

style.css

```
*{margin:0;padding: 0;box-sizing:border-box ;}
```

```
.carousel-inner img{  
    width: 100%;  
    height: 90vh;  
}
```

```
.aboutimg{  
    width: 100%;  
    height: 250px!important;  
}
```

about.php

```
<!DOCTYPE html>  
<html>  
  <head>  
    <title></title><meta charset="utf-8">  
    <meta name="viewport" content="width=device-width, initial-scale=1">  
    <link rel="stylesheet" type="text/css" href="css/style.css">  
    </style>  
    <link rel="stylesheet"  
      href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">  
  </head>  
  <body>  
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">  
      <a class="navbar-brand" href="index.php">Muscle Freak</a>  
      <button class="navbar-toggler" type="button" data-toggle="collapse"  
        data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
```

```

aria-expanded="false" aria-label="Toggle navigation">
<span class="navbar-toggler-icon"></span>
</button>
<div class="collapse navbar-collapse" id="navbarSupportedContent">
  <ul class="navbar-nav ml-auto">
    <li class="nav-item active">
      <a class="nav-link" href="index.php">Home <span
class="sr-only">(current)</span></a>
    </li>

    <li class="nav-item">
      <a class="nav-link" href="about.php">Membership programs</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="review.php">Reviews</a>
    </li>
    <li class="nav-item">
      <a class="nav-link"
href="classinfo.php">Class Duration</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="login.php">Sign up/Login</a>
    </li>
  </ul>
</div>
</nav>

<div class="py-3 "></div>


<div class="container-fluid">
  <div class="row">
    <div class=" col-lg-4 col-md-4 col-12 ">
      <div class="card">
        
        <div class="card-body">
          <h4 class="card-title">3
month membership</h4>

```

A start to the change

Embark on your fitness journey with our 3-month membership. For a fee of 4500 BDT, you gain access to our state-of-the-art facilities, including a fully equipped gym, sauna, and steam room. With multiple trainers available to guide you, we're here to support you every step of the way. Our flexible opening hours ensure that you can work out at your convenience.

[SIGNUP](#)



6 month membership

Get ready to see the change

With our 6-month membership priced at 8000 BDT, you'll have the opportunity to make substantial progress towards your fitness goals. Alongside access to our gym and relaxation amenities, our physiotherapists are available to assist you during morning hours. Achieve your fitness aspirations while enjoying the guidance of our experienced trainers.

[SIGN UP](#)

```

<div class=" col-lg-4 col-md-4 col-12 ">
  <div class="card">
    
    <div class="card-body">
      <h4 class="card-title">12
month membership</h4>
      <p
class="card-text"><strong>Best way to build your dream body</strong></p>
      <p>For those committed to
a long-term fitness transformation, our 12-month membership at 15000 BDT offers you
the best value. Access our gym, sauna, and steam facilities, and benefit from the
expertise of our physiotherapists. Choose from a variety of trainers to personalize your
fitness journey. With flexible hours, we ensure that you can prioritize your fitness at any
time of day.
      </p>
      <br>
      <a href="login.php"
class="btn btn-primary">SIGN UP</a>
    </div>
  </div>
</div>

<script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
  <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
  <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>

</html>

```

classinfo.php

```
<!DOCTYPE html>
<html>
<head>

    <title></title>
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
    <script src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</head>
<body>
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
        <a class="navbar-brand" href="index.php">Muscle
Freak</a>
        <button class="navbar-toggler" type="button"
data-toggle="collapse"
data-target="#navbarSupportedContent"
aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
            <span class="navbar-toggler-icon"></span>
        </button>
        <div class="collapse navbar-collapse"
id="navbarSupportedContent">
            <ul class="navbar-nav ml-auto">
                <li class="nav-item active">
                    <a class="nav-link"
href="index.php">Home <span class="sr-only">(current)</span></a>
                </li>
                <li class="nav-item">
                    <a class="nav-link"
href="about.php">Membership programs</a>
            </ul>
        </div>
    </nav>
</body>
</html>
```

```

        </li>

        <li class="nav-item">
            <a class="nav-link"
href="review.php">Reviews</a>

        </li>

        <li class="nav-item">
            <a class="nav-link"
href="classinfo.php">Class Duration</a>

        </li>

        <li class="nav-item">
            <a class="nav-link"
href="login.php">Sign up/Login</a>

        </li>

    </ul>

</div>
</nav>

<div class="container">
    <div class="col-lg-12">
        <br><br>
        <h1 class="text-warning text-center">Class information:</h1>
        <br>
        <table class="table table-striped table-hover table-bordered">
            <tr>
                <th>CID</th>

                <th>instructor</th>
                <th>sex</th>
                <th>type of class</th>
                <th>day</th>
                <th>time</th>
                <th>hours</th>

            </tr>

```

```
<?php
```

```
include 'conn.php';
```

```
$q="select c.CID as 'Class ID',i.fname as 'instructor',i.sex,g.gymType as 'type of  
class',c.day,c.time,c.hours  
from class c join gymClass g on(c.CID=g.CID) join instructors i on(g.IID=i.IID) union  
select c.CID as 'Class ID',i.fname as 'instructor',i.sex,g.yogaType as 'type of  
class',c.day,c.time,c.hours  
from class c join yogaClass g on(c.CID=g.CID) join instructors i on(g.IID=i.IID);";
```

```
$query=mysqli_query($con,$q);
```

```
while($res=mysqli_fetch_array($query)){
```

```
?>
```

```
<tr>
```

```
<td> <?php echo $res['Class ID']; ?> </td>  
<td> <?php echo $res['instructor']; ?> </td>  
<td> <?php echo $res['sex']; ?> </td>  
<td> <?php echo $res['type of class']; ?> </td>  
<td> <?php echo $res['day']; ?> </td>  
<td> <?php echo $res['time']; ?> </td>  
<td> <?php echo $res['hours']; ?> </td>
```

```
                </tr>

                <?php
                }
                ?>

        </table>

</div>
</div>

</body>
</html>
```

conn.php

```
<?php
$con=mysqli_connect('localhost','root');
mysqli_select_db($con,'testpro2');
```

delete.php

```
<?php
session_start();
if(!isset($_SESSION["email"]))
{
header("location:login.php");
}
?>
```



```

<?php
include 'conn.php';
if (isset($_GET['email'])) {
$email = $_GET['email'];
$q = "DELETE FROM members WHERE email='$email'";
if (mysqli_query($con, $q)) {
echo "Record deleted successfully";
} else {
echo "Error deleting record: " . mysqli_error($con);
}
header("location:display.php");
} else {
echo "Email parameter not set in the URL.";
}
?>

```

deleteClassAdmin.php

```

<?php
session_start();
if(!isset($_SESSION["email"]))
{
header("location:login.php");
}
?>

```

```

<?php
include 'conn.php';
if (isset($_GET['CID'])) {
$CID = $_GET['CID'];
$q = "DELETE FROM class WHERE CID='$CID'";
if (mysqli_query($con, $q)) {
echo "Record deleted successfully";
} else {
echo "Error deleting record: " . mysqli_error($con);
}
}

```

```

}
header('location:displayClassAdmin.php');
} else {
echo "CID parameter not set in the URL.";
}
?>

```

deleteGAdmin.php

```

<?php
session_start();
if(!isset($_SESSION["email"]))
{
header("location:login.php");
}
?>

```

```

<?php
include 'conn.php';
if (isset($_GET['CID'])) {
$CID = $_GET['CID'];
$q = "DELETE FROM gymClass WHERE CID='$CID'";
if (mysqli_query($con, $q)) {
echo "Record deleted successfully";
} else {
echo "Error deleting record: " . mysqli_error($con);
}
header('location:displayGAdmin.php');
} else {
echo "CID parameter not set in the URL.";
}
?>

```

deleteInsAdmin.php

```
<?php
session_start();
if(!isset($_SESSION["email"]))
{
header("location:login.php");
}
?>
```

```
<?php
include 'conn.php';
if (isset($_GET['IID'])) {
$IID = $_GET['IID'];
$q = "DELETE FROM instructors WHERE IID='$IID'";
if (mysqli_query($con, $q)) {
echo "Record deleted successfully";
} else {
echo "Error deleting record: " . mysqli_error($con);
}
header('location:displayInsAdmin.php');
} else {
echo "IID parameter not set in the URL.";
}
?>
```

deleteYAdmin.php

```
<?php
session_start();
if(!isset($_SESSION["email"]))
{
header("location:login.php");
}
?>
```

```
<?php
include 'conn.php';
if (isset($_GET['CID'])) {
$CID = $_GET['CID'];
$q = "DELETE FROM yogaClass WHERE CID='$CID'";
if (mysqli_query($con, $q)) {
echo "Record deleted successfully";
} else {
echo "Error deleting record: " . mysqli_error($con);
}
header('location:displayYAdmin.php');
} else {
echo "CID parameter not set in the URL.";
}
?>
```

display.php

```
<?php

session_start();
```

```

if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}

?>

```

```

<!DOCTYPE html>
<html>
    <head>
        <title></title>
        <meta name="viewport" content="width=device-width, initial-scale=1">
        <link rel="stylesheet"

href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
        <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>

    </head>
    <body>
        <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
            <a class="navbar-brand" href="display.php">Muscle Freak</a>
            <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
            <span class="navbar-toggler-icon"></span>
            </button>
            <div class="collapse navbar-collapse" id="navbarSupportedContent">
                <ul class="navbar-nav ml-auto">

```

```

<li class="nav-item">
  <a class="nav-link" href="display.php">Members</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="displayClassAdmin.php">Class</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="displayGCadmin.php">GYM</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="displayYCadmin.php">Yoga</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="displayInsAdmin.php">Instructors</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="logout.php">Logout</a>
</li>

</ul>

</div>
</nav>

<div class="container">
  <div class="col-lg-12">
    <br><br>
    <h1 class="text-warning text-center">Display table
data</h1>

    <br>
    <table class="table table-striped table-hover
table-bordered">

      <tr>
        <th>fname</th>
        <th>lname</th>
        <th>email</th>
        <th>DOB</th>
        <th>sex</th>
        <th>contactNo</th>
        <th>gymflag</th>

```

```

                <th>yogaflag</th>
                <th>pass</th>
                <th>delete</th>
                <th>update</th>
            </tr>
            <?php
            include 'conn.php';
            $q="select * from members";
            $query=mysqli_query($con,$q);
            while($res=mysqli_fetch_array($query)){
            ?>
            <tr>
                <td> <?php echo $res['fname']; ?> </td>
                <td> <?php echo $res['lname']; ?> </td>
                <td> <?php echo $res['email']; ?> </td>
                <td> <?php echo $res['DOB']; ?> </td>
                <td> <?php echo $res['sex']; ?> </td>
                <td> <?php echo $res['contactNo']; ?>
                <td> <?php echo $res['gymflag']; ?>
                <td> <?php echo $res['yogaflag']; ?>
                <td> <?php echo $res['pass']; ?> </td>
                <td>
                    <button class="btn-danger btn">
                        <a
href="delete.php?email=<?php echo $res['email']; ?>" class="text-white">Delete</a>
                        </button>
                </td>
                <td>
                    <button class="btn-primary btn">
                        <a
href="update.php?email=<?php echo $res['email']; ?>" class="text-white">update</a>
                        </button>
                </td>
            </tr>
            <?php
            }
            ?>

```

```
        </table>
    </div>
</div>
```

```
<style>
```

```
    .center-container {
    display: flex;
    flex-direction: column; /* Stack children vertically */
    align-items: center; /* Center children horizontally */
    justify-content: center; /* Center children vertically if the container has a specific
height */
    text-align: center; /* Center the text for older browsers */
    }
```

```
    .reviewer-name {
    margin-top: 5px;
    font-style: italic;
    }
    .btn-primary:hover {
    background-color: #0056b3; /* Darker shade for hover effect */
    }
```

```
</style>
```

```
<div class="center-container">
```

```
    <h1 class="reviewer-name"><font size="6px">To add a
member:</font></h1>
```

```
    <a href="insert.php" class="btn-primary btn">Insert</a>
</div>
```

```
</body>
```

```
</html>
```


displayClassAdmin.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<!DOCTYPE html>
```

```
<html>
```

```
    <head>
```

```
        <title></title>
```

```
        <meta name="viewport" content="width=device-width, initial-scale=1">
```

```
        <link rel="stylesheet"
```

```
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri  
pt>
```

```
    </head>
```

```
    <body>
```

```
        <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
```

```
        <a class="navbar-brand" href="display.php">Muscle Freak</a>
```

```
        <button class="navbar-toggler" type="button" data-toggle="collapse"
```

```
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
<span class="navbar-toggler-icon"></span>
</button>
<div class="collapse navbar-collapse" id="navbarSupportedContent">
  <ul class="navbar-nav ml-auto">
```

```
    <li class="nav-item">
      <a class="nav-link" href="display.php">Members</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="displayClassAdmin.php">Class</a>
    </li>

    <li class="nav-item">
      <a class="nav-link" href="displayGCadmin.php">GYM</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="displayYCadmin.php">Yoga</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="displayInsAdmin.php">Instructors</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="logout.php">Logout</a>
    </li>
```

```
</ul>
```

```
</div>
```

```
</nav>
```

```

    <div class="container">
      <div class="col-lg-12">
        <br><br>
        <h1 class="text-warning text-center">Display class
data</h1>

        <br>
```

table-bordered">

<table class="table table-striped table-hover

<tr>

<th>CID</th>

<th>time</th>

<th>day</th>

<th>hours</th>

<th>delete</th>

<th>update</th>

</tr>

<?php

include 'conn.php';

\$q="select * from class";

\$query=mysqli_query(\$con,\$q);

while(\$res=mysqli_fetch_array(\$query)){

?>

<tr>

<td> <?php echo \$res['CID']; ?> </td>

<td> <?php echo \$res['time']; ?> </td>

<td> <?php echo \$res['day']; ?> </td>

<td> <?php echo \$res['hours']; ?> </td>

<td>

<button class="btn-danger btn">

<a

href="deleteClassAdmin.php?CID=<?php echo \$res['CID']; ?>"

class="text-white">Delete

</button>

</td>

<td>

<button class="btn-primary btn">

<a

href="updateClassAdmin.php?CID=<?php echo \$res['CID']; ?>"

class="text-white">update

</button>

</td>

</tr>

<?php

}

?>

```

        </table>
    </div>
</div>
</body>

<style>
.center-container {
display: flex;
flex-direction: column; /* Stack children vertically */
align-items: center; /* Center children horizontally */
justify-content: center; /* Center children vertically if the container has a specific
height */
text-align: center; /* Center the text for older browsers */
}

.reviewer-name {
margin-top: 5px;
font-style: italic;
}
.btn-primary:hover {
background-color: #0056b3; /* Darker shade for hover effect */
}
</style>
<div class="center-container">

    <h1 class="reviewer-name"><font size="6px">To add another class
time:</font></h1>
    <a href="insertClassAdmin.php" class="btn-primary btn">Insert</a>
</div>

</html>

```

displayGCAdmin.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<!DOCTYPE html>
```

```
<html>
```

```
    <head>
```

```
        <title></title>
```

```
        <meta name="viewport" content="width=device-width, initial-scale=1">
```

```
        <link rel="stylesheet"
```

```
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></script>
```

```
    </head>
```

```
    <body>
```

```

        <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="display.php">Muscle Freak</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
    data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
    aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
        <ul class="navbar-nav ml-auto">

    <li class="nav-item">
        <a class="nav-link" href="display.php">Members</a>
    </li>
    <li class="nav-item">
        <a class="nav-link" href="displayClassAdmin.php">Class</a>
    </li>

        <li class="nav-item">
            <a class="nav-link" href="displayGCadmin.php">GYM</a>
        </li>
        <li class="nav-item">
            <a class="nav-link" href="displayYCadmin.php">Yoga</a>
        </li>
        <li class="nav-item">
            <a class="nav-link" href="displayInsAdmin.php">Instructors</a>
        </li>
        <li class="nav-item">
            <a class="nav-link" href="logout.php">Logout</a>
        </li>

    </ul>

    </div>
</nav>

```

```

    <div class="container">
        <div class="col-lg-12">
            <br><br>

```

class data</h1>

table-bordered">

<h1 class="text-warning text-center">Display gym

<table class="table table-striped table-hover

<tr>

<th>CID</th>

<th>gymType</th>

<th>IID</th>

<th>delete</th>

<th>update</th>

</tr>

<?php

include 'conn.php';

\$q="select * from gymClass";

\$query=mysqli_query(\$con,\$q);

while(\$res=mysqli_fetch_array(\$query)){

?>

<tr>

<td> <?php echo \$res['CID']; ?> </td>

<td> <?php echo \$res['gymType']; ?>

</td>

<td> <?php echo \$res['IID']; ?> </td>

<td>

<button class="btn-danger btn">

<a

href="deleteGAdmin.php?CID=<?php echo \$res['CID']; ?>"

class="text-white">Delete

</button>

</td>

<td>

<button class="btn-primary btn">

<a

href="updateGAdmin.php?CID=<?php echo \$res['CID']; ?>"

class="text-white">update

</button>

</td>

</tr>

<?php

}

```

        ?>
    </table>
</div>
</div>

<style>
.center-container {
display: flex;
flex-direction: column; /* Stack children vertically */
align-items: center; /* Center children horizontally */
justify-content: center; /* Center children vertically if the container has a specific
height */
text-align: center; /* Center the text for older browsers */
}

.reviewer-name {
margin-top: 5px;
font-style: italic;
}
.btn-primary:hover {
background-color: #0056b3; /* Darker shade for hover effect */
}
</style>
<div class="center-container">

    <h1 class="reviewer-name"><font size="6px">To add a gym
class:</font></h1>
    <a href="insertGCadmin.php" class="btn-primary btn">Insert</a>
</div>

</body>
</html>

```


displayInsAdmin.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<!DOCTYPE html>
```

```
<html>
```

```
    <head>
```

```
        <title></title>
```

```
        <meta name="viewport" content="width=device-width, initial-scale=1">
```

```
        <link rel="stylesheet"
```

```
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```
    </head>
```

```
    <body>
```

```
        <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
```

```
        <a class="navbar-brand" href="display.php">Muscle Freak</a>
```

```
        <button class="navbar-toggler" type="button" data-toggle="collapse"
```

```
        data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
```

```
        aria-expanded="false" aria-label="Toggle navigation">
```

```
        <span class="navbar-toggler-icon"></span>
```

```
        </button>
```

```
        <div class="collapse navbar-collapse" id="navbarSupportedContent">
```

```
            <ul class="navbar-nav ml-auto">
```

```

<li class="nav-item">
  <a class="nav-link" href="display.php">Members</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="displayClassAdmin.php">Class</a>
</li>

  <li class="nav-item">
    <a class="nav-link" href="displayGAdmin.php">GYM</a>
  </li>
  <li class="nav-item">
    <a class="nav-link" href="displayYAdmin.php">Yoga</a>
  </li>
  <li class="nav-item">
    <a class="nav-link" href="displayInsAdmin.php">Instructors</a>
  </li>
  <li class="nav-item">
    <a class="nav-link" href="logout.php">Logout</a>
  </li>

</ul>

</div>
</nav>

```

```

<div class="container">
  <div class="col-lg-12">
    <br><br>
    <h1 class="text-warning text-center">Display
instructors data</h1>

    <br>
    <table class="table table-striped table-hover
table-bordered">
      <tr>
        <th>IID</th>
        <th>fname</th>
        <th>lname</th>

```

```

<th>sex</th>
<th>DOB</th>
<th>contactNo</th>
<th>gymflag</th>
<th>yogaflag</th>
<th>delete</th>
<th>update</th>
</tr>
<?php
include 'conn.php';
$q="select * from instructors";
$query=mysqli_query($con,$q);
while($res=mysqli_fetch_array($query)){
?>
<tr>
<td> <?php echo $res['IID']; ?> </td>
<td> <?php echo $res['fname']; ?> </td>
<td> <?php echo $res['lname']; ?> </td>
<td> <?php echo $res['sex']; ?> </td>
<td> <?php echo $res['DOB']; ?> </td>
<td> <?php echo $res['contactNo']; ?>
</td>
<td> <?php echo $res['gymflag']; ?>
</td>
<td> <?php echo $res['yogaflag']; ?>
</td>
<td>
<button class="btn-danger btn">
<a
href="deleteInsAdmin.php?IID=<?php echo $res['IID']; ?>"
class="text-white">Delete</a>
</button>
</td>
<td>
<button class="btn-primary btn">
<a
href="updateInsAdmin.php?IID=<?php echo $res['IID']; ?>"
class="text-white">update</a>
</button>
</td>

```

```

        </tr>
        <?php
        }
        ?>
    </table>
</div>
</div>

<style>
.center-container {
display: flex;
flex-direction: column; /* Stack children vertically */
align-items: center; /* Center children horizontally */
justify-content: center; /* Center children vertically if the container has a specific
height */
text-align: center; /* Center the text for older browsers */
}

.reviewer-name {
margin-top: 5px;
font-style: italic;
}
.btn-primary:hover {
background-color: #0056b3; /* Darker shade for hover effect */
}
</style>
<div class="center-container">

    <h1 class="reviewer-name"><font size="6px">To add a
Instructor:</font></h1>
    <a href="insertInsAdmin.php" class="btn-primary btn">Insert</a>
</div>

<script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
<script

```

```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri  
pt>  
    </body>  
</html>
```

displayYCAdmin.php

```
<?php
```

```
session_start();  
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||  
$_SESSION["usertype"] !== "admin"){  
    header("Location: login.php");  
    exit();  
}
```

```
?>
```

```
<!DOCTYPE html>  
<html>  
<head>  
<title></title>  
<meta name="viewport" content="width=device-width, initial-scale=1">  
<link rel="stylesheet"  
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">  
<script src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>  
<script  
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>  
<script  
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri  
pt>  
</head>  
<body>
```

```

    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="display.php">Muscle Freak</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
    data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
    aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
    <ul class="navbar-nav ml-auto">

    <li class="nav-item">
        <a class="nav-link" href="display.php">Members</a>
    </li>
    <li class="nav-item">
        <a class="nav-link" href="displayClassAdmin.php">Class</a>
    </li>

    <li class="nav-item">
        <a class="nav-link" href="displayGCadmin.php">GYM</a>
    </li>
    <li class="nav-item">
        <a class="nav-link" href="displayYAdmin.php">Yoga</a>
    </li>
    <li class="nav-item">
        <a class="nav-link" href="displayInsAdmin.php">Instructors</a>
    </li>
    <li class="nav-item">
        <a class="nav-link" href="logout.php">Logout</a>
    </li>

    </ul>

    </div>
    </nav>
    <div class="container">
    <div class="col-lg-12">
    <br><br>
    <h1 class="text-warning text-center">Display yogaclass data</h1>
    <br>

```

```

<table class="table table-striped table-hover table-bordered">
<tr>
<th>CID</th>
<th>yogaType</th>
<th>IID</th>
<th>delete</th>
<th>update</th>
</tr>
<?php
include 'conn.php';
$q="select * from yogaClass";
$query=mysqli_query($con,$q);
while($res=mysqli_fetch_array($query)){
?>
<tr>
<td> <?php echo $res['CID']; ?> </td>
<td> <?php echo $res['yogaType']; ?> </td>
<td> <?php echo $res['IID']; ?> </td>
<td>
<button class="btn-danger btn">
<a href="deleteYAdmin.php?CID=<?php echo $res['CID']; ?>"
class="text-white">Delete</a>
</button>
</td>
<td>
<button class="btn-primary btn">
<a href="updateYAdmin.php?CID=<?php echo $res['CID']; ?>"
class="text-white">update</a>
</button>
</td>
</tr>
<?php
}
?>
</table>
</div>
</div>

<style>
.center-container {

```

```

display: flex;
flex-direction: column; /* Stack children vertically */
align-items: center; /* Center children horizontally */
justify-content: center; /* Center children vertically if the container has a specific height
*/
text-align: center; /* Center the text for older browsers */
}

.reviewer-name {
margin-top: 5px;
font-style: italic;
}
.btn-primary:hover {
background-color: #0056b3; /* Darker shade for hover effect */
}
</style>
<div class="center-container">

    <h1 class="reviewer-name"><font size="6px">To add yoga class:</font></h1>
    <a href="insertYCAadmin.php" class="btn-primary btn">Insert</a>
</div>

</body>
</html>

```

index.php

```

<!DOCTYPE html>
<html>
    <head>
        <title></title><meta charset="utf-8">
        <meta name="viewport" content="width=device-width, initial-scale=1">
        <link rel="stylesheet" type="text/css" href="css/style.css">
        </style>
        <link rel="stylesheet"

```



```

href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
</head>
<body>
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
        <a class="navbar-brand" href="index.php">Muscle
Freak</a>
        <button class="navbar-toggler" type="button"
data-toggle="collapse"
        data-target="#navbarSupportedContent"
aria-controls="navbarSupportedContent"
        aria-expanded="false" aria-label="Toggle navigation">
            <span class="navbar-toggler-icon"></span>
        </button>
        <div class="collapse navbar-collapse"
id="navbarSupportedContent">
            <ul class="navbar-nav ml-auto">
                <li class="nav-item active">
                    <a class="nav-link"
href="index.php">Home <span class="sr-only">(current)</span></a>
                </li>
                <li class="nav-item">
                    <a class="nav-link"
href="about.php">Membership programs</a>
                </li>
                <li class="nav-item">
                    <a class="nav-link"
href="review.php">Reviews</a>
                </li>
                <li class="nav-item">
                    <a class="nav-link"
href="classinfo.php">Class Duration</a>
                </li>
                <li class="nav-item">
                    <a class="nav-link"
href="login.php">Sign up/Login</a>
                </li>
            </ul>

```

```

        </div>
    </nav>
    <div id="demo" class="carousel slide" data-ride="carousel">
        <ul class="carousel-indicators">
            <li data-target="#demo" data-slide-to="0"
class="active"></li>
            <li data-target="#demo" data-slide-to="1"></li>
            <li data-target="#demo" data-slide-to="2"></li>
        </ul>
        <div class="carousel-inner">
            <div class="carousel-item active">
                
                <div class="carousel-caption">
                    <h3>Passion</h3>
                    <p>This is where the journey to
greatness begins!</p>
                </div>
            </div>
            <div class="carousel-item">
                
                <div class="carousel-caption">
                    <h3>Hard work</h3>
                    <p>We have everything you need</p>
                </div>
            </div>
            <div class="carousel-item">
                
                <div class="carousel-caption">
                    <h3>Consistency</h3>
                    <p>Are you ready to start your
journey?</p>
                </div>
            </div>
        </div>
        <a class="carousel-control-prev" href="#demo"
data-slide="prev">

```

```

        <span class="carousel-control-prev-icon"></span>
    </a>
    <a class="carousel-control-next" href="#demo"
data-slide="next">
        <span class="carousel-control-next-icon"></span>
    </a>
</div>
<section class="my-5">
    <div class="py-5">
        <h3 class="text-center">About Us</h3>
    </div>
    <div>
        <div class="row">
            <div class="col-lg-6 col-md-6 col-12">
                
            </div>
            <div class="col-lg-6 col-md-6 col-12">
                <p class="py-0" class="about-body"
style="font-size:20px;">Welcome to Muscle Freak, where your fitness journey begins
and your dreams become a reality. Our commitment to your well-being extends beyond
the physical. We believe in empowering you to lead a healthier, happier life through a
holistic approach to fitness.

                At Muscle Freak, we offer a range of
membership options designed to suit your needs and goals. Whether you're looking to
kickstart your fitness routine or embark on a transformative journey, we have the perfect
membership for you.

                Muscle Freak is more than just a place
to work out; it's a community of like-minded individuals who are dedicated to personal
growth and wellness. Our vision is to provide a welcoming and motivating environment
where everyone, regardless of their fitness level, can thrive.
            </p>

            <p style="font-size: 20px;">Address: Sector 6, Road 1, House 3, Uttara,
Dhaka</p>

```

```

        </div>
    </div>
</div>
</section>
<section class="my-5">
    <div class="py-5">
        <h3 class="text-center">Our Membership Plans</h3>
    </div>
    <div class="container-fluid">
        <div class="row">
            <div class=" col-lg-4 col-md-4 col-12 ">
                <div class="card">
                    
                    <div class="card-body">
                        <h4 class="card-title">3
month membership</h4>
                        <p class="card-text" >A
start to the change</p>
                        <a href="about.php"
class="btn btn-primary">Know more</a>
                    </div>
                </div>
            </div>
            <div class=" col-lg-4 col-md-4 col-12 ">
                <div class="card">
                    
                    <div class="card-body">
                        <h4 class="card-title">6
month membership</h4>
                        <p class="card-text"
font>Get ready to see the change</p>
                        <a href="about.php"
class="btn btn-primary">Know more</a>
                    </div>
                </div>
            </div>
        </div>
    </div>

```

```

<div class=" col-lg-4 col-md-4 col-12 ">
  <div class="card">
    
    <div class="card-body">
      <h4 class="card-title">12
month membership</h4>
      <p class="card-text">Best
way to build your dream body</p>
      <a href="about.php"
class="btn btn-primary">Know more</a>
    </div>
  </div>
</div>

</div>
</section>
<section class="my-5">
  <div class="py-5">
    <h3 class="text-center">Gallery</h3>
  </div>
  <div class="container-fluid">
    <div class="row">
      <div class="col-lg-4 col-md-4 col-12 ">
        
      </div>
      <div class="col-lg-4 col-md-4 col-12 ">
        
      </div>
      <div class="col-lg-4 col-md-4 col-12 ">
        
      </div>
    </div>
  </div>
  <div class="col-lg-4 col-md-4 col-12 ">
    
  </div>

```

class="img-fluid pb-4">

class="img-fluid pb-4">

</div>

<div class="col-lg-4 col-md-4 col-12 ">

<div class="col-lg-4 col-md-4 col-12 ">

</div>

</div>

</section>

<title>Gym Members Count</title>

<style>

.gym-members-count {
display: flex;
justify-content: space-around;
padding: 20px;
}

.count {
margin: 0;
padding: 10px;
background-color: #f2f2f2;
border-radius: 5px;
text-align: center;
}

.male-count {
border-right: 2px solid #4CAF50;
}

.female-count {
border-left: 2px solid #FFC0CB;
}

h1 {
text-align: center;
}

```

.about-body p{
    margin: 0;

    font-family: "Times New Roman", Times, serif;
    font-size: 20px;
}
</style>
</head>
<body>

<h1>Total Members of the Gym</h1>

<?php
    include 'conn.php';
    $q="SELECT sex,COUNT(*)
    from members
    WHERE sex='male'
    GROUP by sex ";
    $query=mysqli_query($con,$q);
    $res=mysqli_fetch_array($query);

    $q2="SELECT sex,COUNT(*)
    from members
    WHERE sex='female'
    GROUP by sex ";
    $query2=mysqli_query($con,$q2);
    $res2=mysqli_fetch_array($query2);
?>

<div class="gym-members-count">

    <div class="male-count">
        <h2>Male Members</h2>
        <p><font size="20px"><?php echo $res['COUNT(*)']; ?></font></p>
    </div>

    <div class="female-count">
        <h2>Female Members</h2>
        <p><font size="20px"><?php echo $res2['COUNT(*)'];?></font> </p>
    </div>

```

```
</div>
```

```
<br><br>
```

```
    <footer>
        <p class="p-3 bg-dark text-white text-center ">@AMIUR RAHMAN @AZIZ
RAIHAN</p>
    </footer>s
```

```
    <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
    <script
```

```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</body>
</html>
```

insert.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<?php
```



```

include 'conn.php';
if(isset($_POST['done'])){
    $fname=$_POST['fname'];
    $lname=$_POST['lname'];
    $email=$_POST['email'];
    $DOB=$_POST['DOB'];
    $sex=$_POST['sex'];
    $gymflag=$_POST['gymflag'];
    $yogaflag=$_POST['yogaflag'];
    $pass=$_POST['pass'];
    $contactNo=$_POST['contactNo'];
    $efname=$_POST['efname'];
    $elname=$_POST['elname'];
    $eContactNo=$_POST['eContactNo'];
    $relationship=$_POST['relationship'];
    $esex=$_POST['esex'];
    $CID=$_POST['CID'];
    $subDuration=$_POST['subDuration'];
    $paymentDate=$_POST['paymentDate'];
    $query=" insert into members
(fname,lname,email,DOB,sex,contactNo,gymflag,yogaflag,pass)
values
('$fname','$lname','$email','$DOB','$sex','$contactNo','$gymflag','$yogaflag','$pass')";
mysqli_query($con,$query);
$query=" insert into payment (email,subDuration,paymentDate)
values ('$email','$subDuration','$paymentDate')";
mysqli_query($con,$query);
$query=" insert into emergency_contact
(efname,elname,eContactNo,relationship,esex,email)
values ('$efname','$elname','$eContactNo','$relationship','$esex','$email')";
mysqli_query($con,$query);
$query=" insert into login(email,pass)
values ('$email','$pass')";
mysqli_query($con,$query);
$query=" insert into take_classes
values ('$email','$CID')";
mysqli_query($con,$query);
}
?>
<!DOCTYPE html>

```

```

<html>
  <head>
    <title></title>
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
    <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
  </head>
  <body>
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
      <a class="navbar-brand" href="display.php">Cancel Operation</a>
      <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
      </button>
      <div class="collapse navbar-collapse" id="navbarSupportedContent">
        <ul class="navbar-nav ml-auto">
          </ul>
        </div>
      </nav>
      <div class="col-lg-6 m-auto">
        <form method="post">
          <br><div class="card">
            <div class="card-header bg-dark">
              <h1 class="text-white text-center">Insert
operation</h1>
            </div><br>
            <label>fname:</label>
            <input type="text" name="fname"
class="form-control"> <br>

```

class="form-control">

class="form-control">

class="form-control">

class="form-control">

class="form-control">

class="form-control">

class="form-control">

<label>lname:</label>
<input type="text" name="lname"

<label>email:</label>
<input type="text" name="email"

<label>DOB:</label>
<input type="text" name="DOB"

<label>sex:</label>
<input type="text" name="sex"

<label>gymflag:</label>
<input type="text" name="gymflag"

<label>yogaflag:</label>
<input type="text" name="yogaflag"

<label>pass:</label>
<input type="text" name="pass"

<label>Contact number</label>
<input type="text" name="contactNo"
class="form-control">

<label>duration of subscription:</label>
<input type="text" name="subDuration"
class="form-control">

<label>date of registration:</label>
<input type="text" name="paymentDate"
class="form-control">

<label>fname of emergency contact</label>
<input type="text" name="efname"
class="form-control">

<label>lname of emergency contact</label>
<input type="text" name="elname"
class="form-control">

<label>contact number of emergency
contact</label>
<input type="text" name="eContactNo"
class="form-control">


```

name="done">
<label>relationship with emergency
contact</label>
<input type="text" name="relationship"
class="form-control"> <br>
<label>sex of emergency contact</label>
<input type="text" name="esex"
class="form-control"> <br>
<label>which class you want to take?press
1 for gym,2 for yoga</label>
<input type="text" name="CID"
class="form-control"> <br>
<button class="btn btn-success" type="submit"
Submit
</button><br>
</div>
</form>
</div>
</body>
</html>

```

insertClassAdmin.php

```

<?php
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
?>

```

```

<?php
include 'conn.php';
if(isset($_POST['done'])){
$CID=$_POST['CID'];
$time=$_POST['time'];
$day=$_POST['day'];
$hours=$_POST['hours'];
$query=" insert into class
values ('$CID','$time','$day','$hours')";
mysqli_query($con,$query);
}
?>
<!DOCTYPE html>
<html>
    <head>
        <title></title>
        <meta name="viewport" content="width=device-width, initial-scale=1">
        <link rel="stylesheet"

href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
        <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script

src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
    </head>
    <body>
        <nav class="navbar navbar-expand-lg navbar-dark
bg-dark">
        <a class="navbar-brand" href="displayClassAdmin.php">Cancel Operation</a>
        <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
        </button>
        <div class="collapse navbar-collapse" id="navbarSupportedContent">

```

```

        <ul class="navbar-nav ml-auto">
        </ul>

    </div>
</nav>

        <div class="col-lg-6 m-auto">
            <form method="post">
                <br><div class="card">
                    <div class="card-header bg-dark">
                        <h1 class="text-white text-center">Insert
class
                            operation</h1>
                    </div><br>
                    <label>CID:</label>
                    <input type="text" name="CID"
class="form-control"> <br>
                    <label>time:</label>
                    <input type="text" name="time"
class="form-control"> <br>
                    <label>day:</label>
                    <input type="text" name="day"
class="form-control"> <br>
                    <label>hours:</label>
                    <input type="text" name="hours"
class="form-control"> <br>
                    <button class="btn btn-success" type="submit"
name="done">Submit</button><br>
                </div>
            </form>
        </div>
    </body>
</html>

```

insertGAdmin.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<?php
```

```
include 'conn.php';
if(isset($_POST['done'])){
    $CID=$_POST['CID'];
    $IID=$_POST['IID'];
    $gymType=$_POST['gymType'];
    $query=" insert into gymClass
values ('$CID','$gymType','$IID')";
    mysqli_query($con,$query);
}
```

```
?>
```

```
<!DOCTYPE html>
```

```
<html>
```

```
    <head>
```

```
        <title></title>
```

```
        <meta name="viewport" content="width=device-width, initial-scale=1">
```

```
        <link rel="stylesheet"
```

```
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
```

```
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script
```

```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></script>
```

```
    </head>
```

```
    <body>
```

```
        <nav class="navbar navbar-expand-lg navbar-dark
bg-dark">
        <a class="navbar-brand" href="displayGCadmin.php">Cancel Operation</a>
        <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
        </button>
        <div class="collapse navbar-collapse" id="navbarSupportedContent">
            <ul class="navbar-nav ml-auto">
            </ul>

        </div>
    </nav>
```

```
        <div class="col-lg-6 m-auto">
            <form method="post">
                <br><div class="card">
                    <div class="card-header bg-dark">
                        <h1 class="text-white text-center">Insert
gym class
                                operation</h1>
                    </div><br>
                    <label>CID:</label>
                    <input type="text" name="CID"

class="form-control"> <br>

                    <label>IID:</label>
                    <input type="text" name="IID"

class="form-control"> <br>

                    <label>gym type:</label>
                    <input type="text" name="gymType"

class="form-control"> <br>
```



```

name="done">
<button class="btn btn-success" type="submit"
Submit
</button><br>
</div>
</form>
</div>
</body>
</html>

```

insertInsAdmin.php

```

<?php

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}

?>

```

```

<?php
include 'conn.php';
if(isset($_POST['done'])){
$IID=$_POST['IID'];
$fname=$_POST['fname'];
$lname=$_POST['lname'];
$sex=$_POST['sex'];
$DOB=$_POST['DOB'];
$contactNo=$_POST['contactNo'];
$gymflag=$_POST['gymflag'];
$yogaflag=$_POST['yogaflag'];
$query=" insert into instructors

```

```

values ('$IID','$fname','$lname','$sex','$DOB','$contactNo','$gymflag','$yogaflag')";
mysqli_query($con,$query);
}
?>
<!DOCTYPE html>
<html>
    <head>
        <title></title>
        <meta name="viewport" content="width=device-width, initial-scale=1">
        <link rel="stylesheet"

href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
        <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script

src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
    </head>
    <body>
        <nav class="navbar navbar-expand-lg navbar-dark
bg-dark">
            <a class="navbar-brand" href="displayInsAdmin.php">Cancel Operation</a>
            <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
                <span class="navbar-toggler-icon"></span>
            </button>
            <div class="collapse navbar-collapse" id="navbarSupportedContent">
                <ul class="navbar-nav ml-auto">
                </ul>

            </div>
        </nav>
        <div class="col-lg-6 m-auto">
            <form method="post">
                <br><div class="card">
                    <div class="card-header bg-dark">

```

instructors

<h1 class="text-white text-center">Insert

operation</h1>

</div>

<label>IID:</label>

<input type="text" name="IID"

class="form-control">

<label>fname:</label>

<input type="text" name="fname"

class="form-control">

<label>lname:</label>

<input type="text" name="lname"

class="form-control">

<label>sex:</label>

<input type="text" name="sex"

class="form-control">

<label>DOB:</label>

<input type="text" name="DOB"

class="form-control">

<label>contactNo:</label>

<input type="text" name="contactNo"

class="form-control">

<label>gymflag:</label>

<input type="text" name="gymflag"

class="form-control">

<label>yogaflag:</label>

<input type="text" name="yogaflag"

class="form-control">

<button class="btn btn-success" type="submit"

name="done">

Submit

</button>

</div>

</form>

</div>

</body>

</html>

insertYCadmin.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<?php
```

```
include 'conn.php';
if(isset($_POST['done'])){
    $CID=$_POST['CID'];
    $IID=$_POST['IID'];
    $yogaType=$_POST['yogaType'];
    $query="insert into yogaClass
values ('$CID','$yogaType','$IID')";
    mysqli_query($con,$query);
}
?>
```

```
<!DOCTYPE html>
```

```
<html>
```

```
    <head>
```

```
        <title></title>
```

```
        <meta name="viewport" content="width=device-width, initial-scale=1">
```

```
        <link rel="stylesheet"
```

```
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
```

```

        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script

src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
        </head>
        <body>
                <nav class="navbar navbar-expand-lg navbar-dark
bg-dark">
        <a class="navbar-brand" href="displayYCAadmin.php">Cancel Operation</a>
        <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
        </button>
        <div class="collapse navbar-collapse" id="navbarSupportedContent">
        <ul class="navbar-nav ml-auto">
        </ul>

        </div>
        </nav>
                <div class="col-lg-6 m-auto">
        <form method="post">
        <br><div class="card">
        <div class="card-header bg-dark">
        <h1 class="text-white text-center">Insert
yoga class
        operation</h1>
        </div><br>
        <label>CID:</label>
        <input type="text" name="CID"

class="form-control"> <br>
        <label>IID:</label>
        <input type="text" name="IID"

class="form-control"> <br>
        <label>yoga type:</label>
        <input type="text" name="yogaType"

class="form-control"> <br>

```

```

name="done">
                                <button class="btn btn-success" type="submit"
                                Submit
                                </button><br>
                                </div>
                                </form>
                                </div>
                                </body>
                                </html>

```

login.php

```

<!DOCTYPE html>
<html>
<head>
  <title></title><meta charset="utf-8">
  <meta name="viewport" content="width=device-width, initial-scale=1">
  <link rel="stylesheet" type="text/css" href="css/style.css">
</style>
  <link rel="stylesheet"
    href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
</head>
<body>
  <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="index.php">Muscle Freak</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
      data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
      aria-expanded="false" aria-label="Toggle navigation">
      <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
      <ul class="navbar-nav ml-auto">
        <li class="nav-item active">
          <a class="nav-link" href="index.php">Home <span
class="sr-only">(current)</span></a>
        </li>

```

```
<li class="nav-item">
  <a class="nav-link" href="about.php">Membership programs</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="review.php">Reviews</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="classinfo.php">Class Duration</a>
</li>
<li class="nav-item">
  <a class="nav-link" href="login.php">Sign up/Login</a>
</li>

</ul>

</div>
</nav>
```

```
<br><br>
```

```
<style>
body {
  font-family: Arial, Helvetica, sans-serif;
  background-color: black;
}
```

```
* {
  box-sizing: border-box;
}
```

```
/* Add padding to containers */
.container {
  padding: 16px;
  background-color: white;
}
```

```
/* Full-width input fields */
input[type=text], input[type=password] {
  width: 100%;
  padding: 15px;
```

```
margin: 5px 0 22px 0;
display: inline-block;
border: none;
background: #f1f1f1;
}
```

```
input[type=text]:focus, input[type=password]:focus {
  background-color: #ddd;
  outline: none;
}
```

```
/* Overwrite default styles of hr */
hr {
  border: 1px solid #f1f1f1;
  margin-bottom: 25px;
}
```

```
/* Set a style for the submit button */
.registerbtn {
  background-color: #04AA6D;
  color: white;
  padding: 16px 20px;
  margin: 8px 0;
  border: none;
  cursor: pointer;
  width: 100%;
  opacity: 0.9;
}
```

```
.registerbtn:hover {
  opacity: 1;
}
```

```
/* Add a blue text color to links */
a {
  color: dodgerblue;
}
```

```
/* Set a grey background color and center the text of the "sign in" section */
.signin {
```



```
background-color: #f1f1f1;
text-align: center;
}
</style>
```

```
<form action="#" method="POST">
```

```
<div class="container">
```

```
<h1>Log in</h1>
```

```
<hr>
```

```
<label for="email"><b>Email</b></label>
```

```
<input type="text" placeholder="Enter Email" name="email" id="email" required>
```

```
<label for="pass"><b>Password</b></label>
```

```
<input type="password" placeholder="Enter Password" name="pass" id="pass"
required>
```

```
<hr>
```

```
<button type="submit" class="btn btn-primary">Login</button>
```

```
</div>
```

```
<div class="container signin">
```

```
<p>Don't have an Account? <a href="register.php"> Signup</a>.</p>
```

```
</div>
```

```
</form>
```

```
<br><br>
```

```
<?php
```

```
$host="localhost";
```

```
$user="root";
```

```
$password="";
```

```
$db="testpro2";
```

```

session_start();

$data=mysqli_connect($host,$user,$password,$db);

if($data===false){

    die("CONNECTION FAILED");
}

if($_SERVER["REQUEST_METHOD"]=="POST"){

$email=$_POST["email"];
$pass=$_POST["pass"];


$sql="select* from login where email='".$email.'" AND pass='".$pass.'" ";
$result=mysqli_query($data,$sql);
$row=mysqli_fetch_array($result);

if(!is_null($row)){

    $_SESSION["email"] = $email;
    $_SESSION["usertype"] = $row["usertype"];

    if ($row["usertype"] == "user") {
        header("location: memberpage.php");
        exit();
    } elseif ($row["usertype"] == "admin") {
        header("location: display.php");
        exit();
    }
}
}else{
    echo "username or password incorrect";
}

```

```
}?>
```

logout.php

```
<?php
```

```
session_start();  
session_destroy();
```

```
header("location:login.php")
```

```
?>
```

memberpage.php

```
<?php
```

```
session_start();  
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||  
$_SESSION["usertype"] !== "user"){  
    header("Location: login.php");  
    exit();  
}
```

```
?>
```

```

<!DOCTYPE html>
<html>
  <head>
    <title></title><meta charset="utf-8">
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <link rel="stylesheet" type="text/css" href="css/style.css">
    </style>
    <link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
  </head>
  <body>
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
      <a class="navbar-brand" href="memberpage.php">Muscle
Freak</a>
      <button class="navbar-toggler" type="button"
data-toggle="collapse"
data-target="#navbarSupportedContent"
aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
      </button>
      <div class="collapse navbar-collapse"
id="navbarSupportedContent">
        <ul class="navbar-nav ml-auto">
          <li class="nav-item active">
            <a class="nav-link"
href="memberpage.php">Home <span class="sr-only">(current)</span></a>
          </li>
          <li class="nav-item">
            <a class="nav-link"
href="postreview.php">Reviews</a>
          </li>
          <li class="nav-item">
            <a class="nav-link"
href="profile.php">Profile</a>

```

```

        </li>
        <li class="nav-item">
            <a class="nav-link"
href="logout.php">Logout</a>
        </li>
    </ul>

</div>
</nav>
<div id="demo" class="carousel slide" data-ride="carousel">
    <ul class="carousel-indicators">
        <li data-target="#demo" data-slide-to="0"
class="active"></li>
        <li data-target="#demo" data-slide-to="1"></li>
        <li data-target="#demo" data-slide-to="2"></li>
    </ul>
    <div class="carousel-inner">
        <div class="carousel-item active">
            

            <div class="carousel-caption">
                <h3>Passion</h3>
                <p>This is where the journey to
greatness begins!</p>
            </div>
        </div>
        <div class="carousel-item">
            

            <div class="carousel-caption">
                <h3>Hard work</h3>
                <p>We have everything you need</p>
            </div>
        </div>
        <div class="carousel-item">
            

            <div class="carousel-caption">
                <h3>Consistency</h3>

```

```

        <p>Are you ready to start your
journey?</p>
    </div>
</div>
</div>
<a class="carousel-control-prev" href="#demo"
data-slide="prev">
    <span class="carousel-control-prev-icon"></span>
</a>
<a class="carousel-control-next" href="#demo"
data-slide="next">
    <span class="carousel-control-next-icon"></span>
</a>
</div>
<section class="my-5">
    <div class="py-5">
        <h3 class="text-center">About Us</h3>
    </div>
    <div>
        <div class="row">
            <div class="col-lg-6 col-md-6 col-12">
                
            </div>
            <div class="col-lg-6 col-md-6 col-12">
                <p class="py-0" class="about-body"
style="font-size:20px;">Welcome to Muscle Freak, where your fitness journey begins
and your dreams become a reality. Our commitment to your well-being extends beyond
the physical. We believe in empowering you to lead a healthier, happier life through a
holistic approach to fitness.

                At Muscle Freak, we offer a range of
membership options designed to suit your needs and goals. Whether you're looking to
kickstart your fitness routine or embark on a transformative journey, we have the perfect
membership for you.

                Muscle Freak is more than just a place
to work out; it's a community of like-minded individuals who are dedicated to personal
growth and wellness. Our vision is to provide a welcoming and motivating environment
where everyone, regardless of their fitness level, can thrive.

```

```

</p>

</div>
</div>
</div>
</section>
<section class="my-5">
  <div class="py-5">
    <h3 class="text-center">Our Membership Plans</h3>
  </div>
  <div class="container-fluid">
    <div class="row">
      <div class=" col-lg-4 col-md-4 col-12 ">
        <div class="card">
          
          <div class="card-body">
            <h4 class="card-title">3
month membership</h4>

            <p
class="card-text"><strong>A start to the change</strong></p>

            <p>With our 6-month
membership priced at 8000 BDT, you'll have the opportunity to make substantial
progress towards your fitness goals. Alongside access to our gym and relaxation
amenities, our physiotherapists are available to assist you during morning hours.
Achieve your fitness aspirations while enjoying the guidance of our experienced
trainers.

            </p>
            <br><br>
          </div>
        </div>
      </div>
    </div>
  </div>
  <div class=" col-lg-4 col-md-4 col-12 ">
    <div class="card">
      

```

```
<div class="card-body">
  <h4 class="card-title">6
month membership</h4>

  <p
class="card-text"><strong>Get ready to see the change</strong></p>

  <p>With our
6-month membership priced at 8000 BDT, you'll have the opportunity to make
substantial progress towards your fitness goals. Alongside access to our gym and
relaxation amenities, our physiotherapists are available to assist you during morning
hours. Achieve your fitness aspirations while enjoying the guidance of our experienced
trainers.

  </p>
  <br>
  <br>

</div>
</div>
</div>
<div class=" col-lg-4 col-md-4 col-12 ">
  <div class="card">
    

    <div class="card-body">
      <h4 class="card-title">12
month membership</h4>

      <p
class="card-text"><strong>Best way to build your dream body</strong></p>

      <p>For those committed to
a long-term fitness transformation, our 12-month membership at 15000 BDT offers you
the best value. Access our gym, sauna, and steam facilities, and benefit from the
expertise of our physiotherapists. Choose from a variety of trainers to personalize your
fitness journey. With flexible hours, we ensure that you can prioritize your fitness at any
time of day.

      </p>
      <br>
```



```

</div>
</div>
</div>

</div>
</section>
<section class="my-5">
  <div class="py-5">
    <h3 class="text-center">Gallery</h3>
  </div>
  <div class="container-fluid">
    <div class="row">
      <div class="col-lg-4 col-md-4 col-12 ">
        

      </div>
      <div class="col-lg-4 col-md-4 col-12 ">
        

      </div>
      <div class="col-lg-4 col-md-4 col-12 ">
        

      </div>

      <div class="col-lg-4 col-md-4 col-12 ">

      </div>
      <div class="col-lg-4 col-md-4 col-12 ">
        

      </div>
      <div class="col-lg-4 col-md-4 col-12 ">
        

      </div>
    </div>
  </div>
</section>

```

```

        </div>
    </div>
</section>

<div class=" py-5"> </div>
<footer>
    <p class="p-3 bg-dark text-white text-center
">@AMIUR RAHMAN @AZIZ RAIHAN</p>
</footer>s

<script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
<script

src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
    </body>
</html>

```

postreview.php

```

<?php

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "user"){
    header("Location: login.php");
    exit();
}

?>

```

```

<!DOCTYPE html>
<html>
  <head>
    <title></title>
    <meta name="viewport" content="width=device-width, initial-scale=1">
    <link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
    <link rel="stylesheet"
href="https://unpkg.com/swiper/swiper-bundle.min.css"/>

    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
      <a class="navbar-brand" href="memberpage.php">Muscle
Freak</a>
      <button class="navbar-toggler" type="button"
data-toggle="collapse"
data-target="#navbarSupportedContent"
aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
      </button>
      <div class="collapse navbar-collapse"
id="navbarSupportedContent">
        <ul class="navbar-nav ml-auto">
          <li class="nav-item active">
            <a class="nav-link"
href="memberpage.php">Home <span class="sr-only">(current)</span></a>
          </li>

          <li class="nav-item">
            <a class="nav-link"
href="review.php">Reviews</a>
          </li>
          <li class="nav-item">
            <a class="nav-link"
href="profile.php">Profile</a>
          </li>
          <li class="nav-item">
            <a class="nav-link"
href="logout.php">Logout</a>
          </li>
        </ul>
      </div>
    </nav>
  </head>
  <body>
    <div class="container">
      <div class="row">
        <div class="col">
          <div class="card">
            <div class="card-header">
              <h3>Muscle Freak</h3>
            </div>
            <div class="card-body">
              <div class="row">
                <div class="col">
                  <div class="card">
                    <div class="card-header">
                      <h4>About Us</h4>
                    </div>
                    <div class="card-body">
                      <p>Muscle Freak is a leading provider of fitness equipment and supplements. We are committed to providing the best quality products and services to our customers. Our products are designed to help you achieve your fitness goals and improve your overall health. We have a wide range of products to choose from, including gym equipment, supplements, and more. We are proud to be a part of the fitness community and we are committed to helping you reach your goals. Contact us today to learn more about our products and services.</p>
                    </div>
                  </div>
                </div>
                <div class="col">
                  <div class="card">
                    <div class="card-header">
                      <h4>Our Products</h4>
                    </div>
                    <div class="card-body">
                      <p>We offer a wide range of fitness equipment and supplements to help you achieve your goals. Our products are designed to be effective and safe, and we are committed to providing the best quality products and services to our customers. We have a wide range of products to choose from, including gym equipment, supplements, and more. We are proud to be a part of the fitness community and we are committed to helping you reach your goals. Contact us today to learn more about our products and services.</p>
                    </div>
                  </div>
                </div>
                <div class="col">
                  <div class="card">
                    <div class="card-header">
                      <h4>Contact Us</h4>
                    </div>
                    <div class="card-body">
                      <p>If you have any questions or need more information, please contact us. We are happy to help you and we are committed to providing the best quality products and services to our customers. We have a wide range of products to choose from, including gym equipment, supplements, and more. We are proud to be a part of the fitness community and we are committed to helping you reach your goals. Contact us today to learn more about our products and services.</p>
                    </div>
                  </div>
                </div>
              </div>
            </div>
          </div>
        </div>
      </div>
    </div>
  </body>
</html>

```

```

        </ul>

    </div>

</nav>

</div>
</head>
<body>
    <style>
        .review-container {
            display: flex;
            flex-direction: column;
            gap: 20px;
        }
        .review-card {
            margin: 20px;
            padding: 20px;
            box-shadow: 0 6px 10px rgba(0, 0, 0, 0.1);
            border-radius: 5px;
            background-color: grey;
        }
        .review-header {
            display: flex;
            justify-content: space-between;
            align-items: center;
            margin-bottom: 10px;
        }
        .reviewer-name {
            margin-top: 5px;
            font-style: italic;
        }
        .review-body p {
            margin: 0;
            color: white;
            font-family: "Times New Roman", Times, serif;
            font-size: 20px;
        }
    </style>
    <?php
    $con=mysqli_connect('localhost','root');

```

```

mysqli_select_db($con,'testpro2');
if (!$con) {
    die("Connection failed: " . mysqli_connect_error());
}
// SQL to fetch random reviews
$sql = "SELECT m.fname,m.lname,r.comments FROM review r JOIN members
m ON(m.email=r.email) ORDER BY RAND() LIMIT 5";
$result = mysqli_query($con,$sql);
$reviews = array();
if ($result && mysqli_num_rows($result) > 0) {
    // Fetch all reviews
    while ($row = mysqli_fetch_assoc($result)) {
        $reviews[] = $row;
    }
} else {
    echo "0 results";
    $reviews = null; // Explicitly set $reviews to null if there are no results
}
mysqli_close($con);
?>
<div class="review-container">

    <?php foreach ($reviews as $review): ?>
    <div class="review-card">
        <div class="review-header">
            <h3 class="reviewer-name"><?php echo $review['fname'].'
'. $review['lname']; ?></h3>
        </div>
        <div class="review-body">
            <p><?php echo $review['comments']; ?></p>
        </div>
    </div>
    <?php endforeach; ?>
</div>
<br><br>
<style >

.center-container {
display: flex;
flex-direction: column; /* Stack children vertically */

```

```

        align-items: center; /* Center children horizontally */
        justify-content: center; /* Center children vertically if the container has a specific
height */
        text-align: center; /* Center the text for older browsers */
    }
    .btn-primary {
        text-decoration: none; /* Remove underline from links */
        display: inline-block; /* Allows the padding and margin to be applied correctly */
        padding: 10px 20px; /* Add some padding inside the button */
        background-color: green; /* Bootstrap primary color */
        color: white; /* Text color */
        border-radius: 5px; /* Rounded corners */
        transition: background-color 0.3s; /* Smooth transition for hover effect */
    }
    .btn-primary:hover {
        background-color: #0056b3; /* Darker shade for hover effect */
    }
</style>

```

```

        <form method="post" action="<?php echo
htmlspecialchars($_SERVER["PHP_SELF"]); ?>">
        <div class="form-group" style="padding:30px;">
            <label class="center-container" style="font-weight: bold;"><font size="+2">Post
your review:</font></label>
            <textarea name="comments" class="form-control" maxlength="100"></textarea>
            <br>
            <div class="center-container">
                <button type="submit" class="btn btn-primary" name='done'>Submit</button>
            </div>
        </div>
    </form>

</div>

```

```

<?php

```

```

$con=mysqli_connect('localhost','root');

```

```

mysqli_select_db($con,'testpro2');
// Check if the form was submitted
if(isset($_POST['done'])){

    $email=$_SESSION['email'];
    $comments=$_POST["comments"];

    $q1="INSERT INTO review( email,comments) VALUES ('$email','$comments')";

    $query1=mysqli_query($con, $q1);

    if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
    $_SESSION["usertype"] !== "user"){
        header("Location: postreview.php");
        exit();
    }

}

}

```

?>

```

<script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>

```

```
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</body>
</html>
```

profile.php

```
<?php

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "user"){
    header("Location: login.php");
    exit();
}

?>

<style>
body {
font-family: Arial, Helvetica, sans-serif;
background-color: black;
}
* {
box-sizing: border-box;
}
/* Add padding to containers */
.container {
padding: 16px;
```



```
background-color: white;
}
/* Full-width input fields */
input[type=text], input[type=password] {
width: 100%;
padding: 15px;
margin: 5px 0 22px 0;
display: inline-block;
border: none;
background: #f1f1f1;
}
input[type=text]:focus, input[type=password]:focus {
background-color: #ddd;
outline: none;
}
/* Overwrite default styles of hr */
hr {
border: 1px solid #f1f1f1;
margin-bottom: 25px;
}
/* Set a style for the submit button */
.registerbtn {
background-color: #04AA6D;
color: white;
padding: 16px 20px;
margin: 8px 0;
border: none;
cursor: pointer;
width: 100%;
opacity: 0.9;
}
.registerbtn:hover {
opacity: 1;
}
/* Add a blue text color to links */
a {
color: dodgerblue;
}
/* Set a grey background color and center the text of the "sign in" section */
.signin {
```

```

background-color: #f1f1f1;
text-align: center;
}
</style>
<!DOCTYPE html>
<html>
    <head>
        <title></title>
        <meta name="viewport" content="width=device-width, initial-scale=1">
        <link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
        <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>

    </head>
    <body>
        <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
            <a class="navbar-brand" href="memberpage.php">Muscle
Freak</a>

            <button class="navbar-toggler" type="button"
data-toggle="collapse"
data-target="#navbarSupportedContent"
aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
                <span class="navbar-toggler-icon"></span>
            </button>
            <div class="collapse navbar-collapse"
id="navbarSupportedContent">
                <ul class="navbar-nav ml-auto">
                    <li class="nav-item active">
                        <a class="nav-link"
href="memberpage.php">Home <span class="sr-only">(current)</span></a>
                    </li>

                    <li class="nav-item">

```

```

                                <a class="nav-link"
href="postreview.php">Reviews</a>
                                </li>
                                <li class="nav-item">
                                <a class="nav-link"
href="profile.php">Profile</a>
                                </li>
                                <li class="nav-item">
                                <a class="nav-link"
href="logout.php">Logout</a>
                                </li>
                                </ul>

```

```

                                </div>
                                </nav>
</head>
<body>

```

```

<?php
$con=mysqli_connect('localhost','root');
mysqli_select_db($con,'testpro2');
$email=$_SESSION["email"];
$q="select* from members where email='$email'";
$query=mysqli_query($con,$q);
$res=mysqli_fetch_array($query);
$q2="select* from emergency_contact where email='$email'";
$query2=mysqli_query($con,$q2);
$res2=mysqli_fetch_array($query2);
$q3="select* from payment where email='$email'";
$query3=mysqli_query($con,$q3);
$res3=mysqli_fetch_array($query3);
?>
<div class="container">
    <h2>YOUR DETAILS</h2>
    <table class="table table-bordered">
        <thead>
            <tr>
                <th>Firstname</th>

```

```

        <td><?php echo $res['fname']; ?> </td>
    </tr>
    <tr>
        <th>Lastname</th>
        <td><?php echo $res['lname']; ?> </td>
    </tr>
    <tr>
        <th>Email</th>
        <td><?php echo $res['email']; ?> </td>
    </tr>
    <tr>
        <th>Contact no. </th>
        <td><?php echo $res['contactNo']; ?> </td>
    </tr>
    <tr>
        <th>Sex </th>
        <td><?php echo $res['sex']; ?> </td>
    </tr>
    <tr>
        <th>Date of Birth </th>
        <td><?php echo $res['DOB']; ?> </td>
    </tr>
    <tr>
        <th>GYM FLAG</th>
        <td><?php echo $res['gymflag']; ?> </td>
    </tr>
    <tr>
        <th>YOGA FLAG</th>
        <td><?php echo $res['yogaflag']; ?> </td>
    </tr>
</thead>

</div>
<tr>
    <td><button class="btn-primary btn"> <a href=
"updatemembers.php?email=<?php echo $res['email']; ?>" class="text-white"
>UPDATE</a> </button></td>
    <td>Update your desired details</td>
</tr>

```

```
</table>
```

```
</div>
```

```
<div class="container">
```

```
<table class="table table-bordered">
```

```
<thead>
```

```
</thead>
```

```
</table>
```

```
</div>
```

```
<div class="container">
```

```
<h2>EMERGENCY CONTACT DETAILS</h2>
```

```
<table class="table table-bordered">
```

```
<thead>
```

```
<tr>
```

```
<th>First Name</th>
```

```
<td><?php echo $res2['efname']; ?> </td>
```

```
</tr>
```

```
<tr>
```

```
<th>Last Name</th>
```

```
<td><?php echo $res2['elname']; ?> </td>
```

```
</tr>
```

```
<tr>
```

```
<th>Contact No.</th>
```

```
<td><?php echo $res2['eContactNo']; ?> </td>
```

```
</tr>
```

```
<tr>
```

```
<th>Relationship</th>
```

```
<td><?php echo $res2['relationship']; ?> </td>
```

```
</tr>
```

```
<tr>
```

```
<th>Sex</th>
```

```
<td><?php echo $res2['esex']; ?> </td>
```

```
</tr>
```

```

        <tr>
            <td><button class="btn-primary btn"> <a href=
"updateEmergency.php?email=<?php echo $res2['email']; ?>" class="text-white"
>UPDATE</a> </button></td>
            <td>Update your emergency contact details</td>
        </tr>

```

```

    </thead>
</table>
</div>

```

```

<div class="container">
    <h2>PAYMENT STATUS</h2>

    <table class="table table-bordered">
        <thead>
            <tr>
                <th>Subscription duration:</th>
                <td><?php echo $res3['subDuration']; ?> months </td>
            </tr>
            <tr>
                <th>Payment Status:</th>
                <td><?php

                    if ($res3['paymentStatus'] == 1) {
                        echo 'Paid'; // If the value is 1, display 'Paid'
                    } else {
                        echo 'Unpaid'; // If the value is 0, display 'Unpaid'
                    }

                </td>
            </tr>
        </thead>
    </table>

```

```

        ?>
        </td>
    </tr>
    <tr>
        <th>Last Payment Date:</th>
        <td><?php echo $res3['paymentDate']; ?> </td>
    </tr>
</div>

    </thead>
</table>
</div>

</body>
</html>

```

register.php

```

<!DOCTYPE html>
<html>
    <head>
        <title></title><meta charset="utf-8">
        <meta name="viewport" content="width=device-width, initial-scale=1">
        <link rel="stylesheet" type="text/css" href="css/style.css">
        </style>
        <link rel="stylesheet"
            href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
        </head>
        <body>
            <nav class="navbar navbar-expand-lg navbar-dark bg-dark">

```

```

<a class="navbar-brand" href="index.php">Muscle Freak</a>
<button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
<span class="navbar-toggler-icon"></span>
</button>
<div class="collapse navbar-collapse" id="navbarSupportedContent">
  <ul class="navbar-nav ml-auto">
    <li class="nav-item active">
      <a class="nav-link" href="index.php">Home <span
class="sr-only">(current)</span></a>
    </li>

    <li class="nav-item">
      <a class="nav-link" href="about.php">Membership programs</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="classinfo.php">Class Duration</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="review.php">Reviews</a>
    </li>
    <li class="nav-item">
      <a class="nav-link" href="login.php">Sign up/Login</a>
    </li>

  </ul>

</div>
</nav>

```

```

<br><br>

```

```

<style>
body {
  font-family: Arial, Helvetica, sans-serif;
  background-color: black;
}

```

```

* {

```



```
    box-sizing: border-box;
}

/* Add padding to containers */
.container {
    padding: 16px;
    background-color: white;
}

/* Full-width input fields */
input[type=text], input[type=password] {
    width: 100%;
    padding: 15px;
    margin: 5px 0 22px 0;
    display: inline-block;
    border: none;
    background: #f1f1f1;
}

input[type=text]:focus, input[type=password]:focus {
    background-color: #ddd;
    outline: none;
}

/* Overwrite default styles of hr */
hr {
    border: 1px solid #f1f1f1;
    margin-bottom: 25px;
}

/* Set a style for the submit button */
.registerbtn {
    background-color: #04AA6D;
    color: white;
    padding: 16px 20px;
    margin: 8px 0;
    border: none;
    cursor: pointer;
    width: 100%;
    opacity: 0.9;
}
```

```

}

.registerbtn:hover {
  opacity: 1;
}

/* Add a blue text color to links */
a {
  color: dodgerblue;
}

/* Set a grey background color and center the text of the "sign in" section */
.signin {
  background-color: #f1f1f1;
  text-align: center;
}
</style>

```

```

<form action="register.php" method="post">
  <div class="container">
    <label>First Name:</label>
    <input type="text" name="fname" autocomplete="off" class="form-control"
required>
  </div>
  <div class="container">
    <label>Last name:</label>
    <input type="text" name="lname" autocomplete="off" class="form-control"
required>
  </div>
  <div class="container">
    <label>Email:</label>
    <input type="text" name="email" placeholder="user@mail.com"
autocomplete="off" class="form-control" required>
  </div>
  <div class="container">
    <label>Date of Birth:</label>
    <input type="date" name="DOB" autocomplete="off" class="form-control"
required>

```

```

    </div>
    <div class="container">
      <label>Sex:</label>
      <input type="text" name="sex" autocomplete="off" class="form-control"
required>
    </div>

    <div class="container">
      <label>Gym:</label>

      <select name=gymflag class="form-control" required>

        <optgroup label="Do you want to take gym class?">
          <option value="1">Yes</option>
          <option value="0">No</option>

        </select>
    </div>
    <div class="container">
      <label>Yoga:</label>
      <select name=yogaflag class="form-control" required>

        <optgroup label="Do you want to take yoga class?">
          <option value="1">Yes</option>
          <option value="0">No</option>

        </select>
    </div>
    <div class="container">
      <label>Password:</label>
      <input type="password" name="pass" autocomplete="off" class="form-control"
required>
    </div>

    <div class="container">
      <label>Contact number:</label>
      <input type="tel" name="contactNo" placeholder="01-----"
autocomplete="off" pattern="[0-9]{11}" class="form-control"required>

```

</div>

<div class="container">

<label>Duration of Subscription</label>

<select name=subDuration class="form-control" >

<optgroup label="Months">

<option value="3">3</option>

<option value="6">6</option>

<option value="12">12</option>

</select>

</div>

<div class="container">

<label>Date of registration</label>

<input type="date" name="paymentDate" autocomplete="off"
class="form-control" required>

</div>

<div class="container">

<label>First name of emergency contact</label>

<input type="text" name="efname" autocomplete="off" class="form-control"
required>

</div>

<div class="container">

<label>Last name of emergency contact</label>

<input type="text" name="elname" autocomplete="off" class="form-control"
required>

</div>

<div class="container">

<label>contact number of emergency contact</label>

<input type="text" name="eContactNo" autocomplete="off" class="form-control"
required>

</div>

<div class="container">

```
    <label>relationship with emergency contact</label>
    <input type="text" name="relationship" autocomplete="off" class="form-control"
required>
  </div>
  <div class="container">
    <label>sex of emergency contact</label>
    <input type="text" name="esex" autocomplete="off" class="form-control"
required>
  </div>
```

```
<div class="container">
  <label>Select which class you want to take?</label>
```

```
  <select name=CID class="form-control" >
```

```
    <optgroup label="CID time day hours ">
    <option value="1">1 6pm monday 2hrs</option>
    <option value="2">2 6pm monday 2hrs</option>
    <option value="3">3 3pm wednesday 1hr</option>
    <option value="4">4 3pm wednesday 2hrs</option>
    <option value="5">5 5pm wednesday 2hrs</option>
    <option value="6">6 6pm saturday 1hr</option>
```

```
  </select>
```

```
</div>
```

```
<div class="container">
```

```
  <label>Select which class you want to take?</label>
```

```
  <select name=CID2 class="form-control" >
```

```
    <optgroup label="CID2 time day hours ">
    <option value="1">1 6pm monday 2hrs</option>
    <option value="2">2 6pm monday 2hrs</option>
    <option value="3">3 3pm wednesday 1hr</option>
    <option value="4">4 3pm wednesday 2hrs</option>
    <option value="5">5 5pm wednesday 2hrs</option>
    <option value="6">6 6pm saturday 1hr</option>
    <option value="">Don't need another class</option>
```

```
</select>
```

```
</div>
```

```
<div class="container">
```

```
  <button type="submit" class="btn btn-primary" >Submit</button>
```

```
</div>
```

```
</div>
```

```
</form>
```

```
<div class="container signin">
```

```
  <p>Already have an account? <a href="login.php">Login in</a>.</p>
```

```
</div>
```

```
</form>
```

```
<br><br>
```

```
</body>
```

```
</html>
```

```
<?php
```

```
if ($_SERVER["REQUEST_METHOD"] == "POST") {
```

```
    $con = mysqli_connect('localhost', 'root');
```

```
    if ($con) {
```

```
        echo "Thank You for your registering!";
```

```
    } else {
```

```
        echo "no connection";
```

```
    }
```

```
mysqli_select_db($con,'testpro2');
```

```
$fname=$_POST['fname'];  
$lname=$_POST['lname'];  
$email=$_POST['email'];  
$DOB=$_POST['DOB'];  
$sex=$_POST['sex'];  
$gymflag=$_POST['gymflag'];  
$yogaflag=$_POST['yogaflag'];  
$pass=$_POST['pass'];  
$contactNo=$_POST['contactNo'];
```

```
$efname=$_POST['efname'];  
$elname=$_POST['elname'];  
$eContactNo=$_POST['eContactNo'];  
$relationship=$_POST['relationship'];  
$esex=$_POST['esex'];
```

```
$CID=$_POST['CID'];  
$CID2=$_POST['CID2'];
```

```
$subDuration=$_POST['subDuration'];  
$paymentDate=$_POST['paymentDate'];
```

```
$query=" insert into members  
(fname,lname,email,DOB,sex,contactNo,gymflag,yogaflag,pass)  
values  
('$fname','$lname','$email','$DOB','$sex','$contactNo','$gymflag','$yogaflag','$pass')";  
mysqli_query($con,$query);
```

```
$query=" insert into payment (email,subDuration,paymentDate)  
values ('$email','$subDuration','$paymentDate')";  
mysqli_query($con,$query);
```

```
$query=" insert into emergency_contact  
(efname,elname,eContactNo,relationship,esex,email)  
values ('$efname','$elname','$eContactNo','$relationship','$esex','$email');  
mysqli_query($con,$query);
```

```
$query=" insert into login(email,pass)  
values ('$email','$pass')";  
mysqli_query($con,$query);
```

```
$query=" insert into take_classes  
values ('$email','$CID')";  
mysqli_query($con,$query);
```

```
$query=" insert into take_classes  
values ('$email','$CID2')";  
mysqli_query($con,$query);
```

```
mysqli_close($con);  
}
```

```
?>
```

review.php

```
<!DOCTYPE html>  
<html>  
    <head>  
        <title></title>  
        <meta name="viewport" content="width=device-width, initial-scale=1">  
        <link rel="stylesheet"  
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```



```

<link rel="stylesheet"
href="https://unpkg.com/swiper/swiper-bundle.min.css"/>

<nav class="navbar navbar-expand-lg navbar-dark bg-dark">
  <a class="navbar-brand" href="index.php">Muscle Freak</a>
  <button class="navbar-toggler" type="button"
data-toggle="collapse"
  data-target="#navbarSupportedContent"
aria-controls="navbarSupportedContent"
  aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
  </button>
  <div class="collapse navbar-collapse"
id="navbarSupportedContent">
    <ul class="navbar-nav ml-auto">
      <li class="nav-item active">
        <a class="nav-link" href="index.php">Home
<span class="sr-only">(current)</span></a>
      </li>

      <li class="nav-item">
        <a class="nav-link"
href="about.php">Membership programs</a>
      </li>
      <li class="nav-item">
        <a class="nav-link"
href="review.php">Reviews</a>
      </li>
      <li class="nav-item">
        <a class="nav-link"
href="classinfo.php">Class Duration</a>
      </li>
      <li class="nav-item">
        <a class="nav-link" href="login.php">Sign
up/Login</a>
      </li>
    </ul>

  </div>

```

```

        </nav>
    </div>
</head>
<body>

    <div class="center-container">
        <br>
        <h1 class="reviewer-name">Member's reviews:</h1>

    </div>
    <style>

        .review-container {
display: flex;
flex-direction: column;
gap: 20px;
}
        .review-card {
margin: 20px;
padding: 20px;
box-shadow: 0 6px 10px rgba(0, 0, 0, 0.1);
border-radius: 5px;
background-color: grey;
}
        .review-header {
display: flex;
justify-content: space-between;
align-items: center;
margin-bottom: 10px;
}
        .reviewer-name {
margin-top: 5px;
font-style: italic;
}
        .review-body p {
margin: 0;
color:white;
font-family: "Times New Roman", Times, serif;
font-size: 20px;

```

```

}
</style>
<?php
$con=mysqli_connect('localhost','root');
mysqli_select_db($con,'testpro2');
if (!$con) {
die("Connection failed: " . mysqli_connect_error());
}
// SQL to fetch random reviews
$sql = "SELECT m.fname,m.lname,r.comments FROM review r JOIN members
m ON(m.email=r.email) ORDER BY RAND() LIMIT 5";
$result = mysqli_query($con,$sql);
$reviews = array();
if ($result && mysqli_num_rows($result) > 0) {
// Fetch all reviews
while ($row = mysqli_fetch_assoc($result)) {
$reviews[] = $row;
}
} else {
echo "0 results";
$reviews = null; // Explicitly set $reviews to null if there are no results
}
mysqli_close($con);
?>
<div class="review-container">

    <?php foreach ($reviews as $review): ?>
    <div class="review-card">
        <div class="review-header">
            <h3 class="reviewer-name"><?php echo $review['fname'].'
'.$review['lname']; ?></h3>
        </div>
        <div class="review-body">
            <p><?php echo $review['comments']; ?></p>
        </div>
    </div>
    <?php endforeach; ?>
</div>
<br><br>
<style >

```

```

        .center-container {
            display: flex;
            flex-direction: column; /* Stack children vertically */
            align-items: center; /* Center children horizontally */
            justify-content: center; /* Center children vertically if the container has a specific
height */
            text-align: center; /* Center the text for older browsers */
        }
        .btn-primary {
            text-decoration: none; /* Remove underline from links */
            display: inline-block; /* Allows the padding and margin to be applied correctly */
            padding: 10px 20px; /* Add some padding inside the button */
            background-color: green; /* Bootstrap primary color */
            color: white; /* Text color */
            border-radius: 5px; /* Rounded corners */
            transition: background-color 0.3s; /* Smooth transition for hover effect */
        }
        .btn-primary:hover {
            background-color: #0056b3; /* Darker shade for hover effect */
        }
    </style>
    <div class="center-container">

```

```

        <h1 class="reviewer-name">To add your own review sign up or
login:</h1>
        <a href="login.php" class="btn-primary btn">Login</a>
    </div>
    <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</body>
</html>

```

update.php

```
<?php
```

```
session_start();  
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||  
$_SESSION["usertype"] !== "admin"){  
    header("Location: login.php");  
    exit();  
}
```

```
?>
```

```
<?php  
include 'conn.php';  
if(isset($_POST['done'])){  
    $fname=$_POST['fname'];  
    $lname=$_POST['lname'];  
    $email=$_GET['email'];  
    $DOB=$_POST['DOB'];
```

```

$sex=$_POST['sex'];
$gymflag=$_POST['gymflag'];
$yogaflag=$_POST['yogaflag'];
$pass=$_POST['pass'];
$contactNo=$_POST['contactNo'];
$paymentStatus=$_POST['paymentStatus'];
$efname=$_POST['efname'];
$elname=$_POST['elname'];
$eContactNo=$_POST['eContactNo'];
$relationship=$_POST['relationship'];
$esex=$_POST['esex'];
$CID=$_POST['CID'];
$subDuration=$_POST['subDuration'];
$paymentDate=$_POST['paymentDate'];
$query=" update members set
fname='$fname',lname='$lname',contactNo='$contactNo',gymflag=$gymflag,yogaflag=$
yogaflag
,pass='$pass' where email='$email'";
mysqli_query($con,$query);
$query=" update payment set
paymentStatus=$paymentStatus,subDuration='$subDuration',paymentDate='$payment
Date'
where email='$email'";
mysqli_query($con,$query);
$query=" update emergency_contact set
efname='$efname',efname='$elname',eContactNo='$eContactNo',relationship='$relation
ship',es
ex='$esex' where email='$email'";
mysqli_query($con,$query);
$query=" update take_classes set CID='$CID' where email='$email'";
mysqli_query($con,$query);
}
?>
<meta name="viewport" content="width=device-width, initial-scale=1">
<link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">

</head>
<body>

```

```

    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="display.php">Cancel Operation</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
    data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
    aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
    <ul class="navbar-nav ml-auto">
    </ul>

    </div>
    </nav>
    <div class="col-lg-6 m-auto">
    <form method="post">
    <br><div class="card">
    <div class="card-header bg-dark">
    <h1 class="text-white text-center">Update
operation</h1>

    </div><br>
    <label>fname:</label>
    <input type="text" name="fname" class="form-control"> <br>
    <label>lname:</label>
    <input type="text" name="lname" class="form-control"> <br>
    <label>gymflag:</label>
    <input type="text" name="gymflag" class="form-control">

    <br>

    <label>yogaflag:</label>
    <input type="text" name="yogaflag" class="form-control">

    <br>

    <label>pass:</label>
    <input type="text" name="pass" class="form-control"> <br>
    <label>Contact number</label>
    <input type="text" name="contactNo"
    class="form-control"> <br>
    <label>duration of subscription:</label>
    <input type="text" name="subDuration"
    class="form-control"> <br>
    <label>payment date:</label>
    <input type="text" name="paymentDate"

```

```

class="form-control"> <br>
<label>payment status</label>
<input type="text" name="paymentStatus"
class="form-control"> <br>
<label>fname of emergency contact</label>
<input type="text" name="efname"
class="form-control"> <br>
<label>lname of emergency contact</label>
<input type="text" name="elname"
class="form-control"> <br>
<label>contact number of emergency
contact</label>
<input type="text" name="eContactNo"
class="form-control"> <br>
<label>relationship with emergency
contact</label>
<input type="text" name="relationship"
class="form-control"> <br>
<label>sex of emergency contact</label>
<input type="text" name="esex"
class="form-control"> <br>
<label>change classes:?press 1 for gym,2
for yoga</label>
<input type="text" name="CID"
class="form-control"> <br>
<button class="btn btn-success" type="submit"
name="done">
Submit
</button><br>
</div>
</form>
</div>

<script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
<script

```



```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri  
pt>  
</body>  
</html>
```

updateClassAdmin.php

```
<?php
```

```
session_start();  
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||  
$_SESSION["usertype"] !== "admin"){  
    header("Location: login.php");  
    exit();  
}
```

```
?>
```

```
<?php  
include 'conn.php';  
if(isset($_POST['done'])){  
    $CID=$_GET['CID'];  
    $time=$_POST['time'];  
    $day=$_POST['day'];  
    $hours=$_POST['hours'];  
    $CID2=$_POST['CID2'];  
    $query=" update class set CID='$CID2',time='$time',day='$day',hours='$hours' where  
CID='$CID'";  
    mysqli_query($con,$query);  
}  
?>  
  
<meta name="viewport" content="width=device-width, initial-scale=1">  
<link rel="stylesheet"  
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```

</head>
<body>

    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="displayClassAdmin.php">Cancel Operation</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
    data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
    aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
        <ul class="navbar-nav ml-auto">
        </ul>

    </div>
    </nav>
<div class="col-lg-6 m-auto">
<form method="post">
<br><div class="card">
<div class="card-header bg-dark">
<h1 class="text-white text-center">Update class
operation</h1>
</div><br>
<label>insert new CID:</label>
<input type="text" name="CID2"
class="form-control"> <br>
<label>insert new time:</label>
<input type="text" name="time"
class="form-control"> <br>
<label>insert new day:</label>
<input type="text" name="day"
class="form-control"> <br>
<label>insert new hours:</label>
<input type="text" name="hours"
class="form-control"> <br>
<button class="btn btn-success" type="submit" name="done">
Submit
</button><br>
</div>

```

```
</form>
</div>

<script src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</body>
</html>
```

updateEmergency.php

```
<?php

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "user"){
    header("Location: login.php");
    exit();
}

?>
```

```
<?php

$con=mysqli_connect('localhost','root');

mysqli_select_db($con,'testpro2');

$current_email = $_SESSION["email"];
// Fetch current user details from the database
```

```
$result = mysqli_query($con, "SELECT * FROM emergency_contact WHERE  
email='$current_email'");  
$current_user = mysqli_fetch_assoc($result);
```

```
if(isset($_POST['done'])){
```

```
    $new_efname = !empty($_POST['efname']) ? $_POST['efname'] :  
$current_user['efname'];  
    $new_elname = !empty($_POST['elname']) ? $_POST['elname'] :  
$current_user['elname'];  
    $new_eContactNo = !empty($_POST['eContactNo']) ? $_POST['eContactNo'] :  
$current_user['eContactNo'];  
    $new_relationship = !empty($_POST['relationship']) ? $_POST['relationship'] :  
$current_user['relationship'];  
    $new_esex = !empty($_POST['esex']) ? $_POST['esex'] : $current_user['esex'];
```

```
    $q1="UPDATE emergency_contact SET efname='$new_efname',  
elname='$new_elname' , eContactNo='$new_eContactNo' ,  
relationship='$new_relationship' , esex='$new_esex' WHERE email='$current_email'";
```

```
    $query1=mysqli_query($con, $q1);
```

```
    $email=$_GET['email'];  
    // Update the session variable with the new email  
    $_SESSION["email"] = $email;
```

```
    header("Location: profile.php");  
    exit();
```

```
}
```

?>

<!DOCTYPE html>

<html>

<head>

<title></title>

<meta name="viewport" content="width=device-width, initial-scale=1">

<link rel="stylesheet"

href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">

<script

src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>

<script

src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>

<script

src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></script>

</head>

<body>

<nav class="navbar navbar-expand-lg navbar-dark bg-dark">

Cancel Operation

<button class="navbar-toggler" type="button" data-toggle="collapse"

data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"

aria-expanded="false" aria-label="Toggle navigation">

</button>

<div class="collapse navbar-collapse" id="navbarSupportedContent">

<ul class="navbar-nav ml-auto">

</div>

</nav>

<div class="col-lg-6 m-auto">

```

<form method="post">
  <div class="card">
    <br><br><div class="card-header ">
      <h1 class=" text-center">Update Details</h1><br>

      <label>First Name:</label>
      <input type="text" name="efname" class="form-control" ><br>
      <label>Last Name:</label>
      <input type="text" name="elname" class="form-control" ><br>
      <label>Contact no:</label>
      <input type="text" name="eContactNo" class="form-control" ><br>
      <label>Relationship:</label>
      <input type="text" name="relationship" class="form-control" ><br>
      <label>Sex:</label>
      <input type="text" name="esex" class="form-control" ><br>

      <button class="btn-success btn" type="submit"
name="done">Update</button>
    </div>
  </div>
</form>
</div>

</body>
</html>

```

updateGCadmin.php

```
<?php
```

```

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}

?>

```

```

<?php
include 'conn.php';
if(isset($_POST['done'])){
    $CID=$_GET['CID'];
    $gymType=$_POST['gymType'];
    $IID=$_POST['IID'];
    $CID2=$_POST['CID2'];
    $query=" update gymClass set CID='$CID2',gymType='$gymType',IID='$IID' where
CID='$CID'";
    mysqli_query($con,$query);
}
?>
<meta name="viewport" content="width=device-width, initial-scale=1">
<link rel="stylesheet"
    href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">

</head>
<body>

```

```

    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="displayGAdmin.php">Cancel Operation</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
    data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
    aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
    <ul class="navbar-nav ml-auto">
    </ul>

```

```

    </div>
</nav>
<div class="col-lg-6 m-auto">
  <form method="post">
    <br><div class="card">
      <div class="card-header bg-dark">
        <h1 class="text-white text-center">Update class
        operation</h1>
      </div><br>
      <label>insert new CID:</label>
      <input type="text" name="CID2"
      class="form-control"> <br>
      <label>insert new gym type:</label>
      <input type="text" name="gymType"
      class="form-control"> <br>
      <label>insert new IID:</label>
      <input type="text" name="IID"
      class="form-control"> <br>
      <button class="btn btn-success" type="submit"
name="done">
        Submit
      </button><br>
    </div>
  </form>
</div>

<script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
<script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</body>
</html>

```


updateInsAdmin.php

```
<?php
```

```
session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}
```

```
?>
```

```
<?php
```

```
include 'conn.php';
if(isset($_POST['done'])){
    $IID=$_GET['IID'];
    $fname=$_POST['fname'];
    $lname=$_POST['lname'];
    $sex=$_POST['sex'];
    $IID2=$_POST['IID2'];
    $DOB=$_POST['DOB'];
    $contactNo=$_POST['contactNo'];
    $gymflag=$_POST['gymflag'];
    $yogaflag=$_POST['yogaflag'];
    $query=" update instructors set
IID='$IID2',fname='$fname',lname='$lname',sex='$sex',DOB='$DOB',contactNo='$contactNo',gymflag='$gymflag',yogaflag='$yogaflag' where IID='$IID'";
    mysqli_query($con,$query);
}
?>
<meta name="viewport" content="width=device-width, initial-scale=1">
<link rel="stylesheet"
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```

        <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
        <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
        <script

src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</head>
<body>
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
        <a class="navbar-brand" href="displayInsAdmin.php">Cancel Operation</a>
        <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
        <span class="navbar-toggler-icon"></span>
        </button>
        <div class="collapse navbar-collapse" id="navbarSupportedContent">
            <ul class="navbar-nav ml-auto">
            </ul>

        </div>
    </nav>
    <div class="col-lg-6 m-auto">
        <form method="post">
            <br><div class="card">
                <div class="card-header bg-dark">
                    <h1 class="text-white text-center">Update class
operation</h1>
                </div><br>
                <label>insert new IID:</label>
                <input type="text" name="IID2"
class="form-control"> <br>
                <label>insert new fname:</label>
                <input type="text" name="fname"
class="form-control"> <br>
                <label>insert new lname:</label>
                <input type="text" name="lname"
class="form-control"> <br>
                <label>insert new sex:</label>

```

```

        <input type="text" name="sex"
        class="form-control"> <br>
        <label>insert new DOB:</label>
        <input type="text" name="DOB"
        class="form-control"> <br>
        <label>insert new contactNo:</label>
        <input type="text" name="contactNo"
        class="form-control"> <br>
        <label>insert new gymflag:</label>
        <input type="text" name="gymflag"
        class="form-control"> <br>
        <label>insert new yogaflag:</label>
        <input type="text" name="yogaflag"
        class="form-control"> <br>
        <button class="btn btn-success" type="submit"
name="done">
        Submit
        </button><br>
    </div>
</form>
</div>
</body>
</html>

```

updatemembers.php

```

<?php

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "user"){
    header("Location: login.php");
    exit();
}

?>

```

```
<?php
```

```
$con=mysqli_connect('localhost','root');
```

```
mysqli_select_db($con,'testpro2');
```

```
$current_email = $_SESSION["email"];
```

```
// Fetch current user details from the database
```

```
$result = mysqli_query($con, "SELECT * FROM members WHERE  
email='$current_email'");
```

```
$current_user = mysqli_fetch_assoc($result);
```

```
if(isset($_POST['done'])){
```

```
    $new_fname = !empty($_POST['fname']) ? $_POST['fname'] : $current_user['fname'];
```

```
    $new_lname = !empty($_POST['lname']) ? $_POST['lname'] : $current_user['lname'];
```

```
    $new_email = !empty($_POST['email']) ? $_POST['email'] : $current_email;
```

```
    $new_contactNo = !empty($_POST['contactNo']) ? $_POST['contactNo'] :
```

```
$current_user['contactNo'];
```

```
    $new_sex = !empty($_POST['sex']) ? $_POST['sex'] : $current_user['sex'];
```

```
    $new_DOB = !empty($_POST['DOB']) ? $_POST['DOB'] : $current_user['DOB'];
```

```
    $new_gymflag = !empty($_POST['gymflag']) ? $_POST['gymflag'] :
```

```
$current_user['gymflag'];
```

```
    $new_yogaflag = !empty($_POST['yogaflag']) ? $_POST['yogaflag'] :
```

```
$current_user['yogaflag'];
```

```
    $q = "UPDATE members SET email='$new_email', fname='$new_fname',  
lname='$new_lname' , contactNo='$new_contactNo' , DOB='$new_DOB' ,  
gymflag='$new_gymflag' , yogaflag='$new_yogaflag' WHERE email='$current_email'";
```

```
    $query = mysqli_query($con, $q);
```

```
    // Update the session variable with the new email
```

```
$_SESSION["email"] = $new_email;
```

```
header("Location: profile.php");  
exit();
```

```
}
```

```
?>
```

```
<!DOCTYPE html>
```

```
<html>
```

```
<head>
```

```
    <title></title>
```

```
    <meta name="viewport" content="width=device-width, initial-scale=1">
```

```
        <link rel="stylesheet"
```

```
href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
```

```
        <script
```

```
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></script>
```

```
</head>
```

```
<body>
```

```
    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
```

```
        <a class="navbar-brand" href="profile.php">Cancel Operation</a>
```

```
        <button class="navbar-toggler" type="button" data-toggle="collapse"
```

```
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
```

```
aria-expanded="false" aria-label="Toggle navigation">
```

```
        <span class="navbar-toggler-icon"></span>
```

```
</button>
<div class="collapse navbar-collapse" id="navbarSupportedContent">
  <ul class="navbar-nav ml-auto">
  </ul>

</div>
</nav>
```

```

  <div class="col-lg-6 m-auto">
<form method="post">
  <div class="card">
    <br><br><div class="card-header ">
      <h1 class=" text-center">Update Details</h1><br>

      <label>Email:</label>
      <input type="text" name="email" class="form-control" ><br>
      <label>First Name:</label>
      <input type="text" name="fname" class="form-control" ><br>
      <label>Last Name:</label>
      <input type="text" name="lname" class="form-control" ><br>
      <label>Contact no:</label>
      <input type="text" name="contactNo" class="form-control" ><br>
      <label>Sex</label>
      <input type="text" name="sex" class="form-control" ><br>
      <label>Date of Birth:</label>
      <input type="text" name="DOB" class="form-control" ><br>
      <label>Gym Flag</label>
      <input type="text" name="gymflag" class="form-control" ><br>
      <label>Yoga Flag</label>
      <input type="text" name="yogaflag" class="form-control" ><br>

      <button class="btn-success btn" type="submit"
name="done">Update</button>
    </div>
  </div>
```

```
</form>
</div>
```

```
</body>
</html>
```

updateYAdmin.php

```
<?php

session_start();
if (!isset($_SESSION["email"]) || !isset($_SESSION["usertype"]) ||
$_SESSION["usertype"] !== "admin"){
    header("Location: login.php");
    exit();
}

?>
```

```
<?php
include 'conn.php';
if(isset($_POST['done'])){
$CID=$_GET['CID'];
```

```

$yogaType=$_POST['yogaType'];
$IID=$_POST['IID'];
$CID2=$_POST['CID2'];
$query=" update yogaClass set CID='$CID2',yogaType='$yogaType',IID='$IID' where
CID='$CID'";
mysqli_query($con,$query);
}
?>
<meta name="viewport" content="width=device-width, initial-scale=1">
<link rel="stylesheet"
    href="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/css/bootstrap.min.css">
    <script
src="https://cdn.jsdelivr.net/npm/jquery@3.6.4/dist/jquery.slim.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/popper.js@1.16.1/dist/umd/popper.min.js"></script>
    <script
src="https://cdn.jsdelivr.net/npm/bootstrap@4.6.2/dist/js/bootstrap.bundle.min.js"></scri
pt>
</head>
<body>

    <nav class="navbar navbar-expand-lg navbar-dark bg-dark">
    <a class="navbar-brand" href="displayYCAadmin.php">Cancel Operation</a>
    <button class="navbar-toggler" type="button" data-toggle="collapse"
data-target="#navbarSupportedContent" aria-controls="navbarSupportedContent"
aria-expanded="false" aria-label="Toggle navigation">
    <span class="navbar-toggler-icon"></span>
    </button>
    <div class="collapse navbar-collapse" id="navbarSupportedContent">
    <ul class="navbar-nav ml-auto">
    </ul>

    </div>
</nav>
    <div class="col-lg-6 m-auto">
    <form method="post">
    <br><div class="card">
    <div class="card-header bg-dark">
    <h1 class="text-white text-center">Update yoga class

```



```
operation</h1>
</div><br>
<label>insert new CID:</label>
<input type="text" name="CID2"
class="form-control"> <br>
<label>insert new yoga type:</label>
<input type="text" name="yogaType"
class="form-control"> <br>
<label>insert new IID:</label>
<input type="text" name="IID"
class="form-control"> <br>
<button class="btn btn-success" type="submit"
name="done">
Submit
</button><br>
</div>
</form>
</div>
</body>
</html>
```