内科住院患者健康教育评价单

**姓名： 科室： 床号： 诊断：**

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| **项目** | | **宣教** | | | | | | | | **评价** | | | | | |
| **日**  **期** | **护士**  **姓名** | **方式** | | | | **对象** | | **评价**  **日期** | **护士**  **姓名** | **复述** | | **回示** | |
| **讲解** | **书面** | **示范** | **录像** | **患者** | **家属** | **能** | **不能** | **能** | **不能** |
| **入院告知** | **1、病区环境及安全措施** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **2、作息制度、陪护制度** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **3、责任护士、主管医生** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **疾病相关知识** | **4、所患疾病相关知识、讲解不良生活习惯对疾病的影响** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **5、讲解戒烟酒的重要性、指导患者合理饮食、保持大便通畅** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **6、讲解吸氧、心电图监护、翻身叩背的意义及注意事项** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **7、讲解主要药物的作用和特殊注意事项** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **8、讲解专科检查或化验的注意事项：（血糖、B超、胃镜、气管镜。 ）** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **9、讲解有关治疗性操作的注意事项：（禁食、吸氧、鼻饲、静脉维持药物、化疗、介入 ）** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **10、指导或示范活动及康复的方法** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **11、根据病情指导舒适体位** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **出院指导** | **12、指导出院用药方法及注意事项** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **13、告知疾病自我监测及预防方法。建立良好的心理状态及健康行为** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **14、告知复诊时间、地点、咨询电话** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |