Study guide: Finite difference schemes for diffusion processes

Hans Petter Langtangen^{1,2}

Center for Biomedical Computing, Simula Research Laboratory 1 Department of Informatics, University of Oslo 2

Feb 11, 2016

The 1D diffusion equation

2 Analysis of schemes for the diffusion equation

The 1D diffusion equation

The famous diffusion equation, also known as the heat equation, reads

$$\frac{\partial u}{\partial t} = \alpha \frac{\partial^2 u}{\partial x^2}$$

Here,

- u(x, t): unknown
- α: diffusion coefficient

Alternative, compact notation:

$$u_t = \alpha u_{xx}$$

The initial-boundary value problem for 1D diffusion

$$\frac{\partial u}{\partial t} = \alpha \frac{\partial^2 u}{\partial x^2}, \quad x \in (0, L), \ t \in (0, T]$$
 (1)

$$u(x,0) = I(x),$$
 $x \in [0,L]$ (2)

$$u(0,t) = 0,$$
 $t > 0,$ (3)

$$u(L,t)=0, t>0. (4)$$

Note:

- First-order derivative in time: one initial condition
- Second-order derivative in space: a boundary condition at each point of the boundary (2 points in 1D)
- Numerous applications throughout physics and biology

Step 1: Discretizing the domain

Mesh in time:

$$0 = t_0 < t_1 < t_2 < \dots < t_{N_t - 1} < t_{N_t} = T$$
 (5)

Mesh in space:

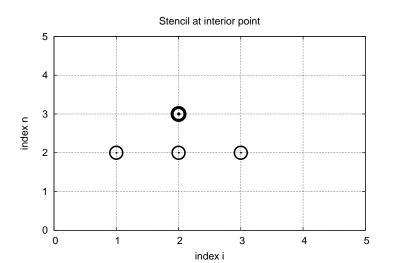
$$0 = x_0 < x_1 < x_2 < \dots < x_{N_x - 1} < x_{N_x} = L$$
 (6)

Uniform mesh with constant mesh spacings Δt and Δx :

$$x_i = i\Delta x, i = 0, \dots, N_x, t_i = n\Delta t, n = 0, \dots, N_t$$
 (7)

The discrete solution

- The numerical solution is a mesh function: $u_i^n \approx u_e(x_i, t_n)$
- Finite difference stencil (or scheme): equation for u_i^n involving neighboring space-time points



Step 2: Fulfilling the equation at the mesh points

Require the PDE (1) to be fulfilled at an arbitrary interior mesh point (x_i, t_n) leads to

$$\frac{\partial}{\partial t}u(x_i,t_n) = \alpha \frac{\partial^2}{\partial x^2}u(x_i,t_n)$$
 (8)

Applies to all interior mesh points: $i = 1, ..., N_x - 1$ and $n = 1, ..., N_t - 1$

For n=0 we have the initial conditions u=I(x) and $u_t=0$

At the boundaries i = 0, N_x we have the boundary condition u = 0.

Step 3: Replacing derivatives by finite differences

Use a forward difference in time and a centered difference in space (Forward Euler scheme):

$$[D_t^+ u = \alpha D_x D_x u]_i^n \tag{9}$$

Written out,

$$\frac{u_i^{n+1} - u_i^n}{\Delta t} = \alpha \frac{u_{i+1}^n - 2u_i^n + u_{i-1}^n}{\Delta x^2}$$
 (10)

Initial condition: $u_i^0 = I(x_i), i = 0, 1, \dots, N_x$.

Step 4: Formulating a recursive algorithm

- Nature of the algorithm: compute u in space at $t = \Delta t, 2\Delta t, 3\Delta t, ...$
- ullet Two time levels are involved in the general discrete equation: n+1 and n
- u_i^n is already computed for $i = 0, \dots, N_x$, and u_i^{n+1} is the unknown quantity

Solve the discretized PDE for the unknown u_i^{n+1} :

$$u_i^{n+1} = u_i^n + F\left(u_{i+1}^n - 2u_i^n + u_{i-1}^n\right) \tag{11}$$

where

$$F = \alpha \frac{\Delta t}{\Delta x^2}$$

The mesh Fourier number

$$F = \alpha \frac{\Delta t}{\Delta x^2}$$

Observe

There is only one parameter, F, in the discrete model: F lumps mesh parameters Δt and Δx with the only physical parameter, the diffusion coefficient α . The value F and the smoothness of I(x) govern the quality of the numerical solution.

The finite difference stencil



The computational algorithm for the Forward Euler scheme

- ② for $n = 0, 1, ..., N_t$:
 - compute u_i^{n+1} from (11) for all the internal spatial points $i = 1, ..., N_x 1$
 - 2 set the boundary values $u_i^{n+1} = 0$ for i = 0 and $i = N_x$

Notice

We visit one mesh point (x_i, t_{n+1}) at a time, and we have an explicit formula for computing the associated u_i^{n+1} value. The spatial points can be updated in any sequence, but the time levels t_n must be updated in cronological order: t_n before t_{n+1} .

The Python implementation of the computational algorithm

```
x = linspace(0, L, Nx+1) # mesh points in space
dx = x[1] - x[0]
t = linspace(0, T, Nt+1) # mesh points in time
dt = t[1] - t[0]
F = a*dt/dx**2
u = zeros(Nx+1)
u_1 = zeros(Nx+1)
# Set initial condition u(x,0) = I(x)
for i in range(0, Nx+1):
    u_1[i] = I(x[i])
for n in range(0, Nt):
    # Compute u at inner mesh points
    for i in range(1, Nx):
        u[i] = u[1]i] + F*(u[1]i-1] - 2*u[1]i] + u[1]i+1]
    # Insert boundary conditions
    \mathbf{u} [0] = 0; \mathbf{u} [\mathbf{N} \mathbf{x}] = 0
    # Update u_1 before next step
    u 1[:]= u
    # or more efficient switch of references
    \#u_{-}1, u = u, u_{-}1
```

Moving finite difference stencil

web page or a movie file.

Demo program

- Program: diffu1D_u0.py
- Produces animation on the screen
- Each frame stored in tmp_frame%04d.png files tmp_frame0000.png, tmp_frame0001.png, ...

How to make movie file in modern formats:

```
Terminal> name=tmp_frame%04d.png
Terminal> fps=8  # frames per second in movie
Terminal> avconv -r $fps -i $name -vcodec flv movie.flv
Terminal> avconv -r $fps -i $name -vcodec libx64 movie.mp4
Terminal> avconv -r $fps -i $name -vcodec libvpx movie.webm
Terminal> avconv -r $fps -i $name -vcodec libtheora movie.ogg
```

Forward Euler applied to an initial plug profile

 $N_{\rm x}=50$. The method results in a growing, unstable solution if F > 0.5. Choosing F = 0.5 gives a strange saw tooth-like curve. Link to movie file

Lowering F to 0.25 gives a smooth (expected) solution. Link to movie file

Forward Euler applied to a Gaussian profile

$$N_x = 50$$
. $F = 0.5$. Link to movie file

Link to movie file

Backward Euler scheme

Backward difference in time, centered difference in space:

$$[D_t^- u = D_{\mathsf{x}} D_{\mathsf{x}} u]_i^n \tag{12}$$

Written out:

$$\frac{u_i^n - u_i^{n-1}}{\Delta t} = \alpha \frac{u_{i+1}^n - 2u_i^n + u_{i-1}^n}{\Delta x^2}$$
 (13)

Assumption: u_i^{n-1} is computed, but all quantities at the new time level t_n are unknown.

Notice

We cannot solve wrt u_i^n because that unknown value is coupled to two other unknown values: u_{i-1}^n and u_{i+1}^n . That is, all the new unknown values are coupled to each other in a linear system of algebraic equations.

Let's write out the equations for $N_x = 3$

Equation (13) written for $i=1,\ldots,Nx-1=1,2$ becomes

$$\frac{u_1^n - u_1^{n-1}}{\Delta t} = \alpha \frac{u_2^n - 2u_1^n + u_0^n}{\Delta x^2}$$
 (14)

$$\frac{u_2^n - u_2^{n-1}}{\Delta t} = \alpha \frac{u_3^n - 2u_2^n + u_1^n}{\Delta x^2}$$
 (15)

(The boundary values u_0^n and u_3^n are known as zero.)

Collecting the unknown new values on the left-hand side and writing as 2×2 matrix system:

$$\begin{pmatrix} 1+2F & -F \\ -F & 1+2F \end{pmatrix} \begin{pmatrix} u_1^n \\ u_2^n \end{pmatrix} = \begin{pmatrix} u_1^{n-1} \\ u_2^{n-1} \end{pmatrix}$$

Two classes of discretization methods: explicit and implicit

Implicit

Discretization methods that lead linear systems are known as *implicit methods*.

Explicit

Discretization methods that avoid linear systems and have an explicit formula for each new value of the unknown are called *explicit methods*.

The linear system for a general N_x

$$-F_o u_{i-1}^n + (1+2F_o) u_i^n - F_o u_{i+1}^n = u_{i-1}^{n-1}$$
 (16)

for i = 1, ..., Nx - 1.

What are the unknowns in the linear system?

- either u_i^n for $i = 1, ..., N_x 1$ (all internal spatial mesh points)
- 2 or u_i^n , $i = 0, ..., N_x$ (all spatial points)

The linear system in matrix notation:

$$AU = b, \quad U = (u_0^n, \dots, u_{N_x}^n)$$

A is very sparse: a tridiagonal matrix

Detailed expressions for the matrix entries

The nonzero elements are given by

$$A_{i,i-1} = -F_o \tag{18}$$

$$A_{i,i} = 1 + 2F_o (19)$$

$$A_{i,i+1} = -F_o \tag{20}$$

for $i = 1, ..., N_x - 1$.

The equations for the boundary points correspond to

$$A_{0,0}=1, \quad A_{0,1}=0, \quad A_{N_x,N_x-1}=0, \quad A_{N_x,N_x}=1$$

The right-hand side

$$b = \begin{pmatrix} b_0 \\ b_1 \\ \vdots \\ b_i \\ \vdots \\ b_{N_x} \end{pmatrix} \tag{21}$$

with

$$b_0 = 0$$
 (22)
 $b_i = u_i^{n-1}, \quad i = 1, ..., N_x - 1$ (23)
 $b_{N_x} = 0$ (24)

Naive Python implementation with a dense $(N_x + 1) \times (N_x + 1)$ matrix

```
x = linspace(0, L, Nx+1) # mesh points in space
dx = x[1] - x[0]
t = linspace(0, T, N+1) # mesh points in time
u = zeros(Nx+1)
u_1 = zeros(Nx+1)
# Data structures for the linear system
A = zeros((Nx+1, Nx+1))
b = zeros(Nx+1)
for i in range(1, Nx):
   A[i,i-1] = -F
   A[i,i+1] = -F
    A[i,i] = 1 + 2*F
A[0,0] = A[Nx,Nx] = 1
# Set initial condition u(x,0) = I(x)
for i in range(0, Nx+1):
   u_1[i] = I(x[i])
import scipy.linalg
for n in range(0, Nt):
    # Compute b and solve linear system
    for i in range(1, Nx):
      h[i] - 11 1[i]
```

A sparse matrix representation will dramatically reduce the computational complexity

- ullet With a dense matrix, the algorithm leads to $\mathcal{O}(N_{\scriptscriptstyle X}^3)$ operations
- Utilizing the sparsity, the algorithm has complexity $\mathcal{O}(N_x)!$
- scipy.sparse enables storage and calculations with the three nonzero diagonals only

```
# Representation of sparse matrix and right-hand side
diagonal = zeros(Nx+1)
lower = zeros(Nx)
upper = zeros(Nx)
b = zeros(Nx+1)
```

Computing the sparse matrix

```
# Precompute sparse matrix
diagonal[:] = 1 + 2*F
lower[:] = -F #1
upper[:] = -F #1
# Insert boundary conditions
diagonal[0] = 1
upper[0] = 0
diagonal[Nx] = 1
lower[-1] = 0
import scipy.sparse
A = scipy.sparse.diags(
    diagonals=[main, lower, upper],
    offsets=[0, -1, 1], shape=(Nx+1, Nx+1),
    format='csr')
# Set initial condition
for i in range(0,Nx+1):
   u_1[i] = I(x[i])
for n in range(0, Nt):
   b = u_1
   b[0] = b[-1] = 0.0 # boundary conditions
   u[:] = scipy.sparse.linalg.spsolve(A, b)
    # Switch variables before next step
   u_1, u = u, u_1
```

Backward Euler applied to a plug profile

$$N_x = 50. F = 0.5.$$

Link to movie file

Backward Euler applied to a Gaussian profile

$$N_x = 50$$
.
Link to movie file

$$F = 5$$
. Link to movie file

Crank-Nicolson scheme

The PDE is sampled at points $(x_i, t_{n+\frac{1}{2}})$ (at the spatial mesh points, but in between two temporal mesh points).

$$\frac{\partial}{\partial t}u(x_i,t_{n+\frac{1}{2}})=\alpha\frac{\partial^2}{\partial x^2}u(x_i,t_{n+\frac{1}{2}})$$

for $i=1,\ldots,N_x-1$ and $n=0,\ldots,N_t-1$.

Centered differences in space and time:

$$\left[D_t u = \alpha D_{\mathsf{X}} D_{\mathsf{X}} u\right]_i^{n + \frac{1}{2}}$$

Averaging in time is necessary in the Crank-Nicolson scheme

Right-hand side term:

$$\frac{1}{\Delta x^2} \left(u_{i-1}^{n+\frac{1}{2}} - 2u_i^{n+\frac{1}{2}} + u_{i+1}^{n+\frac{1}{2}} \right)$$

Problem: $u_i^{n+\frac{1}{2}}$ is not one of the unknowns we compute.

Solution: replace $u_i^{n+\frac{1}{2}}$ by an arithmetic average:

$$u_i^{n+\frac{1}{2}} \approx \frac{1}{2} \left(u_i^n + u_i^{n+1} \right)$$

In compact notation (arithmetic average in time \overline{u}^t):

$$\left[D_t u = \alpha D_x D_x \overline{u}^t\right]_i^{n + \frac{1}{2}}$$

Crank-Nicolsoon scheme written out

$$u_i^{n+1} - \frac{1}{2}F(u_{i-1}^{n+1} - 2u_i^{n+1} + u_{i+1}^{n+1}) = u_i^n + \frac{1}{2}F(u_{i-1}^n - 2u_i^n + u_{i+1}^n)$$
 (25)

Observe:

- The unknowns are $u_{i-1}^{n+1}, u_i^{n+1}, u_{i+1}^{n+1}$
- These unknowns are coupled to each other (in a linear system)
- Must solve AU = b at each time level

Now,

$$A_{i,i-1} = -\frac{1}{2}F_o {26}$$

$$A_{i,i} = \frac{1}{2} + F_o {27}$$

$$A_{i,i+1} = -\frac{1}{2}F_o (28)$$

for internal points. For boundary points,

Crank-Nicolson applied to a plug profile

Crank-Nicolson never blows up, so any F can be used (modulo loss of accuracy).

 $N_x = 50$. F = 5 gives instabilities.

Link to movie file

 $N_{\rm x}=50.~F=0.5$ gives a smooth solution.

Link to movie file

Crank-Nicolson applied to a Gaussian profile

$$N_x = 50$$
.
Link to movie file

$$F = 5$$
. Link to movie file

The θ rule

The θ rule condenses a family of finite difference approximations in time to one formula

- $oldsymbol{ heta} heta = 0$ gives the Forward Euler scheme in time
- $oldsymbol{ heta} heta = 1$ gives the Backward Euler scheme in time
- ullet $heta=rac{1}{2}$ gives the Crank-Nicolson scheme in time

Applied to $u_t = \alpha u_{xx}$:

$$\frac{u_i^{n+1} - u_i^n}{\Delta t} = \alpha \left(\theta \frac{u_{i+1}^{n+1} - 2u_i^{n+1} + u_{i-1}^{n+1}}{\Delta x^2} + (1 - \theta) \frac{u_{i+1}^n - 2u_i^n + u_{i-1}^n}{\Delta x^2} \right)$$

Matrix entries:

$$A_{i,i-1} = -F_o\theta$$
, $A_{i,i} = 1 + 2F_o\theta$, $A_{i,i+1} = -F_o\theta$

Right-hand side:

The Laplace and Poisson equation

Laplace equation:

$$\nabla^2 u = 0$$
, 1D: $u''(x) = 0$

Poisson equation:

$$-\nabla^2 u = f$$
, 1D: $-u''(x) = f(x)$

These are limiting behavior of time-dependent diffusion equations if

$$\lim_{t\to\infty}\frac{\partial u}{\partial t}=0$$

Then $u_t = \alpha u_{xx} + 0$ in the limit $t \to \infty$ reduces to

$$u_{xx} + f = 0$$

We can solve 1D Poisson/Laplace equation by going to infinity in time-dependent diffusion equations

Looking at the numerical schemes, $F \to \infty$ leads to the Laplace or Poisson equations (without f or with f, resp.).

Good news: choose F large in the BE or CN schemes and one time step is enough to produce the stationary solution for $t \to \infty$.

Extensions

These extensions are performed exactly as for a wave equation as they only affect the spatial derivatives (which are the same as in the wave equation).

- Variable coefficients
- Neumann and Robin conditions
- 2D and 3D

Future versions of this document will for completeness and independence of the wave equation document feature info on the three points. The Robin condition is new, but straightforward to handle:

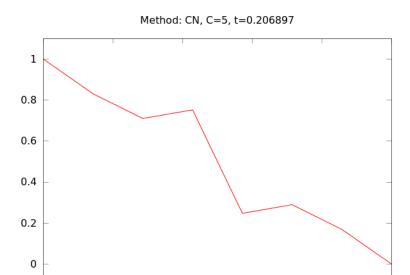
$$-\alpha \frac{\partial u}{\partial n} = h_T(u - U_s), \quad [-\alpha D_x u = h_T(u - U_s)]_i^n$$

1 The 1D diffusion equation

2 Analysis of schemes for the diffusion equation

Analysis of schemes for the diffusion equation

Solutions of diffusion problems are expected to be smooth. Can we understand when they are not?



Properties of the solution

The PDE

$$u_t = \alpha u_{xx}$$

admits solutions

$$u(x,t) = Qe^{-\alpha k^2 t} \sin(kx)$$

Observations from this solution:

- The initial shape $I(x) = Q \sin kx$ undergoes a damping $\exp(-\alpha k^2 t)$
- The damping is very strong for short waves (large k)
- The damping is weak for long waves (small k)
- Consequence: *u* is smoothened with time

Example

Test problem:

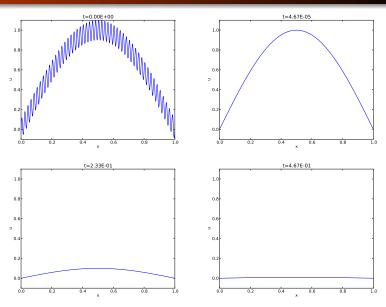
$$u_t = u_{xx}, \qquad x \in (0, 1), \ t \in (0, T]$$

 $u(0, t) = u(1, t) = 0, \qquad t \in (0, T]$
 $u(x, 0) = \sin(\pi x) + 0.1 \sin(100\pi x)$

Exact solution:

$$u(x,t) = e^{-\pi^2 t} \sin(\pi x) + 0.1e^{-\pi^2 10^4 t} \sin(100\pi x)$$

High frequency components of the solution are very quickly damped



Damping of a discontinuity; problem

Problem

Two pieces of a material, at different temperatures, are brought in contact at t=0. Assume the end points of the pieces are kept at the initial temperature. How does the heat flow from the hot to the cold piece?

Or: A huge ion concentration on one side of a synapse in the brain (concentration discontinuity) is released and ions move by diffusion.

Damping of a discontinuity; model

Solution

Assume a 1D model is sufficient (e.g., insulated rod):

$$u(x,0) = \begin{cases} U_L, & x < L/2 \\ U_R, & x \ge L/2 \end{cases}$$

$$\frac{\partial u}{\partial t} = \alpha \frac{\partial^2 u}{\partial x^2}, \quad u(0,t) = U_L, \ u(L,t) = U_R$$

Damping of a discontinuity; Backward Euler scheme

Discrete model:

$$[D_t^- u = \alpha D_x D_x]_i^n$$

results in a (tridiagonal) linear system

$$-Fu_{i-1}^n + (1+2F)u_i^n - Fu_{i+1}^n = u_{i-1}^{n-1}$$

where

$$F = \alpha \frac{\Delta t}{\Delta x^2}$$

is the mesh Fourier number

Damping of a discontinuity; Backward Euler simulation $F = \frac{1}{2}$

Movie

Damping of a discontinuity; Forward Euler scheme

Discrete model:

$$[D_t^+ u = \alpha D_x D_x]_i^n$$

results in the explicit updating formula

$$u_i^{n+1} = u_i^n + F(u_{i+1}^n - 2u_i^n + u_{i-1}^n)$$

Damping of a discontinuity; Forward Euler simulation $F = \frac{1}{2}$

Movie

Damping of a discontinuity; Crank-Nicolson scheme

Discrete model:

$$[D_t u = \alpha D_x D_x \overline{u}^t]_i^n$$

results in a tridiagonal linear system

Damping of a discontinuity; Crank-Nicolson simulation F = 5

Movie

Fourier representation

Represent I(x) as a Fourier series

$$I(x) \approx \sum_{k \in K} b_k e^{ikx}$$

The corresponding sum for u is

$$u(x,t) \approx \sum_{k \in K} b_k e^{-\alpha k^2 t} e^{ikx}$$

Such solutions are also accepted by the numerical schemes, but with an amplification factor A different from $\exp(-\alpha k^2 t)$:

$$u_q^n = A^n e^{ikq\Delta x} = A^n e^{ikx}$$

Analysis of the finite difference schemes

Stability:

- ullet |A| < 1: decaying numerical solutions (as we want)
- A < 0: oscillating numerical solutions (as we do not want)

Accuracy:

• Compare numerical and exact amplification factor: A vs $A_{\rm e} = \exp{\left(-\alpha k^2 \Delta t\right)}$

Analysis of the Forward Euler scheme

$$[D_t^+ u = \alpha D_x D_x u]_q^n$$

Inserting

$$u_q^n = A^n e^{ikq\Delta x}$$

leads to

$$A=1-4F\sin^2\left(rac{k\Delta x}{2}
ight), \quad F=rac{lpha\Delta t}{\Delta x^2} ext{ (mesh Fourier number)}$$

The complete numerical solution is

$$u_a^n = (1 - 4F \sin^2 p)^n e^{ikq\Delta x}, \quad p = k\Delta x/2$$

Key spatial discretization quantity: the dimensionless $p=rac{1}{2}k\Delta x$

Results for stability

We always have $A \le 1$. The condition $A \ge -1$ implies

$$4F\sin^2 p \leq 2$$

The worst case is when $\sin^2 p = 1$, so a sufficient criterion for stability is

$$F \leq \frac{1}{2}$$

or:

$$\Delta t \leq \frac{\Delta x^2}{2\alpha}$$

Implications of the stability result

Less favorable criterion than for $u_{tt}=c^2u_{xx}$: halving Δx implies time step $\frac{1}{4}\Delta t$ (not just $\frac{1}{2}\Delta t$ as in a wave equation). Need very small time steps for fine spatial meshes!

Analysis of the Backward Euler scheme

$$[D_t^- u = \alpha D_x D_x u]_q^n$$

$$u_q^n = A^n e^{ikq\Delta x}$$

$$A = (1 + 4F \sin^2 p)^{-1}$$

$$u_q^n = (1 + 4F \sin^2 p)^{-n} e^{ikq\Delta x}$$

Stability: We see that |A|<1 for all $\Delta t>0$ and that A>0 (no oscillations)

Analysis of the Crank-Nicolson scheme

The scheme

$$[D_t u = \alpha D_x D_x \overline{u}^x]_q^{n + \frac{1}{2}}$$

leads to

$$A = \frac{1 - 2F\sin^2 p}{1 + 2F\sin^2 p}$$

$$u_q^n = \left(\frac{1 - 2F\sin^2 p}{1 + 2F\sin^2 p}\right)^n e^{ikp\Delta x}$$

Stability: The criteria A>-1 and A<1 are fulfilled for any $\Delta t>0$

Summary of amplification factors

$$A_{\rm e} = \exp\left(-\alpha k^2 \Delta t\right) = \exp\left(-4Fp^2\right)$$

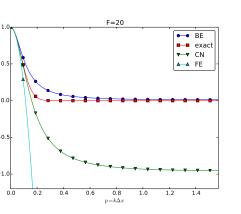
$$A = 1 - 4F \sin^2\left(\frac{k\Delta x}{2}\right) \quad \text{Forward Euler}$$

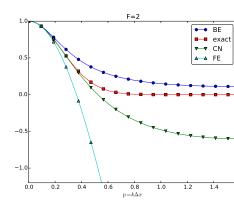
$$A = (1 + 4F \sin^2p)^{-1} \quad \text{Backward Euler}$$

$$A = \frac{1 - 2F \sin^2p}{1 + 2F \sin^2p} \quad \text{Crank-Nicolson}$$

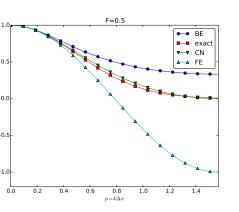
Note:
$$A_e = \exp(-\alpha k^2 \Delta t) = \exp(-Fk^2 \Delta x^2) = \exp(-F4p^2)$$
.

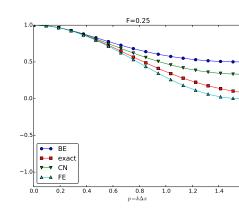
Summary of accuracy of amplification factors; large time steps



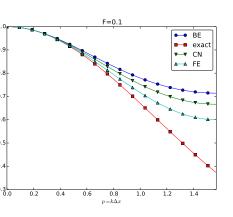


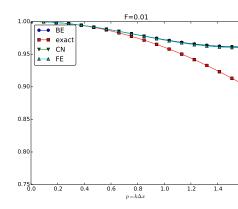
Summary of accuracy of amplification factors; time steps around the Forward Euler stability limit





Summary of accuracy of amplification factors; small time steps





Observations

- ullet The key spatial discretization parameter is the dimensionless $p=rac{1}{2}k\Delta x$
- The key temporal discretization parameter is the dimensionless $F=\alpha\Delta t/\Delta x^2$
- Important: Δt and Δx in combination with α and k determine accuracy
- Crank-Nicolson gives oscillations and not much damping of short waves for increasing F
- These waves will manifest themselves as high frequency oscillatory noise in the solution
- Steep solutions will have short waves with significant (visible) amplitudes
- All schemes fail to dampen short waves enough

The problems of correct damping for $u_t = u_{xx}$ is partially manifested in the similar time discretization schemes for $u'(t) = -\alpha u(t)$.