Flat Stomach Workout (30 days Workout Plan)

Thank you for purchasing the app.

If you have any questions that are beyond the scope of this help file please feel free to message me via my Email :- FitnessCh19@gmail.com

Requirmnet:-

Which Android Studio version is needed?

Recommended Android Studio version is 3.3.0 you can download archive from here:- DOWNLOAD

developers	Platform	Android Studio	Google Play	Jetpack	Kotlin	More ▼	Q Search	ENGLISH ▼
Android Studio DOWNLOAD WHAT'S NEW USER GUIDE PREVIEW								
The third Android 11 Developer Preview is now available, test it out and share your feedback.								

android studio

Android Studio provides the fastest tools for building apps on every type of Android device.

DOWNLOAD ANDROID STUDIO

3.6.3 for Mac (768 MB)

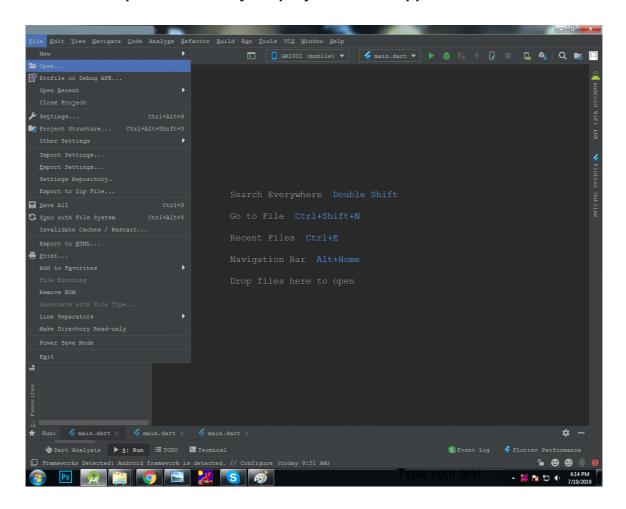
DOWNLOAD OPTIONS RELEASE NOTES

How to import android Project ?

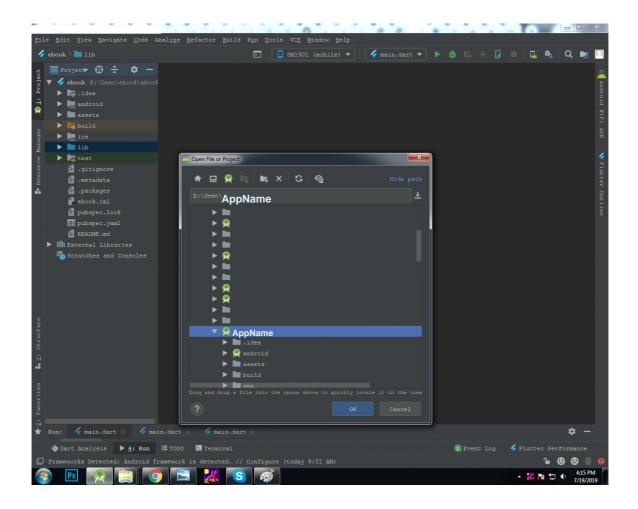
Step 1: Open Recent Projects.

Open Android Studio. After that you Click on "Open an existing Android Studio project. Click on File and then Click on Open.

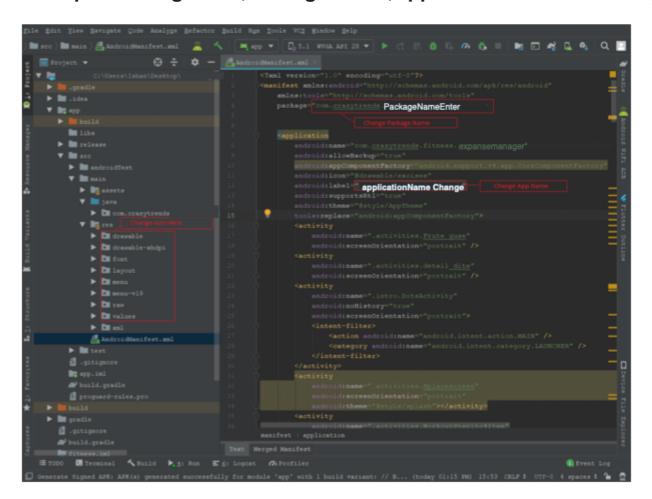
Files ---> Open... ---> Find your project file ---> App



Step 2: Select project where it is stored and click ok.



Step 3 : Change Icon, Package Name, App name as shown in image.



YouTube Video Provide Link

How To Package name Change Android App ViewLink

How To Application name Change Android App ViewLink

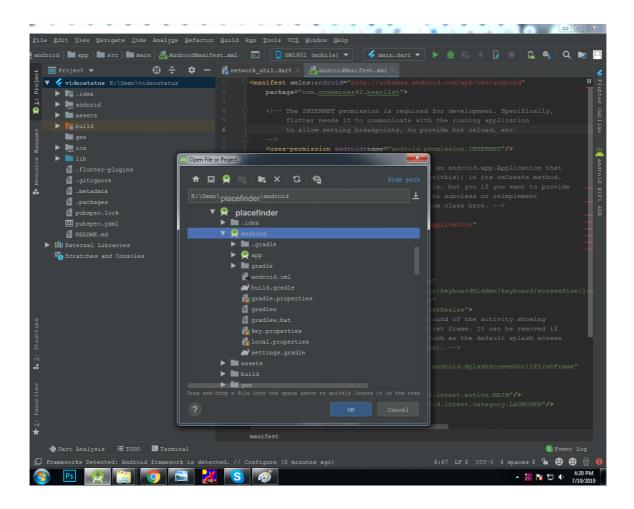
How To Admob id place?

Project Path:-project/app/src/main/res/value/string

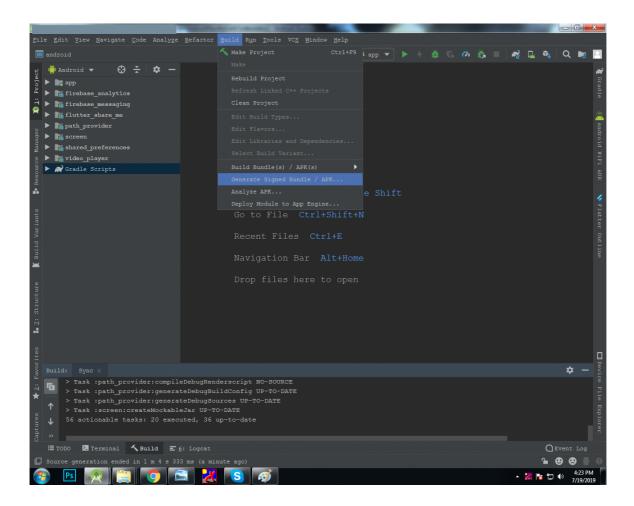
```
■ Project ▼
📜 Weight Loss for Men [Weight Loss for Man] Edit translations for all locales in the translations editor.
                                                   -
<resources>
🕨 📜 .idea
                                                        <string name="app_name">Weight Loss for Men</string>
▼ 📭 app
                                                        <string name="admob_app_id">ca-app-pub-8974145159474499~7754127786</string>
   release
   ▼ 🖿 src
      ► androidTest
                                                       <string name="g_inr">ca-app-pub-8974145159474499/1226224369</string>
<string name="g_native">ca-app-pub-8974145159474499/4789532023</string>
      ▼ 🖿 main
        ▶ i java
▼ i res
           ▶ 🖿 anim
           ▶ 🖿 drawable
           ► 🗖 font
           ► 🖿 menu
           ▶ 🖿 mipmap-hdpi
           ▶ 🖿 raw
            ▼ 🖿 values
                 🗂 arrays.xml
                 dimens.xml
                 strings.xml
                 styles.xml
            AndroidManifest.xml
```

Step 5: sign apk for android

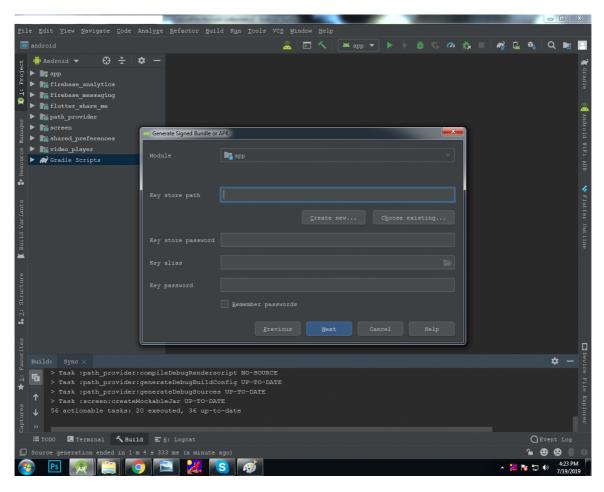
· open android module in new android studio.



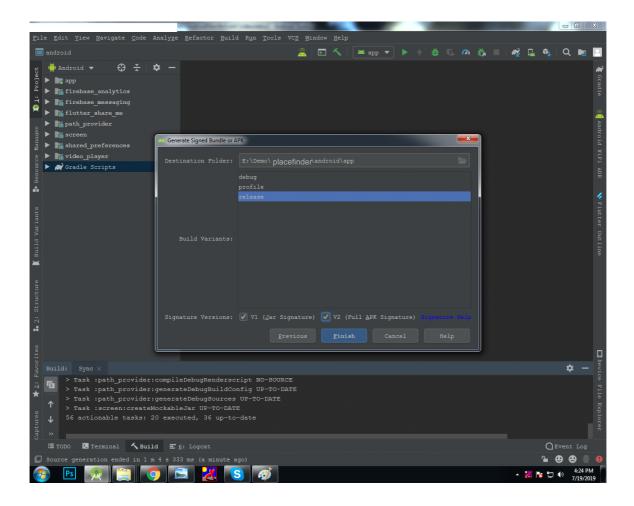
click on generate signed apk from build.



create a new key for sign app .



select release and finish.



• open locate folder you can see in release folder for apprelease.

