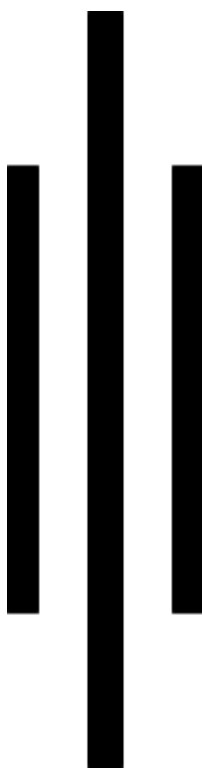




**NATIONAL ACADEMY
OF SCIENCE AND TECHNOLOGY
UTTARBHADRI, KAILALI**

A Detailed Plan On
QUIZ PREPARATION AND TRAINING



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Section A

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Establishing the Communication Channels

As we continue to work on our project, I wanted to touch base with you regarding our communication channels. I think it's important that we establish effective ways to stay in touch and share information throughout the project.

1) Email

One of the most common communication channels that we can use is email. This is a reliable way to exchange messages, documents, and updates. We can create a shared email folder for the project where we can store all the important messages and documents related to the project. We can also set up email alerts for urgent messages or deadlines.

Email and Google Chat Id: info.amritpant@gmail.com

2) Twitter

Another communication channel that I think could be useful is *Twitter*. This platform allows us to have video calls, share screens, and collaborate in real time. We can use it for brainstorming sessions, progress updates, and to address any concerns or questions that may arise.

Twitter Id: @1_amritpant or link: https://twitter.com/1_amritpant

3) Discord

Lastly, I would also like to suggest using Discord as a communication channel. This is a great platform for real-time communication, and it can be particularly useful for team members who prefer to communicate using chat.

Discord Id: Amrit Pant#1821

Of course, we can also explore other communication channels that you may find suitable. The important thing is that we establish clear communication channels that work for both of us and that we use them consistently throughout the project.

STRATEGY FOR PRACTISING QUIZ

I believe that there are three key strategies that we can use to improve our performance and increase our chances of success.

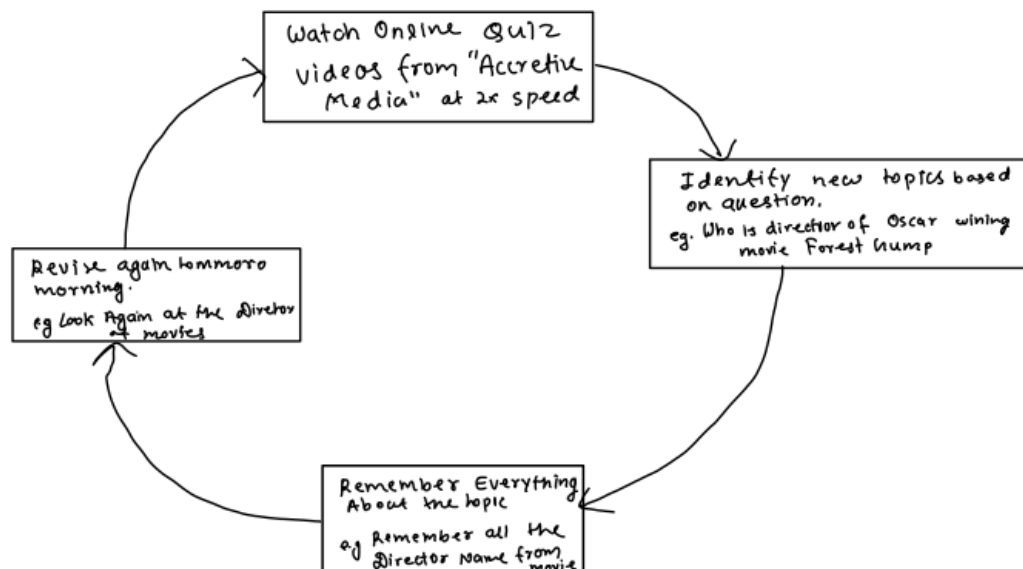
1. Get the new Information
2. Practice Previous Questions
3. Revise Daily

Getting the New Information

Firstly, we need to focus on getting new data. This means that we need to actively seek out new information and expand our knowledge base. The best way to get new Knowledge is to watch other quiz videos. The Youtube channel to watch Nepali Quiz Videos is "Accretive Media". Additionally, You can also use *CHAT GPT* , to generate the Question Answer.

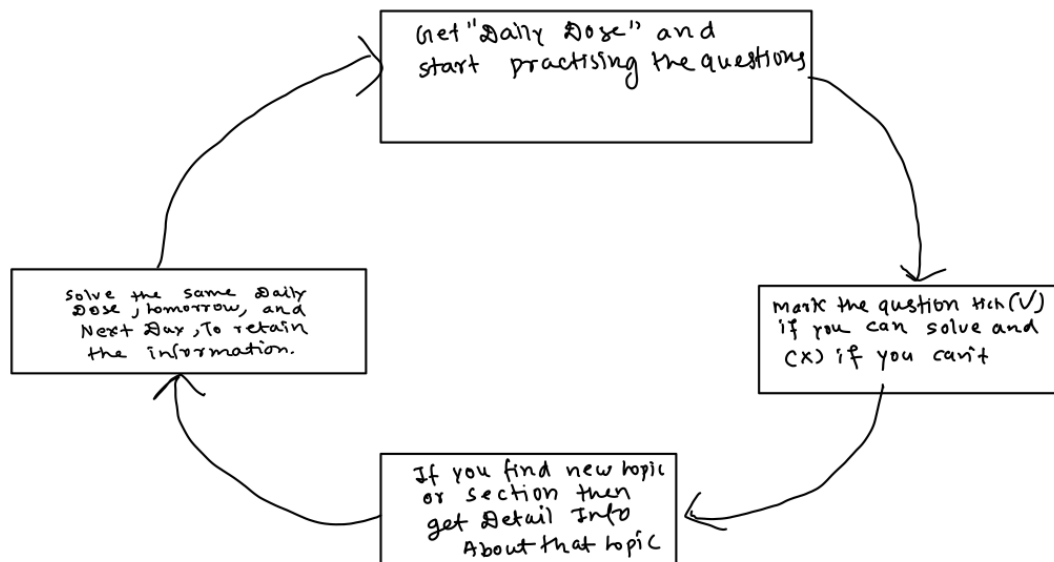
Bonus Tips:

- Watch videos at 2x speed so you can finish fast
- Use adblocker and skip sponsor extensions for better productivity.



Practice Previous Questions

Secondly, we need to practice previous questions. This is a tried-and-tested strategy that can help us get familiar with the format and style of questions that may be asked in the quiz. We can use past quizzes or sample papers to practice answering questions under timed conditions. *I will send you a pdf file called "Daily Dose" Every day which will include the most probable questions.*



Revise Daily

Lastly, we need to revise daily. Consistent revision is crucial for retaining information and improving our overall knowledge. We should set aside time each day to go over the topics covered in the quiz and review any notes or materials that we have collected. This will help us stay on top of our preparation and prevent any last-minute cramming.

Overall, I believe that these strategies will help us perform at our best during the quiz. Of course, we can also explore other strategies that may work better for us individually. The important thing is that we stay focused and committed to our preparation in the coming days.

Dividing the Work

As we prepare for our upcoming quiz, it's important that we divide the work effectively to ensure that we are both able to contribute and that we cover all necessary topics.

Amrit Pant	{NAME]
Space, Universe	Nepal's Cultural and Social Condition (<i>Pratha, parampara, mulya</i>)
World Geology	Sports (National and International Games)
Nepal's Gelogoy	Famous Quotes
World History	Details Information about Animals <i>Eg. What is male of sheep called or what is a place called where the cat lives</i>
Nepal History	Movies (Both Nepali and Hollywood))
Science Technology (Who built what, who is the father of what)	Scientific Name of Animals and Organism
Economic Overview of Country and World as well as macroeconomics	All the <i>Phobias</i> (<i>Fear from water</i>)
Internation Organizations. (UN, EU, SAARC, BIMSTEC)	Music and Poems,(Famous Bands, Musician Name) Both Nepali and Internation
Physics, Chemistry	Biology
Computer, and Programming Feilds	Literature (Who write which novel, These characters are from novel)

Scheduling the task

As we gear up for our upcoming quiz, I wanted to share with you our schedule for preparation. I believe that having a structured plan can help us stay on track and make the most of our time leading up to the quiz.

AMRIT PANT	DAYS	Roshani Bhatta
World and Nepal Geology	1 (Sunday)	Nepal Culture
World History	2 (Monday	Sports, Movies
Nepal History	3 (Tuesday	Famous Quotes
Space & Universe, Science, and Technology	4 (Wednesday)	Animals, Phobias
Economic Condition, International Union	5 (Thursday)	Music Poem,
Physics, Chemistry	6(Friday)	Literature
Computer Programming	7 (Saturday)	Religion (Dharma)

Specific Strategies for Specific Condition

We will discuss these specific strategies later:

Conclusion

Overall, I believe that the above strategies and plans will make the quiz event engaging, competitive, and impactful. I am excited to see the participation and results of the quiz event and hope that it will help us bond as a team and give back to our community.

Thank you for your time and effort in planning this quiz. If you have any questions or suggestions, please do not hesitate to let me know.