

NOVEMBER 2015 SPECIAL REPORT

Dr. Schulze's
ORIGINAL CLINICAL FORMULAE
Since 1979

ARE YOU **SAFE?**

This cold and flu
season expect:

4,000,000

New cold and flu infections
every day this winter!

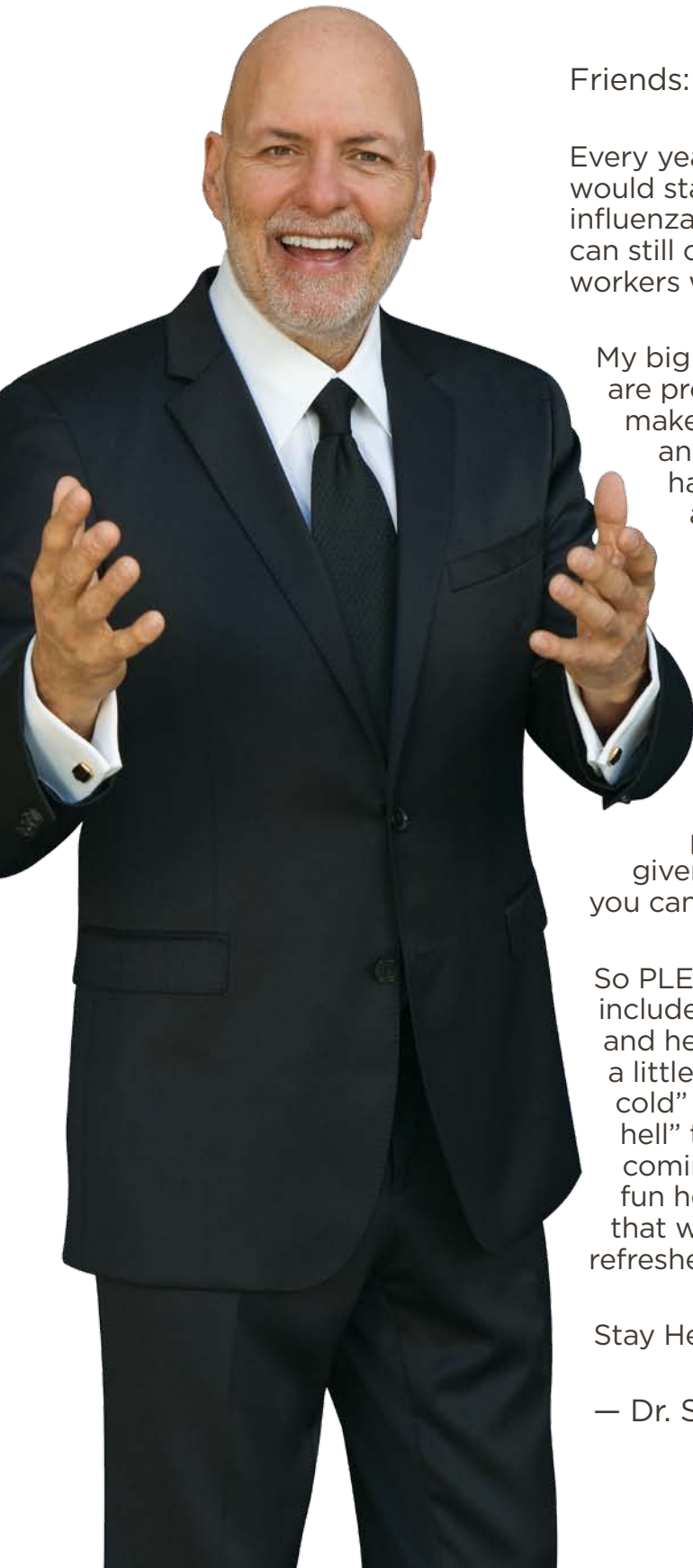
50,000

Deaths due to colds
and influenza!

**PROTECT
YOURSELF
NOW!**

Dr. Schulze's Cold & Flu Guide

Programs to PREVENT or BEAT Any Cold & Flu



Friends:

Every year around this time, patients and their children would start coming into my clinic with colds and influenza. It is one of the few things in life that you can still count on—that you, a loved one, or your co-workers will get infected with a cold or flu this season.

My big point right here is that, if we know that we are probably going to get infected, then it just makes great common sense to get prepared and stay prepared. This way, when it does happen, instead of getting our butts kicked by a cold or flu, we can “open a can of herbal whoop-ass” to stop it dead in its tracks.

I could write a few thousand pages about colds, flu, bacteria, viruses and immunology alone, not including the thousands of herbal remedies and natural healing routines that I know for preventing and treating colds and influenza. But, I also love keeping things simple and to the point. That's why, in this newsletter I have given you my best Quick Reference Charts, so you can easily see exactly what you need to do!

So PLEASE, learn a few of the natural programs included here, and stock up on a few of the foods and herbal medicines that I mention. If you get even a little prepared, you can turn that “3- to 4-week cold” that paralyzes you in bed, or “the cough from hell” that never goes away, or “the flu that keeps coming back” all winter long, into a few days of fun herbal remedies and natural healing routines that will leave you feeling not only physically refreshed, but also emotionally empowered.

Stay Healthy, My Friends!

— Dr. Schulze

9 Tips To **PREVENT** Colds & Flu

- #1 **AVOID** sick people and crowds
- #2 **START** preventative medicine with daily use of my Cold & Flu Herbal “SHOT” and SuperFood Plus
- #3 **REGULARLY** spray Air Detox around you to kill bacteria and viruses on contact
- #4 **WASH** your hands more often
- #5 Keep your **FINGERS** out of your nose, mouth and eyes
- #6 Keep **WARM** and don't get a chill
- #7 Keep **MOVING** and get some fresh air and sunlight
- #8 Get 8 hours of **SLEEP** every night
- #9 **AVOID** negativity

BONUS TIP

PREVENT COLDS & FLU!

And, the absolute best way to do this is by using my Cold & Flu Herbal “SHOT”!

Using my “SHOT” every day, for the first six days of every month during cold and flu season, will power up your entire immune system and tell it to make more immune cells, more immune chemicals, to make sure you are well protected. This is Proactive Prevention, my friends.



Dr. Schulze's 10 Proven Steps To **BEAT** Colds & Flu

- #1 **STOP** eating immediately
- #2 **START** drinking only fresh juice, pure water and herbal tea
- #3 **TAKE** a **HEROIC DOSE** of herbal medicine
- #4 **PREPARE** yourself and your home for aggressive purification
- #5 **TAKE** a Cold & Flu Busting Hydrotherapy Bath
(See directions for this bath on page 60 of my Cold & Flu Manual,
available FREE at <https://www.herbdoc.com/blog>)
- #6 **TAKE** another Cold & Flu Herbal “SHOT”
- #7 Get in bed and **SPRAY** Air Detox all around you
- #8 **STAY** positive
- #9 **USE** Intestinal Formula #1 or a Bowel Flush “SHOT” to
remove any excess waste and toxins
- #10 **MAKE** some Potassium “Healing” Broth

My Potassium Broth is a classic “potato peeling” soup that has been used by grandmothers and Nature Cure doctors for a millennium. Find the recipe on page 70 of my Cold & Flu Manual, available FREE at herbdoc.com/blog!

BUILD YOUR IMMUNE SYSTEM NATURALLY

Use Dr. Schulze's potent cold and flu formulas, like his Cold & Flu Herbal “SHOT”, which contains 12 droppersful of Echinacea Plus and 6 droppersful of SuperTonic, along with 20 additional herbs to stop a cold or flu dead in its tracks. Also, at the first sign of a sore throat, spray Throat & Tonsil, and gargle with Daily Oral Therapy to keep germs and bacteria out of your mouth. And remember, Air Detox will stop micro-organisms in the air before they can infect you, so keep one on-hand in your home, office and car. Dr. Schulze's powerful herbal products are the best way to keep your guard up and stay protected all season long!

What Customers Are Saying...

A miracle! Mom stronger with more energy!

"Thank you so much for your brilliance and compassion. My mom had just returned from a 5-day hospital stay (bronchitis and pneumonia) and she was actually feeling worse when she was discharged. She started the Cold & Flu Herbal "SHOTS" two weeks ago. A miracle! She is no longer coughing, has stopped using her oxygen, is feeling stronger, has more energy. We are so grateful!"

– Elise R.

I haven't been sick in four years!

"I used to get three or more colds every winter, which lasted weeks, and now I get none! In fact, I haven't been sick in four years, since I started following your prevention advice using the Cold & Flu Herbal "SHOTS" at the beginning of each month. And at the first sign of any sniffle or fever, I down a whole SHOT, and the next morning I feel great, with no sign of a cold or flu. Thank you, Dr. Schulze!"

– Theresa J.

I was ready to conquer the world!

"Dr. Schulze, you never cease to amaze me! This new magical formula washes everything out! It was Wednesday afternoon and I was feeling terrible – I knew I was in for one of those 6 day flus. But the president of my company says Dr. Schulze has a new magical formula. Why do I even doubt Dr. Schulze, because after I had my 6 pack of your Cold & Flu Herbal "SHOTS", I was ready to rock-n-roll and conquer the world."

– David N.



What Customers Are Saying...

"There is simply no product on the market that will do what your Echinacea Plus does. If I take it at the first sign of a cold or flu, it knocks it out. For the past twenty years, whenever a cold or flu started, nothing would stop it, and I would end up in bed for a week. Echinacea Plus has been a blessing for me."

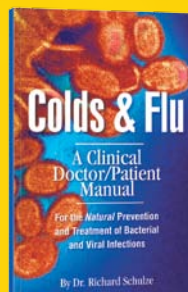
– K.B. in Stone Mountain, GA

"I always keep your SuperTonic in our house. If anyone just starts to get a tiny sore throat or sniffles, we take the SuperTonic and it miraculously has a way of knocking it off, especially if caught early."

– P.B. in La Crescenta, CA

"I have very acute asthma and since using the Lung Tonic I have not had to use my inhaler. The daily preventative use of your product has kept me free to enjoy my life at my pace. I have not missed work due to illness, since I started using your products. Thank you, thank you, thank you!!"

– D.D. in Granada Hills, CA



To find out more, read Dr. Schulze's **Cold & Flu Manual** **FREE** at herbdoc.com/blog

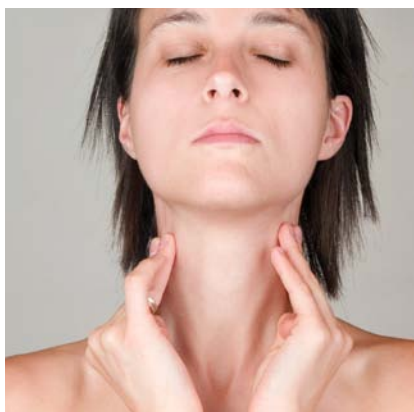
TO FIGHT OFF ANY SYMPTOMS

QUICK REFERENCE CHART



Fevers

- 1 Start drinking more fluids (water, herbal tea, fresh fruit and vegetable juice)
- 2 Take a Cold & Flu Herbal "SHOT"
- 3 Take a Cold & Flu Busting Hydrotherapy Bath
(see directions for this bath on page 60 of my Cold & Flu Manual, available FREE at <https://www.herbdoc.com/blog>)



Sore Throat & Tonsillitis

- 1 Take a Cold & Flu Herbal "SHOT"
- 2 Start my 10 STEPS to beat any cold or flu (see page 4)
- 3 Spray Throat & Tonsil onto swollen tonsils
- 4 'Paint' tonsils with a cotton swab of Echinacea Plus
- 5 Spray Air Detox liberally all around you
- 6 Consume at least three cloves of Raw Garlic every day
- 7 Run from any medical doctor who suggests a tonsillectomy



Lung Infection & Congestion

- 1 Take a Cold & Flu Herbal "SHOT"
- 2 Start my 10 STEPS to beat any cold or flu (see page 4)
- 3 Spray Air Detox all around you
- 4 Take Lung Tonic
- 5 Apply Deep Tissue rubbed into the chest



Blocked & Infected Sinus

- 1 Take a Cold & Flu Herbal "SHOT"
- 2 Start my 10 STEPS to beat any cold or flu (see page 4)
- 3 Spray Air Detox all around you
- 4 Apply one drop of Deep Tissue at the opening of each nostril, and also massage it into your forehead and sinus with strong deep pressure
- 5 Start grating up some fresh Horseradish root
- 6 Next, chop up some fresh White Onions
- 7 Breathe in (and even eat) the chopped Horseradish and Onions
- 8 Continue breathing deeply until sinus passages open up

Dr. Schulze's

ORIGINAL CLINICAL FORMULAE

Since 1979

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COLD & FLU SEASON IS HERE

Discover ways to prevent
and beat colds and flu!

ULTIMATE WEAPON TO PREVENT OR STOP A COLD & FLU

See inside for
special offers!

