goodFOOD

Jollof rice



Prep: 15 mins Cook: 45 mins



Easy





Ingredients

400g basmati rice

3 red peppers, halved and deseeded

1 white onion, halved

2 garlic cloves

1 tbsp grated ginger, or ginger purée

1 Scotch bonnet chilli, deseeded if you prefer less heat (optional)

5 tbsp vegetable or sunflower oil

100g tomato purée

2 bay leaves

1 tbsp dried thyme

2tsp curry powder (we used hot madras)

1/2 tsp ground white pepper

600ml hot chicken stock, made with 2 stock cubes

Method

Step 1 Heat the oven to 200C/180C fan/gas 6. Tip the rice in a sieve, rinse under cold water, drain and set aside. Put the peppers, onion, garlic, ginger and chilli, if using, in a <u>food processor</u> and blitz until chopped.

Step 2	Heat the oil in an ovenproof <u>casserole</u> over a medium heat and fry
	the tomato purée for 2-3 mins, stirring often. Add the blitzed
	pepper mixture and fry for 5 mins more, then add the herbs,
	spices and 1 tsp salt. Fry for a further 1-2 mins, then stir in the
	rice to coat. Pour in the stock, stir, cover and bake for 45 mins
	until the rice is tender.