



## The Clinical Trial Navigator: A Step-by-Step Checklist

*Because you already have enough on your plate. Let's make this search simpler.*

### STEP 1: Gather Your "Search Keys"

*Before you start, make sure you have these specific details from your medical records. The more specific you are, the better the results.*

- ☐ **Specific Diagnosis:** (e.g., *Glioblastoma*, not just *Brain Cancer*)
- ☐ **Genetic Markers/Mutations:** (e.g., *IDH-mutated*, *EGFR-positive*, *BRCA1*)
- ☐ **Stage/Status:** (e.g., *Stage IV*, *Recurrent*, *Newly Diagnosed*)
- ☐ **Current/Past Treatments:** List the names of medications or surgeries you've already had.

### STEP 2: The Search Strategy ([clinicaltrials.gov](https://clinicaltrials.gov))

- ☐ **Filter by Status:** Check the boxes for **"Recruiting"** and **"Not yet recruiting."**
- ☐ **Filter by Location:** Use the "Distance" tool to find trials within a manageable radius (consider travel time for weekly visits).
- ☐ **The "NCT Number":** Found a trial that looks promising? Write down the **NCT Number** (e.g., NCT01234567). This is the unique ID your doctor needs to find it instantly.

### STEP 3: The Eligibility Deep Dive

- ☐ **Inclusion Criteria:** Do I meet all the "must-have" requirements? (Age, diagnosis, etc.)
- ☐ **Exclusion Criteria:** Do I have any "disqualifying" factors? (Other health conditions, specific prior medications.)
- ☐ **Phase of the Trial:** Is it Phase 1 (Safety), Phase 2 (Efficacy), or Phase 3 (Comparing to current standard care)?

## **STEP 4: Questions for Your Specialist**

*Take this list to your next appointment. Don't be afraid to ask the hard questions.*

- ☐ Based on my medical history, is this trial a scientific fit for me?
- ☐ What is the "Standard of Care" I would receive if I *wasn't* on this trial?
- ☐ What are the known side effects of the experimental treatment?
- ☐ Does the study cover the cost of the drug, travel, or lodging?
- ☐ If the treatment isn't working, what is the "exit plan" for moving to a different therapy?

## **STEP 5: Take Charge with Collabiora**

*If the trial protocol looks like a foreign language, we're here to help.*

- At collabiora, we're creating a platform to connect you to groundbreaking medical research, clinical trials and experts. Visit [www.collabiora.com](http://www.collabiora.com) and join the waitlist to enjoy these perks as soon as we launch!