



The Clinical Trial Navigator: A Step-by-Step Checklist

Because you already have enough on your plate. Let's make this search simpler.

STEP 1: Gather Your "Search Keys"

Before you start, make sure you have these specific details from your medical records. The more specific you are, the better the results.

- **Specific Diagnosis:** (e.g., *Glioblastoma*, not just *Brain Cancer*)
- **Genetic Markers/Mutations:** (e.g., *IDH-mutated*, *EGFR-positive*, *BRCA1*)
- **Stage/Status:** (e.g., *Stage IV*, *Recurrent*, *Newly Diagnosed*)
- **Current/Past Treatments:** List the names of medications or surgeries you've already had.

STEP 2: The Search Strategy ([clinicaltrials.gov](#))

- **Filter by Status:** Check the boxes for "**Recruiting**" and "**Not yet recruiting**."
- **Filter by Location:** Use the "Distance" tool to find trials within a manageable radius (consider travel time for weekly visits).
- **The "NCT Number":** Found a trial that looks promising? Write down the **NCT Number** (e.g., NCT01234567). This is the unique ID your doctor needs to find it instantly.

STEP 3: The Eligibility Deep Dive

- **Inclusion Criteria:** Do I meet all the "must-have" requirements? (Age, diagnosis, etc.)
- **Exclusion Criteria:** Do I have any "disqualifying" factors? (Other health conditions, specific prior medications.)
- **Phase of the Trial:** Is it Phase 1 (Safety), Phase 2 (Efficacy), or Phase 3 (Comparing to current standard care)?

STEP 4: Questions for Your Specialist

Take this list to your next appointment. Don't be afraid to ask the hard questions.

- [] Based on my medical history, is this trial a scientific fit for me?
- [] What is the "Standard of Care" I would receive if I *wasn't* on this trial?
- [] What are the known side effects of the experimental treatment?
- [] Does the study cover the cost of the drug, travel, or lodging?
- [] If the treatment isn't working, what is the "exit plan" for moving to a different therapy?

STEP 5: Take Charge with Collabiora

If the trial protocol looks like a foreign language, we're here to help.

- At collabiora, we're creating a platform to connect you to groundbreaking medical research, clinical trials and experts. Visit www.collabiora.com and join the waitlist to enjoy these perks as soon as we launch!