



# **Practice: Evaluation Research**

Session 02 - MLM and CSM

psy112 - Evaluation Research

Faculty VI / UOL

Summer term 2025

#### Content

- Setting Up the Environment
- Mixed ANOVA
- Multilevel Models of Change
- 4 Change Score Model

# Setting Up Your Environment

- Course Book: The main reference for PSY112-ER is available online. Access the PSY112-ER Book here
- Computing Environment Options:
  - Utilize the environment established for PSY126 (setup guide: PSY126 Setup), OR
  - Use the environment we configured during our first practical session for this course.
- Core Tool R Python Integration: We will be using the 'rpy2' package in Python. This allows us to execute R scripts and leverage R's statistical capabilities within our Python (Jupyter) environment.
- Verify Your Setup: Please run the 'test.ipynb' Jupyter Notebook provided on StudIP. This will help confirm that 'rpy2' and your overall environment are functioning correctly.
- **Troubleshooting Support:** If you encounter errors during setup or when testing, refer to the PSY126 setup guide, specifically the section on "Potential Issues".

(View PSY126 Troubleshooting)

## Mixed ANOVA

- Core Idea: Mixed ANOVA is used for research designs that include both:
  - ► A **Between-Person Factor**: Comparing two or more *independent* groups of participants (e.g., treatment vs. control group).
  - ► A **Within-Person Factor**: Measuring the *same* participants multiple times or under multiple conditions (e.g., pre-test vs. post-test; this is the repeated measures component).
- Purpose: It allows to simultaneously investigate:
  - ▶ Differences *between* the groups (main effect of the between-person factor).
  - Changes within individuals over time/conditions (main effect of the within-person factor).
  - ► The **interaction** between these factors: Does the within-person change differ depending on which group a person belongs to?

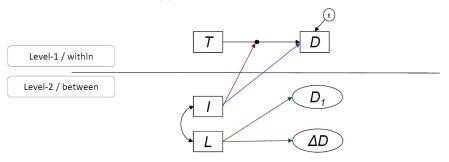
#### Multilevel model

• Between-person IV: Intervention (I) no/yes = 0/1

Within-person IV : Time (T) pre/post = 0/1

• DV: Depression (D)

Covariate: Loneliness (L)



Exercise: Write the equation for the multilevel regression model and interpret the 5 regression coefficients (colored + black) estimated in the model.

# Multilevel Model Equation

This model predicts Depression score (D) based on Time (T), Intervention group (I), Loneliness (L), and their interactions.

#### Variables:

- D: Depression score (Level 1 DV)
- T: Time (Level 1 IV, coded 0=pre, 1=post)
- 1: Intervention group (Level 2 IV, coded 0=control, 1=intervention)
- L: Loneliness (Level 2 Covariate)

### **Model Equation:**

$$D_{ti} = b0 + b1 \cdot T_{ti} + b2 \cdot I_i + b3 \cdot (T_{ti} \cdot I_i) + b4 \cdot L_i + b5 \cdot (T_{ti} \cdot L_i) + (\mathsf{error} \ \mathsf{term}_{ti})$$

# Interpretation of Coefficients

$$D_{ti} = b0 + b1 \cdot T_{ti} + b2 \cdot I_i + b3 \cdot (T_{ti} \cdot I_i) + b4 \cdot L_i + b5 \cdot (T_{ti} \cdot L_i) + (error \ term_{ti})$$

#### b0: (Intercept)

Path: Baseline value (no specific arrow).

Interpretation: Estimated average D at pre-test (T = 0) for the control group (I = 0) when Loneliness is 0 (L = 0).

#### b1: (Main Effect of Time T)

**Path:** Black arrow  $(T \rightarrow D)$ , slope for ref. group.

Interpretation: Estimated average change in D from pre- to post-test (T=0 to T=1) for the control group (I=0) when Loneliness is 0 (L=0).

#### b2: (Main Effect of Intervention /)

**Path:** Blue arrow  $(I \rightarrow D)$ .

Interpretation: Estimated average difference in D between intervention (I=1) and control (I=0) groups at pre-test (T=0), holding L constant.

# Interpretation of Coefficients

$$D_{ti} = b0 + b1 \cdot T_{ti} + b2 \cdot I_i + b3 \cdot (T_{ti} \cdot I_i) + b4 \cdot L_i + b5 \cdot (T_{ti} \cdot L_i) + (error \ terms_{ti})$$

## *b*3: (Interaction Effect $T \times I$ )

**Path:** Red arrow (*I* modifying  $T \rightarrow D$ ).

Interpretation: Estimates how much the change in D over time differs for the intervention group (I=1) compared to the control group (I=0), holding L constant.

#### b4: (Main Effect of Loneliness L)

**Path:** Green arrow (top)  $(L \rightarrow D)$ .

Interpretation: Estimated difference in D at pre-test (T=0) associated with a one-unit increase in L, holding I constant.

#### *b*5: (Interaction Effect $T \times L$ )

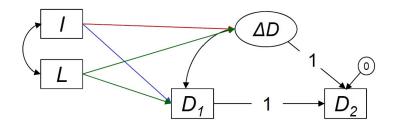
**Path:** Green arrow (bottom) (L modifying  $T \rightarrow D$ ).

Interpretation: Estimates how much the change in D over time differs for each one-unit increase in L, holding I constant.

Note: The curved arrow between I and L represents their correlation, not a coefficient in this model predicting D.

# Change (or Difference) Score Model (Path modeling)

- Between-person IV: Intervention (I) no/yes = 0/1
- Within-person IV : Time (T) pre/post = 0/1
- DV: Depression (D)
- Covariate: Loneliness (L)



Exercise: Write the path model equations and interpret the 4 regression coefficients (colored) estimated in the model.

# Change Score Path Model: Equations

This path model analyzes the predictors of baseline depression  $(D_1)$  and the change in depression  $(\Delta D)$  from pre-test (T=0) to post-test (T=1). The change score is defined as  $\Delta D = D_2 - D_1$ .

#### Variables:

- D<sub>1</sub>: Depression score at Time 1 (Pre-test)
- D<sub>2</sub>: Depression score at Time 2 (Post-test)
- $\Delta D$ : Change in Depression  $(D_2 D_1)$
- 1: Intervention group (0=control, 1=intervention)
- L: Loneliness (Covariate)

#### Path Model Equations:

$$D_{1i} = b0_{D1} + b1 \cdot I_i + b2 \cdot L_i + e_{D1i}$$

$$\Delta D_i = b0_{\Delta D} + b3 \cdot I_i + b4 \cdot L_i + e_{\Delta Di}$$

$$D_{2i} = D_{1i} + \Delta D_i \quad \text{(Implied by diagram)}$$

Where i denotes the individual, b1, b2, b3, b4 correspond to the colored paths, and  $b0_{D1}$ ,  $b0_{AD}$  are intercepts.

# Interpretation of Path Coefficients

$$D_{1i} = b0_{D1} + b1 \cdot I_i + b2 \cdot L_i + e_{D1i}$$
  

$$\Delta D_i = b0_{\Delta D} + b3 \cdot I_i + b4 \cdot L_i + e_{\Delta Di}$$

## b1: (Effect of I on $D_1$ )

**Path:** Blue arrow  $(I \rightarrow D_1)$ .

Interpretation: Estimated average difference in baseline depression  $(D_1)$  between intervention (I=1) and control (I=0) groups, holding L constant.

## b2: (Effect of L on $D_1$ )

**Path:** Green arrow (bottom)  $(L \rightarrow D_1)$ .

Interpretation: Estimated average difference in baseline depression  $(D_1)$  for a one-unit increase in L, holding I constant.

## Interpretation of Path Coefficients

$$D_{1i} = b0_{D1} + b1 \cdot I_i + b2 \cdot L_i + e_{D1i}$$
  
 $\Delta D_i = b0_{\Delta D} + b3 \cdot I_i + b4 \cdot L_i + e_{\Delta Di}$ 

## b3: (Effect of I on $\Delta D$ )

**Path:** Red arrow  $(I \rightarrow \Delta D)$ .

Interpretation: Estimated average difference in the \*change\* in depression  $(\Delta D)$  between intervention (I=1) and control (I=0) groups, holding L constant.

#### b4: (Effect of L on $\Delta D$ )

**Path:** Green arrow (top)  $(L \rightarrow \Delta D)$ .

Interpretation: Estimated average difference in the \*change\* in depression  $(\Delta D)$  for a one-unit increase in L, holding I constant.

Note: The curved arrow between I and L represents their correlation. The black arrows define  $\Delta D = D_2 - D_1$ .

#### Next session

**Topic:** Latent Change Score Model

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