

# Chapter six

## Choking and Foreign Bodies

### # Choking and foreign bodies

Provide First Aid care to Help Infant and Child with Choking and foreign bodies.

#### 1-Choking and foreign bodies for child

Definition: Choking is a common breathing emergency. It occurs when the person's airway is partially or completely blocked. If a conscious person is choking, his or her airway has been blocked by a foreign object, such as a piece of food or a small toy; by swelling in the mouth or throat; or by fluids, such as vomit or blood. With a partially blocked airway, the person usually can breathe with some trouble. A person with a partially blocked airway may be able to get enough air in and out of the lungs to cough or to make wheezing sounds. The person also may get enough air to speak. A person whose airway is completely blocked cannot cough, speak, cry or breathe at all.

#### Causes of Choking in Children and Infants

Choking is a common cause of injury and death in children younger than 5 years. Because young children

- ✓ Children eat while playing or running.
- ✓ Children to chew and swallow food during talking or laughing.
- ✓ Chewing gum to young children.
- ✓ Swallowing children of smooth, hard food such as peanuts and raw vegetables.
- ✓ Swallowing young children round, firm foods such as hot dogs and carrot sticks as any pieces larger than ½ inch.
- ✓ Play young children with uninflated balloons.
- ✓ Playing with small objects such as safety pins, small parts from toys and coins.

#### Signs of choking include:

- ✓ Coughing, either forcefully or weakly.
- ✓ Clutching the throat with one or both hands.

- ✓ Inabilities to cough, speak, cry or breathe.
- ✓ Making high-pitched noises while inhaling or noisy breathing.
- ✓ Panic.
- ✓ Bluish skin color.
- ✓ Losing consciousness if blockage is not removed.

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**Actions for help conscious choking child:**

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## **2 -Choking and foreign bodies for infant**

Action for help a Conscious Choking Infant1:

# Action 1

# Action 2

# Action 3