

# PATIENT MEDICAL REPORT

Name: Rajesh Kumar

Sex: Male

Patient ID: RK20250403

Age: 54

Sex: Male

Date: 03-Apr-2025

## CHIEF COMPLAINT

Fatigue, increased thirst, frequent urination, blurred vision.

## MEDICAL HISTORY

- Type 2 Diabetes Mellitus (diagnosed in 2017)
- Hypertension (diagnosed in 2015)
- No known allergies

## CURRENT MEDICATIONS

Metformin 1000 mg (twice daily)  
Glimepiride 2 mg (once daily)  
Telmisartan 10 mg (once daily)  
Atorvastatin 10 mg (once daily at bedtime)

## PHYSICAL EXAMINATION

Weight: 62 kg  
Height: 171 cm  
BMI: 28.1 (Overweight)  
Blood Pressure: 142/88 mmHg  
Pulse: 82 bpm  
Temperature: 98.4°F

## DIAGNOSIS

- Uncontrolled Type 2 Diabetes Mellitus
- Hyperlipidemia
- Hypertension

## LABORATORY RESULTS

Test	Result	Normal
Fasting Blood Sugar	194	mg/dL
Postprandial Blood Sugar	212	mg/dL
HbA1c	8.2%	<5.7%
Cholesterol (Total)	198 mg	mg/dL
Triglycerides	210 mg	<150
HDL	39 mg	mg/dL
LDL	121 mg	<100 mL
Creatinine	1.1 mg	mg/dL

## PLAN & RECOMMENDATIONS

- Adjust medication: add Dapagliflozin 10 mg
- Recommend diabetic diet consultation
- Daily 30 min brisk walking
- Monitor blood sugar levels regularly
- Follow-up in 4 weeks