love cream asparagu soup ’ pure comfort bowl simpl make recip made 5 ingredi count salt pepper readi 25 minut light healthi cream asparagu soup made cream ’ simpli pure littl sour cream total omit want keep dairi free water littl sour cream drizzl littl top 100 calori perfect first cours serv sandwich salad see soup recip asparagu soup made 7 ingredi see exact measur recip card cream soup ’ load heavi cream sever way make creami soup first get immers blender ’ alreadi one probabl time favorit kitchen gadget ’ much easier put hot soup blender sever batch trust post pic mention skinnytast tag skinnytast subscrib weekli email newslett free 'll get latest meal idea new recip everi week pleas check follow indic would like receiv email skinnytast use mailchimp market platform click subscrib acknowledg inform transfer mailchimp process learn mailchimp 's privaci practic unsubscrib time click link footer email stay date wherev