



## How to Backup the entire Database or one Profile.

### I. Guidelines to Backup Database and Individual Profile

You can back-up the **entire database** or an **individual profile** in the following manner:

#### A. Guidelines to Backup Entire Database:

1. From the Menu> Click “All Profiles” and be brought to the Profiles Screen
2. Click on the Menu in the upper left corner of the page.
3. Select the Backup, Restore, Share from the list.
4. Login with Dropbox (If you are not logged in)
5. Click on the Backup
6. Click on Backup Your Data
7. Wait for several minutes it can take a while.

#### B. Guidelines to Backup Individual Profile

1. Go to Profile Screen.
2. Long press the Profile name of which you have to take a Backup.
3. You will get a two options **Delete Profile** and **Share Profile**.
4. Click on the **Share Profile**.
5. Login with Dropbox (If you are not logged in)
6. Click on the **Backup**
7. Click on **Backup Your Data**
8. Wait for several minutes it can take a while.