1. **Classification each item in the appropriate case bellow according to its belonging to the three concepts (Comprehensibility; manageability; Meaningfulness).**

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| **Comprehensibility** | **Manageability** | **Meaningfulness** |
| **11 i: 1 – 11 – 8 - 2 – 12**  **9 . 15 . 17 . 19 . 26 . 24** | **10 i: 3 – 10 - 20 – 18**  **5 . 6 . 21 . 23 . 27 . 29** | **8 i: 4 - 16 - 14**  **7 . 13. 22 . 28 . 25** |

1. **Translate the Items & Answering them**

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| 1. When you talk to people do you have the feeling that they don’t understand you? | | | | | | | | |
| Never have this feeling. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Always have  this feeling. |

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| 2. When you have to do something which depends on co-operation with others, do you have the feeling that it: | | | | | | | | |
| Surely won’t get done. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Surely will get  done. |

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| 3. Think of the people with whom you come into contact daily, aside from the ones to whom you feel closest. How well do you know most of them? | | | | | | | | |
| You feel that they are strangers. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | You know them  Very well. |

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| 4. Do you have the feeling that you do not really care about what goes on around you? | | | | | | | | |
| Very seldom or never | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very often |

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| 5. Are you surprised by the behaviour of people whom you thought you knew well? | | | | | | | | |
| Never. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Always |

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| 6. Has it happened that people whom you counted on have disappointed you? | | | | | | | | |
| Never happened. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Always happens. |

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| 7. Life is: | | | | | | | | |
| Full of interest. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Completely routine. |

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| 8. Until now your life has had: | | | | | | | | |
| No clear goals or purpose at all. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very clear goals  and purpose. |

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| 9. Do you have the feeling that you are being treated unfairly? | | | | | | | | |
| Very often. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or  never. |

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| 10. In the past ten years your life has been: | | | | | | | | |
| Full of changes without your knowing what will happen next. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Completely  consistent and clear. |

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| 11. Most of the things that you do in future will probably be: | | | | | | | | |
| Completely fascinating. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Deadly boring. |

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| 12. Do you have the feeling that you are in an unfamiliar situation and don’t know what to do? | | | | | | | | |
| Very often. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Very seldom or never. |

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| 13. What best describes how you see life: | | | | | | | | |
| There is no solution to painful things in life. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | One can always find a solution to painful things in life. |

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| 14. When you think about life, you very often: | | | | | | | | |
| Feel how good it is to be alive. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Ask yourself why you exist at all. |

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| 15. When you face a difficult problem the choice of a solution is: | | | | | | | | |
| Always confusing and hard to find. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Always completely clear. |

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| 16. Doing things you do every day is: | | | | | | | | |
| A source of deep pleasure and satisfaction. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | A source of pain  and boredom. |

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| 17. Your life in the future will probably be: | | | | | | | | |
| Full of changes without your knowing what will happen next. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | Completely  consistent and  clear. |