

**Umer, Muhammad**  
**DOB:** December 1st 1993  
**MRN:** 12345  
**Date:** December 24th 2021

**Follow-up:** 1 week  
**Diagnosis:** Cholera, unspecified  
**Work Duty:** Sedentary Work - no typing to the 5 lbs. none greater than 5 lbs. until next visit on Dec 31, 2021

**Chief Complaint:** Left Forearm, Left Anterior Arm, Right Elbow, Right Forearm, and Left Hand

**History Of Presenting Illness:**

Muhammad Umer is a very pleasant 28 year old male who presents with the complaint of Dull, and Sore at Left Forearm, Left Anterior Arm, Right Elbow, Right Forearm, and Left Hand. He, states the symptoms have been present since December 1st 2021, at Mild to Mild level intensity. He denies any injury. He states symptoms are worse with walking, and stairs and get better with ice, and massage.

**Muhammad Umer has received treatment for this issue in the past including:**

- 1. undefined undefined undefined undefined

He denies any radiating symptoms.

He has taken the following **medications** to help with this condition:

- 1. ZOCOR (Oral Pill) 3 mcg 3x Daily As Needed

**Allergies:**

Name	Reaction
ZOCOR (Oral Pill)	Headache

**Medications:**

- 1. ZOCOR (Oral Pill) 3 mcg 3x Daily As Needed

**Past Medical History:**

**Past Surgical History:**

**Family History:**  
**Mother's Conditions:** Hypertension  
**Fathers's Conditions:** Stroke, and Diabetes  
**Grand Parents Conditions:** Blood Clots  
**Siblings Conditions:** Diabetes

**Social History:**  
**Martial Status:** married  
**Smokes:** yes - 12 pack/daily  
**Drinks:** yes - 1 per sitting/rarely/socialy

**Review of Symptoms:**  
**General:** weight loss or gain, and fever or chills  
**Neurological:** dizziness  
**Skin:** dryness  
**Hemotologic:** none  
**Musculoskeletal:** Muscle or joint pain, and back pain  
**Endocrine:** none

**Psychiatric:** Stress, and Memory Loss

**Physical Examination:** Muhammad Umer is an A&O x 3 male that appears equal to the stated age. He has a pleasant demeanor. He is able to follow instructions. He is in no acute distress.

**The Patient has tenderness to palpation at:**

- CMC Joint joint of right hand at thumb
- MCP Joint joint of right hand at middle finger
- AC Joint joint of Shoulder
- Bicipital Groove joint of Shoulder
- Lateral Proximal Humerus joint of Shoulder
- Distal Ulna joint of Wrist
- Snuffbox joint of Wrist

**Skin:**

- Open Wound

**Range of motion:** 70

**Left Forearm, Left Anterior Arm, Right Elbow, Right Forearm, and Left Hand Strength:**

Left Strength	Name	Right Strength
5/5	Hand EPL	5/5
5/5	Hand FPL	5/5
5/5	Hand APB	5/5
5/5	Hand FDI	5/5
5/5	Hand ADM	5/5
5/5	Hand Grip	5/5
5/5	Hand Pinch	5/5
5/5	Shoulder Abduction	5/5
5/5	Shoulder Forward Flexion	5/5
5/5	Shoulder Horizontal Abduction	5/5
5/5	Shoulder Internal Rotation	5/5
5/5	Shoulder External Rotation	5/5
5/5	Elbow Abduction	5/5

5/5	Elbow Forward Flexion	5/5
5/5	Elbow Horizontal Abduction	5/5
5/5	Elbow Internal Rotation	5/5
5/5	Wrist Flexion	5/5
5/5	Wrist Extension	5/5
5/5	Wrist Pronation	5/5
5/5	Wrist Supination	5/5

The patient has a positive:

- Jobs on the left
- Jobs on the left
- Jobs on the left
- Jobs on the left

The patient has a negative:

- Jobs on the right
- Jobs on the right
- Jobs on the right
- Jobs on the right

**Assessment:**

Muhammad Umer is a 28 year old male with: Cholera, unspecified

**Plan:** Muhammad Umer presents signs and symptoms consistent with: Cholera, unspecified

Diagnosis, diagnostic studies, and treatment plans were reviewed with the patient at today's visit.

Treatment plan includes:

- NSAIDS
- MRI
- CT Scan
- Brace

The patient will follow up in 1 week.

**Work Duty:**

Sedentary Work - no typing to the 5 lbs. none greater than 5 lbs. until next visit on Dec 31, 2021.