

Mental Health & Wellness Screener Installation Guide

Step 0 (Preliminary): Before attempting to run or install the Mental Health & Wellness Screener, make sure to have Python 3 installed. If you are unsure if you have Python 3 installed, the link provided below will show how to install Python 3.

<https://realpython.com/installing-python/>

Step 1: Navigate to the Mental Health & Wellness Screener Project Repository by clicking on the link below, or typing the link below in a browser.

(<https://github.com/lvandeca/CIS422Project2-Screener>)



Figure 1: Accessing repository to find the application.

Once you have properly navigated to the project repository, the image below is what the repository should look like.

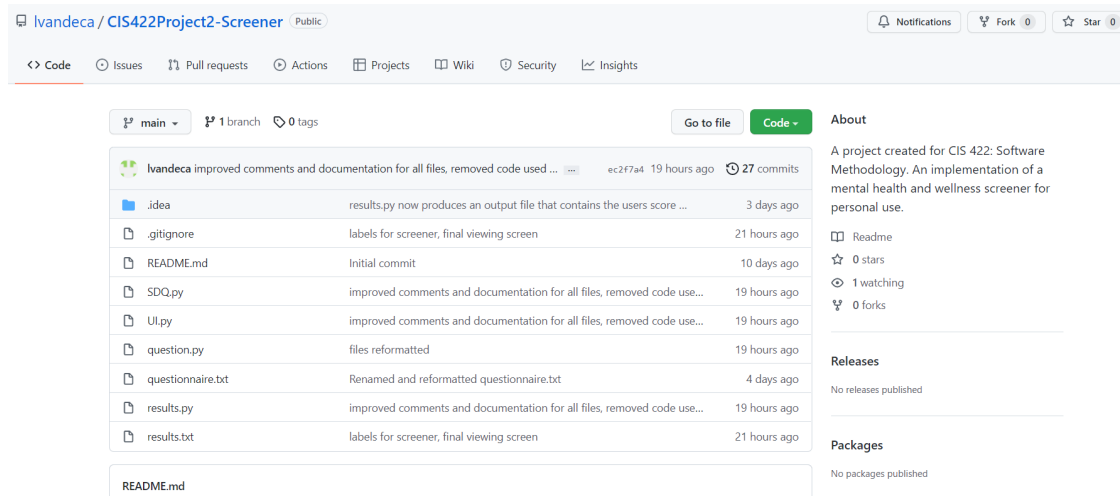


Figure 2: Example screenshot of the github repository for the application.

Step 2: Click on the Green 'Code' button, highlighted in a red square in the image below.

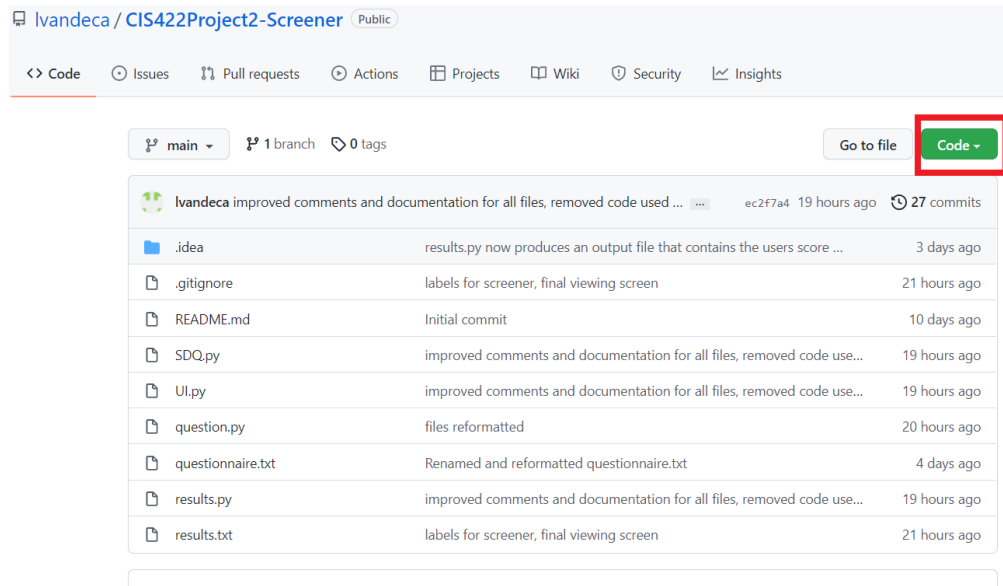


Figure 3: Navigating the repository to download the code

Step 3: Click on the link within the new pop-up window, highlighted in a red square in the image below.

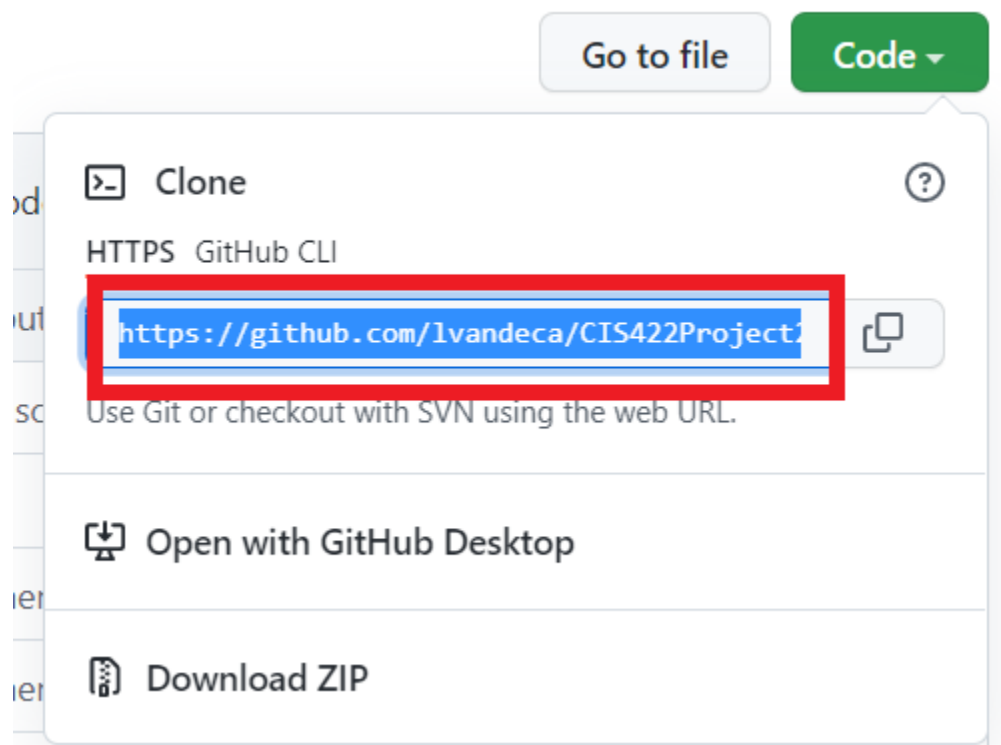


Figure 4: Getting the link to clone the repository

Step 4: Copy the link by either clicking on the two squares button highlighted in a red square in the image below, or by using the commands 'Ctrl + C' (Windows), 'Command + C' (Mac).

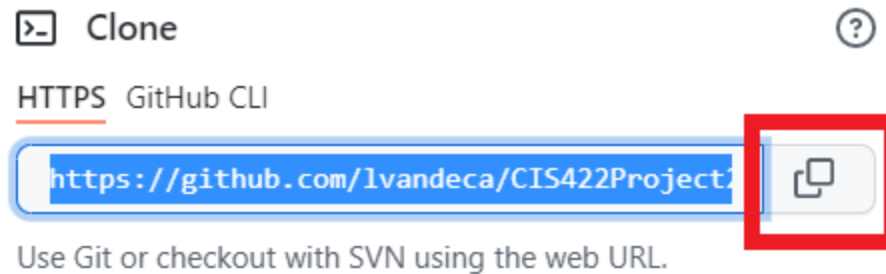


Figure 5: Copying the link

Step 5:

(Windows) Press the Windows key and type 'Command Prompt' in the search bar.

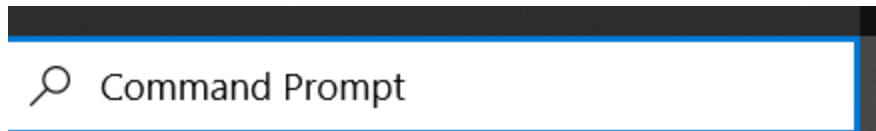


Figure 6: Opening a terminal in Windows

(Mac) Click on the Launchpad button in the bottom app bar, and type 'terminal' in the search bar at the top of the screen.



Figure 7: Opening a terminal in MacOS

Step 6:

(Windows) Click on the Command Prompt that pops up.

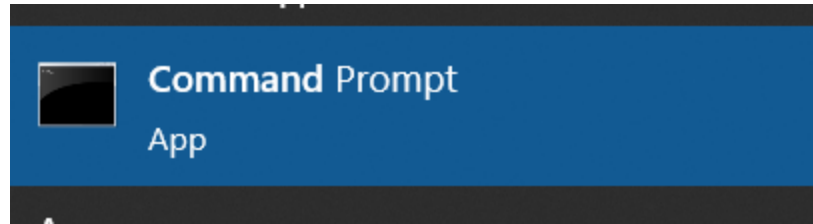


Figure 8: Selecting terminal in Windows

(Mac) Click on the terminal app that pops up.

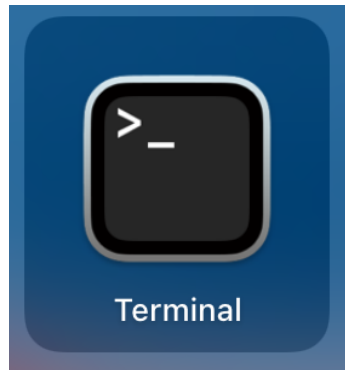


Figure 9: Selecting terminal in MacOS

Step 7: In the terminal, type 'git clone', followed by the copied project repository. Specifically, type 'git clone <https://github.com/lvandeca/CIS422Project2-Screener.git>' and hit enter.

```
Command Prompt
C:\Users\aweso>git clone https://github.com/lvandeca/CIS422Project2-Screener.git
```

Figure 10: Cloning the application to your local machine using the copied repository link (Windows)

Once the enter key has been pressed, the repository will be created. To validate this, your terminal should match the image below.

```
Cloning into 'CIS422Project2-Screener'...
remote: Enumerating objects: 112, done.
remote: Counting objects: 100% (112/112), done.
remote: Compressing objects: 100% (83/83), done.
Receiving objects: 58% (65/112) reused 75 (delta 24), pack-reused 0
Receiving objects: 100% (112/112), 29.55 KiB | 1.23 MiB/s, done.
Resolving deltas: 100% (56/56), done.
```

Figure 11: Cloning the application to your local machine using the copied repository link (MacOS)

Step 8: Navigate to the repository by typing 'cd CIS422Project2-Screener' and hitting enter. You will now be within the repository directory and can run the screener.

```
C:\Users\aweso>cd CIS422Project2-Screener
```

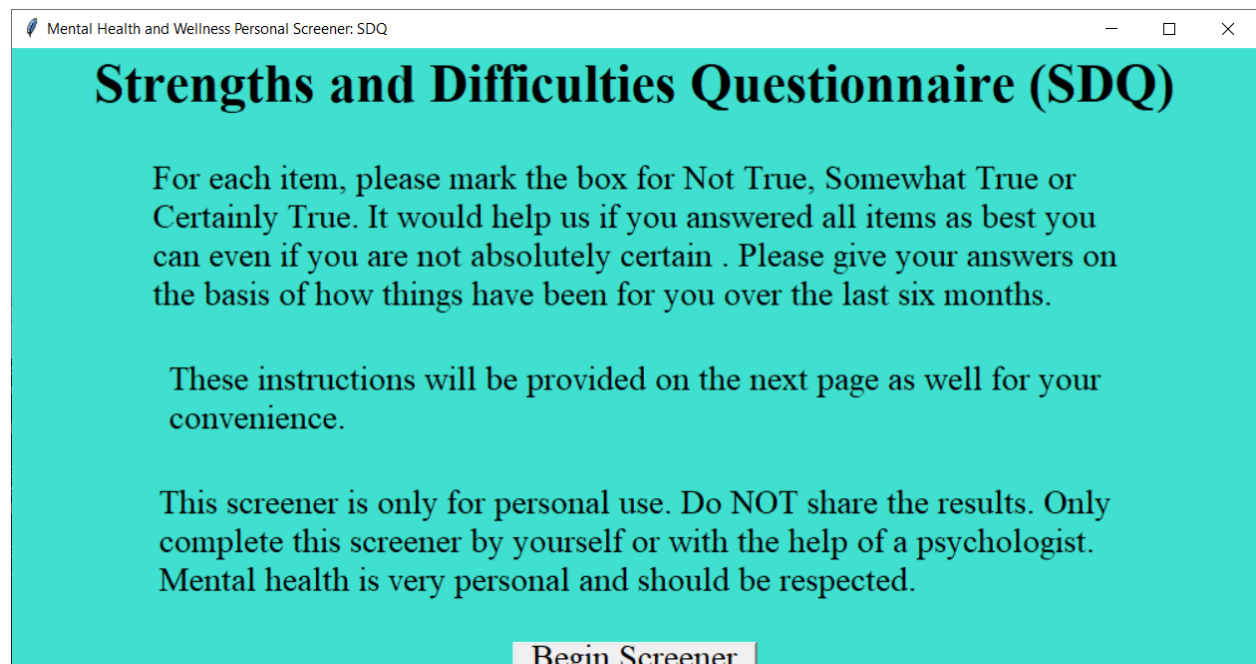
Figure 12: Navigating to application directory

Step 9: With the repository created, you can now run the Mental Health & Wellness Screener. To run it, type 'python UI.py' on Windows and 'python3 UI.py' on Mac.

```
C:\Users\aweso\CIS422Project2-Screener>python UI.py
```

Figure 13: Running the application

The Screener should now pop up and the Screener below will be available for use.



Mental Health and Wellness Personal Screener: SDQ

Strengths and Difficulties Questionnaire (SDQ)

For each item, please mark the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you are not absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

These instructions will be provided on the next page as well for your convenience.

This screener is only for personal use. Do NOT share the results. Only complete this screener by yourself or with the help of a psychologist. Mental health is very personal and should be respected.

[Begin Screener](#)

Figure 14: Main menu screen for the application