Class: DATS 6202– Machine Learning

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Classification of Human Activities using Smartphone Sensors through **Machine Learning and Neural Network Algorithms** 

1. Introduction

Human activity recognition using smartphones is a growing area of research with many potential

applications, including health monitoring, sleep observing, and fitness tracking (Chawla,

Prakash, & Chawla, 2021; Islam et al., 2022). In this project, we used the UCI Human Activity

Recognition with Smartphones dataset to train and test machine learning algorithms for

accurately classifying different human activities based on accelerometer and gyroscope data

collected from a Samsung Galaxy S II smartphone.

Various neural network and machine learning algorithms were applied, including MLP, LVQ, and

SVM, to classify the activities and tested their performance using different metrics. One-class

SVM novelty detection was conducted too to detect any unusual behaviors in the dataset and

identify any subjects with injuries or health problems.

Various neural network and machine learning algorithms were applied, including MLP, LVQ, and

SVM, to classify the activities and tested their performance using different metrics. The analysis

results indicate that the MLP model achieved the highest accuracy of 94%, then LVQ 92%, and

SVM. Thus, we can conclude that human activities can be accurately classified using an

accelerometer and gyroscope. However, we argue that this approach can be more effective in a larger and more diverse range of subjects with different health records to detect abnormalities to be useful for detecting unusual behaviors.

2. Personal Contribution to the Project

This section discusses my personal contributions to the project, which include implementing and evaluating two machine learning models: Multilayer Perceptron (MLP), and Learning Vector Quantization (LVQ). I tuned the hyperparameters using two different optimization techniques Randomization for LVQ and Bayesian for MLP. I evaluated their performance using accuracy, confusion matrix, precision, recall, and F1-score for each model. I plotted the learning curves and confusion matrices and SOM of the LVQ. In addition, I evaluated the data readiness for modeling, such as the number of NA values, feature types, and imbalanced data, and detect outliers by clustering. To assess data imbalance, I plotted the portions of the targeted column, and I plotted the raw dataset for a general demonstration.

2.1. Contribution to Data Preprocessing

Check feature types, number of NA values, and data balance as in Figure 1.

Figure1

Activity frequency in the dataset

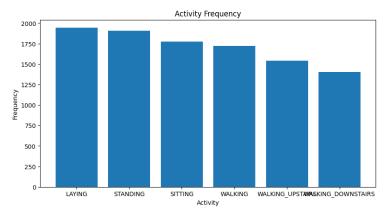


Figure 1: Six activities and their frequency in the dataset

Detected outliers using DBSCAN (Density-Based Spatial Clustering of Applications with Noise) to perform clustering on the preprocessed data. The algorithm finds points that are closely packed together and mark them as core samples, and the remaining points as noise or outliers. The DBSCAN algorithm is applied to the preprocessed data, and the number of clusters and outliers are printed. The outliers are then extracted from the data, and a new dataset is created without the outliers for modeling. The result in Figure 2 shows that there are 28 clusters and 1 outlier cluster and the outlier cluster has 149 rows.

## Figure2

Outlier Detection by Clustering

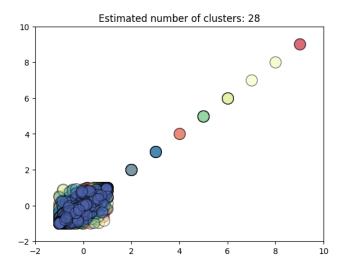


Figure 2: shows 28 clusters by color and most of them cumulative between -1 and 1 Lastly, plotting two samples of data as shown in Figure 3.

# Figure3

Two Samples of the Raw Accelerometer and Gyroscope

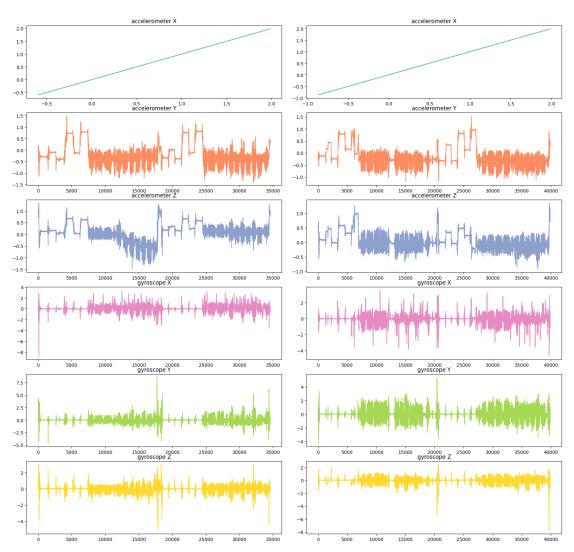


Figure 3: Accelerometer (xyz) and gyroscope (xyz) of two subjects show all six activities

#### 2.2. MLP

The hyperparameters of the MLP classifier are tuned using Bayesian optimization, which tries to find the combination of hyperparameters that maximizes the performance of the model on the training set.

The hyperparameters include the number of hidden layers, the activation function, the solver algorithm, the L2 regularization strength, and the initial learning rate. The hyperparameter search space was defined as follows: the number of hidden layers was sampled uniformly from the

range of 1 to 200, the activation function was chosen from a categorical distribution of either ReLU or Tanh, the solver algorithm was also chosen from a categorical distribution of either Adam or L-BFGS, the L2 regularization strength was sampled from a log-uniform distribution ranging from 1e-5 to 1e-3, and the initial learning rate was sampled from a log-uniform distribution ranging from 0.0001 to 0.1.

The best model obtained from the search is (activation = tanh, alpha = 4.950547942793197e-05, hidden\_layer\_sizes = 144, learning\_rate\_init = 0.00033522328070073447, solver = adam) and it was evaluated on the test set. I report the accuracy of the model, which is the proportion of correct predictions made by the model. Furthermore, we analyze the performance of the model by computing the confusion matrix, which shows the number of correct and incorrect predictions for each class. Precision, recall, and F1-score are also calculated to provide further insights into the model's performance. Finally, learning curves are plotted to analyze the model's performance with different training set sizes, and the mean and standard deviation of the training and test scores are calculated.

#### 2.3. LVQ

The LVQ model is trained and evaluated using several techniques. First, a set of hyperparameters is defined for the model, and a random search is used to find the best combination of hyperparameters for the model by maximizing the performance on the training set.

The parameter distributions were defined to search over a range of possible values, including the number of prototypes per class, and the beta value. The prototypes\_per\_class hyperparameter is used to specify the number of prototypes, or "codebook vectors", to use for each class in the dataset and it was varied between 1 and 10. The beta that controls the learning rate for the prototype was varied over a set of discrete values, including 0, 25, 5, 75, and 1.

The best model that is (prototypes\_per\_class = 3, beta = 75) evaluated on the test set to calculate the accuracy, which measures the proportion of correct predictions. Additionally, the confusion matrix is computed to show the number of correct and incorrect predictions for each class. The precision, recall, and F1-score are also calculated to provide further insights into the model's performance. Finally, learning curves are plotted to analyze the model's performance with different training set sizes, and the mean and standard deviation of the training and test scores are calculated.

#### 3. Result

Table 1

In this study, I evaluated the performance of two machine learning algorithms: MLP and LVQ in terms of their accuracy, precision, recall, and F1-score. The results are presented in Table 1.

Evaluation Results of MLP and LVQ

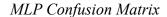
Algorithm	Accuracy	Precision	Recall	F1-score
MLP	94%	0.94	0.94	0.94
LVQ	92%	0.92	0.92	0.92

Table 1: Performance Metrics of the Machine Learning Algorithms

As shown in Table 1, the MLP algorithm performed the best, achieving % accuracy, precision, recall, and F1-score. LVQ also performed well, with accuracy above 99%. According to the MLP confusion matrix Figure 4, most of the classes are predicted correctly but 59 samples of class 1

that is 'Standing' are predicted to be 'Sitting', and 48 samples of class 2 that is 'Sitting' is predicted to be 'Standing'.

### Figure4



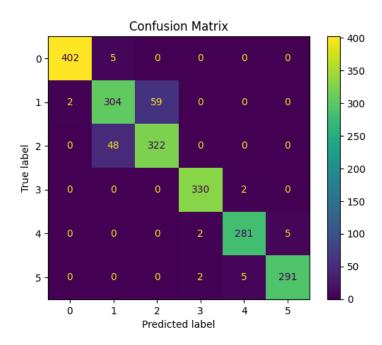


Figure 4: Confusion matrix of true and predicted labels of MLP model

The same as MLP, the LVQ confusion matrix Figure 5 shows the same result but with more errors in predicting 'Standing' and 'Sitting' that it predicted 69 true 'Standing' as 'Sitting' and 53 true 'Sitting' as 'Standing'.

### Figure5

LVQ Confusion Matrix

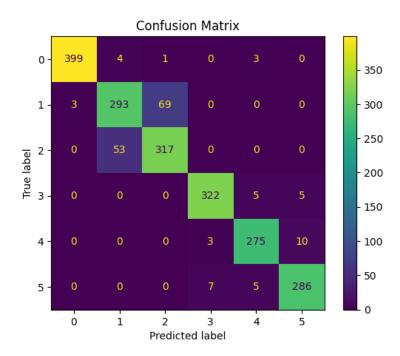
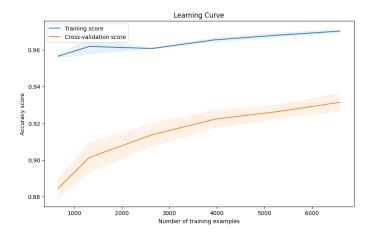


Figure 5: Confusion matrix of true and predicted labels of LVQ model

By plotting both models' learning curves, we see that the MLP training curve in Figure 6 is rising with adding more instances to the training, indicating that the MLP model is learning from having more data. However, the training score of 97% is much greater than the validation score of 92% and that indicates that the model is overfitting the data and it requires complexity reduction to generalize more effectively.

### Figure6

MLP Learning Curve



EVQ learning curve Figure 7 is getting lower with adding more instances, but the cross-validation score line got higher, which means that the LVQ model is improving in its generalization ability more than the MLP. The lower accuracy score on the learning curve suggests that the model is becoming less overfit to the training data as more instances are added, while the higher cross-validation accuracy score indicates that the model is performing better on unseen data. However, the gap between the test and train scores suggests that the model is overfitting and memorizing, therefore more data should be obtained for testing purposes.

Figure7

LVQ Learning Curve

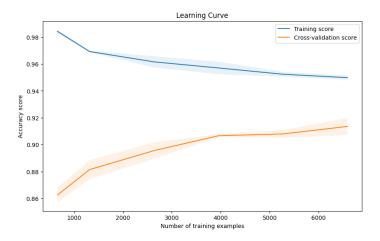


Figure 7: LVQ learning curve is steady and steep and not crossing

In LVQ, each neuron in the grid has a weight vector, which is adjusted during training to become similar to the input data points that are closest to that neuron (Hagan et al., 2016). In this way, the SOM learns to group similar data points together and to create a meaningful representation of the input data. A heatmap Figure 8 shows the average distance between each neuron and its neighboring neurons in the grid.

### Figure8

SOM Heatmap

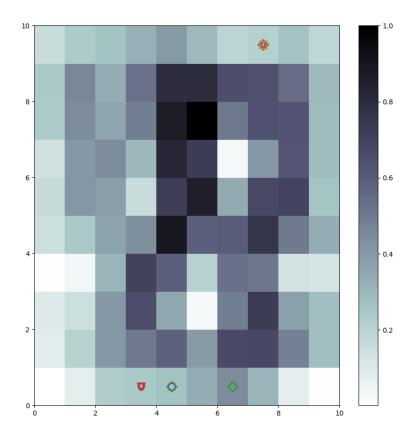


Figure8: Heatmap of the LVQ neurons that are colored based on the distance of other neurons

### 4. Conclusion

Machine learning network algorithms such as MLP and LVQ can be used to accurately classify human activities by 94% - 92% based on accelerometer and gyroscope data that was collected from a smartphone. The application of these models in real-world scenarios will elevate the health sector, such as using them for health monitoring, sleep observation, and fitness tracking.

Some limitation of the project is that the dataset used is small as it only includes data from 30 subjects. Additionally, this is a laboratory dataset that has been collected under specific

instructions, which may limit the generalizability of the findings. However, in this project, the models got promising results that we argue even with a larger and more diverse dataset, this approach has the potential to be an effective tool for detecting abnormalities in various populations. Therefore, future studies should focus on expanding the dataset to include a wider range of individuals with different health records to further validate the effectiveness of this approach to detect any unusual behavior that needs immediate intervention.

#### (170-50)/(170+30)\*100 = 60

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