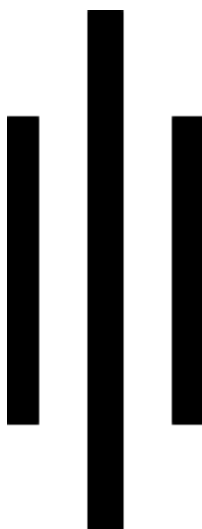


NATIONAL ACADEMY OF SCIENCE AND TECHNOLOGY



A Project Report On

THE PICTURES THAT REFLECT THE LIFESTYLE **OF THE PEOPLE OF NEPAL**



Submitted To:
Mr. Upendra Bahadur Bam
Department of English
Principal, NAST

Submitted By:
Amrit Pant
Class 11 (2022)
Section F

ACKNOWLEDGEMENT

I want to express my special Gratitude to **Mr. Upendra Bam** sir who gave me this opportunity to present a report on **THE PICTURES THAT REFLECT THE LIFESTYLE OF THE PEOPLE OF NEPAL**. I want to extend my gratitude to my parents who supported and motivated me while doing the Project. I want to thank my friends Ritik Chand, Prasab Kunwar, and Ashish Chand who helped me to finish this report within a limited time. I have also taken some references from websites that are mentioned on the last page.

**THANKS TO THE EVERYBODY WHO HELPED ME
WITH THIS PROJECT**

Amrit Pant

Certificate of Completion

This is to certify that this Project is made by **Amrit Pant** a student of **Class 11 (Section F)**. From the **National Academy of Science and Technology** on the topic of **THE PICTURES THAT REFLECT THE LIFESTYLE OF THE PEOPLE OF NEPAL .** Under the guidance of **Mr. Upendra Bahadur Bam** and have been completed.

Mr.Upendra Bam
Lecturer of English
Principle, NAST

Mr. Krishna Bhandari
Lecturer of Chemistry
HOD, Science

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Introduction to the People of Nepal:

Nepal is a diverse country with a population of approximately 29 million people. The country is located in the Himalayas and is home to a wide range of ethnic and linguistic groups. The people of Nepal can be broadly categorized into two groups: the Indo-Aryans and the Tibeto-Burmans. The Indo-Aryans are the dominant group, making up about 60% of the population, and include castes such as Brahmins, Chhetris, and Thakuris. The Tibeto-Burmans, who make up around 40% of the population, include groups such as Sherpas, Tamangs, and Gurungs.

In addition to these two broad ethnic groups, there are also smaller populations of people who identify as Newars, who have their own unique language and culture, and people from various other minority groups. Nepal is also home to a significant number of refugees, primarily from Tibet and Bhutan, as well as a growing population of expatriates and migrant workers from neighboring countries such as India and Bangladesh.

Overall, the people of Nepal are known for their warmth and hospitality, as well as their resilience in the face of natural disasters and political upheaval. The country's cultural diversity is reflected in its festivals, art, music, and cuisine, making Nepal a unique and fascinating place to visit or study.

Photos







References:

- Google
- Pexels
- Pinterest
- News Websites
- Pixabay