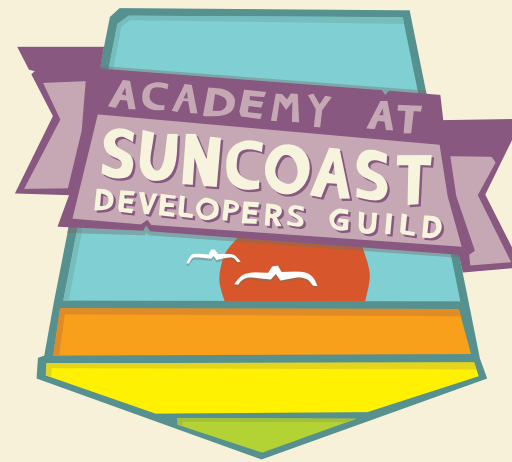


Hello and welcome back!



Training Catalog



Catalog

Effective June 2018
VERSION 1.6.1

2220 Central Ave, St Petersburg, FL 33712
(727) 201-2012

<https://suncoast.io>



Immersive education is a worthy challenge. This journey will equip you to solve problems for the rest of your career.



Communication

- Let SDG staff know immediately if you are having challenges that are overwhelming
- Blog. Writing can help you process your experience through posts about your experience, struggles and breakthroughs
- Ask questions in Slack channels, your peers might have the same challenges
- Explain what you're learning in a non technical way to friends, family, and peers



Immersive education

- Take 60 - 80+ hours of dedication per week
- Be intense, fast-paced and comprehensive
- Push you to your limits
- Teach you to think like a software engineer
- Help you to “learn how to learn”
- Provide FT instructors that will mentor you into professional junior-level programmers
- While you will experience wins all along the way, you often find clarity & "ah ha!" moments 8(+/-) weeks in. That time will come for you!



“Try not to waste time worrying about what you don't know — there's really not enough energy for that. It will all make sense in time.”



Success takes

- Failure – Try and fail. Failing is part of the learning process
- 100% – Put forth total effort everyday
- Focus – Always remember why you are doing this & focus on that goal
- Resilience – Show perseverance despite obstacles faced along the way
- Feedback – Ask for feedback, it will help you get better
- Support network – Reach out to campus staff, family & friends for support
- Humility – Remain teachable. There is always something to learn
- Take good care – Eat, sleep, walk, talk, exercise, do yoga, read meditate... make room for down time
- Optimism – Believe that you can do it!



Reframing Failure

The “best” software developers maintain a growth mindset vs. a fixed one.

- Learn from trial and error
- Embrace failure as part of the process
- Don't give up
- Emphasis on the journey, not the destination
- Fail quickly, gather information, and iterate
- Use ‘failure’ as an opp to add new knowledge to your toolbox
- Confusion is a sign that you are about to learn something.



Raising the white flag

There's a great amount of responsibility in terms of your own performance but we are here to help every step of the way.

- You are falling behind... as soon as you feel it
- You missed something and need help catching up
- You have personal challenges
- We understand that life doesn't always wait for this program to be over to insert new challenges or dynamic situations. We are here to support you



How to ask questions

First, it should be stated that there are no bad questions, only gaps in knowledge you're looking to fill.

Tips

- If you're stuck, don't bang your head against the desk for too long. Reach out for help.
- Make sure you are using the resources around you. You peers, the Internet, the community are all available in addition to your instructor.



Slack Communication

- Group chat platform
- File & idea sharing
- Impromptu communication
- Quick question & casual discussion
- Help with code from the team at-large
- After hours assistance from peers
- Continues alumni communication
- Announcements
- Helpful links, tools & tips
- Event reminders



Slack Teams

- SDG Students & Alumni sdg-sa.slack.com
 - Questions about code and code challenges
 - Sharing articles about tech, jobs
 - Events and announcements
- SDG Community suncoast-devs.slack.com
 - Local community of developers, designers, software engineers, and programmers



Slack Profile

- First and last name for display name
- Professional photo - ask us if not sure
- Download app to desktop and phone
 - *Pro-tip: On desktop, right click icon in dock, go to options and check keep in dock and open at login.*



Questions?

