$$= \frac{1}{2} \left(\frac{1}{2} \right)^{2} - \frac{1}{2} \left(\frac{1}{2} \right)^{2} + \frac{1}{2} \left(\frac{1}{2} \right)^{2}$$

$$= \frac{\dot{9}}{6} \frac{\dot{1}}{100} + \frac{-\dot{0}}{2}$$

$$= \frac{\dot{9}}{6} \frac{\dot{1}}{100} + \frac{-\dot{1}}{2} \frac{\dot{1}}{100} + \frac{\dot{1}}{2} \frac{\dot{0}}{100} + \frac{\dot{0}}{2} \frac{\dot{0}{100} + \frac{\dot{0}}{2} \frac{\dot{0}}{100}$$

$$I_{0} = -mg + \frac{L_{0}}{2} = -mg + \frac{L_{0}}{2} = -mL_{0} + \frac{L_{0}}{2} = -mL_{0} = -m$$

