blossom, Cactus Grandiflorus Stem and Flower, Motherwort Herb, Garlic Bulb, Hawaiian Yellow Ginger Root, Habanero Pepper

Heart Formula \$28
2 ounces / 60 ml. bottle

HOW IT WORKS

Heart Formula is made with the most potent, organic Hawthorn Berry, which binds to, coats and protects your heart cells. It contains numerous phytochemicals that help the heart to pump more easily, but with more force. It also promotes healthy heart circulation and a regular heartbeat, and is a potent cardiac boost for the elderly, giving them more energy.

Other potent herbs in this formula (like Red Clover Blossom and Garlic) have been clinically proven to help maintain healthy blood pressure and cholesterol levels. Cactus Grandiflorus Stem contains

cardiac glycosides that increase the heart's pumping force, without increasing the heart's oxygen demand. Motherwort Herb exhibits strong influence over the regularity of the heartbeat. Last but not least, Habanero Pepper and Yellow Ginger have been used as healthy

heart remedies worldwide, and have saved many lives. While Habanero sends more blood to the heart first, Ginger goes to the extremities and works backward, making them a dynamic duo for increasing the body's circulation.

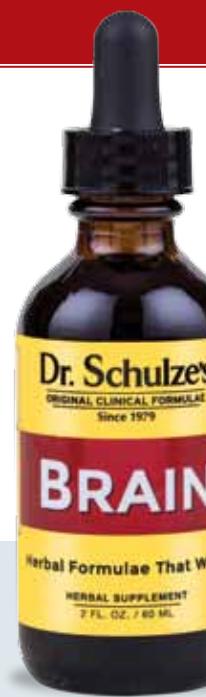
Real People. Real Results.

"My wife has an irregular heartbeat and often complains about her heart skipping beats, especially during the night. The first time she took the Heart Formula, she felt a warm sensation in her heart and had no skipping beats all night. She had the same results when she took it during the day. Thanks for this great, very effective product!"

Bob and Brenda S.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

84 | Call 800-HERBDOC (437-2362) or order online at www.herbdoc.com



IMPROVES MEMORY AND SHARPENS CONCENTRATION!

BRAIN

Herbal Formulae That Work!
HERBAL SUPPLEMENT
2 FL. OZ. / 60 ML.

The brain, just like any organ, needs to assimilate nutrition, and then eliminate waste. When the brain gets constipated, this blockage and

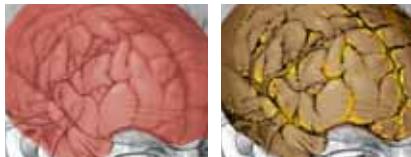
subsequent backup of waste, toxins, sludge, schmutz, goo, plaque, whatever you want to call it, causes your brain to get congested, which can then cause a thousand diseases, from Alzheimer's, premature dementia, senility, eye and hearing disorders to paralysis. Alzheimer's disease alone will affect over 14 million Americans within the next decade.

WHAT IT DOES

- ✓ **STIMULATES** circulation and **REDUCES** congestion in the brain
- ✓ **INCREASES** oxygen and blood flow to the brain
- ✓ **SUPPORTS** healthy hearing and eyesight

Botanical Ingredients:
Ginkgo Biloba Leaf, Rosemary Leaf and Flower, Kola Nut, Habanero Pepper

Brain Formula \$28
2 ounces / 60 ml. bottle



A healthy brain with good circulation can assimilate nutrients and eliminate waste easily.
An unhealthy brain with poor circulation lacks nutrients and has a build-up of waste.

Real People. Real Results.

"I teach high school students and need to keep facts and figures straight. Brain Formula really helps me keep a clear head! My thoughts are more organized; I'm more articulate and I'm able to tackle my busy and hectic day with a clear mind. It's awesome!"

Chuti T.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Call 800-HERBDOC (437-2362) or order online at www.herbdoc.com | 85



THE MOST POWERFUL BLEND IN THE WORLD TO BOOST CIRCULATION!

There is no better herb than Cayenne to supercharge and dramatically boost your blood and lymphatic flow, which simply cleans, flushes and heals the area. This Cayenne/Capsicum Concentrated Extract and Powder is by far the strongest available anywhere. We label them 250,000 heat units, but that is a MINIMUM. Often, some of the peppers we use rate over 500,000 heat units.

The Liquid Extract is preferred and more convenient for most emergency applications, while the Powder is more suited for daily health intake.

WARNING: This product contains extremely HOT Cayenne Pepper. Wash hands two or three times after handling this product. Do not touch sensitive areas of the body after handling this Powder. When we mix this Capsicum Powder, even some of our employees who are used to consuming hot peppers have to wear special anticontamination suits with Special Forces gas masks that Dr. Schulze bought in Germany. We are not joking.

HOW IT WORKS

All hot capsicum species contain the powerful phytochemicals Capsaicin and Oleoresin, which are only some of the active constituents.

Cayenne is the greatest herbal aid to circulation and can be used on a regular basis. There is no other herb that stimulates the blood flow so rapidly, powerfully and completely. After all, no other herb gives you a red face—that's blood!

For emergency use, it is almost unlimited. It has been used to improve heart health and brain function, and to maintain healthy

joints. This herb, in history, has been revered by so many herbalists that some added it to almost every formulation, and Dr. Schulze is one of them.

“There is NO BETTER HERB than Cayenne to supercharge and dramatically boost your blood and lymphatic flow, which simply cleans, flushes and heals the area.”

— Dr. Schulze

WHAT IT DOES

- ✓ **STIMULATES** blood flow—rapidly, powerfully and completely
- ✓ **STRENGTHENS** your heart, arteries, capillaries and nerves
- ✓ Helps maintain **NORMAL** blood pressure in healthy individuals

Botanical Ingredients:
Dr. Schulze's special blend of Mexican Habanero, Jalapeño, African, Chinese, Thai, Korean and Japanese Peppers

Cayenne \$22
(Tincture or Powder)
1 ounce liquid fire or 2 ounces powder
(250,000 heat units)

Real People. Real Results.

“My sinus congestion was instantly cured with your Cayenne! Thanks, Dr. Schulze!”

Ken G.

“Your Cayenne Powder is fabulous, and by far, the best available anywhere!”

Adrienne J.



RELAXES AND SEDATES THE MIND AND BODY!

The herbs in Nerve Formula are quite famous for relaxation and sleep. They will relax and relieve stress and nervous tension, along with muscle spasms. They

are also very effective for nighttime restlessness and for producing a wonderful, restful sleep. Although these herbs contain no narcotic ingredients, they are famous for their potent ability to relax your body and relieve agitated nerves.

CAUTION: This formula contains naturally-occurring Lobeline, a very powerful alkaloid. Do not use if you are pregnant, nursing or have any disease.

WHAT IT DOES

- ✓ **COMBATS** exhaustion and **SUPPORTS** a sense of emotional well-being
- ✓ Very **EFFECTIVE** for nighttime restlessness
- ✓ **SUPPORTS** natural sleep with no side effects

Botanical Ingredients:
Valerian Root, Lobelia Herb and Seed, Passionflower Herb, Hops Flower, Black Cohosh Root, Blue Cohosh Root, Skullcap Herb, Wild Yam Root

Nerve Formula.....\$28
2 ounces / 60 ml. bottle

HOW IT WORKS

The majority of the medical and scientific community has finally accepted Valerian Root and Passionflower Herb as pharmacologically active herbs. Even the esteemed Merck Index lists their therapeutic category as “sedative.” Lobelia, Black Cohosh Root, Blue Cohosh Root, Skullcap Herb and Wild Yam Root all hold esteem in traditional Native American herbal medicine, as sedative and antispasmodic plants to relax the mind and body. Although many of these herbs are currently not used and remain unknown by modern American medical doctors, they are still famous worldwide. You will find Valerian, Lobelia, Passionflower and Hops sold in drugstores around the world. Many international medical doctors (who aren't even close to being natural or holistic) still use these herbal medications.

Real People. Real Results.

“I often have problems winding down at night. I sit there thinking of work, deadlines, plans, chores, etc., even when I have no reason to worry. Your Nerve Formula relaxes me. I wake up feeling rested and have more productive days than I did before taking it. I use it every night and even take it on vacations! Thanks!”

Douglas C.

THE HIGH COST OF INSOMNIA AND STRESS

FACT 80% of Americans suffer from insomnia at some point each year. Insomnia has been directly linked to increased workplace accidents, motor vehicle accidents, performance impairment, reduced productivity, increased illness, depression and alcoholism.

FACT Stress has been linked to the six leading causes of death in the US: heart disease, cancer, lung disease, accidents, cirrhosis and suicide, along with immune deficiency, memory loss and obesity.



PROMOTES NORMAL AND HEALTHY MONTHLY CYCLES!

Dr. Schulze designed his Female Formula to balance female hormones, which are the cause of almost all female problems, complaints and crises, from puberty through menopause and beyond.

Ignite Your Sex Drive!

Balancing your natural well-being with Female Formula will also increase your libido. The Damiana Leaf in Female Formula is one of the most widely used herbs in all of history. It is an herbal female aphrodisiac, or what Ginseng is to a man. Also, getting healthy—really healthy—with all of Dr. Schulze's Foundational Programs is the best way to supercharge your sex life. Remember, healthy is HOT!

HOW IT WORKS

Throughout history the herbs in this formula have been used to treat biochemical imbalances in the body and just about every other female health problem known.

Dong Quai, Chaste Tree Berry and Wild Yam Root are the three most popular herbs for female complaints in traditional Chinese, European and American herbal medicine, respectively. More than one billion women worldwide have used Dong Quai, and praise this plant as a lifesaver for biochemical imbalances.

Chaste Tree Berry is documented in clinical trials to support natural hormonal balance in females.

Wild Yam Root actually contains plant sources of steroids.

All of the chemicals in these three powerful herbs are thought to positively affect and support the functioning of the healthy pituitary and hypothalamus in the brain, which both control the manufacture and release of hormones from the ovaries, through the release of metabolic chemicals.

Damiana Leaf is a powerful strengthener and aphrodisiac. Licorice Root and Hops Flower have been used throughout history to naturally promote optimum female hormone levels and overall health.

WHAT IT DOES

- ✓ REGULATES and BALANCES a woman's body chemistry during her monthly cycle
- ✓ FEEL physically and emotionally balanced!
- ✓ Helps REDUCE the stress of the changing female body chemistry later in life

Botanical Ingredients: Dong Quai Root, Chaste Tree Berry, Wild Yam Root, Damiana Leaf, Licorice Root, Hops Flower

Female Formula\$28
2 ounces / 60 ml. bottle

For a powerful dose
in a single "SHOT"
see page 92!

Real People. Real Results.

"My menstrual cycle was irregular. My friend recommended the Female Formula and within a month, my cycle was back to normal. This has become a saving grace each month, as I plan to get pregnant in the coming months."

Patricia F.



“ Because our level of health in America has degenerated to such a low level, the change of life that happens for every woman has turned into a curse, instead of being a natural, wholesome event. In the clinic, the first thing I reached for was my Female Formula.

Start with 2 droppersful three times a day. For more serious cases, take an additional 2 to 3 droppersful before bedtime. My Female Formula will help your body to remain balanced and healthy instead of succumbing to the 'big crash.' Plus, you will feel less stress during times of change, and have a steadier mood. ”

– Dr. Schulze

DR. SCHULZE'S CLINICAL EXPERIENCE

While running his clinic, Dr. Schulze saw many women who became incapable of functioning normally (both physically and emotionally) because of changes that were naturally happening to their bodies. They weren't sick, they just weren't the same. Or, at least they didn't feel that way. Dr. Schulze's Female Formula was a lifesaver for them. Besides the obvious health benefits of hormonal balancing, many saved their marriages, their families, their careers and their sanity by using this formula. It regulates and balances the complex changes that happen to women from puberty through the menopausal stage of life. Female Formula will regulate and normalize female cycles. And, it will increase sexual desire.

BALANCE YOUR BODY CHEMISTRY

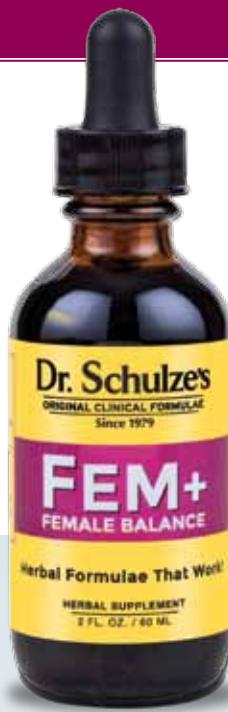
Dr. Schulze's Female Formula will regulate and balance female health, and provide a sense of well-being and control. It allows women to stay more youthful and natural, and to make comfortable transitions from puberty through menopause and beyond.

HELP YOUR BODY SUPPORT PREGNANCY

In Natural Healing, trouble with getting pregnant is simply a protective measure that your body takes. Your body knows that in an unhealthy state, you may not be able to survive a pregnancy, and even if you do, your children could be born unhealthy. In Dr. Schulze's clinic, couples who wanted to have children had an easier time if they were willing to get healthy first. As in most situations, (and especially with getting pregnant) doing all of Dr. Schulze's Foundational Programs, along with taking his Female Formula, will help you achieve the best results.

TRANSITIONING TO MENOPAUSE

Every woman, no matter who she is, no matter what her lifestyle, will sooner or later experience menopause. If you're a woman and if you live long enough, there's no avoiding it. The natural approach is the only sane approach. Support your body, STOP your bad habits, START new healthy ones and use Female Formula to let your body do what it was designed to do—heal and guide you through this natural life transition.



BALANCES FEMALE HORMONES AND RELIEVES BLOATING AND MOOD SWINGS!

FEM+ is the Female Balance Tonic

Dr. Schulze used in his clinic, and it is literally a godsend. It saved jobs, relationships, marriages and even lives. How

does it differ from the Female Formula on the previous page? In addition to the same ingredients, this formula also contains nervine and diuretic herbs. During PMS and even menopause, a woman's sensitivity becomes heightened—sometimes to the point of explosion—and normal, everyday things become highly agitating. The nervine and antispasmodic herbs added in this formula relieve the hypersensitivity that is common during the monthly cycle, and even more during the changes that ensue in later years. Another very common complaint of PMS is excess weight gain and bloating due to fluid and water retention. This is why Dr. Schulze added several diuretic herbs to this formula, like Uva Ursi Leaf, Juniper Berry and Corn Silk. For best results, use one bottle of FEM+ every month for a minimum of three months. You can continue to use this formula indefinitely with no negative side effects. Also, be sure to follow Dr. Schulze's "Awareness Treatment" on the following page.

NOTE: For information on Uva Ursi Leaf, Juniper Berry and Corn Silk, see K-B Formula (page 74). For information on Dong Quai, Chaste Tree Berry and Wild Yam Root, see Female Formula (page 88-89). For information on Valerian Root, Lobelia Pod and Seed, Passionflower and Hops Flower, see Nerve Formula (page 87).

My FEM+ (Female Balance) Formula is primarily designed to promote and maintain hormone levels in women. Similar to my Female Formula, my FEM+ has the addition of diuretic, nervine and antispasmodic botanical herbs. These additional herbs are added to support women emotionally, reduce bloating and maintain normal water retention, as well as to quiet and calm the nerves.”

— Dr. Schulze

WHAT IT DOES

- ✓ REGULATES and **BALANCES** a woman's body chemistry during her monthly cycle
- ✓ Helps women **REGAIN** control and stop suffering from terrible mood swings, irritability and bloating
- ✓ **REDUCES** bloating, **MAINTAINS** normal water retention and **CALMS** the nerves

Botanical Ingredients: Dong Quai Root, Chaste Tree Berry, Wild Yam Root, Valerian Root, Lobelia Herb and Seed, Passionflower Herb, Hops Flower, Uva Ursi Leaf, Juniper Berry, Corn Silk

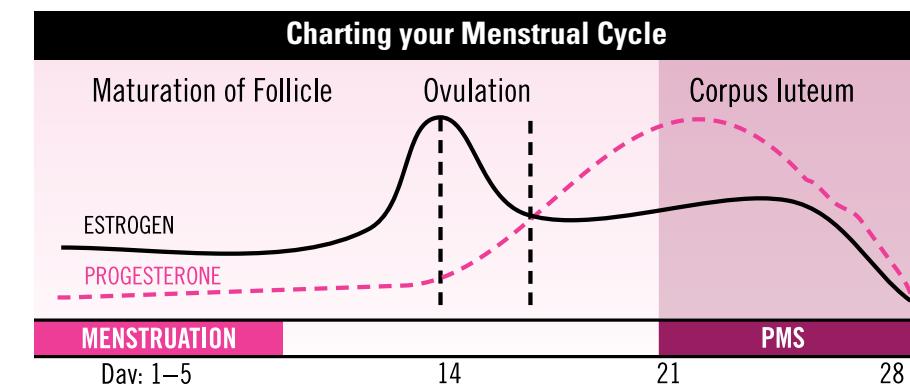
Female Plus\$28
(FEM+) 2 ounces / 60 ml. bottle

For a powerful dose
in a single "SHOT"
see page 92!



UNDERSTANDING THE MONTHLY CYCLE IN WOMEN

In his clinic, Dr. Schulze helped thousands of female patients naturally deal with premenstrual cycles. What causes extra discomfort during normal premenstrual cycles is actually very simple to understand. Prior to menstruation (your period), both of your major hormones, estrogen and progesterone, decline. Take a look at the chart below that graphs the hormone levels in a typical 28-day menstrual cycle.



Day 1 is the first day of menstruation. You would ovulate on about day 14. Day 28 is the last day of your cycle and then your period starts again. As you can see, your estrogen and progesterone hormone levels stay pretty level, until just before ovulation. By Day 11, estrogen levels climb quite dramatically, peaking within a day or two, and then start to decline. Progesterone levels begin to rise slightly later, around Day 13 just before ovulation, and peak later in the cycle, around Day 20. But both estrogen and progesterone levels begin to decline around Day 20 to 22 and decrease quite sharply Days 24 through 28. This normal, but dramatic reduction in hormones just prior to your period is enough to cause your body to protest. This isn't a disease, and for some women, awareness of it and some lifestyle modifications can balance it right out.

DR. SCHULZE'S PREMENSTRUAL RELIEF PROGRAM

Suggested use during PMS: For a regular 28-day cycle, on the 18th day after the start of your last period, take 1 dropperful of FEM+ (Female Balance) in the morning and one in the evening. On the 19th day through the start of your next period, take 1 dropperful of FEM+ three times daily. This intake can be increased to 2 droppersful of FEM+ three times daily with an occasional boost of up to 4 droppersful during extreme cases. Discontinue the formula once your period begins.

DR. SCHULZE'S AWARENESS TREATMENT

During the time prior to menstruating (what I call behavior and lifestyle modification) is of great importance. DON'T SET YOURSELF UP FOR FAILURE! First, don't go clothes shopping, especially with friends. Everything will be tight, because of your water retention, and you will hate yourself. I had hundreds of crying women come into my clinic describing themselves as looking like a whale. Don't do this to yourself. Also, do not set up any meetings with your boyfriend, husband or boss that you know will be tense or intense, especially meetings regarding future projects, budgets, house remodeling and definitely not where your marriage or relationship is headed.

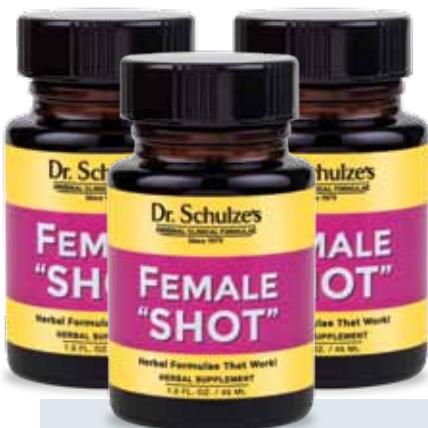
This is a time to quietly celebrate being a woman. Celebrate being 'yin', calm and meditative. Love and accept yourself. 'Soothing' is a great word and mantra during these 10 days. Hot baths, candles, essential oils, soothing music, stretching and breathing classes, exercise classes, long walks, easy chairs, sweat clothes and blankets. You get the picture?

Sure, I'm aware that you still have to work and run your life, but plan some extra time for yourself, and don't get into anything heavy. Look, I have had thousands of women patients with severe PMS heed my advice. Set yourself up to win!"

Real People. Real Results.

"I gave my 15-year-old daughter the Fem Plus and she was a whole NEW person. I am 48 years old and chemo had shut down all my hormones. The hot flashes are chemically induced and I was told to just deal with it. I also took the formula and the hot flashes are decreasing and I am starting to feel like normal again. Thanks for a wonderful product!!!"

Patricia H.



BALANCES HORMONES- BALANCES YOU PHYSICALLY, EMOTIONALLY AND SPIRITUALLY!

The secret to the Female "SHOT" is Dr. Schulze's 4 potent complexes...

Dr. Schulze's Female Tonic Complex

This complex BALANCES your female hormones, and when your hormones are balanced, you are not producing too many, nor too little. Then, your female organs stay healthy and your whole body, mind and spirit is calm, empowered, feminine and happy.

Dr. Schulze's Female Empowering Complex

The herbs in this complex do three main things... First, they STIMULATE your feminine energy. Next, they FEED your feminine energy. Third, they increase CIRCULATION to your female organs to keep them healthy.

Dr. Schulze's Nerve Tonic Complex

This herbal complex is a sedative and antispasmodic. So, while the other complexes in the Female "SHOT" balance your hormones, this complex will balance your mind and spirit.

Dr. Schulze's K-B Tonic Complex

This is a powerful herbal complex to assist you in eliminating water retention and unwanted bloating.

WHAT IT DOES

- ✓ A POWERFUL, extra-strength female formula for crisis situations related to PMS, menstruation, menopause and fertility
- ✓ BALANCES your female hormones for better health
- ✓ STIMULATES your feminine energy

Botanical Ingredients: Dr. Schulze's Female Tonic Complex: Dong Quai Root, Chaste Tree Berry, Wild Yam Root, Damiana Leaf, Licorice Root, Hops Flower; Dr. Schulze's Female Empowering Complex: Damiana Leaf, Ginkgo Biloba Leaf, Red Clover Blossom, Black Cohosh Root, Ginger Root; Dr. Schulze's Nerve Tonic Complex: Valerian Root, Lobelia Herb and Seed, Passionflower Herb, Hops Flower, Black Cohosh Root, Blue Cohosh Root, Skullcap Herb, Wild Yam Root; Dr. Schulze's K-B Tonic Complex: Uva Ursi Leaf, Juniper Berry, Horsetail Herb, Burdock Root, Corn Silk, Parsley Root

Female "SHOT"\$42
(3-pack) 1.5 ounces / 45 ml. bottle



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



STIMULATES SEXUAL PERFORMANCE WITH NO SIDE EFFECTS!

Start doing something healthy to increase your power, your vital energy and your sexual energy. If you want a harder erection, you want it to last longer and have some power and force behind it, and have a huge ejaculation—that's what I'm talking about here.

So guys, don't get weak and wimpy on me now. Now's the time to get your Male "SHOT" and start using it! See what you've been missing sexually, and see what you've been missing with your internal power, your stamina and your strength!

This formula will make you aroused and get you horny, help you get the hardest erection you've ever had in your life and the most explosive ejaculation, give you athletic sexual ability, increase the size, width and length of your penis, give you powerful strength and stamina, and have the best sex of your life!

" I created this High-Octane Male Super Fuel for INCREASED Sexual Performance!"

— Dr. Schulze

WHAT IT DOES

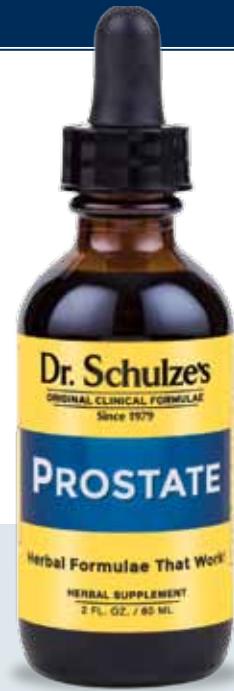
- ✓ Stimulates male SEXUAL PERFORMANCE, STAMINA, STRENGTH and POWER
- ✓ Increases the LENGTH and WIDTH of your erection
- ✓ Have sex LONGER and MORE OFTEN

Botanical Ingredients:
Dr. Schulze's Sexual Stimulant Complex: Wild American Blue Ridge Ginseng Root, Korean Red Ginseng Root, Mongolian Panax Ginseng Root, Chinese Ginseng Root, Horny Goat Weed Leaf, Yohimbe Bark;
Dr. Schulze's Male Performance Complex: Siberian Eleuthero Root, Suma Root, Ashwagandha Root, Astragalus Root, Muira Puama Bark, Sarsaparilla Root;
Dr. Schulze's Nerve Power Complex: Milky Oat Seed, Ginkgo Biloba Leaf, Guarana Seed, Kola Nut, Coffee Bean

Male "SHOT"\$66
(3-pack) 1.5 ounces / 45 ml. bottle



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



PROMOTES PROSTATE HEALTH AND REDUCES PRESSURE!

In the clinic, this herbal formula never failed to help Dr. Schulze's male patients develop healthy prostates, and allowed them to urinate freely and sleep through the night.

The average male who came to the clinic with prostate concerns had to get up two or three times in the middle of the night to pee. Their urine stream was not as strong as it once was, and they experienced problems with urine force and flow. In the clinic, the program Dr. Schulze gave to all of his male patients with these common experiences was simple and it worked. Support your prostate health naturally!

WHAT IT DOES

- ✓ **RELIEVES** unwanted pressure on the urethra and **INCREASES** the flow of urine
- ✓ **REDUCES** the frequency of nighttime urination, which lets you sleep through the night again

Botanical Ingredients: Saw Palmetto Berry, Uva Ursi Leaf, Juniper Berry, Pygeum Bark, Nettle Root, Corn Silk

Prostate Formula\$28
2 ounces / 60 ml. bottle

"I ran into my old plumber at American Botanical Pharmacy. He reminded me that a few years ago, he could hardly pee and was waking up all night long. I had suggested my Prostate Formula, and he said that since he'd started taking it, he has been sleeping like a baby all night and peeing a powerful stream ever since. I have heard this same report in the past from thousands of my male patients."

– Dr. Schulze

DR. SCHULZE'S CLINICAL EXPERIENCE

In his clinic, Dr. Schulze had many men who used his Prostate Formula to achieve optimum prostate health—even those whose prostates were enlarged due to infection, swelling or worse. The herbs in this formula naturally promote the flow of urine and will also maintain healthy prostate size.

Dr. Schulze made men adhere to a vegetarian diet, which also naturally reduces prostate enlargement. The vegetarian food program is fundamental. This is not a moral issue; it's scientific. Farmers are constantly injecting cows and chickens with steroids and growth hormones to make

bigger animals that have more flesh, so they can be sold for more money. Growth hormones and steroids are what you produced during puberty. They stimulate the growth of the male sexual organs and—you guessed it, the prostate. They are also directly linked to causing prostate cancer.

When patients used Dr. Schulze's Prostate Formula along with his Foundational Herbal Formulas and a vegetarian food program, ALL of them experienced significant improvement in urination as a result of their prostates functioning better.

DR. SCHULZE'S THREE LEVELS OF PROSTATE CARE

Because he gets a lot of questions on what the best program is for prostate health, Dr. Schulze has broken it down here to three **BASIC LEVELS** for you...

1 Maintaining a healthy prostate

Any man over 40 years of age who is trying to maintain a healthy prostate should take 1 dropperful of Prostate Formula three times a day, until the bottle is gone. Do this at the beginning of the month, for three straight months, once every year.

Also, make a conscious effort to eat less meat. Split your meat entrées with your partner. Better yet, become a vegetarian. It's better for your prostate and overall health.



2 If you are showing signs of a weakening prostate

Anyone having signs and symptoms of having BPH (weak urine flow or frequent bathroom visits in the middle of the night) should take 1 to 2 droppersful three times a day continually for three months.

Eat only vegetarian food for the entire three months. I would also recommend doing at least one 5-Day BOWEL Detox during the three-month period.

3 If you have noticeable swelling

More extreme cases require 2 droppersful, three times a day of Prostate Formula, maybe even with an additional 2 or 3 droppersful, before they go to bed. And, they should do that continually every day for three months. Eat vegan for at least the three months, if not forever. All meats and their byproducts are alien to the body and have been proven to cause unhealthy prostate growth, and even prostate tumors.

A healthy lifestyle and food program is critical to preventing these diseases. I also recommend doing my 5-Day BOWEL Detox once a month for the three months. All the men in my clinic that had serious, doctor-diagnosed problems were put on this third-level program. The ones who followed these herbal programs found their bodies had completely healed naturally.

The Bottom Line: If you're waking up at night to pee, don't wait until it is too late. You'd better start doing something to support your prostate health naturally!



Prostate Disease is on the Rise

FACT Today, it is estimated that 80% of all men eventually develop an enlarged prostate.

FACT There were over 150,000 prostatectomies performed in the U.S. last year.

FACT A new case of prostate cancer is diagnosed every three minutes in America, and every 15 minutes another man dies from it.

FACT By age 50, 35% of all American men have cancer growing in their prostate.

FACT Every year, over 500,000 men get prostate cancer and over 40,000 men die from it. Prostate cancer is now the second leading cause of death in men, after heart attacks and strokes.



Real People. Real Results.

"After 43 years, I can sleep through the night without three to five trips to the bathroom to urinate each night. Muchas gracias!"

Wally W.

"In less than 24 hours of use, I slept for 7 hours without urgently having to urinate. Normally I go 2-3 times a night. Thank you."

Ralph R. in NY



BOOST SEXUAL PERFORMANCE NATURALLY!

The #1 comment from our male customers:
“I feel like I’m in my 20s again!”

Forget the American Dream, it is more like day-to-day survival for most men in America. Stress, pressure, long work hours, the collapsing economy, all while trying to support a family...men are just plain exhausted! Most men use everything up just trying to survive and have little or nothing left for the bedroom.

My Male Formula is high-octane male super-fuel and much more! It can be used by men of any age—from men who just want more sexual satisfaction, all the way to men who have lost their sexual drive. It provides men with herbal phytochemicals that are documented to stimulate male energy, sexual desire and sexual energy, promote more frequent, harder erections for longer durations, and increase sperm production and quality in healthy men.

For a powerful dose in a single “SHOT”, see page 93!

Real People. Real Results.

“My boyfriend of two years was under a lot of stress and it started to affect our sex life. He would lose his erection midway during lovemaking. He would want to keep going, but couldn’t. I suggested herbs. He was hesitant, but finally said yes. I brought him Male Formula first and within four days—WOW, longer and much stronger erections! Erections so strong I’m almost speechless. Then, after a month I bought him Super Ginseng to use with the Male Formula, and all I can say is thanks for helping me become just... speechless!”

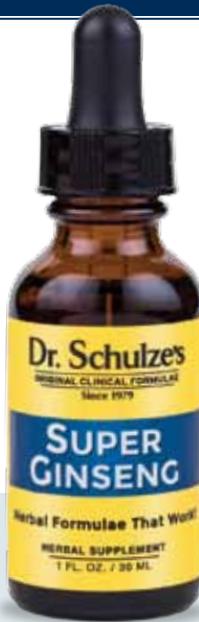
L.P.

Sexual Health Crisis

FACT Over 30 million American men suffer from the fears and feelings of impotency, and 28.5 million aren’t doing anything about it!

FACT In a recent poll, 64% of women said they were not satisfied with the sex they were having.

FACT Over 25 million American married couples have sex less than once a month.



THE HIGHEST QUALITY GINSENG ROOT BLEND ON THE PLANET!

Super Ginseng Blend is an herbal concentrate made from a blend of the world’s most potent ginsengs

that have been used for centuries. In his clinic, Dr. Schulze’s male patients who thought that their sex life was long gone, discovered that it was just sleeping. It was also used by many who thought their sex life was going downhill, only to discover that they hadn’t even peaked yet.

The bottom line: When anyone has the fear or feelings of sexual inadequacy or impotency, it is an indicator that degeneration is taking hold in your body. This sexual degeneration is not natural. It has been directly linked to the modern American way of life: junk food, an accumulation of toxins and waste in the body, poor elimination, lack of exercise, a high-stress level and negative emotional health. Ginseng will reawaken your sex drive!

For a powerful dose in a single “SHOT”, see page 93!

WHAT IT DOES

- ✓ **STIMULATES** sexual energy, desire and performance
- ✓ Have more **FREQUENT** and harder erections
- ✓ **INCREASES** sperm production
- ✓ **COMBATS** exhaustion and **SUPPORTS** a sense of emotional well-being
- ✓ **HEIGHTENS** sexual performance and **PROMOTES** harder erections
- ✓ A natural herbal **APHRODISIAC**

Botanical Ingredients:
Wild American Blue Ridge Ginseng Root, Korean Red Ginseng Root, Mongolian Panax Ginseng Root, Chinese Ginseng Root, Siberian Eleuthero Root, Saw Palmetto Berry, Yohimbe Bark, Sarsaparilla Root, Oat Seed, Kola Nut, Hawaiian Yellow Ginger Root

Super Ginseng \$32
1 ounce / 30 ml. bottle

HOW IT WORKS

Ginseng is one of the most praised and revered herbs on the planet. People have been killed and wars have been fought over it. This formula contains rare, essential trace elements and is a powerful tonic to increase energy, vitality and sexual activity. It is famous for giving strength to the weak.

We blend the rarest, most premium-grade, most sought after and most expensive Ginseng Roots on the planet. Collecting Ginseng for a blend like this is an art and is very difficult, so Dr. Schulze literally spent years learning how to choose good roots.

Wild American “Blue Ridge” Ginseng Root, Chinese and Korean Ginseng Roots and Siberian Eleuthero Root are famous all over the world, and have been for thousands of years. Medical texts report only that Ginseng strengthens the body, increasing its resistance to fatigue, one’s capacity for work and concentration.

On the other hand, men all across the world report that Ginseng enhances their sexual desire and function. Male patients in the clinic always said that the description of the roots (hard and long) also described their clinical action!



FOR MAXIMUM RESULTS

This formula works best when used in conjunction with Dr. Schulze’s Male Formula (see previous page).



A REFRESHING, CLINICAL-STRENGTH FORMULA TO CLEAN YOUR ENTIRE MOUTH!

Keeping your mouth clean and healthy also keeps you healthy! It isn't just about keeping your teeth looking good. Excess bacteria and plaque in your mouth have

been linked to an increased risk of heart attacks and strokes, as well as lung infections and pneumonia. Use my Daily Oral Therapy for 30 days in a row, and you will notice a huge improvement in your oral health!

“ A few years back, my son Arthur asked, ‘Dad, why don’t you make a mouthwash by adding your Fresh Breath Plus to your Tooth & Gum Tonic?’ Well, he planted a seed, but you know me, I have to make a mountain out of every molehill. A mouthwash, NOT INTERESTED! But a powerful, effective, really strong treatment for your teeth, gums, tongue, throat and tonsils—YES, that’s me! ”

– Dr. Schulze

WHAT IT DOES

- ✓ **REMOVES** trapped food particles from teeth and gums, preventing gum infection and tooth decay
- ✓ **ANTISEPTIC** and **DISINFECTANT** for the teeth, gums and tonsils, killing bacteria, fungi and viruses
- ✓ **PREVENTS** build-up of plaque that can increase the risk of tooth and gum decay, as well as heart attacks and strokes
- ✓ **FRESHENS** breath

Botanical Ingredients: Echinacea Angustifolia Root, Echinacea Purpurea Seed, Tea Tree Leaf, Thyme Leaf, Bayberry Root Bark, White Oak Bark, Peppermint Leaf, Peppermint Oil, Wintergreen Oil, Licorice Root, Habanero Pepper, Cinnamon Bark, Clove Bud, Garlic Bulb

Daily Oral Therapy\$32
16 fluid ounces / 1 month supply



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

98 | Call 800-HERBDOC (437-2362) or order online at www.herbdoc.com

HOW IT WORKS



YOUR TEETH

Rinsing your teeth with Daily Oral Therapy (especially after meals) not only removes stuck food particles, but also removes older rotting food, kills germs and bacteria, destroys infection and removes harmful acids and pus.

YOUR GUMS

Daily Oral Therapy also contains herbs that are astringent and will actually tighten your gums, making them healthier and stronger, and better at protecting your teeth.

YOUR TONGUE

When you rinse and wash your mouth with my Daily Oral Therapy, it penetrates into the crevices on your tongue, killing millions of bacteria that cause bad breath.

YOUR TONSILS

Daily Oral Therapy is a powerful disinfectant to your entire oral cavity, including the tonsils. Gargling daily with it will destroy harmful bacteria, fungi and viruses.

Real People. Real Results.

“I have been using the new oral therapy for exactly 11/2 months. Then, I had a dentist appt after not going for two years. After the dental hygienist finished with my cleaning, x-rays, and checking my gums, she was amazed at how healthy my teeth and gums looked. She thought that I flossed everyday, here’s the crazy part...I never flossed, and I can count on two hands the amount of times that I have flossed in my entire life. She was praising me for flossing. Thanks, Dr. Schulze for making me look good...you really out did yourself this time.”

Richard F. in North Hollywood, CA

Toothache & Worries Gone!

“Just wanted to say a quick thank you for the Oral Therapy. My husband has had this toothache for at least two years now. He even went to the doctor at one point and got a prescription for antibiotics. The antibiotics didn’t work well and the toothache was back soon after. He would describe it as a painful ache that was spreading into the rest of his jaw and up into his head. Needless to say we were both very worried, and I didn’t want to see him get another tooth pulled. I ordered your Oral Therapy as soon as I saw it, and 10 days later his toothache and his worries were both gone. Thank you, thank you, thank you. Your products have changed both our lives, on so many levels, for the better. Thank you again!”

Kelly F. in Henderson, NV

Stronger Gums & Whiter Teeth!

“I just wanted to tell you how much I LOVE the new Oral Therapy. I struggle with flossing regularly, meaning I don’t do it. But the neglect on my gums was noticeable every time I went to the dentist. It was often painful how much inflammation I would get from my check-ups. I ordered the Oral Therapy and started flossing and rinsing only about 2 weeks before my dentist appointment. The hygienist was shocked at how good my gums were. She swore I was a regular flosser. She even asked me if I whitened my teeth! I told her that it was all because of Oral Therapy. Thanks for this awesome product. Plus, I also haven’t gotten any sore throats this season.”

Jamie G. in Pomona, CA

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Call 800-HERBDOC (437-2362) or order online at www.herbdoc.com | 99



THE MOST POWERFUL, NATURAL BREATH FRESHENER AVAILABLE ANYWHERE!

(Single or 5-Pack)

“ After 1,001 requests, I created an awesome breath freshener for everyone! ”

— Dr. Schulze

Dr. Schulze designed his Fresh Breath Plus using Peppermint Spirits, a powerful concentrate that is manufactured from organic Peppermint Leaves. Peppermint is by far the strongest herbal cover-up plant, and one that most people find the smell and the taste of very pleasing. Peppermint also happens to be one of the finest and most effective digestive medicines. This is the why the after dinner mint was created. This is also the reason it is one of the three main herbs in Dr. Schulze's Digestive Tonic. And, this is why he calls this herbal formula Fresh Breath Plus, because it doesn't just freshen your breath; it also helps your digestion.

WHAT IT DOES

- ✓ The most **POWERFUL** natural breath freshener available anywhere
- ✓ Made with Peppermint Spirits, the **STRONGEST** concentrate in nature
- ✓ **ASSISTS** in digestion
- ✓ **LASTS** long and tastes great

Botanical Ingredients: Peppermint Leaf and Essential Oils, Botanical Menthol, Licorice Root, Clove Bud

Fresh Breath+\$6
.25 ounce / 7.4 ml. bottle

Fresh Breath+\$28
(5-Pack)

HOW IT WORKS

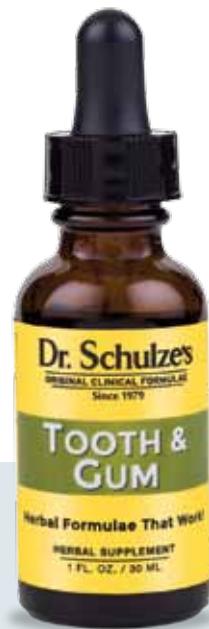


Fresh Breath Plus contains Botanical Menthol, an extremely concentrated extract of Peppermint Oil. Clove Oil is a very strong breath cover-up, and very intense. To mask the bitterness of the Peppermint, Licorice extract and a very small amount of Agave Cactus extract have been added. The result is an organic, all-natural and extremely powerful breath freshener that anyone can use.

DR. SCHULZE'S CLINICAL EXPERIENCE

For many years, my patients and customers have asked me what to do naturally to freshen their breath, especially during detox and cleansing programs, and actually, all the time, like at work or on date night. We tried every 'natural' breath pill out there (like parsley oil) that are supposed to stop bad breath. **WHAT A JOKE!**

I found that in the clinic, **NOTHING** was going to buffer, balance or absorb the odor of garlic, a lot of other raw foods and the smell of your digestive system cleansing. **BUT, YOU CAN COVER IT UP!** That's right, the only effective way I have ever found to stop the powerful breath that comes with eating some foods, cleansing or just enjoying life, is to cover it up with something more powerful than what you are consuming. So, I created an awesome breath freshener for everyone!



A MIRACLE WORKER FOR YOUR TEETH AND GUMS!

Dr. Schulze designed his Tooth & Gum Formula to increase circulation to the teeth and gums, and it can literally save teeth from unnecessary extraction.

Modern diet, junk food, sugar and not enough natural whole foods have taken their toll on our teeth.

If used regularly, this formula will heal and strengthen the teeth by tightening the gums, reducing inflammation and stopping bleeding. This formula is antibacterial and antifungal, and will destroy oral infections on contact.

WHAT IT DOES

- ✓ **DISINFECTS** and **KILLS** germs and bacteria in your entire mouth
- ✓ **INCREASES** circulation to teeth and gums, and reduces inflammation
- ✓ **FRESHENS** breath and **RELIEVES** pain

Botanical Ingredients: White Oak Bark, Bayberry Root Bark, Tea Tree Oil, Echinacea Angustifolia Root, Habanero Pepper, Peppermint Oil

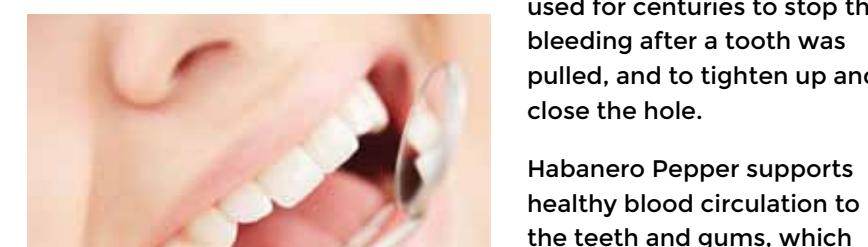
Tooth & Gum Formula\$20
1 ounce / 30 ml. bottle

HOW IT WORKS

Tea Tree Oil is a topical antifungal and antibacterial that has been used to treat and prevent infections in dentistry worldwide. Echinacea Root is similar in action to Tea Tree Oil, and is used as an oral antiseptic.

Bayberry Root Bark and White Oak Bark are two of the most powerful astringent herbs known. Botanical astringents stop bleeding gums, reduce inflammation and bind and tighten tissue. They have been

used for centuries to stop the bleeding after a tooth was pulled, and to tighten up and close the hole.

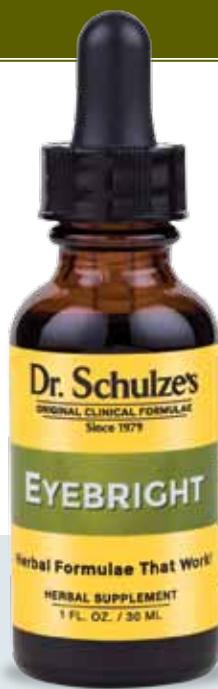


Habanero Pepper supports healthy blood circulation to the teeth and gums, which encourages more rapid healing. The Tea Tree Oil also masks the hot flavor, but not the action.

Real People. Real Results.

"A dentist told me that I required 1,000 dollars worth of treatment for gum infection. Instead, I bought a 20-dollar bottle of your Tooth & Gum Formula and it removed all my bacterial infection from my gums in two treatments! You saved me a lot! I use it anytime my gums get sore or inflamed. Thank you so much for your ingenious herbal meds!"

Susan E. in
Long Beach, CA



FOR CLEANER, CLEARER AND BRIGHTER EYES!

Eyebright Formula is based on classic eyewash herbs that have been used for literally centuries for this purpose. It is extremely useful for cleansing around sensitive areas like the eyes, inside the sinus cavity and sensitive mucous membrane areas.

“ My Eyebright Formula is one that many people forget about, nevertheless, it is a very effective and very powerful formula for washing, cleansing, and disinfecting the eyes. ”

— Dr. Schulze

Real People. Real Results.

"I am a model/actress and just got done shooting an infomercial this week. A few days before the shoot, I had been dealing with some sort of sinus infection. I was taking your tonics, SuperFood, etc. and also started using the Eyebright in the morning to clear any "eye boogies". Well, the day of my shoot the director asked if I wore contacts and I said no. He commented on how clear and bright blue my eyes were. He said they just shined on camera. I've been a believer of all your products for 10 years now. Thank you for all that you do!"

Mary W. in NJ

WHAT IT DOES

- ✓ **SUPPORTS** healthy blood circulation to the eyes
- ✓ **REDUCES** eye irritation
- ✓ **REMOVES** harmful contaminants that can damage your eyes

Botanical Ingredients:
Eyebright Herb and Flower, Goldenseal Root, Mullein Flower, Fennel Seed, Red Raspberry Leaf, Cayenne Pepper

Eyebright Formula.....\$22
1 ounce / 30 ml. bottle

HOW IT WORKS

Goldenseal Root is a mild-acting, but highly effective, cleansing herb. It contains the alkaloids hydrastine, berberine and canadine, as well as volatile oils and resins. The first two are listed medically as cleansers.

Eyebright Herb and Flower and Fennel both have a long history of soothing the eyes. Mullein is very soothing to the delicate mucous membranes. Red Raspberry is a mild astringent.

All of these herbs working together guarantee you cleaner, clearer and brighter eyes.



A POWERFUL BLEND TO REDUCE MUSCLE PAIN, INFLAMMATION, AND STIFFNESS!

This POWERFUL oil is an amazing blend of two of Dr. Schulze's clinical formulae. Part one is his Deep Heating Oil—a powerful, penetrating heating oil, ten times more powerful than anything available. He used this oil to increase circulation and reduce

stiffness and inflammation for any muscle, tendon, ligament or joint injury. From physical injuries, strains, sprains and bone injuries, to arthritis and bursitis, this formula is a godsend. Part two is his Deep Tissue Repair Oil (also known as Trauma Oil)—a combination of herbal oils world famous to greatly speed-up the recovery of bruises, bangs or any trauma to the body and bones.

Now, his Deep Tissue Formula (available in Oil or Ointment) is a combination of these two amazing clinical formulae, and his patients re-named it "Miracle in a Bottle".

WHAT IT DOES

- ✓ **SOOTHES** your muscles with a miraculous, deep-penetrating formula
- ✓ **PROMOTES** circulation to sore muscles, tendons, ligaments and bones
- ✓ **REDUCES** pain and inflammation

Botanical Ingredients: Wintergreen Oil, Botanical Menthol, Habanero Pepper, Arnica Flower, Calendula Flower, St. John's Wort Flower, Extra Virgin Olive Oil, Natural Unbleached Beeswax

Deep Tissue\$20
(Oil or Ointment)
1 ounce / 30 ml. bottle or tube

HOW IT WORKS



Rub it on the temples for headaches, or on the head or chest for congestion. Use it to stop the itching and pain of mosquito bites and bee stings—the list is almost endless. All we can say is, try it and you will see what we mean. That two-week recovery will only be a few days. The next morning you will see the amazing healing that has taken place.

Wintergreen Oil, Botanical Menthol and Habanero Pepper are famous for reducing inflammation, decreasing pain and increasing circulation, which all promote faster healing.

Arnica, Calendula and St. John's Wort Flowers are known to greatly speed up the recovery of bruises, bangs or any trauma to the body and bones.

Real People. Real Results.

"I recently suffered from some very severe lower back pain, to the point where I thought surgery was my only option. I began to use your Deep Tissue Ointment on my lower back every day. It brought tremendous relief and helped me get through my day. I must admit this stuff is awesome and really works. The inflammation in my back is down significantly and I feel so much better, and my doctor confirmed I don't need surgery. I thank God for healing my back and for this tremendous product!"

Scott C. in PA



NATURE'S SOOTHING AND HEALING ANSWER FOR ANY SKIN IRRITATION!

This mild, yet powerfully penetrating formula is both soothing and emollient to the skin, and cleanses on contact. Use it on sensitive areas. It's perfect for dry skin and the itchiness and discomfort that can be caused by problem dry skin, even for children and

diaper rash for babies. It penetrates more deeply than any other oil, through all layers of the skin. It is a strong cleansing agent, but it is mild enough for use on a baby's bottom and genital areas.

Jojoba Oil (pronounced "ho-ho-ba") is made from the bean of a desert plant. Tea Tree Oil comes from an Australian shrub and has been widely used in traditional herbal medicine, as well as in modern medicine. It contains essential oils that are effective cleansers of the skin.

WHAT IT DOES

- ✓ **CLEANSES** the skin on contact by eliminating harmful micro-organisms
- ✓ A great moisturizer that **SOOTHES** and softens your skin
- ✓ **POWERFULLY** effective, yet **SAFE** for sensitive areas

Botanical Ingredients:
Jojoba Oil, Tea Tree Oil, Shea Butter, Natural Unbleached Beeswax

Jojoba & Tea Tree\$15
(Oil or Ointment)
1 ounce / 30 ml. bottle or tube



HOW IT WORKS

Jojoba Oil is not actually an oil, but an ester—this is why it is the only oil that actually penetrates deeply into the many layers of your skin, and all other oils just lie on top of your skin and get smeared around. It is also the closest natural oil to our body's own skin oils, which is another reason Jojoba can penetrate deep into the skin layers, reducing the dryness and itchiness and promoting healing. Jojoba Oil gives you the most breathable moisture control, and has the broadest overall moisturizing effect to the skin surface, supporting healthy skin texture and softness. Never use petroleum oils or mineral oils that are toxic and crude oil by-products—they are best left lubricating car engines.

I discovered that there are about 150 different species/varieties of Tea Tree and it is important to use only the official Tea Tree that is grown and harvested on the northeast coast of New South Wales, Australia. It is also important that it is steam-distilled to produce pure organic essential oil. Tea Tree Essential Oil is rich in plant oils and alcohols containing over 100 medicinal plant compounds. Like Jojoba Oil, Tea Tree Oil solvent naturally allows it to penetrate deep into the skin, reaching into all your skin layers and even muscle tissue and even under a toenail and fingernail to effectively cleanse even the most stubborn areas.

CLEANSES AND PROTECTS ANY WOUND!



This formula is excellent for any cut or wound. It cleanses and covers the wound with a protective coating.

Anti-I Formula contains many herbal compounds that make it next to impossible for germs and bacteria to survive. First, the Cayenne in this formula will stop the bleeding. Next, to destroy any and all pathogens (germs, bacteria and the like), the formula contains the very powerful botanical infection fighters Garlic, Goldenseal, Usnea Lichen, Tea Tree Oil and Echinacea Root. The Echinacea will also stimulate a local immune response.

“In 30 years of use, I have never seen any infections occur when using this formula.”

— Dr. Schulze

WHAT IT DOES

- ✓ A **POWERFUL** cleanser that kills harmful micro-organisms on contact
- ✓ **COATS** wounds and won't wash off
- ✓ Promotes **FASTER** healing

Botanical Ingredients: Garlic Bulb, Goldenseal Root, Usnea Herb, Myrrh Resin, Echinacea Angustifolia Root, Echinacea Purpurea Seed, Tea Tree Oil, Bayberry Root Bark, Kelp Leaf, Dulse Leaf, Black Walnut Inner Hull, Habanero Pepper

Anti-I Formula\$15
.5 ounce / 15 ml. bottle

Real People. Real Results.

"Last week, my four-year-old daughter got her first bee sting taking a swimming lesson. I thought they took out the stinger, but the next night, my daughter woke me up crying that her finger was hurting. Her pinky was so swollen, it got bigger than her thumb!! I took out the stinger and put some Anti-I on it immediately. By the next day, I was quite relieved to watch her flex her pinky up and down. But hearing her say 'thank you, Daddy' was the best gift of all."

M.L.

HOW IT WORKS

When Dr. Schulze was in his 20s, he smeared fresh pine sap over a cut on his hand and two things happened. First, the sap stayed on the wound for days and never came off—even in water—and it totally protected the wound from dirt. Second, after only a few short days, the wound healed and never became infected.

Dr. Schulze knew that tree resins were the blood of trees which sealed and protected a tree's wounds, so he dissolved tree resins into his herbal tinctures,

and discovered one of his favorite formulas.

We use a high alcohol concentration in this formula to dissolve the tree resins. On your skin, the alcohol evaporates and the resins leave an invisible, protective, antiseptic coating over the wound that won't wash off with water.

The resins are powerful and when they are added to the eight other herbs and three iodine-rich herbs, they neutralize contaminants on contact.



CREATES AN INVISIBLE SKIN BARRIER THAT BLOCKS BUGS!

This herbal essential oil ointment is proven to repel mosquitoes, gnats, no-see-ums, ticks, flies, bees, wasps, spiders, ants and almost every type of biting, blood-sucking, flesh-eating, stinging and annoying insect known. It will keep them off you for hours after application.

If you are like most people, you usually don't put on the bug repellent until you are already scratching your arms and legs. Now, you not only need a bug repellent, but you also need something to relieve the bite area, which is why it contains Botanical Menthol to soothe and cool the area.

Bug Barrier is actually 100% pure plant essential oils, with NO inert or inactive ingredients. There is a big difference, and that difference is that this product has the maximum possible concentration for potency and effectiveness. These pure-plant essential oils are considered to be extremely safe biopesticides by the Environmental Protection Agency (EPA).

WHAT IT DOES

- ✓ **STOPS** insects from biting you
- ✓ **The MAXIMUM** possible concentration of plant essential oils for potency and effectiveness
- ✓ **ORGANIC**, natural and safe for children, pets and plants*

*Plant essential oils are considered extremely safe biopesticides by the Environmental Protection Agency.

Botanical Ingredients: 100% pure essential oils of Eucalyptus, Cedarwood, Rosemary, Citronella, Lemon Grass, Lemon, Tea Tree, Peppermint, Catnip, Cinnamon, Garlic, Plantain and Echinacea Oil, Botanical Menthol, Neem Oil, Unbleached Beeswax

Bug Barrier Ointment ...\$15
1 ounce / 30 ml. tube

HOW IT WORKS



Most people think that insect bites are itchy, stinging and just plain annoying and uncomfortable. They are! But recently, more and more diseases have been found to be spread by insect bites. Today, numerous biting insects are carrying bacterial, viral, fungal and other diseases like Lyme and West Nile. Worse, many blood-sucking insects like mosquitoes and ticks have been proven to spread these diseases from one person to another.

Getting bitten by bugs is now medically known to be more than just an annoying irritation, since the bugs are also infecting you with whatever they may have picked up from someone else, including someone else's blood.

Don't compromise your immune system, and worse, don't become sick by getting bitten by bugs. Protect yourself!

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



SPRAY AROUND YOU TO REPEL INSECTS NATURALLY!

This herbal essential oil formula is proven to repel mosquitoes, gnats, no-see-ums, ticks, flies, bees, wasps, spiders, ants and almost every type of biting, blood-sucking, flesh-eating, stinging and annoying insect known. It will keep them away from the area where it has been sprayed for hours.

Bug Block Spray is safe for people, children and pets. It is not harmful to fish or wildlife and will not harm the environment. Caution: This product is an extremely powerful formula of pure plant essential oils. Do not spray into eyes or intentionally breathe vapors.

This product is 100% pure organic and wild-harvested pure plant essential oils. There are NO inert or inactive ingredients and no base oils. There is a big difference between this and traditional bug blocks, and that difference is that this product has the maximum possible concentration for potency and effectiveness. These pure-plant essential oils are considered to be extremely safe biopesticides by the Environmental Protection Agency (EPA).

HOW IT WORKS



Spray this oil into the air in and around any area where you want to keep bugs away. It can be sprayed onto most plants, but do not saturate the leaves. It can be sprayed onto window screens and most outdoor furniture, grass, dirt, cement, stones and in almost

any outdoor environment. Bugs hate the scent, and will simply go somewhere else.

Dr. Schulze's Bug Block Spray is safe to spray directly onto the skin, but Dr. Schulze's Bug Barrier Ointment (see previous page) is made specifically for direct skin application.

WHAT IT DOES

- ✓ Allows you to enjoy the **OUTDOORS** without insect bites
- ✓ **The MAXIMUM** possible concentration of plant essential oils for potency and effectiveness
- ✓ **ORGANIC**, natural and safe for children, pets and plants*

*Plant essential oils are considered extremely safe biopesticides by the Environmental Protection Agency.

Botanical Ingredients: 100% pure essential oils of Eucalyptus, Cedarwood, Rosemary, Citronella, Lemon Grass, Lemon, Tea Tree, Peppermint, Catnip, Cinnamon, Garlic and Neem Oil

Bug Block Spray\$20
2 ounces / 60 ml. bottle

A NOTE ON 100% ESSENTIAL OILS

Many products state 100% pure essential oils on their label, but this is purposely misleading because it just means that the small amount of essential oils they use are 100% pure. Read the fine print and you will see that they actually contain only 5% to 15% essential oils, and the rest is petroleum, mineral oil, canola oil, glycerin, etc. Bug Block is truly a 100% essential oils, so it's 100% maximum strength!

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



What products should I use for particular ailments?

A Healthy Lifestyle Comes First! Dr. Schulze always says that, "True healing comes from creating a healthy lifestyle, stopping the things you did that made you sick in the first place, and starting new programs of health and wellness, like healthy food programs, elimination programs, detox programs, exercise programs and programs that create emotional wellness. This is true healing!" So work on getting YOU well by adopting these principles, and don't try to change your life by ONLY using his herbal remedies—change your life by changing YOU! Today, we have discovered the limitations of medical doctors trying to poison people well with chemicals. Let's be honest—it doesn't work! Getting well depends how you live your life, and how you change your life when your life depends on it! Being proactive first is what counts!

We must also legally advise you that Dr. Schulze is not a Medical Doctor. His opinions regarding health and healing disease are based on his own personal experience and that of thousands of patients that he treated in his clinic over a period of decades. If you have any illness or disease, we must advise you to consult a licensed medical professional.

A

Abdominal Bleeding
5-Day BOWEL Detox, Cayenne (Tincture or Powder),
HerbalMucil Plus

Abrasions
Anti-I Formula, Jojoba & Tea Tree Oil (Ointment or Oil)

Acne
5-Day BOWEL Detox, 5-Day KIDNEY Detox,
5-Day LIVER Detox, Vegan, Raw Food Program

Adenoids, Inflamed
Daily Oral Therapy, Throat & Tonsil, Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Raw Garlic

AIDS
Incurables Program

Allergy
Echinacea Plus, Children's Echinacea, Lung, Cold & Flu Herbal "SHOT", 30-Day Detox Program

Alzheimer's Disease
Brain, SuperFood Plus, Cayenne (Tincture or Powder), Incurables Program, Protect Formula (prevention)

Anemic
SuperFood Plus, SuperFood Bar, Super-C Plus, 5-Day LIVER Detox, Organic Fruit and Vegetable Juice

Angina Pectoris

Heart, Cayenne (Tincture or Powder), 30-Day Detox Program

Animal Bites

Echinacea Plus, Children's Echinacea, Anti-I Formula

Antioxidant

SuperFood Plus, Super-C Plus, Protect Formula

Antiseptic

Anti-I Formula, Jojoba & Tea Tree Oil (Ointment or Oil), Echinacea Plus, Children's Echinacea, Garlic

Anxiety

Nerve, Brain, SuperFood Plus

Aphrodisiac

Male "SHOT", Female "SHOT", Female Formula, Male Formula, Super Ginseng

Arrhythmia

Heart, Cayenne (Tincture or Powder), SuperFood Plus, 30-Day Detox Program

Arthritis

Deep Tissue (Ointment or Oil), Incurables Program

Asthma

Lung, Incurables Program, Dairy-Free Vegan Food Program

Atherosclerosis

Heart, Cayenne (Tincture or Powder), Incurables Program, Vegan Food Program

How To Use This Listing

In this listing, we identified different conditions that you might experience. Each is followed by Dr. Schulze's Herbal Formulas and Programs that he recommends based on his clinical experience. Some conditions have two or more formulas and programs listed. All suggestions are listed in their order of priority, so start with the first formula listed. You may use more than one formula at a time. If you start with one and after a reasonable period of time you do not get the desired results, add the second and then the third recommended formula. Continue to use the first formula when adding the second and so on. Keep in mind that Natural Healing is based on helping your body do the work it was designed to do. So please use Dr. Schulze's Foundational Products to get the nutrition IN and the toxins OUT, and build a powerful immune system. Then, add specific formulas as you see necessary.

Read Dr. Schulze's "20 Steps to a Healthier Life" Book. Call us toll-free at 1-800-HERBDOC (437-2362) and get a FREE copy of this book and/or his "Get Well" CD, which describes each of these 20 steps in more detail. Start all of his Foundational Herbal Formulas and Programs, and you will be well on your way to a healthy and vibrant life!

Legal Disclaimer

The following statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Athlete's Foot

Jojoba & Tea Tree Oil (Ointment or Oil), Anti-I Formula, Echinacea Plus

B

Bad Breath

Daily Oral Therapy, Fresh Breath Plus, Digestive "SHOT", Digestive Tonic, Tooth & Gum, 5-Day BOWEL Detox

Bladder

5-Day KIDNEY Detox, K-B Formula, K-B Tea

Bleeding

Cayenne (Tincture or Powder), Anti-I Formula

Blindness

Eyebright, Brain, SuperFood Plus, Incurables Program

Blunt Trauma

Ice (immediately), Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy

Boils

Anti-I Formula, 5-Day BOWEL Detox, 5-Day KIDNEY Detox

Bone, Fractures

Ice (immediately), Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy, SuperFood Plus

Bowel, Inflamed

HerbalMucil Plus, Intestinal Formula #2, 5-Day BOWEL Detox, Nerve

Brain, Circulation

Brain, Cayenne (Tincture or Powder), SuperFood Plus, Energy "SHOT", Protect Formula (prevention)

Bronchial

Lung, Air Detox

Bronchitis

Cold & Flu Herbal "SHOT", Lung, Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Air Detox

Bruises

Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy, SuperFood Plus

Bursitis

Deep Tissue (Ointment or Oil), Hot & Cold Hydrotherapy

C

Cancer

Incurables Program

Candida Albicans

5-Day BOWEL Detox, Echinacea Plus, Raw Garlic

Cataracts

Eyebright, Brain, Cayenne (Tincture or Powder), Incurables Program

Cerebral Hemorrhage

Cayenne (Tincture or Powder), Brain, Heart, Incurables Program

Cervix Infections

Female Formula, 5-Day KIDNEY Detox, 30-Day Detox Program, Garlic Suppository

Chest Cold

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Super-C Plus, Deep Tissue (Ointment or Oil) on chest

Chicken Pox

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, Jojoba & Tea Tree Oil (Ointment or Oil) on pox

Childbirth

SuperFood Plus, Nerve

Cholesterol

Heart, Raw Garlic, 5-Day LIVER Detox, SuperSlim Weight Management System, Vegan Food Program

Chronic Fatigue

Echinacea Plus, Children's Echinacea, SuperFood Plus, 30-Day Detox Program

Circulation, To Enhance

Cayenne (Tincture or Powder), Heart, Brain

Colds and Flu

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's Echinacea, SuperTonic, SuperFood Plus, Super-C Plus, Throat & Tonsil, Lung, Air Detox

Colic

Digestive Tonic, Nerve, Digestive "SHOT"

Colitis, Ulcerated

HerbalMucil Plus, Intestinal Formula #2, SuperFood Plus

Congestive Heart Disease

Heart, Cayenne (Tincture or Powder), Incurables Program, Protect Formula (prevention)

Conjunctivitis

Eyebright, Chop Onions, Eat Onions

Constipation

Bowel Flush "SHOT", Intestinal Formula #1, Intestinal Formula #1 (MAX), Intestinal Formula #3, 5-Day BOWEL Detox, HerbalMucil Plus (to add fiber)

Convulsions

Nerve, Digestive "SHOT", Incurables Program

Crohn's Disease

HerbalMucil Plus, Intestinal Formula #2, Nerve, Incurables Program

Cuts

Anti-I Formula, Cayenne (Tincture or Powder) to stop bleeding, Echinacea Plus

Cystitis

5-Day KIDNEY Detox

D

Depression

Brain, Nerve, SuperFood Plus, 5-Day BOWEL Detox, Protect Formula (prevention)

Dermatitis

Jojoba & Tea Tree Oil (Ointment or Oil), 5-Day BOWEL Detox, 5-Day KIDNEY Detox

Detoxification

5-Day BOWEL Detox, 5-Day LIVER Detox, 5-Day KIDNEY Detox, 30-Day Detox Program

Diabetes

Incurables Program

Diaper Rash

Jojoba & Tea Tree Oil (Ointment or Oil)

Diarrhea

Intestinal Formula #2, HerbalMucil Plus, Echinacea Plus, Children's Echinacea, 5-Day BOWEL Detox

Diverticulitis/Diverticulosis

5-Day BOWEL Detox, HerbalMucil Plus, Intestinal Formula #2, Incurables Program

Dizziness

Brain, Cayenne (Tincture or Powder)

Drug Withdrawal

Nerve, Incurables Program, SuperFood Plus

Dysentery (see Diarrhea)

E

Eczema

Jojoba & Tea Tree Oil (Ointment or Oil), 5-Day BOWEL Detox, 5-Day KIDNEY Detox

Edema

5-Day KIDNEY Detox, K-B Formula, K-B Tea

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Emphysema

Lung, Air Detox, Incurables Program

Energy, Loss (see Fatigue)

Epilepsy

Nerve, Incurables Program

Epstein-Barr Virus

Echinacea Plus, Children's Echinacea, SuperTonic, 30-Day Detox Program

Eyes, Injury, Infection

Eyebright, Brain, SuperFood Plus, Chop Onions, Eat Onions

Eyesight, Loss

Eyebright, Brain, Cayenne (Tincture or Powder), SuperFood Plus, Incurables Program

F

Fainting

Cayenne (Tincture or Powder), Brain, SuperFood Plus

Fatigue

Glaucoma
Eyebright, Brain, Cayenne (Tincture or Powder),
Incurables Program

Gingivitis
Daily Oral Therapy, Tooth & Gum (in a water pick),
Echinacea Plus, Children's Echinacea

Gout, Pain
Deep Tissue (Ointment or Oil), 5-Day KIDNEY Detox

Gums, Bleeding
Daily Oral Therapy, Tooth & Gum (in a water pick),
Cayenne (Tincture)

H

Hay Fever
Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, SuperTonic, Lung

Headache
Nerve, Brain, 5-Day BOWEL Detox

Heart, Protective
Protect Formula, Heart, Cayenne (Tincture or Powder)

Heart Attack
Cayenne (Tincture or Powder), Heart

Heartburn
Digestive "SHOT", Digestive Tonic,
Intestinal Formulas #1 and #2

Heavy Metal Poisoning
Intestinal Formula #2, 5-Day BOWEL Detox

Hemoglobin, Low
SuperFood Plus, SuperFood Bar, Use Your Juicer,
30-Day Detox Program

Hemorrhage
Cayenne (Tincture or Powder)

Hepatitis
5-Day LIVER Detox, L-GB Formula

Herpes, Simplex
Anti-I Formula, Raw Garlic

Herpes, Zoster
Nerve, SuperFood Plus, Anti-I Formula

Hiatal Hernia
Digestive "SHOT", Digestive Tonic, Detox Tea,
5-Day LIVER Detox

Hiccups
Nerve, Digestive "SHOT", Digestive Tonic

High Blood Pressure
Heart, Cayenne (Tincture or Powder), Raw Garlic,
5-Day BOWEL Detox

Hives
Echinacea Plus, Children's Echinacea, Nerve, Jojoba
& Tea Tree Oil (Ointment or Oil) on hives

Hot Flashes
Female "SHOT", Female Formula,
SuperFood Plus

Hypertension (see High Blood Pressure)

Hypoglycemia
SuperFood Bar, SuperFood Plus, 30-Day Detox
Program

I

Immune Stimulation
Echinacea Plus, Children's Echinacea,
Cold & Flu Herbal "SHOT", SuperFood Plus,
Super-C Plus

Impotency (see Fertility)

Incontinence, Men
5-Day KIDNEY Detox, Prostate Formula

Incontinence, Women
5-Day KIDNEY Detox, Female Plus

Indigestion
Digestive "SHOT", Digestive Tonic,
Intestinal Formulas #1 and #2

Infection, External
Anti-I Formula, Jojoba & Tea Tree (Ointment or Oil)

Infection, Internal
Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, SuperTonic, Raw Garlic

Infertility (see Fertility)

Influenza (see Colds and Flu)

Insect Bites

Echinacea Plus, Children's Echinacea, Anti-I Formula,
Bug Barrier, Deep Tissue (Ointment or Oil) for itch

Insomnia

Nerve

Irritable Bowel

HerbalMucil Plus, Intestinal Formula #2, Nerve, 5-Day
BOWEL Detox, 30-Day Detox Program

Itching

Deep Tissue (Ointment or Oil), Jojoba & Tea Tree
(Ointment or Oil), Echinacea Plus, Children's
Echinacea

J

Jaundice
5-Day LIVER Detox, L-GB Formula

K

Kidney Infection
5-Day KIDNEY Detox, K-B Formula, K-B Tea

Kidney Stones
5-Day KIDNEY Detox, Dr. Schulze's Dissolve Routine

L

Laryngitis

Throat & Tonsil, Cold & Flu Herbal "SHOT", Echinacea
Plus, Children's Echinacea, SuperTonic

Leg Ulcers

5-Day BOWEL Detox, Echinacea Plus

Ligament, Sprains

Deep Tissue (Ointment or Oil), SuperFood Plus,
Hot & Cold Hydrotherapy

Liver, All Problems

5-Day LIVER Detox

Low Energy (see Fatigue)

Lumbago

Deep Tissue (Ointment or Oil), Hot & Cold
Hydrotherapy

Lung, Congestion or Infection

Lung, Cold & Flu Herbal "SHOT", Echinacea Plus,
Children's Echinacea, SuperTonic, Air Detox

Lupus

Echinacea Plus, Children's Echinacea,
Incurables Program

M

Malaria

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, Incurables Program

Malnutrition

SuperFood Plus, SuperFood Bar,
5-Day BOWEL Detox

Mastitis

Echinacea Plus, Deep Tissue (Ointment or Oil),
Hot & Cold Hydrotherapy

Measles

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, SuperFood Plus, SuperTonic

Memory

Brain, Energy "SHOT", SuperFood Plus, Cayenne
(Tincture or Powder), 5-Day BOWEL Detox, Protect
Formula (prevention)

Meningitis

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, Brain, Raw Garlic, Incurables Program

Menopause

Female "SHOT", Female Formula, SuperFood Plus

Menstrual Cramps

Female "SHOT", Female Formula, Nerve,
5-Day BOWEL Detox

Menstruation, Irregular

Female "SHOT", Female Formula

Mental Fatigue

Energy "SHOT", Brain, SuperFood Plus,
Cayenne (Tincture or Powder)

**Mercury Poisoning (see Heavy Metal
Poisoning)**

Migraine

Nerve, Brain, Cayenne (Tincture or Powder),
5-Day BOWEL Detox

Mumps

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, SuperTonic, SuperFood Plus

Muscle, Cramps, Spasms

Nerve, SuperFood Plus, Deep Tissue
(Ointment or Oil)

Muscle, Sore, Torn, Sprains

Deep Tissue (Ointment or Oil), Nerve,
Hot & Cold Hydrotherapy

N

Nerve Repair, Damage

Nerve, Deep Tissue (Ointment or Oil),
SuperFood Plus

Night Sweats (see Menopause)

Nursing Moms
SuperFood Plus, SuperFood Bar, Super-C Plus

P

Pain

Nerve, Deep Tissue (Ointment or Oil)

Palpitations

Heart, Cayenne (Tincture or Powder), Nerve

Pap Smear, Abnormal

Female Formula, Garlic Suppository,
5-Day BOWEL Detox

Parasites, General

Detox Formula, Bowel Flush "SHOT",
5-Day BOWEL Detox, 5-Day LIVER Detox

Parasites, Intestinal

Bowel Flush "SHOT", 5-Day BOWEL Detox,
5-Day LIVER Detox

Parkinson's Disease

Nerve, Brain, Incurables Program

Pink Eye (see Conjunctivitis)

PMS

Female "SHOT", Female Plus, SuperFood Plus, Nerve,
K-B Formula, K-B Tea

Pneumonia

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, Lung, SuperTonic, Garlic, Air Detox

Poison Ivy

Echinacea Plus, Children's Echinacea, Anti-I Formula,
Jojoba & Tea Tree Oil (Ointment or Oil), Deep Tissue
(Ointment or Oil) for itching

Poison Oak (see Poison ivy)

Prostate, Enlarged, Infected

Prostate Formula, Male Formula, 5-Day BOWEL
Detox, 5-Day KIDNEY Detox

Psoriasis

Jojoba & Tea Tree Oil (Ointment or Oil),
30-Day Detox Program

R

Radiation Poisoning

Intestinal Formula #2, SuperFood Plus,
Incurables Program

Ringworm

Echinacea Plus, Children's Echinacea, Detox Formula,
Jojoba & Tea Tree Oil (Ointment or Oil), Raw Garlic
SuperFood Plus

S

Sciatica

Deep Tissue (Ointment or Oil), Nerve, Hot & Cold
Hydrotherapy, Intestinal Formula #1

Seizures (see Epilepsy)

Sexual Desire, Female

Female "SHOT", Female Formula,
SuperFood Plus

Sexual Desire, Male

Male "SHOT", Male Formula, Super Ginseng,
SuperFood Plus

Shingles (see Herpes Zoster)

Sinus Congestion

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, Lung, SuperTonic, Air Detox

Sinus Infection

Cold & Flu Herbal "SHOT", Echinacea Plus, Children's
Echinacea, SuperTonic, Cold & Flu Program, Air Detox

Skin, Dry, Chapped, Sore

Jojoba & Tea Tree Oil (Ointment or Oil),
SuperFood Plus

Skin, Elimination (see Acne)

Smoking, To Stop

Nerve, Lung, SuperFood Plus

Sprains (see Muscle, Sore, Torn, Sprains)

Stings (see Insect Bites)

Stomach Cramps

Digestive "SHOT", Digestive Tonic, Nerve

Stomach Ulcers

Digestive "SHOT", HerbalMucil Plus, Intestinal
Formula #2, 5-Day BOWEL Detox

Stress (see Anxiety)

COMMON DOSAGE QUESTIONS & ANSWERS

1 How Much Is A Dropperful?

A dropperful is whatever comes up in the dropper when you squeeze it. Often, it only looks like about a half a dropperful, but whatever you get when you squeeze the dropper... that's a dropperful.



If you counted it (which would be really boring), it would be about 35 drops. There are also about 35 droppersful in every 1-ounce bottle, and about 70 droppersful in every 2-ounce bottle.

2 What Are The Standard Dosages For The Herbal Formulas?

The standard dosage is 2 droppersful, three times a day.

Now, if you're having problems, you can certainly take 4 droppersful, three times a day, or 4 droppersful, five times a day.

For immediate relief, you can even increase your dosage to 6 droppersful, 8 droppersful, 10 droppersful or more. Then, once you start getting results, go back to the standard dosage.

The bottom line, if you're not feeling well and your symptoms are persisting, take more herbs and take them more often. That's how you heal yourself and create powerful health.

3 What Are The Dosages For Children?

Children vary dramatically in size and shape. One 5-year-old can be very different from another. In his clinic, Dr. Schulze found the safest and most effective way to dose children was by weight. After all, we want to adjust their dosage by how much their metabolism can handle. The surest way to do so is by weight. Simply make a fraction and put the child's weight over 150 pounds. Just look at the following example:

A Child of:

$$\frac{30 \text{ pounds}}{150 \text{ pounds}} = \frac{1}{5} \text{ of the adult dose}$$

4 What Are The Specific Dosages For Dr. Schulze's Three Main Foundational Products?

SuperFood Plus

Dr. Schulze suggests 2 tablespoons of SuperFood Plus in a morning drink or 15 tablets in the morning. You can also take 5

tablets, three times a day. That's the daily dosage. Now, if you're anemic, if you have low energy or if you have an afternoon slump, then you'll want to get more nutrition in your body. In this case, Dr. Schulze suggests you take 2 tablespoons and make a SuperFood drink in the morning and AGAIN in the afternoon, or take more tablets.

If you're really ill, you have a low blood count and you're trying to build up your blood, Dr. Schulze suggests taking his SuperFood Plus three times, even four times a day. Just spread out your dosage throughout the day. The bottom line is you can take as much as you need to get your blood strong.

Intestinal Formula #1

Dr. Schulze suggests starting with just 1 capsule at night and seeing what happens the next day. If you're not impressed with the way your bowel works the next morning, take 2 capsules the next night. And then, if you're still not impressed, go up to 3 capsules the following night, until your bowel is working great.

Now, if it's an emergency and you really need to purge, take 2, 3 or 4 capsules with some food. It's not going to kill you, and it's going to get whatever is in you... out. Especially if you have something like food poisoning or you ate some bad food. Or, use his Bowel Flush "SHOT".

Echinacea Plus

Like all of Dr. Schulze's liquid herbal formulas, the standard



naturally preserved tinctures have an indefinite shelf life. Fifty years from now an unopened bottle of one of Dr. Schulze's formulas would still be good to use, and just as potent. However, once opened, we recommend consuming them within one year.

For the "dry" products (e.g. SuperFood Plus, Intestinal Formula #1, Intestinal Formula #2, HerbalMucil Plus, Detox Tea, K-B Tea and SuperSlim packets), these should be consumed within one year of purchase. And, once opened, they should be consumed within six months.



dosage is two droppersful, three times per day. That said, there are 12 droppersful of Echinacea in each Cold & Flu Herbal "SHOT", so it's fine to increase as needed. Dr. Schulze even suggests using an entire 2-ounce bottle in a day, if you have a severe cold or flu. He would call that a "heroic dose", and what he means by this is that sometimes you have to dose yourself with a lot more than your standard dose to get results. And, what you'll find is that most often, you'll feel better and you'll get well. So, don't be afraid to increase as needed.

5 What Happens If I Take Too Much?

Dr. Schulze's clinical experience with herbs and herbal formulas is that, in the worst-case scenario, you're going to feel a little sick to your stomach. However, this rarely happens. What usually happens is, when you take larger doses, you get well. So don't be afraid to really increase your dose when you're not feeling well.

6 What Are The Expiration Dates For The Herbal Formulas?

All of Dr. Schulze's Specific Formulas are tonics. Unopened,

7 Is It OK To Take The Formulas If I'm Pregnant Or Nursing?

Dr. Schulze heard this question 10,000 times or more in his clinic, and his answer was always "YES, you can cleanse and detox during pregnancy, and you can cleanse and detox during nursing." You just want to use your common sense. Certainly, SuperFood Plus is the best for pregnancy and for nursing, because you're feeding either the fetus or the baby the best blood and then, once it's born, the best milk that you can imagine, because you're fortifying your blood and your milk with SuperFood Plus.

The Intestinal Formula #1, well, here's where the common

sense comes in. You shouldn't be sending yourself into an extensive, intensive, cathartic bowel movement in your eighth-and-a-half month of pregnancy, unless you want to bring on labor. That said, you can use Intestinal Formula #1 even in your third trimester; that's no problem. Just don't cause some major bowel catharsis. Keep it simple and lower your dosage.

Once you have your baby, if you want to use Intestinal Formula #1, that's fine. But remember, any herb you take will get through your milk into your baby on a reduced level. So, you're also going to be treating your baby, too, which is great, because if your baby has an infection, you can take high dosages of Echinacea Plus, and it will get through the breast milk into your child. So yes, you can do all the programs when you're pregnant and when you're nursing. Just use your head and your good common sense.

8 How Much Alcohol Is In The Formulas?

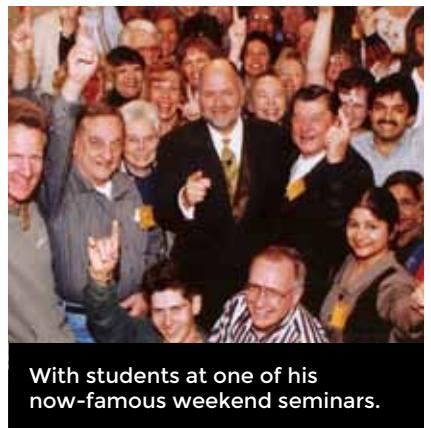
The base of the majority of Dr. Schulze's herbal formulas are mostly distilled water, but most of them do contain organic, pure-grain alcohol as well. However, the amount of alcohol in the average dose of tincture is equal to the amount of alcohol in a ripe banana.

This dosage has been tested on people who are alcohol sensitive with no adverse reactions. It is also a safe amount for anyone in a 12-Step Program or Alcoholics Anonymous. If you're still concerned about the alcohol, you can place the tincture in a cup, pour boiling water into the cup, and the alcohol will evaporate in seconds.

DR. RICHARD SCHULZE BIOGRAPHY



Speaking in front of a capacity crowd of Natural Healing devotees.



With students at one of his now-famous weekend seminars.



In the field, sharing his wisdom and vast knowledge of herbs.

His Personal Healing Miracle

When he was only 11 years old, his father died in his arms from a massive heart attack. At 14, his mother died of a heart attack. They were 53 and 55 years old.

At the age of 16, after a year of ill health,

young Richard Schulze was diagnosed by medical doctors as having a genetic heart deformity and heart disease.

The doctors told him that unless he underwent open-heart surgery, his weak and deformed heart would not be able to pump sufficient blood to an adult body, and he would be dead by the age of 20. He declined to have the surgery, walked out of the hospital and instead, made it his quest

to discover alternative ways to heal his heart. Over the next three years, he made radical changes to his teenage lifestyle. He became a vegan, began

an intensive exercise program and literally changed everything that went in and out of his body, mind and spirit.

He immersed himself in literally hundreds of intensive Natural Healing

programs. After three years, he returned to the same medical doctors who had told him he would die without surgery.

This time, they told him his heart had miraculously healed itself. Dr. Schulze had created his first healing miracle.

Training with the best Teachers

Dr. Schulze studied with the famous European Naturopath Paavo Airola. He trained with and then served an internship with the famous Natural Healer Dr. Bernard Jensen. He also studied and apprenticed with "America's Greatest Clinical Herbalist," the late Dr. John Christopher, graduating to teach alongside him, until his death.

In addition to acquiring a doctorate in Herbology, Dr. Schulze also received degrees as a Master Herbalist and Herbal Pharmacist, a doctorate in Natural Medicine, three degrees in Iridology and eight certifications in various styles of body therapy. Incredibly, he also possesses a yoga instructor's degree and three black belts in the martial arts.

Learning from his Patients

In the early 1970s, Dr. Schulze opened his first Natural Healing clinic in New York, and then a few years later, moved his clinic to Southern California. In his 20+ years of clinical practice, he has treated literally thousands of patients. Dr. Schulze maintains that he learned 5% of what he knows from school and 95% in the clinic, and always credits his patients as his real teachers. His clinic became famous for those patients upon whom medicine had given up. Many of his patients are still alive today—20, even 30 years after their medical doctors told them they would die!

Dr. Schulze pioneered new techniques, therapies, programs

and herbal medicines that went far beyond what anyone had done in the past, and he went to extremes, where most Natural Healing doctors and herbalists feared to go. The outcome of his clinical work has been the achievement of miraculous and unprecedented results. Dr. Schulze's Herbal Formulas and Natural Healing Programs are now used in clinics worldwide to help people heal themselves of numerous, supposedly "incurable diseases". His clinical results have reverberated throughout both the Natural Healing and medical communities. His many patients are now the living testimony to the limitless possibilities of how you can literally heal yourself of anything, naturally.

Sharing his Healing Wisdom

Dr. Schulze served as the Director of the College of Herbology and Natural Healing in the United Kingdom for 11 years. He held the title of Senior Professor at Dr. Christopher's School of Natural Healing for 10 years and also Co-Director of The Osho School for Naturopathic Medicine in England, France and Spain. Additionally, Dr. Schulze is the cofounder of the Association of Master Herbalists in Great Britain.

He has taught and lectured at numerous universities, including Cambridge University and Oxford University in England, Trinity Medical College in Ireland, Omega Institute in New York, Cortijo Romero in Spain and other natural therapy and herbal institutes worldwide. He has been the guest speaker at

numerous churches and also on many radio and television shows. Dr. Schulze is loved worldwide for his intensity, passion, dedication to his students, sense of humor, creativity and his exciting, enthusiastic and evangelical style of teaching. He is mostly recognized for his unparalleled understanding of Natural Healing.

Teaching Natural Healing is his Life's Mission

In 1994, after 15 years of formulating herbal medicines for his patients, Dr. Schulze opened the American Botanical Pharmacy, which manufactures and sells his effective herbal formulas to the public.

Dr. Schulze also continues his healing mission today by developing new herbal medicines and creating books, publications, CDs and DVDs describing his clinical Natural Healing programs. He also communicates directly with the public every week through his BLOG, herbdocblog.com answering patients' and customers' questions and making video clips that explain his many natural detoxification, cleansing, flushing and health-building programs.



Meeting with customers at his Pharmacy Store in Marina del Rey.

REAL PEOPLE. REAL RESULTS.

Seven years cancer-free, and counting!

"Dr. Schulze, I want you to know how much your books, tapes, and products helped me in my fight against cancer without chemotherapy. I am now nearly 7 years cancer free! You are such a great motivator. Thanks for kicking my butt! I highly recommend The Incurables Program."

Chris W. in Memphis, TN

Bad food poisoning gone by morning!

"I awakened at 4am with violent vomiting and diarrhea. I got food poisoning from tuna tartar at lunch the previous day. At 7am, I went into my kitchen to get a 24-Hour Detox and distilled water. I climbed back into bed with a fever of 103, feeling like it was the last day of my life. I took the Intestinal Formula #2 capsules as directed every three hours and never had any more vomiting or diarrhea. By the next morning, I was absolutely fine. I never would have made it through without Dr. Schulze's products. Thank you!"

Wendy A. in Los Angeles, CA

Saving grace for my monthly cycle!

"My menstrual cycle was irregular. My friend recommended the Female Formula and within a month my cycle was back to normal. This has become a saving grace each month, as I plan to get pregnant in the coming months."

Lea G. in Alhambra, CA

I thank God, you, and the wonderful healing!

"I purchased the 30-Day Detox program. I have completed the bowel cleanse, the liver/gallbladder cleanse and have started the kidney/bladder cleanse. In two months of raw live foods and your products, I am feeling more alive than ever and I have lost 20 pounds in the process of getting healthy. I want to thank you for your products, but mostly I thank God for you, and for the wonderful healing."

Maria C. in Garden Grove, CA

Wipe out a cold or flu overnight!

"I'm a DJ and I've been flying to a different country every weekend for the last 25 years. Well, all that flying had my immune system in shreds. A few years ago I tried SuperTonic and I haven't been sick since. Every time there's even a hint of a cold or flu, SuperTonic just wipes it out, usually overnight."

Marshall J. in Chicago, IL

Miraculous recovery saves hand!

"My neighbor was bitten by a Brown Recluse Spider. She had been to the emergency room and received anti-toxin, and was told she'd probably lose part of her hand and to go home. I gave her a bottle of Echinacea Plus and told her to take 8 squirts every two hours for the first four hours and 4 squirts each two hours thereafter, until it was gone. I also made a poultice out of Intestinal Formula #2, garlic powder, and olive oil. This she applied directly to the bite and changed every eight hours. She returned to the emergency room three days later for a follow up and was told that she had had a miraculous recovery."

Joseph O. in Knoxville, TN

Weekly headaches are now zero!

"Six months ago I began using the Cayenne Tincture. It reduced my weekly headaches to zero. I haven't had a headache in six months. Bless you!"

Paul H.

Doctor confirms back surgery no longer needed!

"I recently suffered from some very severe lower back pain, to the point where I thought surgery was my only option. I began to use your Deep Tissue Ointment on my lower back every day. It brought tremendous relief and helped me get through my day. I must admit this stuff is awesome and really works. The inflammation in my back is down significantly and I feel so much better, and my doctor confirmed I don't need surgery."

Scott C. in Cranberry Township, PA

Dr. Schulze's
ORIGINAL CLINICAL FORMULAE
Since 1979

" Tomorrow is what you Believe and Do RIGHT NOW! "
— Dr. Schulze

RECEIVING YOUR ORDER

Upon receipt of your order, products will usually ship within 24 hours. Standard arrival times are between 3 and 7 business days.

RUSH ORDERS

If your order is placed before 2:00pm (PST), it will be shipped THAT DAY by the fastest carrier for next-day delivery.

For Next-Day and Third-Day Shipping rates, please call:

1-800-HERB-DOC (437-2362)

CUSTOMER SERVICE

We take extreme care when packing your order. If a mistake was made, call our toll-free Customer Service number at:

1-866-305-9233

Mon-Sat: 8:00am-5:00pm (PST)

RETURNS

We accept unopened returns within 30 days of purchase. Please call Customer Service for return authorization at 1-866-305-9233.

WE APOLOGIZE

Legally, we cannot answer any questions about your health or disease. We cannot suggest any herbal treatment or give ANY health advice.

LEARN MORE

Visit Dr. Schulze's BLOG at herbdocblog.com or to purchase books, videos, CDs and DVDs on Dr. Schulze's teachings, please contact:

Natural Healing Publications
1-877-TEACH-ME (832-2463)
Fax: 1-310-305-1805

EASY ORDERING



Ordered by (Bill to. Please print clearly.)

Name:	Daytime Phone:
Address:	
City:	State: ZIP:
E-Mail Address (for order confirmation):	

Ship to (If different than billing address.)

Name:	Daytime Phone:
Address:	
City:	State: ZIP:
E-Mail Address (for order confirmation):	

Method of Payment

<input type="checkbox"/> Check or Money Order	Check/M.O. Number: _____			
<input type="checkbox"/> MasterCard	<input type="checkbox"/> Visa	<input type="checkbox"/> Amex	<input type="checkbox"/> Discover	<input type="checkbox"/> Debit Card
Card Number:	Expiration Date:			
Signature:				

Please send a Catalog to:

Name:	
Address:	
City:	State: ZIP:

Please send a Catalog to:

Name:	
Address:	
City:	State: ZIP:

CALL

1-800-HERB-DOC (437-2362)
Mon-Sat 6:00am-7:00pm (PST)
Sunday 7:00am-3:00pm (PST)

WEB

www.herbdoc.com

MAIL

American Botanical Pharmacy
PO Box 9699
Marina del Rey, CA 90295

FAX

1-866-305-1830

RETAIL STORE

4114 Glencoe Avenue
Marina del Rey, CA 90292
Mon-Fri 9:00am-7:00pm (PST)
Sat 9:00am-6:00pm (PST)
Sun 10:00am-6:00pm (PST)

Foundational Products	Qty	Price	Total
Nutrition & Energy			
SuperFood Plus (Powder)		\$40	
SuperFood Plus (Tablets)		\$46	
SuperFood Plus (On-The-GO)		\$26	
SuperFood-100 (90-ct)		\$34	
SuperFood-100 (270-ct) - Family Size		\$90	
NEW SuperFood-100 for Kids (90-ct)		\$24	
SuperFood "Original" Bars (12-pack)		\$38	
SuperFood "CRUNCH" Bars (12-pack)		\$38	
NEW Super-C Plus (Powder)		\$24	
NEW Super-C Plus (Tablets)		\$28	
Vitality "SHOT" (2-pack)		\$28	
Digestion & Elimination			
Intestinal Formula #1 (90-ct)		\$24	
Intestinal Formula #1 (250-ct)		\$58	
Intestinal Formula #2 (Powder)		\$24	
Intestinal Formula #2 <input type="checkbox"/> Capsules or <input type="checkbox"/> Packets		\$30	
Intestinal Formula #1 MAX		\$24	
Intestinal Formula #3		\$22	
HerbalMucil Plus (Powder)		\$26	
Bowel Flush "SHOT" (3-pack)		\$42	
Digestive "SHOT" (3-pack)		\$42	
24-Hour BOWEL Detox		\$10	
Digestive Tonic		\$22	
Immune Boosting			
ECH+ (Echinacea Plus) (2-oz)		\$30	
ECH+ (Echinacea Plus) (4-oz)		\$54	
Children's Echinacea		\$22	
Start Here!			
Starter Kit (SuperFood Plus Powder)		\$76	
Starter Kit (SuperFood Plus Tablets)		\$80	
Clinical Programs	Qty	Price	Total
Detoxification Programs			
5-Day BOWEL Detox <input type="checkbox"/> Capsules or <input type="checkbox"/> Packets		\$68	
5-Day LIVER Detox		\$78	
5-Day KIDNEY Detox		\$78	
30-Day Detox Program		\$408	
The Incurables Program		\$460	
Weight Management			
SuperSlim (34-oz Powder)		\$142	
SuperSlim (36-ct Packets)		\$94	
Specific Products	Qty	Price	Total
Protect			
Protect Formula (60-ct)		\$36	
NEW Protect Formula (120-ct)		\$64	
Detoxification			
L-GB Formula		\$28	
Detox Tea		\$22	

Specific Products (continued)	Qty	Price	Total
K-B Formula		\$28	
K-B Tea		\$18	
Detox Formula		\$28	
Cold & Flu			
Cold & Flu Herbal "SHOT" (6-pack)		\$84	
NEW Cold & Flu Herbal "10-SHOT" - Family Size		\$125	
SuperTonic		\$24	
Throat & Tonsil Spray		\$15	
Throat & Tonsil Formula		\$24	
Lung Tonic		\$28	
Air Detox (2-oz)		\$14	
Air Detox (4-oz)		\$24	
Circulation			
Heart Formula		\$28	
Brain Formula		\$28	
Cayenne <input type="checkbox"/> Tincture or <input type="checkbox"/> Powder		\$22	
Nerve			
Nerve Formula		\$28	
Female			
Female "SHOT" (3-pack)		\$42	
Female Formula		\$28	
FEM+ (Female Plus)		\$28	
Male			
Male "SHOT" (3-pack)		\$66	
Prostate Formula		\$28	
Male Formula		\$30	
Super Ginseng		\$32	
Eyes and Mouth			
Daily Oral Therapy		\$32	
Fresh Breath Plus		\$6	
Fresh Breath Plus (5-pack)		\$28	
Tooth & Gum Formula		\$20	
Eyebright Formula		\$22	
External			
Deep Tissue <input type="checkbox"/> Oil or <input type="checkbox"/> Ointment		\$20	
Jojoba & Tea Tree <input type="checkbox"/> Oil or <input type="checkbox"/> Ointment		\$15	
Anti-l Formula		\$15	
Bug Barrier Ointment		\$15	
Bug Block Spray		\$20	
Product Total			
Sales Tax*			
Shipping & Handling**			
Total Due			

*Sales Tax for CA Residents ONLY
In LA County add 9.0%
Outside LA County add 7.5%

**Shipping & Handling Charges
Up to \$35.00 add \$5.00
\$35.01 and above add \$7.00

Dr. Schulze's
ORIGINAL CLINICAL FORMULAE
Since 1979

EASY ORDERING



Ordered by (Bill to. Please print clearly.)

Name: _____ Daytime Phone: _____

Address: _____

City: _____ State: _____ ZIP: _____

E-Mail Address (for order confirmation): _____

Ship to (If different than billing address.)

Name: _____ Daytime Phone: _____

Address: _____

City: _____ State: _____ ZIP: _____

E-Mail Address (for order confirmation): _____

Method of Payment

Check or Money Order Check/M.O. Number: _____

MasterCard Visa Amex Discover Debit Card

Card Number: _____ Expiration Date: _____

Signature: _____

Please send a Catalog to:

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Please send a Catalog to:

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

CALL

1-800-HERB-DOC (437-2362)
Mon-Sat 6:00am-7:00pm (PST)
Sunday 7:00am-3:00pm (PST)

WEB

www.herbdoc.com

MAIL

American Botanical Pharmacy
PO Box 9699
Marina del Rey, CA 90295

FAX

1-866-305-1830

RETAIL STORE

4114 Glencoe Avenue
Marina del Rey, CA 90292
Mon-Fri 9:00am-7:00pm (PST)
Sat 9:00am-6:00pm (PST)
Sun 10:00am-6:00pm (PST)

Foundational Products	Qty	Price	Total
Nutrition & Energy			
SuperFood Plus (Powder)		\$40	
SuperFood Plus (Tablets)		\$46	
SuperFood Plus (On-The-GO)		\$26	
SuperFood-100 (90-ct)		\$34	
SuperFood-100 (270-ct) - Family Size		\$90	
NEW SuperFood-100 for Kids (90-ct)		\$24	
SuperFood "Original" Bars (12-pack)		\$38	
SuperFood "CRUNCH" Bars (12-pack)		\$38	
NEW Super-C Plus (Powder)		\$24	
NEW Super-C Plus (Tablets)		\$28	
Vitality "SHOT" (2-pack)		\$28	
Digestion & Elimination			
Intestinal Formula #1 (90-ct)		\$24	
Intestinal Formula #1 (250-ct)		\$58	
Intestinal Formula #2 (Powder)		\$24	
Intestinal Formula #2 <input type="checkbox"/> Capsules or <input type="checkbox"/> Packets		\$30	
Intestinal Formula #1 MAX		\$24	
Intestinal Formula #3		\$22	
HerbalMucil Plus (Powder)		\$26	
Bowel Flush "SHOT" (3-pack)		\$42	
Digestive "SHOT" (3-pack)		\$42	
24-Hour BOWEL Detox		\$10	
Digestive Tonic		\$22	
Immune Boosting			
ECH+ (Echinacea Plus) (2-oz)		\$30	
ECH+ (Echinacea Plus) (4-oz)		\$54	
Children's Echinacea		\$22	
Start Here!			
Starter Kit (SuperFood Plus Powder)		\$76	
Starter Kit (SuperFood Plus Tablets)		\$80	
Clinical Programs	Qty	Price	Total
Detoxification Programs			
5-Day BOWEL Detox <input type="checkbox"/> Capsules or <input type="checkbox"/> Packets		\$68	
5-Day LIVER Detox		\$78	
5-Day KIDNEY Detox		\$78	
30-Day Detox Program		\$408	
The Incurables Program		\$460	
Weight Management			
SuperSlim (34-oz Powder)		\$142	
SuperSlim (36-ct Packets)		\$94	
Specific Products	Qty	Price	Total
Protect			
Protect Formula (60-ct)		\$36	
NEW Protect Formula (120-ct)		\$64	
Detoxification			
L-GB Formula		\$28	
Detox Tea		\$22	

Specific Products (continued)	Qty	Price	Total
K-B Formula		\$28	
K-B Tea		\$18	
Detox Formula		\$28	
Cold & Flu			
Cold & Flu Herbal "SHOT" (6-pack)		\$84	
NEW Cold & Flu Herbal "10-SHOT" - Family Size		\$125	
SuperTonic		\$24	
Throat & Tonsil Spray		\$15	
Throat & Tonsil Formula		\$24	
Lung Tonic		\$28	
Air Detox (2-oz)		\$14	
Air Detox (4-oz)		\$24	
Circulation			
Heart Formula		\$28	
Brain Formula		\$28	
Cayenne <input type="checkbox"/> Tincture or <input type="checkbox"/> Powder		\$22	
Nerve			
Nerve Formula		\$28	
Female			
Female "SHOT" (3-pack)		\$42	
Female Formula		\$28	
FEM+ (Female Plus)		\$28	
Male			
Male "SHOT" (3-pack)		\$66	
Prostate Formula		\$28	
Male Formula		\$30	
Super Ginseng		\$32	
Eyes and Mouth			
Daily Oral Therapy		\$32	
Fresh Breath Plus		\$6	
Fresh Breath Plus (5-pack)		\$28	
Tooth & Gum Formula		\$20	
Eyebright Formula		\$22	
External			
Deep Tissue <input type="checkbox"/> Oil or <input type="checkbox"/> Ointment		\$20	
Jojoba & Tea Tree <input type="checkbox"/> Oil or <input type="checkbox"/> Ointment		\$15	
Anti-l Formula		\$15	
Bug Barrier Ointment		\$15	
Bug Block Spray		\$20	
Product Total			
Sales Tax*			
Shipping & Handling**			
Total Due			

*Sales Tax for CA Residents ONLY
In LA County add 9.0%
Outside LA County add 7.5%

**Shipping & Handling Charges
Up to \$35.00 add \$5.00
\$35.01 and above add \$7.00



DR. SCHULZE'S BLOG

Visit HERBDOCLOG.COM today! Read, watch, listen and educate yourself in every aspect of Natural Healing and Herbal Medicine!

" The mission of my BLOG is to illuminate and empower you with so much Natural Healing and Herbal Medicine Wisdom, Specifics, Remedies, Quick Fixes, Programs, Tools and general Know How, that whenever you need it, you've got it.

EVERY WEDNESDAY, I post a new answer to one of your submitted questions or a new commentary on health and healing. And, I archive ALL of them, so you have an awesome LIBRARY of healing information right at your fingertips, anytime you need it.

Plus, ALL of my BOOKS, CDs and DVDs are right on this site, too! You can READ any of my books, WATCH any of my DVDs or LISTEN to any of my CDs right on your computer, iPad or even your phone—anywhere you can get on the Internet!"

— Dr. Schulze

A National Leader in Recycling

- At Dr. Schulze's Botanical Pharmacy, we are committed to the environment and we are extremely conscious of our impact on it.
- We use only recycled, lightweight and alternative packing material when shipping your order (instead of toxic polystyrene peanuts).
- We are constantly researching which paper mills make the most environmentally friendly paper (like this one you are reading), which is made with a high content of post-consumer recycled paper, no chlorine bleach and is printed in the USA using soy-based inks.
- We use only recycled paper in our offices.
- Recycled paper, no bleach and alternative packing material means cleaner water, air and earth for our organic and wild-harvested herbs to grow on.

Thank you for choosing our company!

This catalog is printed in the USA on non-chlorinated, recycled paper using soy-based ink. Please recycle this catalog or pass it on when finished.

© 2014 DR. SCHULZE'S BOTANICAL PHARMACY (All rights reserved.)

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

POST OFFICE BOX 9699,
MARINA DEL REY, CA 90295

PLACE AN ORDER:

1-800-HERB-DOC (437-2362)
or visit www.herbdoc.com

CALL CENTER HOURS:

Monday - Saturday: 6:00 a.m. - 7:00 p.m.
Sunday: 7:00 a.m. - 3:00 p.m. PST

RETAIL STORE:

4114 GLENCOE AVENUE,
MARINA DEL REY, CA 90292

RETAIL STORE HOURS:

Monday - Friday: 9:00 a.m. - 7:00 p.m.
Saturday: 9:00 a.m. - 6:00 p.m.
Sunday: 10:00 a.m. - 6:00 p.m.
Call 310-577-9999

**“ Whether you are
looking to take your health
level from GOOD
to GREAT, or looking
to create your
own HEALING
MIRACLE...
WELCOME!”**

– Dr. Schulze



CALL 1-800-HERBDOC (437-2362) • www.herbdoc.com