

# SheCare: Redefining period care with compassion and support



PURPOSE	KEY FEATURES & HIGHLIGHTS
<b>1 Trusted Medical Information</b> AI-powered chatbot providing reliable, evidence-based health advice.	<b>1 Advanced Technology</b> Powered by a custom LLM to search verified PDFs for accurate responses.
<b>2 Privacy &amp; Security</b> No data tracking or storage—users can ask questions anonymously.	<b>2 Simple Explanations</b> Easy-to-understand answers, free from medical jargon.
<b>3 24/7 Accessibility</b> Instant health guidance available at any time, without needing appointments.	<b>3 Private &amp; Anonymous</b> <ul style="list-style-type: none"> <li>No fear of judgment, completely safe space for health queries.</li> </ul>
<b>4 Health Topics Covered</b> Menstrual health, hygiene, common menstrual concerns and breaking myths	<b>4 Diverse Users</b> <ul style="list-style-type: none"> <li>Ideal for women, doctors, NGOs, and educational institutions looking to raise health awareness.</li> </ul>

SheCare revolutionizes menstrual health education through its AI-powered chatbot, providing trusted, evidence-based advice on health and hygiene. Designed for privacy and accessibility, SheCare ensures users can ask questions anonymously without fear of judgment or data tracking. The platform is powered by advanced technology, offering simple, jargon-free answers tailored for women, doctors, NGOs, and educational institutions. Covering topics like menstrual health, common concerns, and myth-busting, SheCare delivers instant, reliable guidance anytime, without appointments. By creating a safe space for health queries, SheCare fosters awareness and support, redefining how menstrual care is understood and addressed with compassion and precision.