Astropolis: High-Gravity Autonomous Space Colony in the Kuiper Belt

Team "GET OUT"

Members:

- Onayev Amirbek
 - Murat Mansur
 - Kabdolla Ansar
- Balgabay Aldiyar
- Seitkadyrov Amirlan

Abstract

Astropolis is a torus-shaped orbital settlement for 100,000–300,000 people in the Kuiper Belt (~40 AU), engineered to operate for 80+ years without resupply. Rotation supplies near-Earth gravity (0.8–1.2 g). The design integrates a large-radius structure and gravity dynamics; closed-loop ECLSS for air, water, and food; comprehensive radiation shielding with engineered lighting; nuclear baseload power with solar backups; and zoning for residential, agricultural, industrial, and research functions. A verification plan tracks life-support closure, energy margin and redundancy, environmental and biological stability, and social well-being. We outline architecture, methods, risks, and limits for multigenerational deep-space living. Findings suggest a high-gravity, self-sufficient Kuiper Belt colony is difficult but achievable with advanced technology, providing a blueprint for sustained presence beyond Neptune.

Problem Statement and Objectives

Problem statement - Design an autonomous torus colony at ~40 AU that sustains 100k–300k people for 80+ years without resupply, delivering near-Earth gravity and closed-loop life support despite minimal sunlight, deep-space radiation, and >10-hour round-trip communication delays.

Objectives:

- Artificial gravity (0.8–1.2 g): Select torus radius and rotation rate to provide ~9.81 m/s² while minimizing motion sickness and disorientation [1][2].
- Closed-loop life support: Achieve >98% water and >95% oxygen recycling via physico-chemical systems and bioregenerative agriculture; produce sufficient food for up to 300k residents [3][4].
- Energy independence: Deliver hundreds of megawatts from on-site nuclear reactors, with solar (PV/concentrators) as redundant backup [5].
- Radiation & impact protection: Reduce internal dose to near sea-level with passive mass shielding (e.g., regolith/water) and consider active methods; incorporate micrometeoroid/debris protection.
- **Autonomous operations:** Enable self-governance and self-repair with in-situ manufacturing, robotic maintenance, and robust social systems (education, healthcare, governance) for multigenerational isolation.

These objectives guide the architecture, evaluation metrics, and risk analysis for a high-gravity, long-duration Kuiper Belt habitat.

Literature Review

Astropolis builds on decades of work in space habitats, life support, and deep-space engineering. The 1975 NASA Ames Study introduced the Stanford Torus - a 1.8 km rotating ring generating 1 g gravity - with 95% of its mass devoted to radiation shielding [2][6]. Designs like the Bernal Sphere and O'Neill Cylinders proved that rotation can simulate gravity, but high spin rates and small radii cause disorientation, guiding Astropolis to adopt a large radius and slow rotation [1][8].

The ISS ECLSS achieves ~98% water and ~50% oxygen recycling, with NASA targeting 75% [3][4]. Studies show 20–25 m² of crops can support one person's oxygen and food needs [11], while ESA's MELiSSA demonstrated biological waste recycling into air, water, and biomass [12]. These inform Astropolis's hybrid physico-chemical and bioregenerative system.

Biosphere 2 exposed challenges like oxygen loss, food shortages, and ecological imbalance, emphasizing redundancy, buffer reserves, and diverse agriculture [14].

At ~40 AU, solar flux is only ~1/1600 of Earth's, requiring artificial lighting and nuclear power. RTGs power <100 kW, while fission reactors like Kilopower, SNAP, and TOPAZ scale to multi-MW levels [16].

In summary, literature confirms that **rotation-based gravity, closed-loop life support,** and **nuclear energy** make a **self-sufficient Kuiper Belt colony** technically achievable - if monitoring, redundancy, and human factors are carefully managed.

Architecture and Methodology

Structural Layout

Astropolis uses a **toroidal (donut-shaped)** design inspired by the **Stanford Torus**, but **scaled up** to host **100k–300k people**. The **2 km radius ring** rotates around a **non-rotating central hub** to provide ~1 **g artificial gravity** at a moderate spin rate. The **ring's cross-section** is about **200–250 m**, forming a vast pressurized interior. Made of **high-tensile alloys or composites**, the torus acts as both a **pressure vessel** and **spinning flywheel** capable of withstanding centrifugal tension.

Figure 1 shows a classic torus cutaway: a rotating ring connected by six spokes to a stationary hub that hosts docking ports and microgravity facilities [2]. The spokes serve as elevators and utility conduits (for power, fluids, and data), enabling transfer between the hub and the rotating habitat.

The torus interior is divided into multiple decks and sectors, with residents living on the inner curved surface - the colony's "ground." The 250 m cross-section allows for multi-story buildings, artificial lighting panels, and vegetation zones. Modular construction enables assembly from curved segments reinforced with tension cables, while multi-layer hulls provide micrometeoroid and radiation protection.

With a 12.6 km circumference, the ring offers 40–125 m² per person (depending on population), expandable via multi-tier architecture. The central hub and spokes provide both structure and functionality, maintaining stability and stress balance. To reduce stress on the massive radiation shield, it remains stationary, while the inner habitat rotates within it - a proven method from the Stanford Torus concept [7][21][22].

In summary, Astropolis's structure combines **proven physics**, **modular engineering**, and **habitat zoning** to create a scalable, high-gravity environment for long-term human settlement.

Artificial Gravity Calculations

Astropolis generates artificial gravity through torus rotation, producing centrifugal acceleration equal to Earth gravity (\sim 9.81 m/s²) at the inner rim. With a radius of 2 km, the required rotation rate is 0.67 RPM (period \approx 1.5 min) - well below the 4 RPM human comfort limit [1][24]. This provides stable gravity with minimal Coriolis effects and only a \sim 2% head-to-foot gradient (imperceptible to humans) [9].

At 0.67 RPM, a person running at 5 m/s would feel a small ± 0.2 m/s² gravity shift due to Coriolis forces [25], noticeable but tolerable. Architectural orientation minimizes these effects. The habitat allows **variable gravity zones** (0.8–1.2 g) by adjusting rotation speed or radial position - useful for different activities or energy savings.

Spin-up is achieved via **rim thrusters or electric motors**, with **active control systems** maintaining rotation stability. Once operational, drag-free conditions mean negligible energy is needed to sustain spin.

Parameter	Value (Astropolis Design)	Reference/Note
Major radius (to habitat floor)	2,000 m (approximate)	Large radius for low rotation[23]
Rotation rate (for 1 g)	0.67 RPM (period ~90 s)	Yields 9.81 m/s² at radius[24]
Artificial gravity level	0.8–1.0 g (nominal 1 g at rim)	Earth-like gravity for health
Torus ring cross-section	~250 m diameter (habitat tube)	130 m in Stanford Torus [24]; larger here
Habitat ring circumference	~12.6 km	$(2\pi \times 2000 \text{ m})$ interior community length
Rotation direction	Prograde (set by construction)	Coriolis effects considered [25]

This system ensures **Earth-like living conditions** while maintaining **human comfort and structural safety**, making rotation-based gravity a core feature of Astropolis.

Environmental Systems (ECLSS, Lighting, Radiation Shielding)

Astropolis maintains a self-contained, Earth-like environment through an integrated Environmental Control and Life Support System (ECLSS). This system combines atmospheric management, water and waste recycling, food production, artificial lighting, and radiation shielding to ensure complete autonomy in the Kuiper Belt.

Atmosphere and Climate Control:

The internal atmosphere mirrors Earth's sea-level pressure (101 kPa) with 21% oxygen and 78% nitrogen. A hybrid of physico-chemical and biological loops maintains balance:

- CO₂ scrubbers, electrolysis, and Sabatier + methane pyrolysis processes recycle nearly 100% of oxygen [4].
- Greenhouses and algae bioreactors support photosynthesis, absorbing CO₂ and releasing O₂.
- Roughly 20–25 m² of crops per person provide both oxygen and part of the food supply [11].

Air circulation systems stabilize **temperature** (~21 °C) and **humidity** (~50%), while **thermal radiators** mounted externally dissipate excess heat into space. Thousands of **sensors** track air composition, temperature, and contaminants, feeding data into an **automated control network** that maintains environmental stability across different zones (residential, agricultural, industrial).

Water and Waste Recycling:

Water recovery exceeds 98%, building upon the ISS's ECLSS milestone [3].

- Filtration and catalytic oxidation remove impurities.
- **Biological reactors** (wetlands and algae systems) process graywater naturally.
- **Stored water** doubles as **radiation shielding** around habitats, taking advantage of hydrogen's shielding efficiency.

Solid waste, organic matter, and human byproducts are treated through **anaerobic digesters** [27], producing **biogas** and **nutrient-rich fertilizer** reused in hydroponic systems. Only minimal water losses (e.g., from airlocks) require replenishment, possibly via **ice mining from Kuiper Belt Objects**.

Food Production and Artificial Lighting:

To feed 100,000–300,000 residents, Astropolis includes about 5 million m² of agricultural area, divided among:

- **Open-field sectors** for staples like wheat and potatoes,
- **Vertical hydroponic towers** for vegetables and greens,
- Aquaculture for protein (fish, algae).

LED grow lights, tuned to optimal **red-blue spectra**, supply the **photosynthetically active radiation** (PAR) needed for plant growth. These systems are powered by the colony's **nuclear reactors**. The lighting schedule simulates **24-hour day–night cycles** for both crops and humans, while **mirror arrays** or **fiber-optic channels** supplement with limited natural sunlight to maintain circadian rhythms.

Radiation Shielding:

Far from Earth's magnetic protection, **cosmic and solar radiation** present major hazards. Astropolis is encased in a **stationary radiation shield** surrounding the rotating torus [21][22].

- The shield consists of water or polyethylene layers (to block high-energy protons) and an outer layer of regolith mined from nearby Kuiper Belt Objects.
- With an equivalent of **200** g/cm² mass (~2 m of water), radiation levels inside remain comparable to those on Earth [29][30].
- Small reinforced viewports or virtual windows allow residents to see space without compromising safety.

This massive shield also protects against **micrometeoroids** and **solar flares**, ensuring the habitat remains habitable without the need for emergency shelters.

To sum up, Astropolis's environmental systems create a **closed**, **resilient ecosystem** capable of supporting human life for decades without resupply. By integrating **100% oxygen recycling**, **>98% water recovery**, **internal food production**, **artificial daylight**, and **heavy radiation shielding**, the colony achieves the goal of a **self-sustaining**, **Earth-like biosphere** in one of the most remote regions of the Solar System.

Power Systems (Nuclear Primary, Solar Backup)

Reliable and continuous energy is the foundation of all life-support and industrial systems in **Astropolis**. Because sunlight at **40 astronomical units (AU)** is extremely weak, the settlement relies primarily on **nuclear fission** reactors for baseload power, supplemented by **solar and stored energy systems** for redundancy and emergency operation.

Nuclear Fission Reactors - Primary Source:

Astropolis uses **two to three modular nuclear reactors**, each capable of generating around **250 megawatts of electricity (MW**_e). Together they supply **several hundred megawatts**, enough to power lighting, agriculture, life support, transport, and computing across the colony.

These are **Generation IV liquid-metal—cooled reactors**, fueled with **low-enriched uranium** and designed for **20–30 year refueling intervals**. Each unit is engineered for **80+ years of total service life** with minimal external maintenance.

The reactors are located in the **non-rotating central hub**, far from the habitat ring, ensuring safety and stability. This placement allows their **massive radiation shields** (tungsten and boron-carbide layers) to remain stationary rather than rotating with the colony, reducing stress on the main structure.

Heat from the reactors is converted to electricity via **Brayton-cycle or Stirling turbines**, achieving up to **40% efficiency** due to the Kuiper Belt's cold (~40 K) background temperature. Excess thermal energy - about **1–1.5 gigawatts of heat** - is rejected through large **radiator arrays** extending from the hub like spokes or fins, glowing faintly as they dissipate heat into space.

Safety is integral to the system:

- Passive shutdown mechanisms (gravity-drop control rods) stop fission automatically during power loss.
- Independent containment modules can be sealed for maintenance or emergencies.
- In extreme cases, a **reactor ejection system** can jettison a faulty module into a safe disposal trajectory.

The nuclear inventory includes fuel reserves for the colony's full 80-year mission. Spent fuel is stored in **shielded casks** for later reprocessing, closing the fuel cycle and extending sustainability.

Solar Backup Power:

Although solar energy is minimal at 40 AU - only ~ 0.85 W/m², or 0.05% of Earth's solar flux [32][33] - Astropolis includes large lightweight solar arrays mainly as a backup system.

A 1 km² photovoltaic field produces about 0.8–1 MW, enough to maintain essential systems (communications, monitoring, or emergency lighting) during temporary reactor outages. These arrays may also support outposts or mining facilities on nearby Kuiper Belt Objects.

Solar panels and concentrators are **deployable and modular**, located on or near the central hub. When not needed, they can be folded or stored to prevent damage. The system represents a symbolic and practical effort to **harvest every available photon** in the deep outer Solar System.

Energy Storage and Distribution:

To handle fluctuations and maintain redundancy, Astropolis incorporates multiple energy storage technologies:

- **Grid-scale batteries** (flow or cryogenic types) for short-term smoothing.
- **Flywheel systems**, which double as **attitude control units**, adjusting the colony's rotation by storing or releasing angular momentum.
- Fuel cells and supercapacitors for rapid power response during transitions.

Electricity generated in the hub is distributed through **superconducting cables** that run along the **spokes** into the torus. The grid is **looped and fault-tolerant**, allowing automatic rerouting if one line fails. **Local substations** in each sector step down the voltage for residential, industrial, and agricultural use.

Lighting - simulating daylight across the vast interior - is among the largest consumers of energy, potentially requiring **tens of megawatts**. Smart lighting controls dim nonessential areas during "night" cycles, conserving power. **Agricultural sectors** with continuous crops are separately illuminated using **isolated LED systems** to prevent light waste.

Critical infrastructure - such as **life support, hospitals, and communications** - has **uninterruptible power supplies (UPS)** ensuring zero downtime. Should one reactor fail, the others, along with storage and solar backups, maintain all essential systems without interruption.

In conclusion, Astropolis's power system combines high-output nuclear fission, strategic solar augmentation, and advanced storage networks to ensure stability, safety, and autonomy.

With **redundant reactors**, **fail-safe operation**, and **fault-tolerant distribution**, the colony can sustain itself for **decades without resupply**. Nuclear energy provides the strength to power a city-sized habitat, while solar and stored energy offer resilience - making Astropolis a truly **self-sufficient civilization in the Kuiper Belt**.

Internal Zoning (Residential, Agricultural, Industrial, Research)

Efficient land use within the torus ensures that Astropolis can sustain **100,000–300,000 people** comfortably. The habitat is divided into zones for **residential**, **agricultural**, **industrial**, **research**, and **recreational** functions, balancing comfort, productivity, and safety.

Residential Zones: Residential districts line the inner surface of the torus, forming city-like neighborhoods with apartments, schools, hospitals, and green parks. Each sector (≈2 km along the ring) houses 10,000–30,000 residents, offering ~40–50 m² per person. Buildings rise 4–5 stories within the 100 m vertical envelope, with virtual sky panels, water features, and natural lighting cycles to maintain psychological health. About 30–40% of the torus area is dedicated to housing and community life, interspersed with parks and recreation centers.

Agricultural Zones: Roughly half of the torus supports food and oxygen production. Dedicated agricultural sectors contain both open farmland and multi-tier hydroponic towers, maximizing yield through vertical farming and LED illumination. Livestock is minimal (small poultry, aquaculture) to reduce resource use, while algae tanks and bio-reactors produce protein and fertilizer. Each farming sector includes food processing and storage, creating a direct "farm-to-table" supply chain. Agricultural areas are separated from housing by green belts for pest control and climate isolation

Industrial Zones: Heavy industries - metal refining, chemical processing, electronics, and 3D printing - are concentrated in the microgravity hub and outer torus layers. This separation keeps noise, vibration, and pollutants

away from residential areas. Critical infrastructure such as **power nodes**, **ECLSS plants**, **and water recycling systems** is also located here for easy maintenance. Light industries (e.g., textiles, food packaging) operate under gravity within the torus's lower decks.

Research and Education Zones: Scientific and educational facilities occupy a dedicated Research & University Sector. The hub's microgravity labs host experiments in physics, materials science, and fluid dynamics, while gravity-based labs in the torus focus on biology, medicine, and agriculture. Astronomy telescopes mounted outside the shield take advantage of the Kuiper Belt's darkness. A university campus supports lifelong education and innovation, ensuring generational sustainability.

Recreational and Green Zones: Around 10% of the habitat is reserved for parks, forests, and lakes, serving as both carbon sinks and mental health sanctuaries. Residents can enjoy walking trails, swimming, and even low-g sports arenas in both the torus and the hub. Green buffers also act as firebreaks and safety barriers between sectors.

Sector Layout and Safety: The torus may be divided into **12 major sectors** (~1 km each), alternating between **residential, agricultural, and industrial** areas. **Transport hubs** at sector boundaries link regions via **maglev trains**, while **bulkheads and airlocks** provide isolation for emergencies. Medical centers, safe rooms, and escape shelters are evenly distributed for rapid response.

To conclude, Astropolis's zoning design mirrors a miniature planet-city, integrating livability, productivity, and resilience. Residential comfort, high-yield agriculture, clean industry, and active research coexist within a balanced, self-sustaining ecosystem, ensuring the long-term well-being of its inhabitants.

Evaluation Plan and Key Metrics

To ensure that **Astropolis** can operate autonomously for **80 years or more**, a comprehensive evaluation framework is established. This framework defines **quantitative and qualitative metrics** across **life support**, **energy**, **environmental**, and **social** systems. These indicators are continuously monitored during development, testing, and long-term operation to maintain safety, stability, and sustainability.

Resource Closure Rates: Maintaining near-total recycling of vital resources is central to Astropolis's self-sufficiency.

Key metrics include:

- Water Recovery Rate ≥98% Tracks the percentage of water reclaimed from urine, humidity, and waste streams versus total demand. Deviations signal leaks or filtration inefficiencies [3].
- Oxygen Loop Closure $\geq 95\%$ Measures O₂ regenerated from CO₂ using Sabatier + pyrolysis systems and plant photosynthesis. The goal is to minimize dependence on reserve tanks $\boxed{4}$.
- Food Self-Sufficiency 100% Compares caloric output from farms to total consumption. Stability requires ≥110% production to maintain food reserves for emergencies.
- Waste Recycling ≥95% Evaluates the proportion of organic and inorganic waste (biomass, metals, plastics) that is reprocessed and reused. Metrics include nutrient recovery from biowaste (>90%) and material reuse efficiency.

Collectively, these metrics confirm that Astropolis's **closed-loop life-support system** can sustain the population with minimal external input.

Energy Balance and Redundancy: Energy security is crucial for uninterrupted operations and human safety.

- **Power Margin ≥30%** Ensures that reactor output exceeds demand by at least 30%, providing flexibility for maintenance or load spikes.
- Reactor Uptime $\geq 90\%$ Tracks total hours of nuclear power availability. Planned maintenance downtime must be short and predictable.
- Backup Power Duration ≥72 Hours Verifies that batteries, flywheels, and solar systems can maintain all **critical functions** (life support, lighting, communication) for at least three days during total reactor failure.
- Thermal Stability $\pm 2^{\circ}$ C Confirms that internal temperatures stay between 18–25°C, with minimal fluctuations. Overloaded radiators or rising core temperatures trigger automatic cooling protocols.

These indicators ensure the colony's **energy resilience**, even in emergencies.

Environmental and Biological Stability: Long-term human survival depends on maintaining a healthy internal ecosystem.

- **Atmospheric Quality:** Monitors CO₂ (400–600 ppm), O₂ (21 kPa), and trace gases. Any imbalance triggers CO₂ scrubber adjustment or O₂ injection.
- Radiation Levels <5 mSv/year: Dosimeters throughout the torus verify that shielding keeps exposure near Earth levels. Increases suggest degradation of the regolith or water shields.
- **Agricultural Stability:** Tracks nutrient levels, pest control efficiency, and yield variance (<10%). Consistent harvests confirm ecological balance, while reserves of 6+ months' food buffer against disruptions.
- **Human Health Metrics:** Continuous data on bone density, muscle strength, immune health, and psychological well-being. These indicate whether **0.8–1.0** g rotation gravity maintains Earth-like physiology.
- **Biosystem Recovery Time:** Measures how quickly ecosystems return to baseline after stress events, such as crop disease or temporary system failure.

Social and Operational Metrics: Astropolis's success depends not just on machines but on the well-being and cohesion of its people.

- Well-Being Index: Aggregates survey data, medical records, and behavioral indicators to gauge morale, social satisfaction, and mental health.
- Population Growth Rate $\leq 1\%$ /year: Prevents overuse of finite resources and ensures manageable demand for housing and food.
- Education and Employment: Tracks literacy, vocational skill levels, and workforce participation. Every colonist must have a defined societal role.
- Governance & Safety: Monitors crime rates, accident frequency, and emergency drill performance. Targets include **zero catastrophic incidents** and full sector accountability during drills.

These metrics ensure that the **human dimension** of Astropolis remains stable, cooperative, and productive across generations.

Testing and Validation Phases: Before deployment, each major system undergoes multi-phase testing:

- 1. **Ground and ISS Testbeds** Validate high-closure life-support and reactor systems under controlled conditions.
- 2. **Prototype Habitat (100 m Radius)** Operated in low Earth or lunar orbit to test integrated systems, life support closure, and crew adaptation to **0.67 RPM rotation**.
- 3. **Full-Scale Simulation & Digital Twin** Continuous virtual modeling of Astropolis's systems for predictive maintenance and optimization.
- 4. **Operational Phase** AI-managed monitoring compares real-time performance to benchmark metrics, triggering alarms and corrective actions for deviations.

For example, if water recovery drops below 96%, automated diagnostics identify the cause (e.g., filter clog or leak) and alert maintenance crews.

Long-Term Oversight and Transparency: All system metrics are logged in the **Colony Operations Database** and reviewed by a combined **AI and human supervision board**. Regular public reports ensure transparency, reinforcing collective responsibility for the colony's sustainability. Data from sensors, reactors, and agricultural units are continuously visualized in control dashboards, allowing predictive analytics to identify risks before failure occurs.

In conclusion, Astropolis is evaluated as a **living, data-driven ecosystem**. By tracking **recycling efficiency, energy redundancy, environmental stability, and social well-being**, the colony maintains homeostasis across physical and social domains. This continuous, transparent evaluation process ensures that the settlement remains **safe, resilient, and self-sustaining**—a true model for long-term human life beyond Earth.

Risks and Limitations

Establishing a long-term, high-gravity colony in the Kuiper Belt involves major **technical**, **environmental**, **social**, **and logistical risks**, alongside the limits of current knowledge.

- **Technical Failures:** Complex life-support, power, and control systems may fail unexpectedly. A serious ECLSS malfunction or reactor issue could be fatal if not quickly contained. Mitigation includes **redundant systems**, emergency reserves, and **self-diagnostic maintenance**. However, some advanced components may be irreplaceable after decades, limiting long-term reliability. Core systems have **manual overrides** to recover from software or AI malfunctions.
- Environmental and Ecological Risks: Crop diseases, pest outbreaks, or chemical contamination could disrupt food and air cycles. Mitigation includes biodiversity preservation, seed banks, pest management, and constant atmospheric monitoring. Hull breaches from debris or micrometeoroids remain possible despite multilayer shielding. Emergency bulkheads and self-sealing hulls minimize damage.
- Human and Social Risks: Isolation over generations poses psychological and political risks—conflict, depression, or governance instability. The colony adopts participatory governance, continuous education, and strong social structures to sustain morale. However, long-term societal evolution in isolation is unpredictable.
 Controlled population growth and private living spaces help prevent crowding and inequality.
- Logistical Challenges: At 40 AU, resupply is nearly impossible. The colony carries large inventories of spares, medicine, and genetic material, but cannot prepare for every contingency. On-site manufacturing covers most needs but not all advanced parts. Limited propulsion means relocation to avoid hazards would be difficult.

- **Knowledge Gaps and Unknowns:** Unknown physiological, ecological, or material effects may emerge over decades. Mitigation relies on **incremental testing**, **modular design**, and a **digital twin** for predictive simulation. Still, certain systems—like the massive structure or shield—would be hard to modify once built.
- External Risks: Solar storms, collisions, or prolonged communication loss could isolate the colony completely. The design assumes full **operational independence** from Earth.

In summary, while many risks can be mitigated through redundancy, diversity, and adaptive governance, **absolute safety is impossible**. The project accepts these uncertainties as part of pioneering a permanent human settlement beyond Neptune.

Conclusions

Astropolis presents a **realistic**, **science-based concept** for a self-sustaining human colony in the **Kuiper Belt**, capable of supporting **100,000–300,000 residents** for **80+ years** without resupply. By using a **2 km radius torus rotating at ~0.67 RPM**, the design provides **Earth-like gravity (~1 g)**—solving one of the main barriers to long-term space habitation.

Drawing from NASA's Stanford Torus and O'Neill Cylinder studies [2][24] and modern ISS and MELiSSA life-support systems [4][12], Astropolis combines proven principles with new approaches suited for deep space. Its closed-loop ECLSS, efficient agriculture, and stationary radiation shield enable full environmental autonomy, while nuclear reactors supply stable power far from the Sun.

Beyond engineering, the design emphasizes **social sustainability**, with ample housing, recreation, education, and self-governance to maintain mental health and community balance.

While still theoretical, Astropolis outlines the **technological roadmap** for future deep-space colonization: stronger materials, improved recycling, long-life reactors, and human trials in rotating habitats. Achieving such a settlement would mark a **turning point for humanity**, proving that life can thrive even **40 AU from the Sun** under artificial gravity and an artificial sky—a true step toward becoming a **multi-world civilization**.

Full Bibliography

- 1. **NASA Ames Research Center (1975).** *Space Settlements: A Design Study (NASA SP-413).* The seminal summer study introducing the Stanford Torus concept, a 1.8 km diameter rotating space habitat designed for \sim 10,000 people [2]. Provides fundamental parameters for artificial gravity (1 RPM rotation for 1 g) and habitat engineering used as a baseline in our design.
- 2. **Rethinking The Future Stanford Torus Cutaway (2023).** General characteristics of the Stanford Torus space habitat, including dimensions and shielding [39]. Notes that the torus was 1790 m in diameter, rotated at 1 RPM, and employed a 1.7 m thick lunar soil radiation shield (95% of total mass), underscoring the mass required for radiation protection in free space.
- 3. **National Space Society Stanford Torus Space Settlement.** Summary of the 1975 Stanford Torus design on the NSS website [41]. Confirms key design features: one-mile diameter torus at Earth–Moon L5, 1 RPM rotation, capacity for 10,000 residents. Includes NASA artwork of the torus exterior, interior, and agriculture (multi-tier farming) that informed our internal zoning and agricultural layout.

- 4. NASA/ESA, MELiSSA Project (1989–present). *Micro-Ecological Life Support System Alternative Concept and Development*. Described in MELiSSA documentation[12]. Demonstrates approaches to closing the life support loop: using microbial bioreactors and higher plant chambers to recycle waste to oxygen, water, and food. Informs our ECLSS design, particularly the multi-compartment loop for waste processing and nutrient cycling.
- 5. **Frontiers in Space Technologies (2024).** Assessment of the Current Life Support System on ISS for Sustainable Space Exploration [4]. Provides up-to-date figures on ISS ECLSS performance: ~98% water recovery achieved [3], ~50% oxygen recovery via Sabatier (with goal to reach 75%). We cite this to establish current state-of-art and targets for Astropolis's recycling efficiency.
- 6. Space.com "NASA just recycled 98% of all astronaut pee and sweat on the ISS" (Robert Lea, 25 June 2023). News article highlighting the ISS reaching a 98% water recycling milestone [3]. Reinforces the feasibility of nearly closing the water loop, a critical assumption in our design. Also notes each ISS crew member needs ~1 gallon (~3.8 L) of water per day, data we use to scale water needs for 100k+ people.
- 7. USDA Agricultural Research Service Interview with Dr. Ray Wheeler (NASA KSC Plant Physiologist) "Growing Plants in Space". Discusses crop area requirements for life support. Notably states 20–25 m² of crops (with high light) can provide enough O₂ for one person and ~50% of their food [111]. We used this to estimate agricultural area for Astropolis and justify multi-layer farming to meet calorie needs.
- 8. **Astronomy StackExchange "How bright is it on Pluto at noon?" (2020).** Includes NASA data on sunlight at Pluto (\sim 1/900 of Earth's, \sim 300× full moon)[5]. We cite the value \sim 85 lux at Pluto's average distance[5] to illustrate the low ambient light at 40 AU, underscoring the necessity of artificial lighting for the colony.
- 9. **World Nuclear Association** *Nuclear Reactors and Radioisotopes for Space*. Updated 5 March 2025[44]. Provides context on space nuclear power. Notes that RTGs are suitable <100 kW, whereas fission reactors become more efficient for higher power needs. Supports our decision to use fission reactors for hundreds of MW. Also mentions past space reactor projects (SNAP-10A, TOPAZ) and ongoing development like NASA Kilopower.
- 10. NASA NTRS "Physics of Artificial Gravity" (Chapter 2 of NASA report, 2007). Discusses human factors in rotating systems, including gravity gradients and Coriolis forces[9]. We reference this for the need to have a large radius (e.g. 100 m gives only 2% head-to-foot gravity difference)[9] and low rotation rates to minimize vestibular issues[1]. Validates our choice of 2 km radius, 0.67 RPM as a human-friendly design point.
- 11. Thrivability Matters "How to Live Sustainably: Lessons from Biosphere 2" (Magali Rochat & Dr. Morris Fedeli, 2021). An article reviewing the Biosphere 2 experiment's outcomes [14]. We use this to cite the oxygen depletion and food production problems Biosphere 2 encountered, and the resulting lesson that closed ecosystems are delicate. It emphasizes the need for careful material selection (to avoid O₂ sinks like concrete) and robust ecological monitoring, which we incorporate into our risk mitigation.
- 12. **National Space Society Kalpana One design (Al Globus et al., 2007).** (Not directly cited above, but influence acknowledged.) This is a proposed smaller (~250 m radius, ~4 RPM) space settlement design focusing on Earth-equatorial orbit conditions. It provided insight into high-spin habitat possibilities and radiation shielding with Earth's magnetosphere. Our Astropolis diverges in environment, but we note it as part of the evolution of free-space settlement designs focusing on human rotation tolerance and shielding mass optimization.
- 13. NASA/Johnson Space Center Environmental Control and Life Support System (ECLSS) Fact Sheet. (Referenced conceptually). Provides basic requirements for crew consumables: e.g. an astronaut metabolizes ~0.84 kg O₂/day and produces ~1 kg CO₂, figures used in sizing our life support throughput. While not directly quoted, standard NASA life support data underpin many of our calculations (like total O₂ needed for 100k people ~84 tons/day, necessitating robust recycling).

- 14. **Space Studies Institute Gerold K. O'Neill (1976).** *The High Frontier: Human Colonies in Space.* (Book) The original proposals of O'Neill cylinders and arguments for space habitats. We draw inspiration from the O'Neill cylinder concept (two 20 mile-long counter-rotating cylinders for millions of people) as the ultimate scale of what's possible. Astropolis can be seen as a stepping stone between the Stanford Torus and full O'Neill cylinders, adapted to Kuiper Belt conditions. O'Neill's work is foundational, explaining why 1 *g* artificial gravity is vital and how large-scale agriculture and societies might function in space.
- 15. **International Space Station Medical Data (NASA HRP).** Covers human health data in microgravity and partial gravity experimentation. While the ISS is microgravity, we extrapolate that near 1 *g* artificial gravity should avoid issues like bone loss. In absence of direct long-term artificial gravity studies (which are a gap in current science), we assume Earth gravity level is essentially healthy a reasonable assumption backed by short-radius centrifuge studies on bedrest subjects. We include this in bibliography to acknowledge the medical evidence base that shaped our requirement for 0.8–1.2 *g*.

16. ChatGPT AI. ChatGPT is a generative artificial intelligence chatbot developed by OpenAI and released in 2022.

Each of the above sources provided crucial evidence or analogies that underpin the Astropolis design. The NASA and NSS references (1–4, 10, 12) gave us the physics and engineering parameters for building a rotating colony and protecting it from space hazards. The ESA and life support references (4–7, 13) guided our closed-loop life support and agriculture planning with quantitative targets. The Biosphere 2 and psychological references (11, 15) tempered our design with real-world lessons on ecological and human factors. And space nuclear power references (9) justified our energy strategy in the dark reaches of the Solar System. Together, these sources paint a picture that colonies like Astropolis, while challenging, are within the realm of possibility – a result of standing on the shoulders of decades of space research and exploration experience.

[1] [9] [23] [25] Chapter 2

https://ntrs.nasa.gov/api/citations/20070001008/downloads/20070001008.pdf

[2] [41] Stanford Torus Space Settlement - NSS

https://nss.org/stanford-torus-space-settlement/

[3] NASA just recycled 98% of all astronaut pee and sweat on the ISS (engineers are thrilled) | Space

https://www.space.com/astronaut-pee-iss-water-recycling-98-percent-milestone

[4] Frontiers | Assessment of the physical and psychological aspects of the current life support system on the International Space Station for sustainable space exploration

https://www.frontiersin.org/journals/space-technologies/articles/10.3389/frspt.2024.1461389/full

[5] photography - How bright is it on Pluto in the middle of the day? - Astronomy Stack Exchange

https://astronomy.stackexchange.com/questions/39623/how-bright-is-it-on-pluto-in-the-middle-of-the-day

[6] [7] [8] [24] [39] Stanford Torus Cutaway - RTF | Rethinking The Future

https://www.re-thinkingthefuture.com/architectural-community/a9965-stanford-torus-cutaway/

[11] Growing Plants in Space: USDA ARS

https://www.ars.usda.gov/oc/utm/growing-plants-in-space/

[12] [27] MELiSSA - Wikipedia

https://en.wikipedia.org/wiki/MELiSSA

[14] How to Live Sustainably: Lessons from the Biosphere 2 Experiment

https://thrivabilitymatters.org/how-to-live-sustainably-lessons-from-biosphere-2-experiment/

[16] [44] Nuclear Reactors and Radioisotopes for Space - World Nuclear Association

https://world-nuclear.org/information-library/non-power-nuclear-applications/transport/nuclear-reactors-for-space

[21] Space Settlements of the 1970s - by Peter Hague - Planetocracy

https://planetocracv.org/p/space-settlements-of-the-1970s

[22] Stanford torus - Wikipedia

https://en.wikipedia.org/wiki/Stanford_torus

[29] [PDF] Early Results from the Advanced Radiation Protection Thick GCR ...

https://ntrs.nasa.gov/api/citations/20170005580/downloads/20170005580.pdf

[30] Beating 1 Sievert: Optimal Radiation Shielding of Astronauts on a ...

https://agupubs.onlinelibrary.wiley.com/doi/10.1029/2021SW002749

[32] Pluto: Facts - NASA Science

https://science.nasa.gov/dwarf-planets/pluto/facts/

[33] How much sunlight does Pluto get? - Applied Mathematics Consulting

https://www.johndcook.com/blog/2018/03/09/could-you-read-on-pluto/